Evidence Synthesis

Number 162

Screening to Prevent Osteoporotic Fractures: An Evidence Review for the U.S. Preventive Services Task Force

Prepared for:

Agency for Healthcare Research and Quality U.S. Department of Health and Human Services 5600 Fishers Lane Rockville, MD 20857 www.ahrq.gov

Contract No. HHSA-290-2012-00015-I, Task Order No. 6

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AHRQ Publication No. 15-05226-EF-1 June 2018

This report is based on research conducted by the RTI International—University of North Carolina Evidence-based Practice Center (EPC) under contract to the Agency for Healthcare Research and Quality (AHRQ), Rockville, MD (Contract No. HHSA-290-2012-00015-I, Task Order No. 6). The findings and conclusions in this document are those of the authors, who are responsible for its contents, and do not necessarily represent the views of AHRQ. Therefore, no statement in this report should be construed as an official position of AHRQ or of the U.S. Department of Health and Human Services.

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None of the investigators has any affiliations or financial involvement that conflicts with the material presented in this report.

Acknowledgments

The authors acknowledge the following individuals for their contributions to this project: Tina Fan, MD, MPH, AHRQ Medical Officer; Tracy Wolff, MD, MPH, AHRQ Associate Scientific Director; current and former members of the U.S. Preventive Services Task Force who contributed to topic deliberations; Evelyn Whitlock, MD, MPH, former Director, Kaiser Permanente Research Affiliates EPC; Jennifer S. Lin, MD, Director, Kaiser Permanente Research Affiliates EPC; RTI International—University of North Carolina at Chapel Hill EPC staff Kathleen N. Lohr, PhD, Lynn Whitener, DrPH, Linda Lux, MPA, Andrew Kraska, BA, Janice Handler, BA, Stephanie Scope, BS, Carol Woodell, BSPH, Rachel Weber, PhD, Linda J. Lux, MPA, and Loraine Monroe; and peer reviewers: Rosanne Leipzig, MD, PhD, Diana Pettiti, MD, MPH, Margaret Gourlay, MD, MPH, Carolyn Crandall, MD, MS, Mary Roary, PhD, and four anonymous reviewers.

Suggested Citation

Viswanathan M, Reddy S, Berkman N, Cullen K, Cook Middleton J, Nicholson WK, Kahwati LC. Screening to Prevent Osteoporotic Fractures: An Evidence Review for the U.S. Preventive Services Task Force. Evidence Synthesis No. 162. AHRQ Publication No. 15-05226-EF-1. Rockville, MD: Agency for Healthcare Research and Quality; 2018.

Structured Abstract

Purpose: To review evidence about screening to prevent osteoporotic fractures for the U.S. Preventive Services Task Force (USPSTF).

Data Sources: PubMed, the Cochrane Library, Embase, and trial registries from November 1, 2009, through October 1, 2016, and surveillance of the literature through March 23, 2018; bibliographies from retrieved articles.

Study Selection: Two investigators independently selected studies using a priori inclusion and exclusion criteria. We selected studies with a majority of adults age 40 years or older conducted in countries with a very high human development index. For screening studies, we required that studies include a majority of participants without prevalent low-trauma fractures. For treatment studies, we required that studies include a majority of participants with increased fracture risk. We selected studies of screening tests (fracture risk prediction instruments, bone measurement testing, or a combination of fracture risk prediction instruments and bone measurement testing) that were feasible for primary care settings and available in the United States. We selected studies of treatment approved by the U.S. Food and Drug Administration for synthesis of benefits and harms. We excluded studies of poor quality and of fracture risk prediction instruments without external validation.

Data Extraction: One investigator extracted data and a second checked accuracy. Two reviewers independently rated quality for included studies using predefined criteria.

Data Synthesis: One fair-quality trial demonstrated reduction in hip fractures when comparing screening with no screening (2.6% v 3.5%, Hazard rate [HR] 0.72; 95% confidence interval [CI], 0.59 to 0.89). The study reported no other statistically significant benefits (osteoporotic or clinical fractures, mortality) or harms (anxiety, quality of life). We included 168 articles of fair or good quality; 105 articles assessed screening accuracy and 65 articles assessed benefits and harms of treatment. Using centrally measured dual-energy X-ray absorptiometry (DXA) as the reference standard for identifying osteoporosis, the pooled estimate of accuracy as measured by the area under the curve (AUC) for clinical risk assessment instruments for women ranges from 0.65 to 0.76 and for men from 0.76 to 0.80. AUCs for the accuracy of calcaneal quantitative ultrasound in identifying central DXA-measured osteoporosis for women is 0.77 (95% CI, 0.72 to 0.82, 7 studies) and for men is 0.80 (95% CI, 0.67 to 0.94, 3 studies). The AUCs of machine-based tests, including centrally measured DXA (areal bone mineral density and trabecular bone score) and calcaneal quantitative ultrasound, for predicting fractures ranged from 0.59 to 0.86 (21 studies). The AUCs for instruments predicting fractures, some of which incorporate machine-based tests, have similar accuracy (pooled AUC range for the Fracture Risk Assessment Tool: 0.62 to 0.79; 24 studies). Available but limited evidence in studies including participants with a wide spectrum of baseline bone mineral density from normal to osteoporosis suggests no benefit from repeating a bone measurement test between 4 and 8 years after the initial screen. Evidence from placebo-controlled trials demonstrates the following benefits. For women, the risk of vertebral fractures can be reduced by bisphosphonates, parathyroid hormone, raloxifene, and denosumab by 36 percent to 68 percent. Relative risks (RRs) range from 0.32 (parathyroid hormone or denosumab) to 0.64 (raloxifene). The risk of nonvertebral fractures can

be reduced by 16 percent to 20 percent by bisphosphonates and denosumab (RR, 0.84 and 0.80, respectively). The risk of hip fractures can be reduced by 40 percent by denosumab (RR, 0.60). Evidence from bisphosphonates does not demonstrate benefit for hip fractures. Evidence is very limited for men. The risk of morphometric vertebral fractures can be reduced by 67 percent by zoledronic acid (RR, 0.33). No studies demonstrate reductions in risk of clinical vertebral fractures or hip fractures for men. Evidence on variations in effectiveness for subgroups is also limited; a single trial each for five drugs suggests no differences in effectiveness by age, baseline bone mineral density, prior fractures, or a combination of risk factors. Bisphosphonates are not consistently associated with discontinuations, serious adverse events, gastrointestinal events, or cardiovascular events. No included studies reported cases of osteonecrosis of the jaw or atypical femur fracture, although evidence from excluded studies (including active comparisons, case series, and secondary prevention populations) suggests an increased but rare risk of these outcomes. Raloxifene increases the risk of deep vein thrombosis (0.7% vs. 0.3%, RR, 2.14; 95% CI, 0.99 to 4.66; I²=0%, 3 studies, N=5,839) and hot flashes (11.2% vs. 7.6%, RR, 1.42; 95% CI, 1.22 to 1.66; I²=0%, 5 trials; N=6,249) when compared with placebo.

Limitations: The evidence is limited on the direct question of the benefits and harms of screening for elevated osteoporotic fracture risk. The indirect evidence pathway rests on studies evaluating (1) the accuracy of screening approaches in identifying osteoporosis and predicting fractures and (2) the benefits of treatment among those with osteoporosis or at high risk for fractures. Other limitations of the evidence base relate to underlying heterogeneity in baseline risk, prior fractures, prior treatment, and duration of followup.

Conclusions: Evidence from one trial of screening to prevent osteoporotic fractures suggests a reduction in hip fractures. The accuracy of clinical risk assessment tools for identifying osteoporosis or predicting fractures generally ranges from very poor (0.50) to good (0.90). Treatments reduce the risk of vertebral and nonvertebral fractures. Studies do not consistently demonstrate an increased risk of harms for drugs, although studies of raloxifene suggest a trend toward higher risk of deep vein thrombosis. Rare harms, such as osteonecrosis of the jaw and atypical femur fractures were not reported in this body of evidence but they may occur. The evidence is limited for subpopulations characterized by age, sex, baseline bone mineral density, and baseline fracture risk.

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Chapter 1. Introduction

Scope and Purpose

The U.S. Preventive Services Task Force (USPSTF or Task Force) will use this report to update its 2011 recommendation on screening for osteoporosis. This report evaluates the evidence on the accuracy, reliability, and harms of screening approaches, appropriate screening intervals, and the benefits and harms of pharmacotherapy.

This report focuses on populations without known comorbidities or medication use associated with secondary osteoporosis because the detection and management of secondary osteoporosis falls outside the purview of the Task Force. The report also excludes younger populations (<40 years of age) because increasing age is the single most important risk for osteoporosis and fragility fractures. Further, a diagnosis of osteoporosis among those under age 40 is extremely rare in the absence of an underlying medical comorbidity or use of medications associated with bone loss. The scope of this review includes screening strategies related to fracture risk assessment, with or without bone mineral density testing; other types of screening (e.g., functional assessment, safety evaluations, vision examinations, nutrition assessments) are not included. Because the focus of this review is on primary prevention of osteoporotic fractures, the management of osteoporosis in populations characterized primarily by prevalent fractures and comparative effectiveness of osteoporosis treatments are also outside the scope of this review.

Condition Background

Condition Definition

Osteoporosis is a skeletal disorder characterized by loss of bone mass, microarchitectural deterioration of bone tissue, and decline in bone quality leading to increased bone fragility and risk of fractures.²⁻⁴ Although bone mass (expressed by bone mineral density [BMD]) is only one factor contributing to fracture risk, and new tools measuring bone quality are under development, osteoporosis has been defined operationally on the basis of BMD assessments or the history of a fragility fracture.⁵

The World Health Organization (WHO) defines osteoporosis as a bone density at the hip or spine that is 2.5 standard deviations or lower (T-score ≤-2.5) than the mean bone density of a reference population of young healthy women, presumably at peak bone mass. This definition was established originally for postmenopausal women using BMD of the proximal femur, but guidelines from the International Society for Clinical Densitometry indicate that they can also be used for men 50 years or older.⁶ The WHO definition is currently used for lumbar spine, distal radius, and total hip.⁷ Of note, U.S. bone density machines report T-scores using a reference group matched on race and sex, whereas the WHO uses a reference group of young white women only using normative data from the National Health and Nutrition Examination Survey (NHANES) reference database.⁸ Low bone mass, sometimes referred to as osteopenia, is

operationally defined as a T-score between -1 and -2.5.

Osteoporotic fractures, also known as fragility, "low-energy," or "low-trauma" fractures, are those sustained from a fall from standing height or lower and that would not give rise to a fracture in most healthy individuals.⁹ Osteoporotic fractures occur as a result of bone fragility resulting from bone loss or structural changes.¹⁰ Major osteoporotic fractures include fractures of the hip, spine, wrist, or shoulder. Because osteoporosis itself is asymptomatic, preventing osteoporotic fractures is the main goal of any osteoporosis screening strategy.

Prevalence and Burden of Disease

In the United States, the prevalence rates of osteoporosis and low bone mass at the femoral neck or lumbar spine among the noninstitutionalized population 50 years of age or older (adjusted by age, sex, and race and ethnicity) was estimated to be 10.3 percent and 43.9 percent, respectively, based on the NHANES.¹¹ In 2010, these estimates equated to 10.2 million older adults with osteoporosis and 43.4 million with low bone mass.

In the group that is 50 years of age or older, the prevalence of osteoporosis is greater in women (15.4%) than men (4.3%). The prevalence also varies by race and ethnicity: 10.2 percent in non-Hispanic whites, 4.9 percent in non-Hispanic blacks, and 13.4 percent in Mexican Americans. Prevalence increases dramatically with age: 50 to 59 years, 5.1 percent; 60 to 69 years, 8.0 percent; 70 to 79 years, 16.4 percent; and 80 years or older, 26.2 percent.

Researchers applying the NHANES data to 2020 and 2030 Census population projections estimated that the population that is 50 years of age or older with osteoporosis or low bone mass is forecast to increase from an estimated 53 million in 2010 to 63.9 million in 2020 and 70.6 million in 2030.¹¹

In 2005, approximately 2 million osteoporotic fractures occurred in the United States. ¹² Most fractures (71%) occur among women, and more than three-quarters of the total costs of incident fractures (more than \$16.9 billion) were among women. Hip fractures account for a large portion of the mortality and morbidity related to osteoporotic fractures. Estimates based on Medicare claims data from 1986 to 2005 suggest an annual rate of hip fractures of 957.3 per 100,000 in women and 414.4 per 100,000 in men. ¹³ The excess mortality due to hip fracture in the first year after fracture ranges from 8 percent to 36 percent, more than twice that of age and sex matched controls. ¹⁴ Men have greater excess mortality compared to women at all ages, for unclear reasons. The greatest risk of death occurs in the first 3 to 6 months after fracture and may be due to post-operative events associated with corrective hip surgery, comorbid medical conditions, or inadequate treatment of risk factors for fracture including osteoporosis. ^{14, 15} The extent to which these factors contribute to excess mortality is unclear. Mortality from hip fracture decreases over time, but does not return to that of age- and sex-matched controls. ¹⁵ All types of fractures are associated with higher rates of mortality. ¹⁶⁻¹⁹

Etiology and Natural History

Osteoporosis may occur either without a known cause or secondary to another condition. Bone loss is associated with certain medical conditions: various endocrine conditions of the pituitary, thyroid, parathyroid, or reproductive organs; eating disorders; disorders of the gastrointestinal or biliary tract; renal disease; bone marrow disorders; and cancer. ²⁰ Secondary osteoporosis can also result after organ transplantation. It can also arise from chronic use of medications with known deleterious effects on bone mass, such as glucocorticosteroids, immunosuppressants, antiepileptic medications, heparin, gonadotropin-releasing hormone agonists, and some long-acting progesterone agents used as contraceptives.

Although osteoporosis is related to an increased risk of fracture,³ most fractures occur in those with nonosteoporotic T-scores.²¹⁻²³ Similarly, fragility fractures can occur in persons with normal bone mass.²⁴ Older adults have much higher fracture rates than younger adults with the same bone density because of concurrent increasing risk from declining bone quality and an increasing tendency to fall.²⁵

Clinical Risk Factors

For both men and women, advancing age was found to be a more critical determinant of fracture than bone mass.²⁶ Additional risk factors include menopausal status in women,²⁷ previous osteoporotic fracture, long-term glucocorticoid therapy, low body weight (less than 58 kg [127 lbs.]), parental history of hip fracture, cigarette smoking, excess alcohol consumption, and use of anti-convulsants or benzodiazepines.^{28, 29}

A systematic review and meta-analysis identified risk factors associated with osteoporotic fractures in men.³⁰ The review found statistically significant associations between fractures and increasing age, low body mass index, excessive alcohol intake (daily intake or greater than 10 servings per week), current smoking, chronic corticosteroid use, history of prior fractures, history of falls within the past year, hypogonadism, history of cerebrovascular accident, and history of diabetes. A large multiethnic study, the National Osteoporosis Risk Assessment Cohort, compared fracture risk among races and ethnicities, and found that Black women and Asian American women had a lower risk of fracture when compared with white women, whereas Hispanic and Native American women had risks similar to white women.³¹ Genetic, anthropometric, lifestyle, comorbidities all contribute to fracture risk and the relative contribution of these factors to fracture risk is likely to differ between races and ethnicities.³¹

Rationale for Screening

The rationale for screening for osteoporosis is to identify those at risk of fracture and provide treatment to increase bone mass and prevent further losses. These actions can prevent fractures and related morbidity. Screening for osteoporosis traditionally involves bone measurement testing (e.g., bone density). More recently, fracture risk assessment (with or without bone measurement testing) have been proposed as alternative strategies to identify individuals who may benefit from treatment. Numerous risk assessment instruments have been developed to

either (1) identify low bone density or (2) predict the risk of fracture.^{2, 3} These instruments vary in the number and weight assigned to risk factors, but the USPSTF 2010 systematic review found that instruments with fewer risk factors often had similar or higher areas under the curve than instruments with more risk factors.^{2,3} Several instruments had not been developed using prospective cohorts or validated in men. The most studied risk assessment instrument is the Fracture Risk Assessment Tool (FRAX), which WHO developed in 2008. FRAX uses an algorithm for predicting the 10-year probability of hip fracture or major osteoporotic fractures (hip, spine, wrist, shoulder) using clinical risk factors and bone mineral density at the femoral neck when available. It was derived from nine cohorts in Europe, the United States, Japan, and Canada and has been applied to men.^{9, 32} Country-specific versions of FRAX are available that have been calibrated for use in each country using country-specific fracture incidence and mortality data. For the US non-Hispanic white population, the FRAX model was calibrated using national mortality data and fracture incidence rates from the population of Olmsted County, Minnesota between 1989 and 1991.³³ For non-white US populations, race-specific fracture incidence and mortality was used to calibrate the model. In response to declining fracture incidence, the US FRAX model was recalibrated in 2009. In countries or settings without access to bone density testing, the FRAX score (without BMD) can be used to make treatment decisions.

Bone density can be measured using various methods and at various bone sites. Dual-energy X-ray absorptiometry (DXA) measures bone mass at either central (e.g., hip and lumbar spine) or peripheral bone sites; both central and peripheral DXA can identify patients with low bone mass at increased fracture risk.^{2, 34} Centrally measured DXA serves as the standard machine-based test for identifying osteoporosis because trials of treatment for osteoporosis to prevent fracture have been conducted with study populations assessed with centrally measured DXA.² Other machine-based tests include quantitative ultrasound (QUS), peripheral DXA, quantitative computed tomography (QCT), and radiograph absorptiometry. Further, the lack of a single population-based reference for determining T-scores, required because of technical differences among tests, has limited the ability to use noncentrally measured DXA tests for diagnostic and treatment decisions.

QUS is used at peripheral bone sites, such as the heel, and it avoids the risk of radiation inherent in DXA. However, QUS does not actually measure BMD, so it cannot be used in risk prediction instruments that use BMD. Peripheral DXA and QUS use portable devices and may be more accessible than central DXA measurement. QCT provides a volumetric measure of bone density, which may improve detection of osteoporosis compared to areal BMD by DXA. 35, 36 However, reproducibility is poor in community settings, and few data are available on how T-scores generated from QCT predict fracture risk compared with those based on DXA. The most recent version of FRAX allows providers to enter bone mineral density from Mindways QCT (Mindways Software, Austin, Texas). Finally, radiograph absorptiometry, which uses computerized processing of radiographs from peripheral sites such as hand or heel, and dental radiographs can also be used to assess low bone mass. 38

Current Drug Therapies

The U.S. Food and Drug Administration (FDA) has approved various medications from different

drug classes to prevent osteoporosis (adults with T-scores between -1.0 and -2.5) and to treat osteoporosis (adults with T-scores <-2.5 or history of fragility fractures regardless of bone mass). These drugs work either to inhibit osteoclastic bone resorption (antiresorptive agents) or to stimulate osteoblastic new bone formation (anabolic agents). Purgs classified primarily as antiresorptive include bisphosphonates, estrogens, selective estrogen receptor modulators, calcitonin, and denosumab, a monoclonal antibody targeting the receptor activator of nuclear factor kappa-B ligand (RANKL) approved by the FDA in 2010. In addition, in 2013 the FDA approved the first combination estrogen-estrogen agonist/antagonist (Duavee®) to prevent osteoporosis in postmenopausal women. The FDA-approved therapeutic agent with an anabolic mechanism of action are teriparatide (human recombinant parathyroid hormone [PTH] fragment [1-34 N-terminal amino acid sequence]) and abaloparatide (synthetic peptide analog of human PTH-related protein). Abaloparatide is indicated for women with osteoporosis at high risk for fracture, defined as a history of osteoporotic fracture, multiple risk factors for fracture, or patients who have failed or are intolerant to other available osteoporosis therapy. Analog of the strong patients who have failed or are intolerant to other available osteoporosis therapy.

Emerging Drug Therapies

A human recombinant PTH (full length 1 to 84 sequence) has been studied for use in osteoporosis. It is approved for use in Europe, but in the United States it is available only for patients with chronic hypoparathyroidism. In addition, alternative PTH fragments and delivery mechanisms, including intermittent, transdermal, oral, and inhalational, are under investigation. Several other potential targets for increasing bone mass have been identified and several drug candidates are in phase III trials. These new drugs include romosozumab and blosozumab, which are sclerostin human monoclonal antibodies that enhance the wingless-int signaling pathway to prevent the inhibition of bone formation. The sponsors of odanacatib, a cathepsin-K inhibitor that is involved in bone resorption, stopped a Phase III trial after evidence of increased risk of stroke.

Adjunctive Therapies

Typical adjunctive treatments, in addition to medication for preventing or treating osteoporosis, include adequate dietary intake of calories (to avoid underweight), calcium, and vitamin D, with supplemental calcium or vitamin D (or both) if dietary intake is insufficient. Additionally, exercise of various types may reduce the risk of fracture, for example through small increases in bone density and beneficial changes in bone architecture; they may also decrease the risk of falls.⁴⁴

Current Clinical Practice

Screening and primary prevention of osteoporosis in asymptomatic adults without known risks for secondary osteoporosis is within the scope of practice for most primary care providers (e.g., internal medicine, family medicine). It may also be in scope for gynecologic practices that serve as primary care providers for women during perimenopause. Recommendations for screening developed by various organizations and specialty societies continue to differ. This is especially true with respect to who should be screened, how to screen (i.e., bone density testing vs. fracture

risk assessment), when to start or stop screening, and the frequency of screening (see **Table 1**).

Although all currently approved medications for osteoporosis are labeled for use based on BMD or history of fragility fracture, a shift toward treatment based on absolute fracture risk has received increasing consideration. A systematic review of osteoporotic fracture risk assessment guidelines using FRAX identified 120 such guidelines. 45 Of these, 38 did not provide a rationale for the use of fracture probabilities in setting intervention thresholds. The authors categorized the others as offering fixed-probability threshold (N=58, a group that includes the USPSTF 2011 recommendation), an age-dependent threshold (N=22), or a combination (N=2). Of the guidelines referencing fixed-probability thresholds, over half (N=39) reference an absolute fracture risk of 20 percent or greater for major osteoporotic fractures as the threshold for treatment in those with low bone mass. In the United States, this threshold, along with a threshold of 3 percent or greater absolute fracture risk for hip fractures, is based on a cost-effectiveness analysis of treatment relying on 2005 cost data. 46 The 2011 USPSTF recommendation, along with a small minority of other guidelines (Scottish Intercollegiate Guidelines Network,⁴⁷ the Michigan Quality Improvement Consortium,⁴⁸ the American Academy of Family Physicians, 49 and the Institute for Clinical Systems Improvement) 50 uses a fixed-probability FRAX threshold as a gateway to further assessment with bone density testing rather than treatment. Specifically, the 2011 USPSTF recommendation relied on the U.S. FRAX tool for identifying risk in women younger than 65 and establishes a threshold for bone density testing for women at an absolute fracture risk of 9.3 percent or greater, which is the 10-year probability of a major osteoporotic fracture for a 65-year old white woman of average body mass index of 25 kg/m² with no other risk factors.

In 2006, the National Committee for Quality Assurance introduced the Healthcare Effectiveness Data and Information Set measure assessing the percentage of women 65 to 85 years of age who report ever having received a bone density test to screen for osteoporosis. The rate of receipt of bone density tests rose in the ensuing decade.⁵¹ In 2006, 64.4 percent of women 65 to 85 years of age in a Medicare health maintenance organization plan and 71.3 percent in a Medicare preferred provider organization reported ever having a bone density test. By 2014, these numbers had risen to 74.2 percent and 78.5 percent, respectively. At the same time, some studies have identified inappropriate use of bone mineral density screening. Overuse is defined as a diagnostic test or treatment that is commonly used but that offers limited benefits or carries risks that outweigh its benefits)⁵² For BMD tests, the Good Stewardship Working Group defines overuse as DXA screening in women under age 65 years or men under 70 years with no risk factors. Findings from the National Ambulatory Medical Care Survey indicated that overuse of DXA in primary care accounted for \$527 million in expenditures;⁵³ a study in a large regional health care system suggested that about one-half of women under age 65 without risk factors received DXA screening over a 7-year period.⁵⁴ The Choosing Wisely® Campaign, which is endorsed by multiple medical societies, lists bone density testing as a test that should be considered carefully before ordering in women younger than 65 and in men younger than 70 with no risk factors.

Previous Review and USPSTF Recommendations

In 2011, the USPSTF recommended screening for osteoporosis in women age 65 or older and in

younger women whose fracture risk is equal to or greater than that of a 65-year old white women who has no additional risk factors (B grade). The USPSTF also concluded that the evidence was insufficient to assess the balance of benefits and harms of screening for osteoporosis in men.

Use and Accuracy of Fracture Risk Instruments for Identifying Patients for Further Evaluation

Modeling studies raise concerns regarding the clinical value of the USPSTF-recommended fracture risk threshold for bone density testing in younger women. In 2011, the USPSTF recommended screening with DXA in women 55 to 64 years of age whose fracture risk is equal to or greater than that of a 65-year old white woman who has no additional risk factors, which is equivalent to a FRAX calculated risk of \geq 9.3 percent for major osteoporotic fracture. **Table 2** reflects fracture risk probabilities by age, race, and sex for men and women in the United States at mean height and weight, with no other risk factors. Notably, FRAX calculates the risk of a fracture, not the risk of osteoporosis defined operationally by a T-score \leq -2.5.

The 2011 USPSTF recommendation used FRAX as a risk stratification tool for screening for osteoporosis for women younger than 65 to try to identify higher-risk women who may benefit from earlier screening (women older than 65 are to be routinely screened). The use of FRAX in younger women is then intended to lead to cascade of interventions that results in lower future risk of fractures. An implicit assumption of the recommendation is that FRAX is a reasonable risk stratification tool for osteoporosis. Studies published after the recommendation do not support the assumption that FRAX predicts osteoporosis as defined by T-score accurately. A retrospective application of the FRAX threshold of ≥9.3 percent to a series of women 50 to 64.5 years of age undergoing DXA found sensitivity and specificity of 37 and 74 percent, respectively, for the detection of osteoporosis.⁵⁶ The study found that lowering the FRAX risk threshold to 5.5 percent would increase the sensitivity from 37 to 80 percent while reducing the specificity from 74 to 27 percent.

Another study compared FRAX, Osteoporosis Self-Assessment Tool (OST), and the Simple Calculated Osteoporosis Risk Estimate (SCORE) among 5,165 Women's Health Initiative participants 50 to 64 years of age from 1994 to 2012. The study found that the FRAX threshold of ≥9.3 percent was modestly better than chance, and inferior to OST and SCORE in identifying women with osteoporosis (femoral neck T-score ≤-2.5).⁵⁷ Using the same database, the authors also examined the sensitivity and specificity of FRAX, SCORE, and OST in predicting the incidence of major osteoporotic fracture. The findings of low sensitivity and specificity and thus very low area under the curve scores ranging from 0.52 to 0.56 suggested that none of these tools are suitable for predicting fractures in younger postmenopausal women.⁵⁸

Clinical Considerations for the Update

Numerous comments received during workplan development for the current update noted the limitations of focusing on screening for osteoporosis with BMD alone. Commenters requested that the analytic framework include consideration of the full spectrum of risk beyond bone mineral density measurement, and focus on screening for osteoporotic fracture risk rather than

osteoporosis. As a result, the analytic framework was expanded to address the full spectrum of risk related to osteoporotic fractures beyond low BMD. The current update also reviews continuing uncertainties regarding the overarching question of effectiveness and harms of screening and treatment, risk assessment thresholds, efficacy of screening and treatment for subgroups, and screening intervals.

Chapter 2. Methods

Key Questions and Analytic Framework

The investigators, U.S. Preventive Services Task Force (USPSTF) members, and Agency for Healthcare Research and Quality (AHRQ) Medical Officers developed the scope, key questions (KQs), and analytic framework (**Figure 1**) that guided the literature search and review. The KQs are as follows.

Key Questions

- 1. Does screening (clinical risk assessment, bone density measurement, or both) for osteoporotic fracture risk reduce fractures and fracture-related morbidity and mortality in adults?
- 2a. What is the accuracy and reliability of screening approaches to identify adults who are at increased risk for osteoporotic fracture?
- 2b. What is the evidence to determine screening intervals and how do these vary by baseline fracture risk?
- 3. What are the harms of screening for osteoporotic fracture risk?
- 4a. What is the effectiveness of pharmacotherapy for the reduction of fractures and related morbidity and mortality?
- 4b. How does the effectiveness of pharmacotherapy for the reduction of fractures and related morbidity and mortality vary by subgroup, specifically in postmenopausal women, premenopausal women, men, younger age groups (age <65 years), older age groups (age ≥65 years), baseline bone mineral density, and baseline fracture risk?
- 5. What are the harms associated with pharmacotherapy?

We include two contextual questions to help inform the report. We do not show these questions in the analytic framework because they were not analyzed using the same rigorous systematic review methodology as the studies that met the report's inclusion criteria. At the title and abstract and full-text article review stages, reviewers categorized studies not included to answer KQs that related to the specific contextual questions.

Contextual Questions

- 1. What is the evidence from modeling studies about different fracture risk thresholds for identifying patients for further evaluation or treatment?
- 2. What is the evidence from modeling studies about the effectiveness of screening strategies (screening, risk assessment, or bone measurement) that use (a) different ages at which to start and stop screening and (b) different screening intervals?

Contextual Question 1 is addressed in the introduction. Contextual Question 2 is addressed in the Results section (for screening intervals, along with other included evidence on screening intervals) and in the discussion section (for starting and stopping ages).

Search Strategies

We searched PubMed, the Cochrane Library, and Embase for English-language articles published from November 1, 2009, through October 1, 2016, with active surveillance through March 23, 2018. We used Medical Subject Headings as search terms when available and keywords when appropriate, focusing on terms to describe relevant populations, screening tests, interventions, outcomes, and study designs. **Appendix A** describes the complete search strategies. We conducted targeted searches for unpublished literature by searching ClinicalTrials.gov, Drugs@FDA.gov, Cochrane Clinical Trials Registry, and the World Health Organization International Clinical Trials Registry Platform. To supplement electronic searches, we reviewed the reference lists of pertinent review articles and studies meeting our inclusion criteria and added all previously unidentified relevant articles. We included citations from the previous report and from other systematic reviews in our handsearch yield.

Study Selection

Newly Identified Studies

We selected studies on the basis of inclusion and exclusion criteria developed for each KQ for identifying populations, interventions, comparators, outcomes, timing, settings, and study designs (PICOTS) (**Appendix B**). **Appendix C** lists studies excluded at the full-stage review stage. We imported all citations identified through searches and other sources into EndNote X7.

Two investigators independently reviewed titles and abstracts. We dually and independently reviewed the full text of abstracts marked for potential inclusion by either reviewer. Two experienced team members then resolved disagreements.

Population

We included studies that focused on adults age 40 years or older. For screening questions (KQs 1–3), we required studies to have included a majority of participants without history of low trauma fractures, endocrine disorders likely to be related to metabolic bone disease, or chronic use of glucocorticoid medications. If information on the proportion of low trauma fractures was unavailable in the report, we sent an inquiry to the author. In cases of nonresponse, we planned to include these studies and noted lack of information on prevalent fracture rates. For treatment questions (KQs 4–5), we also required that a majority of included participants had an increased fracture risk (as defined by the study [typically bone mineral density (BMD) status).

Interventions

For screening questions (KQs 1–3), we searched for studies on risk assessment tools, bone measurement testing, or a combination of risk assessment and bone measurement testing. Eligible risk assessment tools included any paper-based or electronic instrument that compiled and compared various demographic or clinical characteristics for individuals to establish an absolute or categorical risk estimate. Eligible bone measurement testing included dual-energy X-

ray absorptiometry (DXA, central or peripherally measured), quantitative ultrasound, dental tests, vertebral fracture assessment, and trabecular bone score (**Appendix B**). All tests and instruments needed to be feasible for primary care settings (i.e., could be ordered, administered, or interpreted by primary care providers) and be available in the United States; we excluded tests and instruments that were not commercially available. We required instruments to have been externally validated. For tests and instruments that included bone measurement testing (imaging and nonimaging machine-based tests), we required that the investigators measure bone mineral density in participants before the occurrence or identification of the fracture.

For treatment questions (KQs 4–5), we limited eligible interventions to pharmacotherapy approved by the U.S. Food and Drug Administration (FDA) for treating or preventing osteoporosis. These include (a) antiresorptive therapies, specifically bisphosphonates, estrogen agonists/antagonists, hormone therapy, and Receptor Activator of Nuclear Factor κ B ligand (RANKL) inhibitors and (b) anabolic therapies, specifically, parathyroid hormone. We did not summarize the evidence on calcitonin because it is no longer a first-line therapy for osteoporosis.

Comparators

For the overarching question on the benefits and harms of screening and health outcomes (KQ 1 and KQ 3), we included studies that compared screened with unscreened groups. For questions on screening accuracy and screening intervals (KQ 2), we included studies that evaluated fracture risk assessments or bone tests. For treatment benefits (KQ 4), we included studies comparing treatment with placebo. For treatment harms (KQ 5), we included studies comparing treatment with placebo or no treatment.

Outcomes

For KQ 1 and KQ 4, we included data on fractures, fracture-related morbidity, fracture-related mortality, or all-cause mortality. Fractures included major osteoporotic fractures defined as fractures of the hip, distal radius, proximal humerus, and vertebrae (clinically presenting). We also included and recorded separately morphometric (asymptomatic) vertebral fractures. For KQ 2, eligible outcomes included test characteristics (e.g., accuracy, reliability) for bone measurement tests and accuracy and reclassification for fracture risk assessment instruments. For KQ 3, we looked for evidence on outcomes such as unnecessary radiation, labeling, anxiety, false-positive results. We focused our systematic review on studies of risk assessment tools and bone measurement tests that predicted future fracture risk as an outcome, rather than identification of osteoporosis defined operationally by BMD. For KQ 5, eligible harms included serious adverse drug events, discontinuation attributed to adverse events, cardiovascular events, hot flashes, esophageal cancer, gastrointestinal events, osteonecrosis of the jaw, atypical fractures of the femur, and rashes.

Timing

Outcomes for KQ 1 studies had to be measured 6 months or more following screening. Although we had planned to limit the KQ 4 and KQ 5 studies outcomes to those measured 6 months or more after the initiation of treatment, we also included harms (KQ 5) measured at shorter

intervals for completeness of reporting. All timings were considered for KQ 2 and KQ 3 (although studies for fracture prediction, we required that assessments of outcomes occur after fracture risk assessment or machine-based tests).

Settings

We required the overarching screening question (KQ 1) to be in primary care settings or other settings similar to primary care. For all other questions, we also included studies in specialist settings. For all KQs, we limited our search to studies conducted in the United States or in countries with very high human development indexes.⁵⁹

Study Designs

For screening questions (KQs 1–3), we included randomized controlled trials (RCTs), controlled clinical trials, and systematic reviews of trials. For questions on screening accuracy and screening intervals (KQs 2 and 3), we also included systematic reviews of observational studies and observational studies other than case series and case reports. For treatment questions (KQ 4 and KQ 5), we included systematic reviews, RCTs, and controlled trials published since any recent relevant review. For harms (KQ 5), we also included observational studies published since any recent relevant review.

Studies in the 2010 USPSTF Review

We applied, dually and independently, the inclusion and exclusion criteria described above to all studies included in the 2010 USPSTF review. (Note that the review was published in 2010,^{2, 3} and the recommendation statement in 2011¹). We resolved disagreements by discussion and consensus; if necessary, we sought adjudication of conflicts from other experienced team members.

We also conducted a check of the quality ratings of studies included in 2010 to ensure that studies met our current quality rating criteria. If the reviewer did not agree with this earlier assessment, we re-rated the quality of the study through dual review. Among included studies from the 2010 report, one reviewer checked for errors in previously generated abstraction tables and updated them as needed.

Data Abstraction and Quality Rating

We abstracted pertinent information from each newly included study; details included methods and patient PICOTS. A second investigator checked all data abstractions for completeness and accuracy. Two investigators independently evaluated the quality (internal validity) of each study, corresponding to USPSTF predefined methods criteria. ⁶⁰ The criteria by which the USPSTF requires individual study quality to be assessed differ by study design, but ultimately each study is to receive a rating corresponding to good, fair, or poor quality. We selected several tools for developing quality ratings, with specific tools corresponding to the design of the study that was being evaluated.

For studies with treatment outcomes (KQs 1, 3, 4, and 5), we rated quality as good, fair, or poor based on a tool developed by the Cochrane Collaboration for assessing the risk of bias of RCTs.⁶¹ When relevant, we also applied supplementary items developed by the RTI-University of North Carolina Evidence-based Practice Center for evaluating additional bias concerns relevant to cohort and case control study designs.⁶²

For screening studies (KQ 2) assessing diagnostic test accuracy, we used the Quality Assessment of Diagnostic Accuracy Studies (QUADAS-2) tool;⁶³ for diagnostic prediction model studies, we used a preliminary version of the in-development Prediction Model Study Risk of Bias Assessment Tool (PROBAST).⁶⁴ Based on these two tools, we evaluated each study as low, unclear, or high risk of bias. Low corresponds to good quality, high to poor quality, and unclear identifies studies for which we could not make a determination on the risk of bias.

The quality of existing systematic reviews that we integrated into this review were evaluated using ROBIS,^{63, 65} a tool designed to evaluate the risk of bias of systematic reviews. Using this tool, each systematic review was rated as low, unclear or some concerns, or high risk of bias. As with the PROBAST and QUADAS tools, low risk of bias corresponds to good quality, high to poor quality, and unclear represents uncertainty. **Appendix C** describes the quality rating criteria for each tool. We did not review the quality of individual studies contained within any good-quality systematic reviews that we included.

We resolved disagreements by discussion and consensus. We rated studies with fatal flaws as poor quality. For RCT and cohort studies included to answer KQ 1, 3, 4, or 5, "fatal flaws" that could result in poor-quality (i.e., high risk of bias) ratings included the following: groups assembled initially were not close to being comparable or were not maintained throughout the study; unreliable or invalid measurement instruments were used or not applied equally among groups (including not masking outcome assessment); and key confounders were given little or no attention. For RCTs, intention-to-treat analysis was lacking. For case-control studies pertaining to KQ 3 or 5, fatal flaws included major selection or verification (diagnostic workup) bias, a response rate less than 50 percent, or inattention to confounding variables. For KQ 2 screening studies, fatal flaws in at least one domain could lead to poor-quality ratings. Such flaws include cross-sectional design for risk prediction (i.e., predictors measured at same time as incident fracture in cases) and spectrum bias resulting from subgroups created through convenience groupings (such as quintiles) that do not represent a clinically rational categorization of participants.

Data Synthesis and Analysis

In Chapter 3 on results, we describe the yield from newly identified included studies and studies identified in the previous review that continue to meet current inclusion and quality criteria. We then present a synthesis of the last update and current findings.

When at least three similar studies were available, we conducted quantitative synthesis of AUCs and event rates in studies with random-effects models using the inverse-variance weighted method (DerSimonian and Laird). For studies presenting multiple doses of medications, we

selected the dose closest or equal to the FDA-approved dose, unless otherwise specified. We conducted sensitivity analyses using restricted maximum likelihood estimates to explore whether DerSimonian and Laird random-effects models underestimate variance for small meta-analyses.⁶⁶

For all quantitative syntheses, we calculated the chi-squared statistic and the I² statistic (the proportion of variation in study estimates due to heterogeneity) to assess statistical heterogeneity in effects between studies. ^{67, 68} An I² from 0 to 40 percent might not be important, 30 percent to 60 percent may represent moderate heterogeneity, 50 percent to 90 percent may represent substantial heterogeneity, and 75 percent to 100 percent represents considerable heterogeneity. ⁶¹ The importance of the observed value of I² depends on the magnitude and direction of effects and on the strength of evidence for heterogeneity (e.g., p-value from the chi-squared test or a confidence interval for I²). However, as precision and the number of subjects increase, I² may become inflated toward 100 percent, and may not reflect clinically relevant heterogeneity. ⁶⁹ All quantitative analyses were conducted using OpenMetaAnalyst. ⁷⁰ We additionally conducted sensitivity analyses using Comprehensive Meta Analysis. ⁷¹

We interpret AUCs close to 0.50 as being no better than chance; AUCs of 1.0 represent perfect test accuracy.

The discussion chapter summarizes conclusions from the previous 2010 review, the 2011 USPSTF statement, and the implications of the new synthesis for previous conclusions. In addition, we assess the overall summary of the body of evidence for each KQ using methods developed by the USPSTF, based on the number, quality, and size of studies; consistency of results among studies (similar magnitude and direction of effect); and applicability of the results to the population of interest.

Expert Review and Public Comment

A draft report was reviewed by content experts, representatives of federal partners, USPSTF members, and AHRQ Medical Officers, and was revised based on comments, as appropriate, to include suggested citations that met our inclusion criteria. Additionally, we updated the report to add details on a newly published trial of screening⁷² and summarized the accuracy of clinical risk assessment instruments on identifying osteoporosis in younger women.

USPSTF Involvement

This review was funded by AHRQ. Staff of AHRQ and members of the USPSTF participated in developing the scope of the work and reviewed draft manuscripts, but the authors are solely responsible for the content.

Chapter 3. Results

Literature Search

We identified 5,207 unique records and assessed 842 full texts for eligibility (**Figure 2**). We excluded 674 studies for various reasons detailed in **Appendix C** and included 168 published articles of good or fair quality in our main analyses. One article was included for key question (KQ) 1, 103 articles were relevant for KQ 2a, 2 articles were relevant for KQ 2b, one article was relevant for KQ 3, 25 articles were relevant for KQ 4, and 50 articles were relevant for KQ 5. In addition to the previous report,^{2, 3} we drew from reference lists and data from other systematic reviews.⁷³⁻⁷⁶ Details of quality assessments of included studies and studies excluded based on poor quality are provided in **Appendix D**. **Appendix E** lists the inclusion and exclusion status of studies included in the previous review. **Appendix F** presents details for included studies in Evidence Tables. **Appendix G** describes ongoing trials, and **Appendix H** presents forest plots for meta-analyses.

Key Question 1. Does Screening (Clinical Risk Assessment, Bone Density Measurement, or Both) for Osteoporotic Fracture Risk Reduce Fractures and Fracture-Related Morbidity and Mortality in Adults?

We found one eligible study. The Screening for Osteoporosis in Older Women for the Prevention of Fracture (SCOOP) trial randomized 12,483 women ages 70 to 85 years to screening with the FRAX or usual care. The interval trial, participants in the intervention arm who were identified as high risk based on FRAX-generated 10-year hip fracture risk were invited to undergo DXA testing. The investigators recalculated the FRAX risk for those who undertook DXA screening and communicated the results to the participant's general practitioner, who then offered treatment as appropriate. At 5 years followup, the study found no difference in the primary outcome of any osteoporotic fracture in the intervention arm when compared with the usual care arm (12.9% vs. 13.6%; HR, 0.94; 95% CI, 0.85 to 1.03). The study also did not find any difference in the overall incidence of all clinical fractures (15.3% vs. 16.0%; HR:0.94; 95% CI, 0.86 to 1.03) or mortality (8.8% vs. 8.4%; HR 1.05, 95% CI, 0.93 to 1.19). However, the study reported a statistically significant difference in hip fracture incidence (2.6% vs. 3.5%; HR 0.72; 95% CI, 0.59 to 0.89).

Key Question 2a. What Is the Accuracy and Reliability of Screening Approaches to Identify Adults Who Are at Increased Risk for Osteoporotic Fracture?

This section is organized as follows: evidence on the accuracy of (1) clinical risk assessment tools for identifying osteoporosis, (2) bone measurement tests screening for identifying low bone mass and osteoporosis, (3) fracture risk prediction instruments for predicting fracture, and (4) bone measurement tests for predicting fracture. Each section includes an overview of the

evidence, followed by findings. We then discuss calibration of fracture risk prediction instruments and other measures of test performance, specifically, reclassification.

Accuracy of Clinical Risk Assessment Tools for Identifying Osteoporosis: Overview of the Evidence

Thirty-eight studies (comprising 41 publications)^{56, 57, 77-115} provide information on the accuracy of 16 clinical risk assessment instruments in identifying osteoporosis (bone mineral density [BMD] T-score <-2.5) (summary in **Table 3**; details in **Appendix F Tables 1-5**). We restricted inclusion to validated instruments. Studies were conducted in the United States (14 studies), Canada (5 studies), the United Kingdom (2 studies), Australia (2 studies), Republic of Korea (3 studies), Italy (3 studies), Spain (2 studies), Hong Kong (2 studies), Belgium (1 study), Denmark (1 study), Singapore (1 study), Portugal (1 study), and one study conducted data in the United States and Hong Kong. Thirty-seven reported area under the curve (AUC) and 34 reported sensitivity or specificity. A smaller subset reported on positive (19 studies) or negative (17 studies) predictive values. The evidence base is characterized by heterogeneity in included risk factors (ranging from 2 to 17), clinical (19 in clinics, 19 in community settings,) and geographic settings, measurement of osteoporosis (studies measured osteoporosis at spine, total hip, femoral neck, other sites [thoracic vertebra, lumbar vertebra, arms, ribs, or legs], or combinations of sites), thresholds used to calculate sensitivity and specificity, reference ranges, and baseline osteoporosis rates (4.4% ¹¹⁰ to 47.4% ⁸⁸). Studies on five instruments (Mscore, ¹¹² Male Osteoporosis Risk Estimation Score (MORES), 85, 110, 114, 115 Male Osteoporosis Screening Tool (MOST),⁹⁷ Osteoporosis Screening Test [OST], and FRAX¹¹⁴) reported results in men-only samples, with OST reported separately in predominantly Asian (Osteoporosis Screening Tool for Asians [OSTA])^{96, 98, 104, 105} and other populations (OST).^{77, 97, 98, 108, 111, 112} One study reported results for men and women for FRAX and OST. 106 All other studies reported results in women-only samples. Although the range of mean ages in included studies varied from 50.5¹⁰⁹ to 78.2.¹⁰⁶ among those reporting a mean age (33 studies), the mean in most studies (22 studies, 67%) ranged between 60 and 70 years.

Accuracy of Clinical Risk Assessment Instruments in Identifying Osteoporosis: Findings

Overall Findings

As in the previous update, we found a wide range of AUCs (**Table 3**). When possible, we pooled AUCs for instruments reporting results from three or more populations (**Appendix H Figures 1-7**). With the exception of one meta-analysis, all demonstrated high I² (>83%), suggesting that the variability between studies can be explained by heterogeneity rather than chance. Pooled estimates of AUCs ranged from 0.65 (Osteoporosis Risk Assessment Instrument [ORAI]; 10 studies; 16,780 participants) to 0.76 (Osteoporosis Self-Assessment Tool for Asians [OSTA]; four studies; 2,962 participants) in women. AUCs from individual studies have a wider range from 0.32⁸⁸ to 0.873¹⁰⁷. AUCs appear to be higher in studies recruiting men, ranging from 0.62⁹⁸ to 0.89.¹¹¹ The pooled estimate for OST is 0.76 (seven studies; 7,798 participants) and for MORES is 0.80 (three studies; 4,828 participants). Instruments with more risk factors do not report higher AUCs than instruments with fewer risk factors.

Findings in Younger Women

We also evaluated the accuracy of clinical risk assessment instruments in younger women, drawing on studies of populations under age 65 years, subgroup analysis of those under age 65 years, and studies with a mean age under 60 years.

FRAX. Three studies of younger women (<65 years) evaluated the accuracy of FRAX in identifying major osteoporotic fractures. $^{56, 57, 113}$ Of these, two specified the USPSTF recommended threshold of 9.3 percent for a 10-year risk of major osteoporotic fractures $^{56, 57}$ and one did not. 113 AUCs range from 0.58 to 0.67. As noted previously in Chapter 1, one of these studies also compared the accuracy of FRAX with those of other instruments (OST and SCORE) and found that that the FRAX threshold of \geq 9.3 percent was modestly better than chance, and inferior to OST and SCORE in identifying women with osteoporosis (femoral neck T-score \leq -2.5). 57

OST. Five studies evaluated the performance of OST in women (three in populations under age 65 years, ^{57, 102, 113} one in a subgroup of women under age 65 years, ⁷⁹ and one in a population ranging from ages 40 to 69 years, with a mean age of 54.2 years ⁹⁹). AUCs ranged from 0.64⁹⁹ to 0.77. ^{79, 102}

SCORE. Four studies reported on the performance of SCORE in younger women (one in a population under age 65 years,⁵⁷ two in subgroup analyses of women younger than 65 years of age,^{79, 100} and one in a population with a mean age of 50.5.¹⁰⁹ AUCs ranged from 0.68¹⁰⁹ to 0.85.¹⁰⁰

ORAI. Four studies reported on the performance of SCORE in younger women (two in subgroup analyses of women younger than 65 years of age, $^{79, 100}$ and two in population with mean ages of 50.5^{109} and 54.2 years, 99 respectively. AUCs ranged from 0.62^{99} to $0.82.^{100}$

Other instruments. Two studies reported on the performance of the NOF guidelines and OSIRIS and reported AUCs of 0.69¹⁰⁰ and 0.63⁹⁹ respectively.

Appendix F Tables 1-7 provides additional details on sensitivity, specificity, positive predictive value (PPV), and negative predictive value (NPV). As noted above, fewer studies reported these statistics than AUCs. Reported thresholds varied considerably within instruments; we present ranges for the most commonly reported threshold. Even with a common threshold, results varied widely; as an example, for the ORAI instrument, sensitivity ranged from 50 percent to 100 percent, specificity from 10 percent to 75 percent, PPV from 20 percent to 98 percent, and NPV from 25 percent to 94 percent. These wide ranges reflect the underlying heterogeneity described above.

Accuracy of Bone Measurement Tests Used to Identify Low Bone Mass and Osteoporosis: Overview of the Evidence

Eleven studies provide information on the accuracy of bone measurement tests for screening for low bone mass or osteoporosis (summary in **Table 4**; details in **Appendix F Table 6**). Of these,

five are new inclusions ^{94-96, 101, 116} and six ^{87, 93, 97, 111, 117, 118} were previously described in the 2010 review.³ The previous review also relied on a systematic review that found a pooled AUC of 0.76 (95% CI, 0.72 to 0.79) overall, and specifically for postmenopausal women, 0.75 (95% CI, 0.66 to 0.82). ^{119, 120}

Seven of 11 studies included fewer than 250 patients. ^{87, 93, 101, 111, 116-118} Three studies, including the largest (N=6,572)⁹⁷ focused on men in the United States, ¹¹¹ Hong Kong, ⁹⁶ or both countries. ⁹⁷ Studies of women were set in Belgium, ^{116, 118} Hong Kong, ⁹⁵ Spain, ⁹⁴ Canada, ¹⁰¹ and the United Kingdom. ^{87, 93, 117} Studies varied widely in the degree of restrictiveness of participant inclusion and exclusion. Two studies reported no exclusion criteria. ^{87, 101} In contrast, two studies set in Hong Kong reported an extensive list of inclusion and exclusion criteria. ^{95, 96} All were of low or unclear risk of bias.

Studies evaluated quantitative ultrasound (QUS),^{87, 93, 95-97, 101, 111, 116, 117} peripheral DXA,^{93, 94} digital X-ray absorptiometry (DXR),¹¹⁶ and radiographic absorptiometry.¹¹⁶ No studies on vertebral fracture assessment or dental tests met our inclusion criteria.

Accuracy of Bone Measurement Tests Used to Identify Low Bone Mass and Osteoporosis: Findings

Studies in women focusing on comparisons of calcaneal QUS against a centrally measured DXA BMD T-score cutoff of -2.5 or less reported AUCs varying from 0.69 (N=202, Belgium) to 0.90 (N=174, Canada). For women, seven studies of 1,969 women yielded a pooled estimate of 0.77 for the AUC (95% CI, 0.72 to 0.81, I²=82.1%) (**Appendix H Figure 8**). We were unable to replicate reported confidence intervals in three studies,^{87, 101, 117} and used our estimate, based on reported populations and AUCs. Sensitivity analysis without these three studies yielded similar results (AUC, 0.74; 95% CI, 0.70 to 0.78; I²:65%; 4 studies, N=1352). Studies in women also reported on the use of peripheral DXA, with AUC ranging from 0.67 to 0.80;^{93, 94} DXR with an AUC of 0.84 (95% CI, 0.79 to 0.89);¹¹⁶ and radiographic absorptiometry with an AUC of 0.80 (95% CI, 0.74 to 0.85).¹¹⁶

All studies in men focused on comparisons of calcaneal QUS to a centrally-measured DXA BMD T-score cutoff of -2.5 or less. 96, 97, 111 AUC estimates ranged from 0.70 (N=4,658 Caucasian men in the United States) to 0.93 (N=128 African American men). For all men in the three studies (N=5,142), the pooled AUC estimate was 0.80 (95% CI, 0.67 to 0.94; I², 98%) (**Appendix H Figure 9**).

Accuracy of Fracture Risk Prediction Instruments: Overview

We identified five systematic reviews^{75, 76, 119, 121, 122} addressing the accuracy of tools to predict fracture in adults. Our synthesis is based on the good-quality Marques et al systematic review⁷⁶ supplemented by 13 eligible observational studies with low risk of bias or unclear bias not included in the Marques et al review (summary in **Table 6**; details in **Appendix F Table 8**)^{58, 102, 123-133} The Marques et al review used a search through late 2014, and selected studies for inclusion based on similar criteria to our review and consistent with the previous evidence review in support of this USPSTF recommendation.³

Marques et al included 45 articles that assessed 13 different risk prediction instruments; of these, 10 had been evaluated by only one or two studies. The three risk prediction tools evaluated by three or more studies and for which a quantitative synthesis was performed included FRAX (k=26), the Garvan Fracture Risk Calculator (FRC) (k=6), and the QFracture prediction tool (k=4).

Marques et al identified other fracture risk prediction instruments, but studies on these instruments reported no measures of discrimination (e.g., AUC, sensitivity, specificity) for populations external to the development cohort. This includes the Cummings Risk Score, ¹³⁴ Fracture and Mortality Index, ^{135, 136} a simple clinical score, ¹³⁷ and simplified system for fracture risk assessment. ¹³⁸ Of the studies that we identified as eligible that had not been included in the Marques et al review, four studies were published after the Marques et al search dates, ^{58, 124, 129, 133} and nine were studies we identified as eligible but were either not identified or not included by Marques et al^{102, 123, 125-128, 130-132} These additional studies reported on FRAX, Garvan FRC, and QFracture in addition to five risk instruments not reported in Marques et al The evidence tables for studies we identified are in **Appendix F**; these tables do not contain the studies that were included in the Marques et al review.

In updating the Marques et al meta-analysis, we identified one study¹³⁹ included in the original pooled AUC estimate that was not from an external validation population, and one study¹⁴⁰ that used a cross-sectional design, which has a high risk of bias for risk prediction. We have excluded these two studies from this update. The previous review³ included several studies not included in this update. Two studies evaluating risk prediction instruments used cross-sectional designs. This includes a study¹⁴¹ assessing age, body size, and estrogen use, ORAI, and body weight as risk prediction instruments, and a study¹⁴² assessing FRAX and Garvan FRC. Three studies¹⁴³⁻¹⁴⁵ of clinical risk scoring algorithms, the Dubbo Osteoporosis Epidemiology Score, the Established Populations for the Epidemiologic Study of the Elderly, and the Fracture Index did not report outcomes for an external validation population. One study¹⁴⁶ evaluated a risk prediction model focused exclusively on risk prediction in nursing home residents using the Minimum Data Set.

Accuracy of Fracture Risk Prediction Instruments: Discrimination Findings

In **Table 5** we characterize and report the accuracy of fracture risk prediction at 10 years for 11 instruments as measured by the AUC measure of discrimination. These findings are stratified by sex, site of fracture, and whether BMD was used in the risk prediction. Where possible, we pool AUCs. The rest of this section details findings by risk prediction instrument.

FRAX

FRAX was developed and validated in 11 different cohorts (230,486 participants including men and women) and uses age, sex, weight, height, prior fracture, parental history of fracture, and five other clinical risk factors. ³² It can be used with or without femoral neck BMD to predict the 10-year risk of hip and MOF. FRAX is calibrated for use in different countries based on country-specific data. Studies included were conducted in the following countries: Australia, Canada, Denmark, Finland, France, Hong Kong, Japan, Netherlands, New Zealand, Spain, the United States, and in a multinational European and U.S. cohort.

The discriminative ability of FRAX for predicting future fracture varied by sex, site of fracture prediction, and whether BMD was used in the risk prediction. In men, pooled estimates of AUC from 3 to 44 studies and 13,970 to 15,842 participants ranged from 0.62 to 0.76 (depending on the model) (**Appendix H, Figures 10-13**). Within that range, pooled estimates were higher for 13 prediction models that included BMD and for the models predicting hip fracture. Pooled estimates for women based on between 10 and 17 studies with between 62,054 and 190,795 participants ranged somewhat higher (0.67 to 0.79) but they shared a similar pattern (**Appendix H Figures 14-17**). Pooled estimates for the prediction of MOF based on three studies (66,777 participants), including men and women, but that did not report findings by sex, were similar (AUC without BMD, 0.67 [95% CI, 0.66 to 0.67; I², 47.1%]; AUC with BMD, 0.69 [95% CI, 0.69 to 070, I², 70.3%]) (**Appendix H, Figures 18-19**). Two studies reported AUC for hip fracture with and without BMD from combined cohorts of men and women; estimates from these two studies ^{147, 148} were similar to estimates from the women-only cohorts.

The original FRAX validation study³² also reported AUCs; however, the AUCs reflected the risk of fracture at age 70, not a 10-year fracture risk, and did not report on MOF. Thus, we did not include these AUCs in our pooled estimates. In this validation study, the range of AUCs in the validation cohorts for prediction of hip fracture at age 70 (both sexes combined) was 0.70 to 0.81 with BMD and 0.57 to 0.77 without BMD. For nonhip osteoporotic fractures, the range was 0.55 to 0.77 with BMD and 0.54 to 0.81 without BMD.

Garvan Fracture Risk Calculator

The Garvan FRC, originally developed in cohorts of Australian men and women,¹³⁹ uses age, sex, weight, prior nontraumatic fracture after age 50, and a fall within the past year as risk to predict risk of hip or MOF at either 5 or 10 years. BMD at the hip is an optional input to the risk prediction. We focus on estimates for 10-year fracture risk prediction, for comparison with other instruments that predict 10-year risk. Studies included were conducted in Australia, Canada, Netherlands, New Zealand, and Norway.

The discriminative ability of the Garvan FRC varied by sex, site of fracture prediction, and whether BMD was used in the risk prediction. Two studies reported AUC estimates in men. ^{129, 149} The AUC for hip fracture without BMD was 0.65 (95% CI, not reported [NR]; 1,285 men). ¹²⁹ With BMD, the AUC for hip fracture was 0.74 (95% CI, NR; 1,285 men) in one study ¹²⁹ and 0.85 (95% CI, NR; 1,606 men) in the other study. ¹⁴⁹ Estimates of AUC for nonvertebral fractures were 0.61 and 0.57 with and without BMD, respectively (95% CI, NR for either). ¹²⁹ Only one of the two studies reported AUC for MOF; the estimate was 0.70 (95% CI, NR; 1,606 men). ¹⁴⁹

In women, we calculated pooled AUC estimates for models with BMD of 0.68 (95% CI, 0.64 to 0.71; I²=848%; three studies, 6,534 women) for MOF (**Appendix H Figure 20**) and 0.73 (95% CI, 0.66 to 0.79; I²=97.3%; four studies, 7,809 women) for hip fracture (**Appendix H Figure 21**). One study¹²⁴ reported an AUC of 0.69 (95% CI, NR; 506 women); a different study¹²⁹ reported an AUC of 0.62 (95% CI, NR; 1,637 women) for nonvertebral fracture, both for prediction without BMD. Estimates of AUC for models without BMD ranged from 0.58 to 0.68 depending on site of fracture based on estimates from three studies. ^{124, 126, 129}

QFracture

QFracture predicts fracture risk in men and women over a 1- to 10-year period using age, sex, weight, height, parental fracture, previous fall, and between 11 and 13 clinical risk factors depending on sex. ¹⁵⁰ A 2012 update to the instrument added previous fall, ethnicity, and 10 additional clinical risk factors. ¹³⁰ BMD is not used to predict risk with QFracture. Studies included were conducted in France and the U.K. The AUC for MOF ranged from 0.69 to 0.74 in men and from 0.79 to 0.82 in women. ⁷⁶ For hip fracture, AUC estimates were 0.86 to 0.89 in men and was 0.89 in women. ⁷⁶

Other Fracture Risk Assessment Instruments

The remaining eight fracture risk assessments include the Women's Health Initiative algorithm, OST, 152 SCORE, 153 Fracture and Immobilization Score, 154 Fracture Risk Score, 155 FRC, 156 ORAI, 157 and Osteoporosis Index of Risk (OSIRIS). 158 Of these, all but the Fracture Risk Calculator 156 were developed using only cohorts of women, and the prediction time range from 3 to 10 years. The only assessments evaluated in U.S. populations are the Women's Health Initiative algorithm, OST, SCORE, and the Fracture Risk Calculator. Several of these instruments (OST, SCORE, ORAI, OSIRIS) were initially developed for the prediction of low bone mass or osteoporosis and later applied to the prediction of incident fracture. The Fracture Risk Calculator, OST, and the Women's Health Initiative algorithm were evaluated in two external validation populations; the rest of the instruments have been evaluated only in one external validation population. Across all these instruments, AUC estimates for MOF in women ranged from 0.53 to 0.7358, 102, 126, 128 and from 0.80 to 0.85 for hip fracture. 151, 159, 160

Last, the Canadian Association of Radiologist and Osteoporosis Canada uses age, sex, prior fragility fracture, use of glucocorticoid steroids, and BMD to predict the 10-year risk of MOF in men and women age 50 or older. This instrument computes a 10-year absolute fracture risk and then categorizes risk as high (>20%), moderate (between 10% and 20%), and low (<10%). An external validation study using 10,039 participants reported a sensitivity of 0.54 (95% CI, 0.52 to 0.56) for predicting fracture among women in the high-risk category and a sensitivity of 0.31 (95% CI, 0.24 to 0.38) for men. The reported specificities were 0.75 (95% CI, 0.74 to 0.75) and 0.86 (0.85 to 0.87) for women and men, respectively.

Accuracy of Bone Measurement Tests Used to Predict Fracture: Overview of the Evidence

The 2010 review,³ based on evidence from 11 studies, found that DXA and QUS had similar AUC estimates for the prediction of fracture outcomes among samples of both women and men. Among postmenopausal women, for all types of fractures combined, AUC estimates based on DXA ranged from 0.59 to 0.66, and estimates based on QUS were approximately 0.66. In our updated review, we included 23 studies of low or unclear risk of bias (reported in 24 articles), two of which were included in the 2010 review,^{162, 163} evaluating the performance of various bone measurement tests for predicting fractures (summary in **Table 6**; details in **Appendix F Table 7**).^{133, 144, 147, 148, 154, 155, 162-179} We do not discuss two studies further because they did not have usable data for our analysis of fracture outcomes; Henry et al did not report AUC estimates,¹⁵⁵ and Ensrud et al did not present risk estimates separately for BMD alone.¹⁷⁸

We rated one other study as high risk of bias and did not include it in our update. ¹⁸⁰ We did not include eight other studies from the 2010 review because they did not meet our inclusion criteria for one or more reasons, such as measuring bone density after the occurrence or identification of fracture or not reporting an AUC estimate.

Of the 21 studies we report on, two were conducted in the United States, ^{133, 163} one in Scotland, ¹⁶² four in Japan, ^{154, 164, 169, 177} three in Canada, ^{147, 148, 165, 166} two in Hong Kong, ^{167, 176} two in Australia, ^{144, 168, 171} one in Finland, ¹⁷⁰ two in France, ^{172, 173} one in Denmark, ¹⁷⁴ one in Sweden, ¹⁷⁹one in New Zealand, ⁸⁷ and one in Spain. ¹⁷⁵

The Canadian Manitoba study of men and women age 50 years or older was the largest study (N=39,603). ¹⁴⁸

One study only reported data on men and women combined.¹⁴⁷ All others included separate reporting on women and men; 14 reported on postmenopausal women and four reported on men. These studies generally had few exclusion restrictions.

All studies reported on centrally measured DXA. Four studies also reported on calcaneal QUS tests, and one study also reported on dual X-ray and laser (DXL). No studies on vertebral fracture assessment or dental tests met our inclusion criteria. The various bone measurement tests evaluate bone density using different technologies; this results in different measures of bone "strength" that are not comparable across technologies. For example, QUS yields measures of broadband attenuation (BUA), speed of sound (SOS), or a quantitative ultrasound index (QUI). Studies also differ by the number and location of the incident fracture site being predicted (any osteoporotic fracture, vertebral, or hip), and the reference sites (spine, hip, or femoral neck) used to determine DXA-measured BMD. The length of followup for fracture surveillance following bone measurement testing ranged from approximately 4 years to up to 15 years.

Accuracy of Bone Measurement Tests Used to Predict Fracture: Findings

Because of differences across studies in the combination of the type of imaging test, sex of the participants, and location of an incident facture being predicted, few studies reported on the same combination of parameters (**Table 6**). In general, we did not find differences in AUC by type of bone test or sex.

Regarding type of bone test, AUC estimates for fracture prediction based on centrally measured DXA BMD, trabecular bone score, or a combination of both were as follows: any osteoporotic fracture (0.63 to 0.74), vertebral or spine fracture (0.61 to 0.75), and hip (0.64 to 0.85). The AUC estimate of hip fracture based on DXL was 0.61. The range of AUC estimates for fracture prediction based on QUS parameters (BUA, SOS, or QUI) were similar: any osteoporotic fracture (0.64 to 0.72) and, measured in men in one study, hip (0.84). Two studies 163, 168 measured a combination of DXA and QUS (BUA parameter) and found that this approach did not appreciably increase AUC: any osteoporotic fracture (0.69 to 0.73), vertebral (0.72 in women) and (0.75 in men) in one study, 168 and hip (0.78 to 0.85).

Regarding sex of the study participants, AUC estimates for fracture predictions based on DXA

BMD in postmenopausal women ranged from 0.64 to 0.82. For QUS, AUC estimates ranged from 0.66 to 0.72. AUC estimates based on combinations of DXA and QUS reported in one study ranged from 0.72 to 0.81, differing by the location of the fracture. ¹⁶⁸ Four studies evaluating the performance of bone measurement tests for predicting fractures in men examined the same bone measurement screening tests used for women. ^{163, 167, 168, 174} AUC estimates based on DXA BMD in men ranged from 0.64 to 0.85, and for QUS, ranged from 0.64 to 0.84. ^{163, 167} AUC estimates based on combinations of DXA and QUS, reported in two studies, ranged from 0.69 to 0.85. ^{163, 168}

Regarding fracture site, for both men and women, AUC point estimates of 0.80 or better were associated only with predictions of future hip fracture. These results were found in eight of 12 studies that evaluated this outcome. These include studies of women based on results of DXA of the total hip (0.81 to 0.82), 165, 166 middle phalanges of the second, third, and fourth fingers on the nondominant hand (0.83), 174 and the femoral neck (0.85 and 0.82). 176, 177 Similar results among women were based on a combination of DXA of the femoral neck and QUS (0.81). 168 One study of men found similar results, based on DXA of the femoral neck (0.85), QUS (0.84), and a combination of the two (0.85), 163 but these findings were not replicated in one study based on DXA of the middle phalanges (0.64). 174 AUC point estimates in two studies combined hip fracture results for men and women, based on DXA of the femoral neck (0.80148 and 0.76147). AUC accuracy in predicting hip fracture were lower in one study of women (0.77) than in two other studies, possibly the authors adjusted the results for age, falls, and fracture history, 168 whereas the other two studies reported unadjusted outcomes. The reasons that the prediction for women in yet another study was lower (0.64) are unknown. 171

Calibration of Fracture Risk Prediction Instruments

We identified 14 studies of low or unclear risk of bias reporting eligible calibration outcomes in countries with an incidence of hip fracture similar to that found in the United States (i.e., in the moderate range). 102, 125, 147-149, 154, 170, 171, 175, 177, 181-185 Eleven reported calibration outcomes for FRAX (various versions); 125, 147, 148, 170, 171, 175, 177, 181-185 four reported outcomes for other risk models. 102, 149, 154, 171 We identified no published studies that met our eligibility criteria that provided results of calibration for the U.S. version of FRAX or of other risk assessment instruments in U.S. populations. Ten calibration studies conducted outside of the United States in countries with hip fracture incidence dissimilar to the US were not included in the evidence synthesis. 102, 123, 125, 127, 129-131, 181, 183, 184

Other Measures of Test Performance: Reclassification of Risk Overview

Several studies compared overall proportions of individuals classified at risk for various fracture risk prediction instruments without presenting reclassification data. ^{131, 138, 178, 186, 187} Others present reclassification rates ¹⁸⁸⁻¹⁹⁰ or net reclassification improvement (NRI). ^{127, 129, 149, 164, 168, 191, 192} We describe results for studies presenting only reclassification rates in greater detail in the text below. We present details regarding NRI in text below and in **Table 7**. In instances in which studies report NRI as a percentage, we follow guidance on net reclassification to present these results as unitless measures rather than as a percentage of the cohort reclassified. Guidance suggests that these results cannot be interpreted as percentages because of the implicit weighting

by event rates when summing two fracture numbers with two different denominators to arrive at the NRL 193

Other Measures of Test Performance: Findings

FRAX

Five studies evaluate reclassification for FRAX. 123, 127, 149, 189, 190 One study examined reclassification in the context of FRAX with and without BMD in a sample of 36,730 women and 2,873 men age 50 years or older from the Manitoba Bone Density Program database (Canada). 123 The study reported no differences in AUCs for men or women for any outcomes other than major osteoporotic fractures. It reported the addition of BMD to FRAX, against an intervention threshold of a 10-year risk ≥20 percent of a MOF, resulting in a reclassification of 8.5 percent of the cohort. Of these individuals, 2.8 percent moved to the higher risk category (≥20% risk of MOF) and 5.7 percent moved to the lower risk category (<20%). For those in the intermediate category of risk (10% to 19% risk of MOF), adding BMD to FRAX produced a reclassification of 7.5 percent to the low-risk category (<10% risk of MOF) and 2.7 percent to high risk (≥20% risk of MOF). Of those categorized as low risk, adding BMD to FRAX led to a reclassification of 6.2 percent to moderate risk and 0.1 percent to high risk. 123 A large study of 94,489 women age 50 years or older with BMD measured during 1997-2003 in Kaiser Permanente Northern California also found no differences in AUC with or without BMD. 187 An exploration of reclassification when adding BMD to fracture risk assessment used an 81 percent sensitivity threshold (identified as the optimal level from the receiver operating characteristic curve, corresponding to a 10-year risk for hip fracture of 1.2% in the model without BMD). This reclassification resulted in an NRI of 0.055.

Three studies reporting on the same cohort of participants in Manitoba, focused on issues specific to the measure of BMD in FRAX, specifically the inclusion of information on lumbar spine BMD in addition to femoral neck BMD. Two were developed and validated using a split-sample cohort. ^{189, 190} One study developed a hybrid system for FRAX that incorporated femoral neck BMD to assess nonvertebral fracture risk and lumbar spine BMD for clinical vertebral fracture risk. ¹⁹⁰ The study found that in 37,032 women, against an intervention threshold of >20 percent risk of a major MOF, the use of the hybrid model resulted in a reclassification of 7.6 percent of the cohort. Of these individuals, 0.1 percent moved to the higher risk category (>20% risk of MOF) and 7.5 percent moved to the lower risk category (≤20%). For those in the moderate category of risk (10% to 20% risk of MOF), the hybrid model resulted in a reclassification of 0.5 percent of the cohort to the low-risk category (<10% risk of MOF) and 7.5 percent to high risk. Of those categorized as low risk, the hybrid model produced a reclassification of 6.1 percent of the cohort to moderate risk. ¹⁹⁰

The difficulties in applying this hybrid model in clinical practice led to further testing of ways to incorporate lumbar spine measurement. A second study evaluated reclassification after adding information on an offset (the difference between lumbar spine and femoral neck T-scores) to FRAX.¹⁸⁹ In a sample of 18,215 women in the validation cohort, adding the lumbar spine offset against an intervention threshold of ≥20 percent risk of a MOF, resulted in a reclassification of 13.1 percent of the cohort. Of these individuals, 3.8 percent moved to the higher risk category

(≥20% risk of MOF) and 9.3 percent moved to the lower risk category (<20% risk of MOF). For those in the moderate category of risk (10% to 19% risk of MOF), adding the lumbar spine offset to FRAX resulted in a reclassification of 8.8 percent to the low-risk category (<10% risk of MOF) and 3.8 percent to high risk) (≥20% risk of MOF). Of those categorized as low risk, the addition of lumbar spine offset to FRAX led to a reclassification of 4.9 percent to moderate risk (10% to 19% risk of MOF). ¹⁸⁹

A third study compared FRAX with T-scores from the femoral neck, lumbar spine, minimum site (femoral neck or lumbar spine), weighted mean, and an offset (the difference between the lumbar spine and femoral neck T-scores) in 20,477 men and women. ¹²⁷ It found that the use of lumbar spine or minimum site resulted in both reclassification and miscalibration, while the use of weighted mean or offset did not. Specifically, the authors report that the change in accuracy was negative for lumbar spine (-4.4%) and minimum site (-11.8%), and unchanged for weighted mean (0.1%) and offset (0.3%) (details on calculation of change of accuracy not reported).

Fracture Risk Calculator

One study evaluated adding BMD to the FRC in men 65 years and older using the Osteoporotic Fractures in Men Study database of 5,893 men in the United States who participated in the baseline visit (March 2000–April 2002).¹⁹¹ Against the National Osteoporosis Foundation's (NOF) intervention threshold (10-year 3% risk of a hip fracture), the addition of BMD resulted in an NRI of 0.085. Using the NOF intervention threshold of a 20 percent 10-year risk of MOF, the addition of BMD resulted in an NRI of 0.04. In 17 of 20 examined quintiles of expected fracture probabilities to observed fractures (with BMD, without BMD, hip fracture, MOF), the ratio (of expected to observed fractures) was within 20 percent of the ideal 1.0 ratio.

Garvan FRC (Dubbo Nomogram in Earlier Studies)

Two studies, both drawing from the Dubbo Osteoporosis Epidemiology Study (Australia), evaluated the performance of fracture risk prediction models that included calcaneal QUS (measured through BUA) with the Garvan FRC, 168, 192 which includes femoral neck BMD, age, history of falls, and prior fracture. One study included 899 participants between ages 62 and 89 years (445 men and 454 women) who had both QUS and DXA BMD measurements. 168 Participants been followed for a median of 13 years. The second study restricted analysis to nonosteoporotic participants (BMD T-score >-2.5). 192 The sample comprised 312 women and 390 men ages 62 to 90 years, followed for a median of 12 years. Both studies reported that the addition of BUA to the femoral neck BMD model improved AUC for women for hip fractures and any fractures, 168, 192 and for vertebral fractures in nonosteoporotic women only. 192 Both studies found that adding BUA to the model did not improve AUCs. In the larger sample of all women, adding BUA to the model resulted in an NRI of 0.073 for any fracture, 0.111 for hip fracture, and 0.052 for vertebral fracture. 168 In nonosteoporotic women, adding BUA to the model resulted in an NRI of 0.164 for any fractures and 0.338 for hip fracture. 192 The importance of these differences is difficult to evaluate in the context of small sample sizes and lack of information on the potential for miscalibration.

One study of 4,152 women and 1,606 men, ages 55 to 95 years at baseline in the Canadian

Multicentre Osteoporosis Study compared the performance of the instrument with (1) the World Health Organization (WHO) criteria of a T-score of ≤-2.5 indicating high risk and (2) Canadian guidelines (defining low risk = 0-10%, moderate = 10-20%, and high >20%, and derived from age, minimum T-score [lumbar spine, total hip, femoral neck, trochanter], glucocorticoid use and history of fracture after age 40).¹⁴⁹ Comparisons with the WHO criteria suggested no differences with an NRI of 0.067 (95% CI, -0.06 to 0.194) among men and 0.015 in women (95% CI, -0.026 to 0.056). Comparisons with the Canadian guidelines suggested improvements in prediction for men (NRI, 0.192 [95% CI, 0.063 to 0.322) and worsening for women (NRI, -0.055 [95% CI, -0.095 to -0.015).¹⁴⁹ The study did not present AUCs for these comparisons.

One study examined the performance of the Garvan tool with and without BMD in predicting nonvertebral osteoporotic and hip fractures. The study included 1,637 women and 1,355 men older than age 60 years from Tromsø (Norway). The study recorded all incident fragility fractures between 2001 and 2009. AUCs for the model with BMD were higher than the models without BMD but with body weight for men and women. Models that included body weight rather than BMD resulted in an NRI of -0.106 in women and -0.172 in men for nonvertebral osteoporotic fractures. For hip fractures, models that included weight rather than BMD resulted in an NRI of -0.133 for women and -0.175 for men.

Trabecular Bone Score

One study evaluated reclassification arising from adding trabecular bone score to spine BMD in a sample of 665 Japanese women age 50 years or older who completed the baseline study and at least one followup survey over 10 years. ¹⁶⁴ The study reported no significant differences in AUC, but reported an NRI of 0.235 (95% CI, 0.15 to 0.54); no risk categories were specified for the NRI. This finding can potentially be explained by chance (given the small sample size) or miscalibration.

Key Question 2b. What Is the Evidence to Determine Screening Intervals for Osteoporosis and Low Bone Density?

Overview

Although the previous USPSTF recommendation suggested that a minimum of 2 years may be needed to measure a change in BMD reliably, it also noted continued clinical uncertainty about the optimal interval for rescreening to improve fracture prediction. Two good-quality studies address screening intervals for osteoporosis and low bone density; of these, one 194 was reported in the 2010 review. These longitudinal cohort studies examined the effect of repeat BMD testing on prediction of fracture risk (**Table 8**). 194, 195

We also identified three studies for Contextual Question 2 that used data from large cohort studies to estimate the optimal screening interval to identify osteoporosis or fracture. 196-198

Findings

The Study of Osteoporotic Fractures (N=4,124), in which women (mean age at baseline: 72;

mean T-score: -1.37; 95% CI, -1.40 to -1.34) who had a repeat BMD an average of 8 years after baseline DXA measurement, found no significantly different AUCs for either hip, nonspine, or spine fractures for women with information on change in BMD or combined baseline BMD and change in BMD compared with women with information on baseline BMD alone. 194 The study followed participants for a mean of 5 years after the second DXA measurement. The Framingham Osteoporosis study cohort included male participants (41%) with a similar mean age (74.8) and 74.7 percent of the sample having T-score >-2.5, but a shorter screening interval (3.7 years vs. 8 years), and followed patients for a median of 9.6 years after repeat BMD study (N=802). 194, 195 The authors of the Framingham Osteoporosis study reported similar results to the Study of Osteoporotic Fractures: AUCs for fractures among men with information on change in BMD or combined baseline and change in BMD did not differ from men with information on baseline BMD alone. 195 The study reported a net gain in the percentage of participants with a hip fracture reclassified as high risk (defined by FRAX, NRI, 3.9% [95% CI, -2.2% to 9.9%]) with a second BMD, and a net loss for those without a hip fracture reclassified as low risk with repeat BMD (NRI, -2.2% [95% CI, -4.5% to 0.1%). The study reported a higher rate of reclassification for major osteoporotic fractures (NRI, 9.7% [95% CI, 3.4 to 15.7] vs. -4.6% [95% CI, -6.7 to -2.6]) than for hip fractures.

Additional contextual evidence comes from a small number of publications that have attempted to identify appropriate screening intervals based on the time in which 10 percent of patients transition to osteoporosis. A publication using healthy postmenopausal women age 65 years or older from the Study of Osteoporotic Fractures evaluated the time for 10 percent of women to develop osteoporosis across the various BMD categories; it found that baseline T-score is the most important determinant of BMD testing intervals, with results suggesting that the times for 10 percent of women to develop osteoporosis are as follows: 16.8 years (95% CI, 11.5 to 24.6) for women with normal BMD (T-score, -1.00 or higher), 17.3 years (95% CI, 13.9 to 21.5) for women with mild osteopenia (T-score, -1.01 to -1.49), 4.7 years (95% CI, 4.2 to 5.2) for women with moderate osteopenia (T-score, -1.50 to -1.99), and 1.1 years (95% CI, 1.0 to 1.3) for women with advanced osteopenia (T-score, -2.00 to -2.49). 196 Within a given T-score range, the estimated time for 10 percent of women to transition from osteopenia to osteoporosis was longer for women with younger age and for those taking estrogen at baseline. For women with moderate osteopenia at baseline, the estimated BMD testing interval was 5.6 years (95% CI, 4.9 to 6.4) for women age 67 years compared with 3.2 years (95% CI, 2.6 to 3.9) for women age 85 years. Also for women with moderate osteopenia, the estimated BMD testing interval for past or never-users of estrogen was shorter, 4.3 years (95% CI, 3.9 to 4.8), than for women with current estrogen use, 6.9 years (95% CI, 5.7 to 8.4). Using an absolute risk-based prognostic model with a sample of nonosteoporotic women and men over the age of 60 from the Dubbo Osteoporosis Epidemiology study, the study found that current age and BMD T-score could be used to estimate the optimal time to repeat BMD testing for both men and women. 197 For example, the time for women 60 years of age with a normal BMD to reach a 10 percent risk of sustaining a fracture or developing osteoporosis was 8.9 years (90% CI 6.7 to 10.6); it was 2.7 years (90% CI, 2.3 to 3.1) for women 80 years of age.

A third study provides contextual evidence for identifying the time to transition to fracture (rather than osteoporosis) in younger postmenopausal women ages 50 to 64 years. In a study of women from the Women's Health Initiative with a baseline BMD, investigators estimated the

time for 1 percent of women to sustain a hip or clinical vertebral fracture and for 3 percent of women to sustain a major osteoporotic fracture. Women were followed for up to 11 years after the initial BMD. Similar to findings of studies estimating time to transition to osteoporosis, the study found that age and baseline T-score were associated with the estimated time for 1 percent of women to transition to fracture. For women without osteoporosis at baseline (t > -2.50), the estimated times for 1 percent of women to transition to hip or clinical vertebral fracture were 12.8 years (95% CI, 8 to 20.4) for ages 50 to 54 years, 11.7 years (95% CI, 6.9 to 20) for ages 55 to 59 years, and 7.6 years (95% CI, 4.8 to 12.1) for ages 60 to 64 years. For all women with osteoporosis at baseline ($t \le -2.50$), the time interval for 1 percent of women ages 50 to 64 years to transition to hip or clinical vertebral fracture was 3.0 years (95% CI, 1.3 to 7.1). There were similar findings for major osteoporotic fracture.

Key Question 3. What Are the Harms of Screening for Osteoporotic Fracture Risk?

One trial (SCOOP, previously described in KQ1)⁷² assessed the impact of screening on anxiety (based on State-Trait Anxiety Inventory) and quality of life (based on the EuroQol- 5 Dimension tool and the Short-Form Health Survey 12 [physical and mental health]) and found no differences between participants who were allocated to screening vs. usual care (variance not reported, P values >0.10 for all outcomes).

Key Question 4a. What Is the Effectiveness of Pharmacotherapy for the Reduction of Fractures and Related Morbidity and Mortality?

We present summary results in text below. Appendix F includes detailed evidence for alendronate (Appendix F Table 9), zoledronic acid (Appendix F Table 10), risedronate (Appendix F Table 11), etidronate (Appendix F Table 12), raloxifene (Appendix F Table 13), denosumab (Appendix F Table 14), and parathyroid hormone (Appendix F Table 15). Appendix H includes forest plots for meta-analyses.

Bisphosphonates: Overview of the Evidence

Alendronate

Seven fair- to good-quality studies examined fracture outcomes in patients receiving alendronate versus placebo. All studies were conducted in postmenopausal women receiving daily or weekly alendronate. The duration of the studies ranged from 1 to 3 years. ¹⁹⁹⁻²⁰⁵ Three studies reported fractures at baseline, ^{199, 202, 205} three studies reported no fractures at baseline, ^{199, 200, 203} and one study did not specify. ²⁰¹ Two studies reported on the Fracture Intervention Trial (FIT). ^{200, 205} The FIT had two arms, one with vertebral fractures at baseline, which was excluded for wrong population, ²⁰⁶ and no fractures at baseline. ²⁰⁰ One study looked at a subset of women with low bone mass from both arms of the FIT. ²⁰⁵

We excluded several studies that were included in previous reviews, most commonly for wrong study population (i.e., specialty versus primary care population) or wrong outcome (change in

BMD rather than fractures),²⁰⁷⁻²¹⁵ and one study for high risk of bias.²¹⁶

Zoledronic Acid

Two trials of zoledronic acid (N=1,550) met our eligibility criteria. ^{217, 218} Two studies in the previous review, both from the Horizon Pivotal Fracture Trial, were not included because more than 50 percent of the study population had a fracture at baseline. ^{219, 220} In addition, we excluded one study from a recent comparative effectiveness review ²²¹ because it drew from a nonprimary care population. ²²²

One study of fair quality was a phase 2 study in postmenopausal women ages 45 to 80 years with low bone density (T-score <-2) and no prior vertebral fractures. It was conducted in 24 centers across 10 countries with 1 year of followup.²¹⁷ A second and more recent study (good-quality) was also a multicenter trial conducted in Europe, South America, Africa, and Australia. This study examined men ages 50 to 85 years with T-score <1.5 or prevalent fractures with 2 years of followup.²¹⁸ Both studies evaluated zoledronic acid against placebo infusion.^{217, 218} In the phase 2 trial, cumulative doses of 4 mg yearly were included in the analysis of benefits;²¹⁷ in the more recent study, zoledronic acid 5 mg was administered intravenously at baseline and 1 year.²¹⁸

Risedronate

Four trials evaluating risedronate met eligibility criteria. ²²³⁻²²⁶ All were conducted in postmenopausal women with low bone mass or osteoporosis, and we rated them as fair quality. Three of these studies were included in the main analysis ²²³⁻²²⁵ of the previous review; one study was included in its sensitivity analysis because the proportion of prevalent vertebral fracture exceeded 20 percent. ²²⁶ We did not include one study from the previous review ²²⁷ in this update because the study population had mean T-score of -0.7 and was otherwise not at an increased risk for fracture. Approximately one-third of study subjects in two studies ^{223, 226} had prevalent or prior vertebral fracture at baseline. One study ²²⁴ excluded subjects with prior fractures and one study ²²⁵ did not report the proportion of study subjects with prior or prevalent fracture. All studies evaluated a dose of 5 mg per day for 2 years compared with placebo; followup for fracture outcome ascertainment was 2 to 3 years after baseline. Two trials were conducted in multiple centers in several European countries, ^{225, 226} one trial ²²³ was conducted at multiple centers in North America, Europe, Australia and New Zealand, and one trial ²²⁴ was conducted at two centers (one in the United States and one in Denmark).

One trial²²³ was powered to detect an effect on hip fracture outcomes. The other three trials were powered to detect an effect on BMD. For these trials, therefore, fracture outcomes reported in these trials were reported as safety events as opposed to efficacy end points. ²²⁴⁻²²⁶

Etidronate

Two fair-quality trials of etidronate (n=206) met eligibility criteria.^{228, 229} We excluded one trial of etidronate for wrong population that had been included in the 2010 review.²³⁰ Both included trials were conducted in postmenopausal women with no prior fractures²²⁸ or with unknown prior fracture history.²²⁹ One study enrolled women who were 6 to 60 months postmenopausal²²⁹ and

one enrolled women 1 to 10 years postmenopausal.²²⁸ The mean baseline T-scores for the studies ranged between -1.3 and -1.1. The mean age of participants was <55 years in both trials. Both trials evaluated cyclical etidronate 400 mg for 2 years with change in BMD as the primary outcome. Both included studies were set in Europe.^{228, 229}

Ibandronate

We identified no studies or trials that assessed the benefits of ibandronate for preventing fractures.

Bisphosphonates: Findings

Vertebral Fracture

This analysis includes 11 trials (10 from the previous report and one from the new evidence). 199, 200, 203, 204, 217, 218, 224-226, 228, 229 All studies reported on the reduction in radiographic vertebral fractures, except for one study reporting clinical vertebral fractures 225 and one study that did not specific fracture type. 204 Among women, bisphosphonates reduced vertebral fractures compared with placebo (2.1% vs. 3.8%; RR, 0.57 [95% CI, 0.41 to 0.78]; I², 0%; 5 trials, N=5,433) (Appendix H Figure 22). 199, 200, 224, 226, 229 Five trials recorded zero vertebral fractures and did not contribute to the pooled estimate in the primary analysis. 203, 204, 217, 225, 228

Results based on alternative methods for pooling were nearly identical with and without zero event trials.

As noted in the 2010 review, the largest trial, FIT, a 4-year trial of alendronate, contributed 82 percent of the total number of patients (N=4,432 of 5,433) and vertebral fractures (171) in the analysis (1.9% vs. 3.5%; RR, 0.55 [95% CI, 0.38 to 0.80]). Drugs other than alendronate had small samples and few fractures.

One new trial reported on the effectiveness of zoledronic acid in 1,199 men with mean femoral neck T-scores of -2.23 (intervention) and -2.24 (control). Men were eligible to participate if they had a bone mineral density T score of -1.5 or less (based on the device-specific reference values for men). The authors found a reduced risk of morphometric vertebral fractures in the treatment arm (1.5% vs. 4.6%; RR, 0.33 [95% CI, 0.16 to 0.70]).²¹⁸

Nonvertebral Fracture

Ten trials reported on nonvertebral fractures. 200, 201, 204, 217, 218, 223-226, 229 Of these, one reported no fracture outcomes with either alendronate or placebo. 204 Studies were generally not powered to examine this outcome and did not always clarify the definition or source of the fracture. Also, they often reported these fracture results along with other adverse events.

Among women, a pooled analysis of trials reporting total nonvertebral fractures a reduced risk of fractures in the treatment arm (8.9% vs. 10.6%; RR, 0.84 [95% CI, 0.76 to 0.92]; I², 0; eight trials, N=16,438) (**Appendix H Figure 23**).^{200, 201, 217, 224-226, 229} One trial recorded zero

nonvertebral fractures and did not contribute to the primary analysis. 204

One new trial reported on the effectiveness of zoledronic acid in 1,199 men, with mean femoral neck T-score values of -2.23 (intervention) and -2.24 (control). The authors found a reduced risk of nonvertebral fractures in the treatment arm but the effect was not statistically significant (0.9% vs. 1.3%; RR, 0.65 [95% CI, 0.21 to 1.97]).²¹⁸

Hip Fractures

Four studies reported on hip fractures.^{200, 201, 223, 224} All had been identified in the 2010 review. We excluded one study because we were unable to find the reported data.²²⁵ One trial recorded no hip fractures and did not contribute to the primary analysis.²²⁴

Among women, the pooled analysis suggested a lower risk but wide confidence intervals (0.7% vs. 0.96%; RR, 0.70 [95% CI, 0.44 to 1.11]; I², 0%; 3 trials, N=8,988) (**Appendix H Figure 24**). The two large trials dominating this meta-analysis, FIT²⁰⁰ and the study by McClung et al²²³ also found no statistically significant effects. Only one trial was powered for detecting differences in hip fractures;²²³ other studies may have been underpowered for this outcome. Results based on alternative methods for pooling were nearly identical with and without zero event trials; the confidence interval for the Peto odds ratio approaches but does not cross the line of no difference

Results based on alternative methods for pooling were nearly identical with and without zero event trials.

No studies reported on hip fractures in men.

Raloxifene: Overview of the Evidence

One large good-quality RCT, included in the 2010 review,³ the Multiple Outcomes of Raloxifene (MORE) trial, reported in two articles, measured fracture outcomes among postmenopausal women at increased risk for fracture who were receiving raloxifene, a selective estrogen receptor modulator.^{231, 232} A second large good-quality RCT, the Raloxifene Use for the Heart (RUTH) study, also reported in the 2010 review,³ does not meet our inclusion criterion of participants being at increased risk for fracture.^{3, 233, 234} We identified no new studies measuring fracture outcomes.

Raloxifene: Findings

The MORE trial (N=7,705) measured outcomes in women with BMD T-scores ≤-2.5, with or without previous vertebral fractures (37% with previous fractures). ^{231, 232} Although the approved Food and Drug Administration (FDA) raloxifene dosage is 60 mg/day, some study results report a combined treatment group (60 mg/day or 120 mg/day). After 4 years, raloxifene (60 mg/day) reduced radiographic vertebral fracture (7.5% vs. 12.5%; RR, 0.64 [95% CI, 0.53 to 0.76]) compared with placebo. Treatment with raloxifene (combined dosage amount group) did not yield differences in nonvertebral or hip fracture.

The RUTH trial (N=10,101) was designed primarily to evaluate coronary heart disease (CHD) and breast cancer outcomes among postmenopausal women with CHD or multiple risk factors for CHD and is therefore excluded from this review.^{233, 234} Baseline BMD T-scores were not an inclusion criteria and are not reported. We note, however, that as was found in the MORE trial, raloxifene (60 mg/day) reduced clinical vertebral fractures (HR, 0.65 [95% CI, 0.47 to 0.89]) compared with placebo, but did not reduce nonvertebral or hip fractures.

Estrogen

The 2010 review discussed the results of the Women's Health Initiative (WHI). Because the women enrolled in this trial had not been identified to be at high risk for osteoporosis (other than that all were postmenopausal), the trial did not meet inclusion criteria for this update. A recently completed review on the benefits and harms of estrogen therapy, with and without progestin, in primary care populations provides important contextual information. ²³⁵ It incorporated information from WHI and other similar trials. Women using only estrogen had lower risks for total osteoporotic fractures (HR, 0.72; 95% CI, 0.64 to 0.80) when compared with women taking placebo. Women on estrogen plus progestin therapy also had lower risks for fractures (RR, 0.80; 95% CI, 0.68 to 0.94) with women on placebo. Additionally, we found one high risk-of-bias safety trial that included an estrogen only arm in comparison with a placebo arm (N=193). It reported a lower incidence but not statistically significant difference in clinical fractures over 2 years (7% vs. 8%; RR, 0.87 [95% CI, 0.29 to 2.66]). ²¹⁶

Denosumab: Overview of the Evidence

Three fair-quality phase 2 or phase 3 Fracture Reduction Evaluation of Denosumab in Osteoporosis Every 6 Months (FREEDOM) trials of denosumab (N=8,565) met eligibility criteria. ²³⁶⁻²³⁸ All were conducted in postmenopausal women with low bone mass or osteoporosis. One of these trials excluded women with any fractures since age 25. ²³⁷ A second reported a 24 percent rate of prevalent fractures ²³⁸ and the third excluded women with more than one vertebral fracture or any osteoporotic fracture in the past 2 years but did not report the rate of prevalent fractures. ²³⁶ All evaluated subcutaneous denosumab against placebo for a minimum of 24 months; doses in the later studies were established as 60 mg every 6 months. ^{184, 237, 238} One study was set in the United States, ²³⁶ the second in the United States and Canada, ²³⁷ and the third was a multicenter study that included sites in Europe, North America, Latin America, Australia, and New Zealand. ²³⁸ A fourth dose-response study (N=226), also of postmenopausal osteoporotic women, was set in Japan.

Denosumab: Findings

Three studies were not powered to look at fractures as benefits and found no statistically significant differences in fractures (clinical, osteoporotic, or vertebral fracture). ^{236, 237, 239} The fourth study was powered to evaluate vertebral, nonvertebral, and hip fractures (N=7,868). ²³⁸ This large study demonstrated a statistically significant difference in incident vertebral fractures (2.3% vs. 7.2%; RR, 0.32 [95% CI, 0.26 to 0.41]), nonvertebral fractures (6.1% vs. 7.5%; RR, 0.80 [95% CI, 0.67 to 0.95]), hip fractures (0.7% vs. 1.1%; RR, 0.60 [95% CI, 0.37 to 0.97]). The study also reported a reduction in new clinical vertebral fractures and multiple new vertebral

fractures.

Parathyroid Hormone: Overview of the Evidence

Two fair-quality studies^{36, 240} which were also included in the prior systematic review by Nelson et al examined vertebral and nonvertebral fracture outcomes in patients receiving parathyroid hormone (an anabolic agent) versus placebo. One of these trials, the Treatment of Osteoporosis with Parathyroid Hormone (TOP) Study³⁶ was conducted in postmenopausal women receiving daily PTH injections for 18 months versus placebo. Nineteen percent had a prior vertebral fracture. A second study²⁴⁰ was conducted among 437 men with a mean age of 59 years who were randomized to either placebo or one of two treatments arms of teriparatide (20 µg [the FDA-approved dose] or 40 µg daily) for an average of 11 months (treatment ranged from less than two months to 15 months). Prevalent fracture rates were not reported, nor was the reference range for the T-score (mean femoral neck T-score:-2.7). One new RCT²⁴¹ among 40 postmenopausal women treated with teriparatide or placebo has been published since the systematic review by the 2010 review,³ but did not meet our inclusion criteria because of a high risk of bias.

Parathyroid Hormone Findings

Vertebral Fractures in Women

The TOP Study³⁶ (N=2,532) evaluated effects of parathyroid hormone compared with placebo on risk of fractures in postmenopausal women with BMD T-score \leq -3.0 and no prevalent vertebral fractures or a T-score <-2.5 and one to four prevalent fractures (19% had prior vertebral fracture). Among women without a baseline fracture, parathyroid hormone produced a significant (0.7% vs. 2.1%; RR, 0.32 [95% CI, 0.14 to 0.75]) reduction in new radiographic vertebral fractures with parathyroid hormone.

Nonvertebral Fractures in Women

In an analysis of all participants with and without baseline fractures (N=2,532), there was no difference in risk of new nonvertebral fracture between the treatment and placebo arms (5.6% vs. 5.8%; RR, 0.97 [95% CI, 0.71 to 1.33]).

Vertebral Fractures in Men

No studies met our inclusion criteria to assess the effects of parathyroid hormone on vertebral fractures in men.

Nonvertebral Fractures in Men

In a fair-quality randomized, placebo-controlled trial (N=437), Orwoll and colleagues 240 evaluated the effects of teriparatide at a dose of 20 μg (the FDA-approved dose, N=151 men) or 40 μg (N=139 men) and placebo (N=147) on risk of fractures in men with osteoporosis (mean baseline BMD femoral neck T-scores, -2.7). Reported findings show a reduction in nonvertebral

fractures in both treatment groups compared with placebo, but the number of fractures was small and results did not reach statistical significance. Additionally, outcome assessments were limited by early termination of the study (mean duration of treatment was 11 months) because of a finding of osteosarcomas in routine animal toxicology studies.

Key Question 4b. How Does the Effectiveness of Pharmacotherapy for the Reduction of Fractures and Related Morbidity and Mortality Vary by Subgroup?

Bisphosphonates

We found no relevant results in included studies for subgroup analysis for zoledronic acid, etidronate, and ibandronate.

Alendronate

One study reported on a subset of osteopenic women (femoral neck T-score between -1.6 and -2.5) from both arms of the FIT.²⁰⁵ This subset of women had a relative risk of vertebral fracture of 0.59 (95% CI, 0.41 to 0.83, calculated; 2.7% vs. 4.6% rate of vertebral fractures for treatment vs. placebo); this figure is similar to findings from the parent FIT studies included in this update.²⁰⁰

Risedronate

One trial²²³ conducted among women age 70 or older, after a mean of 2.3 years follow up, reported an incidence of hip fracture of 3.9 percent in the placebo group and 2.8 percent in the treatment group (RR, 0.7; 95% CI, 0.6 to 0.9). In a post-hoc subgroup analysis of women ages 70 to 79 years without vertebral fracture at baseline, the incidence of hip fracture was 1.6 percent and 1.0 percent in the placebo and treatment groups, respectively (RR, 0.6; 95% CI, 0.3 to 1.2). Low numbers of fracture events could potentially explain the poor precision of estimates in women age 70 to 79 years.

Raloxife ne

Subgroups of women, with and without a baseline vertebral fracture, did not different significantly in vertebral fracture outcomes, as reported in one article from the MORE study.²⁴²

Estrogen

Although we found no eligible evidence on estrogen, a recently updated review on hormone replacement therapy in primary care populations, unselected for osteoporosis or fracture risk, offers contextual information.²³⁵ The systematic review reported that some subgroup analyses indicated that time since menopause and age might modify the cardiovascular effects of hormone therapy. Younger women taking only estrogen had lower risks for myocardial infarction than older women relative to women using placebo. Younger women on estrogen only also had a reduced risk for all-cause mortality, whereas older women had an increased risk. Women who

initiated estrogen plus progestin therapy closer to menopause did not have the elevated risk for myocardial infarction that women experienced who had started this therapy more than 20 years after menopause.

Denosumab

One trial of 7,808 osteoporotic women between the ages of 60 and 90 years reported variations in benefits by age, baseline BMD, and the combination of age and baseline BMD. ²⁴³⁻²⁴⁵ The overall findings for the trial demonstrated effectiveness in reducing vertebral, nonvertebral, and hip fractures. ²³⁸ Subgroup analysis for age demonstrated no statistically significant differences by age, when comparing women less than age 75 with women age 75 years or older (2.0% vs. 6.5%; RR, 0.30 [95% CI, 0.22 to 0.41] vs. 0.36 [3.1% vs. 8.6%; 95% CI, 0.25 to 0.53]; p for test of interaction = 0.48). ²⁴³ Similarly, the trial demonstrated no statistically significant differences by baseline femoral neck T-score, when comparing those with T-scores at or lower than -2.5 with those with T-scores higher than -2.5 (3.1% vs. 9.9%; RR, 0.31 [95% CI, 0.22 to 0.44] vs. 1.9% vs. 5.6%; 0.34 [95% CI, 0.24 to 0.47]; p for test of interaction = 0.64). ²⁴³ The trial reported no statistically significant differences when comparing combined risk. ²⁴⁴

Parathyroid Hormone

The two eligible trials did not compare subgroups. However, one trial reported results in women without a baseline fracture and in women with a prior fracture.³⁶ Women on parathyroid hormone who had a prior fracture had a lower risk of new fractures (4.2% vs. 8.9%; RR, 0.47; [95% CI, 0.22 to 0.98]) than women on placebo, as did women without a prior fracture (0.7% vs. 2.1%; RR, 0.32 [95% CI, 0.14 to 0.75]).

Key Question 5. What Are the Harms Associated With Pharmacotherapy?

We present summary results in text below. **Appendix F** includes detailed evidence for alendronate (**Appendix F Table 16**), zoledronic acid (**Appendix F Table 17**), risedronate (**Appendix F Table 18**), etidronate (**Appendix F Table 19**), ibandronate (**Appendix F Table 20**), raloxifene (**Appendix F Table 21**), denosumab (**Appendix F Table 22**), and parathyroid hormone (**Appendix F Table 23**). **Appendix H** includes forest plots for meta-analyses.

Bisphosphonates: Overview of the Evidence

The 2010 review relied largely on systematic reviews to present evidence on harms.³ To ensure that we captured all relevant evidence, we relied on our searches, handsearches from included systematic reviews, particularly from a recent systematic review on the efficacy and effectiveness of drugs for osteoporosis.²²¹

Alendronate

Sixteen fair- and good-quality studies reported on harms: 14 studies in postmenopausal women^{199-204, 246-253} and 2 studies in combined populations of women and men.^{254, 255} We

excluded several studies that were included in previous reviews for wrong study population, ²¹⁵, ²⁵⁶⁻²⁶¹ wrong intervention, ²⁶² wrong comparator, ²⁶³⁻²⁶⁵ wrong outcome, ²⁶⁶ wrong setting, ²⁶⁷, ²⁶⁸ and wrong study design, ²⁶⁹ an older review that has been subsequently updated, ²⁷⁰ and high risk of bias. ²¹⁶, ²⁶⁵, ²⁷¹⁻²⁷³ Nine studies reported on discontinuations because of adverse effects. ¹⁹⁹⁻²⁰², ²⁰⁴, ²⁴⁶, ²⁵²⁻²⁵⁴ Five studies reported serious adverse effects. ²⁰², ²⁵⁰, ²⁵²⁻²⁵⁴ Death was reported as a harm in two studies. ²⁰⁰, ²⁵⁰ Several gastrointestinal (GI) events were reported, including abdominal pain, reflux, ulcers, and esophagitis. The most commonly reported across studies was any upper GI adverse events. ²⁰⁰, ²⁰², ²⁰⁴, ²⁵⁰⁻²⁵⁵ Three studies reported cardiovascular outcomes, including chest pain, ²⁴⁶ myocardial infarction, ²⁴⁹ and atrial fibrillation. ²⁴⁸

Zoledronic Acid

Four fair- or good-quality studies reported on harms: three studies in postmenopausal women^{217, 274, 275} and one in men.²¹⁸ We excluded several studies that were included in previous reviews for wrong study population,^{219, 220, 222, 276-280} wrong study design,²⁸¹ wrong comparator,²⁸² and an older review that has been subsequently updated.²⁷⁰

Only one study reported on discontinuation of zoledronic acid due to adverse events, ²¹⁷ while three studies reported serious adverse events. ²¹⁷, ²¹⁸, ²⁷⁵ Three studies reported on osteonecrosis of the jaw²¹⁸, ²⁷⁴, ²⁷⁵ and two on atrial fibrillation. ²⁷⁴, ²⁷⁵ Three studies examined myalgia and arthralgia. ²¹⁸, ²⁷⁴, ²⁷⁵

Risedronate

Six trials met eligibility criteria for harms. These include four trials previously described. ²²³⁻²²⁶ Two additional trials were also conducted among postmenopausal women, and we rated them as fair quality. ^{202, 283} One trial, conducted at multiple sites in Europe and Brazil, assessed 5 mg of risedronate for 3 months compared with placebo. ²⁰² Nearly half of the study population had prior fractures. The other trial assessed 5 mg of risedronate for 36 weeks, and was conducted in Japan. ²⁸³ Women with prevalent fracture were not excluded from this study and the mean number of prevalent fractures at baseline was 0.3 (standard deviation [SD], 0.8) in the placebo group and 0.2 (SD, 0.5) in the risedronate group.

Etidronate

Two fair-quality studies reported on harms (N=206).^{228, 229} Both reported on the rates of discontinuation and GI adverse events.^{228, 229} One trial reported on serious adverse events and infection as an adverse event.²²⁸

Ibandronate

Seven fair-quality studies of ibandronate reported on harms (N=2,115).²⁸⁴⁻²⁹⁰ All were conducted in postmenopausal women with no prior fractures^{285, 286, 289, 290} or with unknown prior fracture history.^{285, 287, 288} These studies differed in the menopausal categories of women enrolled: at least 1 year postmenopausal (two studies),^{284, 285} at least 3 years postmenopausal (one study),²⁸⁷ at least 5 years postmenopausal (two studies),^{288, 290} at least 10 years postmenopausal (one

study),²⁸⁶ and 1 to 10 years postmenopausal (one study).²⁸⁹ The mean baseline T-scores for the seven studies ranged from -3.2 to 1.03. The mean age of participants ranged between ages 54 and 67 years. Included trials evaluated varying dosages and time periods. One trial evaluated 50 to 150 mg monthly for 3 months,²⁸⁷ one evaluated 0.25 mg to 2.0 mg every 3 months over a 1-year period,²⁹⁰ and one evaluated daily dosages of 0.25 to 50 mg over a 1-year period. Four publications reported on studies that evaluated ibandronate over a 2-year period, including two trials that evaluated daily dosages of 0.5 to 2.5 mg,²⁸⁵, ²⁸⁸ one that evaluated intermittent dosages of 20 mg,²⁸⁸ one that evaluated weekly dosages of 5 to 20 mg,²⁸⁹ and one that evaluated monthly dosages of 150 mg.²⁸⁴ Six of the included trials were set in Europe²⁸⁴, ²⁸⁶⁻²⁹⁰ and one in the United States and Canada.²⁸⁵ Four trials²⁸⁴⁻²⁸⁷ reported on the discontinuation of participants by treatment group and two studies reported only the number of discontinuations overall.²⁸⁹, ²⁹⁰ Four trials²⁸⁴⁻²⁸⁷ reported on serious adverse events by treatment group and two studies reported only serious adverse events overall.²⁸⁹, ²⁹⁰ Six studies evaluated the risk of GI adverse events.²⁸⁵⁻²⁹⁰ Only one trial reported on infection;²⁸⁶ two reported on deaths.²⁸⁷, ²⁸⁸

Bisphosphonates: Findings

Discontinuations Due to Adverse Events

The 2010 review reported no differences in risk of discontinuation between study arms for any bisphosphonate drug. Our updated analysis of 20 trials and 17,369 participants found that the pooled risk was not significantly different for any individual drug or overall (RR, 0.99; 95% CI, 0.91 to 1.07; I², 0%) (**Appendix H Figure 25**). Alternate methods of pooling that account for the contribution of a single trial²⁰² to two arms yielded very similar results (11.5% vs. 11.8%; RR, 0.98; 95% CI, 0.89 to 1.08; I², 0%).

Serious Adverse Events

The 2010 review did not summarize the evidence on overall serious adverse events. Our pooled estimate of effect of 17 trials and 11,745 participants showed no statistically significant differences for any individual drug or overall (RR, 0.98; 95% CI, 0.92 to 1.04; I², 0%) (**Appendix H Figure 26**). Alternate methods of pooling that account for the contribution of a single trial²⁰² to two arms yielded identical results (21.0% vs. 23.4%; RR, 0.97; 95% CI, 0.89 to 1.07; I², 0%).

Gastrointestinal Adverse Events

The 2010 review reported a higher risk of mild upper GI events for etidronate and pamidronate than placebo but not for other drugs. The review noted a higher risk of esophageal ulceration for etidronate when including individuals without osteoporosis in the control group, but not otherwise; it also reported no differences in esophageal ulcerations for any other drug. Finally, it noted that the FDA has called for further research on the risk of esophageal adenocarcinoma.

Our updated analysis found that studies vary widely in the definition and reporting of GI adverse events. Some studies specify upper GI events overall, with no additional detail, whereas other studies provide details on individual complaints such as dyspepsia and abdominal pain. We

pooled 13 trials with 20,485 participants that reported upper GI events and found no differences for any individual drug or overall (RR, 1.01; 95% CI, 0.98 to 1.05; I², 0%) (**Appendix H Figure 27**). Alternate methods of pooling that account for the contribution of a single trial²⁰² to two arms yielded very similar results (35.3% vs. 35.6%; RR, 1.01; 95% CI, 0.98 to 1.05; I², 0%), as did an analysis that included a wider variety of outcomes in addition to upper GI events (all GI adverse events, abdominal pain, severe GI events, and esophagitis (RR, 1.02; 95% CI, 0.98 to 1.05; I², 0%). We found no differences by study arms in individual study reports of ulcers^{200, 202, 251, 254, 255} and no reports of esophageal adenocarcinoma.

Cardiovascular Events

The 2010 review noted no clear evidence of an association between bisphosphonate use and atrial fibrillation. Our review found one study of alendronate reporting a higher incidence of atrial fibrillation in women in the intervention arm, but the association was not statistically significant (2.5% vs. 2.2%; RR, 1.14 [95% CI, 0.83 to 1.56]),²⁴⁸ and one study of zoledronic acid in men with a similarly nonsignificant association but higher incidence of atrial fibrillation (1.2% vs. 0.8%; RR, 1.45; 95% CI, 0.46 to 4.56).²¹⁸ Two studies of women reported no cases of atrial fibrillation.^{274, 275} A case control study using a Danish registry studied the association of bisphosphonates and atrial fibrillation and reported a relative risk of 0.75 (95% CI, 0.49 to 1.16; 3.2% vs. 2.9%) for new users.²⁴⁷ Two ineligible systematic reviews^{291, 292} sought additional data from two sets of investigators not included in their published results.^{236, 293} Estimates of effect for both studies spanned the null (RR, 1.11, 95% CI, 0.69 to 1.90 for data from Karam et al and RR, 0.99, 95% CI, 0.45 to 2.16 for unpublished data from Leiwecki et al).

Osteonecrosis of the Jaw

The 2010 review noted that the FDA published a case series listing osteonecrosis of the jaw, but that most cases occurred in cancer patients. The 2010 review noted that the FIT found one case each in the active and placebo arms. In our update, three studies (one in men and two in women) reported that they found no cases of osteonecrosis of the jaw. ^{218, 274, 275} We also identified several additional studies of osteonecrosis of the jaw that did not meet our inclusion criteria; the study populations had a high proportion of subjects with prevalent vertebral fractures or secondary causes of osteoporosis. ^{278, 281, 282, 294-298}

A systematic review, which also did not meet our inclusion criteria because it included populations outside the purview of this report, reported a higher incidence of osteonecrosis of the jaw with intravenous bisphosphonates and with greater duration (these findings are not restricted to primary prevention populations only).²⁹⁹ The review noted, however, that the incidence of osteonecrosis of the jaw ranged between 1.04 and 69 per 100,000 patient-years for oral bisphosphonate and between 0 and 90 per 100,000 patient-years for intravenous bisphosphonates. The authors note that the incidence is marginally higher than the estimated incidence in the general population of <0.001 percent. In comparison, the authors note that the incidence in the oncology patient population ranges from 0 to 12,222 per 100,000 patient-years.

Atypical Fractures of the Femur

The FDA added a warning label to bisphosphonates regarding the potential risk of atypical femur fractures; the communication also noted the rarity of the condition (fewer than 1% of all hip and femur fractures), the lack of evidence establishing causality, and the fact that atypical femur fractures have been reported primarily in patients taking bisphosphonates. No included studies in our review reported atypical femur fracture outcomes. Although we identified several additional studies reporting on atypical femur fractures, they did not meet inclusion criteria (wrong population, 300, 301 wrong comparator, 302, 303 wrong intervention, 304 wrong design). 263

Two excluded systematic reviews, published in 2013³⁰² and 2015³⁰³ respectively, included a partially overlapping set of studies. Both reported an increased risk of atypical femur fractures, with odds ranging from 1.70 (95% CI, 1.22 to 2.37)³⁰² to 1.99 (95% CIs, 1.28 to 3.10).³⁰³ Both reviews reported very high heterogeneity (I² exceeding 80 percent), but only one review explored heterogeneity in greater detail.³⁰² Specifically, Gedmintas et al explored subgroup analyses by outcome definition and found a continued high risk with more restrictive and validated measurement of outcomes, but with varying precision and heterogeneity. These results suggest an increased risk for atypical femur fractures, but the extent and applicability of this risk to a primary prevention population is unclear.

Kidney Failure

The FDA added a warning label to Reclast (zoledronic acid) in 2011 to note contraindication in patients with creatinine clearance less than 35 mL/min or in patients with evidence of acute renal impairment.³⁰⁵ No included studies in our review reported kidney failure outcomes.

Raloxifene: Overview of the Evidence

As was true for benefits of raloxifene, harms reported in the 2010 review were based on results from two studies, the MORE and RUTH trials.³ We include findings from six studies, with only the MORE study reported in multiple articles.^{231, 232, 242, 246, 306-313} As noted previously, we do not include the RUTH trial as evidence because it did not meet our inclusion criterion that participants be at increased risk for fracture.

Raloxifene: Findings

Pooled estimates of women followed from 1 to 4 years found no increased risk of discontinuation of treatment because of adverse events (12.6% vs. 11.2%; RR, 1.12; 95% CI, 0.98 to 1.28; I², 0%, 6 trials, N=6,438) (**Appendix H Figure 28**). The pooled analysis suggests a higher rate of deep vein thromboses in the intervention arm (0.7% vs. 0.3%; RR, 2.14; 95% CI, 0.99 to 4.66; I², 0%, 3 trials, N=5,839) (**Appendix H Figure 29**). However, among these studies, the large MORE trial found an increased risk after 4 years (0.8% vs. 0.3%; RR, 2.52; 95% CI, 1.11 to 5.71), whereas the other two included studies were much smaller and followed women for only 2 years.^{307, 308} In contrast, the 2010 review found a statistically significant increase in thromboembolic events (RR, 1.60; 95% CI, 1.15 to 2.23). Similar to the 2010 review, we found no association between raloxifene and CHD, stroke, or endometrial cancer, an increased risk for

hot flashes, (11.2% vs. 7.6%; RR, 1.42; 95% CI, 1.22 to 1.66; I², 0%, 5 trials; N=6,249; **Appendix H Figure 30**) and no statistically significant increased risk of leg cramps (8.0% vs. 4.8%; RR, 1.41; 95% CI, 1.41; 0.92 to 2.14; I², 67%, 3 trials; N=6,000) (**Appendix H Figure 31**).

Estrogen

The 2010 review discussed the results of the WHI. As noted, the WHI did not meet inclusion criteria for our update. A recently completed review on the benefits and harms of estrogen therapy, with and without progestin, in primary care populations provides important contextual information. Compared with women on placebo, women on estrogen, over a 5-year followup, experienced a higher rate of gallbladder events, stroke, and venous thromboembolism. The risk for urinary incontinence was increased during a followup of 1 year. Compared with women on placebo, women on estrogen plus progestin were found to have a higher risk of invasive breast cancer, CHD, probable dementia, gallbladder events, stroke, and venous thromboembolism. The risk for urinary incontinence was increased during a followup of 1 year. Additionally, one high risk-of-bias safety trial compared an estrogen only arm with a placebo arm (N=193) and found no statistically significant differences in discontinuations attributable to adverse events (10% vs. 10%; RR, 0.98 [95% CI, 0.37 to 2.58]), serious adverse events (12% vs. 10%; RR, 1.19 [95% CI, 0.46 to 305]), or upper gastrointestinal events over 2 years (30% vs. 22%; RR, 1.37 [95% CI, 0.77 to 2.44]).

Denosumab: Overview of the Evidence

Four studies reported on harms.^{209, 236-239, 314} All were conducted in postmenopausal women with low bone mass or osteoporosis and were phase 2 or phase 3 studies for the FREEDOM trial.

Denosumab: Findings

Pooled estimates of effect from three trials with 8,451 participants suggest no differences in the rates of discontinuation due to adverse events (2.4% vs. 2.1%; RR, 1.14 [95% CI, 0.85 to 1.52]; I², 0%) (**Appendix H Figure 32**) or serious adverse events (23.8% vs. 23.9%; RR, 1.12; 95% CI, 0.88 to 1.44; I², 14.1%) (**Appendix H Figure 33**). Although treatment arms had higher rates of serious infections than control arms, confidence intervals for the pooled estimate were wide (4.0% vs. 3.3%; RR, 1.89; [95% CI, 0.61 to 5.91]; I², 40.09%) (**Appendix H Figure 34**). A Peto odds ratio estimate, to account for zero events in one trial, also resulted in an estimate of effect with wide confidence intervals (Peto odds: 2.12; 95% CI, 0.72 to 6.14). A detailed analysis of serious infections identified these differences as arising from a higher rate of cellulitis and erysipelas in the denosumab arm (RR, 14.96 [95% CI, 1.98 to 113.21]). 314 Two trials evaluated the risk of rash or eczema. Both reported a higher incidence in the treatment arm (RR for eczema, 1.81 [95% CI, 1.34 to 2.44; 3.0% vs. 1.7%]²³⁸ and rash, 2.82 [95% CI, 1.04 to 7.64; 8.5% vs. 3.0% |237). The studies reported wide confidence intervals spanning the null for GI events^{236, 237} and cardiac or cardiovascular events.^{236, 238} Although the large FREEDOM trial reported fewer deaths in the treatment arm, the difference in rates did not reach statistical significance (1.8% vs. 2.3%; RR, 0.78 [95% CI, 0.57 to 1.06]).²³⁸ One study reported no occurrences of osteonecrosis of the jaw events.²³⁹

Parathyroid Hormone: Overview of the Evidence

Two fair-quality studies^{36, 240} reported adverse events in women and men receiving parathyroid hormone compared to placebo. The TOP Study³⁶ was conducted in postmenopausal women receiving daily PTH injections for 18 months versus placebo. Another RCT²⁴⁰ was conducted among 437 men who were randomized to either placebo or one of two dosages of teriparatide (20 or 40 µg daily) for an average of 11 months (treatment ranged from <2 months to 15 months).

Parathyroid Hormone: Findings

Harms in Women

The TOP Study³⁶ reported adverse events and discontinuation of study participants in the treatment and placebo groups. Among 2,532 postmenopausal women, the treatment group had higher rates of discontinuation due to adverse events when compared with the placebo group (30.2% vs. 24.6%; RR, 1.22 [95% CI, 1.08 to 1.40]). Other reported adverse events, which were related largely to nausea and headache, were higher in the treatment group (22.6% vs. 9.1%; RR, 2.47 [95% CI, 2.02 to 3.03]).

Harms in Men

In an RCT among 437 men,²⁴⁰ both the 20-microgram and 40-microgram treatment groups had a higher proportion of withdrawals than the placebo group (9.2% vs. 12.9% vs. 4.8%). The risk of withdrawals was statistically significant higher in the 40-microgram treatment group than the placebo group (RR, 2.72 [95% CI, 1.17 to 6.3]), although the number of withdrawals was small among all three groups. Cancers were reported in two groups (3/147 in the placebo group and 3/151 in the 20- µg treatment group), but none was reported as osteosarcomas. Evidence on harms associated with PTH is limited due to sparse data from two RCTs and incomplete descriptions of the criteria for an adverse event and therefore, inconsistent reporting of adverse events.

Chapter 4. Discussion

This chapter begins with a summary of review findings for each key question (KQ); **Table 9** provides additional details. Our synthesis also addressed two contextual questions on the (1) different fracture risk thresholds for identifying patients for further evaluation or treatment and (2) the effectiveness of screening strategies using different ages to start and stop screening and screening intervals (see Methods for detailed contextual questions). The introduction chapter includes information on contextual question 1; we address contextual question 2 after the summary of findings for the various KQs in this chapter. Following those sections, we present limitations of the evidence and our update review, and then end with conclusions.

Summary of Review Findings

Effectiveness of Screening Approaches (Key Question 1)

One trial (SCOOP) addressed the gap identified in the 2010 review on the effectiveness of screening on morbidity and mortality associated with osteoporotic fracture risk. The trial found evidence of benefit for a secondary outcome only—the incidence of hip fractures. For all other outcomes (osteoporosis-related fractures, clinical fractures, and mortality), the trial did not report benefits. The discrepancy in results between the hip fracture outcomes and other outcomes, coupled with the lack of the significance of the primary outcome, points to the need for caution in interpreting the results. A few potential explanations include changes in usual care standards and the threshold used to identify those at risk. Identification and treatment in the usual care may have changed over time with the release of guidelines during the trial recruitment³¹⁵ and observation³¹⁶ periods, and as a result, differences between the intervention and usual care arms may have been diminished. SCOOP investigators also note that the use of the 10-year risk of hip fracture (rather than the risk of any major osteoporotic fracture) as the threshold for further intervention may have increased the likelihood of effectiveness of the screening in preventing hip rather than other fractures, given that risks of hip and other fractures are correlated but not identical⁷². The authors also note a potential bias toward selection of healthy participants. However, participants also had a higher risk of parental history of fractures than nonparticipants, and the effect of these differences in baseline characteristics on outcomes is unclear.

Women in the intervention arm received universal screening, whereas women in the usual care arm received risk-based identification and treatment. However, the factors described above (under-treatment, under-reporting, the absence of primary care guidelines at the start of the trial, and the release of guidelines during the trial) imply that usual care could have varied across facilities and may have changed somewhat over the period of the trial. These variations could explain the results of the SCOOP trial.

Results from studies that did not meet our quality or design criteria are consistent with the SCOOP trial in demonstrating reductions in hip fractures and no effects on major osteoporotic fractures, but confidence in these results is limited. Results from one high risk-of-bias RCT of 4,800 women ages 45 to 54 years in Aberdeen, Scotland, indicated no difference in the rate of

incident major osteoporotic fractures (MOF) (3.96% [47/1841] vs. 4.03% [50/1241]; RR, 1.00, 95% CI, 0.983 to 1.02)³¹⁷ but the study's attrition exceeded 40 percent.³¹⁷ A cohort study with a nonconcurrent control (which did not meet our design criteria), evaluated the effectiveness of screening for osteoporosis on reducing hip fractures in 3,107 women and men age 65 years or older.⁷⁸ This study was part of a nested study on bone density within the Cardiovascular Health Study. Participants in two of four counties were offered DXA screening while the remaining received usual care. The study reported an adjusted hazard of hip fracture of 0.64 (2.32% [33/1,422] vs. 4.09% [69/1,685]; 95% CI, 0.41 to 0.99) for the screened group compared with the usual care group.

Accuracy and Reliability of Screening Approaches (Key Question 2a)

Our findings are consistent with the 2010 review on this topic:³ Nelson et al concluded that the accuracy of screening approaches is moderate. We did not observe differences by sex; predictions of hip fractures were more accurate than prediction of fractures at other sites or composite fracture outcomes (i.e., major osteoporotic fractures).

Using centrally measured dual-energy X-ray absorptiometry (DXA) as the reference standard for identifying osteoporosis, the pooled estimate of accuracy as measured by the area under the curve (AUC) for clinical risk assessment instruments for women ranges from 0.65 to 0.76 and for men from 0.76 to 0.80. Studies of machine-based tests for screening to identify osteoporosis generally compared calcaneal quantitative ultrasound to central dual energy X-ray absorptiometry (DXA); pooled areas under the curve (AUCs) ranged from 0.77 for women to 0.80 for men.

Studies of machine-based tests to predict fractures used a variety of machine-based tests (areal bone mineral density [BMD] with central DXA, trabecular bone score, and quantitative ultrasound [QUS]) and did not show differences by sex, type of test, or age. For these tests, predictions of hip fractures had higher range of accuracy (AUC of 0.80 to 0.85) in eight of twelve studies than predictions of fractures at other sites (AUC, 0.54 to 0.77).

The evidence base for fracture risk prediction instruments is dominated by studies of Fracture Risk Assessment Tool (FRAX) but also includes studies of other prediction instruments. Instruments differ by the number of risks included but they commonly include age, sex (if developed for use with both sexes), weight or body mass index (BMI), and a variety of medical conditions or historical events (e.g., prior fracture or fall). Some of the evaluated instruments can incorporate BMD results into the risk prediction, most commonly BMD of the femoral neck. Pooled analysis of FRAX AUCs in men ranged from a low of 0.62 for predicting major osteoporotic fractures without the inclusion of BMD to a high of 0.76 for predicting hip fractures with BMD included. Pooled AUCs in women for FRAX similarly range from a low of 0.67 for predicting major osteoporotic fractures without the inclusion of BMD to a high of 0.79 for predicting hip fractures with BMD. Garvan, QFracture, and Fracture Risk Calculator were the only other instruments validated for use in men. We identified no published studies that met our eligibility criteria that assessed calibration of the U.S. version of FRAX or calibration of other risk assessment instruments in U.S. populations. Overall, the accuracy of clinical risk assessment tools for identifying osteoporosis or predicting fractures generally ranges from very poor (0.50)

to good (0.90). **Table 10** recapitulates results for the instruments for which we found evidence on the accuracy of identifying osteoporosis as well as the accuracy of predicting fractures. FRAX predicts fractures over a 10-year time horizon, though not all studies reported 10 complete years of participant followup for reporting accuracy. The other instrument (SCORE, ORAI, OSIRIS, OST) were not developed as fracture risk prediction instruments; the length of followup reported by studies who evaluated these instruments as risk prediction instruments ranged from 3 to 10 years.

Evidence to Determine Screening Intervals for Osteoporosis and Low Bone Density (Key Question 2b)

The 2010 review noted the paucity of evidence on this topic,³ with a single study indicating no advantage to repeated measures (8 years apart).¹⁹⁴ A second study, identified by our update, does not alter this conclusion: it also suggests similar accuracy in predicting fractures with repeat BMD (3.7 years apart) when compared with baseline BMD.¹⁹⁵ Both studies included participants with a wide spectrum of baseline BMD from normal to osteoporosis. However, three studies that developed prognostic models suggested that the optimal screening interval varies by baseline BMD.¹⁹⁶⁻¹⁹⁸ Age and hormone replacement therapy use also influence optimal screening intervals.^{196, 197}

Harms of Screening (Key Question 3)

One trial addresses the gap identified in the previous report on the harms of screening. The study found no evidence of harms on anxiety or quality of life.

Benefits of Pharmacotherapy (Key Question 4a)

Our findings about medications align with those of the 2010 review. For women, the risk of vertebral fractures can be reduced by bisphosphonates, parathyroid hormone, raloxifene, and denosumab. The risk of nonvertebral fractures can be reduced by bisphosphonates and denosumab. The risk of hip fractures can be reduced by denosumab (relative risk [RR]: 0.60). Two of three studies of bisphosphonates that reported hip fractures were not powered to detect effects on hip fractures; the pooled evidence did not demonstrate a statistically significant benefit. Evidence is very limited for men. The risk of morphometric vertebral fractures can be reduced by zoledronic acid (RR, 0.33).²¹⁸ One study, which was underpowered, found no statistically significant reductions in risk of clinical vertebral fractures or nonvertebral for men.²¹⁸ The study of parathyroid hormone in men also demonstrated a trend toward benefit in nonvertebral fractures, consistent with the finding in women, but was not statistically significant, possibly because it was stopped early.²⁴⁰ We found no studies reporting on hip fractures, fracture-related morbidity, or mortality.

Variation in Benefits of Pharmacotherapy in Subgroups (Key Question 4b)

One trial each offered further analyses on subgroups for alendronate, risedronate, raloxifene, denosumab, and parathyroid hormone. We found no evidence from included studies on differences in effectiveness by age, baseline BMD, prior fractures, or a combination of risk factors.

Harms of Pharmacotherapy (Key Question 5)

Although several trials reported on harms, they varied substantially in definitions. We found no consistent evidence of harms with bisphosphonates (discontinuation due to adverse events, serious adverse events, gastrointestinal events, and cardiovascular events). We found no bisphosphonate trials with reported cases of osteonecrosis of the jaw, atypical femur fractures, or kidney failure, although evidence from excluded studies of populations, designs, and comparators outside the purview of this review suggests a rare but increased risk with bisphosphonates for some harms. Specifically, raloxifene produced a higher risk of deep vein thrombosis (0.7% vs. 0.3%; pooled RR, 2.14; 95% confidence interval [CI], 0.99 to 4.66; I²=0%, 3 trials, N=5,839) and hot flashes (11.2% vs. 7.6%; pooled RR, 1.42; 95% CI, 1.22 to 1.66; I²=0%, 5 trials; N=6,249), but not discontinuations or leg cramps. One trial of parathyroid hormone reported a higher risk of discontinuation due to adverse events (29.7% vs. 24.6%; RR, 1.22; 95% CI, 1.08 to 1.40) for women; the trial in men did not report a higher risk of discontinuation. We found no statistically significantly increased of discontinuations, serious adverse events, or serious infections with denosumab. The evidence on harms in men was very limited—but consistent, when available—with harms for women.

Contextual Considerations

We addressed Contextual Question 1 in the introduction chapter, in the section on the use and accuracy of fracture risk instruments for identifying patients for further evaluation. Below we discuss Contextual Question 2 on the effectiveness of screening strategies using different ages to start and start screening and screening intervals.

Effectiveness of Screening Strategies Using Different Ages to Start and Stop Screening

Initiation of Screening: Women

Although the USPSTF and other guidelines recommend screening in average-risk women age 65 years or older, debate continues as to whether to recommend a standard age for mass screening. Studies suggest that mass screening and treatment of postmenopausal women under 60 years of age is likely to be very inefficient.^{3, 318} One study concluded that women with a negative screening between the ages of 50 and 64 years are unlikely to benefit from frequent screenings because the population is less likely to experience a fracture before age 65.¹⁹⁸ No studies have

examined the long-term benefits of early treatment initiation.³¹⁸ A modeling study examining the initiation of screening women at ages 55, 60, 65, 70, 75, and 80 years found that all screening strategies (e.g., DXA, prescreen with QUS before DXA; prescreened with Simple Calculated Osteoporosis Risk Estimation [SCORE] before DXA) were more effective than no screening in increasing quality-adjusted life-years (QALY).³¹⁹ No screening was more expensive and less effective than multiple screening strategies starting at age 65 or older. However, no single strategy emerged clearly as best at willingness-to-pay thresholds of \$50,000 per QALY or \$100,000 per QALY, suggesting that differences between strategies are likely to be small.

Initiation of Screening: Men

No standard osteoporosis screening schedules for average-risk men exist, ¹⁹⁶ leading to continued uncertainty about starting and stopping ages. A study ³²⁰ that examined the effectiveness of the DXA, Osteoporosis Self-Assessment Tool (OST), Vertebral Fracture Risk Assessment, and no screening found that all screening strategies, regardless of test used, screening initiation age (e.g., 50, 60, 70, or 80 years), or repeat screening interval (5 years or 10 years) were more effective than no screening in increasing QALYs. A study of community-dwelling 70-year old white men with no history of fractures found that selective DXA using an OST prescreen was most cost-effective relative to universal DXA screening at the lowest OST cutoff score of -2. Selective DXA using the OST was also more effective and less costly than no DXA screening among men age 84 or older. ³²¹

Discontinuation of Screening

Currently, no evidence examines the age to stop BMD testing and no guidelines recommend cessation of screening at a specific age for women or men. 318 Cost-effectiveness studies suggest benefits from continuing to screen women in older age groups. 322, 323 Using a Markov model with women ages 70 to 80 years, one study showed greater cost-effectiveness when screening all women compared with screening women with at least one risk factor. 322 Another modeling study found that universal DXA is more cost-effective with increasing age because the prevalence of low BMD (femoral neck T-score of <2.5 or less) increases substantially with age, as does associated fracture risk. 323

Effectiveness of Screening Strategies Using Different Screening Intervals

The effectiveness of using different screening intervals to identify osteoporosis was discussed under the results for KQ 2b.

Limitations and Future Research

Limitations

One eligible study addresses the direct question of the benefits and harms of screening for

osteoporotic fractures. Given the limited direct evidence, strong links along the indirect evidence pathway are necessary. A major constraint in ensuring these strong links is that the operational definitions of osteoporosis (i.e., BMD T-scores) and the resulting thresholds for screening and treatment that are established based on these definitions capture only one aspect of osteoporotic fracture risk. Although osteoporotic fractures can arise from loss of bone mass, microarchitectural deterioration of bone tissue and decline in bone quality also contribute to fracture risk and are not captured by BMD measurement. ²⁹ As a consequence, screening approaches that rely on BMD measurement wholly or in part may not be the most accurate approaches for predicting risk of osteoporotic fractures.

Another important limitation of this evidence base is that it focuses on one of many approaches to averting osteoporotic fractures. The task of screening for and subsequently treating low bone density is only one aspect of fracture prevention: preventing falls is another critical component^{24, 29, 324} and is addressed by another USPSTF recommendation.³²⁵ A comprehensive approach may rely on screening, counseling, medication, physical therapy, and other interventions to prevent falls and improve physical function in older adults.

Clinical risk assessment instruments that can potentially capture a wider array of factors beyond BMD measurement also have serious constraints on utility for treatment decisions. No trials thus far have established efficacy of treatment based on identifying risk using clinical risk assessment tools: individuals enrolled in treatment trials are typically enrolled on the basis of their BMD level, not on fracture risk.

In the absence of strong evidence linking screening approaches to fracture risk, uncertainties persist in understanding who requires screening and how often. In particular, evidence on effectiveness of screening and treatment by age, baseline BMD, and baseline fracture risk continues to be lacking. Long-term studies on harms continue to be lacking. Evidence is limited on the value of repeat BMD screening. These gaps are particularly evident for younger postmenopausal women. Few studies compare strategies^{57, 58, 113} in this age group. One study shows that a FRAX threshold of 9.3% for a 10-year major osteoporotic fracture performs no better than chance in identifying osteoporosis⁵⁷ and is inferior to OST and SCORE. All three performed poorly in predicting fractures.⁵⁸

Other limitations of the evidence base pertain to the underlying heterogeneity of included studies. Screening studies differ in the strictness of their inclusion criteria, particularly with regard to baseline fractures, baseline BMD, and prior treatment. They also differ in the length of followup and in their applicability to U.S. primary care populations. Studies of 10-year fracture risk did not always observe participants for 10 years. Further, most instruments were not calibrated for U.S. populations. The majority of both treatment and screening studies focused on women, and reported very limited results on the outcomes of screening and treatment in men. Some treatment studies included mixed populations of subjects with and without a history of prior osteoporotic fracture.

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Future Research

Identifying the optimal screening strategy to reduce osteoporotic fractures requires accounting for variations in patient baseline characteristics, multiple potential pathways into screening, and the multiple cascade of interventions that follow screening. Randomized controlled trials cannot fully address all these components, but decision analyses may offer some clarity. Decision analyses may also help frame a comprehensive approach to integrating multiple strategies relevant to preventing osteoporotic fractures beyond screening for osteoporotic risk, such as counseling and interventions for falls prevention and improvement in physical function.

Innovations in the measurement of bone quality that are followed by studies of implementation in and translation to primary care settings will help improve accuracy of screening approaches. Measurements of bone density other than central DXA require better evidence of accuracy and applicability in the context of treatments that target patients with centrally measured BMD. Evidence is lacking on the harms of screening, even for routine and widely available screening approaches.

Treatment trials focusing on or including men will help to fill gaps in our understanding of the benefits and harms of treatment in men. Notably, no randomized controlled trial of osteoporosis treatment in men has demonstrated reduction of hip fracture or clinical vertebral fractures. Evidence on an array of harms is not consistently available for long-term outcomes or for all medications.

Reanalyses of existing trials or new studies employing prospective observational data or fracture registries can help fill gaps on how treatment benefits and harms might vary by differences in baseline risk, including age and BMD status.

The evidence on optimal screening intervals is also scant. The present recommendation to repeat DXA screening at 2 years is based on the amount of time to observe a reliable change in BMD, although further research is necessary to determine the optimal interval of repeat screening associated with reduced fracture risk.

Ongoing and Unpublished Studies

An ongoing, pragmatic trial in the United Kingdom (U.K.) is randomizing more than 11,000 women ages 70 to 85 years to screening or usual care. Women in the screening arm will have a 10-year fracture risk calculated using FRAX based on information obtained through questionnaires. The investigators propose to compare the probability of a hip fracture with age-based BMD testing and osteoporosis treatment thresholds established from existing U.K. cost-effectiveness data. No further action will be taken for women below these thresholds in the treatment arm; women with fracture risks above these thresholds will be offered BMD testing, followed by recalculation of their fracture risk and treatment as needed. Women will be followed for 5 years. The study is powered to detect an 18 percent reduction in fractures.³²⁶

Additionally, a search of trial registries yielded information about several completed and ongoing trials that have yet to publish results, but these trials can be expected to expand the

evidence base on treatments (**Appendix G**). These include parathyroid hormone (3 trials, women, United States, N>90 [N not reported for 1 trial]), risedronate (2 trials, women, South Korea and United States, N=1,150), raloxifene (2 trials, women, multisite and United States respectively, N not reported), zoledronic acid (1 trial, women, United States, N=1000) and denosumab (1 trial, men and women, United States, N=212)

Conclusions

Evidence from one trial of screening to prevent osteoporotic fractures suggests a reduction in hip fractures. The accuracy of screening ranges from very poor to good. Treatments reduce the risk of vertebral and nonvertebral fractures in women, and studies do not consistently demonstrate an increased risk of harms for drugs. Studies of raloxifene suggest a trend toward higher risk of deep vein thrombosis. Rare harms, such as osteonecrosis of the jaw and atypical femur fractures were not reported in this body of evidence but they may occur. The evidence is limited or not available for other regimens and outcomes among the populations included in this review.

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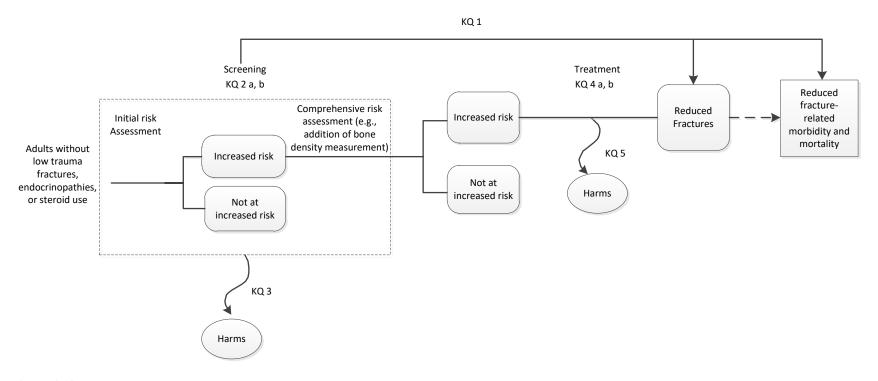
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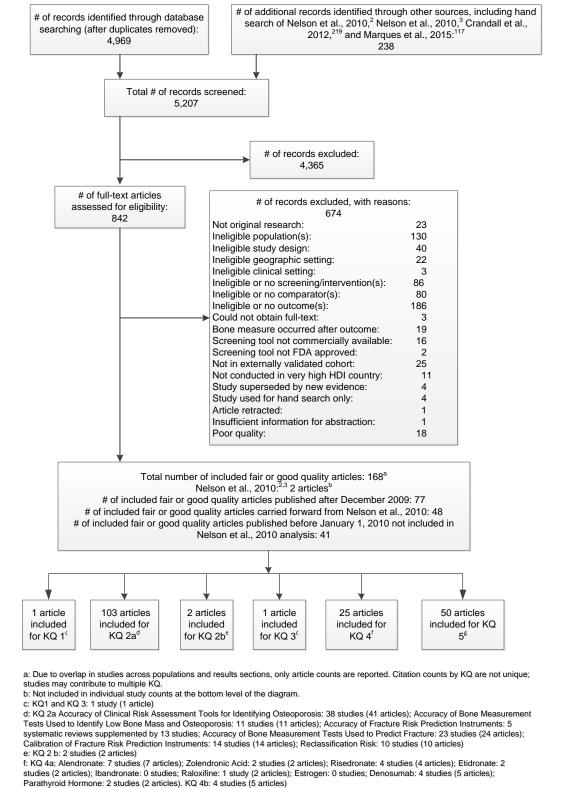
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Figure 1. Analytic Framework



Abbreviations: KQ=key question

Figure 2. PRISMA Tree



Abbreviations: FDA=Food and Drug Administration; HDI=human development index; KQ=key question.

g: Alendronate: 16 studies (16 articles); Zolendronic Acid: 4 studies (4 articles); Risedronate: 6 studies (6 articles); Etidronate: 2 studies (2 articles); Ibandronate: 7 studies (7 articles); Raloxifine: 6 studies (12 articles); Estrogen: 0 studies; Denosumab: 4 studies (5 articles);

FDA= Food and Drug Administration; HDI= human development index; KQ= key question

Parathyroid Hormone: 2 studies (2 articles)

Table 1. Recommendations About Screening and Treatment of Osteoporosis From Various Professional and Health Organizations

| Organization, Year | Population | Recommendations | | | | | | |
|--|--|--|--|--|--|--|--|--|
| AACE, 2016 ³²⁷ | Postmenopausal w omen | Evaluate all postmenopausal women age 50 years or older for osteoporosis risk Include a detailed history, physical exam, and clinical fracture risk assessment with FRAX in the initial evaluation for osteoporosis Consider BMD testing based on clinical fracture risk profile When BMD is measured, use DXA measurement (spine and hip) Osteoporosis should be diagnosed based on presence of fragility fractures in the absence of other metabolic bone disorders or a T-score of -2.5 or lower in the lumbar spine, femoral neck, total hip, and/or 33% (one-third) radius even in the absence of a prevalent fracture Osteoporosis may also be diagnosed in patients with osteopenia and increased fracture risk using FRAX country-specific threshold Evaluate for causes of secondary osteoporosis and prevalent vertebral fractures, consider using bone turnover markers Treatment for patients with Osteopenia or low bone mass and a history of fragility fracture of the hip or spine T-score of -2.5 or lower in the spine, femoral neck, total hip, or 33% radius T-score between -1.0 and -2.5 if the FRAX 10-year probability for major osteoporotic fracture is ≥20% or the 10-year probability of hip fracture is ≥3% in the United States or above the country-specific threshold in | | | | | | |
| AAFP, 2011 ³²⁸ | Postmenopausal w omen Men | other countries or regions Same recommendations as the 2011 USPSTF recommendations (recommended screening for osteoporosis in women age 65 years or older and in younger women whose fracture risk is equal to or greater than that of a 65-year old white woman who has no additional risk factors, insufficient evidence to assess the balance of benefits and harms of screening for osteoporosis in men) | | | | | | |
| ACOG, 2012 (reaffirmed in 2014) ³²⁹ | Women | 1. Recommend BMD testing by DXA: for all women age 65 years or older for younger women if they are postmenopausal and have other risk factors for fracture and/or a 10-year FRAX risk of fracture of ≥9.3% at intervals not more frequent than every 2 years 2. Recommend FDA-approved therapies for women with BMD diagnostic of osteoporosis or women with osteopenia and 10-year FRAX probability of major osteoporosis risk ≥20% or hip fracture risk ≥3% | | | | | | |
| ACPM, 2009 ³³⁰ | Women age 65 years or older Men age 70 years or older | Recommend BMD testing with DXA for all women age 65 years or older years and men age 70 years or older, and not more frequently than every 2 years Younger postmenopausal women and men ages 50–69 years should undergo screening if they have at least one major or two minor risk factors for osteoporosis Osteoporosis risk assessment tools that estimate absolute fracture risk can be useful supplements to BMD testing, improving the sensitivity and specificity of either approach (BMD or risk assessment) alone; risk assessment can also be used if BMD testing is not readily available or feasible | | | | | | |

Table 1. Recommendations About Screening and Treatment of Osteoporosis From Various Professional and Health Organizations

| Organization, Year | Population | Recommendations |
|---|---|--|
| ACR, 2016 ³³¹ | Asymptomatic BMD screening or individuals with established or clinically suspected low BMD, patients with T-scores less than -1.0 with additional risk factors, premenopausal females with risk factors, and males 20–50 years of age with risk | Rate appropriateness and relative radiation levels of various tests for identifying low bone density and fracture risk |
| Endooring | factors | Decomposed DMD testing by control DVA in |
| Endocrine Society, 2012 ³³² | Higher-risk men | Recommend BMD testing by central DXA in 1. men age 70 years or older 2. men ages 50–69 years w ith risk factors (e.g., low body w eight, prior fracture as an adult, smoking) |
| ISCD, 2015 ⁶⁵ | Men and postmenopausal w omen | Indications for BMD testing: w omen age 65 or older postmenopausal w omen under 65 years of age w ith risk factors for low bone mass w omen during the menopausal transition w ith clinical risk factors for fracture, such as low body w eight, prior fracture, or high-risk medication use men age 70 years or older men under 70 years of age w ith clinical risk factors for low bone mass adults w ith a fragility fracture adults w ith a disease or condition associated w ith low bone mass or bone loss adults taking medications associated w ith low bone mass or bone loss anyone being considered for pharmacologic therapy for osteoporosis anyone being treated for osteoporosis to monitor treatment effect anyone not receiving therapy in w hom evidence of bone loss w ould lead to treatment w omen discontinuing estrogen should be considered for bone density testing according to the indications listed above |
| NOF, 2014 ⁵ | Men age 50 or older and postmenopausal w omen | Recommend BMD testing with DXA for w omen age 65 years or older and men age 70 years or older postmenopausal w omen and men ages 50–69 years based on risk factor profile postmenopausal w omen and men age 50 years or older w ho have had an adult-age fracture Recommend pharmacologic treatment in those with T-scores <-2.5, in postmenopausal w omen and mean age 50 years or older w ith T-scores betw een -1.0 and -2.5 and a 10-year FRAX probability of major osteoporosis-related fracture ≥20% or hip fracture probability ≥3% |

Table 1. Recommendations About Screening and Treatment of Osteoporosis From Various Professional and Health Organizations

| Organization, Year | Population | Recommendations |
|---|---|---|
| NICE, 2012 ³³³ | Persons presenting in any health care setting | 1. Consider assessment of fracture risk: In all w omen age 65 years or older and all men age 75 years or older in w omen under 65 years of age and men under 75 years of age in the presence of risk factors, for example: a. previous fragility fracture b. current use or frequent recent use of oral or systemic glucocorticoids c. history of falls d. family history of hip fracture e. other causes of secondary osteoporosis f. low BMI (<18.5 kg/m²) g. smoking h. alcohol intake of more than 14 units per w eek for w omen and more than 21 units per w eek for men. 2. Do not routinely assess fracture risk in people under 50 years of age unless they have major risk factors (for example, current or frequent recent use of oral or systemic glucocorticoids, untreated premature menopause, or previous fragility fracture), because they are unlikely to be at high risk 3. Consider measuring BMD w ith DXA in people w hose absolute fracture risk (via FRAX or QFracture) is in the region of an intervention threshold for a proposed treatment, and recalculate FRAX w ith BMD |
| North American Menopause Society, 2010 ³³⁴ | Postmenopausal w omen | Value Measure height and weight annually and assess chronic back pain, kyphosis, and clinical risk factors Recommend BMD testing with DXA in postmenopausal women with medical causes of bone loss and all women age 65 years or older Recommend BMD testing with DXA for postmenopausal women age 50 years or older with risk factors of previous fracture, thinness, history of hip fracture in parent, current smoking, rheumatoid arthritis, or excessive alcohol intake Vertebral fracture must be confirmed by lateral spine radiographs or vertebral fracture assessment visualization of fracture at the time of BMD testing Recommendations of calcium intake of 1,200 mg/day for adults age 50 years or older, and vitamin D3 of 800 to 1,000 lU/day Recommend pharmacologic treatment in postmenopausal women who have had an osteoporotic vertebral or hip fracture, postmenopausal women who have BMD values consistent with osteoporosis (i.e., T-scores ≤-2.5) at the lumbar spine, femoral neck, or total hip region, and postmenopausal women who have a T-score from -1.0 to -2.5 and a 10-year risk, based on the FRAX calculator, of at least 20% for major osteoporotic fracture (spine, hip, shoulder, and wrist) or at least 3% for hip fracture Recommend repeating BMD testing 1-2 years after treatment For untreated postmenopausal women, repeat DXA testing is not useful until 2-5 years have passed Recommend SERM raloxifene for postmenopausal women with low bone mass or younger postmenopausal women with osteoporosis Recommend teriparatide (PTH 1-34) for postmenopausal women with osteoporosis Recommend teriparatide (PTH 1-34) for postmenopausal women with osteoporosis |

Table 1. Recommendations About Screening and Treatment of Osteoporosis From Various Professional and Health Organizations

| Organization, Year | Population | Recommendations |
|---|-----------------|--|
| | Men and women | Measure height annually and assess for vertebral fracture |
| Council of | older than | Assess history of falls |
| Osteoporosis Canada, 2010 ³³⁵ | 50 years of age | Perform biochemical testing in select patients to rule out secondary causes of osteoporosis |
| | | Perform lateral thoracic and lumbar spine radiography or DXA if clinical evidence suggests fracture |
| | | 5. Use the 2010 version of the Canadian Association of Radiologists and Osteoporosis Canada tool or Canadian version of FRAX to assess absolute risk of fracture; offer treatment to individuals with a 10-year risk of >20% for major osteoporotic fractures |
| UKNSC, 2013 ³³⁶ | Postmenopausal | Systematic population screening not recommended because no RCT has |
| | women | assessed the clinical and cost effectiveness of any current approach to screening for osteoporosis |
| WHO, 2008 ³³⁷ | Men and women | DXA and an assessment tool for case-finding high-risk individuals (FRAX) |
| | 40-90 years of | should be used to evaluate fracture risks for men and women. |
| | age | Recommend treatment with FDA-approved medication to lower risk in |
| | | three high-risk groups: |
| | | history of fracture of the hip or spine |
| | | 2. BMD in the osteoporosis range (T-score of -2.5 or low er) |
| | | BMD in the low bone mass or osteopenia range with a higher risk of fracture defined by FRAX score for |
| | | a. major osteoporotic fracture 10-year probability of 20% or higher OR |
| | | b. hip fracture 10-year probability 3% or higher |

Abbreviations: AACE=American Association of Clinical Endocrinologists; AAFP=American Association of Family Physicians; ACOG=American College of Obstetricians and Gynecologists; ACPM=American College of Preventive Medicine; ACR=American College of Radiology; BMD=bone mineral density; BMI=body mass index; DXA=dual-energy X-ray absorptiometry; FDA=U.S. Food and Drug Administration; FRAX=Fracture Risk Assessment Tool; ISCD=International Society of Clinical Densitometry; IU/day=international unit per day; NICE=National Institute for Health and Care Excellence; NOF=National Osteoporosis Foundation; PTH=parathyroid hormone; QFracture=third tool: Promising Developments in Osteoporosis Treatment; RCT=randomized controlled trial; SERM=selective estrogen-receptor modulator; T-score=number of units (standard deviations) that bone density is above or below the average; UKNSC=United Kingdom National Screening Committee; USPSTF=United States Preventive Services Task Force; WHO=World Health Organization.

Table 2. FRAX-Generated 10-Year Fracture Risk Probabilities by Age, Race, and Sex for U.S. Populations of Average Height and Weight

| | | Age 50, | Age 50, | Age 55, | Age 55, | Age 60, | Age 60, | Age 65, | Age 65. | Age 70, | Age 70, | Age 75, | Age 75, | Age 80, | Age 80, |
|--|------------------------|------------|------------|------------|------------|------------|------------|------------|------------|------------|------------|------------|------------|------------|------------|
| Race, Height, Weight | BMD | MOF | Hip |
| Causasian woman | Without BMD | 3.4 | 0.2 | 5.2 | 0.3 | 6.9 | 0.5 | 8.4 | 1 | 10 | 2 | 13 | 3.8 | 18 | 6.3 |
| Ages 50-55: height | With BMD T-score 0.0 | 3.4 | 0.1 | 5 | 0.1 | 6 | 0.1 | 6.5 | 0.2 | 6.9 | 0.3 | 7.3 | 0.6 | 8.6 | 1 |
| 163.8 cm, weight 76.1 kg | With BMD T-score -1.75 | 4.8 | 0.5 | 7.1 | 0.7 | 8.6 | 0.9 | 9.6 | 1.2 | 10 | 1.8 | 12 | 2.7 | 14 | 3.8 |
| Ages 60-80: height 160.3 cm, weight 73.9 kg | With BMD T-score -3.25 | 9.6 | 3.9 | 13 | 4.3 | 16 | 5.1 | 18 | 6 | 21 | 7.7 | 24 | 10 | 27 | 12 |
| Black woman | Without BMD | 1.3 | 0.1 | 2.1 | 0.1 | 2.9 | 0.2 | 3.5 | 0.4 | 4.3 | 0.8 | 5.5 | 1.5 | 7.6 | 2.5 |
| Ages 50-55: height | With BMD T-score 0.0 | 1.5 | 0 | 2.1 | 0 | 2.6 | 0.1 | 2.8 | 0.1 | 3 | 0.1 | 3.2 | 0.3 | 3.8 | 0.4 |
| 163.5 cm, weight 88.3 kg | With BMD T-score -1.75 | 2.1 | 0.2 | 3 | 0.3 | 3.8 | 0.4 | 4.2 | 0.5 | 4.6 | 0.7 | 5.2 | 1.1 | 6.5 | 1.6 |
| Ages 60-80: height 160. 6 cm, w eight 80.7 kg | With BMD T-score -3.25 | 4.2 | 1.6 | 5.7 | 1.8 | 7.1 | 2.2 | 8.2 | 2.6 | 9.4 | 3.3 | 11 | 4.3 | 13 | 5.2 |
| Causasian man | Without BMD | 2.6 | 0.1 | 3.7 | 0.2 | 4.5 | 0.3 | 4.9 | 0.6 | 5.6 | 1.1 | 6.5 | 2.1 | 8.4 | 3.5 |
| Ages 50-55: height | With BMD T-score 0.0 | 2.8 | 0.1 | 3.9 | 0.1 | 4.4 | 0.2 | 4.5 | 0.3 | 4.6 | 0.5 | 4.8 | 0.9 | 5.5 | 1.3 |
| 178.3 cm, weight 92.9 kg | With BMD T-score -1.75 | 4.6 | 0.8 | 6.2 | 1 | 7.2 | 1.3 | 7.6 | 1.6 | 8 | 2.1 | 8.4 | 2.9 | 9.4 | 3.7 |
| height 174.6 cm, weight 89.0 kg | With BMD T-score -3.25 | 10 | 5.5 | 13 | 6.1 | 14 | 6.3 | 15 | 6.7 | 16 | 7.4 | 16 | 8.5 | 17 | 9.1 |
| Black man | Without BMD | 1.1 | 0 | 1.5 | 0.14 | 1.9 | 0.1 | 2.1 | 0.3 | 2.3 | 0.5 | 2.8 | 0.9 | 3.7 | 1.5 |
| Ages 50-55: height | With BMD T-score 0.0 | 1.2 | 0 | 1.6 | 0.1 | 1.9 | 0.1 | 1.9 | 0.1 | 1.9 | 0.2 | 2 | 0.4 | 2.4 | 0.6 |
| 176.7 cm, w eight 92.1 kg | With BMD T-score -1.75 | 2.4 | 0.4 | 2.6 | 0.4 | 3 | 0.5 | 3.1 | 0.7 | 3.3 | 0.9 | 3.5 | 1.2 | 4.1 | 1.6 |
| Ages 60-80: height 174.4 cm, weight 87.8 kg | With BMD T-score -3.25 | 4.5 | 2.4 | 5.5 | 2.6 | 6.1 | 2.6 | 6.3 | 2.7 | 6.5 | 3 | 6.9 | 3.5 | 7.6 | 3.9 |

Abbreviations: BMD=bone mineral density; FRAX=Fracture Risk Assessment Tool; MOF=major osteoporotic fracture; U.S.=United States.

Table 3. Characteristics and Accuracy of Clinical Risk Assessment Tools in Identifying Osteoporosis

| Instrument | Mean Age | Sex | Race/ethnicity | Clinical and Geographic Setting | Components | Pooled AUC (95% CI) or Range of AUCs; ^a No. of Studies; No. of Participants | No. of Studies; | Threshold, b Range of Specificity; No. of Studies; No. of Participants | Threshold, b Range of Positive Predictive Values; No. of Studies; No. of Participants | Threshold, ^b Range of Negative Predictive Values; No. of Studies; No. of Participants |
|--|----------------|-----------------|---|---|---|--|--------------------------------------|--|--|--|
| ABONE ^{82, 86} | 66. to 68.4 | All w omen | White and Chinese | General population; Canada Singapore | Age, body size, no estrogen use for at least 6 months | 2; 2,500 | ≥2: 83.3 (78.5-88.0); 1; 2,365 | ≥2: 47.7 (45.6-49.8); 1; 2,365 | Not reported | Not reported |
| AMMEB ^{88, 89} | 65 | All w omen | NR | General practices; Italy | Age, BMI, age at menarche, postmenopausal period | 0.63 to 0.71; 2; 1,520 | | NR | NR | NR |
| DOEScore ¹⁰³ | 70.5 | All women | 98.6% Caucasian; 1.4% Aboriginal (overall cohort, NR for included sample) | Population- based cohort; Dubbo, Australia | Age, body w eight, and history of fracture | Any site: 0.75 (95% Cl, 0.691 to 0.809); 1; 410 | >10: 82% (NR); 1; 410 | >10: 52% (NR); 1; 410 | NR | >10: 55% (NR); 1; 410 |
| FRAX without BMD for 10-year risk of hip fracure ⁹⁴ | 61 | All w omen | 100% Caucasian | General practice, Spain | Age, race, rheumatoid arthritis, history of prior fracture, medication use, smoking, alcohol intake, and parental history of hip fracture | Any site: 0.82 (NR); 1; 505 | NR | NR | NR | NR |
| FRAX without BMD for 10-year risk of hip fracure ¹⁰⁶ | 78.2 | 45.1% w omen | Not reported | General practice; Australia | Age, race, rheumatoid arthritis, history of prior fracture, medication use, smoking, alcohol intake, and parental history of hip fracture | | 92.2 (NR); 1; | 37.7 (NR); 1; | Hip≥3% 17.1 (NR); 1; 626 | Hip≥3% 97.1 (NR); 1; 626 |

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Table 3. Characteristics and Accuracy of Clinical Risk Assessment Tools in Identifying Osteoporosis

| Instrument | Mean Age | Sex | Race/ethnicity | Clinical and Geographic Setting | Components | Pooled AUC (95% CI) or Range of AUCs; ^a No. of Studies; No. of Participants | No. of Studies; Participants | Studies; No. of Participants | | Threshold, ^b Range of Negative Predictive Values; No. of Studies; No. of Participants |
|---|---------------|-----------------|---|---|--|--|--|--|--------------------------------------|--|
| FRAX w ithout BMD for 10-year risk of major osteoporotic fracure ^{56, 57, 94, 113} | 57 to 57.7 | All women | 72% w hite, 17% black, 8% Hispanic in one study ⁵⁷ ; 97%–100% w hite in 2 studies; ^{56, 94} NR ¹¹³ | General practice; USA, Spain; Population- based cohort, Canada | of prior fracture, medication use, smoking, alcohol intake, and parental history of hip fracture | specified as ≥9.3% risk ^{56,57} tw o did not specify ¹¹³ ; 4; 22,141 | 33.3% to 37%; 2; 3,321 | MOF ≥9.3% Ranges from 74% to 86.4% (85.1–87.7); 2; 3,321 | (10.4–17.0); 1; 2,857 | Not reported |
| FRAX w ithout BMD for 10-year risk of major osteoporotic fracure ¹¹⁴ | 64.2 | All men | 88.5% w hite, 8.5% black, 2.9% Mexican- American | Community- based sample, USA | | 0.79 (95% Cl, 0.74 to 0.84); 1; 1,498 | FRAX MOF risk ≥9.3% 39% (27-51); 1; 1,498 | FRAX MOF risk ≥9.3% 89% (87-91); 1; 1,498 | FRAX MOF risk ≥9.3% 14% (9-20) | FRAX MOF risk ≥9.3% 97% (96-98) |
| FRAX without BMD for 10-year risk of major osteoporotic fracure ¹⁰⁶ | 78.2 | 45.1% w omen | Not reported | General practice; Australia | Age, race, rheumatoid arthritis, history of prior fracture, medication use, smoking, alcohol intake, and parental history of hip fracture | Any site: 0.68 (95% CI, 0.63 to 0.74); 1; 626 | 626 | MOF≥6.5% 35 (NR); 1; 626 | 16.8 (NR); 1; 626 | 626 |
| Gnudi et al, 2005 ⁹¹ | 64.3 | All w omen | 100% w hite | Women requiring a DXA scan at "a center," Italy | Age at menarche, w eight, years since menopause, previous fracture, w eight, fracture in subject's mother, arm help to get up from sitting | Any site: 0.74 (95% CI, 0.70 to 0.79); 1; 478 | Predicted probability of low BMD at 0.132°: 95.5%; 1; 478 | Predicted probability of low BMD at 0.132°: 27.7%; 1; 478 | low BMD at 0.132 ^c ; | Predicted probability of low BMD at 0.132 ^c : 43.9%;1; 478 |

Table 3. Characteristics and Accuracy of Clinical Risk Assessment Tools in Identifying Osteoporosis

| Instrument | Mean Age | Sex | Race/ethnicity | Clinical and Geographic Setting | Components | Pooled AUC (95% CI) or Range of AUCs; ^a No. of Studies; No. of Participants | Threshold, ^b Range of Sensitivity; No. of Studies; Participants | Specificity; No. of Studies; No. of Participants | | Range of Negative Predictive Values; No. of Studies; No. of Participants |
|-------------------------------|-----------------|---------|--|---------------------------------------|------------|--|---|--|--|--|
| | 60.9 to 68.4 | All men | Caucasian and African-American subgroups | | | Femoral neck: Age-weight model: Caucasian 0.81 (95% Cl, 0.69 to 0.92); 1; 197 African- American ^e 0.99 (95% Cl, 0.98 to 1.01); 1; 134 | model <9 Caucasian 85%; 1; 197 African- American ^e 93%; 1; 134 | Age-w eight model <9 Caucasian 58%; 1; 197 African- American ^e 79%; 1; 134 | Age-w eight model <9 Caucasian 18%; 1; 197 African- American ^e 34%; 1; 134 | Age-w eight model <9 Caucasian 97%; 1; 197 African- American ^e 99%; 1; 134 |
| | | | | | | model Caucasian 0.84 (95% Cl, 0.74 to 0.95); 1; 197 NR for African- | model<9 Caucasian 88%; 1; 197 NR for African- | 5-variable model<9 Caucasian 57%; 1; 197 NR for African- American | model<9 Caucasian 16%; 1; 197 NR for | 5-variable model<9 Caucasian 98%; 1; 197 NR for African- American |
| MORES ^{85, 110, 115} | 63 to 70.2 | All men | NR | | | Pooled AUC (total hip or hip in combination with other measures) ^d : 0.80 (95% Cl, 0.71 to 0.88); 3; 4,828 | | ≥6: 61-70%; 3; 4,828 | ≥6 (hip) 10-11%, 2; 1,844 | ≥6 (hip) 99-100%; 2; 1,844 |

Table 3. Characteristics and Accuracy of Clinical Risk Assessment Tools in Identifying Osteoporosis

| Instrument | Mean Age | Sex | Race/ethnicity | Clinical and Geographic Setting | Components | | No. of Studies; Participants | Threshold, b Range of Specificity; No. of Studies; No. of Participants | | Range of Negative Predictive Values; No. of Studies; No. of Participants |
|--|-----------------|---------------|---|---|--|---|------------------------------------|--|--------------------|--|
| MOST ⁹⁷ | 65 and older | | 71% Caucasian 29% Chinese | Cohort of community- dw elling, ambulatory men; US and Hong Kong | QUI, body weight | Any site: 0.80 (95% Cl, 0.78 to 0.82), 1; 4,658 Hong Kong Any site: 0.83 (95% Cl, 0.80 to 0.86); 1; 1,914 | NR | NR | NR | NR |
| NOF guidelines ^{82,} 88, 89, 100 | 57.3 to 69.2 | All w omen | Predominantly w hite | studies general population or general practice; USA Canada | Age, w eight, personal history of fracture w ith minimal trauma >40 years, family history of fracture, current cigarette smoking | | 96-100% | ≥1: 10-18%; 2; 2,567 | ≥1: 37%; 2; 202 | ≥1: 100%; 2; 202 |
| ORA 79, 80, 82-84, 86-90, 92-94, 99, 100, 103, 109 | 50.5 to 70.5 | All w omen | White participants in majority of studies | | Age, w eight in pounds, current estrogen use | for any site: | ≥9: 50-100%; 9; 7,830 | ≥9: 10-75%; 9 7,830 | 20-98%; 4; | ≥9: 25-94%; 4; 3,079 |

Table 3. Characteristics and Accuracy of Clinical Risk Assessment Tools in Identifying Osteoporosis

| Instrument | Mean Age | Sex | Race/ethnicity | Clinical and Geographic Setting | Components | Pooled AUC (95% CI) or Range of AUCs; ^a No. of Studies; No. of Participants | Threshold, ^b Range of Sensitivity; No. of Studies; Participants | Specificity; No. of Studies; No. of | Threshold, b Range of Positive Predictive Values; No. of Studies; No. of Participants | Threshold, ^b Range of Negative Predictive Values; No. of Studies; No. of Participants |
|--|-----------------|---------------|----------------------------|--|--|---|--|--|--|--|
| OSIRIS ⁷² , 80, 87, 93, 94, 99 | 54.1 to 61.5 | All women | Predominantly Causasian | | Age, weight, HRT use, history of low trauma fracture | Pooled AUC (any site): 0.68 (95% CI 0.64 to 0.72) 5; 5,649 | | <1: 69%; 1; 4,035 | <1: 50%; 2; 2,701 | <1: 80%; 2; 2,701 |
| OST ^{77,} 97, 98, 108, 111, | 64 to 68 | All men | Predominantly Caucasian | 4 clinic-based, 2 community- based; 5 in US and 1 in Portugal | Age and weight | Pooled AUC (any site or | <2: 61.8% to 87.6%; 5; 5,366 | <2: 36.1 to 74%; 5; 5,366 | <2: 9.7 to 38%; 5; 5,366 | <2: 89.2 to 9%; 5; 5,366 |
| OST57, 83, 87-90, 92- 94, 99, 101, 10272, 80, 109, 113 | 51 to 62 | All w omen | Predominantly Caucasian | 9 clinic-based and 6 community based; 3 in US, 4 in Canada, 8 in Northern/ Western Europe | | Pooled AUC (any site): 0.65 (95% Cl, 0.60 to 0.69); 13; 44,323; w ithout outlier, ^{88, 89} pooled AUC: 0.71, 95% Cl, 0.70 to 0.72; 11; 42,802 | 95.3% | < 2: 34% to 71%; 11; 42,802 | <2: 2% to 41%; 4; 9,566 | <2: 86% to 100%; 3; 6,709 |
| OST ¹⁰⁶ | 78 | 45.1% men | Predominantly Caucasian | Clinic-based, Australia | Age and weight | | ≤0: 90.9% | ≤0: 39.9% | ≤0: 17.5% | ≤0: 96.9% |
| OSTA ^{96, 98, 104} | 63.4 to 54 | All men | Asian | Community- based, Hong Kong and S. Korea | Age and weight | Any site: AUCs range from 0.627 to 0.72; 2; 1,911 | study, no common cutoff | Varies by study, no common cutoff | Varies by study, no common cutoff | Varies by study, no common cutoff |
| OSTA 86, 89, 95, 103, 104, 107 | 59.1 to 70.5 | All women | Caucasian and Asian | 1 clinic-based and 4 community- based studies; Australia, Singapore, Hong Kong, South Korea | | | | ≤-1: 24% to 67.1%; 5; 3,414 | ≤-1: 24% to 49.4%; 3; 2,557 | ≤-1: 87% to 98%; 2; 2,147 |

Table 3. Characteristics and Accuracy of Clinical Risk Assessment Tools in Identifying Osteoporosis

| Instrument | Mean Age | Sex | Race/ethnicity | Clinical and Geographic Setting | Components | Pooled AUC (95% CI) or Range of AUCs; ^a No. of Studies; No. of Participants | Threshold, ^b Range of Sensitivity; No. of Studies; | Threshold, b Range of Specificity; No. of Studies; No. of Participants | Threshold, b Range of Positive Predictive Values; No. of Studies; No. of Participants | Range of Negative Predictive Values; No. of Studies; No. of |
|--|-----------------|---------------|-------------------------|---|--|--|---|--|--|--|
| SCORE ^{57, 79-82, 84, 86, 87, 90, 93, 94, 100, 109} | 57.7 to 69.2 | All w omen | Predominantly w hite | 7 community-based US: 4; UK: 2; Spain: 1; Singapore: 1; Belgium: 1; Denmark: 1; Canada: 1 | Age, w eight, and estrogen replacement therapy, the SCORE instrument includes race/ethnicity, history of rheumatoid arthritis, and history of nontraumatic fractures after | (any site): 0.70 | 54% to | ≥6: 17.9% to 72%; 6; 7,455 | ≥6: 89.1% to 100%; 3; 4,440 | ≥6: 19% to 41%; 3 studies; 4,440 |

Table 3. Characteristics and Accuracy of Clinical Risk Assessment Tools in Identifying Osteoporosis

| ln o trum o mt | Mean | Sov | Page/othricit. | Clinical and Geographic | Components | Pooled AUC (95% CI) or Range of AUCs; ^a No. of Studies; No. of | No. of Studies; | Threshold, b Range of Specificity; No. of Studies; No. of | Threshold, b Range of Positive Predictive Values; No. of Studies; No. of | Range of Negative Predictive Values; No. of Studies; No. of |
|---------------------------------|-----------------|------------|-----------------------------|----------------------------|---------------------------------------|--|--------------------|--|--|--|
| Instrument SOF ⁸¹ | Age 69.3 | Sex All | Race/ethnicity 93.5% w hite | Setting OPRA study, | Components Prior fracture after | | | Participants | | Participants NR |
| SOF | 69.3 | | 93.5% White | | | | | ≥ 5: 76.0 (63.5, | INK | INK |
| | | women | | | age 50; age 60-64 w ith t-score <-2.5 | | | | | |
| | | | | | or age 65 or older | 410 | 36.0), 1, 410 | 88.6); 1; 416 | | |
| | | | | | w ith | | | | | |
| | | | | | z-score <-0.43; | | | | | |
| | | | | | and 5 or more risk | | | | | |
| | | | | | factors | | | | | |
| | | | | | (first-degree | | | | | |
| | | | | | relative with hip | | | | | |
| | | | | | fracture, current | | | | | |
| | | | | | w eight less than at | | | | | |
| | | | | | age 25, dementia, | | | | | |
| | | | | | using | | | | | |
| | | | | | corticosteroids or | | | | | |
| | | | | | seizure medication | | | | | |
| | | | | | or | | | | | |
| | | | | | benzodiazepines, | | | | | |
| | | | | | had a fracture | | | | | |
| | | | | | age 50+, not | | | | | |
| | | | | | taking HRT, on | | | | | |
| | | | | | feet <4 h/day, | | | | | |
| | | | | | heart rate | | | | | |
| | | | | | >80 beats/min, w as >5′7 at | | | | | |
| | | | | | age 25, 80+ years | | | | | |
| | | | | | old; subtract | | | | | |
| | | | | | 1 point each for | | | | | |
| | | | | | race (African | | | | | |
| | | | | | American); walk | | | | | |
| | | | | | for exercise; can | | | | | |
| | | | | | rise from chair | | | | | |
| | | | | | w ithout arms | | | | | |

Table 3. Characteristics and Accuracy of Clinical Risk Assessment Tools in Identifying Osteoporosis

| Instrument | Mean Age | Sex | Race/ethnicity | Clinical and Geographic Setting | Components | Pooled AUC (95% CI) or Range of AUCs; ^a No. of Studies; No. of Participants | Threshold, ^b Range of Sensitivity; | Specificity; No. of Studies; No. of | Range of Positive Predictive Values; No. of Studies; No. of | Threshold, ^b Range of Negative Predictive Values; No. of Studies; No. of Participants |
|--------------------------------|-----------------|---------------|----------------|---------------------------------------|--|--|---|--|--|--|
| SOFSURF ^{87, 90, 103} | 59.7 to 70.5 | All w omen | Mostly white | based cohort; Dubbo, Australia | Age, w eight, smoking and history of postmenopausal fracture | 00 400 | study, no common | Varies by study, no common cutoff | study, no common | Varies by study, no common cutoff |

^a Presented for any site when available (femoral neck, lumbar spine, total hip); if not available, presented for femoral neck.

Abbreviations: ABONE=assessing age, body size, and estrogen use; AMMEB=Age, years after Menopause, age at MEnarche, Body mass index; AUC=area under the curve; BMD=bone mineral density; BMI=body mass index; CI=confidence interval; COPD=chronic obstructive pulmonary disease; DOEScore=Dubbo Osteoporosis Epidemiology Score; DXA=Dual-energy X-ray absorptiometry; FN=Femoral neck; FRAX=Fracture Risk Assessment tool; HRT=hormone replacement therapy; MOF=Melton Osteoporotic Fracture study; MORE=Multiple Outcomes of Raloxifene Trial; MOST=Male Osteoporosis Screening Tool; NOF=National Osteoporosis Foundation; NR=not reported; OPRA=osteoporosis population-based risk assessment; ORAI=Osteoporosis Risk Assessment Instrument; OSIRIS=Osteoporosis Index of Risk; OST=osteoporosis self-assessment tool; OSTA=Osteoporosis Self-assessment Tool for Asians; QUI=ultrasound index; SCORE=Simple Calculated Osteoporosis Risk Estimation Tool; SE=standard error; SOF=Study of Osteoporotic Fractures; SOFSURF=Study of Osteoporotic Fractures Simple Useful Risk Factors; UK=United Kingdom; US=United States; USA=United States of America.

^b Sensitivity, specificity, NPV, and PPV presented for the most commonly reported threshold across studies.

^c Study presents multiple predicted probabilities of low BMD; the study notes that the threshold offered the highest number of DXA-deferred cases and the lowest number of low-BMD missed cases.

d Studies present results for three different sites of BMD measurement: total hip, 110 total hip or femoral neck, 85 or thoracic vertebra, lumbar vertebra, arms, ribs, pelvis, or legs. 115

^e The African-American sample includes data from 95 new subjects and 39 subjects from development cohort and is therefore not a pure validation cohort.

Table 4. Characteristics and Accuracy of Machine-Based Tests in Identifying Osteoporosis

| Imaging Test | Site of Test | Sex | Age Range (Years) | Gold Standard Test | Site of Gold Standard | Number of Studies | Number of Participants | Summary of Accuracy |
|-------------------|-------------------------|-------|-------------------------------|-----------------------|--|------------------------------|---------------------------|---|
| QUS | Calcaneus | | Mean age ranges from 59–63 | DXA ≤-2.5 | Lumbar spine, femoral, or total hip | 787, 93, 95, 101, 116-118 | 1,969 | AUCs range from 0.69 to 0.898, pooled estimate: 0.77 (95% Cl, 0.72 to 0.81) |
| QUS | Calcaneus | | Mean age ranges from 61–63 | DXA ≤-2.5 | Lumbar spine, femoral, or total hip | 396, 97, 111 | | AUCs vary from 0.696 to 0.93, pooled estimate: 0.80 (95% Cl, 0.67 to 0.94) |
| Peripheral DXA | Calcaneus | | 61 (SD ranges from 4 to 8) | DXA | Lumbar spine, femoral, or total hip | 2 ^{93, 94} | 712 | AUC ranges from 0.67 to 0.803 (variance NR) |
| DXR | Nondominant metacarpals | Women | 61 (range 50–75) | DXA | Lumbar spine or total hip | 1 ¹¹⁶ | 221 | AUC: 0.84 (95% Cl, 0.79 to 0.89) |
| RA | Nondominant phalanges | Women | 61 (range 50–75) | DXA | Lumbar spine or total hip | 1 ¹¹⁶ | 221 | AUC: 0.80 (95% Cl, 0.74 to 0.85) |

Abbre viations: AUC=area under the curve; CI=confidence interval; DXA=dual energy X-ray absorptiometry; DXR=digital X-ray radiogrammetry; NR=not reported; QUS=quantitative ultrasound; RA=radiographic absorptiometry; SD=standard deviation; SE=standard error.

Table 5. Characteristics and Accuracy of Fracture Risk Prediction Models in Predicting Fracture^a

| Risk Prediction | | Bone Tests | | Age Range | Prediction Time | | | Countries Covered by |
|----------------------|---|---------------|-------------------|--------------|--------------------|--|---|--|
| Tool | Risks Included | | Sex | (Years) | (Years) | AUC without BMDb | AUC with BMDb | Included Studies |
| FRAX ^{®c32} | fracture, parental hip fracture, current smoking, glucocorticoid steroid use, | | Men and w omen | 40 to 90 | 10° | <u>Men</u> <u>MOF</u> : 0.62 (95% Cl, 0.61 to 0.64, l^2 =40.5%, 3 studies, 13,970 men) ^{123, 174, 338} <i>Hip</i> : 0.73 (95% Cl, 0.68 to 0.77, l^2 =96.7%, 3 studies, 13,970 men) ^{123, 174, 338} | $\underline{\underline{Men}}$ $\underline{\underline{MOF}}$: 0.67 (95% Cl, 0.66 to 0.68, l^2 =0%, 4 studies, 15,842 men) ^{123, 132, 174, 338} $\underline{\underline{Hip}}$: 0.76 (95% Cl, 0.72 to 0.80, l^2 =96.7%, 3 studies, 13,970 men) ^{123, 174, 338} | <u>Men</u> Canada, Denmark, U.S., Japan |
| | rheumatoid arthritis, secondary osteoporosis, alcohol use | | | | | Women MOF: 0.67 (95% Cl, 0.65 to 0.68, l^2 =99.2%, 17 studies, 158,897 women) ^{58, 123-126, 128, 133, 171-174, 176-178, 184, 339, 340 Hip: 0.76 (95% Cl, 0.72 to 0.81, l^2=99.8%, 12 studies, 190,795 women)^{123, 125, 133, 170, 171, 174, 176-178, 184, 187, 340}} | Women MOF: 0.70 (95% Cl, 0.68 to 0.71, l^2 =92.1%, 12 studies, 62,054 w omen) ^{123-126, 171, 172, 174-178, 339} Hip: 0.79 (95% Cl, 0.76 to 0.81, l^2 =99.1%, 10 studies, 161,984 w omen) ^{123-125, 170, 171, 174, 176-178, 187} | Women Australia, Canada, Denmark (2), Finland, France (2), Hong Kong, Japan, Multinational European and U.S. Cohort, Netherlands, New Zealand, Spain (3), U.S. (4) |
| | | | | | | Both Sexes MOF: 0.67 (95% Cl, 0.66 to 0.67, β=47.1%, 3 studies, 66,777) ^{127, 147, 148} Hip: 0.77 (95% Cl, 0.73 to 0.79, 6,697 participants) ¹⁴⁷ 0.79 (95% Cl, 0.78 to 0.82, 39,603 participants) ¹⁴⁸ | Both Sexes MOF: 0.69 (95% Cl, 0.69 to 0.70, β=70.3%, 3 studies, 66,777) ^{127, 147, 148} Hip: 0.80 (95% Cl, 0.77 to 0.83, 6,697 participants) ¹⁴⁷ 0.83 (95% Cl, 0.82 to 0.85, 39,603 participants) ¹⁴⁸ | <u>Both Sexes</u> Canada (3) |

Table 5. Characteristics and Accuracy of Fracture Risk Prediction Models in Predicting Fracture^a

| Risk Prediction | | Bone Tests | | Age Range | Prediction Time | | | Countries Covered by |
|---|----------------|---------------|------------------|--------------|--------------------|---|--|--|
| Tool | Risks Included | | Sex | (Years) | (Years) | AUC without BMDb | AUC with BM D ^b | Included Studies |
| Garvan nomogram/ FRC ¹³⁹ | previous | • | Men and Women | 60 to 96 | 10 ⁹ | <u>Men</u> Hip: 0.65 (95% Cl, NR, 1,285 men) ¹²⁹ Nonvertebral: 0.61 (95% Cl, NR, 1,355 men) ¹²⁹ | Men MOF h: 0.70 (95% Cl, NR, 1,606 men) ¹⁴⁹ Hip h: 0.79 (95% Cl, NR, 1,346 men) ¹²⁹ 0.85 (95% Cl, NR, 1,606 men) ¹⁴⁹ Nonverteb ral: 0.67 (95% Cl, NR, 1,346 men) ¹²⁹ | <u>Men</u> Canada, Norway |
| | | | | | | 600 w omen) ¹²⁶ Any OF: 0.65 (95% Cl, NR, 506 w omen) ¹²⁴ Hip: 0.68 (95% Cl, NR, 1,369 w omen) ¹²⁹ | Women MOF ^h : 0.68 (95% Cl, 0.64 to 0.71, l²=84.8%, 3 studies, ^{126, 149, 171} 6,174 w omen) Any OF: 0.69 (95% Cl, NR, 506 w omen) ¹²⁴ Hip ^h : 0.73 (95% Cl, 0.66 to 0.79, l²=97.3%, 4 studies, ^{124, 129, 149, 171} 7,449 w omen) Nonvertebral: 0.62 (95% Cl, NR, 1,646 w omen) ¹²⁹ | Women Australia, Canada, Netherlands, New Zealand, Norw ay |

Table 5. Characteristics and Accuracy of Fracture Risk Prediction Models in Predicting Fracture^a

| Risk | | Bone | | Age | Prediction | | | Countries |
|--------------------------|--|----------|---------|-----------------------|------------|---|---------------------------|------------------|
| Prediction | | Tests | | Range | Time | | | Covered by |
| Tool | Risks Included | Included | Sex | (Years) | (Years) | AUC without BMD ^b | AUC with BMD ^b | Included Studies |
| QFracture ¹⁵⁰ | Age, sex, w eight, | None | Men and | 30 to 85 ^k | 1 to 10 | 2009 version of instrument: | NA | Men and Women |
| | height, smoking, | | w omen | | | <u>Men</u> | | France, U.K. |
| | parental fracture | | | | | MOF ¹ : 0.69 (95% Cl, 0.68 to 0.69, | | |
| | or osteoporosis, | | | | | 633,764 men) ¹⁵⁰ | | |
| | previous fall, | | | | | 0.74 (95% Cl, NR, | | |
| | glucocorticoid | | | | | 1,108,219 men) ³⁴¹ | | |
| | steroid use, | | | | | Hip: 0.86 (95% Cl, 0.85 to 0.86, | | |
| | rheumatoid | | | | | 633,764 men) ^{76, 150} | | |
| | arthritis, alcohol | | | | | 0.86 (95% CI, NR, | | |
| | use, hormone | | | | | 1,108,219 men) ³⁴¹ | | |
| | replacement | | | | | | | |
| | therapy ⁱ , asthma, | | | | | <u>Women</u> | | |
| | endrocrine | | | | | MOF ¹ : 0.79 (95% CI, 0.79 to 0.79, | | |
| | disease, | | | | | 642,153 w omen) ^{76, 150} | | |
| | cardiovascular | | | | | 0.82 (95% Cl, NR, | | |
| | disease, | | | | | 1,136,417 w omen) ³⁴¹ | | |
| | menopausal | | | | | Hip: 0.89 (95% Cl, 0.89 to 0.89, | | |
| | symptoms ⁱ , | | | | | 642,153 w omen) ¹⁵⁰ | | |
| | malapsorptive | | | | | 0.89 (95% Cl, NR, | | |
| | gastrointestinal | | | | | 1,136,417 w omen) ^{76, 341} | | |
| | disease, liver | | | | | | | |
| | disease, type II | | | | | 2012 version of instrument: | | Men and Women |
| | diabetes, tricyclic | | | | | <u>Men</u> | | U.K. |
| | antidepressant | | | | | MOP: 0.71 (95% Cl, 0.70 to 0.72, | | |
| | use (or other | | | | | 778,810 men) ¹³⁰ | | |
| | antidepressant | | | | | Hip: 0.88 (95% Cl, 0.87 to 0.88, | | |
| | use ^j), ethnicity ^j , | | | | | 778,810 men) ¹³⁰ | | |
| | previous fracture ^j , | | | | | 14/ | | |
| | dementia ^j , kidney | | | | | <u>Women</u> | | |
| | disease ^j , epilepsy ^j , | | | | | MOF: 0.79 (95% Cl, 0.79 to 0.79, 804,563 w omen) ¹³⁰ | | |
| | Parkinson's | | | | | | | |
| | disease ^j , living in | | | | | Hip: 0.89 (95% Cl, 0.89 to 0.90, 804,563 w omen) 130 | | |
| | a nursing home ^j , | | | | | 1004,303 W OMEN) | | |
| | COPD ^j , cancer ^j , | | | | | | | |
| | lupus ^j , | | | | | | | |
| | anti-convulsant | | | | | | | |
| | use ^j , type I | | | | | | | |
| | diabetes ^j | | | | | | | |

Table 5. Characteristics and Accuracy of Fracture Risk Prediction Models in Predicting Fracture^a

| Risk Prediction | | Bone Tests | | Age Range | Prediction Time | | | Countries Covered by |
|----------------------|--|---------------|-------|-----------------|--------------------|---|--|--------------------------|
| Tool | Risks Included | Included | | (Years) | (Years) | AUC without BMDb | AUC with BMD ^b | Included Studies |
| WHI ¹⁵¹ | Age, w eight, height, self-reported health, previous fracture after age 55, race/ethnicity, physical activity, smoking, parental hip fracture after age 40, diabetes treated w ith medications, glucocorticoid steroid use | optional m | | 50 to 79 | 5 | Hip: 0.80 (95% Cl, 0.77 to 0.82, 10,750 w omen) ¹⁵¹ 0.82 (95% Cl, NR, 13,353 w omen) ¹⁶⁰ | Hip: 0.80 (95% Cl, 0.75 to 0.85, 10,750 w omen) 151 | Denmark, U.S. |
| OST ¹⁵² | Age, w eight (score calculated as 0.2 X [w eight in kg-age]) | | Women | 45 to 88 | NA ⁿ | MOF (3-year risk): 0.56 (95% Cl, 0.52 to 0.60, 8,254 w omen) ¹⁰² 0.71 (95% Cl, 0.68 to 0.75, 3,614 w omen) ¹²⁸ MOF (10-year risk): 0.52 (95% Cl, 0.52 to 0.53, 62,492 w omen) ⁵⁸ | NA | Canada, Denmark, U.S. |
| SCORE ¹⁵³ | Age, w eight, race, rheumatoid arthritis, prior nontraumatic fracture, prior estrogen use | None | | 45 and older | NA ⁿ | MOF (10-year risk):0.53 (95% Cl, 0.53 to 0.54, 62,492 w omen) ⁵⁸ MOF (3-year risk): 0.70 (95% Cl, 0.66 to 0.74, 3,614 w omen) ¹²⁸ | NA | Denmark, U.S. |
| FRISC ¹⁵⁴ | Age, w eight, menopausal status, secondary osteoporosis, prior fracture, back pain, dementia | Lumbar BMD | | 40 to 79 | 1, 3, 5 or 10 | NA | MOF: 0.73 (95% Cl, NR, 400 w omen) ¹⁵⁴ Long bone and vertebral fracture ^o : 0.69 (95% Cl, 0.64 to 0.73, 765 w omen) ¹⁶⁹ | Japan (2) |
| FRISK ¹⁵⁵ | Age, w eight, height, prior fracture, prior falls | and Hip | | 60 and older | 5 or 10 | MOF: 0.62 (95% Cl, 0.56 to 0.67, 600 w omen) ^{126, 155} | MOF: 0.66 (0.60 to 0.71, 600 w omen) ¹²⁶ | Australia |

Table 5. Characteristics and Accuracy of Fracture Risk Prediction Models in Predicting Fracture^a

| Risk Prediction Tool | Risks Included | Bone Tests Included | Sex | Age Range (Years) | Prediction Time (Years) | AUC without BMD ^b | AUC with BMD ^b | Countries Covered by Included Studies |
|----------------------------|--|---------------------------|-------|-------------------------|-------------------------------|---|--|---|
| FRC ¹⁵⁶ | Age, sex, BMI, | BMD ^p | | 45 to 75 | 10 9 | MOF: 0.66 (95% CI, NR, 893 men) ¹⁹¹ Hip: 0.71 (95% CI, NR, 893 men) ¹⁹¹ Hip: 0.83 (95% CI, 0.82 to 0.84, 94,489 w omen) ¹⁵⁹ | MOF: 0.70 (95% CI, NR, 893 men) ¹⁹¹ Hip: 0.79 (95% CI, NR, 893 men) ¹⁹¹ Hip: 0.85 (95% CI, 0.84 to 0.86, 94,489 w omen) ¹⁵⁹ | U.S. (2) |
| ORA (¹⁵⁷ | Age, w eight, current estrogen use | No | | 45 or older | NA ⁿ | MOF (3-year risk): 0.71 (95% Cl, 0.68 to 0.75, 3,614 w omen) 128 Any OF (3-year risk): 0.69 (95% Cl, 0.66 to 0.72, 3,614 w omen) 128 | NA | Denmark |
| OSIRIS ¹⁵⁸ | Age, w eight, current hormone therapy use, prior fracture | No | Women | 60 to 80 | NA ⁿ | MOF (3-year risk): 0.70 (95% Cl, 0.66 to 0.74, 3,614 w omen) 128 Any OF (3-year risk): 0.68 (95% Cl, 0.65 to 0.72, 3,614 w omen) 128 | NA | Denmark |

^a Studies summarized in this table include instruments predicting fracture risk over a specified time horizon (e.g., 5 or 10 years). Additional studies predicting fracture by a certain age are summarized in the narrative.

^b Updated pooled estimates are provided where possible; otherwise, range of AUC estimates from relevant studies is provided.

^c FRAX has been updated several times since its initial release. Studies included in this review do not consistently report which version was used; thus, findings reflect various versions of FRAX released from the initial version through the current version. Further, although FRAX predicts 10 year fracture risk, the range of actual followup used by studies reporting accuracy of fracture risk prediction varied from 2 years to 10 years.

^d Based on DXA at the femoral neck with T-scores based on NHANES reference values for women 20-29 years of age.

^e Based on DXA, site unspecified, reference values for T-scores unspecified.

^f Either BMD or body weight is used in the nomogram.

g This instrument can be used for either 5- or 10-year fracture risk prediction.

h One of the studies included 171 uses a broader definition of major osteoporotic fractures and one study 149 reports discrimination using Harrell's C statistic.

ⁱ Risk factors only used in prediction of fracture for women.

j Risk factor not included in the original QFracture, but is present in the 2012 update to QFracture.

k Original instrument was validated for up to 85 years of age; 2012 updated version included up to 100 years of age.

¹ Two studies^{130, 150} did not include fractures of the proximal humerus in their definition of major osteoporotic fracture.

^m Based on DXA of the proximal femur, reference values for T-scores unspecified.

ⁿ These instruments were initially developed to predict osteoporosis, not incident fracture. Studies have evaluated their use for fracture prediction with length of followup over 3 years or over 10 years as indicated.

Only five risk factors from the original FRISC model were used for this estimate: age, weight, prior fracture, lumbar BMD, back pain.

^p Based on DXA of the total hip and hip subregions, T-scores based on NHANES reference values for men.

Table 5. Characteristics and Accuracy of Fracture Risk Prediction Models in Predicting Fracture^a

^q Originally developed on a cohort of only women for 5-year risk prediction, with a smaller set of clinical risk factors. Subsequent validation studies included added risk factors, included 10-year risk predictions, and applied the model to a cohort of only men.

Abbreviations: AUC=area under the curve; BMD=bone mineral density; BMI=body mass index; CI=confidence interval; COPD=chronic obstructive pulmonary disease; DXA=dual-energy X-ray absorptiometry; FRAX=Fracture Risk Assessment Tool; FRC=Fracture Risk Calculator; FRISC=Fracture and Immobilization Score; FRISK=Fracture Risk Score; lb=pound(s); MOF=major osteoporotic fracture defined as fractures of the proximal femur, distal radius, proximal humerus, and clinical vertebral fractures; NA=not applicable; NHANES=National Health and Nutrition Examination Survey; NR=not reported; OF=osteoporotic fracture; ORAI=Osteoporosis Risk Assessment Instrument; OSIRIS=Osteoporosis Index of Risk; OST=osteoporosis self-assessment tool; SCORE=Simple Calculated Osteoporosis Risk Estimation Tool; WHI=Women's Health Initiative.

Table 6. Summary of Imaging Tests Predicting Fracture

| Imaging Test | Type of Incident Fracture | Site of Test | Sex | Age Range at Baseline (Years) | Number of Studies | Number of Participants | Summary of Accuracy (AUC) |
|--------------|---------------------------|----------------------------------|----------|-------------------------------------|---|------------------------|---|
| DXA/DXA | Any osteoporotic | Lumbar spine | Women | 44-95 | 3162, 165, 166, 144 | 33,839 | Unadjusted: 0.64-0.77 |
| aBMD | or nonspine | | | | | | Adjusted: 0.66 ^a |
| | | | Men | 65-≥75 | 1 ¹⁶⁷ | 1,921 | Adjusted: 0.71 ^b |
| | | Total hip | Women | 46-95 | 2 ^{165, 166, 173} | 29,963 | Unadjusted: 0.66-0.68 |
| | | | Men | 65-≥75 | 1 ¹⁶⁷ | 1,921 | Adjusted: 0.72 ^b |
| | | Femoral neck | Women | 40-95 | 10 ¹⁴⁴ , 154, 162, 165, 166, 168, 171, 172, 175-177 | 41,294 | Unadjusted: 0.59-0.76 Unadjusted by baseline T-score range: -1: 0.54, ≤ -1 > -2.5: 0.57, ≤ -2.5: 0.63 Adjusted 64 ^a -0.71 ^c |
| | | | Men | 60-≥75 | 3163, 167, 168 | 7,972 | Unadjusted: 0.68 Adjusted: 0.71 ^c -0.72 ^b |
| | | | Combined | ≥50 | 2 ^{147, 148} | 46,300 | Unadjusted: 0.66-0.68 |
| | | Middle phalanges | Women | 40-90 | 2 ^{133, 174} | 12,830 | Unadjusted: 0.71 Adjusted: 0.68 ^d |
| | | | Men | 40-90 | 1 ¹⁷⁴ | 5,206 | Unadjusted: 0.64 |
| | Vertebral, spine | Thoracolumbar vertebra, spine | Women | 50-95 | 3164-166, 169 | 30,837 | Unadjusted: 0.61-0.69 |
| | | Total hip | Women | 50-95 | 2 ^{165, 166, 168} | 29,861 | Unadjusted: 0.71 Adjusted: 0.77° |
| | | Femoral neck | Women | 50-95 | 2165, 166, 168 | 29,861 | Unadjusted: 0.71 Adjusted: 0.70 ^c |
| | | | Men | ≥60 | 1 ¹⁶⁸ | 445 | Adjusted: 0.75 ^c |
| | Hip | Thoracolumbar vertebra, spine | Women | 50-95 | 1 ^{165, 166} | 29,407 | Unadjusted: 0.65 |
| | | Total hip | Women | 50-95 | 1165, 166 | 29,407 | Unadjusted: 0.81 |
| | | | Men | ≥60 | 1 ¹⁶⁸ | 445 | Adjusted: 0.77 ^c |
| | | Femoral neck | Women | 40-95 | 7165, 166, 168, 170, 171, 176, 177 | 38,322 | Unadjusted: 0.64-0.86 Adjusted: 0.75 ^d |
| | | | Men | ≥65 | 1 ¹⁶³ | 5,606 | Unadjusted: 0.85 |
| | | | Combined | ≥50 | 2 ^{147, 148} | 46,300 | Unadjusted: 0.76-0.80 |
| | | Middle phalanges | Women | 40-90 | 21/4 | 12,830 | Unadjusted: 0.83 |
| | | | Men | 40-90 | 1 ¹⁷⁴ | 5,206 | Unadjusted: 0.64 |
| DXA TBS | Any osteoporotic | Spine | Women | 50-95 | 1165, 166 | 29,407 | Unadjusted: 0.63 |
| | Vertebral, spine | Thoracolumbar vertebra, spine | Women | 53-61; 50-95 | 2 ¹⁶⁴⁻¹⁶⁶ | 30,072 | Unadjusted: 0.66-0.68 |
| | Hip | Spine | Women | 50-95 | 1165, 166 | 29,407 | Unadjusted: 0.68 |
| | Any osteoporotic | Spine | Women | 50-95 | 1 ^{165, 166} | 29,407 | Unadjusted: 0.66 |
| | | DXA BMD total hip + TBS spine | Women | 50-95 | 1165, 166 | 29,407 | Unadjusted: 0.69 |

Table 6. Summary of Imaging Tests Predicting Fracture

| Imaging Test | Type of Incident Fracture | Site of Test | Sex | Age Range at Baseline (Years) | Number of Studies | Number of Participants | Summary of Accuracy (AUC) |
|------------------------|------------------------------|-------------------------------------|-------|-------------------------------------|-----------------------|------------------------|---|
| DXA aBMD & TBS | | DXA BMD femoral neck + TBS spine | Women | 50-95 | 1 ^{165, 166} | 29,407 | Unadjusted: 0.69 |
| | Vertebral, spine | Thoracolumbar vertebra, spine | Women | 53-61; 50-95 | 2 ¹⁶⁴⁻¹⁶⁶ | 30,072 | Unadjusted: 0.70-0.71 Adjusted: 0.72 ^d -0.73 ^e |
| | | DXA BMD total hip + TBS spine | Women | 50-95 | 1 ^{165, 166} | 29,407 | Unadjusted: 0.73 |
| | | DXA BMD femoral neck + TBS spine | Women | 50-95 | 1 ^{165, 166} | 29,407 | Unadjusted: 0.73 |
| | Hip | Spine | Women | 50-95 | 1 ^{165, 166} | 29,407 | Unadjusted: 0.69 |
| | | DXA BMD total hip + TBS spine | Women | 50-95 | 1 ^{165, 166} | 29,407 | Unadjusted: 0.82 |
| | | DXA BMD femoral neck + TBS spine | Women | 50-95 | 1 ^{165, 166} | 29,407 | Unadjusted: 0.81 |
| QUS (BUA) | Any osteoporotic | Heel | Women | 44-56 | 1 ¹⁶² | 775 | Adjusted: 0.72 ^a |
| | | | Men | 65-≥75; ≥65 | 2 ^{163, 167} | 1,921 + 5,606 | Unadjusted: 0.68 Adjusted: 0.65 ^b |
| | Hip | Heel | Men | ≥65 | 1 ¹⁶³ | 5,606 | Unadjusted: 0.84 |
| QUS (SOS) | Any osteoporotic | Heel | Men | 65-≥75 | 1 ¹⁶⁷ | 1,921 | Adjusted: 0.64 ^b |
| QUS (QUI) | Any osteoporotic or nonspine | Heel | Men | 65-≥75 | 1 ¹⁶⁷ | 1,921 | Adjusted: 0.66 ^b |
| QUS (BUA) & DXA BMD | Any osteoporotic or nonspine | QUS: Heel DXA: Femoral neck | Women | ≥60 | 1 ¹⁶⁸ | 454 | Adjusted: 0.73 ^c |
| | · | QUS: Heel DXA: Femoral neck | Men | ≥65; ≥60 | 2 ^{163, 168} | 5,606 | Unadjusted: 0.69 Adjusted: 0.71 ^c |
| | Vertebral | QUS: Heel | Women | ≥60 | 1 ¹⁶⁸ | 454 | Adjusted: 0.72 ^c |
| | | DXA: Femoral neck | Men | ≥60 | 1 ¹⁶⁸ | 445 | Adjusted: 0.75 ^c |
| | Hip | QUS: Heel | Women | ≥60 | 1 ¹⁶⁸ | 454 | Adjusted: 0.81 ^c |
| | | DXA: Femoral neck | Men | ≥65; ≥60 | 2 ^{163, 168} | 5,606 + 445 | Unadjusted: 0.85 Adjusted: 0.78 ^c |

^a Adjusted for age, height, weight, menopausal status, neck BMD (QUS only).

Abbreviations: aBMD=areal bone mineral density; AUC=area under the curve; BUA=broadband ultrasound attenuation; DXA=dual-energy X-ray absorptiometry; DXL=dual X-ray and laser; QUI=quantitative ultrasound index (combines BUA and SOS); QUS=quantitative ultrasound measured at the calcaneus in all studies; SOS=speed of sound; TBS=trabecular bone score.

^b Adjusted for age and fracture history.

^c Adjusted for age, falls, and fracture history.

^d Adjusted for age.

^e Adjusted for age and prevalent vertebral deformity.

Table 7. Reclassification of Risk With Osteoporosis Tools or Instruments

| Tool or Instrument | Author, Year of Publication | Population | N | Follow up Period | Fracture Rate | Clinical Threshold or Tool Used for Reclassification | Results |
|--|--|--|-------------------------|------------------------------------|--|---|---|
| FRAX with BMD | Pressman et al, 2011 ¹⁸⁷ | Participants >50 years of age with BMD in Kaiser Permanente Northern California, USA | 94,489 w omen | Mean: 6.6 years | Hip fracture: 1.7% (1,579/94,489) | Youden's Index (81% sensitivity threshold [identified as the optimal level from the NRI curve for the model w ithout BMD, corresponding to a 10-year probability of 1.2% risk of hip fracture]) | NRI: 0.055 |
| FRAX w ith lumbar spine BMD inputs | Leslie et al, 2012 ¹²⁷ | All individuals age 50 years of age and older with valid DXA measurements from the lumbar spine and femoral neck in Manitoba, Canada | 20,477 men and women | Mean: 8 years | Osteoporotic fracture: 9% (1,845/20,477) | FRAX with femoral neck BMD | NRI for FRAX with weighted mean (lumbar spine or femoral neck): 0.02 NRI for FRAX with offset spine—hip T-score difference): 0.02 FRAX with minimum site (lumbar spine or femoral neck): 0.028 NRI for FRAX with lumbar spine T-score: 0.01 |
| FRC with BMD | Ettinger et al, 2012 ¹⁹¹ | Participants age ≥65 years in the Osteoporotic Fractures in Men Study database, United States | 5,893 men | Mean: 8.4 years | Incident hip fracture: 2.6% (156/5,873) Incident major osteoporotic fracture: 5.7% (335/5,873) | NOF 10-year 3% probability of a hip fracture NOF 10-year 20% probability of a major osteoporotic fracture | NRI: 0.085 NRI: 0.04 |
| Dubbo nomogram w ith calcaneal QUS | Chan et al, 2012 ¹⁶⁸ | Participants ages 62–89 years from the Dubbo Osteoporosis Epidemiology Study, Australia | 454 w omen 445 men | Median: 13 years Median: 13 years | 33.9% (154/454) 16.9% (75/445) | Dubbo nomogram with femoral neck BMD Dubbo nomogram with femoral neck BMD | NRI for hip fractures: 0.111 for hip fracture NRI for vertebral fractures: 0.052 NRI for any fractures: 0.073 NRI for hip fractures: -0.055 for hip fracture NRI for vertebral fractures: 0.038 NRI for any fractures: no improvement |

Table 7. Reclassification of Risk With Osteoporosis Tools or Instruments

| Tool or | Author, Year | | | | | Clinical Threshold or Tool Used for | |
|--|---|--|---------------------------|----------------------------------|--|--|--|
| Instrument | of Publication | Population | N | Follow up Period | Fracture Rate | Reclassification | Results |
| Dubbo nomogram w ith calcaneal QUS | Chan et al, 2013 ¹⁹² | Participants ages 62–90 years with BMD T-score >-2.5 at femoral neck | 312 w omen | Median: 12 years | 26% (80/312) | Dubbo nomogram with femoral neck BMD | NRI for hip fractures: 0.338 for hip fracture NRI for vertebral fractures: -0.09 |
| | | from the Dubbo Osteoporosis | 390 men | Median: 12 years | 14% (53/390) | Dubbo nomogram | NRI for any fractures: 0.164 NRI for hip fractures: |
| | | Epidemiology Study, Australia | 390 Heri | ivedian. 12 years | 14% (53/390) | with femoral neck | -0.003 for hip fracture NRI for vertebral fractures: 0 NRI for any fractures: 0.035 |
| Dubbo nomogram | Langsetmo et al, 2011 ¹⁴⁹ | ages 55–95 years at baseline | 4,152 women | Mean: 8.6 years | 14.04% (583/4,152) | score of ≤-2.5 for high risk | NRI: 0.015 in women (95% Cl, -0.026 to 0.056) |
| | | in the Canadian Multicentre Osteoporosis Study | | | | low risk = 0%-10%, moderate = 10%- 20%, and high = | NRI: -0.055 (95% CI, -0.095 to -0.015) |
| | | | 1,606 men | Mean: 8.3 years | 7.2% (116/1,606) | >20% WHO criteria of a T- score of ≤-2.5 for high risk | NRI: 0.067 (95% Cl, -0.06 to 0.194) |
| | | | | | | Canadian guidelines: low risk = 0%-10%, moderate = 10%-20% and high = >20% | NRI: 0.192 (95% CI, 0.063 to 0.322) |
| Garvan nomogram with body weight | Ahmed et al, 2014 ¹²⁹ | Participants age 60 years and older from Tromsø, Norway | 1,637 w omen 1,355 men | Mean: 6.9 years Mean: 7.1 years | Nonvertebral osteoporotic fractures: 21.7% (356/1,637) Hip fractures: 5.4% (88/1,637) | Garvan nomogram w ith BMD | NRI for nonvertebral osteoporotic fractures: -0.106 (SE: 0.04) NRI for hip fractures: -0.172 (SE: 0.052) |
| | | | | | Nonvertebral osteoporotic fractures: 8.6% (117/1,355) Hip fracture: 3.5% (47/1,355) | Garvan nomogram w ith BMD | NRI for nonvertebral osteoporotic fractures: -0.133 (SE: 0.072) NRI for hip fractures: -0.175 (SE: 0.10) |

Table 7. Reclassification of Risk With Osteoporosis Tools or Instruments

| Tool or Instrument | Author, Year of Publication | Population | N | Follow up Period | Fracture Rate | Clinical Threshold or Tool Used for Reclassification | Results |
|-----------------------|-----------------------------|------------|-----|------------------|----------------|--|--------------------------|
| | , | Japanese | 665 | Median: 10 years | 13.8% (92/665) | Appears to be | NRI: 0.235 (95% CI, 0.15 |
| trabecular bone | 2014 ¹⁶⁴ | w omen age | | | | continuous (no risk | to 0.54) |
| score | | 50 years | | | | categories specified) | |
| | | and older | | | | | |

Abbreviations: BMD=bone mineral density; CI=confidence interval; DXA=dual energy X-ray absorptiometry; FRAX=Fracture Risk Assessment tool; FRC=Fracture Risk Calculator; N=number; NOF=National Osteoporosis Foundation; NRI=net reclassification improvement; QUS=quantitative ultrasound; SE=standard error; USA=United States of America; WHO=World Health Organization.

Table 8. Using Repeat BMD Testing to Predict Fracture Risk

| Study | Study Cohort, Country | Inclusion / Exclusion Criteria | Mean Length of Follow up, Years (Range) | | Participant Characteristics | Bone Measurement Test | Fracture Site | AUC for Baseline BMD (95% CI) | AUC for BMD% Change (95% CI) | AUC for BMD Baseline and % Change (95% CI) |
|---------------------------------|-----------------------------|---|---|-----|--------------------------------|-----------------------------|-----------------------------------|-------------------------------------|------------------------------------|---|
| Berry, 2013 ¹⁹⁵ | 3 | Included participants with | 3.7 (2.4 to 6.0) | 802 | Mean age: 74.8 (SD 4.5) | DXA, BMD | Hip fracture ¹ | 0.71 (0.65 to 0.78) | 0.68 (0.62 to 0.75) | 0.72 (0.66 to 0.79) |
| | ,, | at least two BMD measurements. Excluded those with fracture prior to second test. | , | | Percent women: 61 | | | 0.74 (0.69 to 0.79) | 0.71 (0.66 to 0.76) | 0.74 (0.69 to 0.79) |
| Hillier, 2007 ¹⁹⁴ | Study of Osteoporotic | | 8.0 (6.3 to 9.8) | | Mean age: 74 (SD 4) | DXA, BMD | Hip fracture ² | 0.73 (CI, NR) | 0.68 (Cl, NR) | 0.74 (CI, NR) |
| | Fractures, USA | at least two BMD measurements. | | | Percent women: | | Nonspine fracture ² | 0.65 (CI,NR) | 0.61 (Cl, NR) | 0.65 (CI, NR) |
| | | Excluded those with fracture prior to second test. | | | 100 | | Spine fracture ² | 0.67 (CI, NR) | 0.62 (Cl, NR) | 0.68 (Cl, NR) |

Adjusted for age, sex, BMI, weight loss, and history of fracture measured at the time of the second BMD.

Abbreviations: AUC=area under the curve; BMD=bone mineral density; BMI=body mass index; CI=confidence interval; DXA=dual energy X-ray absorptiometry; MOF=major osteoporotic fracture defined as fractures of the proximal femur, distal radius, proximal humerus, and clinical vertebral fractures; N=number; NR=not reported; SD=standard deviation; USA=United States of America.

² Adjusted for age and weight change.

Table 9. Summary of Evidence

| Key Question | Population, Intervention | No. of Studies; No. of Observations | Summary of Findings by Outcome | Consistency/ Precision | Reporting Bias | Overall Quality of Studies | Body of Evidence Limitations | EPC Assessment of Strength of Evidence: For Outcome | Applicability |
|---|-----------------------------|---|--|---|---|----------------------------------|---|---|--|
| KQ1: Effectiveness of screening | Women | 1; 12,483 | vs. 16.0%; HR:0.94; 95% Cl, 0.86 to 1.03 Mortality: 8.8% vs. 8.4%; HR 1.05, 95% Cl, 0.93 to 1.19 Hip fractures: 2.6% vs. 3.5%; HR 0.72; 95% Cl, 0.59 to 0.89 | Single study, consistency unknow n/precise for hip fractures, imprecise for other outcomes | No evidence of reporting bias | Fair | Potential for contamination | Low for benefit for hip fractures, insufficient for other outcomes | Unclear w hether findings apply to men or younger w omen |
| KQ 2a Accuracy of clinical risk assessment instruments for identifying osteoporosis | Women ^a | 27; 55,898 | AUCs range from 0.32 to 0.87 for all included instruments (pooled AUCs range from 0.65 to 0.76) | Inconsistent/ precise | No evidence of reporting bias | Fair | Heterogeneity in included studies | Moderate | Unclear w hether findings apply to subgroups defined by age or race |
| KQ 2a Accuracy of clinical risk assessment instruments for identifying osteoporosis | Men | 11; 14,052 | AUCs range from 0.62 to 0.89 for all included instruments (pooled AUCs range from 0.76 to 0.80]) | Inconsistent/ imprecise | No evidence of reporting bias | Fair | Heterogeneity in included studies | Low | Unclear w hether findings apply to subgroups defined by age |
| KQ 2a Accuracy of machine- based tests for identifying osteoporosis | Women | 7; 1,969 | BMD tests for identifying osteoporosis: AUCs range from 0.67 to 0.94 for all included machine-based tests ^b (pooled AUC for calcaneal QUS: 0.77 [95% CI, 0.72 to 0.81]) | Inconsistent/ precise | No evidence of reporting bias | Fair | Heterogeneity in included studies | Moderate | Unclear w hether findings apply to subgroups defined by age or race |

Table 9. Summary of Evidence

| Key Question | Population, Intervention | No. of Studies; No. of Observations | Summary of Findings by Outcome | Consistency/ Precision | Reporting Bias | Studies | Body of Evidence Limitations | EPC Assessment of Strength of Evidence: For Outcome | Applicability |
|--|-----------------------------|---|--|----------------------------|---|-----------------|---|---|--|
| KQ 2a Accuracy of machine- based tests for identifying osteoporosis | Men | 3; 5,142 | BMD tests for identifying osteoporosis for calcaneal QUS: 0.80 [95% CI, 0.67 to 0.94]) | Inconsistent/ imprecise | No evidence of reporting bias | Fair | Ultrasound imaging only; heterogeneity in size, estimate of effect, and applicability of included studies | Low | Unclear w hether findings apply to subgroups defined by age |
| KQ 2a Accuracy of machine- based tests for fracture prediction | Women | Varies by type of imaging test and site of test | Centrally measured DXA BMD, TBS, or a combination of both predicting fractures from 14 studies, N=46,036: AUCs range from 0.59 to 0.86 For other machine-based tests or combination of tests, 2 studies with N=712 QUS alone predicting fractures: AUCs range from 0.66 to 0.72. QUS + DXA BMD predicting fractures: AUCs range from 0.72 to 0.81. | | No evidence of reporting bias | Fair | Inconsistent control for baseline variables | Moderate | Unclear w hether findings apply to nonw hite subgroups |
| KQ 2a Accuracy of machine- based tests for fracture prediction | Men | 3; 7,972 | Centrally measured DXA BMD or TBS predicting fractures: AUCs range from 0.68 to 0.85 QUS alone predicting fractures: AUCs range from 0.64 to 0.84. QUS + DXA BMD predicting fractures: AUCs range from 0.69 to 0.85. | | No evidence of reporting bias | Fair to good | Inconsistent control for baseline variables | Moderate | Unclear w hether findings apply to nonw hite, non-east Asian subgroups |

Table 9. Summary of Evidence

| Key Question | Population, Intervention | No. of Studies; No. of Observations | Summary of Findings by Outcome | Consistency/ Precision | Reporting Bias | Overall Quality of Studies | Body of Evidence Limitations | EPC Assessment of Strength of Evidence: For Outcome | Applicability |
|---|-----------------------------|---|--|---------------------------|---|----------------------------------|---|---|---|
| KQ 2a Accuracy of machine- based tests for fracture prediction | Women and Men combined | 2; 46,300 | Centrally measured DXA BMD predicting fractures: AUCs range from 0.66 to 0.80 | Inconsistent/ precise | No evidence of reporting bias | Fair to good | None identified | Moderate | Findings limited to Canadian samples, unclear w hether results are applicable to other populations |
| KQ 2a Accuracy of fracture risk prediction instruments | Women | Varies by instrument | AUCs for fracture risk prediction instruments range from 0.53 to 0.89, and vary by instrument, type of fracture, and whether BMD is used in the prediction. Within this range, prediction of hip fractures and predictions that use BMD report higher AUCs. Pooled AUC for FRAX prediction of hip fractures without BMD: 0.76 (95% CI, 0.72 to 0.82, I²=99.8%, 12 studies, 190,795 women) and with BMD: 0.79 (95% CI, 0.76 to 0.81, I²=99.1%, 10 studies, 161,984 women) Pooled AUC for FRAX prediction of MOF without BMD: 0.67 (95% CI, 0.65 to 0.68, I²=99.2%, 17 studies, 158,897 women) and with BMD: 0.70 (95% CI, 0.68 to 0.71, I²=92.1%, 12 studies, 62,054 women) | Inconsistent/ precise | No evidence of reporting bias | Fair | Some studies did not follow subjects for the entire duration of the prediction interval (i.e., 10 years). Heterogenous study populations, that may have included subjects with osteoporosis, with prior fracture, or receiving treatment. | Moderate | Other than FRAX, most instruments have not been calibrated for use in U.S. populations. Unclear w hether findings apply to nonw hite subgroups. |

Table 9. Summary of Evidence

| | | | | | | | | EPC | |
|-----------------|--------------|-----------------|---|---------------|-------------------|-----------------------|---------------------|------------------------------|----------------|
| | | No. of Charling | | | | 0 | Dadu of | Assessment of | |
| Kov | Population, | No. of Studies; | Summary of Findings | Consistency/ | Bonorting | Overall Quality of | Body of Evidence | Strength of Evidence: For | |
| Key Question | Intervention | Observations | by Outcome | Precision | Reporting Bias | Studies | Limitations | Outcome | Applicability |
| KQ 2a | Men | Varies by | AUCs for fracture risk | Inconsistent/ | No No | Fair | | Moderate | Other than |
| Accuracy of | IVIETT | instrument | prediction instruments | precise | evidence | rall | did not follow | Moderate | FRAX, most |
| fracture risk | | instrument | range from 0.62 to 0.88, | precise | of | | subjects for | | instruments |
| prediction | | | and vary by instrument, | | reporting | | the entire | | have not been |
| instruments | | | type of fracture, and | | bias | | duration of | | calibrated for |
| inoti di lonto | | | whether BMD is used in | | bido | | the prediction | | use in U.S. |
| | | | the prediction.Within this | | | | interval (i.e., | | populations. |
| | | | range, prediction of hip | | | | 10 years). | | Unclear |
| | | | fractures and predictions | | | | Heterogenous | | w hether |
| | | | that use BMD report higher | | | | study | | findings apply |
| | | | AUCs | | | | populations, | | to nonw hite |
| | | | Pooled AUC for FRAX | | | | that may | | subgroups. |
| | | | prediction of hip fractures | | | | have included | | |
| | | | w ithout BMD: 0.73 (95% | | | | subjects with | | |
| | | | Cl, 0.68 to 0.77, $l^2=96.7\%$, | | | | osteoporosis, | | |
| | | | 3 studies, 13,970 men) and | | | | w ith prior | | |
| | | | w ith BMD: 0.76 (95% Cl, | | | | fracture, or | | |
| | | | $0.72 \text{ to } 0.80, l^2 = 96.7\%, 3$ | | | | receiving | | |
| | | | studies, 13,970 men) | | | | treatment. | | |
| | | | Pooled AUC for FRAX | | | | | | |
| | | | prediction of MOF without BMD: 0.62 (95% Cl, 0.61 | | | | | | |
| | | | to 0.64, 1 ² =40.5%, 3 | | | | | | |
| | | | studies, 13,970 men) and | | | | | | |
| | | | w ith BMD: 0.67 (95% Cl, | | | | | | |
| | | | 0.66 to 0.68, $l^2=0\%$, 4 | | | | | | |
| | | | studies, 15,842 men) | | | | | | |
| KQ 2b | Women and | 2; 4,926 | Similar accuracy of | Consistent/ | No | Fair | Limited | Insufficient | Unclear |
| | men (1 study | | predicting fracture with | precise | evidence | | number of | | w hether all |
| | each) | | repeat BMD when | ľ | of | | studies, | | findings apply |
| | · | | compared with baseline | | reporting | | follow up | | to subgroups |
| | | | BMD alone | | bias | | period | | by age, sex, |
| | | | | | | | inadequate | | or race |
| | | 1 | | | | | for women, | | |
| | | | | | | | small N for | | |
| | | | | | | | men, | | |
| | | 1 | | 1 | | | inconsistent | | |
| | | | | | | | screening | | |
| | | | | | | | intervals | | |

Table 9. Summary of Evidence

| Key Question | Population, Intervention | No. of Studies; No. of Observations | Summary of Findings by Outcome | Consistency/ Precision | Reporting Bias | Studies | Limitations | EPC Assessment of Strength of Evidence: For Outcome | Applicability |
|----------------------------|-----------------------------|---|--|---|---|---------|---|--|---|
| KQ3: Harms of screening | Women | 1; 12,483 | Anxiety: p value for repeated measures: 0.154 (variance NR) Quality of life: p value for repeated measures for Euroquol 5-Dimension and SF 12>0.10 (variance NR) | Single study, consistency and precision unknow n | No evidence of reporting bias | Fair | Potential for contamination and reporting bias | Insufficient | Unclear w hether findings apply to men or younger w omen |
| KQ 4a | Women and men | Varies by outcome | | Consistent/ precise for vertebral and nonvertebral fractures, consistent and imprecise for hip outcomes | No evidence of reporting bias | Fair | | Moderate for benefit for bisphosphonates for vertebral and nonvertebral fractures, low for hip fractures | Unclear w hether all findings apply to subgroups by age, sex, or race |

Table 9. Summary of Evidence

| Key Question | Population, Intervention Women | No. of Studies; No. of Observations 1; 7,705 | Summary of Findings by Outcome Raloxifene RR for vertebral fractures: | Consistency/ Precision Consistency unknow n (single | Reporting Bias No evidence | Overall Quality of Studies Good | Body of Evidence Limitations Single large trial | EPC Assessment of Strength of Evidence: For Outcome Moderate for benefit for | Applicability Unclear w hether |
|-----------------|--------------------------------------|---|--|---|---|---------------------------------|---|--|--|
| | | | 0.64 (95% Cl, 0.53 to 0.76), 7.5% vs. 12.5% RR for nonvertebral fractures: 0.93 (0.81– 1.06°, 12.1% vs. 12.9% | trial)/precise for vertebral fractures, imprecise for nonvertebral fractures | of reporting bias | | | vertebral fractures, low for nonvertebral fractures | findings apply to other sub- populations defined by age, sex, or race |
| | Women | Varies by outcome | | Consistency unknown (single trial for most outcomes)/ precise | No evidence of reporting bias | Fair | Single large trial for most outcomes | Low for benefit for vertebral, nonvertebral, and hip fractures | Unclear w hether findings apply to subgroups by age, sex, or race |
| | Women and men | 2; 2,830 | Parathyroid hormone For w omen (1 trial, N=2,532) RR for vertebral fractures: 0.32 (95% Cl: 0.14 to 0.75), 0.7% vs. 2.1%, RR for nonvertebral fractures: 0.97 (95% Cl, | Consistency unknown (single trial/ precise for women for vertebral fractures Consistency unknown (single trial)/ imprecise for men for vertebral fractures | No evidence of reporting bias | Fair | Single trial each for men and women; small trial in men | w omen, insufficient for | Unclear w hether findings apply to subgroups by age, sex, or race |

Table 9. Summary of Evidence

| Key Question | Population, Intervention | No. of Studies; No. of Observations | Summary of Findings by Outcome | Consistency/ Precision | Reporting Bias | Overall Quality of Studies | Body of | EPC Assessment of Strength of Evidence: For Outcome | Applicability |
|-----------------|-----------------------------|---|---------------------------------------|---------------------------------|-------------------|----------------------------------|----------------------------|---|----------------------|
| KQ 4b | Women | | Similar results by subgroup for | Consistency unknow n (single | No evidence | Fair | Single trial for each drug | | No information on |
| | | drug | · · · · | trial)/ precise | of | | Tor each drug | un rerences | variations by |
| | | | BMD (1 trial, N=3,737) | , , , | reporting | | | | menopausal |
| | | | Risedronate for age (1 trial, | | bias | | | | status |
| | | | N=2,648) Raloxifene (prior fractures, | | | | | | |
| | | | 1 trial, N=5,114) | | | | | | |
| | | | Denosumab for age, | | | | | | |
| | | | baseline BMD, and a | | | | | | |
| | | | combination of risk factors | | | | | | |
| | | | (1 trial, N=7,868) | | | | | | |

Table 9. Summary of Evidence

| Key Question | Population, Intervention | No. of Studies; No. of Observations | Summary of Findings by Outcome | Consistency/ Precision | Reporting Bias | Overall Quality of Studies | Body of Evidence Limitations | EPC Assessment of Strength of Evidence: For Outcome | Applicability |
|-----------------|-----------------------------|---|--|---------------------------|---|----------------------------------|------------------------------------|--|--|
| KQ 5 | Women and men | Varies by outcome | Bisphosphonates ^d RR for discontinuations: RR, 0.99 (95% Cl, 0.91 to 1.07) 20 trials, N=17,369°, 11.5% vs. 11.8% RR for serious adverse events: RR, 0.98 (95% Cl, 0.92 to 1.04), 17 trials, N=11,745°, 21.0% vs. 23.4% RR for upper Gl events: 1.01 (95% Cl, 0.98 to 1.05); 13 trials, N=20,485°, 35.3% vs. 35.6% No statistically significant differences for cardiovascular outcomes No reports of osteonecrosis of the jaw No reports of atypical femur fracture No reports of kidney failure 3 trials combining results for men and women or included men only had results consistent with trials of women only for discontinuations, serious adverse events, and upper GI events | | No evidence of reporting bias | Fair | | Moderate for no harms bisphosphonates for discontinuation, serious adverse events, and upper gastrointestinal events; insufficient for cardiovascular events, osteonecrosis and atypical femur fractures | Unclear w hether findings for all drugs apply to sub- populations defined by age, sex, or race |

Table 9. Summary of Evidence

| Key Question | Population, Intervention | No. of Studies; No. of Observations | Summary of Findings by Outcome | Consistency/ Precision | Reporting Bias | Overall Quality of Studies | Body of Evidence Limitations | EPC Assessment of Strength of Evidence: For Outcome | Applicability |
|-----------------|-----------------------------|---|--|--|---|----------------------------------|--|---|---|
| | Women | Varies by outcome | Raloxifene RR for discontinuations: RR, 1.12 (95% Cl, 0.98 to 1.28); 6 trials, N=6,438, 12.6% vs. 11.2% RR for deep vein thrombosis: 2.14 (95% Cl, 0.99 to 4.66); 3 trials, N=5,839, 0.7% vs. 0.3% RR for hot flashes: 1.42 (95% Cl, 1.22 to 1.66); 5 trials; N=6,249, 11.2% vs. 7.6% RR for leg cramps: 1.41 (95% Cl: 0.92 to 2.14); 3 trials; N=6,000, 8.0% vs. 4.8% | Inconsistent/ precise for deep vein thrombosis, leg cramps, and hot flashes; consistent/ imprecise for discontinuation | No evidence of reporting bias | Good | Single large trial dominating results | Low for harm for deep vein thrombosis and hot flashes; low for no harm discontinuation and leg cramps | Unclear w hether findings apply to other sub- populations defined by age, sex, or race |
| | Women | Varies by outcome | Denosumab RR for discontinuations: 1.14 (95% Cl, 0.85 to 1.52), 2.4% vs. 2.1% RR for serious adverse events: 1.12 (95% Cl, 0.88 to 1.44), 23.8% vs. 23.9% RR for serious infections: 1.89 (95% Cl, 0.61 to 5.91), 4.0% vs. 3.3% | Inconsistent/ imprecise for discontinuations, consistent/ imprecise for serious adverse events and serious infections | No evidence of reporting bias | Fair | Single large trial dominating results | Insufficient for discontinuation; low for no harm for serious adverse events and serious infections | Unclear w hether findings apply to subgroups by age, sex, or race |

Table 9. Summary of Evidence

| Key Question | Population, Intervention | No. of Studies; No. of Observations | Summary of Findings by Outcome | Consistency/ Precision | Reporting Bias | Overall Quality of Studies | Body of Evidence Limitations | EPC Assessment of Strength of Evidence: For Outcome | Applicability |
|-----------------|-----------------------------|---|---|------------------------------------|-------------------|----------------------------------|------------------------------------|---|---------------------|
| | Women and men | 2; 2,830 | Parathyroid hormone For women (1 trial, | Consistency unknow n (single | No evidence | Fair | Single trial each for men | Low for harm for women for | Unclear w hether |
| | III CII | | N=2,532) | trial)/precise | of | | and women; | discontination; | findings apply |
| | | | RR for discontinuations: | Compietament | reporting | | small trial in | insufficient for | to subgroups |
| | | | 1.23 (1.08-1.40), 30.2% vs. 24.6% For men (1 trial, N=298 for | unknow n (single trial)/ imprecise | bias | | men | men for discontinuations and serious | by age or race |
| | | | 20 μg [FDA approved dose] vs.placebo) | for men | | | | adverse events | |
| | | | RR for discontinuations: | | | | | | |
| | | | 1.94 (0.81-4.69), 9.2% vs. 4.8% | | | | | | |
| | | | RR for cancers: 0.97 (0.2-4.74), 2.0 vs. 2.0% | | | | | | |

^a One study (not included in strength of evidence ratings; N=282) evaluated the accuracy of FRAX and OST in a mixed population with 45.1% women. AUCs ranged from 0.68 to 0.76 and is consistent with findings in men and women separately.

Abbreviations: AUC=area under the curve; BMD=bone mineral density; CI=confidence interval; DXA=dual-energy X-ray absorptiometry; EPC=Evidence-based Practice Center; FDA=Food and Drug Administration; FRAX=Fracture Risk Assessment Tool; KQ=key question; MOF=major osteoporotic fractures; N=number; QUS=quantitative ultrasound; RR=relative risk; TBS=trabecular bone score; U.S.=United States.

^b Included studies evaluated calcaneal quantitative ultrasound, peripheral dual energy X-ray absorptiometry, digital X-ray radiogrammetry, and radiographic absorptiometry.

^c Data available only for combined group of participants receiving dosages of 60 mg/day or 120 mg/day. Recommended dosage is 60 mg/day.

^d Pooled estimates include men, women, and combined estimates (one study did not provide adverse events by sex).²⁵⁴

^e Sum of N in trials in meta-analysis, after accounting for the duplication in patients in the placebo arm for a 3-arm study.²⁰²

Table 10. Accuracy of Clinical Risk Prediction Instruments With Evidence on Identifying Osteoporosis and Predicting Fractures

| Instrument | Risk Factors | Sex | Accuracy in Identifying Osteoporosis (at Femoral Neck or Any Skeletal Site as Indicated); N of Studies; N of Participants | Accuracy in Predicting Fractures |
|-------------------|---|------------------|---|--|
| FRAX w ithout BMD | Age, sex, w eight, height, previous fracture, parental hip fracture, current smoking, glucocorticoid steroid use, rheumatoid arthritis, secondary osteoporosis, alcohol use | Men and women | Men: MOF: 0.79 (0.74 to 0.84); 1; 1,498 Hip: NR Women: MOF: Ranges from 0.58 to 0.82; (any site or hip) 4; 22,141 Hip: 0.82 (any site); 1; 505 | Men MOF: 0.62 (95% Cl, 0.61 to 0.64); 3; 13,970 Hip: 0.73 (95% Cl, 0.68 to 0.77); 3; 13,970 Women MOF: 0.67 (95% Cl, 0.65 to 0.68); 17; 158,897 Hip: 0.76 (95% Cl, 0.72 to 0.81); 12; 190,795 |
| | | | Both sexes [†] (any site): MOF: 0.68 (95% Cl, 0.63 to 0.74); 1; 626 Hip: 0.70 (95% Cl, 0.64 to 0.75); 1; 626 | Both Sexes MOF: 0.67 (95% Cl, 0.66 to 0.67); 3; 66,777 Hip: 0.77 (95% Cl, 0.73 to 0.79); 1; 6,697 0.79 (95% Cl, 0.78 to 0.82); 1; 39,603 |
| SCORE | Age, w eight, race, rheumatoid arthritis, prior nontraumatic fracture, prior estrogen use | Women | Pooled AUC (any site): 0.70, (95% Cl, 0.69 to 0.71); 8; 15,362 | MOF (10-year risk): 0.53 (95% Cl, 0.53 to 0.54); 1; 62,492 MOF (3-year risk): 0.70 (95% Cl, 0.66 to 0.74);1; 3,614 |
| ORAI | Age, w eight, current estrogen use | Women | Pooled AUC (any site): 0.65 (95% Cl, 0.60 to 0.71); 10; 16,780 | MOF(3-year risk): 0.71 (95% Cl, 0.68 to 0.75); 1; 3,614 Any OF (3-year risk): 0.69 (95% Cl, 0.66 to 0.72); 1; 3,614 |
| OSIRIS | Age, w eight, current hormone therapy use, prior fracture | Women | Pooled AUC (any site): 0.68 (95% Cl 0.64 to 0.72); 5; 5,649 | MOF (3-year risk): 0.70 (95% Cl, 0.66 to 0.74); 1; 3,614 Any OF (3-year risk): 0.68 (95% Cl, 0.65 to 0.72); 1; 3,614 |
| OST | Age, w eight | Women | Pooled AUC (any site): 0.65 (95% Cl, 0.60 to 0.69); 13; 44,323; without outlier, 88, 89 pooled AUC: 0.71, 95% Cl, 0.70 to 0.72; 11; 42,802 | MOF (3-year risk): 0.56 (95% Cl, 0.52 to 0.60, 8,254 w omen) 0.71 (95% Cl, 0.68 to 0.75, 3,614 w omen) MOF (10-year risk): 0.52 (95% Cl, 0.52 to 0.53, 62,492 w omen) |

[†]Study population was 45.5% women.

Abbreviations: AUC=area under the curve; BMD=bone mineral density; CI=confidence interval; FRAX=Fracture Risk Assessment Tool; MOF=major osteoporotic fracture defined as fractures of the proximal femur, distal radius, proximal humerus, and clinical vertebral fractures; OF=osteoporotic fracture; ORAI=Osteoporosis Risk Assessment Instrument; OSIRIS=Osteoporosis Index of Risk; OST=osteoporosis self-assessment tool; SCORE=Simple Calculated Osteoporosis Risk Estimation Tool.

Osteoporosis Search April 16, 2015

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| | Search String | Results |
|------------|--|------------------|
| <u>#1</u> | Search "Osteoporosis" [Mesh] OR "Fractures, Bone" [Mesh] OR "Bone Density" [Mesh] | 197432 |
| <u>#5</u> | Search "Osteoporosis" [Mesh] OR "Fractures, Bone" [Mesh] OR "Bone Density" [Mesh] Filters: | <u>19932</u> |
| | Publication date from 2009/11/01; Humans; English; Adult: 19+ years | |
| <u>#7</u> | Search "Mass Screening" [Mesh] OR "Risk Assessment" [Mesh] | <u>281086</u> |
| <u>#8</u> | Search (#5 AND #7) | <u>1279</u> |
| <u>#9</u> | Search (#5 AND #7) Filters: Systematic Reviews | <u>85</u> |
| <u>#11</u> | Search (("Controlled Clinical Trial" [Publication Type] OR "Randomized Controlled Trial" [Publication | <u>2263475</u> |
| | Type] OR "Meta-Analysis" [Publication Type] OR "Cohort Studies"[Mesh]) OR "Case-Control | |
| | Studies"[Mesh] OR "Sensitivity and Specificity"[Mesh]) | |
| | Search (#8 AND #11) | <u>818</u> |
| | Search (#9 OR #12) | <u>859</u> |
| | Search ("Osteoporosis" [Mesh] OR "Bone Density" [Mesh] OR "Calcaneus" [Mesh]) | <u>74931</u> |
| <u>#18</u> | Search ("Osteoporosis" [Mesh] OR "Bone Density" [Mesh] OR "Calcaneus" [Mesh]) Filters: Publication | <u>8672</u> |
| | date from 2009/11/01; Humans; English; Adult: 19+ years | |
| <u>#20</u> | Search (("Ultrasonography"[Mesh]) OR "Tomography, X-Ray Computed"[Mesh]) OR | <u>573915</u> |
| | ("Densitometry"[Mesh] OR "Absorptiometry, Photon"[Mesh]) | |
| | Search (#18 AND #20) | <u>2718</u> |
| | Search (#18 AND #20) Filters: Systematic Reviews | <u>33</u> |
| | Search (#21 AND #11) | <u>1336</u> |
| | Search (#22 OR #23) | <u>1354</u> |
| | Search (("Osteoporosis" [Mesh] OR "Bone Density" [Mesh])) | <u>70305</u> |
| <u>#29</u> | Search (("Osteoporosis" [Mesh] OR "Bone Density" [Mesh])) Filters: Publication date from 2009/11/01; | <u>8207</u> |
| | Humans; English; Adult: 19+ years | |
| <u>#31</u> | Search ((((("Diphosphonates"[Mesh]) OR "Alendronate"[Mesh] OR "risedronic acid"[Supplementary | <u>5166</u> |
| | Concept]) OR "Etidronic Acid" [Mesh]) OR "ibandronic acid" [Supplementary Concept]) OR | |
| | "pamidronate" [Supplementary Concept]) OR "zoledronic acid" [Supplementary Concept] OR Bone | |
| | Density Conservation Agents[mesh] "Calcium Carbonate"[Mesh] OR "Estrogen Receptor | |
| | Modulators" [Mesh] OR "Selective Estrogen Receptor Modulators" [Mesh] | 222224 |
| #32 | Search (("Calcitonin"[Mesh]) OR (("Hormone Replacement Therapy"[Mesh] OR "Estrogen | 206284 |
| | Replacement Therapy"[Mesh]) OR "Estradiol Congeners"[Mesh])) OR (((("Parathyroid | |
| | Hormone"[Mesh]) OR "Tamoxifen"[Mesh]) OR "Teriparatide"[Mesh] OR "Raloxifene"[Mesh]) OR "Tastastastastas" [Supplementary Consent] OR | |
| | "Testosterone" [Mesh]) OR "RANK ligand inhibitor" OR "estropipate" [Supplementary Concept] OR "hozadovifone" [Supplementary Concept] | |
| #22 | "bazedoxifene" [Supplementary Concept] Search (#31 OR #32) | 207691 |
| | Search (#29 AND #33) | 977 |
| | | |
| | Search (#34 and #11) Search (#29 AND #33) Filters: Systematic Reviews | <u>534</u> 27 |
| | Search #35 OR #36 | |
| | | <u>552</u> |
| <u>#4Z</u> | Search (#41 OR #24 OR #13) | <u>2439</u> |

Cochrane

Osteoporosis AND (screening OR treatment) = 40

Embase

Osteoporosis AND (screening OR treatment) = 233

ClinicalTrials.gov

Osteoporosis AND (screening OR treatment) = 285

Appendix A. Search Strategies and Detailed Methods

Drugs@FDA.gov

Osteoporosis AND (screening OR treatment)

HSRProj

"osteoporosis" = 19

Cochrane Clinical Trials Registry

Osteoporosis AND (screening OR treatment) = 1068

WHO ICTRP

Osteoporosis AND (screening OR treatment) = 23

Official "Risk Assessment" Add in for Earlier Work (October 16, 2015)

| | Search String | Results |
|-----------|---|---------------|
| #1 | Search "Osteoporosis" [Mesh] OR "Fractures, Bone" [Mesh] OR "Bone Density" [Mesh] | <u>202036</u> |
| | Search "Mass Screening" [Mesh] OR screen | <u>237370</u> |
| | Search "Risk Assessment" [Mesh] | <u>190623</u> |
| #4 | Search (#3 NOT #2) | 183589 |
| <u>#5</u> | Search (#1 AND #4) | <u>3743</u> |
| #6 | Search (#1 AND #4) Filters: Humans | <u>3719</u> |
| #7 | Search (#1 AND #4) Filters: Humans; English | <u>3416</u> |
| <u>#8</u> | Search (#1 AND #4) Filters: Humans; English; Adult: 19+ years | <u>2450</u> |
| <u>#9</u> | Search (#1 AND #4) Filters: Publication date from 2001/01/01 to 2009/12/31; Humans; English; Adult: | 1207 |
| | 19+ years | |

Osteoporosis Update Search October 16, 2015

Pubmed

Full Results for All Screening or Risk Assessment (Not narrowed by study type)

| | Search String | Results |
|-----|--|---------|
| #1 | Search "Osteoporosis" [Mesh] OR "Fractures, Bone" [Mesh] OR "Bone Density" [Mesh] | 202036 |
| #8 | Search "Osteoporosis" [Mesh] OR "Fractures, Bone" [Mesh] OR "Bone Density" [Mesh] Filters: Humans | 176314 |
| #9 | Search "Osteoporosis" [Mesh] OR "Fractures, Bone" [Mesh] OR "Bone Density" [Mesh] Filters: Humans; English | 131410 |
| #10 | Search "Osteoporosis" [Mesh] OR "Fractures, Bone" [Mesh] OR "Bone Density" [Mesh] Filters: Humans; English; Adult: 19+ years | 83026 |
| #11 | Search "Osteoporosis" [Mesh] OR "Fractures, Bone" [Mesh] OR "Bone Density" [Mesh] Filters: Publication date from 2009/11/01; Humans; English; Adult: 19+ years | 22192 |
| #13 | Search "Mass Screening" [Mesh] OR "Risk Assessment" [Mesh] | 289991 |
| #14 | Search (#11 AND #13) | 1388 |

Updates for April Search

| _ | Search String | Results |
|------------|---|----------------|
| #15 | Search (("Osteoporosis" [Mesh] OR "Bone Density" [Mesh] OR "Calcaneus" [Mesh])) | 76720 |
| <u>#18</u> | Search (("Osteoporosis" [Mesh] OR "Bone Density" [Mesh] OR "Calcaneus" [Mesh])) Filters: Humans; | <u>35637</u> |
| | English; Adult: 19+ years | |
| | Search ("2015" [Date - Entrez] : "3000" [Date - Entrez]) Filters: Humans; English; Adult: 19+ years | 32504 |
| <u>#21</u> | Search (("Ultrasonography"[Mesh]) OR "Tomography, X-Ray Computed"[Mesh]) OR (| <u>590335</u> |
| | "Densitometry" [Mesh] OR "Absorptiometry, Photon" [Mesh]) | |
| | Search (#18 AND #19 AND #21) | <u>58</u> |
| | Search (#18 AND #19 AND #21) Filters: Systematic Reviews | <u>0</u> |
| #25 | Search (("Controlled Clinical Trial" [Publication Type] OR "Randomized Controlled Trial" [Publication | <u>2344296</u> |
| | Type] OR "Meta-Analysis" [Publication Type] OR "Cohort Studies" [Mesh]) OR "Case-Control | |
| | Studies"[Mesh] OR "Sensitivity and Specificity"[Mesh]) | |
| | Search (#18 AND #19 AND #25) | <u>111</u> |
| | Search ((("Osteoporosis"[Mesh] OR "Bone Density"[Mesh]))) | <u>71994</u> |
| <u>#31</u> | Search ((("Osteoporosis" [Mesh] OR "Bone Density" [Mesh]))) Filters: Humans; English; Adult: 19+ | <u>33693</u> |
| | years | |
| | Search (#31 AND #19) Filters: Humans; English; Adult: 19+ years | <u>190</u> |
| <u>#34</u> | Search (((((("Diphosphonates"[Mesh]) OR "Alendronate"[Mesh] OR "risedronic acid"[Supplementary | <u>210994</u> |
| | Concept]) OR "Etidronic Acid" [Mesh]) OR "ibandronic acid" [Supplementary Concept]) OR | |
| | "pamidronate" [Supplementary Concept] OR "zoledronic acid" [Supplementary Concept] OR Bone | |
| | Density Conservation Agents[mesh] "Calcium Carbonate" [Mesh] OR "Estrogen Receptor | |
| | Modulators" [Mesh] OR "Selective Estrogen Receptor Modulators" [Mesh])) OR ((("Calcitonin" [Mesh])) | |
| | OR (("Hormone Replacement Therapy"[Mesh]) OR "Estrogen Replacement Therapy"[Mesh]) OR "Fetradial Congeners" (Mesh)) OR ((("Porethyraid Hormone" (Mesh)) OR "Tamayifan" (Mesh)) OR | |
| | "Estradiol Congeners" [Mesh])) OR (((("Parathyroid Hormone" [Mesh]) OR "Tamoxifen" [Mesh]) OR "Teriparatide" [Mesh]) OR "Raloxifene" [Mesh]) OR "Testosterone" [Mesh]) OR "RANK ligand inhibitor" | |
| | OR "estropipate" [Supplementary Concept] OR "bazedoxifene" [Supplementary Concept] OR | |
| | "denosumab" [Supplementary Concept] OK bazedoxirene [Supplementary Concept] OK | |
| #35 | Search (#32 AND #34) | 22 |
| | Search (#35 AND #25) | 15 |
| - | Search (#32 AND #34) Filters: Systematic Reviews | 0 |

PubMed = 117 = 98 NEW

Cochrane

Osteoporosis AND (screening OR treatment) = 0 NEW

Embase

Osteoporosis AND (screening OR treatment) = 65 = 44 NEW

ClinicalTrials.gov

Osteoporosis AND (screening OR treatment) = 3 = 0 NEW (Citations provided separately – not part of database)

Drugs@FDA.gov

Will do targeted searches for "harms" as indicated

HSRProj

"osteoporosis" = 1 = 0

Cochrane Clinical Trials Registry

Osteoporosis AND (screening OR treatment) = 48 = 44 New

WHO ICTRP

Osteoporosis AND (screening OR treatment) = 0 Total Unduplicated Database = 186

TBS Add on (December 21, 2015)

| | Search String | Results |
|------|---|---------|
| #102 | Search "trabecular bone score" | 113 |
| #105 | Search ("Mass Screening" [Mesh] OR "Risk Assessment" [Mesh]) | 293426 |
| #106 | Search (#102 AND #105) | 17 |
| #107 | Search (#102 AND #105) Filters: Systematic Reviews | 0 |
| | Search (#102 AND #105) Schema: all Filters: Systematic Reviews | 0 |
| #109 | Search (("Controlled Clinical Trial" [Publication Type] OR "Randomized Controlled Trial" [Publication Type] OR "Meta-Analysis" [Publication Type] OR "Cohort Studies" [Mesh]) OR "Case-Control Studies" [Mesh] OR "Sensitivity and Specificity" [Mesh]) | 2376092 |
| #110 | Search (#102 AND #109) | 32 |
| #114 | Search (#102 AND #109) Filters: Publication date from 2009/11/01; Humans; English; Adult: 19+ years | 28 |

⁷ new

Supplemental Denosumab Search (July 29, 2016)

| | Search String | Results |
|-----|---|---------|
| #1 | Search denosumab | 1631 |
| #4 | Search "Osteoporosis" [Mesh] OR "Bone Density" [Mesh] | 74955 |
| #5 | Search (#1 AND #4) | 566 |
| #6 | Search (("Controlled Clinical Trial" [Publication Type] OR "Randomized Controlled Trial" [Publication Type] OR "Meta-Analysis" [Publication Type] OR "Cohort Studies" [Mesh]) OR "Case-Control Studies" [Mesh] OR "Sensitivity and Specificity" [Mesh]) | 2474527 |
| #7 | Search (#5 AND #6) | 116 |
| #8 | Search (#5 AND #6) Filters: Humans | 116 |
| | Search (#5 AND #6) Filters: Humans; English | 114 |
| #10 | Search (#5 AND #6) Filters: Humans; English; Adult: 19+ years | 98 |

Supplemental Pharmaceutical Search and Deduplication (8/1/2016)

| | Search String | Results |
|------------|---|---------------|
| #1 | Search "Fractures, Bone" [Mesh] | 157410 |
| <u>#2</u> | Search (("Osteoporosis" [Mesh] OR "Bone Density" [Mesh])) | 74997 |
| #3 | Search (#1 NOT #2) | 140422 |
| <u>#7</u> | Search (#1 NOT #2) Filters: Publication date from 2009/11/01; Humans; English; Adult: 19+ years | <u>15369</u> |
| <u>#10</u> | Search (("Calcitonin"[Mesh]) OR (("Hormone Replacement Therapy"[Mesh] OR "Estrogen Replacement Therapy"[Mesh]) OR "Estradiol Congeners"[Mesh])) OR (((("Parathyroid | <u>218717</u> |
| | Hormone" [Mesh]) OR "Tamoxifen" [Mesh]) OR "Teriparatide" [Mesh] OR "Raloxifene" [Mesh]) OR | |
| | "Testosterone"[Mesh]) OR "RANK ligand inhibitor" OR "estropipate" [Supplementary Concept] OR | |
| | "bazedoxifene" [Supplementary Concept] OR "denosumab" [Supplementary Concept] | |
| <u>#11</u> | Search ((((("Diphosphonates" [Mesh]) OR "Alendronate" [Mesh] OR "risedronic acid" [Supplementary | <u>5443</u> |
| | Concept]) OR "Etidronic Acid"[Mesh]) OR "ibandronic acid"[Supplementary Concept]) OR | |
| | "pamidronate" [Supplementary Concept]) OR "zoledronic acid" [Supplementary Concept] OR Bone | |
| | Density Conservation Agents[mesh] "Calcium Carbonate"[Mesh] OR "Estrogen Receptor | |
| | Modulators"[Mesh] OR "Selective Estrogen Receptor Modulators"[Mesh] | |
| <u>#12</u> | Search (#10 OR #11) | 220200 |
| <u>#13</u> | Search (#7 AND #12) | <u>119</u> |
| <u>#14</u> | Search (#7 AND #12) Filters: Systematic Reviews | 7 |
| <u>#15</u> | Search (("Controlled Clinical Trial" [Publication Type] OR "Randomized Controlled Trial" [Publication | 2477337 |
| | Type] OR "Meta-Analysis" [Publication Type] OR "Cohort Studies"[Mesh]) OR "Case-Control | |
| | Studies"[Mesh] OR "Sensitivity and Specificity"[Mesh]) | |
| <u>#18</u> | Search (#13 AND #15) | <u>45</u> |
| #19 | Search (#14 OR #18) | 47 |

Update to Full Search (10/1/2016)

| | Search String | Results |
|-----|--|---------|
| #1 | Search ("Osteoporosis" [Mesh] OR "Fractures, Bone" [Mesh] OR "Bone Density" [Mesh]) | 216915 |
| #5 | Search ("Osteoporosis" [Mesh] OR "Fractures, Bone" [Mesh] OR "Bone Density" [Mesh]) Filters: | 519 |
| | Publication date from 2016/01/01; Humans; English; Adult: 19+ years | |
| #6 | Search ("Mass Screening" [Mesh] OR "Risk Assessment" [Mesh]) | 308814 |
| #7 | Search (#5 AND #6) | 31 |
| #8 | Search (#5 AND #6) Filters: Systematic Reviews | 2 |
| #9 | Search (("Controlled Clinical Trial" [Publication Type] OR "Randomized Controlled Trial" | 2505387 |
| | [Publication Type] OR "Meta-Analysis" [Publication Type] OR "Cohort Studies" [Mesh]) OR "Case- | |
| | Control Studies" [Mesh] OR "Sensitivity and Specificity" [Mesh]) | |
| #10 | Search (#7 AND #9) | 24 |
| #11 | Search (#8 OR #10) | 24 |
| #13 | Search ("Osteoporosis" [Mesh] OR "Bone Density" [Mesh] OR "Calcaneus" [Mesh]) | 80677 |
| #16 | Search ("Osteoporosis" [Mesh] OR "Bone Density" [Mesh] OR "Calcaneus" [Mesh]) Filters: Humans; | 37386 |
| | English; Adult: 19+ years | |
| #17 | Search ("Osteoporosis" [Mesh] OR "Bone Density" [Mesh] OR "Calcaneus" [Mesh]) Filters: | 202 |
| | Publication date from 2016/01/01; Humans; English; Adult: 19+ years | |
| #19 | Search ((("Ultrasonography"[Mesh]) OR "Tomography, X-Ray Computed"[Mesh]) OR | 622542 |
| | ("Densitometry"[Mesh] OR "Absorptiometry, Photon"[Mesh])) | |
| #20 | Search (#17 AND #19) | 80 |
| #21 | Search (#17 AND #19) Filters: Systematic Reviews | 0 |
| #22 | Search (#20 AND #9) | 44 |
| #24 | Search (("Osteoporosis" [Mesh] OR "Bone Density" [Mesh])) | 75586 |
| #28 | Search (("Osteoporosis" [Mesh] OR "Bone Density" [Mesh])) Filters: Publication date from | 198 |
| | 2016/01/01; Humans; English; Adult: 19+ years | |
| #30 | Search ((((("Diphosphonates"[Mesh]) OR "Alendronate"[Mesh] OR "risedronic | 5478 |
| | acid"[Supplementary Concept]) OR "Etidronic Acid"[Mesh]) OR "ibandronic acid"[Supplementary | |
| | Concept]) OR "pamidronate" [Supplementary Concept]) OR "zoledronic acid" [Supplementary | |
| | Concept] OR Bone Density Conservation Agents[mesh] "Calcium Carbonate" [Mesh] OR "Estrogen | |
| | Receptor Modulators" [Mesh] OR "Selective Estrogen Receptor Modulators" [Mesh] | |

Appendix A. Search Strategies and Detailed Methods

| | Search String | Results |
|-----|--|---------|
| #31 | Search ((("Calcitonin" [Mesh]) OR (("Hormone Replacement Therapy" [Mesh] OR "Estrogen Replacement Therapy" [Mesh]) OR "Estradiol Congeners" [Mesh]) OR (((("Parathyroid Hormone" [Mesh]) OR "Tamoxifen" [Mesh]) OR "Teriparatide" [Mesh] OR "Raloxifene" [Mesh]) OR "Testosterone" [Mesh]) OR "RANK ligand inhibitor" OR "estropipate" [Supplementary Concept] OR "bazedoxifene" [Supplementary Concept] OR "denosumab" [Supplementary Concept]) | 219684 |
| #32 | Search (#30 OR #31) | 221184 |
| #33 | Search (#28 AND #32) | 19 |
| #34 | Search (#28 AND #32) Filters: Systematic Reviews | 0 |
| #36 | Search (#33 AND #9) | 12 |
| #38 | Search (#11 OR #22 OR #36) | 71 |

Total New Unduplicated Database Additions = 76

TBS Add on (10/1/2016)

| | Search String | Results |
|-----|--|---------|
| #1 | Search "trabecular bone score" | 160 |
| #2 | Search ("Mass Screening" [Mesh] OR "Risk Assessment" [Mesh]) | 308814 |
| #3 | Search ("trabecular bone score") AND (("Mass Screening"[Mesh] OR "Risk Assessment"[Mesh])) | 22 |
| #4 | Search ("trabecular bone score") AND (("Mass Screening"[Mesh] OR "Risk Assessment"[Mesh])) Filters: Systematic Reviews | 0 |
| #5 | Search ("trabecular bone score") AND (("Mass Screening"[Mesh] OR "Risk Assessment"[Mesh])) Schema: all Filters: Systematic Reviews | 0 |
| #6 | Search (("Controlled Clinical Trial" [Publication Type] OR "Randomized Controlled Trial" [Publication Type] OR "Meta-Analysis" [Publication Type] OR "Cohort Studies" [Mesh]) OR "Case-Control Studies" [Mesh] OR "Sensitivity and Specificity" [Mesh]) | 2505387 |
| #7 | Search ("trabecular bone score") AND ((("Controlled Clinical Trial" [Publication Type] OR "Randomized Controlled Trial" [Publication Type] OR "Meta-Analysis" [Publication Type] OR "Cohort Studies" [Mesh]) OR "Case-Control Studies" [Mesh] OR "Sensitivity and Specificity" [Mesh])) | 43 |
| #8 | Search ("trabecular bone score") AND ((("Controlled Clinical Trial" [Publication Type] OR "Randomized Controlled Trial" [Publication Type] OR "Meta-Analysis" [Publication Type] OR "Cohort Studies" [Mesh]) OR "Case-Control Studies" [Mesh] OR "Sensitivity and Specificity" [Mesh])) Filters: Humans | 43 |
| #9 | Search ("trabecular bone score") AND ((("Controlled Clinical Trial" [Publication Type] OR "Randomized Controlled Trial" [Publication Type] OR "Meta-Analysis" [Publication Type] OR "Cohort Studies" [Mesh]) OR "Case-Control Studies" [Mesh] OR "Sensitivity and Specificity" [Mesh])) Filters: Humans; Adult: 19+ years | 41 |
| #10 | Search ("trabecular bone score") AND ((("Controlled Clinical Trial" [Publication Type] OR "Randomized Controlled Trial" [Publication Type] OR "Meta-Analysis" [Publication Type] OR "Cohort Studies" [Mesh]) OR "Case-Control Studies" [Mesh] OR "Sensitivity and Specificity" [Mesh])) Filters: Humans; English; Adult: 19+ years | 40 |
| #11 | Search ("trabecular bone score") AND ((("Controlled Clinical Trial" [Publication Type] OR "Randomized Controlled Trial" [Publication Type] OR "Meta-Analysis" [Publication Type] OR "Cohort Studies" [Mesh]) OR "Case-Control Studies" [Mesh] OR "Sensitivity and Specificity" [Mesh])) Filters: Publication date from 2015/01/01; Humans; English; Adult: 19+ years | 14 |

Total New Unduplicated Database Additions = 12

| | Exclusion | | Inclusion Critoria | Evaluaion Critorio |
|--|-----------|--|---|--|
| Include or Exclude Question | Code | Exclusion | Inclusion Criteria | Exclusion Criteria |
| Was the article published in English? Does the title/abstract represent original research? | X1 X2 | Not published in English Not original research | Study must be published in English Published or unpublished original research | Study not published in English Nonsystematic review article, letter, or editorial; articles in w hich results are reported elsew here; articles w ith no original data |
| 3. KQs 1–3: Does the study report on general primary care men and women age ≥40 years without history of low trauma fractures; or endocrine disorders likely to be related to metabolic bone disease, such as premature ovarian failure, hypogonadism, untreated hyperthyroidism, hyperparathyroidism, adrenal insufficiency or Cushing's syndrome; or chronic use of glucocorticoids medications (>5 mg/d oral prednisone (or equivalent) for 3 months or longer)? KQs 4, 5: Does the review report on adults age ≥40 years with increased fracture risk? | | Wrong population | KQs 1–3: General primary care men and women age ≥40 years without history of low trauma fractures; or endocrine disorders likely to be related to metabolic bone disease, such as premature ovarian failure, hypogonadism, untreated hyperthyroidism, hyperparathyroidism, adrenal insufficiency or Cushing's syndrome; or chronic use of glucocorticoids medications (>5 mg/d oral prednisone (or equivalent) for 3 months or longer) KQs 4, 5: Majority are adults with increased fracture risk | Majority of study population has underlying medical condition likely to be related to metabolic bone disease or is already receiving treatment for osteoporosis or has experienced a low-trauma facture Nonhuman populations Majority of study population comprises adults younger than age 40 years KQs 4, 5: Majority are adults with no increased fracture risk |
| 4. Does the study use of a study design of interest? | X4 | Wrong study design | KQs 1–3: Randomized, controlled trials Controlled clinical trials Systematic reviews of trials KQs 2, 3: Observational studies other than case series and case reports KQ 4: Systematic reviews and randomized controlled trials, controlled trials published since any recent, relevant review KQ 5: Systematic reviews and randomized controlled trials, controlled trials, and observational studies published since any recent, relevant review | KQ 1: Nonrandomized, controlled trials; noncontrolled clinical trials, or nonsystematic reviews of trials KQs 2, 3: Case series, case reports KQs 4, 5: Nonsystematic reviews, case series, case reports KQ 4: Case control studies ^a |
| 5. Does the study include countries with a human development index (HDI) similar to the United States? | X5 | Wrong geographical setting | KQs 1, 4, 5: U.S. adult population or comparable populations (i.e., those categorized as "Very High" on the Human Development Index, as defined by the United Nations Development Programme) ^b KQs 2, 3: Include all geographic settings | KQs 1, 4 5: Settings not comparable or applicable to U.S. adult population KQs 2, 3: Include all geographic settings at this time |

| Include or Exclude Question | Exclusion Code | Reason for Exclusion | Inclusion Criteria | Exclusion Criteria |
|---|----------------|---------------------------|--|--|
| Is the study conducted in a clinical setting of interest? | X6 | Wrong clinical setting | KQ 1: Primary care or primary care—like settings KQs 2–5: Primary care or primary care—like settings, specialists | KQ 1: Inpatient, medical specialty (e.g., endocrinology), or nursing home settings KQs 2–5: Inpatient or nursing home settings |
| 7. Does the study include an intervention of interest? | X7 | vvrong or no intervention | KQs 1–3: Externally validated and publicly available risk assessment instruments for low bone mass, osteoporosis, or fracture risk (interventions available in the United States) Risk assessment tools are any paper-based or electronic approach/instrument that compiles/consolidates various demographic or clinical characteristics of an individual and compares an individual's characteristics against a threshold or guideline to make a subsequent decision for testing or treatment. Examples include age, body weight criterion, Brown's clinical risk assessment, "clinical guidelines," "case identification algorithm," Elderly Falls Screening Test, Fracture absolute risk assessment, Garvan Fracture Risk Calculator, Male Osteoporosis Risk Estimation Score (MORES), NOF guidelines, Nomograms, Osteoporosis Self assessment Tool for Asians (OSTA); modified OSTA, ORAI, OSIRIS, QFracture algorithm, Simple Calculated Osteoporosis Risk Estimate (SCORE)a Eligible bone measurement testing includes DXA (central or peripherally measured) and quantitative ultrasound, also include dental bone tests and trabecular bone scorea | Not externally validated or publicly available risk assessment or bone measurement testing specifically for osteoporosis or fracture risk^a Test not widely for routine clinical use in the United States KQs 2, 3: Non-FDA approved tests for screening; biomarkers of bone metabolism, quantitative CT, MRI, hip structural analysis, structural engineering models, finite element analysis |

| Include or Exclude Question | Exclusion Code | Reason for Exclusion | Inclusion Criteria | Exclusion Criteria |
|--|----------------|-------------------------|--|--|
| 7. Does the study include an intervention of interest? (continued) | | | KQs 4, 5: Pharmacotherapy for the treatment or prevention of osteoporosis (including bisphosphonates, estrogen agonists/antagonists, hormone therapy, parathyroid hormone, and RANK Ligand Inhibitors) -Note: Bazedoxifine alone is not FDA approved, calcitonin is no longer used as first-line therapy ^a | KQs 4, 5: Interventions other than those described in the inclusion criteria |
| 8. Does the study include a comparator of interest? | X8 | Wrong or no comparator | KQ 1 (control interventions): No screening group KQs 2, 3 (control interventions): Other risk assessment/testing approach, threshold, or interval; DXA screening at hip or lumbar spine reporting T-scores based on NHANES III US White Female reference ranges ^a KQ 4 (control interventions): Placebo KQ 5 (control interventions): Placebo or no treatment | KQ 1 (control interventions): Lack of a no screening group (active comparator) KQ 2 (control interventions): Not an active comparator; no comparator, DXA screening at peripheral sites, other non-central DXA imaging tests (e.g., quantitative ultrasound), T-scores based on non-NHANES or local reference rangesa KQ 3: None KQs 4, 5 (control interventions): Active comparator |

Appendix B. Screening for Osteoporosis: Inclusion and Exclusion Criteria

| | Exclusion | | | |
|---|-----------|---------------------|--|--|
| Include or Exclude Question | Code | Exclusion | Inclusion Criteria | Exclusion Criteria |
| 9. Does the study include an outcome of interest? | Х9 | Wrong or no outcome | All KQs: Fractures, fracture-related morbidity, fracture-related mortality, or all-cause mortality. Fractures include "major osteoporotic fractures," which include fractures of the hip, wrist (including distal radius), humerus, and spine/vertebral (clinically presenting). Morphometric spine/vertebral fractures will also be included but recorded separately if possible. KQ 2: Screening test characteristics (e.g., Youden's index, sensitivity, specificity, area under the receiver operating characteristic curve or AUC, positive predictive value, negative predictive value, diagnostic odds ratio, likelihood ratio) and reliability (test-retest measures such as Kappa) of risk assessment (for fractures) on identification of osteoporosis) on both (for fractures) erracture risk prediction characteristics (overall model performance [Brier score, R-squared] extended measures of discrimination [concordance statistic c, discrimination slope], calibration [calibration-in-the-large, calibration slope, "goodness-of-fit" test or Hosmer-Lemeshow test], reclassification improvement, integrated discrimination improvement, integrated discrimination improvement]), and clinical usefulness (net benefit, decision curve analysis) Risk assessment instruments for identifying osteoporosis: AUC for ROC curves for identifying BMD ≤-2.5 | Exclude if: KQ 1 and KQ 4: Nonvalidated fractures (i.e., self-reported) ^a , fracture-related morbidity, or fracture-related mortality Bone measurement testing (T-scores, z-scores) KQ 2: Outcomes other than screening test or risk prediction characteristics ^a KQs 3, 5: No health outcomes excluded for harms ^a |

| Include or Exclude Question | Exclusion Code | Reason for Exclusion | Inclusion Criteria | Exclusion Criteria |
|--|----------------|-------------------------|--|--------------------|
| Does the study include an outcome of interest? (continued) | | | KQ 3: Harms (e.g., unnecessary radiation, labeling, anxiety, false-positive results) KQ 5: Harms (e.g., cardiovascular events, hot flashes, esophageal cancer, gastrointestinal events, osteonecrosis of | |
| | | | the jaw, atypical fractures of the femur, rashes) | |

^a Italicized text represents additional clarification to operationalize inclusion and exclusion criteria.

b Very high human development index countries include Norway, Australia, Switzerland, Denmark, Netherlands, Germany, Ireland, United States, Canada, New Zealand, Singapore, Hong Kong, China (SAR), Liechtenstein, Sweden, United Kingdom, Iceland, Korea (Republic of), Israel, Luxembourg, Japan, Belgium, France, Austria, Finland, Slovenia, Spain, Italy, Czech Republic, Greece, Estonia, Brunei Darussalam, Cyprus, Qatar, Andorra, Slovakia, Poland, Lithuania, Malta, Saudi Arabia, Argentina, United Arab Emirates, Chile, Portugal, Hungary, Bahrain, Latvia, Croatia, Kuwait, Montenegro (http://hdr.undp.org/en/content/table-1-human-development-index-and-its-components).

X1: not published in English

X2: not original research

X3: wrong population

X4: wrong study design

X5: wrong geographic setting

X6: wrong clinical setting

X7: wrong or no intervention

X8: wrong or no comparator

X9: wrong or no outcome

X10: article retracted

X11: bone measurement after outcome

X12: exclude not commercially available

X13: not FDA approved

X14: not in externally validated cohort

X15: not in very high HDI country

X16: study superseded by new evidence

X17: only used for hand search

X18: full text article not accessible

X19: insufficient information for abstraction

X20: poor quality

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- 630. Vestergaard P. Acute myocardial infarction and atherosclerosis of the coronary arteries in patients treated with drugs against osteoporosis: calcium in the vessels and not the bones? Calcif Tissue Int. 2012 Jan;90(1):22-9. doi: 10.1007/s00223-011-9549-2 [doi]. PMID: 22120197. Exclusion Code: X20.
- 631. Vestergaard P, Jorgensen NR, Mosekilde L, et al. Effects of parathyroid hormone alone or in combination with antiresorptive therapy on bone mineral density and fracture risk--a meta-analysis. Osteoporos Int. 2007 Jan; 18(1):45-57. doi: 10.1007/s00198-006-0204-0. PMID: 16951908. Exclusion Code: X8.
- 632. Vestergaard P, Schwartz F, Rejnmark L, et al. Risk of femoral shaft and subtrochanteric fractures among users of bisphosphonates and raloxifene. Osteoporos Int. 2011 Mar; 22(3):993-1001. doi: 10.1007/s00198-010-1512-y [doi]. PMID: 21165600. Exclusion Code: X20.

- 633. Vestergaard P, Schwartz K, Pinholt EM, et al. Gastric and esophagus events before and during treatment of osteoporosis. Calcif Tissue Int. 2010 Feb;86(2):110-5. doi: 10.1007/s00223-009-9323-x [doi]. PMID: 19957165. Exclusion Code: X20.
- 634. Vestergaard P, Schwartz K, Pinholt EM, et al. Stroke in relation to use of raloxifene and other drugs against osteoporosis.

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- 635. Vestergaard P, Schwartz K, Rejnmark L, et al. Oral bisphosphonate use increases the risk for inflammatory jaw disease: a cohort study. J Oral Maxillofac Surg. 2012 Apr;70(4):821-9. doi: 10.1016/j.joms.2011.02.093. PMID: 21764202. Exclusion Code: X20.
- 636. Voelker R. Osteoporosis screening may be needed less often than previously believed. JAMA. 2012 Feb 15;307(7):654. doi: 10.1001/jama.2012.129. PMID: 22337665. Exclusion Code: X2.
- 637. Von Muhlen D, Visby Lunde A,
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 women: the Rancho Bernardo study.
 Osteoporos Int. 1999; 10(1):79-84. doi:
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 Exclusion Code: X9.
- 638. Vujas inovic-Stupar N, Milic N,
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 patients with reduced bone mineral densityESTHER study. Srp Arh Celok Lek.
 2010;138(1-2):56-61. Exclusion Code: X5.
- 639. Walker MD, Cusano NE, Sliney J, Jr., et al. Combination therapy with risedronate and teriparatide in male osteoporosis. Endocrine. 2013 Aug;44(1):237-46. doi: 10.1007/s12020-012-9819-4 [doi]. PMID: 23099796. Exclusion Code: X8.
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 Prediction of new clinical vertebral fractures
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 of CT scans. J Bone Miner Res.
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 10.1002/jbmr.1539 [doi]. PMID: 22190331.
 Exclusion Code: X7.

- 641. Wang YJ, Zhan JK, Huang W, et al. Effects of low-dose testosterone undecanoate treatment on bone mineral density and bone turnover markers in elderly male osteoporosis with low serum testosterone. In Int J Endocrinol Exclusion Code: X7.
- 642. Watts NB, Brown JP, Cline G. Risedronate on 2 consecutive days a month reduced vertebral fracture risk at 1 year compared with historical placebo. J Clin Densitom. 2010 Jan-Mar; 13(1):56-62. doi: 10.1016/j.jocd.2009.09.005. PMID: 19942469. Exclusion Code: X4.
- 643. Watts NB, Geusens P, Barton IP, et al. Relationship between changes in BMD and nonvertebral fracture incidence associated with risedronate: reduction in risk of nonvertebral fracture is not related to change in BMD. J Bone Miner Res. 2005 Dec;20(12):2097-104. doi: 10.1359/JBMR.050814 [doi]. PMID: 16294263. Exclusion Code: X9.
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- 645. Weidauer L, Binkley T, Beare T, et al. Do Sex Differences Exist in Rates of Falls and Fractures in Hutterite, Rural, and Nonrural Populations, A ged 20 to 66 Years? Clin Orthop Relat Res.
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- 646. Weinstein L, Ullery B. Identification of at-risk women for osteoporosis screening. Am J Obstet Gynecol. 2000 Sep;183(3):547-9. doi: 10.1067/mob.2000.106594. PMID: 10992172. Exclusion Code: X9.
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- 652. Winzenrieth R, Dufour R, Pothuaud L, et al. A retrospective case-control study assessing the role of trabecular bone score in postmenopausal Caucasian women with osteopenia: analyzing the odds of vertebral fracture. Calcif Tissue Int. 2010 Feb;86(2):104-9. doi: 10.1007/s00223-009-9322-y [doi]. PMID: 19998029. Exclusion Code: X11.
- 653. Wong AK, Beattie KA, Min KK, et al. A Trimodality Comparison of Volumetric Bone Imaging Technologies. Part III: SD, SEE, LSC Association With Fragility Fractures. J Clin Densitom. 2015 Jul-Sep; 18(3):408-18. doi: 10.1016/j.jocd.2014.07.003. PMID: 25129407. Exclusion Code: X7.
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Appendix C. Reasons for Exclusion

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- 658. Yaffe K, Krueger K, Cummings SR, et al. Effect of raloxifene on prevention of dementia and cognitive impairment in older women: the Multiple Outcomes of Raloxifene Evaluation (MORE) randomized trial. Am J Psychiatry. 2005 Apr;162(4):683-90. doi: 10.1176/appi.ajp.162.4.683. PMID: 15800139. Exclusion Code: X9.
- 659. Yamamoto T, Taketsuna M, Guo X, et al. The safety and effectiveness profile of daily teriparatide in a prospective observational study in Japanese patients with osteoporosis at high risk for fracture: interim report.

 J Bone Miner Metab. 2014;32(6):699-708.
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- of daily teriparatide treatment: A post hoc analysis of a Phase III study to investigate the possible as sociation of teriparatide treatment with calciumhomeostasis in patients with serumprocollagentype I N-terminal propeptide elevation. In Clin Interv Aging Exclusion Code: X9.
- 661. Yang Y, Luo X, Xie X, et al. Influences of teriparatide administration on marrow fat content in postmenopausal osteopenic women using MR spectroscopy.

 Climacteric. 2016;19(3):285-91.

 Exclusion Code: X5.
- 662. Yarnall AJ, Duncan GW, Khoo TK, et al. Falling short: underestimation of fracture risk in atypical parkinsonian syndromes. Parkinsonism Relat Disord. 2012 Jun;18(5):692-3. doi: 10.1016/j.parkreldis.2012.01.004. PMID: 22265139. Exclusion Code: X3.
- 663. Yazdani S, Iranpour Asli A, Salemi A, et al. Determination of clinical decision rule for estimation of bone mineral density in women. Med Princ Pract.
 2011;20(5):416-21. doi: 10.1159/000327661. PMID: 21757929. Exclusion Code: X4.

- 664. Yu R, Leung J, Woo J. Sarcopenia combined with FRAX probabilities improves fracture risk prediction in older Chinese men. J Am Med Dir Assoc. 2014 Dec; 15(12):918-23. doi: 10.1016/j.jamda.2014.07.011. PMID: 25262197. Exclusion Code: X3.
- 665. Yun H, Delzell E, Ensrud KE, et al. Predicting hip and major osteoporotic fractures using administrative data. Arch Intern Med. 2010 Nov 22;170(21):1940-2. doi: 10.1001/archinternmed.2010.410. PMID: 21098356. Exclusion Code: X2.
- 666. Zanchetta JR, Farias J, Bogado CE, et al. A clinicaltrial on the efficacy and safety of two teriparatide formulations. In Osteoporos Int Exclusion Code: X8.
- 667. Zegels B, Eastell R, Russell RG, et al. Effect of high doses of oral risedronate (20 mg/day) on serumparathyroid hormone levels and urinary collagen cross-link excretion in postmenopausal women with spinal osteoporosis. Bone.
 2001 Jan;28(1):108-12. PMID: 11165950. Exclusion Code: X3.
- 668. Zein CO, Jorgensen RA, Clarke B, et al. Alendronate improves bone mineral density in primary biliary cirrhosis: a randomized placebo-controlled trial. Hepatology. 2005 Oct;42(4):762-71. doi: 10.1002/hep.20866. PMID: 16175618. Exclusion Code: X3.
- 669. Zerbini CAF, Szejnfeld VL, Abergaria BH, et al. Incidence of hip fracture in Brazil and the development of a FRAX model.

 Archives of Osteoporosis. 2015;10(1).

 Exclusion Code: X5.
- 670. Zhang L, Lv H, Zheng H, et al. Correlation between Parameters of Calcaneal Quantitative Ultrasound and Hip Structural Analysis in Osteoporotic Fracture Patients. PLoS One. 2015;10(12):e0145879. doi: 10.1371/journal.pone.0145879. PMID: 26710123. Exclusion Code: X3.
- 671. Zhang ZL, Liao EY, Xia WB, et al.
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 combination tablet versus calcitriol for
 osteoporosis in Chinese postmenopausal
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 active-comparator-controlled study with a
 6-month extension. In Osteoporosis
 international: a journal established as
 result of cooperation between the European
 Foundation for Osteoporosis and the
 National Osteoporosis Foundation of
 the USA Exclusion Code: X8.

Appendix C. Reasons for Exclusion

- 672. Zheng S, Wu Y, Zhang Z, et al. Effects of raloxifene hydrochloride on bone mineral density, bone metabolism and serum lipids in postmenopausal women: a randomized clinical trial in Beijing. Chin Med J (Engl). 2003 Aug; 116(8):1127-33. PMID: 12935394. Exclusion Code: X5.
- 673. Zhu K, Devine A, Lewis JR, et al. "Timed up and go" test and bone mineral density measurement for fracture prediction. Arch Intern Med. 2011 Oct 10;171(18):1655-61. doi: 10.1001/archinternmed.2011.434. PMID: 21987195. Exclusion Code: X8.
- 674. Ziemlewicz TJ, Binkley N, Pickhardt PJ.
 Opportunistic Osteoporosis Screening:
 Addition of Quantitative CT Bone Mineral
 Density Evaluation to CT Colonography.
 J Am Coll Radiol.
 2015 Oct; 12(10):1036-41. doi:
 10.1016/j.jacr.2015.04.018. PMID:
 26435117. Exclusion Code: X7.

Appendix D Table 1. KQ 1 Risk of Bias Assessment: Part 1

| First Author, Year | Describe Interventions and Comparators | Study Design | FOR RCTs: Was Method of Randomization Adequate? | FOR RCTs: Was Allocation Concealment Adequate? | For RCTs: Were There Baseline Imbalances That Suggest a Problem with Randomization? |
|----------------------------------|--|--------------|--|---|---|
| Barr, 2010 ³¹⁷ | G1: invitation to osteoporosis screening G2: control (no invitation to screen) | RCT parallel | Yes | Probably yes | No |
| Shepstone, 2017 ⁷² | G1: invitation to osteoporosis screening G2: control (no invitation to screen) | RCT parallel | Yes | Probably yes | No |

Abbreviations: DXA=dual energy x-ray absorptiometry; G=group; KQ=key question; NA=not applicable; RCT=randomized controlled trial.

| First Author, Year | Was Selection into the Study Unrelated to Intervention or Unrelated to | FOR COHORTs: Do Start of Follow-up and Start of Intervention Coincide for Most Subjects? | That Are Likely To Correct for the Presence of | FOR CASE- CONTROLS: Were the Controls Sampled from the Population That Gave Rise to the Cases, or Using Another Method That Avoids Selection Bias? | Bias Arising from Randomization or Selection? | Comments |
|----------------------------------|--|--|--|--|--|---|
| Shepstone, 2017 ⁷² | NA-not a cohort NA-not a cohort | NA-not a cohort NA-not a cohort | NA-not a cohort NA-not a cohort | | Probably no Some concerns | NR Participants healthier than nonparticipants but also more likely to have a parental history of hip fractures; how ever similar prevalence of parental hip fracture betw een screening and control group. |

Abbreviations: KQ=key question; NA=not applicable; NR=not reported.

| | | FOR COHORTS: | FOR COHORT STUDIES: | FOR COHORT AND CASE-CONTROL |
|-------------------------------|-------------------------|----------------------|------------------------------|------------------------------------|
| | FOR COHORTS AND | Were Participants | Were Intervention | STUDIES: |
| | CASE CONTROLS: | Analyzed According | Discontinuations or Switches | Did the Authors Use an Appropriate |
| | Is Confounding of the | to Their Initial | Unlikely To Be Related to | Analysis Method That Adjusted for |
| First Author, | Effect of Intervention | Intervention Group | Factors That Are Prognostic | All the Critically Important |
| Year | Unlikely in This Study? | Throughout Followup? | for the Outcome? | Confounding Domains? |
| Barr, 2010 ³¹⁷ | NA-not a cohort | NA-not a cohort | NA-not a cohort | NA-not a cohort |
| Shepstone, 2017 ⁷² | NA-not a cohort | NA-not a cohort | NA-not a cohort | NA-not a cohort |

Abbreviations: KQ=key question; NA=not applicable.

Appendix D Table 4. KQ 1 Risk of Bias Assessment: Part 4

| First Author, Year | FOR COHORT STUDIES: Did the Authors Avoid Adjusting for Postintervention Variables? | FOR COHORT STUDIES Did the Authors Use an Appropriate Analysis Method That Adjusted for All the Critically Important Confounding Domains and for Time-Varying Confounding? | Bias Arising from Confounding? | Comments |
|-------------------------------|---|--|--------------------------------|--|
| Barr, 2010 ³¹⁷ | NA-not a cohort | NA-not a cohort | No | RCT design mitigates risk of confounding from known and unknown factors. |
| Shepstone, 2017 ⁷² | NA-not a cohort | NA-not a cohort | No | RCT design mitigates risk of confounding from known and unknown factors. |

Abbreviations: KQ=key question; NA=not applicable; RCT=randomized controlled trial.

| | FOR COHORTS | FOR COHORTS AND CASE | FOR COHORTS AND CASE | | |
|---------------------------|-----------------|-------------------------|--------------------------------|------------------|-----------------------------|
| | AND CASE | CONTROLS: | CONTROLS | Bias Arising | |
| | CONTROLS: | Was Information on | Was Information on | from | |
| First | Is Intervention | Intervention Status | Intervention Status Unaffected | Measurement of | |
| Author, | Status Well | Recorded at the Time of | by Knowledge of the Outcome | the Intervention | |
| Year | Defined? | Intervention? | or Risk of the Outcome? | ? | Comments |
| | | | | | |
| Barr, 2010 ³¹⁷ | NA-not a cohort | NA-not a cohort | NA-not a cohort | No | RCT Design so all items NA. |

Abbreviations: KQ=key question; NA=not applicable; RCT=randomized controlled trial.

| First Author, Year | FOR RCTS and COHORTS: What Was the Overall Attrition? What Was the Attrition by Group? Did Attrition Vary for Different Outcomes? | FOR RCTS and COHORTS: Did the Study Have High Attrition Raising Concern for Bias? | Participants and Reasons | FOR CASE-CONTROLS: Are the Proportion of Participants and Reasons for Missing Data Similar across Cases and Controls? |
|-------------------------------|--|---|--------------------------|---|
| Barr, 2010 ³¹⁷ | Overall: [%] unclear. Study reports an over 60% response rate but the analysis relevant for this manuscript is the per protocol analysis, and no Ns are provided. (The "ITT" analysis compares responders in the control arm to randomized in the intervention arm and therefore is not a full representation of the randomized arms and would not qualify). | Yes | No | NA NA |
| Shepstone, 2017 ⁷² | Overall by 60 months: 10660/12483=85%. Specific Ns vary by outcome and timing of measurement | No | Yes | NA |

Abbreviations: ITT=intent to treat; KQ=key question; N=number; NA=not applicable.

Appendix D Table 7. KQ 1 Risk of Bias Assessment: Part 7

| | FOR ALL STUDIES: | | |
|-------------------------------|--------------------------------------|-----------------------|---|
| | Were Appropriate Statistical Methods | Bias Arising from | |
| First Author, Year | Used To Account for Missing Data? | Missing Outcome Data? | Comments |
| Barr, 2010 ³¹⁷ | No | | Although this level of attrition would be considered high |
| | | | for trials of treatment, it's not unreasonable given the |
| | | | length of follow up and that this was a trial of invitation |
| | | | to screening. |
| Shepstone, 2017 ⁷² | Yes | No | NA |

| First Author, Year | FOR RCTs of TREATMENT (NA for Screening): Were the Patients Unaware of Their Intervention Status of Participants? | FOR ALL RCTs: Were the Trial Personnel and Clinicians Unaware of the Intervention Status of Participants? | FOR ALL STUDIES Was Intervention Fidelity Adequate? | FOR ALL STUDIES: Did the Study Have Enough Cross-Overs or Contamination That Would Raise Concern for Bias? | Bias Arising from Departures from Intended Interventions? |
|-------------------------------|---|---|---|--|---|
| Barr, 2010 ³¹⁷ | No | No | No information | No information | No information |
| Shepstone, 2017 ⁷² | No | No | No information | | Some concerns; no masking of participants or clinicians, standards for usual care changed over the course of the trial, potentially diluting the effect of the intervention |

Abbreviations: KQ=key question; NA=not applicable; RCTs=randomized controlled trials.

| First Author, | FOR ALL STUDIES: Were Benefit Outcomes (e.g., Fractures) Adequately Described, Pre-Specified, Valid, and | Ascertain Benefit | | FOR ALL STUDIES: Were Harm Outcomes Adequately Described, Valid |
|-------------------------------|--|-------------------|-----------|---|
| Year | Reliable? | Outcomes? | Outcomes? | and Reliable? |
| Barr, 2010 ³¹⁷ | Probably yes | Yes | Yes | No information |
| Shepstone, 2017 ⁷² | Probably yes | Yes | Yes | Yes |

Abbreviations: KQ=key question; NA=not applicable.

Appendix D Table 10. KQ 1 Risk of Bias Assessment: Part 10

| First Author, Year | FOR ALL STUDIES: Were Similar Techniques Used among Groups To Ascertain Harm Outcomes? | FOR ALL STUDIES: Was the Duration of Follow-Up Adequate To Assess Harm Outcomes? | Bias Arising from Measurement of Outcomes? |
|-------------------------------|--|--|---|
| Barr, 2010 ³¹⁷ | No information | No information | Probably no |
| Shepstone, 2017 ⁷² | Yes | Yes | Probably no. Fractures measured from medical records, so likely to have undercounted asymptomatic vertebral fractures; as a result, the study may be have been underpowered to measure these fractures, but this is a precision issue |

Abbreviations: KQ=key question; NA=not applicable.

Appendix D Table 11. KQ 1 Risk of Bias Assessment: Part 11

| | FOR RCTS AND COHORTS: | FOR CASE-CONTROL STUDIES: | |
|-------------------------------|--|-------------------------------------|-----------------------|
| | Is the Reported Effect Estimate Unlikely To Be | Is the Reported Effect Estimate | |
| | Selected, on the Basis of the Results, from Multiple | Unlikely To Be Selected, on the | Bias Arising from |
| | Outcomes Measurements within the Domain, | Basis of the Results, from Multiple | Selection of Reported |
| First Author, Year | Multiple Analyses, or Different Subgroups? | Definitions of the Intervention? | Results? |
| Barr, 2010 ³¹⁷ | No | No | No |
| Shepstone, 2017 ⁷² | No | No | No |

Abbreviations: KQ=key question; NA=not applicable; RCTs=randomized controlled trials.

Appendix D Table 12. KQ 1 Risk of Bias Assessment: Part 12

| | Rating Overall (if You Rate One of | | Does Quality Rating | |
|----------------------------------|------------------------------------|---|----------------------------|---|
| First Author, | the Domains as Having Bias, the | | of Study Vary by | |
| Year | Study Cannot Be High Quality) | Rating Justification | Outcome? | Comments |
| Barr, 2010 ³¹⁷ | Poor | The ITT analysis is not eligible because it does not fully account for all randomized; the per-protocol analysis does not account for contamination or crossovers over the long follow up period; also N and loss-to-follow up for per-protocol is unclear but could at least as high as 40 percent. | No | Pulled Torgeson to fully understand randomization procedures (Torgerson DJ, Thomas RE, Campbell MK, Reid DM (1997) Randomized trial of osteoporosis screening. Use of hormone replacement therapy and quality-of-life results. Arch Intern Med 157:2121–2125) |
| Shepstone, 2017 ⁷² | | Some concerns regarding potential contamination because of changes in guidelines over time. As a result, the difference between usual care and the intervention arm may have been reduced. Some concerns regarding potentially selection bias (participants potentially healthier but also more likely to have parents with a history of hip fractures) | No | NA |

Abbreviations: ITT=intent to treat; KQ=key question; N=number; NR=not reported.

Appendix D Table 13. KQ 2 Systematic Review Risk of Bias Assessments: Part 1

| | Describe Interventions and | Did the Review Adhere to Pre- | Were the Eligibility | |
|--------------------------------------|--|-------------------------------|--------------------------|-----------------------|
| | Comparators (MUST describe usual | defined Objectives and | Criteria Appropriate for | |
| First Author, Year | care and combinations) | Eligibility Criteria? | the Review Question? | Criteria Unambiguous? |
| Crandall, 2015 15 | Not applicable | Yes | Yes | Yes |
| Marques et al, 2015 ⁷⁶ | Fracture Risk Prediction Models | Yes | Yes | Yes |
| | Osteoporosis absolute fracture risk assessment instruments | Probably yes | Yes | Yes |
| Rubin et al, 2013 ¹²¹ | Risk assessment tools | Yes | Yes | Yes |
| Steurer et al, 2011 ¹²² | Development of instruments and validation | Yes | Yes | Yes |

Appendix D Table 14. KQ 2 Systematic Review Risk of Bias Assessments: Part 2

| | Were All Restrictions in | Were Any Restrictions in | | |
|------------------------------------|-------------------------------|--------------------------------|------------------------|----------------------------------|
| | Eligibility Criteria Based on | | | Did the Review Search an |
| | Study Characteristics | Sources of Information | | Appropriate Range of |
| | Appropriate (e.g., date, | Appropriate (e.g., publication | | Databases/Electronic Sources for |
| | sample size, study quality, | | Specification of Study | |
| First Author, Year | outcomes measured)? | availability of data)? | Eligibility Criteria | Reports? |
| Crandall, 2015 75 | Yes | Yes | Low | Probably no |
| Marques et al, | Yes | Yes | Low | Yes |
| 2015 ⁷⁶ | | | | |
| Nayak et al, 2014 ¹¹⁹ | Yes | Yes | Low | Yes |
| Rubin et al, 2013 ¹²¹ | Yes | Yes | Low | Probably no |
| Steurer et al, 2011 ¹²² | Yes | Yes | Low | Yes |

Appendix D Table 15. KQ 2 Systematic Review Risk of Bias Assessments: Part 3

| First Author, Year | To Identify Relevant | Were the Terms and Structure of the Search Strategy Likely To Retrieve as Many Eligible Studies as Possible? | Were Restrictions Based on Date, Publication Format, or Language Appropriate? | Were Efforts Made To Minimize Error in Selection of Studies? |
|--------------------------------------|----------------------|--|--|--|
| Crandall, 2015 75 | Probably no | Yes | Yes | No information |
| Marques et al, 2015 ⁷⁶ | Yes | Yes | Yes | Yes |
| Nayak et al, 2014 ¹¹⁹ | Yes | Yes | Yes | Yes |
| Rubin et al, 2013 ¹²¹ | Yes | Yes | No | Yes |
| Steurer et al, 2011 ¹²² | Yes | Yes | Yes | Yes |

Appendix D Table 16. KQ 2 Systematic Review Risk of Bias Assessments: Part 4

| | | | Were Sufficient Study | |
|------------------------------------|--------------------------|----------------------|------------------------------------|---------------------------|
| | Concerns Regarding | Were Efforts Made To | Characteristics Available for Both | Were All Relevant Study |
| | Methods Used To Identify | Minimize Error in | Review Authors and Readers To Be | Results Collected for Use |
| First Author, Year | and/or Select Studies | Data Collection? | Able To Interpret the Results? | in the Synthesis? |
| Crandall, 2015 75 | Unclear or some concerns | No information | Yes | Yes |
| Marques et al, | Low | Yes | Probably yes | Yes |
| 2015 ⁷⁶ | | | | |
| Nayak et al, 2014 ¹¹⁹ | Low | Yes | Yes | Yes |
| Rubin et al, 2013 ¹²¹ | Unclear or some concerns | No information | Yes | Yes |
| Steurer et al, 2011 ¹²² | Low | Yes | Yes | Yes |

Appendix D Table 17. KQ 2 Systematic Review Risk of Bias Assessments: Part 5

| First Author, Year | Was Risk of Bias (or Methodological Quality) Formally Assessed Using an Appropriate Tool? | Were Efforts Made To Minimize Error in Risk of Bias Assessment? | | Did the Synthesis Include All Studies That It Should? |
|--------------------------------------|--|---|--------------------------|--|
| Crandall, 2015 75 | No | No information | Unclear or some concerns | Yes |
| Marques et al, 2015 ⁷⁶ | Yes | Yes | Low | Yes |
| Nayak et al, 2014 ¹¹⁹ | Probably yes | No information | Low | Yes |
| Rubin et al, 2013 ¹²¹ | Yes | Yes | Low | Yes |
| Steurer et al, 2011 ¹²² | Yes | No information | Low | Yes |

Appendix D Table 18. KQ 2 Systematic Review Risk of Bias Assessments: Part 6

| | | and Outcomes across Included | | Were the Findings Robust (e.g., as Demonstrated through Sensitivity Analyses)? |
|--------------------------------------|--------------|------------------------------|----------------|---|
| Crandall, 2015 75 | Yes | Yes | Probably yes | No information |
| Marques et al, 2015 ⁷⁶ | Probably yes | Yes | Probably no | Probably yes |
| Nayak et al, 2014 ¹¹⁹ | Probably yes | Yes | Yes | No information |
| Rubin et al, 2013 ¹²¹ | Yes | Yes | Yes | Probably yes |
| Steurer et al, 2011 ¹²² | Yes | Yes | No information | No information |

Appendix D Table 19. KQ 2 Systematic Review Risk of Bias Assessments: Part 7

| First Author, Year | Were Biases in Primary Studies Minimal or Addressed in the Synthesis? | Concerns Regarding the Synthesis | Did the interpretation of Findings Address All of the Concerns Identified in Domains 1 to 4? | Was the Relevance of Identified Studies to the Review's Research Question Appropriately Considered? | Did the Reviewers Avoid Emphasizing Results on the Basis of Their Statistical Significance? | |
|---------------------------------------|---|--|--|---|---|--------------------------|
| Crandall, 2015 ⁷⁵ | No | Unclear or some concerns | Probably no | Yes | | Unclear or some concerns |
| Marques et al, 2015 ⁷⁶ | Probably yes | Low | Yes | Yes | Yes | Low |
| Nayak et al, 2014 ¹¹⁹ | Yes | Low | Yes | Yes | Probably yes | Low |
| Rubin et al, 2013 ¹²¹ | Yes | Low | Yes | Yes | Yes | Low |
| Steurer et al, 2011 ¹²² | Yes | Unclear or some concerns | No | Yes | | Unclear or some concerns |

Appendix D Table 20. Risk of Bias for Assessing Accuracy of Risk Prediction Instruments for Identifying Osteoporosis: Part 1

| First Author's Last | | | Reference Standard and |
|---------------------------------|--|--|--------------------------|
| Name; Year | Patients | Index Test(s): | Target Condition |
| Adler, 2003 ⁷⁷ | Men enrolled in a pulmonary clinic (January-May 2001) and | • | DXA |
| | a rheumatology clinic (Nov 2001-March 2002) at a single | (OST) | |
| | VA medical center; received questionnaire and DXA scan; | (risk=[(w eight in kg-age in | |
| Bansal, 2015 ⁵⁶ | patients with previous DXA testing ineligible All women between the ages of 50 and 64.5 years who | years)*0.2, truncated to integer]) FRAX | DXA |
| Barisai, 2015 | underw ent DXA during a 6-month period (March 1, 2012– | FRAX | DAA |
| | August 31, 2012) and were enrolled in a primary care | | |
| | practice of the Mayo Clinic in Rochester, MN | | |
| Ben Sedrine, 2001 ⁷⁸ | all female patients either consulting spontaneously or | SCORE | DXA |
| Borr Godrino, 2001 | referred for a BMD measurement between January 1996 | 333.12 | |
| | and September 1999 to an outpatient osteoporosis center | | |
| | located at the University of Lie`ge, Lie`ge, Belgium. | | |
| Brenneman, 200381 | Post-menopausal women ages 60-79 in the OPRA study | SCORE | DXA |
| | | SOF-based screening tool | |
| Cadarette, 200182 | Post-menopausal women in CaMOS | SCORE | DXA |
| | | ABONE | |
| | | ORAI | |
| | | *w eight criterion and NOF also | |
| | | evalated | |
| Cadarette, 200483 | Women ≥45 years recruited prospectively from university | ORAI | DXA |
| | setting and retrospectively analyzed form family practices | OST | |
| Cass, 2006 ⁸⁴ | Primary care, women | ORAI and SCORE | DXA |
| Cass, 2013 ⁸⁵ | Primary care, men | MORES | DXA |
| Cass, 2016 ¹¹⁴ | Primary care, men, NHANES III | MORES, FRAX | DXA |
| Chan, 2006 ⁸⁶ | Community-based elderly women | ORAI, SCORE, ABONE, OSTA | DXA |
| Cook et al, 200587 | UK, DXA scanning clinics, patients referred from general | Two QUS systems: CUBA Clinical | DXA, LS-4, and total hip |
| | practicioners based on 1+ clinical risk factors for OP | (BUA, VOS), Sunlight Omnisense | |
| | | (distal radius, proximal phalanx mid | |
| Crandall 204 457 | Destance and unappear annulled in the VA/LII | finger, mid-shaft tibia) | DVA |
| Crandall, 2014 ⁵⁷ | Postemenopausal women enrolled in the WHI Observational or Clinical Trial Studies | OST, SCORE, USPSTF criteria (FRAX MOF risk >=9.3%) | DXA |
| D'Amelio, 2005 ⁸⁸ | | NOF, OST, ORAI | DXA T Score -2.5 or less |
| DAMello, 2005 | Post menopausal women referred to a university-based bone metabolic unit for DXA. | NOF, OST, ORAT | DAA 1 Score -2.5 or less |
| D'Amelio, 2013 ⁸⁹ | Postemenopausal women recruited from general practice | NOF | DXA |
| DAIREID, 2013 | Posternehopausar women recruited from general practice | ORAI | |
| | | OST | |
| | | AMMEB | |
| Geusens, 2002 90 | Postmenopausal women 45 years and older, US and | OST, ORAI, SCORE, SOFSURF | DXA |
| | Netherlands, 81.8% white | , | |
| Gnudi, 2005 ⁹¹ | Postmenopausal Italian women requiring a DXA scan | Gnudi et al clinical prediction tool | DXA |

Appendix D Table 20. Risk of Bias for Assessing Accuracy of Risk Prediction Instruments for Identifying Osteoporosis: Part 1

| First Author's Last | | | Reference Standard and |
|-------------------------------------|---|-----------------------------------|--|
| Name; Year | Patients | Index Test(s): | Target Condition |
| Gourlay, 2005 ⁷⁹ | Post menopausal women referred for DXA scans at an outpatient osteoporosis center in Belgium, based on suspicion of osteoporosis. | OST, ORAI, SCORE | DXA T Score -2.5 or less |
| Gourlay, 2008 92 | US ambulatory white women age 65 years and older | OST, ORAI, SCORE | DXA |
| Harrison, 2006 ⁹³ | Caucasian females, 55-80 years (referred to clinical radiology, intended use of index test (QUS x2) underwent DXA and categorized as non-osteoporosis and osteoporosis. Subsequently underwent QUS and risk assessment using demographics and then combined | QUS x2 | DXA |
| Jimenez-Nunez, 2013 ⁹⁴ | algorithms-QUS used to predict osteoporosis Women from primary and tertiary care, diagnosis, no prior testing | 4 risk scores + PIXI of the heel | DXA of the hip and spine |
| Kung, 2003 ⁹⁵ | Women in Hong Kong recruited from the community | OSTA index and QUI | DXA |
| Kung, 2005 ⁹⁶ | Community of Asian (Southern Chinese) men; develop index based on clinical factors; compare clinical index with calcaneal QUS in predicting BMD (T< -2.5) by DXA | Clinical index | Calcaneal QUS; target condition -osteoporosis as determined by BMD at the hip and spine by DXA |
| Leslie, 2013 ¹¹³ | All women ages 50-64 with medical coverage and valid DXA measurements from the lumbar spine and hip, from Manitoba, Canada | FRAX, OST | DXA |
| Lynn, 2008 ⁹⁷ | US Caucasian (4658) and Hong Kong Chinese (1914) from the MrOS study with DXA and QUS measurements to compare screening tools (OST, MOST, QUI) to DXA | OST, MOST, QUI | DXA |
| Machado, 2010 ⁹⁸ | Population-based sample of Portugese men age 50 or over | OST< 1, OSTA< 2 | DXA T Score -2.5 or less at any of the three sites (LS, FN, TH) measured |
| Martinez-Aguila, 2007 ⁹⁹ | Postemenopausal women age 40 to 69 referred to a local bone densitometry unit from local gynecologists in Spain; 24% with history of prior fracture. | ORAI (>=9), OST (<2), OSIRIS(<=1) | DXA T Score -2.5 or less at FN or LS |
| Mauck, 2005 ¹⁰⁰ | Population-based sample of postmenopausal women age 45 years and older in Rochester, MN | SCORE >=6 ORAI >=9 NOF >=1 | DXA T Score -2.5 or less at FN or LS |
| McLeod, 2015 ¹⁰¹ | Women referred for screening in Canada, no prior testing | QUS and OST | DXA |
| Morin, 2009 ¹⁰² | Population-based sample of all women age 40 to 59 and over that received DXA testing in Manitoba, Canada. Note criteria for BMD testing in women younger than 65 include premature ovarian failure, history of steroid use, prior fracture, xray evidence of osteopenia, and other pertinent clinical risk factors. | OST <=1 | DXA T Score -2.5 or less at FN or LS or Total Hip |
| Nguyen, 2004 ¹⁰³ | Women from the Dubbo Osteoporosis Epidemiology Study, a population-based cohort of men and women from Dubbo, Australia. | DOESCore, FOSTA, SOFSURF, ORAI | DXA T Score < -2.5 (Reference ranges unspecified) |

Appendix D Table 20. Risk of Bias for Assessing Accuracy of Risk Prediction Instruments for Identifying Osteoporosis: Part 1

| First Author's Last Name; Year | Patients | Index Test(s): | Reference Standard and Target Condition |
|-----------------------------------|---|---|--|
| Oh, 2013 ¹⁰⁴ | National, population-based health and nutrition cohort. | OSTA | DXA |
| Oh, 2016 ¹⁰⁵ | Population based sample of Korean men age 50 and older | OSTA | DXA |
| Pang, 2014 ¹⁰⁶ | Persons age 70 and over recruited from general practice, excluded persons with history of fracture | OST, FRAX w/o BMD MOF and Hip | DXA |
| Richards, 2014 ¹⁰⁸ | Male VA patients | OST | DXA |
| Richy, 2004 ⁸⁰ | Postmenopausal White women | OST | DXA |
| Shepherd, 2007 ¹¹⁰ | Men 50 years or older with DXA scan in NHANES III | MORES | DXA |
| Shepherd, 2010 ¹¹⁵ | men ≥50 included in NHANES | MORES | BMD dxa osteo |
| Sinnott, 2006 ¹¹¹ | AA men, age 35 and older (outpatient general medicine clinics at veteran hospital; intended use of clinical assessment tools and calcaneous ultrasound compared with the reference measure of BMD by DXA; no description of presentation in article; no prior testing): index text is ultrasound of calcaneous on non-dominant foot, OUTCOME is low bone mass | Ultrasound of calcaneous on non- dominant foot | BMD by DXA at the 1) lumbar spine(L1-L4) and 2)non-dominant hip(femoral neck, trochanter, total hip) |
| Zimering, 2007 ¹¹² | Men age 40 years or older, ambulatory veterans attending general medicine clinics, endocrinology clinics, or osteoporosis clinics | Mscore OST MSCORE (age-w eight) | DXA |

Abbreviations: AA=African American; ABONE=assessing age, body size, and estrogen use; AMMEB=Age, Years after Menopause, Age at Menarche, Body Mass Index; BMD=bone mineral density; BUA=broadband attenuation; CaMOS=Canadian Multicentre Osteoporosis Study; DOEScore=Dubbo Osteoporosis Epidemiology Score; DXA=dual energy x-ray absorptiometry; DXA T=dual energy x-ray _; FN=femoral neck; FOSTA=Female Osteoporosis Self-assessment Tool for Asia; FRAX=Fracture Risk Assessment tool; LS=lumbar spine; LS-4=lumbar spine 4; MOF=major osteoporotic fracture defined as fractures of the proximal femur, distal radius, proximal humerus, and clinical vertebral fractures; MORE=Multiple Outcomes of Raloxifene Trial; MOST=Male Osteoporosis Screening Tool; MrOS=evaluation of osteoporosis screening tools for the osteoporotic fractures in men; MSCORE=male, simple calculated osteoporosis risk estimation; NHANES III=National Health And Nutrition Examination Survey III; NOF=National Osteoporosis Foundation; OP=osteoporosis; OPRA=Osteoporosis Population-based Risk Assessment; ORAI=Osteoporosis Risk Assessment Instrument; OST=osteoporosis self-assessment tool; QUI=ultrasound index; QUS=quantitative ultrasound; SCORE=Simple Calculated Osteoporosis Risk Estimation Tool; SOF=Study of Osteoporotic Fractures; SOFSURF=Study of Osteoporotic Fractures Simple Useful Risk Factors; UK=United Kingdom; US=United States; USPSTF=United States Preventive Services Task Force; VA=Veterans' Administration; VOS=velocity of sound; WHI=Women's Health Initiative.

| First Author's Last Name; Year | Describe Methods of Patient Selection | Was a Consecutive or Random Sample of Patients Enrolled? | Was a Case-Control Design Avoided? | Did the Study Avoid Inappropriate Exclusions? |
|---|--|--|------------------------------------|---|
| Adler, 2003'' | Data from two cross-sectional studies conducted among patients enrolled in a pulmonary clinic (evaluated from Jan-May 2001) and a rheumatology clinic (evaluated from Nov 2001-Mar 2002) at a single VA medical center. | Unclear | Yes | Yes |
| Bansal, 2015 ⁵⁶ | Conducted retrospective record review of women ages 50–64.5 years old to determine clinical factors and FRAX scores of women undergoing a DXA at researcher's institution over a 6-month period. | Yes | Yes | Yes |
| Ben Sedrine, 2001 ⁷⁸ | Gathered data from patients consulting spontaneously or referred for a BMD measurement between Jan 1996 and Sep 1999 to outpatient osteoporosis center located at University of Liege. | Unclear | Yes | Yes |
| Brenneman, 2003 ⁸¹ | Data from first arm of OPRA study where BME testing was aimed at all women. Eligible subjects were contacted by a mailing that invited all women to receive a DXA bone scan free of charge. | Yes | Yes | Unclear |
| Cadarette, 2001 ⁸² | Menopausal women age 45 years or older with DXA data at the femoral neck were included from 6 sites in the CaMos study. In the CaMos, an age-, sex-, and region-stratefied random sample of the Canadian population was selected using a telephone-based sampling frame. | Yes | Yes | Yes |
| Cadarette, 2004 ⁸³ | Two groups of women were studied. Women 45 years or older presenting for BMD testing between Nov 11, 1999, and May 25, 2000, at an ambulatory care center affiliated with the University of Toronto were recruited prospectively. Women taking bone active medications other than hormone replacement, with a prior fragility fracture, or with major risk factors for secondary osteoporosis were excluded. The records of a second group of women attending two family practice clinics affiliated with the University of Toronto were reviewed retrospectively. Women age 45 years and older with a baseline DXA report since January 1997 were eligible. | Yes | Yes | Yes |
| Cass, 2006 ⁸⁴ | Postmenopausal women age 45 years or older receiving usual care at a university-based family practice clinic. | Yes | Yes | Yes |
| Cass, 2013 ⁸⁵ | Cross-sectional study of men who attended primary care outpatient clinics for usual care. | Yes | Yes | Yes |
| Cass, 2016 ¹¹⁴ Chan, 2006 ⁸⁶ | Men age 50 years or older from the NHANES III data set. Chinese postmenopausal women age 55 years and older were recruited from the Tanjong Rhu community in the eastern part of Singapore. | Yes Unclear | Yes Yes | Yes Unclear |

Appendix D Table 21. Risk of Bias for Assessing Accuracy of Risk Prediction Instruments for Identifying Osteoporosis: Part 2

| First Author's Last Name; Year | Describe Methods of Patient Selection | Was a Consecutive or Random Sample of Patients Enrolled? | Was a Case-Control Design Avoided? | Did the Study Avoid Inappropriate Exclusions? |
|-----------------------------------|--|--|--|---|
| Cook et al, 200587 | Patients referred by general practitioner to DXA screening clinic | Unclear | Yes | Unclear |
| Crandall, 2014 ⁵⁷ | Participants from 3 clinical centers (Tucson and Phoenix, Arizona; Pittsburgh, Pennsylvania; and Birmingham, Alabama) that were part of the WHI. | Yes | Yes | Yes |
| D'Amelio, 2005 ⁸⁸ | Postmenopausal women who came to the Department of Internal Medicine to undergo bone densitometry with DXA from Aug 10, 2003, to Sep 15, 2003. | Unclear | Yes | Yes |
| D'Amelio, 2013 ⁸⁹ | Postmenopausal women referred from 32 general practitioners. Physicians were asked to send patients according to a randomization list. | Yes | Yes | Yes |
| Geusens, 2002 90 | Postmenopausal women 45 years and older from US clinics and general practice in the Netherlands | yes | yes | yes |
| Gnudi, 2005 ⁹¹ | White, postmenopausal women living in the district of Bologna, Italy and requiring DXA for BMD measurement at both the spine and hip for clinical reasons or checkups. | Yes | Yes | Yes |
| Gourlay, 2005 ⁷⁹ | Postmenopausal women age 45 and older either self- referred or were referred by a physician for a bone mineral density scan between january 1996 and September 1999 to an outpatient osteoporosis center at the University of Liege, Liege, Belgium. | Yes | Yes | Yes |
| Gourlay, 2008 ⁹² | US ambulatory white women age 65 years and older, from poulatio based listings | yes | yes | yes |
| Harrison, 2006 ⁹³ | White Caucasian females ages 55 to 70 (mean 61, SD 4) years whowere referred to Clinical Radiology, Imaging Science and Biomedical Engineering, University of Manchester for routine bone densitometry scans were invited to take part in the study | Unclear | Yes | Unclear |
| Jimenez-Nunez, 201394 | Described as random from 2 sites | Yes | Yes | Yes |
| Kung, 2003 ⁹⁵ | Women from community, all comers who did not meet exclusion | Unclear | Yes | Yes |
| Kung, 2005 ⁹⁶ | Men from community, all comers who did not meet exclusion | Yes | Yes | Yes |
| Leslie, 2013 ¹¹³ | From a database of all DXA results performed from 1990 to March 2007 in Manitoba, Canada | Yes | Yes | Yes |

Appendix D Table 21. Risk of Bias for Assessing Accuracy of Risk Prediction Instruments for Identifying Osteoporosis: Part 2

| First Author's Last Name; Year | Describe Methods of Patient Selection | Was a Consecutive or Random Sample of Patients Enrolled? | Case-Control Design Avoided? | Did the Study Avoid Inappropriate Exclusions? |
|-----------------------------------|--|--|------------------------------|---|
| Lynn, 2008 ⁹⁷ | US participants were recruited using population-based listings at six clinical settings in Birmingham, AL; Minneapolis, MN; Palo Alto, CA; Pittsburgh, PA; Portland, OR; and San Diego, CA. Hong Kong participants were recruited using a combination of private solicitation and public advertising from community centers, housing estates, and the general community. Men who had bilateral hip replacements or who were unable to walk without the assistance of another person were excluded. | Yes | Yes | Unclear |
| Machado, 2010 ⁹⁸ | Participants were randomly selected from a list of registered voters in Santo António dos Olivais, Coimbra, Portugal. People were invited to participate by mail explaining the nature and purposes of the study. | Yes | Yes | Yes |
| | Questionnaire mailed to all postmenopausal patients referred by gynecologists to the rheumatology department of the Hospital Universitari de Bellvitge. | No | Yes | Unclear |
| Mauck, 2005 ¹⁰⁰ | Secondary data analysis of an existing population-based cohort of postmenopausal women in Rochester, MN who were participating in an ongoing, prospective study designed to assess osteoporosis prevalence, risk factors, and outcomes. Women were recruited from an age-stratified random sample of Rochester women using the medical records linkage system of the Rochester Epidemiology Project. | Yes | Yes | Yes |
| McLeod, 2015 ¹⁰¹ | Patients referred for screening to one facility | Yes | Yes | Yes |
| Morin, 2009 ¹⁰² | Designed retrospective historical cohort study of women ages 40 to 59 years who underwent clinical BMD testing in the province for evaluation of fracture risk using a comprehensive health care databases of the Province of Manitoba in Canada. | Yes | Yes | Unclear |
| Nguyen, 2004 ¹⁰³ | All men and women age 60 or above living in Dubbo, Australia were invited to participate in the study. | Yes | Yes | Yes |
| Oh, 2013 ¹⁰⁴ | Study data is based on data acquired in the KNHANES. The KNHANES is a nationwide survey to assess the health and nutritional status of a non-institutionalized representative sample of the Korean population. A stratified, multi-stage, clustered probability sampling design was used to select participants from residential districts. | Yes | Yes | Yes |

Appendix D Table 21. Risk of Bias for Assessing Accuracy of Risk Prediction Instruments for Identifying Osteoporosis: Part 2

| First Author's Last Name; Year | Describe Methods of Patient Selection | | Was a Case-Control Design Avoided? | |
|-----------------------------------|---|---------|--|---------|
| Oh, 2016 ¹⁰⁵ | Study data is based on data acquired in the KNHANES. The KNHANES is a nationwide survey to assess the health and nutritional status of a non-institutionalized representative sample of the Korean population. A stratified, multi-stage, clustered probability sampling design was used to select participants from residential districts. | Yes | Yes | Yes |
| Pang, 2014 ¹⁰⁶ | The study invited the participation of GPs from outer metropolitan areas with poor access to BMD. GPs involved identified individuals age 70 and older from their practice databases. Individuals were invited to have a BMD evaluation at no personal cost. | Yes | Yes | Yes |
| Park, 2003 ¹⁰⁷ | From a menopause clinic, not referred from elsew here | Unclear | Yes | Yes |
| Richards, 2014 ¹⁰⁸ | Attending primary care clinics at 4 participating VA Medical Centers | Unclear | Yes | Yes |
| Richy, 2004 ⁸⁰ | Patients seen at an out-patient osteoporosis centre | Unclear | Yes | Yes |
| Shepherd, 2007 ¹¹⁰ | Analysis of men age 50 years and older included in the NHANES III data set who had a valid DXA test. | Unclear | Yes | Unclear |
| Shepherd, 2010 ¹¹⁵ | Men age 50 years and older who had been included in any of the NHANES 1999 to 2000, 2001 to 2002, and 2003 to 2004 datasets and who had a valid whole-body DXA scan. | Yes | Yes | Yes |
| Sinnott, 2006 ¹¹¹ | Subjects were recruited from outpatient general medicine clinics at the Jesse Brown VA Medical Center over an 11-month period in 2004 | Unclear | Yes | Yes |
| Zimering, 2007 ¹¹² | Men age 40 years or older were screened by 7 investigators from a population of ambulatory, community-dwelling veterans who attended general medical clinics (70%), endocrinology clinics (20%), or osteoporosis clinics (10%) at the Department of Veterans Affairs Medical Center in Lyons, New Jersey between September 1998 and September 2000. | | Yes | Yes |

Abbreviations: AL=Alabama; CA=California; DXA=dual energy x-ray absorptiometry; GP=general practitioner; KNHANES=Korea National Health and Nutrition Examination Survey; MN=Minnesota; NHANES III=National Health and Nutrition Examination Survey III; OPRA=Osteoporosis Population-based Risk Assessment; PA=Pennsylvania; SD=standard deviation; US=United States; VA=Veterans' Administration; WHI=Women's Health Initiative.

Appendix D Table 22. Risk of Bias for Assessing Accuracy of Risk Prediction Instruments for Identifying Osteoporosis: Part 3

| | Could the | | Describe the Index | Were the Index Test Results |
|---------------------------------|------------------|---|--|-----------------------------|
| | Selection of | | Test and How It Was | Interpreted without |
| First Author's Last | Patients Have | | Conducted and | Knowledge of the Results of |
| Name; Year | Introduced Bias? | Patient Selection Comments | Interpreted | the Reference Standard? |
| Adler, 2003 ⁷⁷ | Unclear | Risk of spectrum bias used this ref for patient selection methods - appears random, majority of sample (107 of 181): Adler, Osteoporosis in Pulmonary Clinic Patientsa : Does Point-of-Care Screening Predict Central Dual-Energy X-ray Absorptiometry? Chest | Yes | Unclear |
| Bansal, 2015 ⁵⁶ | Unclear | Women of this age group likely had some recognized risk of osteoporosis or fracture risk (a majority [69.7%] had a previous DXA), so potential for spectrum bias | FRAX, MOF risk >=9.3% | Unclear |
| Ben Sedrine, 2001 ⁷⁸ | Unclear | Risk of spectrum bias. | Yes | Yes |
| Brenneman, 200381 | Low | Patients recruited by mailing to random sample | Yes | Unclear |
| Cadarette, 200182 | Low | Age-, sex-, and region-stratified random sample of the Canadian population selected using telephone-based sampling frame | Yes | Unclear |
| Cadarette, 200483 | Low | NA | Yes | Unclear |
| Cass, 2006 ⁸⁴ | Low | NR | Yes | Yes |
| Cass, 2013 ⁸⁵ | Low | NR | Yes | Yes |
| Cass, 2016 ¹¹⁴ | Low | NHANES III is based on a probability sample of 40,000 civilian noninstitutionalized individuals | Yes | Yes |
| Chan, 2006 ⁸⁶ | Unclear | No information on participant inclusion/exclusion criteria. | Yes | Unclear |
| Cook et al, 2005 ⁸⁷ | Unclear | Sample has potential for bias tow ard low BMD due to recruitment from DXA clinic (all patients referred by doctor for clinical risk factors) | TwoQUS tests - CUBA clinical and Sunlight Omnisense measurements. Performed on non-dominant side with same ultrsaound gel. System quality verification tests each day. | Unclear |
| Crandall, 2014 ⁵⁷ | Low | NA | Yes | Unclear |
| D'Amelio, 2005 ⁸⁸ | Unclear | Potential for spectrum bias, given the study population was referred specifically for DXA testing, in some cases for suspected secondary osteoporosis. | Yes | Unclear |
| D'Amelio, 2013 ⁸⁹ | Low | NA | Yes | Unclear |

| First Author's Last Name; Year | Could the Selection of Patients Have Introduced Bias? | Patient Selection Comments | Describe the Index Test and How It Was Conducted and Interpreted | Were the Index Test Results Interpreted without Knowledge of the Results of the Reference Standard? |
|--|--|---|---|--|
| Geusens, 2002 ⁹⁰ | Low | NR | OST: age and w eight ORAI: age, w eight, estrogen use SCORE: race, rheumatoid arthritis, history of nontraumatic fracture, HRT usage, age and w eight SOFSURF: age, w eight, current smoker, history of postmenopausal fracture | Unclear |
| Gnudi, 2005 ⁹¹ | Low | Patient refered to densitometry unit, possible spectrum bias | Yes | Yes |
| Gourlay, 2005 ⁷⁹ | Unclear | Potential for spectrum bias, given the study population was referred specifically for DXA testing. | Yes | Yes |
| Gourlay, 2008 ⁹² | Low | NR | OST: age and w eight ORAI: age, w eight, estrogen use SCORE: race, rheumatoid arthritis, history of non- traumatic fracture, HRT usage, age and w eight | Low |
| Harrison, 2006 ⁹³ | Low | No details on setting or how participants were selected | QUS x2 | Unclear |
| Jimenez-Nunez, 2013 ⁹⁴ | Low | Approach to randomization using "cards" is more casual than best practice | 4 risk scores + PIXI of the heel, algorithms were developed | Yes |
| Kung, 2003 ⁹⁵ | Low | Interesting that the study claims to be early postmenopausal but the age mean is 62 which makes it seem unlikely that this is actually the case | Index characteristics through interview and qui of right heel by technician | Unclear |
| Kung, 2005 ⁹⁶ | Low | Unclear who chose to participate relative to larger group, excluded abnormal TSH group | Index developed by authors based on characteristics | Unclear |
| Leslie, 2013 ¹¹³ | Low | NR | OST, FRAX without BMD | Unclear |
| Lynn, 2008 ⁹⁷ | Low | Only exclusions listed were hip replacement and inability to walk without a cane | OST, MOST, QUI | Unclear |
| Machado, 2010 ⁹⁸ | Low | NR | Yes | Unclear |
| Martinez-Aguila, 2007 ⁹⁹ | Unclear | Patients were all referred for DXA, so potential for spectrum bias. | Yes | Unclear |
| Mauck, 2005 ¹⁰⁰ | Low | NR | Yes | Unclear |

Appendix D Table 22. Risk of Bias for Assessing Accuracy of Risk Prediction Instruments for Identifying Osteoporosis: Part 3

| First Author's Last | | Detient Calestian Comments | | Were the Index Test Results Interpreted without Knowledge of the Results of |
|-------------------------------|------------------|---|--|---|
| Name; Year | Introduced Bias? | Patient Selection Comments | Interpreted | the Reference Standard? |
| McLeod, 2015 ¹⁰¹ | Low | NA | QUS of BUA and SOS of left calcaneus & personal data based on questionnaire | Yes |
| Morin, 2009 ¹⁰² | Unclear | Population is younger women 40-59 that received a DXA, how ever, in this province younger women are only eligible to have coverage for DXA testing if they have clinical risks for secondary osteoporosis, history of prior fracture, or xray evidence of osteop | Yes | Unclear |
| Nguyen, 2004 ¹⁰³ | Low | NA | Yes | Unclear |
| Oh, 2013 ¹⁰⁴ | Low | NA | Yes | Unclear |
| Oh, 2016 ¹⁰⁵ | Low | NR | Yes | Unclear |
| Pang, 2014 ¹⁰⁶ | Low | NA | Yes | Unclear |
| Park, 2003 ¹⁰⁷ | Low | NR | OSTA: age and weight. | Unclear |
| Richards, 2014 ¹⁰⁸ | Low | NR | OST: age and weight. | Unclear |
| Richy, 2004 ⁸⁰ | Low | NR | SCORE: race, rheumatoid arthritis, history of non-traumatic fracture, HRT usage, age and weight ORAI: age, weight, estrogen use OSIRIS: age, weight, HRT use, history of low trauma fracture OST: age and weight | Unclear |
| Shepherd, 2007 ¹¹⁰ | Low | NHANES uses a complex, multistage, probability sampling design to select participants representative of the civilian, non-institutionalized population of the coterminous United States, excluding Indian reservations. (i.e. not random or consecutive sampling) | Yes | Unclear |
| Shepherd, 2010 ¹¹⁵ | Low | NR | Yes | Unclear |
| Sinnott, 2006 ¹¹¹ | Low | Selection of participants may be a convenience sample but unclear. Men were recruited from general medicine clinics so selection bias likely low | Ultrasound of calcaneous on non-dominant foot | Unclear |

Appendix D Table 22. Risk of Bias for Assessing Accuracy of Risk Prediction Instruments for Identifying Osteoporosis: Part 3

| First Author's Last | Could the Selection of Patients Have | | Describe the Index Test and How It Was Conducted and | Were the Index Test Results Interpreted without Knowledge of the Results of |
|-------------------------------|--|---|--|---|
| Name; Year | Introduced Bias? | Patient Selection Comments | Interpreted | the Reference Standard? |
| Zimering, 2007 ¹¹² | Unclear | Convenience sample | Yes | Unclear |
| | | 30% came from specialty clinics (endo or OP) for total cohort, but unknow n for valdiation cohort | | |
| | | Excluded those unable to assess risk factors or DXA, though did not exclude based on known medical comorbidities or bone active medications (glucocorticoids). Reported only 14% on glucocorticoids, and 4% with RA | | |

Abbreviations: BMD=bone mineral density; BUA=broadband attenuation; DXA=dual energy x-ray absorptiometry; HRT=hormone replacement therapy; MOST=Male Osteoporosis Screening Tool; NA=not applicable; NHANES=National Health And Nutrition Examination Survey; NR=not reported; ORA|=Osteoporosis Risk Assessment Instrument; OSIRIS=Osteoporosis Index of Risk; OSTA=Osteoporosis Self-assessment Tool for Asians; OST=osteoporosis self-assessment tool; QUI=ultrasound index; QUS=quantitative ultrasound; RA=radiographic absorptiometry; SCORE=Simple Calculated Osteoporosis Risk Estimation Tool; SOS=speed of sound; TSH=thyroid stimulating hormone.

Appendix D Table 23. Risk of Bias for Assessing Accuracy of Risk Prediction Instruments for Identifying Osteoporosis: Part 4

| First Author's Last | If a Threshold Was Used, Was It | Could the Conduct or Interpretation of the Index Test Have | | Describe the Reference Standard and |
|---------------------------------|------------------------------------|--|---|--|
| Name; Year | Pre-specified? | Introduced Bias? | Index Test Comments | How It Was Conducted and Interpreted |
| Adler, 2003 ⁷⁷ | Yes | Low | Used three cutoffs for OST - two based on published literature, one cutoff based on w hat they thought w as appropriate | HANES reference database for hip Hologic reference source for spine Age, gender, race of reference group not reported |
| Bansal, 2015 ⁵⁶ | Yes | Low | NA | DXA, T-score < -2.5 but no other details provided |
| Ben Sedrine, 2001 ⁷⁸ | Yes | Low | Authors did report on outcomes of clinical prediction tools using a priori cutoffs. But also did calibrate tool for this population using AUC curve. | Hologic QDR reference values specifically established for the population of Liege, Belgium (local reference values) |
| Brenneman, 2003 ⁸¹ | Yes | Low | study data to achieve sensitivity of approximately 90%. Developer cut off >=6 Study cutoff >=8 | NHANES III, do not specify age or gender of reference group |
| Cadarette, 200182 | Yes | Low | Used cutoffs based on those of the developers of the study | Canadian young adult normal values at the femoral neck. (Authors note that the Canadian young adult normal reference at the femoral neck (mean [SD], 0.857 [0.125] g/cm3) is similar to that reported by NHANES III for non-Hispanic white Americans (mean [SD], 0.858 [0.120] g/cm3). |
| Cadarette, 2004 ⁸³ | Yes | Low | Unclear timing of DXA, reference test, in relationship to index test in prospective and retrospective parts of the study sample | Unclear |
| Cass, 2006 ⁸⁴ | Yes | Low | NR | NHANES III non-Hispanic White women age 20-29 years old. |
| Cass, 2013 ⁸⁵ | Yes | Low | NR | NHANES III non-Hispanic White women age 20-29 years old. |
| Cass, 2016 ¹¹⁴ | Yes | Low | Threshold was determined in a split sample, using a development cohort, reported in Shepherd et al, 2007. This analysis focuses on the validation cohort only | NHANES III non-Hispanic White women age 20-29 years old |

| First Author's Last Name; Year | If a Threshold Was Used, Was It Pre-specified? | Could the Conduct or Interpretation of the Index Test Have Introduced Bias? | Index Test Comments | Describe the Reference Standard and How It Was Conducted and Interpreted |
|-----------------------------------|--|--|---|--|
| Chan, 2006 ⁸⁶ | Yes | Low | Study only reports outcomes for Femoral Neck at the prespecified thresholds, the Lumbar Spine outcomes are reported using empirically derived thresholds. | Unclear |
| Cook et al, 2005 ⁸⁷ | Yes | Unclear | Threshold question - yes and no used a 90% sensitivity threshold, but also created a cut off level based on the highest combined value of Sn and Sp. | T-scores were computed using the databases supplied with the systems |
| Crandall, 2014 ⁵⁷ | Unclear | Unclear | The study mentions the existing thresholds used for the instruments from the literature, but outcomes are not reported by these thresholds. | NHANES III normative reference database (presumably young non-hispanic white females 20-29, though this is not specifically reported) |
| D'Amelio, 2005 ⁸⁸ | Yes | Low | NR | Unclear |
| D'Amelio, 2013 ⁸⁹ | Yes | Low | The thresholds mentioned in study do not correspond entirely to thresholds used by other studies. | Unclear |
| Geusens, 2002 90 | yes | low | NR | FN: non-hispanic female whitewomen age 20-29 (NHANES) LS: unclear |
| Gnudi, 2005 ⁹¹ | Yes | Low | Do not report on blinded index test assessment. Had three apriori cutoffs from development cohort to achieve 97%, 98% and 99% sensitivity | Reference values were those reported by Norland for the European female population |
| Gourlay, 2005 ⁷⁹ | No | Unclear | Did not use pre-specified cutoffs for ORAI, OST, or SCORE. Instead, picked cut-off to achieve Sn 90% for each age group under and over 65 years. (last para p.922 | T score reference range was NHANES III non- Hispanic white women age 20-29 years at the femoral neck |
| Gourlay, 2008 ⁹² | yes | low | NR | FN: non-hispanic female whitewomen age 20-29 (NHANES) LS: manufacturers norms for women age 30 years |
| Harrison, 2006 ⁹³ | Yes | Low | NR | Hologic reference data for the T and z scores calculated using Hologic reference dataa for the lumbar spine and NHANES reference data for the proximal femur |

| First Author's Last Name; Year | If a Threshold Was Used, Was It Pre-specified? | Could the Conduct or Interpretation of the Index Test Have Introduced Bias? | Index Test Comments | Describe the Reference Standard and How It Was Conducted and Interpreted |
|--|--|--|--|---|
| Jimenez-Nunez, 2013 ⁹⁴ | Yes | Low | NR | Manufacturer's reference for the Spanish population |
| Kung, 2003 ⁹⁵ | Yes | Low | Index based on characteristics can be biased based on analysis decisions | Peak young Chinese mean values used for calculating T-scores: L1–L4 BMD |
| Kung, 2005 ⁹⁶ | Yes | Low | The authors are developing their own index test and so by definition are experimenting withtheir data | Unclear |
| Leslie, 2013 ¹¹³ | Yes | Low | NR | Femoral T-scores calculated based on NHANES III white female reference; lumbar spine used T-scores used manufacturer's USA white female reference values |
| Lynn, 2008 ⁹⁷ | Yes | Low | NR | US: NHANES Hong Kong: local Chinese reference ranges |
| Machado, 2010 ⁹⁸ | Yes | Low | NR | NHANES III young normal references values (sex unspecified) for FN; manufacturer's database for male Caucasian references values for LS (age unspecified) |
| Martinez-Aguila, 2007 ⁹⁹ | Yes | Low | NR | T -Scores from reference range from a study conducted in a Spanish population of healthy subjects of same sex with peak bone mass |
| Mauck, 2005 ¹⁰⁰ | Yes | Low | NR | T scores based on references ranges for young healthy women age 20-29 years in the local community area |
| McLeod, 2015 ¹⁰¹ | Yes | Low | NR | NHANES III |
| Morin, 2009 ¹⁰² | Yes | Low | Sn and Sp reported for multiple thresholds, the threshold of <=1 is w hat has been used in other studies, so data w as only extracted for this threshold. | Reports T Scores for LS used manufacturers US white female reference ranges, based on revised NHANES III, but these are only applicable to FN, and the study states this reference range was used for LS. |
| Nguyen, 2004 ¹⁰³ | Yes | Low | Validation cohort only. | Used BMD values of young Australian women at either the femoral neck or lumbar spine as reference to determine T score |
| Oh, 2013 ¹⁰⁴ | No | Unclear | The authors do not report findings for the predefined threshold of OSTA< instead they report findings for a different threshold that they selected to maximize discriminative ability. | Sexspecific norms for young Japanese women |
| Oh, 2016 ¹⁰⁵ | Unclear | Unclear | Unclear whether OSTA threshold used was prespecified. | Sex specific norms for young Japanese men |

Appendix D Table 23. Risk of Bias for Assessing Accuracy of Risk Prediction Instruments for Identifying Osteoporosis: Part 4

| First Author's Last Name; Year | If a Threshold Was Used, Was It Pre-specified? | Could the Conduct or Interpretation of the Index Test Have Introduced Bias? | Index Test Comments | Describe the Reference Standard and How It Was Conducted and Interpreted |
|--------------------------------|--|--|--|--|
| Pang, 2014 ¹⁰⁶ | No | Unclear | Thresholds were not prespecified, rather they were chosen to maximize discriminative ability. | Manufacturer's sex specific normative databse and an ethnic database. |
| Park, 2003 ¹⁰⁷ | Yes | Low | NR | Reference range for young Korean women |
| Richards, 2014 ¹⁰⁸ | Yes | Low | NR | NHANES III |
| Richy, 2004 ⁸⁰ | Yes | Low | NR | Reference values specifically established for the population of Liege. |
| Shepherd, 2007 ¹¹⁰ | Yes | Low | Do not report on blinded index test assessment. Threshold is determined in development cohort in this study. Applied to validation cohort. | T scores derived from race/ethnicity and sex- specific bone mineral density for Hispanic, non- Hispanic w hite, and non-Hispanic black men ages 20-29. |
| Shepherd, 2010 ¹¹⁵ | Yes | Low | NR | White men age 20-29; whole body DXA Hologic QDR-4500A |
| Sinnott, 2006 ¹¹¹ | Unclear | Low | NR | T-scores were calculated using the manufacturer's reference values, namely a young Caucasian male database for the hip and a Caucasian female database for the spine |
| Zimering, 2007 ¹¹² | Yes | Low | Do not report on blinded index test assessment. Threshold is determined in development cohort in this study. Applied to validation cohort. | T score <= -2.5 compared to NHANES III young male, ethnicity/race- specific reference data |

Abbreviations: AUC=area under the curve; BMD=bone mineral density; DXA=dual energy x-ray absorptiometry; GE=General Electric; NR=not reported; ORA = Osteoporosis Risk Assessment Instrument; OST=osteoporosis self-assessment tool; OSTA=Osteoporosis Self-assessment Tool for Asians; QUI=ultrasound index; QUS=quantitative ultrasound; SCORE=Simple Calculated Osteoporosis Risk Estimation Tool; Sn=sensitivity; Sp=specificity.

| Name; Year | Is the Reference Standard Likely To Correctly Classify the Target Condition? | Were the Reference Standard Results Interpreted without Knowledge of the Results of the Index Test? | Could the Reference Standard, Its Conduct, or Its Interpretation Have Introduced Bias? | Reference Standard Comments |
|--------------------------------------|---|--|---|--|
| Adler, 2003 ⁷⁷ | Yes | Unclear | Low | NR |
| Bansal, 2015 ⁵⁶ | Yes | Unclear | Low | NR |
| Ben Sedrine, 2001 ⁷⁸ | Yes | Yes | Low | From discussion: "All of our DXA tests come from the same densitometers and from the same clinical unit. |
| Brenneman, 200381 | Yes | Unclear | Low | NR |
| Cadarette, 200182 | Yes | Unclear | Low | NR |
| Cadarette, 2004 ⁸³ | Yes | Unclear | Low | Unclear timing of DXA, reference test, in relationship to index test in prospective and retrospective parts of the study sample |
| Cass, 2006 ⁸⁴ | Yes | Yes | Low | Specific reference range for T scores not reported, but used manufacturer's ranges, so likely NHANES. |
| Cass, 201385 | Yes | Yes | Low | NR |
| Cass, 2016 ¹¹⁴ | Yes | Yes | Low | NR |
| Chan, 2006 ⁸⁶ | Unclear | Unclear | Unclear | No information on the specific reference ranges used to determine T-Score. |
| Cook et al, 200587 | Yes | Unclear | Unclear | NR |
| Crandall, 2014 ⁵⁷ | Yes | Unclear | Low | NR |
| D'Amelio, 2005 ⁸⁸ | Yes | Unclear | Low | No information about masking of test results, but given objective calculations that go into both the index and reference test, low chance of bias. |
| D'Amelio, 201389 | Unclear | Unclear | Unclear | Reference range for T score NR. |
| Geusens, 2002 90 | Yes | Unclear | Low | NR |
| Gnudi, 2005 ⁹¹ | Yes | Yes | Low | Do not report on blinded reference test assessment. |
| Gourlay, 2005 ⁷⁹ | Yes | Yes | Low | NR |
| Gourlay, 2008 92 | Yes | Unclear | Low | NR |
| Harrison, 2006 ⁹³ | Yes | Unclear | Low | NR |
| Jimenez-Nunez, 2013 ⁹⁴ | Yes | Yes | Low | NR |
| Kung, 2003 ⁹⁵ | Yes | Unclear | Low | NR |
| Kung, 2005 ⁹⁶ | Yes | Yes | Low | NR |
| Leslie, 2013 ¹¹³ | Yes | Unclear | Low | NR |

| | Is the Reference Standard Likely To Correctly Classify the | Were the Reference Standard Results Interpreted without Knowledge of the Results of | Standard, Its Conduct, or Its Interpretation Have | |
|--|--|---|--|--|
| Name; Year | Target Condition? | the Index Test? | | Reference Standard Comments |
| Lynn, 2008 ⁹⁷ | Yes | Unclear | Low | All obtained from MrOS (sequence of data collection not described) |
| Machado, 2010 ⁹⁸ | Yes | Unclear | Low | NR |
| Martinez-Aguila, 2007 ⁹⁹ | Yes | Unclear | Low | Did not use NHANES reference standards; but may be appropriate since conducted in a Spanish population. |
| Mauck, 2005 ¹⁰⁰ | Yes | Unclear | Low | Used a local reference range for T score values. |
| McLeod, 2015 ¹⁰¹ | Yes | Yes | Low | NR |
| Morin, 2009 ¹⁰² | Yes | Yes | Low | NR |
| Nguyen, 2004 ¹⁰³ | Yes | Unclear | Low | Local reference range for young Australian women at the FN or LS was used. |
| Oh, 2013 ¹⁰⁴ | Yes | Unclear | Low | NR |
| Oh, 2016 ¹⁰⁵ | Yes | Unclear | Low | NR |
| Pang, 2014 ¹⁰⁶ | Yes | Unclear | Low | NR |
| Park, 2003 ¹⁰⁷ | Yes | Unclear | Unclear | NR |
| Richards, 2014 ¹⁰⁸ | Yes | Yes | Unclear | NR |
| Richy, 2004 ⁸⁰ | Yes | Unclear | Unclear | NR |
| Shepherd, 2007 ¹¹⁰ | Yes | Yes | Low | Index test was developed after DXA done, so presumably reference test interpretation blinded. |
| Shepherd, 2010 ¹¹⁵ | Yes | Unclear | Low | NR |
| Sinnott, 2006 ¹¹¹ | Yes | Unclear | Low | Threshold values not explicity provided. |
| Zimering, 2007 ¹¹² | Yes | Unclear | Low | Do not report on blinded reference test assessment. |

Abbreviations: BMD=bone mineral density; DXA=dual energy x-ray absorptiometry; FN=femoral neck; LS=lumbar spine; MrOS=evaluation of osteoporosis screening tools for the osteoporotic fractures in men; NHANES III=National Health And Nutrition Examination Survey; NR=not reported.

| First Author's Last Name; Year | Describe Any Patients Who Did Not Receive the Index Test(s) and/or Reference Standard or Who Were Excluded | Interventions between Index Test(s) and | Was There an Appropriate Interval between Index Test(s) and Reference Standard? | Did All Patients Receive a Reference Standard? | Did Patients Receive the Same Reference Standard? | Were All Patients Included in the Analysis? |
|-----------------------------------|---|---|---|--|---|--|
| Adler, 2003 ⁷⁷ | Excluded patients who had previously had a DXA scan (i.e. the reference test) | 1 month | Yes | Unclear | Yes | Yes |
| Bansal, 2015 ⁵⁶ | None | FRAX input collected at time of DXA or from review of medical records. | Yes Yes | | Yes | Yes |
| Ben Sedrine, 2001 ⁷⁸ | w ere not reported | Not reported: gathered retrospective medical data on BMD measurement and risk factors betw een January 1996 and 1999. | Unclear | Yes | Yes | Unclear |
| Brenneman, 200381 | 1986 recruited 428 consented 416 had complete data | Occurred concurrently | Yes | Yes | Yes | Yes |
| Cadarette, 200182 | | Not specifically reported. All baseline data collected 2/2016-9/2017, presumably includes questionnaire and DXA testing. | Unclear | Yes | Yes | No |
| Cadarette, 2004 ⁸³ | Of retrospective sample, 66 did not have data on estrogen use. Assumed to be negative. Only patients with DXA included. | Unclear | Unclear | Yes | Yes | No |
| Cass, 200684 | Yes | Yes | Yes | Yes | Yes | No |
| Cass, 2013 ⁸⁵ | Yes | Yes | Yes | Yes | Yes | No |
| Cass, 2016 ¹¹⁴ | Details NR | NR | Unclear | Yes | Yes | Yes |
| Chan, 2006 ⁸⁶ | No | Yes | Yes | Yes | Yes | Unclear |
| Cook et al, 200587 | None | None | Yes | Yes | Yes | Yes |
| Crandall, 2014 ⁵⁷ | No | Yes | Yes | Yes | Yes | Yes |
| D'Amelio, 2005 ⁸⁸ | NR | Clinical risk factors collected at the time of DXA scan | Yes | Yes | Yes | Yes |
| D'Amelio, 2013 ⁸⁹ | Yes | Yes | Yes | Yes | Yes | No |
| Geusens, 2002 90 | NA | unclear | unclear | yes | yes | yes |
| Gnudi, 2005 ⁹¹ | NR | NR | Unclear | Yes | Yes | Unclear |
| Gourlay, 2005 ⁷⁹ | NR | NR | Unclear | Yes | Yes | Unclear |

| First Author's Last Name; Year | Reference Standard or Who Were Excluded | Interventions between Index Test(s) and Reference Standard | Test(s) and Reference Standard? | Did All Patients Receive a Reference Standard? | Did Patients Receive the Same Reference Standard? | Were All Patients Included in the Analysis? | |
|--|---|--|---------------------------------|--|---|--|--|
| Gourlay, 2008 92 | NA | unclear | unclear | yes | yes | yes | |
| Harrison, 2006 ⁹³ | | NR | Unclear | Yes | Yes | Unclear | |
| Jimenez-Nunez, 2013 ⁹⁴ | Nursing home, homebound, prior diagnosis of osteo, on osteo drugs, serious acute or chronic disease, hip replacement, steroids | Same day | Unclear | Yes | Yes | Unclear | |
| Kung, 2003 ⁹⁵ | History or evidence of metabolic bone disease, menopause before 40, history of cancer, evidence of sig renal impariment, both hips previously fractured or replaced, prior use of any bisphosphonates, fluoride or calcitonin | NR | Unclear | Yes | Yes | Yes | |
| Kung, 2005 ⁹⁶ | History or evidence of metabolic bone disease, hightory of cancer, evidence of sig renal impariment, both hips previously fractured or replaced, prior use of any bisphosphonates, fluoride or calcitonin, abnormal biochemisty including renal and liver function, serum calcium, phosphate, total alkaline phosphatase, and TSH | NR | Unclear | Yes | Yes | Yes | |
| Leslie, 2013 ¹¹³ | NR | NR | Unclear | Yes | Yes | Yes | |
| Lynn, 2008 ⁹⁷ | NR | NR | Unclear | Yes | Yes | Na | |
| Machado, 2010 ⁹⁸ | NR | NR | Unclear | Yes | Yes | Yes | |
| Martinez-Aguila, 2007 ⁹⁹ | Yes | NR | Unclear | Yes | Yes | No | |
| Mauck, 2005 ¹⁰⁰ | NR | Yes | Yes | Yes | Yes | Yes | |
| McLeod, 2015 ¹⁰¹ | Previous diagnosis, progressive terminal illness | Within 3 w eeks | Yes | Yes | Yes | Yes | |
| Morin, 2009 ¹⁰² | NR | Unclear | Unclear | Yes | Yes | Yes | |

| First Author's Last Name; Year | Describe Any Patients Who Did Not Receive the Index Test(s) and/or Reference Standard or Who Were Excluded | Interventions between Index Test(s) and | Was There an Appropriate Interval between Index Test(s) and Reference Standard? | Did All Patients Receive a Reference Standard? | Did Patients Receive the Same Reference Standard? | Were All Patients Included in the Analysis? |
|-----------------------------------|---|---|---|--|---|--|
| Nguyen, 2004 ¹⁰³ | NR | Not explicitly, but given study design presume it was concurrent. | Yes | Yes | Yes | Yes |
| Oh, 2013 ¹⁰⁴ | Yes | Yes | Yes | Yes | Yes | Yes |
| Oh, 2016 ¹⁰⁵ | Yes | Yes | Yes | Yes | Yes | Yes |
| Pang, 2014 ¹⁰⁶ | Yes | Yes | Yes | Yes | Yes | Yes |
| Park, 2003 ¹⁰⁷ | NA | Unclear | Unclear | Yes | Yes | Yes |
| Richards, 2014 ¹⁰⁸ | NA | Unclear | Unclear | No | Yes | No |
| Richy, 200480 | NA | Unclear | Unclear | Yes | Yes | Yes |
| Shepherd, 2007 ¹¹⁰ | From Looker et al Bone mineral measurements were performed on 3176 older men in NHANES III, but 86, or 3%, were rejected for technical reasons after review, leaving 3090 with acceptable data | NR | Unclear | Yes | Yes | Yes |
| Shepherd, 2010 ¹¹⁵ | Yes | Yes | Yes | Yes | Yes | Yes |
| Sinnott, 2006 ¹¹¹ | NR | NR | Unclear | Yes | Yes | Yes |
| Zimering, 2007 ¹¹² | NR | Not reported, presumably concurrent testing | Unclear | Yes | Yes | No |

Abbreviations: BMD=bone mineral density; DXA=dual energy x-ray absorptiometry; NHANES III=National Health And Nutritionexamination Survey III; NR=not reported; TSH=thyroid stimulating hormone.

| First Author's Last | Could the Patient Flow | | Overall | |
|---------------------------------|------------------------|--|-----------|--|
| Name; Year | Have Introduced Bias? | Patient Flow Comments | Judgement | Overall Comments |
| Adler, 2003 ⁷⁷ | Low | From Adler, Osteoporosis in Pulmonary Clinic Patientsa: Does Point-of-Care Screening Predict Central Dual-Energy X- ray Absorptiometry? Chest Volume 123, Issue 6, June 2003, Pages 2012–2018 98 or 107 patients received DXA scan from pulmonary cohort; unknow n | Low | Unclear for domain of patient selection. Also unclear how many excluded for no DXA, but from pulmonary cohort appears small. Would give it a FAIR for ROB |
| Bansal, 2015 ⁵⁶ | Low | None | Unclear | Potential for spectrum bias because younger women with DXA likely have had some unspecified risk factors. Some risk of bias introduced by retrospective design as women age 50-64 would typically not have DXA ordered in the absence of increased risks for osteoporosis. |
| Ben Sedrine, 2001 ⁷⁸ | Unclear | No report of timing between index and reference test | Low | Risk of spectrum bias. No mention of w ho w as excluded or if any dropped out; unclear if results looked at independently blind; Unclear for domain of flow and timing. |
| Brenneman, 2003 ⁸¹ | Low | 416 includes those with complete information not sure how many were dropped due to incomplete data; sounds like data collected all at the same time | Low | 416 includes those with complete information not sure how many were dropped due to incomplete data; sounds like data collected all at the same time; not sure if blinded interpretation |
| Cadarette, 200182 | Low | Multisite study with different DXA machines in each site. T scores were calculated from cross-calibrated Hologic BMD equivalent. Baseline period < 2 years. | Low | Unclear it assessments were blind; unclear on timing of assessments; excluded those who had osteoporosis and taking bone sparing medications, those with secondary osteoporosis, those with missing data |
| Cadarette, 2004 ⁸³ | Low | Study authors collected clinical risk factors taken at the same time as the DXA scan for the retrospective sample of patients For prospective study, presumably concurrent. | Low | Unclear on assessment timing; unclear on blinding; looks like those with missing data were excluded |
| Cass, 2006 ⁸⁴ | Low | 23 enrolled patients did not undergo DXA scan so were not included. 173 eligible patients declined to participate. | Low | NR |
| Cass, 2013 ⁸⁵ | Low | 40 patients did not undergo DXA so were dropped from the analysis. | Low | NR |
| Cass, 2016 ¹¹⁴ | Low | NR | Low | NR |

| First Author's Last | | | Overall | | | |
|-----------------------------------|-----------------------|---|-----------|---|--|--|
| Name; Year | Have Introduced Bias? | Patient Flow Comments | Judgement | Overall Comments | | |
| Chan, 2006 ⁸⁶ | Unclear | The Number eligible is not reported, the number of dropouts is not reported, only the final N analyzed is reported. | unclear | Some concerns in multiple domains of risk of bias lead to an overal rating of uncler. | | |
| Cook et al, 200587 | Low | NR | Unclear | Patient selection has the potential to skew the sample toward low BMD | | |
| Crandall, 2014 ⁵⁷ | Low | Main analysis was restricted to a subgroup of non HRT users by design (, supplemental analyses include HRT users and all women [including those with preventive use of HRT]) | Low | NR | | |
| D'Amelio, 200588 | Low | NR | Low | NR | | |
| D'Amelio, 2013 ⁸⁹ | Low | Some patients initially enrolled were excluded because it was determined they did not meet study criteria. | Low | NR | | |
| Geusens, 2002 90 | unclear | Unclear because of lack of clarity around timing of the tests | unclear | No details on how the reference standard data were collected or the time interval between it and the index test | | |
| Gnudi, 2005 ⁹¹ | Low | While authors don't report on timing between reference and index test, validation cohort was recruited over 6 months (<2 years) | Low | NR | | |
| Gourlay, 2005 ⁷⁹ | Unclear | NR | Unclear | NR | | |
| Gourlay, 2008 ⁹² | unclear | Unclear because of lack of clarity around timing of the tests | unclear | No details on how the reference standard data were collected or the time interval between it and the index test | | |
| Harrison, 2006 ⁹³ | Unclear | Participants underwent DXA and were categorized as non -osteo or osteo prior to QUS or risk indices | Low | Low -to-high given that osteoporosis status determined first | | |
| Jimenez-Nunez, 2013 ⁹⁴ | Low | random sample done with some sort of cards | Low | NR | | |
| Kung, 2003 ⁹⁵ | Low | NR | Low | NR | | |
| Kung, 2005 ⁹⁶ | Low | It is not clear what the time frame between clinical assessment of risk factors and QUS; how ever should be little impact; I put that all participants received the same reference standard (referring to the validated group here) | Low | NR | | |
| Leslie, 2013 ¹¹³ | Low | NR | Low | NR | | |
| Lynn, 2008 ⁹⁷ | Low | NR | Low | Data was collected prospectively from MrOS study and then analyzed as part of this study focus. | | |

| | Could the Patient Flow | Butto della Communica | Overall | 0 |
|-------------------------------------|------------------------|---|-----------|--|
| Name; Year | Have Introduced Bias? | Patient Flow Comments | Judgement | Overall Comments |
| Machado, 2010 ⁹⁸ | Low | Interval between clinical risks and BMD inferred to be < 2 years. | Low | NR |
| Martinez-Aguila, 2007 ⁹⁹ | Unclear | 30 eligible patients were excluded for missing data. Clinical risk factors assessed retrospectively by asking participants to answer them based on the date of their BMD testing. | Unclear | NR |
| Mauck, 2005 ¹⁰⁰ | Low | NR | Low | NR |
| McLeod, 2015 ¹⁰¹ | Low | Effort made to contact patient, enroll and conduct OST and QUS within 3 weeks of DXA scan to complete study assessments prior to provider receiving DXA results and talking with patient. | Low | NR |
| Morin, 2009 ¹⁰² | Unclear | Unclear for timing between DXA and index test | Unclear | NR |
| Nguyen, 2004 ¹⁰³ | Low | NR | Low | NR |
| Oh, 2013 ¹⁰⁴ | Low | Some patients meeting prelim criteria based on age were not eligible for a variety of reasons. | Low | Low ROB for the test thresholds used by study authors. |
| Oh, 2016 ¹⁰⁵ | Low | Excluded some men for probably valid reasons | Low | NR |
| Pang, 2014 ¹⁰⁶ | Low | Some patients meeting prelim age criteria not eligible to be included. | Low | Low ROB for the test thresholds used by study authors. |
| Park, 2003 ¹⁰⁷ | Unclear | Unclear because of lack of clarity around timing of the tests | Unclear | No details on how the reference standard data were collected or the time interval between it and the index tes |
| Richards, 2014 ¹⁰⁸ | Unclear | Unclear because of lack of clarity around timing of the tests. 2 patients were excluded from the analysis because no bmd tests were done but not the primary cause of the unclear rating | Unclear | No details on how the reference standard data were collected or the time interval between it and the index tes |
| Richy, 2004 ⁸⁰ | Unclear | Unclear because of lack of clarity around timing of the tests | Unclear | No details on how the reference standard data were collected or the time interval between it and the index tes |
| Shepherd, 2007 ¹¹⁰ | Low | NR | Low | NR |
| Shepherd, 2010 ¹¹⁵ | Low | Excluded men without DXA available, though not specifically reported NHANES enrolls subjects prospectively so clinical risks and DXA likely collected concurrently. | Low | NR |

| | Could the Patient Flow | | Overall | |
|-------------------------------|------------------------|---|-----------|--|
| Name; Year | Have Introduced Bias? | Patient Flow Comments | Judgement | Overall Comments |
| Sinnott, 2006 ¹¹¹ | | The flow was not specifically described, but appears sequence was clinical assessment followed by ultrasound and then DXA. | | Primarily due to: 1) no information on the type of sampling. Assuming conveneience sampling; 2) not clear about the sequence of testing, but low risk of bias. |
| Zimering, 2007 ¹¹² | | No report of timing between index and reference test or on missing data in the validation cohort; presumably concurrent testing | Unclear | NR |

Abbreviations: BMD=bone mineral density; DXA=dual energy x-ray absorptiometry; HRT=hormone replacement therapy; MrOS=evaluation of osteoporosis screening tools for the osteoporotic fractures in men; NHANES=National Health And Nutritionexamination Survey; NR=not reported; OST=osteoporosis self-assessment tool; QUS=quantitative ultrasound; ROB=risk of bias.

| First Author, | Patients (Setting, Intended Use of Index Test, Presentation, Prior Testing) | Test(s) | Reference Standard and Target Condition | Selection | Was a Consecutive or Random Sample of Patients Enrolled? | Was a Case- Control Design Avoided? | Did the Study Avoid Inappropriate Exclusions? | Have | |
|--------------------------------------|--|--|--|---|--|---|--|---------|--|
| Boonen et al, 2005 ¹¹⁶ | Commmunty dwelling postmenopausal women, | QUS | t-score below 2.5 using dxa | | Yes | Yes | Yes | Low | NR |
| Cook et al, 2005 ⁸⁷ | UK, DXA scanning clinics, patients referred from general practicioners based on 1+ clinical risk factors for OP | Two QUS systems: CUBA Clinical (BUA, VOS), Sunlight Omnisense (distal radius, proximal phalanx mid finger, mid- shaft tibia) | DXA, LS-4, and total hip | Patients referred by general practitioner to DXA screening clinic | Unclear | Yes | Unclear | Unclear | Sample has potential for bias tow ard low BMD due to recruitment from DXA clinic (all patients referred by MD for clinical risk factors) |
| Harrison et al, 2006 ⁹³ | Caucasian females, 55-80 years (referred to clinical radiology, intended use of index test (QUS x2) underwent DXA and categorized as nonosteoporosis and osteoporosis. Subsequently underwent QUS and risk assessment using demographics and then combined algorithms-QUS used to predict osteoporosis | QUS x2 | DXA | White Caucasian females ages 55 to 70 years (mean 61, SD 4) whowere referred to Clinical Radiology, Imaging Science and Biomedical Engineering, University of Manchester for routine bone densitometry scans were invited to take part in the study | | Yes | Unclear | Low | No details on setting or how participants w ere selected |

| Year | Patients (Setting, Intended Use of Index Test, Presentation, Prior Testing) | Test(s) | Reference Standard and Target Condition | Methods of Patient Selection | | Case- Control Design Avoided? | Did the Study Avoid Inappropriate Exclusions? | Have Introduced Bias? | Comments |
|------------------------------------|--|--|--|--|---------|--|--|-----------------------------|--|
| Nunez et al, 2013 ⁹⁴ | | 4 risk scores + PIXI of the heel | hip and spine | Described as random from 2 sites | Yes | Yes | Yes | Low | NR |
| 2003 ⁹⁵ | Women in Hong Kong recruited from the community | OSTA index and QUI | DXA | Women from community, all comers who did not meet exclusion | Unclear | Yes | Yes | | Although noted to be early post- menopausal, mean age is 62 |
| 2005 ⁹⁶ | Community of Asian (Southern Chinese) men; develop index based on clinical factors; compare clinical index with calcaneal QUS in predicting BMD (T<-2.5 by DXA | | condition is | Men from community, all comers who did not meet exclusion | Yes | Yes | Yes | | Unclear who chose to participate relative to larger group, excluded abnormal TSH group |

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| Year | Patients (Setting, Intended Use of Index Test, Presentation, Prior Testing) | Test(s) | Reference Standard and Target Condition | Selection | | Case- Control Design Avoided? | Did the Study Avoid Inappropriate Exclusions? | Have Introduced Bias? | Comments |
|--------------------------------------|---|-------------------|--|--|-----|--|--|-----------------------------|----------|
| Lynn et al, 2008 ⁹⁷ | US Caucasian (4658) and Hong Kong Chinese (1914) from the MrOS study with DXA and QUS measurements to compare screening tools (OST, MOST, QUI) to DXA | OST, MOST, QUI | | US participants were recruited using population-based listings at 6 clinical settings in Birmingham, AL; Minneapolis, MN; Palo Alto, CA; Pittsburgh, PA; Portland, OR; San Diego, CA. Hong Kong participants were recruited using combination of private solicitation and public ads from community centers, housing estates, and the general community. Men who had bilateral hip replacements or were unable to walk without the assistance of another person were excluded. | Yes | Yes | Unclear | Low | NR |
| McLeod et al, 2015 ¹⁰¹ | Women referred for screening in Canada, no prior testing | QUS and OST | | Patients referred for screening to one facility | Yes | Yes | Yes | Low | NA |

| Year | Patients (Setting, Intended Use of Index Test, Presentation, Prior Testing) | Index Test(s) | Reference Standard and Target Condition | Describe Methods of Patient Selection | | Control Design Avoided? | | Have | |
|----------------------------------|---|-------------------------------|--|--|---------|-------------------------------|---------|---------|--------------------------|
| | Causian women underwent clinical risk factor questionnaire, QUS and DXA in order to determine whether a combined clinical assessment tool + QUS would be predictive of | facors+ | DXA | Women were referred to DXA scanning clinic at Great Western Hospital, Swindon, UK. Referral was performed by the patients GPs, or hospital based | Unclear | Yes | Unclear | Unclear | Insufficient information |
| Richy et al, 2004 ¹¹⁸ | osteoporosis (low bone mass) by DXA Two cohorts of postmenopasual women, age 45 and older; purpose was to study #1 -develop an clinical algorithm tool+QUS (n=407 women) with bone mass as the outcome measure, as derived from DXA, and then in study #2 used a second cohort (202 women) to validate the algorithm by comparing it to QUS alone and to the OST; community screening clinic; no prior testing | Clinical algorithm; QUS | bone mass; | Women who attended public screening for Osteoporosis | Yes | Yes | Yes | Low | NR |

| First Author, | Patients (Setting, Intended Use of Index Test, Presentation, Prior Testing) | Index Test(s) | Reference Standard and Target Condition | Methods of | Was a Consecutive or Random Sample of Patients Enrolled? | Case- Control Design | Did the Study Avoid Inappropriate Exclusions? | Have Introduced | |
|---------------------------------------|---|---|--|---|--|----------------------------|--|--------------------|--|
| Sinnott et al, 2006 ¹¹¹ | AA men, age 35 and older (outpatient general medicine clinics at veteran hospital; intended use of clinical assessment tools and calcaneous ultrasound compared with the reference measure of BMD by DXA; no description of presentation in article; no prior testing): index text is ultrasound of calcaneous on nondominant foot, outcome is low bone mass | ultrasound of calcaneous on non- dominant foot | BMD by DXA at the 1) lumbar spine (L1-L4) and 2) non- dominant hip(femoral | Subjects were recruited from outpatient general medicine clinics at the Jesse Brown VA Medical Center over an 11-month period in 2004 | Unclear | Yes | Yes | Low | Selection of participants may be a convenience sample but unclear. Men were recruited from general medicine clinics so selection bias likely low |

Abbreviations: AL=Alabama; BMD=bone mineral density; BUA=broadband attenuation; CA=California; DXA=dual energy x-ray absorptiometry; GPs=general practitioners; KQ=key question; LS-4=lumbar spine 4; MD=medical doctor; MN=Minnesota; MOST=Male Osteoporosis Screening Tool; MrOS=evaluation of osteoporosis screening tools for the osteoporotic fractures in men; NA=not applicable; OP=osteoporosis; OR=Oregon; OST=osteoporosis self-assessment tool; OSTA=Osteoporosis Self-assessment Tool for Asians; PA=Pennsylvania; QUI=ultrasound index; QUS=quantitative ultrasound; SD=standard deviation; TSH=thyroid-stimulating hormone; UK=United Kingdom; US=United States; VA=Veterans' Administration; VOS=velocity of sound.

| First Author, Year | Conducted and Interpreted | the Results of the Reference Standard? | If a Threshold Was Used, Was It Pre-Specified? | Could the Conduct or Interpretation of the Index Test Have Introduced Bias? | Comments |
|--|--|--|--|---|---|
| Boonen et al, 2005 ¹¹⁶ | QUS, DXR, RA | Yes | Yes | Low | NR |
| Cook et al, 2005 ⁸⁷ | Two QUS tests - CUBA clinical and Sunlight Omnisense measurements. Performed on nondominant side with same ultrsaound gel. System quality verification tests each day. | Unclear | Yes | Unclear | Threshold question - yes and no used a 90% sensitivity threshold, but also created a cut off level based on the highest combined value of Sn and Sp. ROB assessment - depends on if QUS studies read independently of DXA imaging. |
| Harrison et al, 2006 ⁹³ | QUS x2 | Unclear | Yes | Unclear | Osteoporosis status determined before index tests conducted, but unclear if results available |
| Jimenez-Nunez et al, 2013 ⁹⁴ | 4 risk scores + PIXI of the heel, algorithms were developed | Yes | Yes | Low | NR |
| Kung et al, 2003 ⁹⁵ | Index characteristics through interview and QUI of right heel by technician | Unclear | Yes | Low | Index based on characteristics can be biased based on analysis decisions |
| Kung et al, 2005 ⁹⁶ | Index developed by authors based on characteristics | Unclear | Yes | Low | NR |
| Lynn et al, 2008 ⁹⁷ | OST, MOST, QUI | Unclear | Yes | Low | NR |
| McLeod et al, 2015 ¹⁰¹ | QUS of BUA and SOS of left calcaneus & personal data based on questionnaire | Yes | Yes | Low | NR |
| Minnock et al, 2008 ¹¹⁷ | Combined clinical risk facors+QUS | Unclear | Yes | Low | NR |
| Richy et al, 2004 ¹¹⁸ | Clinical algorithm; QUS | Unclear | Yes | Low | NR |
| Sinnott et al, 2006 ¹¹¹ | Ultrasound of calcaneous on non-dominant foot | Unclear | Unclear | Low | NR |

Abbreviations: BUA=broadband attenuation; DXR=digital x-ray radiogrammetry; MOST=Male Osteoporosis Screening Tool; NR=not reported; OST=osteoporosis self-assessment tool; QUI=ultrasound index; QUS=quantitative ultrasound; RA=radiographic absorptiometry; Sn=sensitivity; SOS=speed of sound; Sp=specificity.

| First Author, Year | Describe the Reference Standard and How It Was Conducted and Interpreted | Is the Reference Standard Likely To Correctly Classify the Target Condition? | Were the Reference Standard Results Interpreted without Knowledge of the Results of the Index Test? | Have Introduced Bias? | Comments |
|---|--|--|--|-----------------------|--|
| Boonen et al, 2005 ¹¹⁶ | DXA, BMD of the lumbar spiine and proximal femur | Yes | Unclear | Low | NR |
| Cook et al, 2005 ⁸⁷ | DXA. BMD of the lumbar spine and total hip | Yes | Unclear | Unclear | NR |
| Harrison et al, 2006 ⁹³ | DXA, BMD of the femoral neck and total hip | Yes | Unclear | Low | NR |
| Jimenez-Nunez et al, 2013 ⁹⁴ | DXA, BMD of the hip and spine | Yes | Yes | Low | NR |
| Kung et al, 2003 ⁹⁵ | DXA: BMD of the lumbar spine, femoral neck | Yes | Unclear | Low | NR |
| Kung et al, 2005 ⁹⁶ | DXA: BMD of the lumbar spine, femoral neck | Yes | Yes | Low | NR |
| Lynn et al, 2008 ⁹⁷ | DXA, lumbar spine and proximal femur | Yes | Unclear | | All obtained from MrOS (sequence of data collection not described) |
| McLeod et al, 2015 ¹⁰¹ | DXA: BMD of the lumbar spine, left and right femoral neck | Yes | Yes | Low | NR |
| Minnock et al, 2008 ¹¹⁷ | DXA, BMD of the lumbar spine, femoral neck, and total hip | Yes | Unclear | Low | NR |
| Richy et al, 2004 ¹¹⁸ | DXA, BMD of the femoral neck | Yes | Yes | Low | NR |
| Sinnott et al, 2006 ¹¹¹ | DXA; BMD of the hip, spine | Yes | Unclear | • | NR |

Abbreviations: BMD=bone mineral density; DXA=dual energy x-ray absorptiometry; KQ=key question; MrOS=evaluation of osteoporosis screening tools for the osteoporotic fractures in men; NR=not reported; QUS=quantitative ultrasound.

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| Describe Any Patients Who Did Not Receive the Index Test(s) and/or Reference Standard or Who Were Excluded | Index Test(s) and Reference Standard | Was There an Appropriate Interval between Index Test(s) and Reference Standard? | Did All Patients Receive a Reference Standard? | Did Patients Receive the Same Reference Standard? | |
|---|---|--|---|---|---|
| On treatment for osteo, peripheral oedema | Same day | Yes | Yes | Yes | Yes |
| None | None | Yes | Yes | Yes | Yes |
| NR | NR | Unclear | Yes | Yes | Unclear |
| Nursing home, homebound, prior diagnosis of osteo, on osteo drugs, serious acute or chronic disease, hip replacement, steroids | Same day | Unclear | Yes | Yes | Unclear |
| History or evidence of metabolic bone disease, menopause before 40, history of cancer, evidence of sig renal impariment, both hips previously fractured or replaced, prior use of any bisphosphonates, fluoride or calcitonin | NR | Unclear | Yes | Yes | Yes |
| History or evidence of metabolic bone disease, hightory of cancer, evidence of sig renal impariment, both hips previously fractured or replaced, prior use of any bisphosphonates, fluoride or calcitonin, abnormal biochemisty including renal and liver function, serum calcium, phosphate, total alkaline phosphatase, and TSH | NR | Unclear | Yes | Yes | Yes |
| NR | NR | Unclear | Yes | Yes | NA |
| Previous diagnosis, progressive terminal illness | Within 3 weeks | Yes | Yes | Yes | Yes |
| NR | NR | Unclear | Yes | Yes | No |
| NR | NR | Unclear | Yes | Yes | Yes |
| NR | NR | Unclear | Yes | Yes | Yes |
| | Receive the Index Test(s) and/or Reference Standard or Who Were Excluded On treatment for osteo, peripheral oedema None NR Nursing home, homebound, prior diagnosis of osteo, on osteo drugs, serious acute or chronic disease, hip replacement, steroids History or evidence of metabolic bone disease, menopause before 40, history of cancer, evidence of sig renal impariment, both hips previously fractured or replaced, prior use of any bisphosphonates, fluoride or calcitonin History or evidence of metabolic bone disease, hightory of cancer, evidence of sig renal impariment, both hips previously fractured or replaced, prior use of any bisphosphonates, fluoride or calcitonin, abnormal biochemisty including renal and liver function, serum calcium, phosphate, total alkaline phosphatase, and TSH NR Previous diagnosis, progressive terminal illness NR | Describe Any Patients Who Did Not Receive the Index Test(s) and/or Reference Standard or Who Were Excluded On treatment for osteo, peripheral oedema None None None None None NR Nursing home, homebound, prior diagnosis of osteo, on osteo drugs, serious acute or chronic disease, hip replacement, steroids History or evidence of metabolic bone disease, menopause before 40, history of cancer, evidence of sig renal impariment, both hips previously fractured or replaced, prior use of any bisphosphonates, fluoride or calcitonin History or evidence of metabolic bone disease, hightory of cancer, evidence of sig renal impariment, both hips previously fractured or replaced, prior use of any bisphosphonates, fluoride or calcitonin, abnormal biochemisty including renal and liver function, serum calcium, phosphate, total alkaline phosphatase, and TSH NR Previous diagnosis, progressive terminal illness NR NR NR NR NR NR NR NR NR | Describe Any Patients Who Did Not Receive the Index Test(s) and/or Reference Standard or Who Were Excluded On treatment for osteo, peripheral oedema None Describe Any Patients Who Did Not Receive the Index Test(s) and/or Reference Standard or Who Were Excluded On treatment for osteo, peripheral oedema None Describe Any Patients Who Did Not Receive the Index Test(s) and/or Reference Standard or Who Were Excluded On treatment for osteo, peripheral oedema None

Abbreviations: NA=not applicable; NR=not reported; TSH=thyroid-stimulating hormone.

| | Could the Patient Flow | | | |
|--|------------------------|--|-------------------|--|
| First Author, Year | Have Introduced Bias? | Comments | Overall Judgement | Overall Comments |
| Boonen et al, 2005 ¹¹⁶ | Low | NR | Low | Not a community-based sample. Women referred for bone densitometry. |
| Cook et al, 200587 | Low | NR | Unclear | Patient selection has the potential to skew the sample tow ard low BMD |
| Harrison et al, 2006 ⁹³ | Unclear | Participants underwent DXA and were categorized as non-osteo or osteo prior to QUS or risk indices | Unclear | Osteoporosis status determined first |
| Jimenez-Nunez et al, 2013 ⁹⁴ | Low | Random sample done with some sort of cards | Low | NR |
| Kung et al, 2003 ⁹⁵ | Low | NR | Low | NR |
| Kung et al, 2005 ⁹⁶ | Low | It is not clear what the time frame between clinical assessment of risk factors and QUS; however should be little impact; I put that all participants received the same reference standard (referring to the validated group here) | Low | NR |
| Lynn et al, 2008 ⁹⁷ | Low | NR | Low | NR |
| McLeod et al, 2015 ¹⁰¹ | Low | Effort made to contact patient, enroll and conduct OST and QUS within 3 weeks of DXA scan to complete study assessments prior to provider receiving DXA results and talking with patient. | Low | NR |
| Minnock et al, 2008 ¹¹⁷ | Low | NR | Unclear | Initial sample is 274 but number in analysis is 235 because of missing data, impact of missing data unclear |
| Richy et al, 2004 ¹¹⁸ | Low | NR | Low | NR |
| Sinnott et al, 2006 ¹¹¹ | Low | The flow was not specifically described, but appears sequence was clinical assessment followed by ultrasound and then DXA. | Low | NR |

Abbreviations: BMD=body mineral density; DXA=dual energy x-ray absorptiometry; KQ=key question; MrOS=evaluation of osteoporosis screening tools for the osteoporotic fractures in men; NR=not reported; OST=osteoporosis self-assessment tool; QUS=quantitative ultrasound.

| First Author, Year | Describe Screening or Treatment Interventions and Comparators | Prediction Model Development as well as Testing of Predictive Performance in Other Individuals (External Validation), Both in the Same Publication | | For Validity Were Appropriate Data Sources Used ? |
|---------------------------------------|---|---|---------------|---|
| Ahmed, 2014 ¹²⁹ | Garvan FRC with BMD, adjusted for age, prior fracture, prior fall Garvan FRC, adjusted for body weight, age, prior fracture, prior fall. | No | Yes- Val only | Yes |
| Azagra, 2011 ¹⁸¹ | FRAX (Spain) | No | No | Probably no |
| Bauer, 2007 ¹⁶³ | Quantitative US | No | No | Yes |
| Berry, 2013 ¹⁹⁵ | Assess contribution of repeat BMD in 4 years to fx risk: 1. BMD at basline and Fx risk 2. BMD percent change and Fx risk 3. BMD at baseline and BMD Percent change and Fx risk | No | Yes- Val only | Yes |
| Chan, 2012 ¹⁶⁸ | FNBMD (adjusted for age, falls, prior fracture) QUS (BUA) plus FNBMD (adjusted for age, falls, prior fracture) | No | Yes- Val only | Yes |
| Chan, 2013 ¹⁹² | FNplus BMD (adjusted for age, falls, prior fracture) QUS (BUA) plus FNBMD (adjusted for age, falls, prior fracture) | No | Yes-Val only | Yes |
| Crandall, 2014 ⁵⁸ | Comparison of three screening strategies for women age 50-64: 1. USPSTF Strategy (FRAX 3.0 without BMD, with follow up BMD testing for fx risk >= 9.3%)- 10 yr horizon 2. OST-horizon unknown, this was developed to identify osteoporosis, not fracture 3. SCORE-horizon unknown, this was developed to identify osteoporosis, not fracture | No | Yes-Val only | Yes |
| Hans, 2011 ¹⁶⁵ | TBS alone, DXA alone, TBS plus DXA | No | No | Probably yes |
| Hillier, 2007 ¹⁹⁴ | Imaging screening: DXA, initial BMD, repeat BMD, change in BMD, initial BMD plus change in BMD | No | No | Yes |
| Hippisley-Cox, 2012 ¹³⁰ | Qfracture updated with additional clinical predictors and outcomes | Yes- Dev and Val | Yes-Val only | Yes |
| lki, 2014 ¹⁶⁴ | DXA - spine areal BMD, trabecular bone score | No | No | Yes |
| lki, 2015 ¹³² | FRAX and TBS | no | Yes-Val only | yes |
| Kalveston, 2016 | FRAX and BMD | Yes- Val only | Yes-Val only | Yes |

| First Author, Year | Describe Screening or Treatment Interventions and Comparators | Prediction Model Development as well as Testing of Predictive Performance in Other Individuals (External Validation), Both in the Same Publication | Performance of a Previously Developed Prediction Model in Other Individuals (External Validation) | For Validity Were Appropriate Data Sources Used ? |
|-------------------------------|---|---|---|---|
| Kanis, 2007 ³² | FRAX | Yes-Dev and Val | No | Yes |
| Kw ok, 2012 ¹⁶⁷ | Imaging screening: QUS (BUA, SOS, QUI measures), DXA (tHIP, fnHIP, spine BMD) | No | No | Yes |
| Leslie, 2010 ¹³¹ | CAROC | No | Yes | Yes |
| Leslie, 2012 ¹²⁷ | FRAX | No | Yes-Dev and Val | Yes |
| Leslie, 2012 ¹²³ | FRAX with and without DXA | No | Yes | Yes |
| Leslie, 2013 ¹⁶⁶ | Trabecular bone score | No | No | Yes |
| Lo, 2011 ¹⁵⁹ | FRC | No | Yes- Val only | Probably yes |
| Lundin, 2015 179 | FRAX and BMD | no | Yes- Val only | yes |
| Melton, 2005 ³⁴² | NOF model including femoral neck BMD and clinical risk factors (personal fx history, FHx, low BWT, smoking status) | No | Yes-Val only | Yes |
| Miller, 2002 ¹⁸⁰ | Heel SXR, Heel QUS, forearm DXA, finger DXA; NORA study | No | No | Yes |
| Morin, 2009 ¹⁰² | body w eight, BMl, OST (OST was developed to predict osteoporosis) | No | Yes | Yes |
| Nguyen, 2004 ¹⁴⁴ | QUS. DOES | No | No | Yes |
| Rubin, 2013 ¹²⁸ | FRAX (no BMD), OST, ORAI, OSIRIS, SCORE (all but FRAX were developed to predict osteoporosis not fracture), Age alone | No | Yes- Val only | Yes |
| Stew art, 2006 ¹⁶² | DXA | No | Yes-Val only | Yes |
| van Geel, 2014 ¹²⁴ | FRAX, Garvan FRC | No | Yes- Val only | Yes |

Abbreviations: BMD=bone mineral density; BMI=body mass index; BUA=broadband attenuation; BWT=body weight; CAROC=Canadian Association of Radiologists and Osteoporosis Canada; DOES=Dubbo Osteoporosis Epidemiology Study; DXA=dual energy x-ray absorptiometry; FNBMD=femoral neck bone mineral density; fnHIP=femoral neck of hip; FNplus=femoral neck plus; FRAX=Fracture Risk Assessment tool; FRC=Fracture Risk Calculator; Fx=fracture; NOF=National Osteoporosis Foundation; NORA=National Osteoporosis Risk Assessment; ORAI=Osteoporosis Risk Assessment Instrument; OSIRIS=Osteoporosis Index of Risk; OST=osteoporosis self-assessment tool; QUI=ultrasound index; QUS=quantitative ultrasound; SCORE=Simple Calculated Osteoporosis Risk Estimation Tool; SOS=speed of sound; SXR=single x-ray absorptiometry; TBS=trabecular bone score; tHIP=total hip; US=United States; USPSTF=United States Preventive Services Task Force.

| First Author, Year | For Validity Were All Inclusions and Exclusions of Participants Appropriate? | For Validity Were Participants Enrolled at a Similar State of Health, or Were Predictors Considered To Account for Any Dissimilarities? | _ | Justification of Bias Rating | Comments |
|---------------------------------------|--|---|---------|---|--|
| Ahmed, 2014 ¹²⁹ | Yes | Yes | Low | | NR |
| Azagra, 2011 ¹⁸¹ | Yes | Yes | Unclear | Cohort was assembled from participants referred for screening by primary or specialty care physicians. Thus, the cohort does not represent an entirely unselected population. | NR |
| Bauer, 2007 ¹⁶³ | Yes | Yes | Low | | NR |
| Berry, 2013 ¹⁹⁵ | Yes | Yes | Low | NR | NR |
| Chan, 2012 ¹⁶⁸ | Yes | Yes | Low | NR | NR |
| Chan, 2013 ¹⁹² | No | Yes | High | High concern for spectrum bias in the subgroup analysis, since participants in the analysis were limited to those with BMD < -2.5 | NR |
| Crandall, 2014 ⁵⁸ | Yes | Yes | Low | NR | NR |
| Hans, 2011 ¹⁶⁵ | Probably yes | Probably yes | Low | NR | NR |
| Hillier, 2007 ¹⁹⁴ | Probably yes | Yes | Low | NR | NR |
| Hippisley-Cox, 2012 ¹³⁰ | Probably yes | Probably yes | Low | NR | NR |
| lki, 2014 ¹⁶⁴ | Yes | Yes | Low | NR | NR |
| lki, 2015 ¹³² | yes | yes | low | Population-based cohort | None |
| Kalvesten, 2016 | yes | yes | low | into study. | None |
| Kanis, 2007 ³² | No information | Probably yes | Low | NR | Inclusion/exclusion criteria for the 11 independent validation cohorts is not included. |
| Kw ok, 2012 ¹⁶⁷ | Yes | Yes | Low | NR | NR |
| Leslie, 2010 ¹³¹ | No information | Probably no | Low | Database covers population in Manitoba age 50 with a first bone desnity measurement, and all citizens of Manitoba have university access to publicly funded medical care including BMD. | NR |

| First Author, Year | For Validity Were All Inclusions and Exclusions of Participants Appropriate? | For Validity Were Participants Enrolled at a Similar State of Health, or Were Predictors Considered To Account for Any Dissimilarities? | Risk of Bias Introduced by Selection of Participants | Justification of Bias Rating | Comments |
|-----------------------------|--|---|---|---|--|
| Leslie, 2012 ¹²⁷ | No information | Probably no | Low | Database covers population in Manitoba age 50 with a first bone desnity measurement, and all citizens of Manitoba have university access to publicly funded medical care including BMD. | |
| Leslie, 2012 ¹²³ | No information | Probably no | Low | Database covers population in Manitoba age 50 with a first bone desnity measurement, and all citizens of Manitoba have university access to publicly funded medical care including BMD. | NR |
| Leslie, 2013 ¹⁶⁶ | No information | Probably no | Low | Database covers all women in Manitoba age 50 with a first bone desnity measurement, and all citizens of Manitoba have university access to publicly funded medical care including BMD. | NR |
| Lo, 2011 ¹⁵⁹ | Probably no | Probably yes | Unclear | Possible spectrum bias due to use of population of women referred for DXA testing. Other exclusions may also have introduced some selection bias. Impact of these cannot be determined. Only about 94,000 of an eligible population of 500,000 were analyzed. | Study limited to women age 50 to 85 who were referred to have bone density scanning. Women without continuous membership both prior and following DXA scans, and those for whom DXA results were not electronically accessible and those with missing race/eth |
| Lundin, 2015 ¹⁷⁹ | yes | yes | low | Population based recruitment strategy. | None |
| Melton, 2005 ³⁴² | No information | No information | Unclear | NR | NR |
| Miller, 2002 ¹⁸⁰ | Yes | No information | Unclear | It is unclear whether sites selected people with similar underlying characteristics. | NR |

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Appendix D Table 33. KQ 2a Prediction Studies Risk of Bias: Part 2

| First Author, Year | For Validity Were All Inclusions and Exclusions of Participants Appropriate? | For Validity Were Participants Enrolled at a Similar State of Health, or Were Predictors Considered To Account for Any Dissimilarities? | Risk of Bias Introduced by Selection of Participants | Justification of Bias Rating | Comments |
|-------------------------------|--|---|---|--|----------|
| Morin, 2009 ¹⁰² | No information | Probably no | Low | Database covers all women in Manitoba 40 to 59 with a first bone desnity measurement, and all citizens of Manitoba have university access to publicly funded medical care including BMD. | NR |
| Nguyen, 2004 ¹⁴⁴ | No information | No information | Unclear | unclear w hether patients selected from database similar underlying characteristics | NR |
| Rubin, 2013 ¹²⁸ | Yes | Yes | Low | NR | NR |
| Stew art, 2006 ¹⁶² | Yes | No information | Low | NR | NR |
| van Geel, 2014 ¹²⁴ | Probably yes | Yes | Low | NR | NR |

Abbreviations: BMD=bone mineral density; DXA=dual energy x-ray absorptiometry; KQ=key question; NR=not reported.

| First Author, Year | For Validity Were Predictors Defined and Assessed in a Similar Way for All Participants? | For Validity Were Predictors Defined and Assessed in a Similar Way to Predictors in the Development Model? | Risk of Bias Introduced by Predictors or Their Assessment | | Comments |
|---------------------------------------|--|--|--|---|----------|
| Ahmed, 2014 ¹²⁹ | yes | yes | | NR | NR |
| Azagra, 2011 ¹⁸¹ | Yes | Yes | | NR | NR |
| Bauer, 2007 ¹⁶³ | Yes | Yes | | NR | NR |
| Berry, 2013 ¹⁹⁵ | Yes | Yes | | NR | NR |
| Chan, 2012 ¹⁶⁸ | Yes | Yes | | NR | NR |
| Chan, 2013 ¹⁹² | Yes | Yes | Low | NR | NR |
| Crandall, 2014 ⁵⁸ | | Yes for FRAX and OST, probably no for SCORE | Low | Authors show that use of different age cut off for prior history of fracture would likely have little impact. | NR |
| Hans, 2011 ¹⁶⁵ | NA-NOT VAL | NA-NOT VAL | Low | NR | NR |
| Hillier, 2007 ¹⁹⁴ | NA-NOT VAL | NA-NOT VAL | Low | NR | NR |
| Hippisley-Cox, 2012 ¹³⁰ | Yes | Yes | Low | NR | NR |
| lki, 2014 ¹⁶⁴ | Yes | NA-NOT VAL | Low | NR | NR |
| lki, 2015 ¹³² | yes | yes | low | In person interviews | None |
| Kalvesten, 2016 133 | yes | yes | low | Questionnaire-based assessment, all relevant predictors assessed. | None |
| Kanis, 2007 ³² | Probably yes | Probably yes | Low | NR . | NR |
| Kw ok, 2012 ¹⁶⁷ | NA-NOT VAL | NA-NOŤ VAL | Low | Imaging prediction of fracture - not clinical prediction tool | NR |
| Leslie, 2010 ¹³¹ | Yes | No | Unclear | The final risk category was modified to reflect the presence of additional risk factors: any prior osteoporotic fracture (from 1987 to the date of BMD testing) and/or recent systemic corticosteroid use (in the year before BMD testing). | NR |
| Leslie, 2012 ¹²⁷ | Yes | No | Unclear | Parental hip fracture information missing for FRAX probability estimates prior to 2005, adjusted using age- and sexspecific adjustment factors derived from 2005 to 2008 parental hip fracture responses | |
| Leslie, 2012 ¹²³ | Yes | No | Unclear | Parental hip fracture information missing for FRAX probability estimates prior to 2005, adjusted using age- and sexspecific adjustment factors derived from 2005 to 2008 parental hip fracture responses | NR |

Appendix D Table 34. KQ 2a Prediction Studies Risk of Bias: Part 3

| First Author, Year | For Validity Were Predictors Defined and Assessed in a Similar Way for All Participants? | For Validity Were Predictors Defined and Assessed in a Similar Way to Predictors in the Development Model? | Risk of Bias Introduced by Predictors or Their Assessment | | Comments |
|-------------------------------|--|--|--|---|----------|
| Leslie, 2013 ¹⁶⁶ | Yes | NA | Low | TBS assessed the same way for all | NR |
| Lo, 2011 ¹⁵⁹ | Yes | Probably yes | Low | NR | NR |
| Lundin, 2015 ¹⁷⁹ | Yes, for DXA | Yes, for DXA | low for DXA | The study does not describe how inputs | NR |
| | No, for FRAX | No information, for FRAX | unclear for FRAX | to FRAX were obtained | |
| Melton, 2005 ³⁴² | Yes | Probably yes | Low | NR | NR |
| Miller, 2002 ¹⁸⁰ | Yes | NA | Low | Peripheral bone densitometry done in simiarl ways for all | NR |
| Morin, 2009 ¹⁰² | Yes | No information | | Unclear whether data for OST (age, weight) was collected before fracture for all participants | NR |
| Nguyen, 2004 ¹⁴⁴ | Yes | NA | NALow | QUS done in similar ways for all | NR |
| Rubin, 2013 ¹²⁸ | Yes | No information | Low | NR | NR |
| Stew art, 2006 ¹⁶² | Yes | Yes | Low | NR | NR |
| van Geel, 2014 ¹²⁴ | Probably yes | Probably yes | Low | NR | NR |

Abbreviations: BMD=bone mineral density; BMI=body mass index; BUA=broadband attenuation; BWT=body weight; CAROC=Canadian Association of Radiologists and Osteoporosis Canada; DOES=Dubbo Osteoporosis Epidemiology Study; DXA=dual energy x-ray absorptiometry; FHx=fracture history; FNBMD=femoral neck BMD; fnHIP=femoral neck of hip; FNplus=femoral neck plus; FRAX=Fracture Risk Assessment tool; FRC=Fracture Risk Calculator; Fx=fracture; KQ=key question; NOF=National Osteoporosis Foundation; NORA=National Osteoporosis Risk Assessment; NR=not reported; ORAI=Osteoporosis Risk Assessment Instrument; OSIRIS=Osteoporosis Index of Risk; OST=osteoporosis self-assessment tool; QUI=ultrasound index; QUS=quantitative ultrasound; SCORE=Simple Calculated Osteoporosis Risk Estimation Tool; SOS=speed of sound; SXR=single x-ray absorptiometry; TBS=trabecular bone score; tHIP=total hip; US=United States; USPSTF=United States Preventive Services Task Force; VAL=validity.

| First Author, Year | Outcome Definition Used? | For Validity Was the Outcome Defined and Determined in a Similar Way for All Participants? | Development Model? | Was the Outcome Determined without Knowledge of Predictor Information? |
|------------------------------------|--------------------------|---|------------------------------------|--|
| Ahmed, 2014 ¹²⁹ | Yes | Yes | Yes | No information |
| Azagra, 2011 ¹⁸¹ | Yes | Yes | Yes | Yes |
| Bauer, 2007 ¹⁶³ | Yes | Yes | Yes | No information |
| Berry, 2013 ¹⁹⁵ | Yes | Yes | Yes | No information |
| Chan, 2012 ¹⁶⁸ | Yes | Yes | Probably yes | No information |
| Chan, 2013 ¹⁹² | Yes | Yes | Probably yes | No information |
| Crandall, 2014 ⁵⁸ | Yes | Yes | No for OST and SCORE, Yes for FRAX | No information |
| Hans, 2011 ¹⁶⁵ | Yes | Yes | NA-NOT VAL | Yes |
| Hillier, 2007 ¹⁹⁴ | Yes | Yes | NA-NOT VAL | Yes |
| Hippisley-Cox, 2012 ¹³⁰ | Yes | Yes | Yes | Yes |
| lki, 2014 ¹⁶⁴ | Yes | Yes | NA-NOT VAL | Yes |
| lki, 2015 ¹³² | yes | yes | yes | no information |
| Kalvesten, 2016 133 | yes | yes | yes | no information |
| Kanis, 2007 ³² | No information | No | Probably yes | No information |
| Kw ok, 2012 ¹⁶⁷ | Yes | Yes | NA-NOT VAL | Yes |
| Leslie, 2010 ¹³¹ | Yes | Yes | No information | Probably yes |
| Leslie, 2012 ¹²⁷ | Yes | Yes | No information | Probably yes |
| Leslie, 2012 ¹²³ | Yes | Yes | No information | Probably yes |
| Leslie, 2013 ¹⁶⁶ | Yes | Yes | Yes | Yes |
| Lo, 2011 ¹⁵⁹ | Yes | Yes | Probably yes | No information |
| Lundin, 2015 ¹⁷⁹ | yes | yes | yes | no information |
| Melton, 2005 ³⁴² | Yes | Yes | Probably no | Yes |
| Miller, 2002 ¹⁸⁰ | Yes | Yes | Yes | Yes |
| Morin, 2009 ¹⁰² | Yes | Yes | No information | No information |
| Nguyen, 2004 ¹⁴⁴ | Yes | Yes | Yes | Yes |
| Rubin, 2013 ¹²⁸ | Yes | Yes | No information | Yes |
| Stew art, 2006 ¹⁶² | Yes | Yes | Yes | No information |
| van Geel, 2014 ¹²⁴ | Yes | Yes | Probably yes | Yes |

Abbreviations: FRAX=Fracture Risk Assessment tool; KQ=key question; OST=osteoporosis self-assessment tool; SCORE=Simple Calculated Osteoporosis Risk Estimation Tool; VAL=validity.

Appendix D Table 36. KQ 2a Prediction Studies Risk of Bias: Part 5

| First Author, Year | Risk of Bias Introduced by the Outcome or Its Determination | Justification of Bias Rating | Comments |
|---------------------------------------|---|--|----------|
| Ahmed, 2014 ¹²⁹ | Low | NR | NR |
| Azagra, 2011 ¹⁸¹ | Low | NR | NR |
| Bauer, 2007 ¹⁶³ | Low | NR | NR |
| Berry, 2013 ¹⁹⁵ | Low | NR | NR |
| Chan, 2012 ¹⁶⁸ | Low | NR | NR |
| Chan, 2013 ¹⁹² | Low | NR | NR |
| Crandall, 2014 ⁵⁸ | Unclear | Both OST and SCORE were initially developed and validated for prediction of low BMD. In this study they are being used to predict fracture. It's unclear what impact this will have. | NR |
| Hans, 2011 ¹⁶⁵ | Low | NR | NR |
| Hillier, 2007 ¹⁹⁴ | Low | NR | NR |
| Hippisley-Cox, 2012 ¹³⁰ | Low | NR | NR |
| lki, 2014 ¹⁶⁴ | Low | NR | NR |
| lki, 2015 ¹³² | low | fractures w ere confirmed | None |
| Kalvesten, 2016 | low | Confirmation of all self-reported fractures. Outcomes censored at 10 years. | NR |
| Kanis, 2007 ³² | Unclear | Fracture ascertainment was by self-report in some cohorts and by medical record or radiology report confirmation in other cohorts. | NR |
| Kw ok, 2012 ¹⁶⁷ | Low | Did not exclude traumatic fractures; would just have to take fragility fracture #s | NR |
| Leslie, 2010 ¹³¹ | Low | NR | NR |
| Leslie, 2012 ¹²⁷ | Low | NR | NR |
| Leslie, 2012 ¹²³ | Low | NR | NR |
| Leslie, 2013 ¹⁶⁶ | Low | NR | NR |
| Lo, 2011 ¹⁵⁹ | Low | NR | NR |
| Lundin, 2015 ¹⁷⁹ | low | Identification of fractures from population based claims/diagnosis data. | None |
| Melton, 2005 ³⁴² | High | 13.3% fractures were due to severe trauma, another 18.3% unclear cause | |
| Miller, 2002 ¹⁸⁰ | High | self-reported factures | NR |
| Morin, 2009 ¹⁰² | Unclear | unclear whether OST variables collected for all women before fracture outcome, OST developed and validated for prediction of low BMD | NR |
| Nguyen, 2004 ¹⁴⁴ | Low | NR | NR |
| Rubin, 2013 ¹²⁸ | Unclear for all but FRAX (low) | OST, SCORE, ORAI, OSIRIS developed and validated for prediction of low BMD, not fracture risk. | NR |
| Stew art, 2006 ¹⁶² | Low | NR | NR |
| van Geel, 2014 ¹²⁴ | Low | NR | NR |

Abbreviations: BMD=bone mineral density; KQ=key question; NR=not reported; OST=osteoporosis self-assessment tool; SCORE=Simple Calculated Osteoporosis Risk Estimation Tool.

| | Describe Missing Data on Predictors and | For Validity | | |
|---------------------------------------|--|----------------------|----------------------------------|-----------------------|
| | Outcomes as well as Methods Used for | Were There a | For Validity | |
| | Missing Data (What Was the Missing Data, | Reasonable Number of | | For Validity |
| | How Was It Managed? Focus on Diff | Outcome Events? | Between Predictor | Were All Enrolled |
| Circt Author | | | | |
| First Author, | , | (Bring Up for | Assessment and Outcome | Participants Included |
| Year | Data Issues) | Discussion if Low) | Determination Appropriate? | in the Analysis? |
| Ahmed, 2014 ¹²⁹ | Subjects with missing data were excluded. | Yes | Yes for 5 years, No for 10 years | Yes |
| Azagra, 2011 ¹⁸¹ | Not clear how missing data handled. | Yes | Yes | No |
| Bauer, 2007 ¹⁶³ | No missing data. | Yes | Yes | Yes |
| Berry, 2013 ¹⁹⁵ | No data on parental history of hip fracture, set to "no". | Yes | Yes | Yes |
| Chan, 2012 ¹⁶⁸ | No missing data described | Yes | Yes | Probably no |
| Chan, 2013 ¹⁹² | No missing data described | Yes | Yes | Probably no |
| Crandall, | Missing data set to "not present". Most common | Yes | Yes | Yes |
| 2014 ⁵⁸ | predictor missing was parental hip fx history. | | | |
| · | N eligble NR (over 34,000, see comments) N included 29407 | Yes | Probably yes | Probably yes |
| Hillier, 2007 ¹⁹⁴ | 9704 enrolled in SOF, 8141 women had follow up (93%), 4124 had repeat BMD measurement, excluded patients with incident hip or non-spine fractures between BMD measurement (72, 513 respectively) | Yes | Yes | Probably no |
| Hippisley-Cox, 2012 ¹³⁰ | Did not report amount of missing data (particularly for BMI, smoking Status, alcohol intake), though report mulitple imputation was used. Qresearch database > 13,000,000 patients but only 4,726,046 used for development and validation cohorts. Only inclusi | Yes | Probably yes | No |
| lki, 2014 ¹⁶⁴ | 789 eligible 665 analyzed 112 lost to follow up 4 unassessable VFA 8 developed disease affecting bone metabolism | Yes | Yes | Probably yes |
| lki, 2015 ¹³² | No information about the men excluded from the analysis. | probably no | probably no | probably yes |
| Kalvesten, 2016 ¹³³ | Only subjects with complete data were included in analysis. | yes | yes | probably no |
| Kanis, 2007 ³² | Sensitivity analyses used to assess impact of missing predictor information. | Probably yes | Yes | No information |

| First Author, Year | Data Issues) | For Validity Were There a Reasonable Number of Outcome Events? (Bring Up for Discussion if Low) | Between Predictor Assessment and Outcome Determination Appropriate? | For Validity Were All Enrolled Participants Included in the Analysis? |
|----------------------------------|---|---|---|--|
| Kw ok, 2012 ¹⁶⁷ | N (eligible)=2000, N (analyzed)=1921, those missing QUS or DXA readings excluded, invalid QUS readings excluded | Probably yes | Probably yes | No |
| Leslie, 2010 ¹³¹ | Unclear | Yes | Yes | Yes |
| | Unclear | Yes | Yes | Yes |
| Leslie, 2012 ¹²³ | Unclear | Yes | Yes | Yes |
| Leslie, 2013 ¹⁶⁶ | NR | Yes | Yes | Probably yes |
| Lo, 2011 ¹⁵⁹ | Women with missing data on race/ethnicity and BMD were excluded from analysis. | Yes | Yes | Yes |
| 179 | Missing data for 5 participants | yes | yes | yes |
| Melton, 2005 ³⁴² | 1,479 approached, 1,315 eligible, 655 consented, only 393 included in analysis - unclear why | Probably yes | Yes | No |
| , | NR | Yes | No | Unclear |
| Morin, 2009 ¹⁰² | NR | Yes | Yes | Unclear |
| Nguyen, 2004 ¹⁴⁴ | NR | Yes | Unclear | Unclear |
| Rubin, 2013 ¹²⁸ | Analysis: 3614 Exclusion: 334 missing questionnaire data, 246 diagnosed with/treated for OP, reported "near complete follow- up" in registry | Probably yes | Probably no | Yes |
| Stew art, 2006 ¹⁶² | Nonresponse analysis done. | Yes | Yes | Yes |
| | Random sample: 1686, analysis sample: 506 Missing: no coop with MD (272), no coop with patient (448), untraceable/deceased (207), age <60 (110) | | Probably no | Yes |

Abbreviations: BMD=bone mineral density; BMI=body mass index; DXA=dual energy x-ray absorptiometry; KQ=key question; MD=medical doctor; N=number; NR=not reported; OP=osteoporosis; QUS=quantitative ultrasound; SOF=study of osteoporotic fractures; VFA=vertebral fracture assessment.

| | | Risk of Bias Introduced | | |
|---------------------------------------|----------------------|--|--|--|
| First Author, | Missing Data Handled | | | |
| Year | Appropriately? | Participant Flow | Justification of Bias Rating | Comments |
| Ahmed, 2014 ¹²⁹ | Yes | Low for 5 yr outcomes; unclear for 10 yr outcomes | Inadequate duration of follow-up for 10 year risk predictions. | NR |
| Azagra, 2011 ¹⁸¹ | No information | Unclear | Unclear eligible N | NR |
| Bauer, 2007 ¹⁶³ | Yes | Low | NR | No mention of missing data |
| Berry, 2013 ¹⁹⁵ | Yes | Low | NR | NR |
| Chan, 2012 ¹⁶⁸ | Yes | | Some members of the cohort began before the use of QUS was introduced, so they would not be eligible. It's still not clear why of the 3678 eligible in the cohort, < 1,000 comprised the analytic sample | NR |
| Chan, 2013 ¹⁹² | Yes | Unclear | NR | NR |
| Crandall, 2014 ⁵⁸ | Yes | Low | NR | NR |
| Hans, 2011 ¹⁶⁵ | Probably yes | Low | NR | No mention of missing data Only says matching of personal identifier information with the administrative data repository in over 34,000 DXA patients w as achieved in over 99% |
| Hillier, 2007 ¹⁹⁴ | Yes | Low | NR | NR |
| Hippisley-Cox, 2012 ¹³⁰ | Probably yes | Unclear | Unclear exclusion criteria | Over 13 million in database, only 4.7 million used |
| lki, 2014 ¹⁶⁴ | Probably yes | Low | NR | NR |
| lki, 2015 ¹³² | probably yes | | Follow-up was only 4.5 yrs, but using a 10 year risk prediction. 93% of those enrolled were included in the analysis. | NR |
| Kalvesten, 2016 | probably yes | unclear | had complete data for calculation of FRAX and DXA measurement. Thus, analysis restricted to those with complete data, those included were younger and a little healthier and had lower prevalence of prior fracture; though BMD measures were similar. | |
| Kanis, 2007 ³² | Probably yes | Low | NR | NR |
| Kw ok, 2012 ¹⁶⁷ | Probably yes | Low | 2.5% excluded for missing data (small) | NR |
| Leslie, 2010 ¹³¹ | No information | Unclear | NR | NR |
| Leslie, 2012 ¹²⁷ | No information | Unclear | NR | NR |
| Leslie, 2012 ¹²³ | No information | Unclear | NR | NR |
| Leslie, 2013 ¹⁶⁶ | Probably yes | | 99% accuracy and completeness | NR |
| Lo, 2011 ¹⁵⁹ | Probably yes | Low | NR | NR |
| Lundin, 2015 ¹⁷⁹ | yes | low | No concerns | NR |

Appendix D Table 38. KQ 2a Prediction Studies Risk of Bias: Part 7

| | For Validity Were Participants with Missing Data Handled Appropriately? | Risk of Bias Introduced by Sample Size or Participant Flow | Justification of Bias Rating | Comments |
|-------------------------------|---|--|--|----------|
| Melton, 2005 ³⁴² | No information | High | <u> </u> | NR NR |
| Miller, 2002 ¹⁸⁰ | No information | Unclear | Unclear whether follow up window is sufficient | NR |
| Morin, 2009 ¹⁰² | No information | | Unclear what proportion of cohort did not have information on predictors | NR |
| Nguyen, 2004 ¹⁴⁴ | No information | | The average time between imaging and fractures is unclear | NR |
| Rubin, 2013 ¹²⁸ | No information | | Only 3 year follow -up w hile FRAX predicts 10 year fracture for w omen over 40 years old | NR |
| Stew art, 2006 ¹⁶² | Probably yes | Low | NR | NR |
| van Geel, 2014 ¹²⁴ | Probably yes | | FRAX and Garvan predict 10 year risk - follow -up only for 5 years. Likely underestimates risk. 124 of 630 patients lost to follow -up | NR |

Abbreviations: DXA=dual energy x-ray absorptiometry; FRAX=Fracture Risk Assessment tool; KQ=key question; N=number; NR=not reported; QUS=quantitative ultrasound.

| First Author, Year | For Validity Were Non-Binary Predictors Handled Appropriately? | For Validity Were Any Complexities in the Data Accounted for Appropriately? | For Validity Was the Model Recalibrated or Was It Likely That Recalibration Was Not Needed? | Risk of Bias Introduced by the Analysis |
|---------------------------------------|--|---|---|---|
| Ahmed, 2014 ¹²⁹ | Probably yes | No information | Probably no | Unclear for AUC High for NRIs at both 5 and 10 yrs. |
| Azagra, 2011 ¹⁸¹ | Yes | Probably yes | Yes | Low |
| Bauer, 2007 ¹⁶³ | Yes | No information | No information | Low |
| Berry, 2013 ¹⁹⁵ | Yes | No information | Probably yes | Low |
| Chan, 2012 ¹⁶⁸ | Probably yes | No information | Yes | Varies by outcome |
| Chan, 2013 ¹⁹² | Probably yes | No information | Yes | Varies by outcome |
| Crandall, 2014 ⁵⁸ | Yes | No information | No information | Unclear |
| Hans, 2011 ¹⁶⁵ | Yes | Probably yes | Probably yes | Low |
| Hillier, 2007 ¹⁹⁴ | Probably yes | Yes | Yes | Low |
| Hippisley-Cox, 2012 ¹³⁰ | Probably yes | Yes | Yes | Low |
| lki, 2014 ¹⁶⁴ | Yes | Probably yes | Yes | Low |
| lki, 2015 ¹³² | Yes | no information | yes | low |
| Kalvesten, 2016 133 | yes | no information | yes | low |
| Kanis, 2007 ³² | Yes | Probably yes | Probably yes | Low |
| Kw ok, 2012 ¹⁶⁷ | Yes | Yes | NA-NOT VAL | Low |
| Leslie, 2010 ¹³¹ | Yes | No information | No | Low |
| Leslie, 2012 ¹²⁷ | Yes | No information | No | Low |
| Leslie, 2012 ¹²³ | Yes | No information | No | Low |
| Leslie, 2013 ¹⁶⁶ | Yes | No information | No | Low |
| Lo, 2011 ¹⁵⁹ | Yes | No information | Probably yes | Low |
| Lundin, 2015 ¹⁷⁹ | yes | no | yes | low |
| Melton, 2005 ³⁴² | Yes | Probably yes | Yes | Low |
| Miller, 2002 ¹⁸⁰ | Yes | No information | No | Low |
| Morin, 2009 ¹⁰² | Yes | No information | No | Low |
| Nguyen, 2004 ¹⁴⁴ | Yes | No information | No | Low |
| Rubin, 2013 ¹²⁸ | Yes | Yes | Yes | Low |
| Stew art, 2006 ¹⁶² | NA | Probably no | Na | Low |
| van Geel, 2014 ¹²⁴ | Yes | Probably yes | Yes | Low |

Abbreviations: AUC=area under the curve; KQ=key question; NA=not applicable; NRI=net reclassification improvement; VAL=validity.

| First Author, | Justification of | | Overall Judgement | |
|---------------------------------------|---|--|------------------------------------|---|
| Year | Bias Rating | Comments | of Risk of Bias | Justification of Bias Rating |
| Ahmed, 2014 ¹²⁹ | Except for perhaps hip fx in women at 5 yrs, calibration plots suggest underestimation of risk at low er risk levels, and overestimation of risk at higher risk levels. | The NRI thresholds used were based on quintiles of the sample distribution of fracture risks. Thresholds used for NRI should be based on sensible and accepted thresholds to define risk groups. | Unclear for AUCs, High for NRIs | NRI risk thresholds not based on sensible/acceptable categories to define risk, they were based on sample distribution. Inadequate follow up for 10 year risk prediction. |
| Azagra, 2011 ¹⁸¹ | NR | NR | Unclear | Some concerns about selection bias due to source of study population and attrition of subjects over period of follow up. |
| Bauer, 2007 ¹⁶³ | NR | NR | Low | NR |
| Berry, 2013 ¹⁹⁵ | NR | NR | Low | NR |
| Chan, 2012 ¹⁶⁸ | Low for AUC, High for NRI | The NRI thresholds used were based on tertiles of the sample distribution. Thresholds used for NRI should be based on sensible and accepted thresholds to define risk groups. | Varies by outcome | Unclear for AUC, High For NRI |
| Chan, 2013 ¹⁹² | Low for AUC, High for NRI | The NRI thresholds used were based on tertiles of the sample distribution. Thresholds used for NRI should be based on sensible and accepted thresholds to define risk groups. | High | Spectrum bias introducted by subgroup analysis. |
| Crandall, 2014 ⁵⁸ | NR | NR | Unclear | OST and SCORE were not developed and validated to predict fractures; they were developed and validated to predict low BMD/osteoporosis. |
| Hans, 2011 ¹⁶⁵ | NR | If multiple DXA scans, just took first one | Low | NR |
| Hillier, 2007 ¹⁹⁴ | Removed patients with incident fractures. | NR | Low | NR |
| Hippisley-Cox, 2012 ¹³⁰ | NR | NR | Unclear | Unclear because of partipant flow |
| lki, 2014 ¹⁶⁴ | NR | NR | Low | NR |
| lki, 2015 ¹³² | Evidence of good calibration | None | unclear | Length of follow -up only 4.5 years for a 10-year prediction. |
| Kalvesten, 2016 | NR | None | low | No serious risks of bias. Eligible Outcomes include the discrimination of DXA for predicting fracture, and FRAX (without DXA BMD) for predicting fracture. The diagnostic performance of FRAX for predicting osteoporosis is not eligible because there was 2.1 years between FRAX assessment and DXA measurement. For same reason FRAX w/BMD not eligible as well. |

Appendix D Table 40. KQ 2a Prediction Studies Risk of Bias: Part 9

| First Author, | Justification of | | Overall Judgement | |
|-------------------------------|---|----------|-------------------|--|
| Year | Bias Rating | Comments | of Risk of Bias | Justification of Bias Rating |
| Kanis, 2007 ³² | | NR | Low | NR |
| Kw ok, 2012 ¹⁶⁷ | NR | NR | Low | Did not exclude traumatic fractures in definition of "all fractures" but we can just take the data for fragility fractures) |
| Leslie, 2010 ¹³¹ | NR | NR | Unclear | Effect of adjustment to final risk category unclear |
| Leslie, 2012 ¹²⁷ | Model demonstrates the effect of using various non-femoral neck BMD measures | NR | Unclear | Effect of adjustments of absence of data on parental hip fractures unclear |
| Leslie, 2012 ¹²³ | Model demonstrates the effect of not using BMD | NR | Unclear | Effect of adjustments of absence of data on parental hip fractures unclear |
| Leslie, 2013 ¹⁶⁶ | | NR | Low | NR |
| Lo, 2011 ¹⁵⁹ | NR | NR | Unclear | Selection bias and spectrum bias due to how cohort was assembled. |
| Lundin, 2015 179 | Most of the items are NA. | None | low | No serious risks of bias |
| Melton, 2005 ³⁴² | for patients with multiple fractures, only included the first fracture, but unclear if different types of fractures in same person or same types of fracture | NR | High | Due to sampling, definition of outcome |
| Miller, 2002 ¹⁸⁰ | NR | NR | High | Self-reported fracture outcomes |
| Morin, 2009 ¹⁰² | NR | NR | Unclear | Unclear whether data for OST (age, weight) was collected before fracture for all participants, unclear what proportion of cohort did not have information on predictors. OST was not developed and validated to predict fractures. |
| Nguyen, 2004 ¹⁴⁴ | NR | NR | Unclear | Proportion and management of missing data unclear |
| Rubin, 2013 ¹²⁸ | NR | NR | Unclear | For short follow -up duration to predict 10 year risk. All but FRAX were not developed and validated to predict fractures. |
| Stew art, 2006 ¹⁶² | F == F | NR | Low | NR |
| van Geel, 2014 ¹²⁴ | NR | NR | Unclear | Follow-up period shorter than instrument |

Abbreviations: AUC=area under the curve; BMD=bone mineral density; DXA=dual energy x-ray absorptiometry; NR=not reported; NRl=net reclassification improvement; OST=osteoporosis self-assessment tool; SCORE=Simple Calculated Osteoporosis Risk Estimation Tool; Yrs=years.

Appendix D Table 41. KQ 4 and KQ5 Systematic Review Risk of Bias Assessments: Part 1

| | Describe Interventions and | Did the Review Adhere to Pre- Were the Eligibility Criteria | | | |
|---------------------|-------------------------------------|--|---------------------|-----------------------|--|
| | Comparators (MUST Describe | defined Objectives and | Appropriate for the | Were Eligibility | |
| First Author, Year | Usual Care and Combinations) | Eligibility Criteria? | Review Question? | Criteria Unambiguous? | |
| Crandall et al, | Treatments to prevent fractures vs. | Yes | Yes | Yes | |
| 2012 ²²¹ | Placebo | | | | |

Abbreviations: KQ=key question.

Appendix D Table 42. KQ 4 and KQ5 Systematic Review Risk of Bias Assessments: Part 2

| First Author, Year | Were All Restrictions in Eligibility Criteria Based on Study Characteristics Appropriate? | Were Any Restrictions in Eligibility Criteria Based on Sources of Information Appropriate? | Concerns Regarding Specification of Study Eligibility Criteria | Did the Review Search an Appropriate Range of Databases/Electronic Sources for Published and Unpublished Reports? |
|-------------------------------------|--|---|--|--|
| Crandall et al, 2012 ²²¹ | Yes | Yes | Low | Yes |

Abbreviations: KQ=key question.

Appendix D Table 43. KQ 4 and KQ5 Systematic Review Risk of Bias Assessments: Part 3

| | Were Methods Additional to | Were the Terms and Structure of | Were Restrictions Based | |
|--------------------|----------------------------|-----------------------------------|-------------------------|-----------------------|
| | Database Searching Used | the Search Strategy Likely To | on Date, Publication | Were Efforts Made To |
| | To Identify Relevant | Retrieve as Many Eligible Studies | Format, or | Minimize Error in |
| First Author, Year | Reports? | as Possible? | Language Appropriate? | Selection of Studies? |
| Crandall et al, | Yes | Yes | Probably yes | Yes |

Appendix D Table 44. KQ 4 and KQ5 Systematic Review Risk of Bias Assessments: Part 4

| | | | Were Sufficient Study | |
|--|--------------------------|----------------------|------------------------------------|-------------------------|
| | Concerns Regarding | Were Efforts Made To | Characteristics Available for Both | Were All Relevant Study |
| | Methods Used To Identify | Minimize Error in | Review Authors and Readers To | Results Collected for |
| First Author, Year | and/or Select Studies | Data Collection? | Be Able To Interpret The Results? | Use in the Synthesis? |
| Crandall et al, 2012 ²²¹ | Low | No information | Yes | Yes |

Appendix D Table 45. KQ 4 and KQ5 Systematic Review Risk of Bias Assessments: Part 5

| | Was Risk of Bias (or | | | |
|--|-------------------------|---------------------------|---------------------------|-------------------------------|
| | Methodological Quality) | Were Efforts Made To | Concerns Regarding | |
| | Formally Assessed Using | Minimize Error in Risk of | Methods Used To Collect | Did the Synthesis Include All |
| First Author, Year | an Appropriate Tool? | Bias Assessment? | Data and Appraise Studies | Studies That It Should? |
| Crandall et al, 2012 ²²¹ | Yes | No information | Low | Yes |

Appendix D Table 46. KQ 4 and KQ5 Systematic Review Risk of Bias Assessments: Part 6

| | | Was the Synthesis Appropriate Given the Degree of Similarity | | |
|-------------------------------------|--|--|--|-------------------|
| | Were All Pre-defined Analyses Reported or | in the Research Questions, Study Designs and Outcomes | Was Between-Study Variation (Heterogeneity) Minimal or | Were the Findings |
| First Author, Year | | across Included Studies? | Addressed in the Synthesis? | Robust? |
| Crandall et al, 2012 ²²¹ | Yes | Yes | Yes | Yes |

Appendix D Table 47. KQ 4 and KQ5 Systematic Review Risk of Bias Assessments: Part 7

| | | | | Wasthe Relevance | | |
|---------------------|------------------|-----------------|------------------------|-----------------------|-------------------|-----------------|
| | Were Biases in | | Did the Interpretation | of Identified Studies | Avoid Emphasizing | |
| | Primary Studies | | of Findings Address | to the Review's | Results on the | |
| | Minimal or | Concerns | All of the Concerns | Research Question | Basis of Their | |
| First Author, | Addressed in the | Regarding the | Identified in Domains | Appropriately | Statistical | Risk of Bias in |
| Year | Synthesis? | Synthesis | 1 to 4? | Considered? | Significance? | the Review |
| Crandall et al, | Yes | Unclear or some | Yes | Yes | Yes | Low |
| 2012 ²²¹ | | concerns | | | | |

| First Author, Year | Describe Interventions and Comparators | Study Design | Randomization Adequate? | Adequate? | Suggest a Problem with Randomization? |
|---|---|--|-------------------------|----------------|---------------------------------------|
| Abrahamsen, 2010 ²⁷³ | G1: Alendronate G2: Untreated | Cohort study | NA-not an RCT | NA-not an RCT | NA-not an RCT |
| Adachi, 2009 ²⁵⁰ | G1: alendronate 10 mg daily (generic preparation) G2: Placebo | RCT parallel | Yes | Yes | Probably yes |
| Barrett-Connor, 2002 ³¹¹ | G1: Raloxifene (60mg/day) G2: Raloxifene (120mg/day) G2: Placebo | Post-hoc or subgroup analysis of RCT | Yes | Yes | No |
| Barrett-Connor, 2004 ³¹⁰ | G1: Raloxifene (60mg/day or 120mg/day) G2: Placebo | RCT parallel | Yes | Yes | No |
| Bone, 2000 ²¹⁶ | G1: Alendonate 10 mg /day G2: conjugage equine estrogen 0.625 mg /day) G3: Alendronate + CEE G4: placebo | RCT parallel | Yes | No information | No |
| Bone, 2008 ²³⁷ | G1: Denosumab G2: Placebo | RCT parallel | Probably yes | Probably yes | No |
| Boonen, 2012 ²¹⁸ | G1: intravenous infusion of zoledronic acid (5 mg) for 12 months G2: Placebo | RCT parallel | Yes | yes | No |
| Cartsos, 2008 ²⁹⁷ | Intervention: Bisphosphonate use Comparator: no bisphosphonate use | Case-control (how they described) | NA-not an RCT | NA-not an RCT | NA-not an RCT |
| Chapurlat, 2013 ²⁸⁴ | G1: ibandronate G2: placebo | RCT parallel | Probably yes | Yes | No |
| Cryer, 2005 ²⁵² | G1: alendronate 70 mg w eekly G2: placebo | RCT parallel | Yes | Yes | No |
| Cummings, 1998 ²⁰⁰ Quandt, 2005 ²⁰⁵ Bauer, 2000 ²⁵¹ | G1: alendronate 5mg per day for 2 years, then 10 mg per day for 3 years G2: placebo | RCT parallel | Yes | Yes | No |
| Cummings, 2009 ²³⁸ , Watts, 2012 ³¹⁴ , McClung, 2012 ²⁴³ , Boonen, 2011 ²⁴⁴ | G1: Denosumab G2: Placebo | RCT parallel | Probably yes | Probably yes | No |
| Eisman, 2004 ²⁵⁵ | G1:alendronate 70 mg w eekly G2: placebo | RCT parallel | Yes | Yes | No |
| Fogelman, 2000 ²²⁶ | G1: Risedronate 5 mg/d X 24 months G2: Placebo | RCT parallel | No information | No information | No |
| Greenspan, 2002 ²⁵⁴ | G1: alendronate 70 mg w eekly G2: placebo | RCT parallel | No information | No information | No |

| First Author, Year | Describe Interventions and Comparators | Study Design | Randomization Adequate? | FOR RCTs: Was Allocation Concealment Adequate? | For RCTs: Were There Baseline Imbalances That Suggest a Problem with Randomization? |
|-----------------------------------|---|--|----------------------------|---|---|
| Greenspan, 2003 ²⁴⁹ | G1: Alendonate 10 mg /day G2: conjugated equine estrogen 0.625 mg /day with or without medroxyprogesterone 2.5mg daily based on uterus presence G3: Alendronate + CEE G4: placebo | | Yes | Yes | No |
| Grey, 2010 ²⁷⁴ | G1: Zolendronate 5 mg IV x 1 dose G2: Placebo | RCT parallel | Yes | Yes | Probably yes |
| Hosking, 2003 ²⁰² | G1: Risedronate 5 mg/d X 3 months G2: Alendronate 70 mg/once w eekly X 3 months G3: Placebo | RCT parallel | Yes | Yes | No |
| Hosking, 2003 ²⁰² | G1: alendronate 70 mg w eekly G2: Risendronate 5 mg daily G3: Placebo | RCT parallel | Yes | Yes | No |
| Johnell, 2002 ²⁴⁶ | RLX 60, placebo | RCT parallel | Yes | Yes | Probably no |
| Keech, 2005 ³¹² | G1: Raloxifene 60 mg / day G2 : Placebo | Post-hoc or subgroup analysis of RCT | Yes | Yes | No |
| Kung, 2000 ³⁴³ | G1: alendronate 10 mg daily G2: placebo | RCT parallel | No information | No information | No |
| Lasco, 2011 ²⁴¹ | G1: Teriparatide + calcium + vitamin D G2: Calcium + vitamin D | Cohort study | NA-not an RCT | NA-not an RCT | NA-not an RCT |
| Lew iecki, 2007 ²³⁶ | G1: Denosumab (included varying dosages over 3 and 6 months) G2: Alenbronate G3: Placebo | RCT parallel | Probably yes | Probably yes | No |
| McCloskey, 2012 ²⁴⁵ | G1: 60 mg Denosumab SC q 6 mos for 36 mos G2: Placebo | RCT parallel | No information | No information | No |
| McClung, 2004 ²⁸⁵ | G1: 0.5mg ibandronate daily G2: 1.0mg ibandronate daily G3: 2.5mg ibandronate daily G4:placebo | RCT parallel | No information | No information | No |
| McClung, 2006 ³⁰⁶ | G1: Lasofoxifene 0.25 mg/day G2: Lasofoxifene 1.0 mg/day G3: Raloxifene 60 mg/day G4: Placebo | RCT parallel | No information | No information | No |

| First Author, Year | Describe Interventions and Comparators | Study Design | FOR RCTs: Was Method of Randomization Adequate? | FOR RCTs: Was Allocation Concealment Adequate? | For RCTs: Were There Baseline Imbalances That Suggest a Problem with Randomization? |
|-------------------------------|---|-----------------------------------|--|---|---|
| | G1: Denosumab 6 mg Q3mo G2: Denosumab 14 mg Q3mo G3: Denosumab 30 mg Q3mo G4: Denosumab 14 mg Q6mo G5: Denosumab 60 mg Q6mo G6: Denosumab 100 mg Q6mo G7: Denosumab 210 mg Q6mo G8: Alendronate 70 mg w eekly G9: placebo | RCT parallel | No information | No information | No |
| | G1: Zoledronic acid 5 mg IV q 12 mos for 2 doses G2: Zoledronic acic 5mg IV once and placebo at 12 mos G3: Placebo at baseline and 12 mos | RCT parallel | Yes | Yes | No |
| Meunier, 1999 ³⁰⁷ | raloxifene, 60 mg, 150 mg or placebo | RCT parallel | No information | Probably yes | No |
| Miller, 2008 ³⁰⁸ | G1: Bazedoxifene 10 mg G2: Bazedoxifene 20 mg G3: Bazedoxifene 40 mg G4: Raloxifene 60 mg G5: Placebo | RCT parallel | yes | yes | No |
| Morii, 2003 ³⁰⁹ | raloxifene, 2 dosage amounts vs placebo | RCT parallel | No information | No information | Probably no |
| Murphy, 2001 ²⁷² | G1: MK-677 25 mg daily G2: alendronate 10 mg daily G3: MK-677 and alendronate G4: placebo **pull out G2 and G4 data only for KQ5 | RCT parallel | Yes | Yes | No |
| | G1: Denosumab 14 mg G2: Denosumab 60 mg G3: Denosumab 100 mg G4: Placebo | RCT parallel | No information | No information | No |
| Orw oll, 2003 ²⁴⁰ | G1: 20 µg teriparatide: 151 G2:40 µg teriparatide: 139 G3: placebo: 147 | RCT parallel | Yes | Yes | No |
| Pazianas, 2008 ²⁹⁸ | Intervention: oral bisphosphate use Comparator: No bisphosphate use | case-control (how they described) | NA-not an RCT | NA-not an RCT | NA-not an RCT |

| First Author, Year | Describe Interventions and Comparators | Study Design | FOR RCTs: Was Method of Randomization Adequate? | Concealment Adequate? | Suggest a Problem with Randomization? |
|--------------------------------|---|--|--|-----------------------|---------------------------------------|
| Ravn, 1996 ²⁸⁶ | G1: 0.25mg ibandronate daily G2: 0.5mg ibandronate daily G3: 1.0mg ibandronate daily G4: 2.5mg ibandronate daily G5: 5.0 mg ibandronate daily G6: placebo | RCT parallel | No information | No information | No |
| Reginster, 2005 ²⁸⁷ | G1: 50mg ibandronate monthly 1 month, follow ed by 50 mg monthly 2 months for half the sample and 100 mg monthly for 2 months for the other half G2: 100mg ibandronate monthly for 3 months G3: 150mg ibandronate monthly for 3 months G4: placebo for 3 months | RCT parallel | No information | No information | Yes |
| Rhee, 2012 ³⁴⁴ | G1: Bisphosphonate use G2: non bisphosphonate use | Cohort study | NA-not an RCT | NA-not an RCT | NA-not an RCT |
| Riis, 2001 ²⁸⁸ | G1: 2.5mg ibandronate daily continuous therapy G2: 20mg ibandronate intermittent cyclical therapy G3: Placebo | RCT parallel | No information | No information | No |
| Samelson, 2014 ³⁴⁵ | G1: 60 mg Denosumab SC q 6 mos for 36 mos G2: Placebo | Post-hoc or subgroup analysis of RCT | No information | No information | Probably no |
| Shiraki, 2003 ²⁸³ | G1: Risedronate 5 mg/d X 36 w eeks G2: Placebo | RCT cluster | No information | No information | No |
| Simon, 2013 ³⁴⁶ | G1: 60 mg Denosumab SC q 6 mos for 36 mos G2: Placebo | RCT parallel | No information | No information | No |
| Sontag, 2010 ²⁴² | G1: Raloxifene in women without baseline prevalent vertebral fracture G2: Placebo in women without baseline prevalent vertebral fracture | Post-hoc or subgroup analysis of RCT | Yes | Yes | No |
| | G1: bisphosphonate therapy* G2: placebo *Study examined all busphosphonates used in Danish prescription database, predominently alendronate, etidronate. Only 5 control patients used risendronate. No patients used zolendronic acid. | Case-control | NA-not an RCT | NA-not an RCT | NA-not an RCT |
| Tanko, 2003 ²⁸⁹ | G1: 5mg ibandronate w eekly G2: 10mg ibandronate w eekly G3: 20mg ibandronate w eekly G4: placebo | RCT parallel | No information | No information | No |

Appendix D Table 48. KQ 4 and 5 Risk of Bias Assessment: Part 1

| First Author, Year | Describe Interventions and Comparators | Study Design | FOR RCTs: Was Method of Randomization Adequate? | Concealment Adequate? | Suggest a Problem with Randomization? |
|-------------------------------------|--|--------------|--|-----------------------|---------------------------------------|
| | G1: 2.5mg ibandronate IV every 3 months G2: .5mg ibandronate IV every 3 months G3: 1mg ibandronate IV every 3 months G4: 2mg ibandronate IV every 3 months G5: placebo | RCT parallel | No information | No information | No |
| | G1: Alendronate 5mg daily G2: Alendronate 10 mg daily G3: Alendronate 20 daily for 2 years then 5 mg daily for 1 year G4: placebo | RCT parallel | Yes | Yes | No |
| · | G1: Cyclinical Etidronate (1 or more cyclical etidronate prescriptions) G2: Nonosteoporosis control (as recorded in their medical records and no bisphosphonate use) | Cohort study | NA-not an RCT | NA-not an RCT | NA-not an RCT |
| Vestergaard, 2010 ³⁴⁸ | Gastric & esophagus events | Cohort study | NA-not an RCT | NA-not an RCT | NA-not an RCT |
| Vestergaard, 2011 ³⁴⁹ | Stroke | Cohort study | NA-not an RCT | NA-not an RCT | NA-not an RCT |
| Vestergaard, 2012 ³⁵⁰ | Cardiac and atherosclerosis | Cohort study | NA-not an RCT | NA-not an RCT | NA-not an RCT |
| Vestergaard, 2011 ³⁵¹ | Femoral shaft and subtrochanteric fractures | Cohort study | NA-not an RCT | NA-not an RCT | NA-not an RCT |
| Vestergaard, 2012 ³⁵² | Jaw disease | Cohort study | NA-not an RCT | NA-not an RCT | NA-not an RCT |

Abbreviations: CEE=conjugated equine estrogen; G=group; KQ=key question; mg=milligram; mg/d=milligram per day; mo=month; NA=not applicable; RCT=rando mized controlled trials.

| First Author, Year | into the Study Unrelated to Intervention or Unrelated to Outcome? | FOR COHORTS: Do Start of Follow-Up and Start of Intervention Coincide for Most Subjects? | Likely To Correct for the Presence of Selection Biases? | FOR CASE- CONTROLS: Were the Controls Sampled from the Population That Gave Rise to the Cases, or Using Another Method That Avoids Selection Bias? | Randomization or Selection? | Comments |
|--|---|--|---|---|-----------------------------|--|
| Abrahamsen, 2010 ²⁷³ | Probably no | Yes | Yes | NA-not a case-control | Probably no | Women treated with alendronate by definition have increased risk of fracture, prompting their treatment with the drug. |
| Adachi, 2009 ²⁵⁰ | NA-not a cohort | NA-not a cohort | NA-not a cohort | NA-not a cohort | Probably yes | Alendronate group had greater proportion of patients with history of UGI disease, active UGI disease, esophogeal disease, no statistical comparison is given, but the differences are large enough to warrant some concern for risk of bias as it does not appear that these differences were corrected for in the analysis. |
| Barrett- Connor, 2002 ³¹¹ | NA-not a cohort | NA-not a cohort | NA-not a cohort | NA-not a case-control | No | NR |
| Barrett- Connor, 2004 ³¹⁰ | NA-not a cohort | NA-not a cohort | NA-not a cohort | NA-not a case-control | No | Not enough information on randomization process. |
| Bone, 2000 ²¹⁶ | NA-not a cohort | NA-not a cohort | NA-not a cohort | NA-not a case-control | No | NR |
| Bone, 2008 ²³⁷ | NA-not a cohort | | NA-not a cohort | NA-not a case-control | Probably no | No information on allocation concealment |
| Boonen, 2012 ²¹⁸ | NA-not a cohort | NA-not a cohort | NA-not a cohort | NA-not a case-control | No | NR |
| Cartsos, 2008 297 | NA-not a cohort | | NA-not a cohort | No | Yes | data comes from medical claims data; possible errors in coding; does not include uninsured; sample not representative of total population |
| Chapurlat, 2013 ²⁸⁴ | NA-not a cohort | NA-not a cohort | NA-not a cohort | NA-not a case-control | No | NR |
| Cryer, 2005 ²⁵² | NA-not a cohort | | NA-not a cohort | NA-not a case-control | No | NR |
| Cummings, 1998 ²⁰⁰ Quandt, 2005 ²⁰⁵ Bauer, 2000 ²⁵¹ | NA-not a cohort | NA-not a cohort | NA-not a cohort | NA-not a case-control | No | NR |

| First Author, Year | into the Study Unrelated to Intervention or | FOR COHORTs: Do Start of Follow-Up and Start of Intervention | Selection Biases? | FOR CASE- CONTROLS: Were the Controls Sampled from the Population That Gave Rise to the Cases, or Using Another Method That Avoids Selection Bias? | Randomization or Selection? | Comments |
|---|---|---|----------------------|---|-----------------------------|---|
| Cummings, 2009 ²³⁸ ; Watts, 2012 ³¹⁴ ; McClung, 2012 ²⁴³ ; Boonen, 2011 ²⁴⁴ | NA-not a cohort | NA-not a cohort | NA-not a cohort | NA-not a case-control | Probably no | No information on allocation concealment |
| Eisman, 2004 ²⁵⁵ | NA-not a cohort | NA-not a cohort | NA-not a cohort | NA-not a case-control | No | NR |
| Fogelman, 2000 ²²⁶ | NA-not a cohort | NA-not a cohort | NA-not a cohort | NA-not a case-control | Probably no | NR |
| Greenspan, 2002 ²⁵⁴ | NA-not a cohort | NA-not a cohort | NA-not a cohort | NA-not a case-control | Probably no | The article does not include information on randomization or concealment |
| Greenspan, 2003 ²⁴⁹ | NA-not a cohort | NA-not a cohort | NA-not a cohort | NA-not a case-control | No | NR |
| | NA-not a cohort | NA-not a cohort | NA-not a cohort | NA-not a case-control | Probably yes | The authors did not clearly adjust for baseline fracture. |
| Hosking, 2003 ²⁰² | NA-not a cohort | NA-not a cohort | NA-not a cohort | NA-not a case-control | No | NR |
| Hosking, 2003 ²⁰² | NA-not a cohort | NA-not a cohort | NA-not a cohort | NA-not a case-control | No | NR |
| Johnell, 2002 ²⁴⁶ | NA-not a cohort | NA-not a cohort | NA-not a cohort | NA-not a case-control | No | NR |
| Keech, 2005 ³¹² | NA-not a cohort | NA-not a cohort | NA-not a cohort | NA-not a case-control | No | NR |
| | NA-not a cohort | NA-not a cohort | NA-not a cohort | NA-not a case-control | Probably no | The article does not include information on randomization or concealment |
| Lasco, 2011 ²⁴¹ | | yes | NA | NA-not a case-control | yes | One arm has osteoporosis and other has osteopenia; the differences between arms could have served as a prognostic factor and contribute to confounding. |
| Lew iecki, 2007 ²³⁶ | NA-not a cohort | NA-not a cohort | NA-not a cohort | NA-not a case-control | Probably no | No information on allocation concealment. |

| First Author, | into the Study Unrelated to Intervention or | FOR COHORTs: Do Start of Follow-Up and Start of Intervention | FOR COHORTs: Were Adjustment Techniques Used That Are Likely To Correct for the Presence of Selection | FOR CASE- CONTROLS: Were the Controls Sampled from the Population That Gave Rise to the Cases, or Using Another Method That Avoids Selection | Bias Arising from Randomization | |
|-----------------------------------|---|---|---|--|---------------------------------------|--|
| Year | Outcome? | Subjects? | Biases? | Bias? | or Selection? | Comments |
| 2012 ²⁴⁵ | NA-not a cohort | NA-not a cohort | NA-not a cohort | NA-not a case-control | No information | NR |
| McClung, 2004 ²⁸⁵ | NA-not a cohort | NA-not a cohort | NA-not a cohort | NA-not a cohort | Probably no | no information provided on method of randomization or concealment |
| McClung, 2006 ³⁰⁶ | NA-not a cohort | NA-not a cohort | NA-not a cohort | NA-not a case-control | Probably no | Not enough information on randomization process |
| McClung, 2006 ²⁰⁹ | NA-not a cohort | NA-not a cohort | NA-not a cohort | NA-not a case-control | Probably no | NR |
| McClung, 2009 ²⁷⁵ | No | NA-not a cohort | NA-not a cohort | NA-not a case-control | Probably no | NR |
| Meunier, 1999 ³⁰⁷ | NA-not a cohort | NA-not a cohort | NA-not a cohort | NA-not a case-control | Probably no | NR |
| Miller, 2008 ³⁰⁸ | NA-not a cohort | NA-not a cohort | NA-not a cohort | NA-not a case-control | Probably no | NR |
| | NA-not a cohort | NA-not a cohort | NA-not a cohort | NA-not a case-control | No | Some missing info |
| Murphy, 2001 ²⁷² | NA-not a cohort | NA-not a cohort | NA-not a cohort | NA-not a case-control | No | NR |
| Nakamura, 2012 ²³⁹ | NA-not a cohort | NA-not a cohort | NA-not a cohort | NA-not a case-control | Probably no | No information provided on method of randomization or concealment |
| Orw oll, 2003 ²⁴⁰ | NA-not a cohort | NA-not a cohort | NA-not a cohort | NA-not a case-control | No | NR |
| Pazianas, 2008 ²⁹⁸ | NA-not a cohort | NA-not a cohort | NA-not a cohort | No | Yes | data comes from medical claims data; possible errors in coding; does not include uninsured; sample not representative of total population |
| Ravn, 1996 ²⁸⁶ | NA-not a cohort | NA-not a cohort | NA-not a cohort | NA-not a cohort | Probably no | No information provided on method of randomization or concealment |
| Reginster, 2005 ²⁸⁷ | NA-not a cohort | NA-not a cohort | NA-not a cohort | NA-not a cohort | Probably no | Absence of specific BMD criteria led to the inclusion of some participants were not osteoporotic |

| First Author, Year | into the Study Unrelated to Intervention or | FOR COHORTs: Do Start of Follow-Up and Start of Intervention | Selection Biases? | FOR CASE- CONTROLS: Were the Controls Sampled from the Population That Gave Rise to the Cases, or Using Another Method That Avoids Selection Bias? | Bias Arising from Randomization or Selection? | Comments |
|-------------------------------------|---|---|--|---|--|---|
| | Yes | No | No information | NA-not a case-control | Probably yes | Although the authors attempt to create an new user cohort by excluded anyone with a prescription for 16 months prior to the observation of the outcome, it's unclear whether and how many participants might have been exposed to osteoporosis drugs before that period and stopped taking medications. |
| Riis, 2001 ²⁸⁸ | NA-not a cohort | NA-not a cohort | NA-not a cohort | NA-not a cohort | Probably no | no information provided on method of randomization or concealment |
| Samelson, 2014 ³⁴⁵ | Yes | Yes | No information | NA-not a case-control | Probably no | NR |
| Shiraki, 2003 ²⁸³ | NA-not a cohort | NA-not a cohort | NA-not a cohort | NA-not a case-control | Probably no | NR |
| Simon, 2013 ³⁴⁶ | Yes | Yes | Probably yes | NA-not a case-control | Probably no | No detail on method of randomization and allocation concealment. |
| Sontag, 2010 ²⁴² | yes | yes | NA | NA-not a case-control | Probably no | NR |
| Sorensen, 2008 ²⁴⁷ | NA-not a cohort | NA-not a cohort | NA-not a cohort | Yes | No | NR |
| Tanko, 2003 ²⁸⁹ | NA-not a cohort | NA-not a cohort | NA-not a cohort | NA-not a cohort | Probably no | no information provided on method of randomization or concealment |
| Thiebaud, 1997 ²⁹⁰ | NA-not a cohort | NA-not a cohort | NA-not a cohort | NA-not a cohort | Probably no | no information provided on method of randomization or concealment Slight differences length of menopause |
| Tucci, 1996 ²⁵³ | NA-not a cohort | NA-not a cohort | NA-not a cohort | NA-not a case-control | No | NR . |
| Van Staa, 1997 ³⁴⁷ | Yes | Yes | Yes | NA-not a case-control | Probably no | NR |
| Vestergaard, 2010 ³⁴⁸ | Yes | Yes | irrelevant, claim there is no missing data | NA-not a case-control | No | NR |

Appendix D Table 49. KQ 4 and 5 Risk of Bias Assessment: Part 2

| First Author, Year | into the Study Unrelated to Intervention or | Follow-Up and Start of Intervention | FOR COHORTs: Were Adjustment Techniques Used That Are Likely To Correct for the Presence of Selection Biases? | CONTROLS: Were the Controls Sampled from the Population That Gave Rise to the Cases, or Using Another Method That | Bias Arising from Randomization or Selection? | Comments |
|-------------------------------------|---|---|---|---|--|----------|
| Vestergaard, 2011 ³⁴⁹ | Yes | Yes | irrelevant, claim there is no missing data | Yes | No | NR |
| Vestergaard, 2012 ³⁵⁰ | Yes | | irrelevant, claim there is no missing data | NA-not a case-control | No | NR |
| Vestergaard, 2011 ³⁵¹ | Yes | | irrelevant, claim there is no missing data | NA-not a case-control | No | NR |
| Vestergaard, 2012 ³⁵² | Yes | | irrelevant, claim there is no missing data | NA-not a case-control | No | NR |

Abbreviations: NA=not applicable; NR=not reported.

| | | FOR COHORTS: Were Participants | FOR COHORT STUDIES: | FOR COHORT AND CASE- CONTROL STUDIES: |
|--|-------------------------|-----------------------------------|------------------------------|--|
| | FOR COHORTS AND | Analyzed According | Were Intervention | Did the Authors Use an |
| | CASE CONTROLS: | to Their Initial | Discontinuations or Switches | Appropriate Analysis Method |
| | Is Confounding of the | Intervention Group | Unlikely To Be Related to | That Adjusted for all the |
| | Effect of Intervention | throughout | Factors That Are Prognostic | Critically Important Confounding |
| First Author, Year | Unlikely in This Study? | Followup? | for the Outcome? | Domains? |
| Abrahamsen, 2010 ²⁷³ | Probably no | Yes | No information | Probably yes |
| Adachi, 2009 ²⁵⁰ | NA-not a cohort | NA-not a cohort | NA-not a cohort | NA-not a cohort |
| Barrett-Connor, 2002311 | NA-not a cohort | NA-not a cohort | NA-not a cohort | NA-not a cohort |
| Barrett-Connor, 2004310 | NA-not a cohort | NA-not a cohort | NA-not a cohort | NA-not a cohort |
| Bone, 2000 ²¹⁶ | NA-not a cohort | NA-not a cohort | NA-not a cohort | NA-not a cohort |
| | NA-not a cohort | NA-not a cohort | NA-not a cohort | NA-not a cohort |
| | NA-not a cohort | NA-not a cohort | NA-not a cohort | NA-not a cohort |
| | Probably no | NA-not a cohort | NA-not a cohort | No information |
| | NA-not a cohort | NA-not a cohort | NA-not a cohort | NA-not a cohort |
| - , | NA-not a cohort | NA-not a cohort | NA-not a cohort | NA-not a cohort |
| Cummings, 1998 ²⁰⁰ | NA-not a cohort | NA-not a cohort | NA-not a cohort | NA-not a cohort |
| Quandt, 2005 ²⁰⁵ | | | | |
| Bauer, 2000 ²⁵¹ | | | | |
| Cummings, 2009 ²³⁸ ; Watts, | NA-not a cohort | NA-not a cohort | NA-not a cohort | NA-not a cohort |
| 2012 ³¹⁴ ; McClung, 2012 ²⁴³ ; | | | | |
| Boonen, 2011 ²⁴⁴ | | | | |
| | NA-not a cohort | NA-not a cohort | NA-not a cohort | NA-not a cohort |
| | NA-not a cohort | | NA-not a cohort | NA-not a cohort |
| | NA-not a cohort | NA-not a cohort | NA-not a cohort | NA-not a cohort |
| Greenspan, 2003 ²⁴⁹ | NA-not a cohort | NA-not a cohort | NA-not a cohort | NA-not a cohort |
| | NA-not a cohort | NA-not a cohort | NA-not a cohort | NA-not a cohort |
| Hosking, 2003 ²⁰² | NA-not a cohort | NA-not a cohort | NA-not a cohort | NA-not a cohort |
| Hosking, 2003 ²⁰² | NA-not a cohort | NA-not a cohort | NA-not a cohort | NA-not a cohort |
| Johnell, 2002 ²⁴⁶ | NA-not a cohort | NA-not a cohort | NA-not a cohort | NA-not a cohort |
| Keech, 2005 ³¹² | NA-not a cohort | NA-not a cohort | NA-not a cohort | NA-not a cohort |
| | NA-not a cohort | | NA-not a cohort | NA-not a cohort |
| Lasco, 2011 ²⁴¹ | No | Yes | No information | No information |
| | NA-not a cohort | NA-not a cohort | NA-not a cohort | NA-not a cohort |
| | Probably yes | Yes | Yes | Probably yes |
| | NA-not a cohort | | NA-not a cohort | NA-not a cohort |
| | NA-not a cohort | NA-not a cohort | NA-not a cohort | NA-not a cohort |
| | NA-not a cohort | NA-not a cohort | NA-not a cohort | NA-not a cohort |
| | NA-not a cohort | | NA-not a cohort | NA-not a cohort |
| | NA-not a cohort | | NA-not a cohort | NA-not a cohort |
| Miller, 2008 ³⁰⁸ | NA-not a cohort | NA-not a cohort | NA-not a cohort | NA-not a cohort |

| | | FOR COHORTS: | FOR COLLORS OFLIDIES. | FOR COHORT AND CASE- |
|----------------------------------|-------------------------|--------------------|------------------------------------|----------------------------------|
| | FOR COLLORED AND | Were Participants | FOR COHORT STUDIES: | CONTROL STUDIES: |
| | FOR COHORTS AND | Analyzed According | Were Intervention | Did the Authors Use an |
| | CASE CONTROLS: | to Their Initial | Discontinuations or Switches | Appropriate Analysis Method |
| | Is Confounding of the | Intervention Group | _Unlikely To Be Related to | That Adjusted for all the |
| | Effect of Intervention | throughout | Factors That Are Prognostic | Critically Important Confounding |
| First Author, Year | Unlikely in This Study? | Followup? | for the Outcome? | Domains? |
| | NA-not a cohort | NA-not a cohort | NA-not a cohort | NA-not a cohort |
| | NA-not a cohort | NA-not a cohort | NA-not a cohort | NA-not a cohort |
| | NA-not a cohort | NA-not a cohort | NA-not a cohort | NA-not a cohort |
| | NA-not a cohort | NA-not a cohort | NA-not a cohort | NA-not a cohort |
| | Probably no | NA-not a cohort | NA-not a cohort | Yes |
| Ravn, 1996 ²⁸⁶ | NA-not a cohort | NA-not a cohort | NA-not a cohort | NA-not a cohort |
| | NA-not a cohort | NA-not a cohort | | NA-not a cohort |
| Rhee, 2012 ³⁴⁴ | Yes | Yes | Unclear, all switches dropped from | NA |
| | | | analysis | |
| | NA-not a cohort | NA-not a cohort | NA-not a cohort | NA-not a cohort |
| | Probably yes | Yes | Yes | Probably yes |
| | NA-not a cohort | NA-not a cohort | NA-not a cohort | NA-not a cohort |
| Simon, 2013 ³⁴⁶ | Probably yes | Yes | Yes | Probably yes |
| Sontag, 2010 ²⁴² | Yes | NA | Yes | No |
| , | No | NA-not a cohort | NA-not a cohort | Yes |
| | NA-not a cohort | NA-not a cohort | NA-not a cohort | NA-not a cohort |
| | NA-not a cohort | NA-not a cohort | NA-not a cohort | NA-not a cohort |
| | NA-not a cohort | NA-not a cohort | NA-not a cohort | NA-not a cohort |
| Van Staa, 1997 ³⁴⁷ | Yes | NA | NA | NA |
| | No | No information | No information | No |
| | No | No information | No information | No |
| | No | No information | No information | No |
| | No information | No information | No | Yes |
| Vestergaard, 2012 ³⁵² | No | No information | No information | No |

Abbreviations: KQ=key question; NA=not applicable.

| | | FOR COHORT STUDIES | | |
|--|-----------------------|------------------------------------|----------------|---|
| | FOR COHORT STUDIES: | Did the Authors Use an Appropriate | | |
| | Did the Authors Avoid | Analysis Method That Adjusted for | | |
| | Adjusting for | All the Critically Important | Bias Arising | |
| | Postintervention | Confounding Domains and for Time- | | |
| First Author, Year | Variables? | Varying Confounding? | Confounding? | Comments |
| Abrahamsen, 2010 ²⁷³ | yes | Probably yes | | NR Comments |
| Adachi, 2009 ²⁵⁰ | NA-not a cohort | NA-not a cohort | | NR |
| Barrett-Connor, 2002 ³¹¹ | NA-not a cohort | NA-not a cohort | | NR |
| Barrett-Connor, 2004 ³¹⁰ | NA-not a cohort | NA-not a cohort | NA NA | NR |
| Bone, 2000 ²¹⁶ | NA-not a cohort | NA-not a cohort | No No | NR |
| Bone, 2008 ²³⁷ | NA-not a cohort | NA-not a cohort | | NR |
| Boonen, 2012 ²¹⁸ | NA-not a conort | NA-not a cohort | No | NR |
| Cartsos, 2008 ²⁹⁷ | NA-not a conort | NA-not a cohort | | Possible patients could have been taking other |
| Cartsos, 2006 | NA-Hot a conort | IVA-HOL a COHOIL | | treatments that were not documented; no mention |
| | | | | of how confounding was handled or if considered |
| Chapurlat, 2013 ²⁸⁴ | NA-not a cohort | NA-not a cohort | | NR |
| Cryer, 2005 ²⁵² | NA-not a cohort | NA-not a cohort | No | NR |
| Cummings, 1998 ²⁰⁰ | NA-not a cohort | NA-not a cohort | No | NR |
| Quandt, 2005 ²⁰⁵ | Terrior a conort | Tet flot a dollor | 140 | |
| Bauer, 2000 ²⁵¹ | | | | |
| Cummings, 2009 ²³⁸ ; Watts, | NA-not a cohort | NA-not a cohort | no | NR |
| 2012 ³¹⁴ : McClung, 2012 ²⁴³ : | | | | |
| Boonen, 2011 ²⁴⁴ | | | | |
| Eisman, 2004 ²⁵⁵ | NA-not a cohort | NA-not a cohort | No | NR |
| Fogelman, 2000 ²²⁶ | NA-not a cohort | NA-not a cohort | No information | NR |
| Greenspan, 2002 ²⁵⁴ | NA-not a cohort | NA-not a cohort | No | NR |
| Greenspan, 2003 ²⁴⁹ | NA-not a cohort | NA-not a cohort | No | NR |
| Grey, 2010 ²⁷⁴ | NA-not a cohort | NA-not a cohort | No | NR |
| Hosking, 2003 ²⁰² | NA-not a cohort | NA-not a cohort | No information | NR |
| Hosking, 2003 ²⁰² | NA-not a cohort | NA-not a cohort | No | NR |
| Johnell, 2002 ²⁴⁶ | NA-not a cohort | NA-not a cohort | Probably no | NR |
| Keech, 2005 ³¹² | NA-not a cohort | NA-not a cohort | NA | NR |
| Kung, 2000 ³⁴³ | NA-not a cohort | NA-not a cohort | No | NR |
| Lasco, 2011 ²⁴¹ | No information | No information | Yes | One arm has osteoporosis and other has |
| | | | | osteopenia; the differences between arms could |
| | | | | have served as a prognostic factor and contribute |
| | | | | to confounding |
| Lew iecki, 2007 ²³⁶ | NA-not a cohort | NA-not a cohort | No | NR |
| McCloskey, 2012 ²⁴⁵ | Probably yes | NA | No information | The analysis was prespecified according to the |
| | | | | methods and does not appear to be a subgroup. |
| | | | | The are looking at efficacy across the range of |
| | | | | baseline FRAX risk. |

| | FOR COHORT STUDIES: | FOR COHORT STUDIES Did the Authors Use an Appropriate | | |
|--------------------------------|-----------------------|---|------------------|---|
| | Did the Authors Avoid | Analysis Method That Adjusted for | | |
| | Adjusting for | All the Critically Important | Bias Arising | |
| | Postintervention | Confounding Domains and for Time- | | |
| First Author, Year | Variables? | Varying Confounding? | Confounding? | |
| McClung, 2004 ²⁸⁵ | NA-not a cohort | NA-not a cohort | NA | NA, Not a cohort or case control |
| McClung, 2006 ³⁰⁶ | NA-not a cohort | NA-not a cohort | No | Not a cohort or case control |
| McClung, 2006 ²⁰⁹ | NA-not a cohort | NA-not a cohort | | NR |
| McClung, 2009 ²⁷⁵ | NA-not a cohort | NA-not a cohort | | RCT design mitigates risk of confounding from known and unknown factors. |
| Meunier, 1999 ³⁰⁷ | NA-not a cohort | NA-not a cohort | Probably no | NR |
| Miller, 2008 ³⁰⁸ | NA-not a cohort | NA-not a cohort | No | NR |
| Morii, 2003 ³⁰⁹ | NA-not a cohort | NA-not a cohort | , | NR |
| Murphy, 2001 ²⁷² | NA-not a cohort | NA-not a cohort | No | NR |
| Nakamura, 2012 ²³⁹ | NA-not a cohort | NA-not a cohort | NA | NR |
| Orw oll, 2003 ²⁴⁰ | NA-not a cohort | NA-not a cohort | No | Not a cohort study |
| Pazianas, 2008 ²⁹⁸ | NA-not a cohort | NA-not a cohort | | possible patients could have been taking other treatments that were not documented |
| Ravn, 1996 ²⁸⁶ | NA-not a cohort | NA-not a cohort | NA, Not a cohort | NR |
| | | | or case control | |
| Reginster, 2005 ²⁸⁷ | NA-not a cohort | NA-not a cohort | NA, Not a cohort | NR |
| | | | or case control | |
| Rhee, 2012 ³⁴⁴ | No | No | Yes | They also dropped all patients with switches, which potentially selectively drops patients with reactions to initial drug therapy |
| Riis, 2001 ²⁸⁸ | NA-not a cohort | NA-not a cohort | NA, Not a cohort | NR |
| | | | or case control | |
| Samelson, 2014 ³⁴⁵ | Yes | NA, if item 10 is yes/probably yes | Probably no | Treatment assignment is random; CV risks were balanced between groups. |
| Shiraki, 2003 ²⁸³ | NA-not a cohort | NA-not a cohort | | NR |
| Simon, 2013 ³⁴⁶ | Probably yes | NA | Probably no | NR |
| Sontag, 2010 ²⁴² | No | NA NA | Yes | During a 1-year extension phase, women were permitted to take other bone-active agents, except for oral estrogen or estrogen—progestin therapy. 16.4% and 12.3% of women in the placebo and raloxifene 60 mg/day groups, respectively, used other bone-active agent |
| Sorensen, 2008 ²⁴⁷ | NA-not a cohort | NA-not a cohort | No | NR |
| Tanko, 2003 ²⁸⁹ | NA-not a cohort | NA-not a cohort | NA, Not a cohort | NR |
| Think and 4007290 | NIA mat =lt | NIA mat = ==b==t | or case control | ND |
| Thiebaud, 1997 ²⁹⁰ | NA-not a cohort | NA-not a cohort | NA, Not a cohort | INK |
| | | | or case control | |

| First Author, Year | Did the Authors Avoid Adjusting for Postintervention Variables? | , , | Confounding? | |
|----------------------------------|---|-----------------|--------------|---|
| Tucci, 1996 ²⁵³ | NA-not a cohort | NA-not a cohort | No | NR |
| Van Staa, 1997 ³⁴⁷ | NA | NA | No | NR |
| Vestergaard, 2010 ³⁴⁸ | Yes | Probably no | , , | Given the results it's likely that there were other underlying variables that they didn't fully account for. For example, are all NSAIDS in the drugs registry? What about OTC NSAIDS? Given that a third of their sample had fractures, likely they had pain t |
| Vestergaard, 2011 ³⁴⁹ | Yes | Probably no | Probably yes | NR |
| Vestergaard, 2012 ³⁵⁰ | Yes | Probably no | | Given the results it's likely that there were other underlying variables that they didn't fully account for. For example, did they fully control for all other causes of MI such as smoking and hypertension. |
| Vestergaard, 2011 ³⁵¹ | Probably no | Probably yes | No | NR |
| Vestergaard, 2012 ³⁵² | Yes | Probably no | Probably yes | NR |

Abbreviations: FRAX=Fracture Risk Assessment tool; KQ=key question; Ml=myocardial infarction; NA=not applicable; NR=not reported; NSAIDS=nonsteroidal anti-inflammatory drugs; OTC=over the counter.

| | FOR COHORTS | FOR COHORTS AND | FOR COHORTS AND CASE | | |
|---|-----------------|----------------------|--------------------------------|----------------------------------|---|
| | AND CASE | CASE CONTROLS: | CONTROLS | Bias Arising | |
| | CONTROLS: | Was Information on | Was Information on | from | |
| | Is Intervention | Intervention Status | Intervention Status Unaffected | Measurement | |
| | Status Well | Recorded at the Time | by Knowledge of the Outcome | of the | |
| First Author, Year | Defined? | of Intervention? | or Risk of the Outcome? | Intervention? | Comments |
| Abrahamsen, 2010 ²⁷³ | Yes | Yes | Yes | Probably no | NR |
| Adachi, 2009 ²⁵⁰ | NA-not a cohort | NA-not a cohort | NA-not a cohort | No | NR |
| Barrett-Connor, 2002 ³¹¹ | NA-not a cohort | NA-not a cohort | NA-not a cohort | NA | NR |
| Barrett-Connor, 2004310 | NA-not a cohort | NA-not a cohort | NA-not a cohort | No | NR |
| Bone, 2000 ²¹⁶ | NA-not a cohort | NA-not a cohort | NA-not a cohort | No | NR |
| Bone, 2008 ²³⁷ | NA-not a cohort | NA-not a cohort | NA-not a cohort | No | NR |
| Boonen, 2012 ²¹⁸ | NA-not a cohort | NA-not a cohort | NA-not a cohort | NA-not a cohort | NR |
| Cartsos, 2008 ²⁹⁷ | No | No | Probably yes | yes | intervention based on dispensing information from claims data, information on dose not available |
| Chapurlat, 2013 ²⁸⁴ | NA-not a cohort | NA-not a cohort | NA-not a cohort | NA | NR |
| Cryer, 2005 ²⁵² | NA-not a cohort | NA-not a cohort | NA-not a cohort | No | NR |
| Cummings, 1998 ²⁰⁰ Quandt, 2005 ²⁰⁵ Bauer, 2000 ²⁵¹ | NA-not a cohort | NA-not a cohort | NA-not a cohort | No | NR |
| Cummings, 2009 ²³⁸ ; Watts, 2012 ³¹⁴ ; McClung, 2012 ²⁴³ ; Boonen, 2011 ²⁴⁴ | NA-not a cohort | NA-not a cohort | NA-not a cohort | No | NR |
| Eisman, 2004 ²⁵⁵ | NA-not a cohort | NA-not a cohort | NA-not a cohort | No | NR |
| Fogelman, 2000 ²²⁶ | NA-not a cohort | NA-not a cohort | NA-not a cohort | No information | NR |
| Greenspan, 2002 ²⁵⁴ | NA-not a cohort | NA-not a cohort | NA-not a cohort | No | NR |
| Greenspan, 2003 ²⁴⁹ | NA-not a cohort | NA-not a cohort | NA-not a cohort | No | NR |
| Grey, 2010 ²⁷⁴ | NA-not a cohort | NA-not a cohort | NA-not a cohort | No | NR |
| Hosking, 2003 ²⁰² | NA-not a cohort | NA-not a cohort | NA-not a cohort | No information | NR |
| Hosking, 2003 ²⁰² | NA-not a cohort | NA-not a cohort | NA-not a cohort | No | NR |
| Johnell, 2002 ²⁴⁶ | NA-not a cohort | NA-not a cohort | NA-not a cohort | Probably no | NR |
| Keech, 2005 ³¹² | NA-not a cohort | NA-not a cohort | NA-not a cohort | NA | NR |
| Kung, 2000 ³⁴³ | NA-not a cohort | NA-not a cohort | NA-not a cohort | No | NR |
| Lasco, 2011 ²⁴¹ | Yes | Yes | No information | Probably no | NR |
| Lew iecki, 2007 ²³⁶ | NA-not a cohort | NA-not a cohort | NA-not a cohort | No | NR |
| McCloskey, 2012 ²⁴⁵ | Yes | Yes | Yes | No | It was prespecified. |
| McClung, 2004 ²⁸⁵ | NA-not a cohort | NA-not a cohort | NA-not a cohort | NA, not a cohort or case control | NR |
| McClung, 2006 ³⁰⁶ | NA-not a cohort | NA-not a cohort | NA-not a cohort | No | not a cohort or case control |
| McClung, 2006 ²⁰⁹ | NA-not a cohort | NA-not a cohort | NA-not a cohort | No | NR |

| | FOR COHORTS | FOR COHORTS AND | FOR COHORTS AND CASE | | |
|----------------------------------|-----------------|----------------------|--------------------------------|------------------|-----------------------------|
| | AND CASE | CASE CONTROLS: | CONTROLS | Bias Arising | |
| | CONTROLS: | Was Information on | Was Information on | from | |
| | Is Intervention | Intervention Status | Intervention Status Unaffected | Measurement | |
| | | Recorded at the Time | by Knowledge of the Outcome | of the | |
| First Author, Year | Defined? | of Intervention? | or Risk of the Outcome? | Intervention? | Comments |
| McClung, 2009 ²⁷⁵ | NA-not a cohort | NA-not a cohort | NA-not a cohort | No | RCT Design so all items NA. |
| Meunier, 1999 ³⁰⁷ | NA-not a cohort | NA-not a cohort | NA-not a cohort | Probably no | NR |
| Miller, 2008 ³⁰⁸ | NA-not a cohort | NA-not a cohort | NA-not a cohort | no | NR |
| Morii, 2003 ³⁰⁹ | NA-not a cohort | NA-not a cohort | NA-not a cohort | Probably no | NR |
| Murphy, 2001 ²⁷² | NA-not a cohort | NA-not a cohort | NA-not a cohort | No | NR |
| Nakamura, 2012 ²³⁹ | NA-not a cohort | NA-not a cohort | NA-not a cohort | NA | NR |
| Orw oll, 2003 ²⁴⁰ | NA-not a cohort | NA-not a cohort | NA-not a cohort | no | NR |
| Pazianas, 2008 ²⁹⁸ | No | No | Probably yes | yes | intervention based on |
| | | | | | dispensing information from |
| | | | | | claims data, information on |
| | | | | | dose etc. not available |
| Ravn, 1996 ²⁸⁶ | NA-not a cohort | NA-not a cohort | NA-not a cohort | NA, not a cohort | NR |
| AN-2 | | | | or case control | |
| Reginster, 2005 ²⁸⁷ | NA-not a cohort | NA-not a cohort | NA-not a cohort | NA, not a cohort | NR |
| | | | | or case control | |
| Rhee, 2012 ³⁴⁴ | Yes | Yes | Yes | No | NR |
| Riis, 2001 ²⁸⁸ | NA-not a cohort | NA-not a cohort | NA-not a cohort | NA, not a cohort | NR |
| | | | | or case control | |
| Samelson, 2014 ³⁴⁵ | Probably yes | Yes | Yes | Probably no | NR |
| Shiraki, 2003 ²⁸³ | NA-not a cohort | NA-not a cohort | NA-not a cohort | No information | NR |
| Simon, 2013 ³⁴⁶ | Yes | Yes | Yes | Probably no | NR |
| Sontag, 2010 ²⁴² | Yes | Yes | Yes | Probably no | NR |
| Sorensen, 2008 ²⁴⁷ | Yes | Yes | Yes | No | NR |
| Tanko, 2003 ²⁸⁹ | NA-not a cohort | NA-not a cohort | NA-not a cohort | NA, not a cohort | NR |
| | | | | or case control | |
| Thiebaud, 1997 ²⁹⁰ | NA-not a cohort | NA-not a cohort | NA-not a cohort | NA, not a cohort | NR |
| 252 | | | | or case control | |
| Tucci, 1996 ²⁵³ | NA-not a cohort | NA-not a cohort | NA-not a cohort | No | NR |
| Van Staa, 1997 ³⁴⁷ | No | Yes | Yes | Yes | intervention status defined |
| | | | | | as patients who had |
| 1 240 | | | .,, | 5 | received a prescription |
| Vestergaard, 2010 ³⁴⁸ | No | No information | Yes | Probably yes | NR |
| Vestergaard, 2011 ³⁴⁹ | No | No information | Yes | Probably yes | NR |
| Vestergaard, 2012 ³⁵⁰ | No | No information | Yes | Probably yes | NR |
| Vestergaard, 2011 ³⁵¹ | Yes | Probably yes | None | No | NA, no attrition |
| Vestergaard, 2012 ³⁵² | No | No information | Yes | Probably yes | NR |

Abbreviations: NA=not applicable; NR=not reported; RCT=randomized controlled trials.

| | FOR RCTS and COHORTS: What Was the Overall Attrition? What Was the Attrition by Group? | FOR RCTS and COHORTS: Did the Study Have High | FOR RCTS and COHORTS: Are the Proportion of Participants and Reasons | FOR CASE-CONTROLS: Are the Proportion of Participants and Reasons |
|--|---|---|--|---|
| First Author, Year | Did Attrition Vary for Different Outcomes? | Attrition Raising Concern for Bias? | for Missing Data Similar across Interventions? | for Missing Data Similar across Cases and Controls? |
| Abrahamsen, 2010 ²⁷³ | Overall: NR G1: 3.1% G2: 3.0% Vary by outcome: Probably no | No | Yes | NA-not a case-control |
| Adachi, 2009 ²⁵⁰ | Overall:16.2 [%] G1: 18.6 [%] G2: 11.6% [%] Vary by Outcome? No | No | Yes | NA-not a case-control |
| Barrett-Connor, 2002 ³¹¹ | Overall:26% G1: 26% G2: 25% G3: 26% Vary by Outcome? No | Yes | No | NA . |
| Barrett-Connor, 2004 ³¹⁰ | Overall: 26% G1: 26.2 G2: 25.2 G3: 26.4 Vary by Outcome? no | No | Yes | NA |
| Bone, 2000 ²¹⁶ | Overall: 24.7 [%] G1: 24/92 = 26% G4: 16/50 = 32% Other reasons for attrition: withdrew conset, lost to follow-up, protocol violations, no signficant varation between groups | Yes | Yes | NA-not a case-control |
| Bone, 2008 ²³⁷ | Overall attrition: 3/332=0.09% G1: 2/166 (1.2%) G2: 1/166 (0.06%) | No | Yes | NA-not a cohort |
| Boonen, 2012 ²¹⁸ | Overall: 11% G1: 10% G2: 12% Vary by Outcome? No | No | Yes | na-not a case control |
| Cartsos, 2008 ²⁹⁷ | NA- no attrition | NA- no attrition | NA- no attrition | NA- no attrition |

| First Author, Year | FOR RCTS and COHORTS: What Was the Overall Attrition? What Was the Attrition by Group? Did Attrition Vary for Different Outcomes? | Attrition Raising Concern for Bias? | for Missing Data Similar across Interventions? | Are the Proportion of Participants and Reasons for Missing Data Similar across Cases and Controls? |
|---|---|-------------------------------------|--|---|
| Chapurlat, 2013 ²⁸⁴ | Overall:0.67 G1: 0 G2: 1.3 Vary by Outcome? No Follow-up Overall: Unclear G1: Unclear G2: Unclear | No | Yes | NA- no attrition |
| Cryer, 2005 ²⁵² | Overall:13.7 [%] G1: 13.8 [%] G2: 13.5[%] G3: [%] No | No | Probably yes | NA-not a case-control |
| Cummings, 1998 ²⁰⁰ Quandt, 2005 ²⁰⁵ Bauer, 2000 ²⁵¹ | Patients missing follow -up xray Overall: 379 / 6459 (5.9%) G1: 198 / 3195 (6.2%) G2: 181 /3183 (5.7) | No | Yes | NA-not a case-control |
| Cummings, 2009 ²³⁸ , Watts, 2012 ³¹⁴ , McClung, 2012 ²⁴³ , Boonen, 2011 ²⁴⁴ | Attrition varies by outcome, low est for fractures: 475/7868 (6.03%) G1: 231/3933 (5.87%) G2: 244/3935 (6.20%) | No | Yes | NA-not a cohort |
| Eisman, 2004 ²⁵⁵ | Overall: 6.2 [%] G1: 8.0 [%] G2: 4.5 [%] Vary by Outcome? No | No | Probably yes | NA-not a case-control |
| Fogelman, 2000 ²²⁶ | G1: 40/179 = 22% G2: 37/180 = 21% | Yes | Yes | NA-not a case control |
| Greenspan, 2002 ²⁵⁴ | Overall: 6.9% G1: 6.3% G2: 7.5% Vary by Outcome? No | No | Yes | NA-not a case-control |
| Greenspan, 2003 ²⁴⁹ | Overali: 10[%] G1: 8.6% G2: 9.7 % G3: 9.6 % G4: 10.8% Vary by Outcome? No | No | Yes | NA-not a case-control |

| First Author, Year | FOR RCTS and COHORTS: What Was the Overall Attrition? What Was the Attrition by Group? Did Attrition Vary for Different Outcomes? | Attrition Raising Concern for Bias? | for Missing Data Similar across Interventions? | Are the Proportion of Participants and Reasons for Missing Data Similar across Cases and Controls? |
|--------------------------------|--|-------------------------------------|--|---|
| Grey, 2010 ²⁷⁴ | Overall: 2 [%] G1: 4 [%] G2: 0 [%] Vary by Outcome? No Information | No | Yes | NA-not a case-control |
| Hosking, 2003 ²⁰² | Attrition was only reported at 3 months. G1: 19.8% G2: 21.5% G2: 17.6% | No | No | NA-not a case control |
| Hosking, 2003 ²⁰² | Overall: 25[%] G1: 21.5 [%] G2: 19.8 [%] G3: 17.6 [%] Vary by Outcome? Yes Clincal AE leading to discontinuation: Overall: 17 [%] G1: 14.1 [%] G2: 14.0 [%] G3: 11.1 [%] **of note these are attrition % at 3 months. The study went on for 12 months, b | Yes | Yes | No |
| Johnell, 2002 ²⁴⁶ | Overall: 17%; differences by group NR | No | Yes | NA- no attrition |
| Keech, 2005 ³¹² | Overall: NR G1: 29% G2: 33% Vary by Outcome? No | Yes | No | NA |
| Kung, 2000 ³⁴³ | Overall:80 [%] G1: 80[%] G2: 80 [%] G3: [%] Vary by Outcome? No | Yes | Yes | NA-not a case-control |
| Lasco, 2011 ²⁴¹ | Overall:0 | NA- no attrition | NA- no attrition | NA |
| Lew iecki, 2007 ²³⁶ | Overall attrition: 5/365=1.00% G1: 0/46 (0%) G2: 5/319 (1.57%) | No | Yes | NA-not a cohort |

| First Author, Year | FOR RCTS and COHORTS: What Was the Overall Attrition? What Was the Attrition by Group? Did Attrition Vary for Different Outcomes? | Attrition Raising Concern for Bias? | for Missing Data Similar across Interventions? | Are the Proportion of Participants and Reasons for Missing Data Similar across Cases and Controls? |
|-----------------------------------|---|-------------------------------------|--|---|
| McCloskey, 2012 ²⁴⁵ | Overall:82% G1: NR G2: NR Vary by Outcome? Probably No | No | No information | NA-not a case-control |
| McClung, 2004 ²⁸⁵ | Overall: 16% G1: 15% G2: 13% G3: 18% G4: 17% no | No | Yes | NA-not a case-control |
| McClung, 2006 ³⁰⁶ | Overall:36% G1: 37% G2: 30% G3: 29% G4: 31% Vary by Outcome? No | Yes | No information | NA-not a case-control |
| McClung, 2006 ²⁰⁹ | Overali:10 [%] Not reported by group overal. For below only reported by drug (not dosing group) Vary by Outcome? Yes Withdraw al of consent G1-G7: 8 [%] G8: 2 [%] G9: 7 [%] Adverse effects G1-G7: 2 [%] G8: 0 [%] G9: 2 [%] | No | Yes | NA-not a case-control |
| McClung, 2009 ²⁷⁵ | Overall:90% (Calculated) G1: 91.4% G2: 85.1% G3: 93.1% Vary by Outcome? No | No | no | NA-not a case-control |
| Meunier, 1999 ³⁰⁷ | Overall: 20 of 129 at 24 months (19%), of these, 14 in year 1; differences by group NR | No | Yes | NA- no attrition |

| First Author, Year | FOR RCTS and COHORTS: What Was the Overall Attrition? What Was the Attrition by Group? Did Attrition Vary for Different Outcomes? | FOR RCTS and COHORTS: Did the Study Have High Attrition Raising Concern for Bias? | FOR RCTS and COHORTS: Are the Proportion of Participants and Reasons for Missing Data Similar across Interventions? | FOR CASE-CONTROLS: Are the Proportion of Participants and Reasons for Missing Data Similar across Cases and Controls? |
|---|---|---|---|---|
| Miller, 2008 ³⁰⁸ | Overall:[%] 29.7 percent (N=470) discontinued treatment, another 2.9 % (46) failed to return. Additionally the flow chart shows patients who did not complete because of "subject request" and "other." | Yes | Yes | NA-not a case-control |
| Morii, 2003 ³⁰⁹ Murphy, 2001 ²⁷² | Overall: 13%; differences by group NR Overall:15% at 6 mo, 30% at 12 months, 41% at 18 months No data by group G1: [%] G2: [%] G3: [%] Vary by Outcome? No Information | No for 6 months, Yes for 12 and 18 months. | Yes Probably yes | NA- no attrition NA-not a case-control |
| Nakamura, 2012 ²³⁹ | Overall:8.0 G1: (5/53)9.4 G2: (4/54) 7.4 G3: (5/50)10 G4: (3/55) 5.5 Vary by Outcome? Probably No | No | No information | NA |
| Orw oll, 2003 ²⁴⁰ | Overali:77[17.6%] G1:17 [12%] G2:28 [19%] G3:36 [26%] No Information by outcome | Yes | No | NA- no attrition |
| Pazianas, 2008 ²⁹⁸ Ravn, 1996 ²⁸⁶ | NA- no attrition Overall: 39/180, 22% G1: 4/30,13% G2: 8/30, 27% G3: 4/30, 13% G4: 6/30, 20% G5: 12/30, 40% G6: 5/30, 17% no | NA- no attrition Yes | NA- no attrition Yes | NA- no attrition NA-not a case-control |

| First Author, | FOR RCTS and COHORTS: What Was the Overall Attrition? What Was the Attrition by Group? Did Attrition Vary for Different | FOR RCTS and COHORTS: Did the Study Have High Attrition Raising | FOR RCTS and COHORTS: Are the Proportion of Participants and Reasons for Missing Data Similar | FOR CASE-CONTROLS: Are the Proportion of Participants and Reasons for Missing Data Similar |
|--------------------------------|--|--|--|--|
| Year | Outcomes? | Concern for Bias? | across Interventions? | across Cases and Controls? |
| Reginster, 2005 ²⁸⁷ | Overall: 3% G1: 0 G2: 0 G3: 0 G4: 3% G5: 8% | No | Yes | NA-not a case-control |
| Rhee, 2012 ³⁴⁴ | No attrition because data are from registry | NA - no attrition | NA- no attrition | NA- no attrition |
| Riis, 2001 ²⁸⁸ | Overall: 14% G1: 15% G2: 15% G3: 11% no | No No | Yes | NA-not a case-control |
| Samelson, 2014 ³⁴⁵ | Overall:82% for the main FREEDOM trial, but this analysis was a subgroup analysis of patients at increased CV risk and with adequate imaging studies. Only 1045 of 2363 patients eligible had evaluation data at baseline and follow up. G1: NR G2: NR Vary by | Yes | No information | NA-not a case-control |
| Shiraki, 2003 ²⁸³ | G1: 9/56=16% G2: 9/54=17% | No | No information | NA-not a case control |
| Simon, 2013 ³⁴⁶ | Overall:82% (This is for the overall FREEDOM study; 83% in DXA substudy, 86% in QCT substudy, attrition by treatment group NR) Vary by Outcome? Probably No | No | No information | NA-not a case-control |
| Sortensen 2008 ²⁴⁷ | This article reports only ITT results, but based on original trial, Overall:26% G1: 26% G2: 25% G3: 26% Vary by Outcome? no | Yes | No NA-not an RCT | NA Yes |
| Sorensen, 2008 ²⁴⁷ | NA-not an RCT | NA-not an RCT | NA-not an RCT | Yes |

| First Author, Year | FOR RCTS and COHORTS: What Was the Overall Attrition? What Was the Attrition by Group? Did Attrition Vary for Different Outcomes? | COHORTS: | for Missing Data Similar | FOR CASE-CONTROLS: Are the Proportion of Participants and Reasons for Missing Data Similar across Cases and Controls? |
|-------------------------------------|---|------------------|--------------------------|---|
| Tanko, 2003 ²⁸⁹ | Overall: 14% G1: NR G2: NR G3: NR G4: NR G5: NR | No | Yes | NA-not a case-control |
| Thiebaud, 1997 ²⁹⁰ | Overall: 10% G1: 12.5% (3/24) G2: 3.7% (1/27) G3: 11.5% (3/26) G4: 8.7% (2/23) G5: 7.7% (2/26) Vary by Outcome? No | No | Yes | NA-not a case-control |
| Tucci, 1996 ²⁵³ | Overall:29/478 = 6.0% (from Ns in Table IV) G1: 9.2% G2: 6.4% G3: 8.5% G4: 3.1% | No | No information | NA-not a case-control |
| Van Staa, 1997 ³⁴⁷ | No attrition | NA- no attrition | NA | NA |
| Vestergaard, 2010 ³⁴⁸ | None | No | NA, no attrition | NA, no attrition |
| Vestergaard, 2011 ³⁴⁹ | None | No | NA, no attrition | NA, no attrition |
| Vestergaard, 2012 ³⁵⁰ | None | No | NA, no attrition | NA, no attrition |
| Vestergaard, 2011 ³⁵¹ | NA, no attrition | NA, no attrition | No | NA-not an RCT |
| Vestergaard, 2012 ³⁵² | None | No | NA, no attrition | NA, no attrition |

Abbreviations: A E=adverse event; DXA=dual energy x-ray absorptiometry; FREEDOM=Fracture Reduction Evaluation of Denosumab in Osteoporosis Every 6 Months; G=group; KQ=key question; NA=not applicable; NR=not reported; QCT=quantitative computed tomography; RCT=randomized controlled trials.

| First Author, Year | FOR ALL STUDIES: Were Appropriate Statistical Methods Used To Account for Missing Data? | Bias Arising from Missing Outcome Data? | Comments |
|---|---|---|--|
| Abrahamsen, 2010 ²⁷³ | Yes | No | NR |
| Adachi, 2009 ²⁵⁰ | No information | Probably no | Authors do not specifically say they perform an intention to treat analysis. |
| Barrett-Connor, 2002311 | Yes | Probably yes | NR NR |
| Barrett-Connor, 2004310 | Yes | No | NR |
| Bone, 2000 ²¹⁶ | Yes | Probably yes | There was >20% attrition, and over 30% attrition in one of the arms. |
| Bone, 2008 ²³⁷ | Yes | No | NR |
| Boonen, 2012 ²¹⁸ | Yes | No | NR |
| Cartsos, 2008 297 | NA- no attrition | No information | No mention of how missing data was handled |
| Chapurlat, 2013 ²⁸⁴ | Yes | Probably no | NR . |
| Cryer, 2005 ²⁵² | Yes | Probably no | There is a small difference in reasons for discontinuation. More patients in placebo dropped out due to any clinical AE, how ever this difference is judged to be small. |
| Cummings, 1998 ²⁰⁰ Quandt, 2005 ²⁰⁵ Bauer, 2000 ²⁵¹ | Yes | No | Missing data = missing xray at follow -up FIT1 (Black, 1996) Overall: 81 / 2027 = 4.0% G1: 41 / 981 = 4.2% G2: 40 / 965 = 4.1% FIT2 (Cummings, 1998 (8400)) Overall: 298/4432 (6.7%) G1: 157 / 2214 (7.1%) G2: 141 / 2218 (6.4%) Combining FIT1 and FIT2 |
| Cummings, 2009 ²³⁸ ; Watts, 2012 ³¹⁴ ; McClung, 2012 ²⁴³ ; Boonen, 2011 ²⁴⁴ | Yes | no | NR |
| Eisman, 2004 ²⁵⁵ | Yes | Probably no | More withdraw als for clinical AE in alendronate group vs placebo, but no testing. Results show no difference in discontinuation for UGI AEs |
| Fogelman, 2000 ²²⁶ | Yes | probably no | NR . |
| Greenspan, 2002 ²⁵⁴ | Yes | No | NR |
| Greenspan, 2003 ²⁴⁹ | Yes | No | ITT analysis |
| Grey, 2010 ²⁷⁴ | Yes | No | NR |
| Hosking, 2003 ²⁰² | Unclear | Probably yes | Unclear what attrition was at 12 months. |
| Hosking, 2003 ²⁰² | Yes | No information | NR |
| Johnell, 2002 ²⁴⁶ | Yes | Probably no | NR |
| Keech, 2005 ³¹² | Yes | Probably yes | NR |
| Kung, 2000 ³⁴³ | Yes | Probably yes | NR |
| Lasco, 2011 ²⁴¹ | NA- no attrition | Probably no | NR |
| Lew iecki, 2007 ²³⁶ | No information | no | NR |

| First Author, Year | FOR ALL STUDIES: Were Appropriate Statistical Methods Used To Account for Missing Data? | Bias Arising from Missing Outcome Data? | Comments |
|----------------------------------|---|---|---|
| McCloskey, 2012 ²⁴⁵ | Probably yes | Probably no | NR |
| McClung, 2004 ²⁸⁵ | Yes | No | NR |
| McClung, 2006 ³⁰⁶ | Yes | Probably yes | 17, not a case control; overall attrition a little high |
| McClung, 2006 ²⁰⁹ | Yes | No | NR . |
| McClung, 2009 ²⁷⁵ | Probably no | unclear | Risk of bias for harms data because it is limited to ITT analysis. |
| Meunier, 1999 ³⁰⁷ | Yes | No | NR |
| Miller, 2008 ³⁰⁸ | Yes | probably no | NR |
| Morii, 2003 ³⁰⁹ | Yes | Probably no | NR |
| Murphy, 2001 ²⁷² | Probably yes | Probably yes | Per protocol analysis probably okay for harms outcomes. Table 6 suggests similar AE profile, but reasons for discontinuation not provided by group. |
| Nakamura, 2012 ²³⁹ | Yes | Probably no | NR |
| Orw oll, 2003 ²⁴⁰ | Yes | Probably yes | Differential attrition between arms |
| Pazianas, 2008 ²⁹⁸ | NA- no attrition | No information | No mention of how missing data was handled |
| Ravn, 1996 ²⁸⁶ | No information | Probably no | high overall and differential attrition; however, safety appears to have been collected and reported on a larger subset of the population |
| Reginster, 2005 ²⁸⁷ | Yes | No | NR |
| Rhee, 2012 ³⁴⁴ | NA- no attrition | no | NR |
| Riis, 2001 ²⁸⁸ | Yes | No | NR |
| Samelson, 2014 ³⁴⁵ | No | Probably yes | NR |
| Shiraki, 2003 ²⁸³ | Yes | Probably no | NR |
| Simon, 2013 ³⁴⁶ | Yes | Probably no | NR |
| Sontag, 2010 ²⁴² | Yes | Probably yes | NR |
| Sorensen, 2008 ²⁴⁷ | Yes | No | *Authors report Danish registry information is complete. |
| Tanko, 2003 ²⁸⁹ | Yes | Probably no | Unable to calculate group attrition |
| Thiebaud, 1997 ²⁹⁰ | Yes | Probably no | Used ITT but one patient who dropped out before treatment because of inability to administer the drug was not included. Missing values were not replaced. |
| Tucci, 1996 ²⁵³ | Yes | Probably no | Study was extended for a third year, 14 subjects did not consent to blinded treatment for a third year, 5 declined third year altogether. |
| Van Staa, 1997 ³⁴⁷ | NA | No information | The study did not provide any information on attrition or missing data. |
| Vestergaard, 2010 ³⁴⁸ | NA, no attrition | No | NR |
| Vestergaard, 2011 ³⁴⁹ | NA, no attrition | No | NR |
| Vestergaard, 2012 ³⁵⁰ | NA, no attrition | No | NR |
| Vestergaard, 2011 ³⁵¹ | NA-not an RCT | No information | NR |
| Vestergaard, 2012 ³⁵² | NA, no attrition | No | NR |

Abbreviations: A E=adverse event; FIT=fracture intervention trial; ITT=intent to treat; KQ=key question; NA=not applicable; NR=not reported; UGI=upper gastrointestinal.

| Year | FOR RCTs OF TREATMENT: Were the Patients Unaware of the Intervention Status of Participants? | of Participants? | Adequate? | FOR ALL STUDIES: Did the Study Have Enough Cross-Overs or Contamination That Would Raise Concern for Bias? | Bias Arising from Departures From Intended Interventions? | |
|--|---|------------------|----------------------|--|--|--|
| Abrahamsen, 2010 ²⁷³ | NA-not an RCT | NA-not an RCT | Probably yes | No information | Probably no | NR |
| Adachi, 2009 ²⁵⁰ | Yes | Yes | No information | No information | Probably no | No data on adherence |
| Barrett-Connor, 2002 ³¹¹ | Yes | Yes | Probably yes | Probably no | Probably no | In year 4 could take additional medications. |
| Barrett-Connor, 2004 ³¹⁰ | Yes | Yes | Yes | No | No | stated in larger study that 92% of women took more than 80% of study medication |
| Bone, 2000 ²¹⁶ | Yes | Yes | No information | No information | No | The authors did not report crossover, but were thorough about patient accounting |
| Bone, 2008 ²³⁷ | Probably no | Probably no | NA (subcutaneous) | No information | Probably no | NR |
| Boonen, 2012 ²¹⁸ | Probably no | Probably no | NA (subcutaneous) | No information | Probably no | NR |
| Cartsos, 2008 ²⁹⁷ | NA-not an RCT | NA-not an RCT | No information | No information | No information | Fidelity, not sure if participants took medication correctly; no information on cross-overs but not clear if other treatments w ere allow ed |
| Chapurlat, 2013 ²⁸⁴ | Yes | Yes | Yes | No | No | NR |
| Cryer, 2005 ²⁵² | Yes | Yes | Yes | No | No | |
| Cummings, 1998 ²⁰⁰ Quandt, 2005 ²⁰⁵ Bauer, 2000 ²⁵¹ | Yes | Yes | Yes | No | No | NR |
| Cummings, 2009 ²³⁸ ; Watts, 2012 ³¹⁴ ; McClung, 2012 ²⁴³ ; Boonen, 2011 ²⁴⁴ | Probably no | Probably no | NA (subcutaneous) | No information | Probably no | NR |
| Eisman, 2004 ²⁵⁵ | NR | Yes | Yes | No | No | mean compliance 95% and 96% for alendronate and placebo groups |

| Year | FOR RCTs OF TREATMENT: Were the Patients Unaware of the Intervention Status of Participants? | of Participants? | Adequate? | FOR ALL STUDIES: Did the Study Have Enough Cross-Overs or Contamination That Would Raise Concern for Bias? | Bias Arising from Departures From Intended Interventions? | |
|-----------------------------------|---|------------------|----------------------|---|--|---|
| Fogelman, 2000 ²²⁶ | Yes | Yes | No information | Probably no | Probably no | NR |
| Greenspan, 2002 ²⁵⁴ | Yes | Yes | Probably yes | Probably no | Probably no | NR |
| Greenspan, 2003 ²⁴⁹ | Yes | Yes | Yes | No | No | NR |
| Grey, 2010 ²⁷⁴ | Yes | Yes | Yes | No | No | NR |
| Hosking, 2003 ²⁰² | Yes | Yes | Yes | No | No | NR |
| Hosking, 2003 ²⁰² | Yes | Yes | Yes | No information | No | >75% adherence to medications |
| Johnell, 2002 ²⁴⁶ | Yes | Yes | Yes | No | Probably no | NR |
| Keech, 2005 ³¹² | Yes | Yes | Yes | No | No | NR |
| Kung, 2000 ³⁴³ | Yes | Yes | No information | No information | Probably no | NR |
| Lasco, 2011 ²⁴¹ | NA-not an RCT | NA-not an RCT | Probably yes | Probably no | Probably no | NR |
| Lew iecki, 2007 ²³⁶ | Probably no | Probably no | NA (subcutaneous) | No information | Probably no | NR |
| McCloskey, 2012 ²⁴⁵ | Yes | Yes | Yes | No information | No | NR |
| McClung, 2004 ²⁸⁵ | Yes | Yes | Yes | No | No | compliance in mid to high 80s |
| McClung, 2006 ³⁰⁶ | Yes | Yes | No information | No information | probably yes | adherence unknow n |
| McClung, 2006 ²⁰⁹ | Yes | Yes | Yes | No | No | Of note-double blinding for denosumab but NOT alendronate (open label); all answers are for denosumab. For alendronate (no, no, yes, no information, probably yes) |
| McClung, 2009 ²⁷⁵ | yes | yes | Probably yes | Probably no | Probably no | NR |
| Meunier, 1999 ³⁰⁷ | Yes | Yes | Probably yes | No | No | NR |
| Miller, 2008 ³⁰⁸ | Yes | probably yes | No information | No information | Probably no | NR |
| Morii, 2003 ³⁰⁹ | Yes | No information | Probably yes | No | No | NR |
| Murphy, 2001 ²⁷² | Yes | Yes | Yes | No | No | Only 4 patients failed to take >75% of assigned drug |

| First Author, Year | FOR RCTs OF TREATMENT: Were the Patients Unaware of the Intervention Status of Participants? | of Participants? | Adequate? | FOR ALL STUDIES: Did the Study Have Enough Cross-Overs or Contamination That Would Raise Concern for Bias? | Bias Arising from Departures From Intended Interventions? | |
|----------------------------------|---|------------------|----------------|---|--|---|
| Nakamura, 2012 ²³⁹ | Probably yes | Probably yes | Yes | No | No | NR |
| Orw oll, 2003 ²⁴⁰ | Yes | Yes | Yes | Probably no | Probably no | Patient-administered injections of placebo or drug |
| Pazianas, 2008 ²⁹⁸ | NA-not an RCT | NA-not an RCT | No information | No information | No information | Fidelity, not sure if participants took medication correctly; no information on cross-overs but not clear if other treatments were allowed |
| Ravn, 1996 ²⁸⁶ | Yes | No | No information | No | Probably no | Data safety review committee (DSRC) was not blinded to treatment, and they monitored adverse events during each step. Information on compliance was not provided |
| Reginster, 2005 ²⁸⁷ | NA-not an RCT | NA-not an RCT | Probably no | No | Probably yes | No way to determine if participants took dose |
| Rhee, 2012 ³⁴⁴ | Yes | Yes | Yes | No | No | NR |
| Riis, 2001 ²⁸⁸ | Probably yes | Probably yes | Yes | No | Probably no | NR |
| Samelson, 2014 ³⁴⁵ | Yes | Yes | Probably yes | No information | Probably no | NR |
| Shiraki, 2003 ²⁸³ | Yes | Yes | No information | Probably no | Probably no | NR |
| Simon, 2013 ³⁴⁶ | Yes | Yes | Probably yes | No information | No | NR |
| Sontag, 2010 ²⁴² | Probably yes | Probably yes | No | Probably no | Probably no | Study reported as double-blind but no other details provided. Placebo arm received active treatment after 1 year but results are not reported separately for before and after receipt of active treatment |
| Sorensen, 2008 ²⁴⁷ | NA-not an RCT | NA-not an RCT | Probably yes | No information | Probably no | NR |

| First Author, Year | FOR RCTs OF TREATMENT: Were the Patients Unaware of the Intervention Status of Participants? | of Participants? | Adequate? | | Bias Arising from Departures From Intended Interventions? | Departures from Interventions Comments |
|-------------------------------------|---|-------------------------|-------------------------|-------------------------|--|--|
| Tanko, 2003 ²⁸⁹ | Yes | Yes | No information | No | Probably no | Large proportion of patients in each study group took ≥75% of study medication: 89% placebo, 88.8% (5 mg), 90.1% (10 mg) and 88.7% (20 mg) patients. |
| Thiebaud, 1997 ²⁹⁰ | Yes | No | No information | No | Probably no | Information on compliance was not provided Investigator was not blind for all arms |
| Tucci, 1996 ²⁵³ | Yes | Yes | Yes | No | No | Investigators only evaluated blinded results (excluded patients who declined blinding for third year) |
| Van Staa, 1997 ³⁴⁷ | NA-not an RCT | NA-not an RCT | No information | No | No information | Did not evaluate adherence |
| Vestergaard, 2010 ³⁴⁸ | NA-not an RCT | NA-not an RCT | No information | No information | No information | NR |
| Vestergaard, 2011 ³⁴⁹ | NA-not an RCT | NA-not an RCT | No information | No information | No information | NR |
| Vestergaard, 2012 ³⁵⁰ | NA-not an RCT | NA-not an RCT | No information | No information | No information | NR |
| Vestergaard, 2011 ³⁵¹ | No information | NA-no benefits outcomes | NA-no benefits outcomes | NA-no benefits outcomes | Probably no | NR |
| Vestergaard, 2012 ³⁵² | NA-not an RCT | NA-not an RCT | No information | No information | No information | NR |

Abbreviations: KQ=key question; NA=not applicable; RCT=randomized controlled trials.

| First Author, Year | FOR ALL STUDIES: Were Benefit Outcomes Adequately Described, Pre-specified, Valid, and Reliable? | FOR ALL STUDIES: Were Similar Techniques Used among Groups To Ascertain Harm Outcomes? | To Assess Harm | Measurement of Outcomes? | Comments |
|--|--|--|----------------|--------------------------|---|
| Abrahamsen, 2010 ²⁷³ | NA-no benefits outcomes | Probably yes | Probably yes | Probably yes | Not able to identify atypia. |
| Adachi, 2009 ²⁵⁰ | NA-no benefits outcomes | Yes | Yes | Probably no | There was not specific information about how often patient's assessed for harms, though did describe adequate blinding of patients. |
| Barrett-Connor, 2002 ³¹¹ | NA-no benefits outcomes | Yes | Yes | No | NR |
| Barrett-Connor, 2004 ³¹⁰ | Yes | Yes | Yes | No | NR |
| Bone, 2000 ²¹⁶ | Probably Yes | Probably yes | Yes | Probably yes | Report that patients were seen at 3, 6, 12, 18, 24 months, but don't specifically describe clinical assessment (i.e. patient assessed for harms at this time) |
| Bone, 2008 ²³⁷ | Yes | Yes | Probably yes | Probably no | NR |
| Boonen, 2012 ²¹⁸ | Yes | Yes | Yes | No | NR |
| Cartsos, 2008 ²⁹⁷ | NA-no benefits outcomes | Probably yes | Probably yes | Probably yes | Not clear how outcomes were measured due to only a code being provided |
| Chapurlat, 2013 ²⁸⁴ | Yes | Probably yes | Yes | No | NR |
| Cryer, 2005 ²⁵² | Yes | Yes | Yes | No | NR |
| Cummings, 1998 ²⁰⁰ Quandt, 2005 ²⁰⁵ | Yes | Yes | Yes | No | NR |
| Bauer, 2000 ²⁵¹ Cummings, 2009 ²³⁸ ; Watts, 2012 ³¹⁴ ; McClung, | Yes | Yes | Probably yes | Probably no | NR |
| 2012 ²⁴³ ; Boonen, 2011 ²⁴⁴ | | | | | |
| Eisman, 2004 ²⁵⁵ | Yes | Yes | Yes | | NR |
| Fogelman, 2000 ²²⁶ | Probably Yes | Yes | | Probably no | NR |
| Greenspan, 2002 ²⁵⁴ | NA-no benefits outcomes | Yes | Yes | No | NR |

| Year | Pre-specified, Valid, and Reliable? | Techniques Used among Groups To Ascertain Harm Outcomes? | To Assess Harm Outcomes? | from Measurement of Outcomes? | Comments |
|-----------------------------------|-------------------------------------|--|-----------------------------|-------------------------------|--|
| Greenspan, 2003 ²⁴⁹ | Yes | Yes | Yes | No | NR |
| Grey, 2010 ²⁷⁴ | Probably yes | Probably yes | Yes | Probably no | Looked at parent article to identify clinical assessment of harms - no information. The antiresorptive effects of a single dose of zoledronate persist for two years: a randomized, placebocontrolled trial in osteopenic postmenopausal women. |
| Hosking, 2003 ²⁰² | NA-no benefits outcomes | Yes | Probably yes | Probably no | NR |
| Johnell, 2002 ²⁴⁶ | NA-no benefits outcomes | Yes | Probably yes | Probably no | 12 month study |
| Keech, 2005 ³¹² | NA-no benefits outcomes | Yes | Yes | No | NR |
| Kung, 2000 ³⁴³ | NA-no benefits outcomes | Yes | Yes | Probably yes | No information on how harms ascertained |
| Lasco, 2011 ²⁴¹ | NA-no benefits outcomes | No information | No information | Probably no | NR |
| Lew iecki, 2007 ²³⁶ | Yes | Yes | Probably yes | Probably no | NR |
| McCloskey, 2012 ²⁴⁵ | Yes | NA-no harms outcomes | NA-no harms outcomes | No | NR |
| McClung, 2004 ²⁸⁵ | NA-no benefits outcomes | Yes | Yes | No | NR |
| McClung, 2006 ³⁰⁶ | NA-no benefits outcomes | Yes | Yes | No | NR |
| McClung, 2006 ²⁰⁹ | Yes | Yes | Yes | No | NR |
| McClung, 2009 ²⁷⁵ | NA-no benefits outcomes | yes | yes | Probably no | NR |
| , | NA-no benefits outcomes | Yes | Yes | Probably no | Follow up w as 2 years |
| Miller, 2008 ³⁰⁸ | NA-no benefits outcomes | Yes | Yes | Probably no | NR |
| Morii, 2003 ³⁰⁹ | NA-no benefits outcomes | Yes | Yes | Probably no | NR |
| Murphy, 2001 ²⁷² | Yes | Yes | Yes | No | NR |
| Nakamura, 2012 ²³⁹ | Yes | Yes | Probably yes | No | NR |
| Orw oll, 2003 ²⁴⁰ | Yes | Yes | Probably no | Probably no | NR |
| Pazianas, 2008 | NA-no benefits outcomes | Yes | Probably yes | Probably no | NR |
| Ravn, 1996 ²⁸⁶ | NA-no benefits outcomes | Yes | Yes | No | NR |

| First Author, Year | FOR ALL STUDIES: Were Benefit Outcomes Adequately Described, Pre-specified, Valid, and Reliable? | Techniques Used among Groups To Ascertain Harm Outcomes? | To Assess Harm Outcomes? | Measurement of Outcomes? | Comments |
|-------------------------------------|--|--|-----------------------------|--------------------------|---|
| Reginster, 2005 ²⁸⁷ | NA-no benefits outcomes | Yes | Yes | No | NR |
| Rhee, 2012 ³⁴⁴ | NA-no benefits outcomes | Yes | Yes | No | NR |
| Riis, 2001 ²⁸⁸ | NA-no benefits outcomes | Yes | Yes | No | NR |
| Samelson, 2014 ³⁴⁵ | NA-no benefits outcomes | Yes | Yes | Probably yes | Post hoc analysis and the approach to reporting cardiovascular events in this analysis is different from reporting in the main FREEDOM trial where cardiovascular events were adjudicated by a panel. |
| Shiraki, 2003 ²⁸³ | NA-no benefits outcomes | Yes | Yes | Probably yes | NR |
| Simon, 2013 ³⁴⁶ | Probably Yes | NA-no harms outcomes | NA-no harms outcomes | Probably no | NR |
| Sontag, 2010 ²⁴² | Yes | Yes | Yes | Probably no | NR |
| Sorensen, 2008 ²⁴⁷ | NA-no benefits outcomes | Yes | Probably yes | Probably no | Case control - harms only identified in the case group |
| Tanko, 2003 ²⁸⁹ | NA-no benefits outcomes | Yes | Yes | No | NR |
| Thiebaud, 1997 ²⁹⁰ | NA-no benefits outcomes | Yes | Yes | No | NR |
| Tucci, 1996 ²⁵³ | Yes | Yes | Yes | No | Of note, there are some data on reduction of vertebral fractures, but investigators have planned another arm with future reporting. This study not powered for fracture reduction. |
| Van Staa, 1997 ³⁴⁷ | NA-no benefits outcomes | Yes | Yes | No | NR |
| Vestergaard, 2010 ³⁴⁸ | NA-no benefits outcomes | Yes | Probably yes | Probably no | NR |
| Vestergaard, 2011 ³⁴⁹ | NA-no benefits outcomes | Yes | Probably yes | Probably no | NR |
| Vestergaard, 2012 ³⁵⁰ | NA-no benefits outcomes | yes | Probably yes | Probably yes | NR |
| Vestergaard, 2011 ³⁵¹ | Probably Yes | Probably no | Yes | Probably yes | NR |
| Vestergaard, 2012 ³⁵² | NA-no benefits outcomes | yes | Probably yes | Probably yes | NR |
| | | | | | |

Abbreviations: FREEDOM=Fracture Reduction Evaluation of Denosumab in Osteoporosis Every 6 Months; KQ=key question; NA=not applicable; NR=not reported.

| First Author, Year | FOR RCTS AND COHORTS: Is the Reported Effect Estimate Unlikely To Be Selected, on the Basis of the Results, from Multiple Outcomes Measurements within the Domain, Multiple Analyses, or Different Subgroups? | FOR CASE-CONTROL STUDIES: Is the Reported Effect Estimate Unlikely To Be Selected, on the Basis of the Results, from Multiple Definitions of the Intervention? | | Comments |
|--|---|--|---------------|----------|
| Abrahamsen. | Probably yes | NA-not a case-control | Probably no | NR |
| 2010 ²⁷³ | Trobably yes | TVA-HOL & CASE-CONTO | 1 Tobably 110 | INIX |
| Adachi, 2009 ²⁵⁰ | Yes | NA-not a case-control | No | NR |
| Barrett-Connor, 2002 ³¹¹ | No | NA-not a case-control | No | NR |
| Barrett-Connor, 2004 ³¹⁰ | No | NA-not a case-control | No | NR |
| Bone, 2000 ²¹⁶ | Yes | NA-not a case-control | No | NR |
| Bone, 2008 ²³⁷ | Probably no | NA-not a case-control | Probably no | NR |
| Boonen, 2012 ²¹⁸ | Yes | NA-not a case-control | Probably no | NR |
| Cartsos, 2008 ²⁹⁷ | NA-not an RCT | Probably yes | Probably no | None |
| Chapurlat, 2013 ²⁸⁴ | No | NA-not a case-control | No | NR |
| Cryer, 2005 ²⁵² | Yes | NA-not a case-control | No | NR |
| Cummings, 1998 ²⁰⁰ Quandt, 2005 ²⁰⁵ Bauer, 2000 ²⁵¹ | Yes | NA-not a case-control | No | NR |
| Cummings, 2009 ²³⁸ ; Watts, 2012 ³¹⁴ ; McClung, 2012 ²⁴³ ; Boonen, 2011 ²⁴⁴ | Probably no | NA-not a case-control | Probably no | NR |
| Eisman, 2004 ²⁵⁵ | Yes | NA-not a case-control | No | NR |
| Fogelman, 2000 ²²⁶ | Yes | NA-not a case-control | No | NR |
| Greenspan, 2002 ²⁵⁴ | Yes | NA-not a case-control | No | NR |
| Greenspan, 2003 ²⁴⁹ | Yes | NA-not a case-control | No | NR |
| Grey, 2010 ²⁷⁴ | Yes | NA-not a case-control | No | NR |
| Hosking, 2003 ²⁰² | Yes | NA-not a case-control | No | NR |
| Hosking, 2003 ²⁰² | Yes | NA-not a case-control | No | NR |
| Johnell, 2002 ²⁴⁶ | Probably yes | NA-not a case-control | Probably no | NR |
| Keech, 2005 ³¹² | No | NA-not a case-control | No | NR |
| Kung, 2000 ³⁴³ | Yes | NA-not a case-control | No | NR |
| Lasco, 2011 ²⁴¹ | Probably no | NA-not a case-control | Probably no | NR |
| Lew iecki, 2007 ²³⁶ | Probably no | NA-not a case-control | Probably no | NR |
| McCloskey, 2012 ²⁴⁵ | No | NA-not a case-control | Probably no | NR |
| McClung, 2004 ²⁸⁵ | No | No | No | NR |
| McClung, 2006 ³⁰⁶ | No | NA-not a case-control | No | NR |

| First Author, Year | FOR RCTS AND COHORTS: Is the Reported Effect Estimate Unlikely To Be Selected, on the Basis of the Results, from Multiple Outcomes Measurements within the Domain, Multiple Analyses, or Different Subgroups? | FOR CASE-CONTROL STUDIES: Is the Reported Effect Estimate Unlikely To Be Selected, on the Basis of the Results, from Multiple Definitions of the Intervention? | | Comments |
|--------------------------------|---|--|-------------|--|
| McClung, 2006 ²⁰⁹ | Yes | NA-not a case-control | No | Study was powered for primary |
| | | TWY HOL & CASE CONTROL | 140 | outcome of urinary markers, not harms. Report nominal p values for harms |
| McClung, 2009 ²⁷⁵ | probably yes | NA-not a case-control | Probably no | NR |
| Meunier, 1999 ³⁰⁷ | Yes | NA-not a case-control | Probably no | NR |
| Miller, 2008 ³⁰⁸ | Probably no | NA-not a case-control | Probably no | NR |
| Morii, 2003 ³⁰⁹ | Yes | NA-not a case-control | Probably no | NR |
| Murphy, 2001 ²⁷² | Yes | NA-not a case-control | No | NR |
| Nakamura, 2012 ²³⁹ | No | NA-not a case-control | No | NR |
| Orw oll, 2003 ²⁴⁰ | Probably yes | NA-not a case-control | Probably no | NR |
| Pazianas, 2008 ²⁹⁸ | NA-not an RCT | Probably yes | Probably no | NR |
| Ravn, 1996 ²⁸⁶ | No | No | No | NR |
| Reginster, 2005 ²⁸⁷ | No | No | No | NR |
| Rhee, 2012 ³⁴⁴ | No | NA-not a case-control | No | NR |
| Riis, 2001 ²⁸⁸ | No | No | No | NR |
| Samelson, 2014 ³⁴⁵ | Probably yes | NA-not a case-control | No | It is not clear how the cardiovascular adverse events reported in this study relate to the harms provided in the main FREEDOM trial. This appears to be a post-hoc analysis. |
| Shiraki, 2003 ²⁸³ | Yes | NA-not a case-control | No | NR |
| Simon, 2013 ³⁴⁶ | Probably yes | NA-not a case-control | Probably no | NR |
| Sontag, 2010 ²⁴² | Probably no | NA-not a case-control | Probably no | NR |
| Sorensen, 2008 ²⁴⁷ | NA-not an RCT | Yes | No | NR |
| Tanko, 2003 ²⁸⁹ | No | No | No | NR |
| Thiebaud, 1997 ²⁹⁰ | No | No | No | NR |
| Tucci, 1996 ²⁵³ | Yes | NA-not a case-control | No | Stepwise Tukey trend test to adjust for multiple comparisons |
| Van Staa, 1997 ³⁴⁷ | Yes | NA-not a case-control | No | Intervention status defined as patients who had received a prescription; adherence not measured; attrition and how missing data was handled was not reported |

| First Author, Year | FOR RCTS AND COHORTS: Is the Reported Effect Estimate Unlikely To Be Selected, on the Basis of the Results, from Multiple Outcomes Measurements within the Domain, Multiple Analyses, or Different Subgroups? | Unlikely To Be Selected, on the | | Comments |
|-------------------------------------|---|---------------------------------|-------------|----------|
| Vestergaard, 2010 ³⁴⁸ | Probably no | NA-not a case-control | Probably no | NR |
| Vestergaard, 2011 ³⁴⁹ | Probably no | NA-not a case-control | Probably no | NR |
| Vestergaard, 2012 ³⁵⁰ | Probably no | NA-not a case-control | Probably no | NR |
| Vestergaard, 2011 ³⁵¹ | Probably no | NA-not a case-control | Probably no | NR |
| Vestergaard, 2012 ³⁵² | Probably no | NA-not a case-control | Probably no | NR |

Abbreviations: FREEDOM=Fracture Reduction Evaluation of Denosumab in Osteoporosis Every 6 Months; KQ=key question; NA=not applicable; NR=not reported; RCT=randomized controlled trials.

| First Author, Year | Rating Overall | Rating Justification | Does Quality Rating of Study Vary by Outcome? |
|---|----------------|---|---|
| Abrahamsen, 2010 ²⁷³ | Poor | Risk of bias from residual confounding and measurement of outcomes | No |
| Adachi, 2009 ²⁵⁰ | Fair | Baseline differences between groups raise some concerns for risk of bias. | No |
| Barrett-Connor, 2002 ³¹¹ | Fair | About 25% lost to follow -up. Also year 4 data allows additional therapy for osteoporosis w hich was different per group though small number (<7%) - this study included year 4 partcipants but didn't report concomittant medicationss. Additionally, there was differential loss to follow -up due to excessive bone loss in the placebo group (3% vs 1%). | No |
| Barrett-Connor, 2004 ³¹⁰ | Fair | About 25% lost to follow -up. Also year 4 data allows additional therapy for osteoporosis w hich was different per group though small number (<7%) - this study included year 4 partcipants but didn't report concomittant meds. (No sensitivity analysis looking at 3 years of data where no additional meds.) Additionally, there was differential loss to follow -up due to excessive bone loss in the placebo group (3% vs 1%). | No |
| Bone, 2000 ²¹⁶ | Poor | High attrition and no information about how harms were specified or assessed. | No |
| Bone, 2008 ²³⁷ | Fair | Some uncertainties in reporting of randomization, allocation concealment, blinding | no |
| Boonen, 2012 ²¹⁸ | Good | NR NR | No |
| Cartsos, 2008 ²⁹⁷ | Poor | not clear how outcomes were measured. fidelity, not sure if participants took medication correctly; no information on cross-overs but not clear if other treatments were allowed No mention of how missing data was handled sample not representative of total population intervention based on dispensing information from claims data, information on dose not available | No |
| Chapurlat, 2013 ²⁸⁴ | Fair | Considering IVR with minimization scheme to be just adequate and unclear way drop outs handled. | No |
| Cryer, 2005 ²⁵² | Good | fair for differential attrition, no information on contamination | No |
| Cummings, 1998 ²⁰⁰ Quandt, 2005 ²⁰⁵ Bauer, 2000 ²⁵¹ | Good | NR , | No |
| Cummings, 2009 ²³⁸ ; Watts, 2012 ³¹⁴ ; McClung, 2012 ²⁴³ ; Boonen, 2011 ²⁴⁴ | Fair | Some uncertainties in reporting of randomization, allocation concealment, blinding | no |
| Eisman, 2004 ²⁵⁵ | Good | NR | No |
| Fogelman, 2000 ²²⁶ | Fair | NR | No |
| Greenspan, 2002 ²⁵⁴ | Fair | missing info on randomization. Also no washout period for patients previously on bisphosphonates. | No |
| Greenspan, 2003 ²⁴⁹ | Good | NR . | No |
| Grey, 2010 ²⁷⁴ | Fair | Differences in baseline fracture rates, minimal specification of harm outcomes. | No |
| Hosking, 2003 ²⁰² | Fair | NR . | No |
| Hosking, 2003 ²⁰² | Fair | Fair or Poor depending on how rate Attirtion module | No |

| First Author, Year | Rating Overall | Rating Justification | Does Quality Rating of Study Vary by Outcome? |
|--------------------------------|----------------|--|---|
| Johnell, 2002 ²⁴⁶ | Good | NR STATE OF THE PROPERTY OF TH | No |
| Keech, 2005 ³¹² | Fair | About 25% lost to follow -up. Also year 4 data allows additional therapy for osteoporosis which was different per group though small number (<7%) - this study included year 4 partcipants but didn't report concomittant medications. (No sensitivity analysis looking at 3 years of data where no additional meds.) Additionally, there was differential loss to follow -up due to excessive bone loss in the placebo group (3% vs 1%). | No |
| Kung, 2000 ³⁴³ | Poor | No information on randomization methods, fidelity, contamination, 20% attrition with not enough info to judge differential attrition, and poorly specified harms outcomes (very specific patient self-reported adverse experiences, with no indication as to seriousness of AE, whether the AE resulted in discontinuation, and further, the data offered is number of events, not number of women, making it difficult to know whether the risk is higher in one group, compared to the other. | No |
| Lasco, 2011 ²⁴¹ | Poor | Potential for confounding | No |
| Lew iecki, 2007 ²³⁶ | Fair | Some uncertainties in reporting of randomization, allocation concealment, blinding | No |
| McCloskey, 2012 ²⁴⁵ | Fair | No detail on randomization and allocation concealment prevents this from being rated as Good. No fatal flaws | No |
| McClung, 2004 ²⁸⁵ | Fair | No information provided on method of randomization or concealment | No |
| McClung, 2006 ³⁰⁶ | Fair | Overall attrition high, not a lot of information provided on randomization process; Fidelity issue: no information on if participants actually took their assigned doses | No |
| McClung, 2006 ²⁰⁹ | Good | Good for denosumab. For alendronate Poor for lack of blinding. | No |
| McClung, 2009 ²⁷⁵ | Fair | Higher risk of bias for harms than benefits (ITT analysis understates harms) | No |
| Meunier, 1999 ³⁰⁷ | Good | Documentation on randomization missing, outcomes mostly self report | no |
| Miller, 2008 ³⁰⁸ | Fair | Not possible to say how missing cases were accounted for in the analysis. Study has a potential to underestimate harms by using N randomized in the denominator and N retained in the numerator. | No |
| Morii, 2003 ³⁰⁹ | Fair | NR | No |
| Murphy, 2001 ²⁷² | Poor | Very poor attrition at 12 and 18 months, and unable to assess differential attrition, missing information on randomization | No |
| Nakamura, 2012 ²³⁹ | Fair | The article was lacking information on method of randomization and concealment; lack of information on those who discontiuned study | No |
| Orw oll, 2003 ²⁴⁰ | fair | Differential attrition; higher in treatment arm; used ITT to adjust for analysis | No |
| Pazianas, 2008 ²⁹⁸ | Poor | fidelity, not sure if participants took medication correctly; no information on cross-overs but not clear if other treatments were allowed No mention of how missing data was handled sample not representative of total population intervention based on dispensing information from claims data, information on dose etc. not available | No |

| First Author, Year | Rating Overall | Rating Justification | Does Quality Rating of Study Vary by Outcome? |
|----------------------------------|----------------|--|---|
| Ravn, 1996 ²⁸⁶ | Fair | High attrition, however, safety appears to have been collected and reported on a larger subset of the population. No information provided on method of randomization or concealment. | No |
| Reginster, 2005 ²⁸⁷ | Fair | No information provided on method of randomization or concealment Information on compliance was not provided | No |
| Rhee, 2012 ³⁴⁴ | Poor | Potential bias arising from creation of an new user cohort and from restriction to those without switches | No |
| Riis, 2001 ²⁸⁸ | Fair | No information provided on method of randomization or concealment | No |
| Samelson, 2014 ³⁴⁵ | Poor | No detail on randomization and allocation concealment prevents the main trial from being rated as Good. Attrition/missing data and outcome measurement in this specific sub-study make this analysis high risk of bias, thus Poor Quality. | No |
| Shiraki, 2003 ²⁸³ | Fair | NR , | No |
| Simon, 2013 ³⁴⁶ | Fair | In the end, the only outcome that is of interest are wrist fractures in subgroups based on baseline risk. | No |
| Sontag, 2010 ²⁴² | Poor | The open label portion of the trial allowed patient choice, and as result, outcomes could be result of confounding because of prognostic variables | No |
| Sorensen, 2008 ²⁴⁷ | Good | NR . | No |
| Tanko, 2003 ²⁸⁹ | Fair | No information provided on method of randomization or concealment not able to calculate group attrition | No |
| Thiebaud, 1997 ²⁹⁰ | Fair | No information provided on method of randomization or concealment Slight differences length of menopause Information on compliance was not provided Investigator was not blind for all arms | No |
| Tucci, 1996 ²⁵³ | Fair | Randomization methods, fidelity, contamination missing info. | No |
| Van Staa, 1997 ³⁴⁷ | Poor | NR | No |
| Vestergaard, 2010 ³⁴⁸ | Poor | Concerns include lack of adjustment for all potential confounders, particularly OTC NSAID use and smoking. Additionally, the study does not control for adherence. | no |
| Vestergaard, 2011 ³⁴⁹ | Poor | Concerns include lack of adjustment for all potential confounders. For example, smoking, hypertension, diabetes could explain the stroke, and it's possible that these underlying conditions are highly associated with both the osteoporosis medications and the outcome. | No |
| Vestergaard, 2012 ³⁵⁰ | Poor | Concerns include lack of adjustment for all potential confounders. For example, smoking and hypertension could explain the stroke, and it's possible that these underlying conditions are highly associated with both the osteoporosis medications and the outcome. | No |
| Vestergaard, 2011 ³⁵¹ | Poor | Concerns include lack of adjustment for all potential confounders, particularly underlying disease that might also be related to the choice of medication for steoporosis and the outcome. Additionally the outcome did not distinguish between typical and typical fractures. | No |

Appendix D Table 58. KQ 4 and 5 Risk of Bias Assessment: Part 11

| First Author, Year | Rating Overall | Rating Justification | Does Quality Rating of Study Vary by Outcome? |
|----------------------------------|----------------|---|---|
| Vestergaard, 2012 ³⁵² | | Concerns include lack of adjustment for all potential confounders, particularly underlying causes of inflammatory jaw disease (e.g., autoimmune disorders) that might also be related to risk factors for osteoporosis. Additionally the outcome includes many varied conditions with different etiologies that might be unrelated to osteoporosis. | No |

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Abbreviations: AE=adverse event; ITT=intent to treat; IVR=interactive voice response; KQ=key question; NR=not reported; NSAIDS=nonsteroidal anti-inflammatory drugs; OTC=over the counter.

Appendix E Table 1. Overview of 2010 Included Studies and Inclusion/Exclusion Status in Current Report

| First Author, Year | Status in Current Report | Reasons for Exclusion |
|-------------------------------------|--------------------------|---|
| Adler, 2003 ⁷⁷ | Include | NA |
| Alexandersen, 2005 ³⁵³ | Exclude | BMD screening after identification of fractures |
| Anderson, 2003 354 | Exclude | Not osteoporotic women, WHI |
| Anderson, 2004 ³⁵⁵ | Exclude | Wrong population |
| Ascott-Evans, 2003 ²⁰⁴ | Include | NA |
| Barrett-Connor, 2006 ²³³ | Exclude | Wrong population |
| Bauer, 1997 ³⁵⁶ | Exclude | No AUCs |
| Bauer, 2007 ¹⁶³ | Include | NA |
| Ben Sedrine, 2001 ⁷⁸ | Include | NA |
| Black, 2001 ¹⁴⁵ | Exclude | Wrong or no outcome |
| Black, 2007 ²¹⁹ | Exclude | Wrong population |
| Brenneman, 2003 ⁸¹ | Include | NA |
| Cadarette, 200182 | Include | NA |
| Cadarette, 200483 | Include | NA |
| Cadarette, 2008 ³⁵⁷ | Exclude | Not a relevant comparison |
| Cass, 2006 ⁸⁴ | Include | NA |
| Cauley, 2003 ³¹³ | Exclude | Not osteoporotic women, WHI |
| Chesnut, 1995 ²⁰³ | Include | NA |
| Chesnut, 2000 ³⁵⁹ | Exclude | Wrong intervention |
| Chesnut, 2004 ³⁶⁰ | Exclude | Wrong population |
| Chlebow ski, 2003 ³⁶¹ | Exclude | Not osteoporotic women, WHI |
| Colon-Emeric, 2002 ¹⁴³ | Exclude | Wrong or no outcome |
| Cook, 2005 ⁸⁷ | Include | NA |
| Crabtree, 2002362 | Exclude | Wrong or no intervention |
| Cranney, 2002 ³⁶³ | Exclude | Calcitonin was not an Included intervention |
| Cryer, 2002 ³⁶⁴ | Exclude | Wrong study design |
| Cummings, 1998 ²⁰⁰ | Include | NA |
| Cummings, 2006 ³⁶⁵ | Exclude | Wrong or no outcome |
| Curb, 2006 ³⁶⁶ | Exclude | not osteoporotic women, WHI |
| Cushman, 2004 367 | Exclude | not osteoporotic women, WHI |
| D'Amelio, 2005 ⁸⁸ | Include | NA |
| Dargent-Molina, 2003 ³⁶⁸ | Exclude | not in externally validated cohort |
| Delmas, 2002 ²³² | Include | NA |
| Diez-Perez, 2007 ³⁶⁹ | Exclude | not in externally validated cohort |
| Donaldson, 2009 ³³⁹ | Include | NA |
| Dursun, 2001 ²⁰⁷ | Exclude | Wrong or no comparator |
| Ensrud, 2009 ¹⁷⁸ | Include | NA |
| Ettinger, 1999 ²³¹ | Include | NA |
| Frediani, 2006 ³⁷⁰ | Exclude | BMD screening after identification of fractures |
| Gennari, 1985 ³⁷¹ | Exclude | calcitonin was not an Included intervention |
| Girman, 2002 ¹⁴⁶ | Exclude | Wrong clinical setting |
| Gluer, 2003 ³⁷² | Exclude | Not original research |
| Gnudi, 2005 ⁹¹ | Include | NA |
| Goh, 2007 ²⁶⁹ | Exclude | Wrong study design |
| Gonnelli, 2005 ^{3/3} | Exclude | Not a key question reviewed in the current report |
| 200-70 | | (DXA in men) |
| Gourlay, 2005 ⁷⁹ | Include | NA |
| Grbic, 2008 ²⁸¹ | Exclude | Wrong population |
| Greenfield, 2007374 | Exclude | Greenfield, 2007 is an Exclude for wrong population |
| | | Note, the authors of Nelson, 2010 have a discrepancy |
| Croopon 2005375 | France | in the author names in References versus their tables. |
| Greenspan, 2005 ³⁷⁵ | Exclude | Superseded by the current meta-analysis in this |
| 0.0236 | hand d | update. |
| Greenspan, 2007 ³⁶ | Include | NA Na AUCa |
| Hans, 1996 ³⁷⁶ | Exclude | No AUCs |
| Hans, 2008 ³⁷⁷ | Exclude | Not in externally validated cohort |
| Harris, 2008 ³⁷⁸ | Exclude | Superseded by the current meta-analysis in this update. |

Appendix E Table 1. Overview of 2010 Included Studies and Inclusion/Exclusion Status in Current Report

| First Author, Year | Status in Current Report | Reasons for Exclusion |
|--|--------------------------|--|
| Harrison, 2006 ⁹³ | Include | NA |
| Heckbert, 2008 ²⁵⁶ | Exclude | Wrong population |
| Herd, 1997 ²²⁸ | Include | NA |
| Hillier, 2007 ¹⁹⁴ | Include | NA |
| Hippisley-Cox, 2009 ¹⁵⁰ | Include | NA |
| Hizmetli, 1998 ³⁷⁹ | Exclude | Calcitonin was not an Included intervention |
| Hooper, 2005 ²²⁷ | Exclude | Wrong population |
| Hosking, 1998 ²¹⁵ | Exclude | Wrong population |
| Hsia, 2006 ³⁸⁰ | Exclude | Not osteoporotic women, WHI |
| Kanis, 2007 ³² | Include | NA |
| Karam, 2007 ²⁹³ | Exclude | Superseded by the current meta-analysis in this |
| | | update. |
| Kaufman, 2005 ³⁸¹ | Exclude | Wrong or no intervention |
| Khaw, 2004 382 | Exclude | No AUCs |
| Kurland, 2000 ³⁸³ | Exclude | Wrong population |
| LaCroix, 2005 ³⁸⁴ | Exclude | Wrong or no comparator |
| Lenart, 2008 ²⁶³ | Exclude | Wrong or no comparator |
| Liberman, 1995 ¹⁹⁹ | Include | NA |
| Lynn, 2008 ⁹⁷ | Include | NA |
| MacLean, 2008 ²⁷⁰ | Exclude | Superseded by new evidence |
| Manson, 2003 ³⁸⁵ | Exclude | Not osteoporotic women, WHI |
| Martinez-Aguila, 200799 | Include | NA |
| Masoni, 2005 ³⁸⁶ | Exclude | Risk prediction instruments predicting BMD with no |
| | | information on imaging tests screening for BMD. |
| Mauck, 2005 ¹⁰⁰ | Include | NA |
| McClung, 2004 ²⁸⁵ | Include | NA |
| Meunier, 1997 ²²⁹ | Include | NA |
| Minnock, 2008 ¹¹⁷ | Include | NA |
| Mortensen, 1998 ²²⁴ | Include | NA |
| Mulleman, 2002 ³⁸⁷ | Exclude | Not a key question reviewed in the current report (DXA in men) |
| Nayak, 2006 ¹²⁰ | Exclude | Superseded by the current meta-analysis in this update. |
| Neer, 2001 ³⁸⁸ | Exclude | Wrong population |
| Nelson, 2009 ⁷³ | Include | NA |
| Nelson, 2009 ⁷⁴ | Include | NA NA |
| Nguyen, 2004 ¹⁰³ | Include | NA |
| Odvina, 2005 ²⁶⁴ | Exclude | Wrong or no comparator |
| Office of Drug Safety, 2004 ²⁵⁷ | Exclude | Wrong population |
| Orw oll, 2003 ²⁴⁰ | Include | NA . |
| Overgaard, 1992 ³⁸⁹ | Exclude | Wrong intervention |
| Pols, 1999 ²⁰¹ | Include | NA . |
| Pouilles, 1997 ²³⁰ | Exclude | Wrong population |
| Reid, 2002 ²¹⁷ | Include | NA NA |
| Richards, 2008 ³⁹⁰ | Exclude | Not in externally validated cohort |
| Richy, 2004 ⁸⁰ | Include | NA . |
| Rico, 1995 ³⁹¹ | Exclude | calcitonin was not an Included intervention |
| Robbins, 2007 ¹⁵¹ | Exclude | Not osteoporotic women, WHI |
| Rossouw, 2002 ³⁹² | Exclude | Not osteoporotic women, WHI |
| Rossouw, 2007 ³⁹³ | Exclude | Not osteoporotic women, WHI |
| Rud, 2005 ¹⁰⁹ | Include | NA NA |
| Rud, 2007 ³⁹⁴ | Exclude | Study does not look at fracture outcomes |
| Russell, 2001 ³⁹⁵ | Exclude | Risk prediction instruments predicting BMD with no |
| | | information on imaging tests screening for BMD. |
| Salaffi, 2005 ³⁹⁶ | Exclude | Risk prediction instruments predicting BMD with no information on imaging tests screening for BMD. |
| Sandhu, 2010 ¹⁴² | Include | NA |
| | 1101000 | ' " · |

Appendix E Table 1. Overview of 2010 Included Studies and Inclusion/Exclusion Status in Current Report

| First Author, Year | Status in Current Report | Reasons for Exclusion |
|------------------------------------|--------------------------|--|
| Saw ka, 2005 ³⁹⁷ | Exclude | Superseded by the current meta-analysis in this update. |
| Schuit, 2004 ²³ | Exclude | Wrong or no outcome |
| Sedrine, 2002 ¹⁵⁸ | Exclude | Risk prediction instruments predicting BMD with no information on imaging tests screening for BMD. |
| Shepherd, 2007 ¹¹⁰ | Include | NA STATE OF THE PROPERTY OF TH |
| Shiraki, 2003 ²⁸³ | Include | NA |
| Sinnott, 2006 ¹¹¹ | Include | NA |
| Sorensen, 2008 ²⁴⁷ | Include | NA |
| Stefanick, 2006 398 | Exclude | Not osteoporotic women, WHI |
| Stew art, 2006 ¹⁶² | Include | NA |
| Tracz, 2006 ³⁹⁹ | Exclude | Wrong or no intervention testosterone |
| Valimaki, 2007 ²²⁵ | Include | NA |
| Van der Klift, 2002 ⁴⁰⁰ | Exclude | Not a key question reviewed in the current report (DXA in men) |
| Van Staa, 1997 ³⁴⁷ | Include | NA NA |
| Varenna, 2005 ³⁵⁸ | Exclude | No AUCs |
| Vestergaard, 2007 ⁴⁰¹ | Exclude | Wrong or no comparator |
| Wallace, 2003 ⁴⁰² | Exclude | Risk prediction instruments predicting BMD with no information on imaging tests screening for BMD. |
| Wassertheil-Smoller, 2003 403 | Exclude | Not osteoporotic women, WHI |
| Wei, 2004 ¹⁴¹ | Exclude | Bone measurement happens after outcome |
| Wells, 2008 ⁴⁰⁴ | Exclude | Wrong population |
| Wells, 2008 ⁴⁰⁵ | Exclude | Wrong population |
| Wells, 2008 ⁴⁰⁶ | Exclude | Wrong or no intervention |

Abbreviations: AUC=area under the curve; BMD=bone mineral density; DXA=dual energy x-ray absorptiometry; MA=meta-analysis; NA=not applicable; WHI=Women's Health Initiative.

| First Author's Last Name, Year Risk of Bias | Describe Screening or Treatment Interventions and Comparators | Name of Tool | • | Risk Prediction Variables |
|---|---|-----------------------|--|---|
| Cadarette, 2001 ⁸² Low | ABONE, NOF, ORAI, SCORE | ABONE | CaMOS - Canadian study of women from the general population recruited from 1996-1997, 97% white Canada | ABONE: Age, body size, no estrogen use or no estrogen use for at least 6 months |
| Chan, 2006 ⁸⁶ unclear | ABONE, ORAI, OSTA, SCORE | | Free-living ambulant Chinese postmenopausal women, 55 years and older (Tanjong Rhu community in Singapore) Singapore | ABONE: Age, body size, no estrogen use or no estrogen use for at least 6 months |
| D'Amelio, 2005 ⁸⁸ Low | NOF, OST, ORAI, AMMEB | AMMEB | Postmenopausal Caucasian Italian women referred to university bone metabolic unit for DXA within the Departmen of Internal Medicine. 13% were noted to have secondary osteoporosis. | AMMEB: age, BMI, age at menarche, and postmenopausal period |
| D'Amelio, 2013 ⁸⁹ Low | AMMEB, NOF, ORAI, OSTA | AMMEB | Menopausal women from general practices in Italy. Race not reported. | AMMEB: age, BMI, age at menarche, and postmenopausal period |
| Nguyen, 2004 ¹⁰³ Low | DOESCore, ORAI, OSTA, SOFSURF | DOESCore | Women from the Dubbo Osteoporosis Epidemiology Study, a population-based cohort of men and women from Dubbo, Australia. (98.6% white) Australia | DOESCore: age, body w eight, previous fracture |
| Low | ORAI, OSIRIS, OST, SCORE | | Caucasian women, were at least 50 years old, had a menopausal status for at least 12 months, in good general health, without prior diagnosis of osteoporosis. 60% of women recruited from primary care, 40% from specialy clinics in Spain Spain | FRAX without BMD (age, sex, race/ethnicity, body mass index (BMI), paternal history of hip fracture, personal history of a low-impact fracture, smoking, alcohol consumption, use of glucocorticoids, history of rheumatoid arthritis, and history of secondary causes of osteoporosis) |
| Pang, 2014 ¹⁰⁶ Low | FRAX | w ithout BMD (>3%) | Men and women age 70 and older who presented to a participating GP, excluded persons with prior h/o fracture Australia | FRAX without BMD (age, sex, race/ethnicity, body mass index (BMI), paternal history of hip fracture, personal history of a low-impact fracture, smoking, alcohol consumption, use of glucocorticoids, history of rheumatoid arthritis, and history of secondary causes of osteoporosis) |

| First Author's Last Name, Year Risk of Bias | Describe Screening or Treatment Interventions and Comparators | Name of Tool | · · · · · · · · · · · · · · · · · · · | Risk Prediction Variables |
|---|---|-----------------------------|--|--|
| Low | ORAI, OSIRIS, OST, SCORE | | Caucasian women, were at least 50 years old, had a menopausal status for at least 12 months, in good general health, without prior diagnosis of osteoporosis. 60% of women recruited from primary care, 40% from specialy clinics in Spain Spain | FRAX without BMD (age, sex, race/ethnicity, body mass index (BMI), paternal history of hip fracture, personal history of a low-impact fracture, smoking, alcohol consumption, use of glucocorticoids, history of rheumatoid arthritis, and history of secondary causes of osteoporosis) |
| Pang, 2014 ¹⁰⁶ Low | FRAX | FRAX without BMD (>6.5%) | Men and women age 70 and older who presented to a participating GP, excluded persons with prior h/o fracture Australia | FRAX without BMD (age, sex, race/ethnicity, body mass index (BMI), paternal history of hip fracture, personal history of a low-impact fracture, smoking, alcohol consumption, use of glucocorticoids, history of rheumatoid arthritis, and history of secondary causes of osteoporosis) |
| Leslie, 2013 ¹¹³ Low | FRAX, OST | w ithout BMD | Population-based sample of all women ages 50-64 yr with medical coverage and valid DXA measurements from the lumbar spine and spine in Manitoba from 1990-March 2007 Canada | FRAX without BMD (age, sex, race/ethnicity, body mass index (BMI), paternal history of hip fracture, personal history of a low-impact fracture, smoking, alcohol consumption, use of glucocorticoids, history of rheumatoid arthritis, and history of secondary causes of osteoporosis) |
| Bansal, 2015 ⁵⁶ Fair | FRAX | without BMD (>=9.3%) | All women between the ages of 50 and 64.5 years who underwent DXA during a 6-month period (March 1, 2012–August 31, 2012) and were enrolled in a primary care practice of the Mayo Clinic in Rochester, Minnesota United States | FRAX without BMD (age, sex, race/ethnicity, body mass index (BMI), paternal history of hip fracture, personal history of a low -impact fracture, smoking, alcohol consumption, use of glucocorticoids, history of rheumatoid arthritis, and history of secondary causes of osteoporosis) |
| Cass, 2016 ¹¹⁴ Low | FRAX, MORES (reported previously in Shepherd, 2007 ¹¹⁰ | | Men age 50 and older in the NHANES III (1988-1994) with a valid DXA scan United States | FRAX without BMD (age, sex, race/ethnicity, body mass index (BMI), paternal history of hip fracture, personal history of a low-impact fracture, smoking, alcohol consumption, use of glucocorticoids, history of rheumatoid arthritis, and history of secondary causes of osteoporosis) |

| First Author's Last Name, Year Risk of Bias | Describe Screening or Treatment Interventions and Comparators | Name of Tool | Cohort or Study Population Name and Descriptor | Risk Prediction Variables |
|---|---|--------------------------------------|--|---|
| Crandall, 2014 ⁵⁷ Low | USPSTF (FRAX), OST, SCORE | FRAX: MOF without BMD (>=9.3%) | and not using menopausal hormone therapy (in main analysis) United States | USPTSF - FRAX 10 yr risk of MOF without the BMD of >=9.3% |
| Gnudi, 2005 ⁹¹ Low | Gnudi et al clinical prediction tool | Gnudi et al clinical prediction tool | Postmenopausal Italian women requiring a DXA scan Italy | Age at menarche, w eight, years since menopause previous fracture, w eight, fracture in subject's mother, arm help to get up from sitting |
| Cass, 2013 ⁸⁵ Low | ORAI, SCORE, MORES | MORES | Men who attended unviersity-based primary care clinics for usual care; over 60 years of age United States | MORES: Age, w eight, COPD |
| Shepherd, 2007 ¹¹⁰ ; Cass, 2016 ¹¹⁴ Low | MORES | MORES | Men 50 years or older with DXA scan in NHANES III, conducted between 1988 and 1994 United States | MORES: Age, w eight, COPD |
| Shepherd, 2010 ¹¹⁵ Low | MORES | MORES | Men 50 years or older with DXA scan any of the NHANES 1999 to 2000, 2001 to 2002, and 2003 to 2004 datasets United States | MORES: Age, w eight, COPD |
| Lynn, 2008 ⁹⁷ Low | MOST, OST | MOST | Community-dw elling, ambulatory men, age 65 years or older United States and Hong Kong | MOST: weight, QUI |
| Zimering, 2007 ¹¹² Unclear | Reduced MSCORE, MSCORE, OST | MSCORE | Men age 40 years or older, ambulatory veterans attending general medicine clinics, endocrinology clinics, or osteoporosis clinics United States | MSCORE: age, w eight, gastrectomy, emphysema, prior fracture |
| Cadarette, 2001 ⁸² Low | ABONE, NOF, ORAI, SCORE | NOF | CaMOS - Canadian study of women from the general population recruited from 1996-1997, 97% white Canada | NOF: w eight, age, previous fracture, smoking, family history of fracture |
| D'Amelio, 2005 ⁸⁸ Low | NOF, OST, ORAI, AMMEB | NOF | referred to university bone metabolic unit for DXA within the Departmen of Internal Medicine. 13% were noted to have secondary osteoporosis. Italy | NOF: w eight, age, previous fracture, smoking, family history of fracture |
| D'Amelio, 2013 ⁸⁹ Low | AMMEB, NOF, ORAI, OSTA | NOF | Menopausal women from general practices in Italy. Race not reported. | NOF: w eight, age, previous fracture, smoking, family history of fracture |

| First Author's Last Name, Year Risk of Bias | Describe Screening or Treatment Interventions and Comparators | Name of Tool | | Risk Prediction Variables |
|---|---|--------------|---|---|
| Mauck, 2005 ¹⁰⁰ Low | NOF, ORAI, SCORE | | Population-based sample of postmenopausal women age 45 years and older in Rochester, MN United States | NOF >=1 |
| Cadarette, 2001 ⁸² Low | ABONE, NOF, ORAI, SCORE | | CaMOS - Canadian study of women from the general population recruited from 1996-1997, 97% white Canada | ORAI: age, weight, current estrogen use |
| Cadarette, 2004 ⁸³ Low | ORAI, OST | ORAI | Caucasian Women >=45 years recruited prospectively from university setting and retrospectively analyzed form family practices in Canada Canada | ORAI: age, weight, current estrogen use |
| Cass, 2006 ⁸⁴ Low | ORAI, SCORE, MORES | | Postmenopausal women, 45 years of age and older (receiving usaual care at university-based family practice clinic in the US). Diverse practice, 29% White, 43% Black, 28% Hispanic United States | ORAI: age, weight, current estrogen use |
| Chan, 2006 ⁸⁶ unclear | ABONE, ORAI, OSTA, SCORE | | Free-living ambulant Chinese postmenopausal women, 55 years and older (Tanjong Rhu community in Singapore) Singapore | ORAI: age, weight, current estrogen use |
| Cook et al, 2005 ⁸⁷ unclear | ORAI, OSIRIS, OST, SCORE, SOFSURF | | Post-menopausal women through natural or unnatural causes, referred by GPs or hospital-based clinics because of one or more clinical risk factor for osteoporosis in the UK. Race not reported. United Kingdom | ORAI: age, weight, current estrogen use |
| D'Amelio, 2005 ⁸⁸ Low | NOF, OST, ORAI, AMMEB | | Postmenopausal Caucasian Italian women referred to university bone metabolic unit for DXA within the Departmen of Internal Medicine. 13% were noted to have secondary osteoporosis. Italy | ORAI: age, weight, current estrogen use |
| D'Amelio, 2013 ⁸⁹ Low | AMMEB, NOF, ORAI, OSTA | ORAI | Menopausal women from general practices in Italy. Race not reported. | ORAI: age, weight, current estrogen use |
| Geusens, 2002 ⁹⁰ Unclear | OST, ORAI, SOFSURF, SCORE | ORAI | Community-dw elling women 45 years and older recruited from 1994-1995, 82% white United States | ORAI: age, weight, current estrogen use |

RTI-UNC EPC

| First Author's Last Name, Year Risk of Bias | Describe Screening or Treatment Interventions and Comparators | Name of Tool | • | Risk Prediction Variables |
|---|---|--------------|---|---|
| Gourlay, 2005 ⁷⁹ unclear | ORAI, OST, SCORE | ORAI | Caucasian women either consulting spontaneously or referred for a BMD measurement between January 1996 and September 1999 to an osteoporosis outpatient center in Liege, Belgium Belgium | ORAI: age, weight, current estrogen use |
| Gourlay, 2008 ⁹² Unclear | OST, ORAI, SCORE | ORAI | Study of Osteoporotic Fractures (SOF) inception cohort; a population-based cohort of women age 65 and older. United States | ORAI: age, weight, current estrogen use |
| Harrison et al, 2006 ⁹³ Low | ORAI, OSIRIS, OST, SCORE | ORAI | White Caucasian females age 55 to 70 (mean 61, SD 4) years who were referred to Clinical Radiology, Imaging Science and Biomedical Engineering, University of Manchester for routine bone densitometry scans. Risk factors include suggested osteopenia on ra | ORAI: age, weight, current estrogen use |
| Low | ORAI, OSIRIS, OST, SCORE | ORAI | Caucasian women, were at least 50 years old, had a menopausal status for at least 12 months, in good general health, without prior diagnosis of osteoporosis. 60% of women recruited from primary care, 40% from specialy clinics in Spain | ORAI: age, weight, current estrogen use |
| Martinez-Aguila, 2007 ⁹⁹ Unclear | | ORAI | Postemenopausal women age 40 to 69 referrred to a local bone densitometry unit from local gynecologists in Spain; 24% with history of prior fracture. Race not reported. Spain | ORAI: age, weight, current estrogen use |
| Mauck, 2005 ¹⁰⁰ Low | NOF, ORAI, SCORE | ORAI | Population-based sample of postmenopausal women age 45 years and older in Rochester, MN, 99% white United States | ORAI: age, weight, current estrogen use |
| Nguyen, 2004 ¹⁰³ Low | DOESCore, ORAI, OSTA, SOFSURF | ORAI | Women from the Dubbo Osteoporosis Epidemiology Study, a population-based cohort of men and women from Dubbo, Australia. (98.6% white) Australia | ORAI: age, weight, current estrogen use |

| First Author's Last Name, Year Risk of Bias | Describe Screening or Treatment Interventions and Comparators | Name of Tool | | Risk Prediction Variables |
|---|---|--------------|---|---|
| Richy, 2004 ⁸⁰ Unclear | ORAI, OSIRIS, OST, SCORE | ORAI | Caucasian women either consulting spontaneously or referred for a BMD measurement between January 1996 and September 1999 to an osteoporosis outpatient center in Liege, Belgium Belgium | ORAI: age, weight, current estrogen use |
| Rud, 2005 ¹⁰⁹ Low | SCORE, ORAI, OST | ORAI | White women from the general population recruited for the Danish Osteoporosis Prevention Study (DOPS) Denmark | ORAI: age, weight, current estrogen use |
| Cook et al, 2005 ⁸⁷ unclear | ORAI, OSIRIS, OST, SCORE, SOFSURF | OSIRIS | Post-menopausal women through natural or unnatural causes, referred by GPs or hospital-based clinics because of one or more clinical risk factor for osteoporosis United Kingdom | OSIRIS: age, w eight, HRT use, history of low trauma fracture |
| Harrison et al, 2006 ⁹³ Low | ORAI, OSIRIS, OST, SCORE | OSIRIS | White Caucasian females ages 55 to 70 (mean 61, SD 4) years whowere referred to Clinical Radiology, Imaging Science and Biomedical Engineering, University of Manchester for routine bone densitometry scans. Risk factors include suggested osteopenia on ra | OSIRIS: age, weight, HRT use, history of low trauma fracture |
| Low | ORAI, OSIRIS, OST, SCORE | OSIRIS | Caucasian women, were at least 50 years old, had a menopausal status for at least 12 months, in good general health, without prior diagnosis of osteoporosis. 60% of women recruited from primary care, 40% from specialy clinics in Spain | OSIRIS: age, weight, HRT use, history of low trauma fracture |
| Martinez-Aguila, 2007 ⁹⁹ Unclear | ORAI, OSIRIS, OST | OSIRIS | Postemenopausal women age 40 to 69 referrred to a local bone densitometry unit from local gynecologists in Spain; 24% with history of prior fracture. Race not reported. Spain | OSIRIS: age, w eight, HRT use, history of low trauma fracture |
| Richy, 2004 ⁸⁰ Unclear | ORAI, OSIRIS, OST, SCORE | OSIRIS | Caucasian women either consulting spontaneously or referred for a BMD measurement between January 1996 and September 1999 to an osteoporosis outpatient center in Liege, Belgium Belgium | OSIRIS: age, w eight, HRT use, history of low trauma fracture |

| First Author's Last Name, Year Risk of Bias | Describe Screening or Treatment Interventions and Comparators | Name of Tool | | Risk Prediction Variables |
|---|---|--------------|---|---------------------------|
| Adler, 2003 ⁷⁷ Low | OST | | Men enrolled in a pulmonary clinic (January-May 2001) and a rheumatology clinic (Nov 2001-March 2002) at a single VA medical center; received questionnaire and DXA scan; patients with previous DXA testing ineligible United States | OST: age, weight |
| Cadarette, 2004 ⁸³ Low | ORAI, OST | OST | Caucasian Women >=45 years recruited prospectively from university setting and retrospectively analyzed form family practices in Canada Canada | OST: age, weight |
| Cook et al, 2005 ⁸⁷ unclear | ORAI, OSIRIS, OST, SCORE, SOFSURF | | Post-menopausal women through natural or unnatural causes, referred by GPs or hospital-based clinics because of one or more clinical risk factor for osteoporosis United Kingdom | OST: age, w eight |
| Crandall, 2014 ⁵⁷ Low | USPSTF (FRAX), OST, SCORE | | 50-64 years of age, postmenopausal, and free from serious medical conditions (WHI) and not using menopausal hormone therapy (in main analysis) United States | OST: age, w eight |
| D'Amelio, 2005 ⁸⁸ Low | NOF, OST, ORAI, AMMEB | | Postmenopausal Caucasian Italian women referred to university bone metabolic unit for DXA within the Departmen of Internal Medicine. 13% were noted to have secondary osteoporosis. | OST: age, w eight |
| D'Amelio, 2013 ⁸⁹ Low | AMMEB, NOF, ORAI, OSTA | | Menopausal women from general practices in Italy. Race not reported. | |
| Geusens, 2002 ⁹⁰ Unclear | OST, ORAI, SOFSURF, SCORE | | Community-dw elling women 45 years and older recruited from 1994-1995, 82% white United States | OST: age, weight |
| Gourlay, 2005 ⁷⁹ unclear | ORAI, OST, SCORE | | Caucasian women either consulting spontaneously or referred for a BMD measurement between January 1996 and September 1999 to an osteoporosis outpatient center in Liege, Belgium Belgium | OST: age, w eight |

| First Author's Last Name, Year Risk of Bias | Describe Screening or Treatment Interventions and Comparators | Name of Tool | | Risk Prediction Variables |
|---|---|--------------|--|---------------------------|
| Gourlay, 2008 ⁹² Unclear | OST, ORAI, SCORE | OST | Study of Osteoporotic Fractures (SOF) inception cohort; a population-based cohort of women age 65 and older. United States | OST: age, w eight |
| Harrison et al, 2006 ⁹³ Low | ORAI, OSIRIS, OST, SCORE | | White Caucasian females ages 55 to 70 (mean 61, SD 4) years who were referred to Clinical Radiology, Imaging Science and Biomedical Engineering, University of Manchester for routine bone densitometry scans. Risk factors include suggested osteopenia on ra | OST: age, w eight |
| Jimenez-Nunez, 2013 ⁹⁴ Low | ORAI, OSIRIS, OST, SCORE | | Caucasian women, were at least 50 years old, had a menopausal status for at least 12 months, in good general health, without prior diagnosis of osteoporosis. 60% of women recruited from primary care, 40% from specialy clinics in Spain | OST: age, weight |
| Leslie, 2013 ¹¹³ Low | FRAX, OST | | Population-based sample of all women ages 50-64 years with medical coverage and valid DXA measurements from the lumbar spine and spine in Manitoba from 1990-March 2007 Canada | OST: age, w eight |
| Lynn, 2008 ⁹⁷ Low | MOST, OST | OST | Community-dw elling, ambulatory men, age 65 years or older United States and Hong Kong | OST: age, w eight |
| Machado, 2010 ⁹⁸ Low | OST, OSTA | | Population-based sample of Portuguese men age 50 or over randomly selected from the 19,000 registered voters between 1998-1999 Portugal | OST: age, w eight |
| Martinez-Aguila, 2007 ⁹⁹ Unclear | ORAI, ŌSIRIS, OST | | Postemenopausal women age 40 to 69 referrred to a local bone densitometry unit from local gynecologists in Spain; 24% with history of prior fracture. Race not reported. Spain | OST: age, w eight |

| First Author's Last Name, Year Risk of Bias | Describe Screening or Treatment Interventions and Comparators | Name of Tool | | Risk Prediction Variables |
|---|---|--------------|--|---------------------------|
| McLeod, 2015 ¹⁰¹ Low | OST | OST | Women referred for screening in the Regina General Hospital, Saskatchew an, Canada, between 2010 and 2011 with no prior testing Canada | OST: age, w eight |
| Morin, 2009 ¹⁰² Unclear | OST | | Population-based sample of all women age 40 to 59 and over that received DXA testing in Manitoba, Canada. Note criteria for BMD testing in women younger than 65 include premature ovarian failure, h/o steroid use, prior fracture, xray evidence of osteopen | OST: age, weight |
| Pang, 2014 ¹⁰⁶ Low | OST | OST | Men and women age 70 and older who presented to a participating GP, excluded persons with prior h/o fracture Australia | OST: age, w eight |
| Richards, 2014 ¹⁰⁸ Unclear | OST | OST | Male VA patients, older than 50 year attending primary care clinics at 4 participating VA Medical Centers United States | OST: age, w eight |
| Richy, 2004 ⁸⁰ Unclear | ORAI, OSIRIS, OST, SCORE | | Caucasian women either consulting spontaneously or referred for a BMD measurement between January 1996 and September 1999 to an osteoporosis outpatient center in Liege, Belgium Belgium | OST: age, w eight |
| Rud, 2005 ¹⁰⁹ Low | SCORE, ORAI, OST | OST | White women from the general population recruited for the Danish Osteoporosis Prevention Study (DOPS) Denmark | OST: age, w eight |
| Sinnott, 2006 ¹¹¹ Low | OST | | African American men, age 35 and older from outpatient general medicine VA clinics in 2004 United States | OST: age, w eight |
| Zimering, 2007 ¹¹² Unclear | Reduced MSCORE, MSCORE, OST | | Men age 40 years or older, ambulatory veterans attending general medicine clinics, endocrinology clinics, or osteoporosis clinics United States | OST: age, w eight |

| First Author's Last Name, Year Risk of Bias | Describe Screening or Treatment Interventions and Comparators | Name of Tool | | Risk Prediction Variables |
|---|---|--------------|---|-----------------------------|
| Chan, 2006 ⁸⁶ unclear | ABONE, ORAI, OSTA, SCORE | OSTA | Free-living ambulant Chinese postmenopausal women, 55 years and older (Tanjong Rhu community in Singapore) Singapore | OSTA: age, w eight |
| Kung, 2003 ⁹⁵ Low | OSTA | OSTA | Women in Hong Kong recruited from the community, postmenopausal Hong Kong | OSTA: age, w eight |
| Kung, 2005 ⁹⁶ Low | OSTA | OSTA | Community of Asian (Southern Chinese) men; develop index based on clinical factors; compare clinical index with calcaneal QUS in predicting BMD (T< -2.5) by Dexa Hong Kong | OSTA: age, w eight |
| Machado, 2010 ⁹⁸ Low | OST, OSTA | OSTA | Population-based sample of Portuguese men age 50 or over randomly selected from the 19,000 registered voters between 1998-1999 Portugal | OSTA: age, w eight |
| Nguyen, 2004 ¹⁰³ Low | DOESCore, ORAI, OSTA, SOFSURF | OSTA | Women from the Dubbo Osteoporosis Epidemiology Study, a population-based cohort of men and women from Dubbo, Australia. (98.6% white) Australia | OSTA: age, w eight |
| Oh, 2013 ¹⁰⁴ Low | OSTA | OSTA | Postmenopausal women, 50 years and older, KHAHNES data set Republic of Korea | OSTA: age, w eight |
| Oh, 2016 ¹⁰⁵ Low | OSTA | OSTA | Population-based sample of Korean men (KNHANES) age 50 and older. Republic of Korea | OSTA: age, w eight |
| Park, 2003 ¹⁰⁷ Unclear | OSTA | OSTA | Postmenopausal women at a menopause clinic in Korea not currently using hormone replacement therapy (HRT) Republic of Korea | OSTA: age, w eight |
| Zimering, 2007 ¹¹² Unclear | Reduced MSCORE, MSCORE, OST | and weight- | Men age 40 years or older, ambulatory veterans attending general medicine clinics, endocrinology clinics, or osteoporosis clinics United States | Reduced MSCORE: Age, weight |

| First Author's Last Name, Year Risk of Bias | Describe Screening or Treatment Interventions and Comparators | Name of Tool | | Risk Prediction Variables |
|---|---|--------------|---|---|
| Ben Sedrine, 2001 ⁷⁸ Low | SCORE | SCORE | Caucasian women either consulting spontaneously or referred for a BMD measurement between January 1996 and September 1999 to an osteoporosis outpatient center in Liege, Belgium Belgium | SCORE: race, rheumatoid arthritis, low trauma fracture after age 45, never received HRT, age, w eight |
| Brenneman, 2003 ⁸¹ Low | SCORE, SOF | SCORE | Post-menopausal women in the Osteoporosis Population-based Risk Assessment (OPRA) study, Group Health participants United States | SCORE: race, rheumatoid arthritis, low trauma fracture, never received HRT, age, w eight |
| Cadarette, 2001 ⁸² Low | ABONE, NOF, ORAI, SCORE | SCORE | CaMOS - Canadian study of women from the general population recruited from 1996-1997, 97% white Canada | SCORE: race, rheumatoid arthritis, low trauma fracture after age 45, never received HRT, age, weight |
| Cass, 2006 ⁸⁴ Low | ORAI, SCORE, MORES | SCORE | Postmenopausal women, 45 years of age and older (receiving usaual care at university-based family practice clinic in the US). Diverse practice, 29% White, 43% Black, 28% Hispanic. United States | SCORE: race, rheumatoid arthritis, low trauma fracture after age 45, never received HRT, age, weight |
| Chan, 2006 ⁸⁶ unclear | ABONE, ORAI, OSTA, SCORE | SCORE | Free-living ambulant Chinese postmenopausal women, 55 years and older (Tanjong Rhu community in Singapore) Singapore | SCORE: race, rheumatoid arthritis, low trauma fracture after age 45, never received HRT, age, w eight |
| Cook et al, 2005 ⁸⁷ Unclear | ORAI, OSIRIS, OST, SCORE, SOFSURF | SCORE | Post-menopausal women through natural or unnatural causes, referred by GPs or hospital-based clinics because of one or more clinical risk factor for osteoporosis United Kingdom | SCORE: race, rheumatoid arthritis, low trauma fracture after age 45, never received HRT, age, w eight |
| Crandall, 2014 ⁵⁷ Low | USPSTF (FRAX), OST, SCORE | SCORE | 50-64 years of age, postmenopausal, and free from serious medical conditions (WHI) and not using menopausal hormone therapy (in main analysis) United States | SCORE: race, rheumatoid arthritis, low trauma fracture after age 45, never received HRT, age, w eight |

| First Author's Last Name, Year Risk of Bias | Describe Screening or Treatment Interventions and Comparators | Name of Tool | • | Risk Prediction Variables |
|---|---|--------------|---|---|
| Gourlay, 2005 ⁷⁹ unclear | ORAI, OST, SCORE | SCORE | Caucasian women either consulting spontaneously or referred for a BMD measurement between January 1996 and September 1999 to an osteoporosis outpatient center in Liege, Belgium Belgium | SCORE: race, rheumatoid arthritis, low trauma fracture after age 45, never received HRT, age, w eight |
| Gourlay, 2008 ⁹² Unclear | OST, ORAI, SCORE | SCORE | Study of Osteoporotic Fractures (SOF) inception cohort; a population-based cohort of women age 65 and older. United States | SCORE: race, rheumatoid arthritis, low trauma fracture after age 45, never received HRT, age, weight |
| Harrison et al, 2006 ⁹³ Low | ORAI, OSIRIS, OST, SCORE | SCORE | White Caucasian females ages 55 to 70 (mean 61, SD 4) years whowere referred to Clinical Radiology, Imaging Science and Biomedical Engineering, University of Manchester for routine bone densitometry scans. Risk factors include suggested osteopenia on ra | SCORE: race, rheumatoid arthritis, low trauma fracture after age 45, never received HRT, age, w eight |
| Jimenez-Nunez, 2013 ⁹⁴ Low | ORAI, OSIRIS, OST, SCORE | SCORE | Caucasian women, were at least 50 years old, had a menopausal status for at least 12 months, in good general health, without prior diagnosis of osteoporosis. 60% of women recruited from primary care, 40% from specialy clinics in Spain | SCORE: race, rheumatoid arthritis, low trauma fracture after age 45, never received HRT, age, weight |
| Mauck, 2005 ¹⁰⁰ Low | NOF, ORAI, SCORE | SCORE | Population-based sample of postmenopausal women age 45 years and older in Rochester, MN, 99% white United States | SCORE: race, rheumatoid arthritis, low trauma fracture after age 45, never received HRT, age, weight |
| Richy, 2004 ⁸⁰ Unclear | ORAI, OSIRIS, OST, SCORE | | Caucasian women either consulting spontaneously or referred for a BMD measurement between January 1996 and September 1999 to an osteoporosis outpatient center in Liege, Belgium Belgium | SCORE: race, rheumatoid arthritis, low trauma fracture after age 45, never received HRT, age, weight |
| Rud, 2005 ¹⁰⁹ Low | SCORE, ORAI, OST | SCORE | White women from the general population recruited for the Danish Osteoporosis Prevention Study (DOPS) Denmark | SCORE: race, rheumatoid arthritis, low trauma fracture after age 45, never received HRT, age, weight |

| First Author's Last Name, Year Risk of Bias | Describe Screening or Treatment Interventions and Comparators | Name of Tool | Cohort or Study Population Name and Descriptor | Risk Prediction Variables |
|---|---|--------------|---|--|
| Brenneman, 2003 ⁸¹ Low | SCORE, SOF | SOF | Post-menopausal women in the Osteoporosis Population-based Risk Assessment (OPRA) study, Group Health participants United States | First-degree relative with hip fracture, current weight less than at age 25, diagnosed with dementia, using corticosteroids, using seizure medication, using benzodiazepines, had a fracture age 50, not taking HRT, on feet <4 h/day, heart rate >80 beats/min, was >5'7" at age 25, 80+ years old (add 1 point each). African American, walk for exercise, can rise from chair without arms (subtract 1 point each) |
| Cook et al, 2005 ⁸⁷ unclear | ORAI, OSIRIS, OST, SCORE, SOFSURF | SOFSURF | Post-menopausal women through natural or unnatural causes, referred by GPs or hospital-based clinics because of one or more clinical risk factor for osteoporosis. United Kingdom | SOFSURF: age, w eight, smoking, fracture history |
| Geusens, 2002 ⁹⁰ Unclear | OST, ORAI, SOFSURF, SCORE | SOFSURF | Community-dw elling women 45 years and older recruited from 1994-1995, 82% white United States | SOFSURF: age, w eight, smoking, fracture history |
| Nguyen, 2004 ¹⁰³ Low | DOESCore, ORAI, OSTA, SOFSURF | SOFSURF | Women from the Dubbo Osteoporosis Epidemiology Study, a population-based cohort of men and women from Dubbo, Australia. (98.6% white) Australia | SOFSURF: age, w eight, smoking, fracture history |

Abbreviations: ABONE=assessing age, body size, and estrogen use; AMMEB=Age, Years after Menopause, Age at Menarche, Body Mass Index; BMD=bone mineral density; CaMOS=Canadian Multicentre Osteoporosis Study; COPD=chronic obstructive pulmonary disease; DOEScore=Dubbo Osteoporosis Epidemiology Score; DXA=dual energy x-ray absorptiometry; FRAX=Fracture Risk Assessment tool; GP=general practitioner; h/o=history of; HRT=hormone replacement therapy; kg=kilogram; KNHANES=Korean National Health and Nutrition Examination Survey; MORE=Multiple Outcomes of Raloxifene Trial; MOST=Male Osteoporosis Screening Tool; MSCORE=male, simple calculated osteoporosis risk estimation; NA=not applicable; NR=not reported; NOF=National Osteoporosis Foundation; OPRA=Osteoporosis Population-based Risk Assessment; ORA|=Osteoporosis Risk Assessment Instrument; OSIRIS=Osteoporosis Index of Risk; OST=osteoporosis self-assessment tool; QU|=ultrasound index; QUS=quantitative ultrasound; RA=rheumatoid arthritis; SCORE=Simple Calculated Osteoporosis Risk Estimation Tool; SD=standard deviation; SOF=Study of Osteoporotic Fractures; SOFSURF=Study of Osteoporotic Fractures Simple Useful Risk Factors; US=United States; USPSTF=United States Preventative Services Task Force; WHI=Women's Health Initiative.

| First Author's Last Name, Year Risk of Bias | Name of Tool | N Eligible | N for Analysis | N (%) with Osteoporosis Report for Each Site | Age | N (Percent) Female | Location of BMD |
|---|------------------------------------|---|----------------------------|--|--|-----------------------|---|
| Cadarette, 200182 Low | ABONE | 2434 | 2365 | Femoral neck: 240 (105) | 66.4 (SD 8.8) | 2365 (100) | Femoral neck |
| Chan, 2006 ⁸⁶ unclear | ABONE | 135 | 135 | Femoral Neck: 33 (24) Spine: 37 (27) | 68.4 (SD 5.5) | 135 (100) | Primary was femoral neck; spine was also analysed |
| D'Amelio, 2005 ⁸⁸ Low | AMMEB | 553 (estimated based on 95% paticipation rate) | 525 | 249 (47.4%) (Site not specified by implied to be the low est of either FN or LS) | Only provided by bone density status: Normal BMD: 57.3 (6.6) Osteopenic BMD: 60.2 (7.8) Osteoporotic BMD: 62.2 (6.7) | 525 (100) | Lumbar spine and femoral neck |
| D'Amelio, 2013 ⁸⁹ Low | AMMEB | NR | 995 | 335 (33.7)unclear what BMD site this is based on | | 995 (100) | Lumbar spine and femoral neck |
| Nguyen, 2004 ¹⁰³ Low | DOESCore | 2095 (entire cohort) | 410 (validation cohort) | At any site: 41.5% (95% Cl, 36.7 to 46.3) FN 30.0% (95% Cl, 25.8 to 34.6) LS 26.1% (22.1% to 30.6%) | 70.5 (7.5) | 410 (100) | Lumbar spine and femoral neck |
| Jimenez-Nunez, 2013 ⁹⁴ Low | FRAX: Hip | 505 | 505 | 20% any site | 61 (7) | 505 (100) | Total femur, femoral neck, and lumbar spine |
| Pang, 2014 ¹⁰⁶ Low | FRAX: Hip w ithout BMD (>3%) | 626 | 626 | Lumbar Spine: 32 (5.2) Femoral Neck:47 (8.7) Total hip: 34 (5.4) Low est any site: 77 (12.3) | 78.2 (SD 5.8) | 282 (45.1) | Lumbar spine, femoral neck, and total hip |
| Jimenez-Nunez, 2013 ⁹⁴ Low | FRAX: MOF | 505 | 505 | 20% any site | 61 (7) | 505 (100) | Total femur, femoral neck, and lumbar spine |
| Pang, 2014 ¹⁰⁶ Low | FRAX w ithout BMD (>6.5%) | 626 | 626 | Lumbar Spine: 32 (5.2) Femoral Neck:47 (8.7) Total hip: 34 (5.4) Low est any site: 77 (12.3) | 78.2 (SD 5.8) | 282 (45.1) | Lumbar spine, femoral neck, and total hip |
| Leslie, 2013 ¹¹³ Low | FRAX: MOF w ithout BMD | 18315 | 18315 | 18.8% based on low est T-score measurement from among those available for the lumbar spine and hip | 57 (4) | 18315 (100) | Proximal femur (femoral neck, total hip, trochanter) and lumbar spine |

| First Author's Last Name, Year | Name of | | N for | N (%) with Osteoporosis | | N (Percent) | |
|---|---------------------------------------|--------------------------------|--------------------------------|---|---------------------------------------|-------------|---|
| Risk of Bias | Tool | N Eligible | Analysis | Report for Each Site | Age | Female | Location of BMD |
| Bansal, 2015 ⁵⁶ Fair | FRAX: MOF w ithout BMD (>=9.3%) | 464 | 464 | 25.8 % based on femoral neck and/or lumbar spine | 57.4 (NR) | 464 (100) | Femoral neck, lumbar spine |
| Cass, 2016 ¹¹⁴ Low | FRAX: MOF without BMD (>=9.3%) | 1498 | 1498 | 4.5% based on total hip and/or femoral neck | 64.2 (9.7) | 0 (0) | Total hip and femoral neck |
| Crandall, 2014 ⁵⁷ Low | FRAX: MOF w ithout BMD (>=9.3%) | 2857 | 2857 | 174 (5) | 57.7 (based on entire sample of 5167) | 2857 (100) | Femoral neck, total hip and lumbar spine (outcomes reported based on FN BMD) |
| Gnudi, 2005 ⁹¹ Low | Gnudi et al clinical prediction tool | 478 | 478 | 37.2% based on FN or LS | 64.3 (7.6) | 478 (100) | Lumbar spine and femoral neck |
| Cass, 2013 ⁸⁵ Low | MORES | 386 | 346 | 15 (4.3) | 70.2 (SD 6.9) | 0 (0) | Femoral neck and total hip |
| Shepherd, 2007 ¹¹⁰ ; Cass, 2016 ¹¹⁴ Low | MORES | 1498 | 1498 | 4.4% based on total hip | 64.2 (9.7) | 0 (0) | Total hip |
| Low | MORES | 2984 | 2944 | 10.3% (95% Cl, 9.0 to 11.7) based on BMD at any site; 4.3% (95% Cl, 3.5 to 5.4) based on BMD at lumbar spine only. | 63 (SD NR) | 0 (0) | Lumbar spine, and other sites not specifically reported. |
| Lynn, 2008 ⁹⁷ Low | MOST | US: 4658 Hong Kong: 1914 | US: 4658 Hong Kong: 1914 | IUS femoral neck: 5%, lumbar spine: 3% Total spine: 10% Hong Kong femoral neck: 5%, lumbar spine: 2% Total spine: 5% | All age 65 or more | 0 (0) | Femoral neck, lumbar spine, or total hip |
| Zimering, 2007 ¹¹² Unclear | MSCORE | 197 | 197 | 11% based on femoral neck | 68.2 (10.2) | 0 (0) | Femoral neck |
| Cadarette, 2001 ⁸² Low | NOF | 2434 | 2365 | 239 (10%) based on femoral neck | 66.4 (SD 8.8) | 2365 (100) | Femoral neck |

| First Author's Last Name, Year Risk of Bias | Name of Tool | N Eligible | N for Analysis | N (%) with Osteoporosis Report for Each Site | Age | N (Percent) Female | Location of BMD |
|---|-----------------|---|-------------------|---|--|-----------------------|---|
| D'Amelio, 2005 ⁸⁸ Low | NOF | 553 (estimated based on 95% paticipation rate) | 525 | 249 (47.4%) (Site not specified by implied to be the low est of either FN or LS) | Only provided by bone density status: Normal BMD: 57.3 (6.6) Osteopenic BMD: 60.2 (7.8) Osteoporotic BMD: 62.2 (6.7) | 525 (100) | Lumbar spine and femoral neck |
| D'Amelio, 2013 ⁸⁹ Low | NOF | NR | 995 | 335 (33.7), unclear what BMD site this is based on | 65 (8) | 995 (100) | Lumbar spine and femoral neck |
| Mauck, 2005 ¹⁰⁰ Low | NOF | NR | 202 | Overall: 69 (34%) (Based on FN T score, would have been 7% if based on LS T Score) age 45-64: 11 (5%) age 65+: 58 (29%) | Mean 69.2 (SD 11.9) N (%) age 45-64: 79 (39%) >=65: 123 (61%) | 202 (100) | Lumbar spine and femoral neck |
| Cadarette, 200182 Low | ORAI | 2434 | 2365 | 241 (10%) based on femoral neck | 66.4 (SD 8.8) | 2365 (100) | Femoral neck |
| Cadarette, 2004 ⁸³ Low | ORAI | NR | 644 | 106 (16.5%) based on low est value of femoral neck or lumbar spine 10.5% based on femoral neck 11.2% based on lumbar spine | 62.4 (11.2) | 190 (100) | Femoral neck, lumbar spine |
| Cass, 2006 ⁸⁴ Low | ORAI | 399 eligible, 226 enrolled (the remainder declined enrollment) | 203 | Hip Only: 1.0% Spine Only: 7.9% Both: 2.0% | 60.2 (SD 9.6) | 226 (100) | Total hip and total lumbar spine; low est T Score from either was used. |
| Chan, 2006 ⁸⁶ unclear | ORAI | 135 | 135 | Femoral Neck: 33 (24) Spine: 37 (27) | 68.4 (SD 5.5) | 135 (100) | Primary was femoral neck; spine was also analysed |
| Cook et al, 2005 ⁸⁷ unclear | ORAI | 208 | 208 | 45 (21.6) | 59.7 (29-87) | 208 (100) | Lumbar spine, proximal femur |

| First Author's Last Name, Year Risk of Bias | Name of Tool | N Eligible | N for Analysis | N (%) with Osteoporosis Report for Each Site | Age | N (Percent) Female | Location of BMD |
|---|-----------------|---|-------------------|--|--|-----------------------|--|
| D'Amelio, 2005 ⁸⁸ Low | ORAI | 553 (estimated based on 95% paticipation rate) | 525 | 249 (47.4%) (Site not specified by implied to be the low est of either FN or LS) | Only provided by bone density status: Normal BMD: 57.3 (6.6) Osteopenic BMD: 60.2 (7.8) Osteoporotic BMD: 62.2 (6.7) | 525 (100) | Lumbar spine and femoral neck |
| D'Amelio, 2013 ⁸⁹ Low | ORAI | NR | 995 | 335 (33.7)unclear what BMD site this is based on | 65 (8) | 995 (100) | Lumbar spine and femoral neck |
| Geusens, 2002 ⁹⁰ Unclear | ORAI | NR | 1102 | site): 14% US trial sample (site not specified, presumably FN): 21% Netherlands population sample (site not specified, presumably FN): 19% | US clinic sample: 61.3 (SD 9.6) NR for other samples | 1102 (100) | Lumbar spine and femoral neck |
| Gourlay, 2005 ⁷⁹ unclear | ORAI | 4035 | 4035 | 9.5% based on femoral neck ⁷⁹ | 61.5 (8.8) | 4035 (100) | Femoral neck, total hip, lumbar spine ⁷⁸ |
| Gourlay, 2008 ⁹² Unclear | ORAI | 7779 | 7679 | 20.5% (based on FN site) | 2714 (34.9%) >=75y 5065 (65.1%) age 67-74 | 7679 (100) | Lumbar spine and femoral neck |
| Harrison et al, 2006 ⁹³ Low | ORAI | 207 | 207 | 70 (33.8) at any site | 61 (4) | 207 (100) | Hip (femoral neck and total hip) and lumbar spine (L1- L4) |
| Jimenez-Nunez, 2013 ⁹⁴ Low | ORAI | 505 | 505 | 20% any site | 61 (7) | 505 (100) | Total femur, femoral neck, and lumbar spine |
| Martinez-Aguila, 2007 ⁹⁹ Unclear | ORAI | 694 | 665 | 117 (17.6%) based on low est BMD at spine or femoral neck 16.7% based on LS 3.8% based on femoral neck | 54.2 (5.4) | 665 (100) | Femoral neck or lumbar spine |
| Mauck, 2005 ¹⁰⁰ Low | ORAI | NR | 202 | Overall: 69 (34%) (Based on FN T score, would have been 7% if based on LS T Score) age 45-64: 11 (5%) age 65+: 58 (29%) | Mean 69.2 (SD 11.9) N (%) age 45-64: 79 (39%) >=65: 123 (61%) | 202 (100) | Lumbar spine and femoral neck |

| First Author's Last Name, Year | Name of | | N for | N (%) with Osteoporosis | | N (Percent) | |
|--|---------|----------------------|-------------------------|--|------------------|-------------|---|
| Risk of Bias | Tool | N Eligible | Analysis | Report for Each Site | Age | Female | Location of BMD |
| Nguyen, 2004 ¹⁰³ Low | ORAI | 2095 (entire cohort) | 410 (validation cohort) | At any site: 41.5% (95% Cl, 36.7 to 46.3) FN 30.0% (95% Cl, 25.8 to 34.6) LS 26.1% (22.1% to 30.6%) | 70.5 (7.5) | 410 (100) | Lumbar spine and femoral neck |
| Richy, 2004 ⁸⁰ Unclear | ORAI | 4035 | 4035 | 18.5% based on femoral neck ⁷⁸ 9.5% based on total hip ⁷⁸ 24.3% based on spine ⁷⁸ 32% based on any site ⁸⁰ | 61.5 (8.8) | 4035 (100) | Femoral neck, total hip, lumbar spine ⁷⁸ |
| Rud, 2005 ¹⁰⁹ Low | ORAI | 2016 | 2009 | 92 (4.6%) based on low est T score in the femoral neck, total hip, and lumbar spine | 50.5 (48.4-52.6) | 2009 (100) | Femoral neck, total hip, lumbar spine |
| Cook et al, 2005 ⁸⁷ unclear | OSIRIS | 208 | 208 | 45 (21.6) | 59.7 (29-87) | 208 (100) | Lumbar spine, proximal femur |
| Harrison et al, 2006 ⁹³ Low | OSIRIS | 207 | 207 | 70 (33.8) at any site | 61 (4) | 207 (100) | Hip (femoral neck and total hip) and lumbar spine (L1-L4) |
| Jimenez-Nunez, 2013 ⁹⁴ | OSIRIS | 505 | 505 | 20% any site | 61 (7) | 505 (100) | Total femur, femoral neck, and lumbar spine |
| Low Martinez-Aguila, 2007 ⁹⁹ Unclear | OSIRIS | 694 | 665 | 117 (17.6%) based on low est BMD at spine or femoral neck 16.7% based on LS 3.8% based on femoral neck | 54.2 (5.4) | 665 (100) | Femoral neck or lumbar spine |
| Richy, 2004 ⁸⁰ Unclear | OSIRIS | 4035 | 4035 | 18.5% based on femoral neck ⁷⁸ 9.5% based on total hip ⁷⁸ 24.3% based on spine ⁷⁸ 32% based on any site ⁸⁰ | 61.5 (8.8) | 4035 (100) | Femoral neck, total hip, lumbar spine ⁷⁸ |
| Adler, 2003 ⁷⁷ Low | OST | NR | 181 | 15.6% based on lowest T score of spine, total hip, or femoral neck | 64.3 (12.3) | 0 (0) | Spine, femoral neck, total hip |
| Cadarette, 2004 ⁸³ Low | OST | NR | 644 | 106 (16.5%) based on low est value of femoral neck or lumbar spine 10.5% based on femoral neck 11.2% based on lumbar spine | 62.4 (11.2) | 190 (100) | Femoral neck, lumbar spine |
| Cook et al, 200587 unclear | OST | 208 | 208 | 45 (21.6) any site | 59.7 (29-87) | 208 (100) | Lumbar spine, proximal femur |

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| First Author's Last Name, Year Risk of Bias | Name of Tool | N Eligible | N for Analysis | N (%) with Osteoporosis Report for Each Site | Age | N (Percent) Female | Location of BMD |
|---|-----------------|---|-------------------|--|--|-----------------------|---|
| Crandall, 2014 ⁵⁷ Low | OST | 2857 | 2857 | NR (5) | 57.7 (based on entire sample of 5167) | 2857 (100) | Femoral neck, total hip and lumbar spine (outcomes reported based on FN BMD) |
| D'Amelio, 2005 ⁸⁸ Low | OST | 553 (estimated based on 95% paticipation rate) | 525 | 249 (47.4%) (Site not specified by implied to be the low est of either FN or LS) | Only provided by bone density status: Normal BMD: 57.3 (6.6) Osteopenic BMD: 60.2 (7.8) Osteoporotic BMD: 62.2 (6.7) | 525 (100) | Lumbar spine and femoral neck |
| D'Amelio, 2013 ⁸⁹ Low | OST | NR | 995 | 335 (33.7)unclear what BMD site this is based on | 65 (8) | 995 (100) | Lumbar spine and femoral neck |
| Geusens, 2002 ⁹⁰ Unclear | OST | NR | 1102 | US Clinic sample (Based on FN site): 14% US trial sample (site not specified, presumably FN): 21% Netherlands population sample (site not specified, presumably FN): 19% | US clinic sample: 61.3 (SD 9.6) NR for other samples | 1102 (100) | Lumbar spine and femoral neck |
| Gourlay, 2005 ⁷⁹ unclear | OST | 4035 | 4035 | 9.5% based on femoral neck ⁷⁹ | 61.5 (8.8) | 4035 (100) | Femoral neck, total hip, lumbar spine ⁷⁸ |
| Gourlay, 2008 ⁹² Unclear | OST | 7779 | 7617 | 20.5% (based on FN site) | 2714 (34.9%) >=75y 5065 (65.1%) age 67-74 | 7617 (100) | Lumbar spine and femoral neck |
| Harrison et al, 2006 ⁹³ Low | OST | 207 | 207 | 70 (33.8) at any site | 61 (4) | 207 (100) | Hip (femoral neck and total hip) and lumbar spine (L1- L4) |
| Jimenez-Nunez, 2013 ⁹⁴ Low | OST | 505 | 505 | 20% any site | 61 (7) | 505 (100) | Total femur, femoral neck, and lumbar spine |
| Leslie, 2013 ¹¹³ Low | OST | 18315 | 18315 | 18.8% based on low est T-score measurement from among those available for the lumbar spine and hip | 57 (4) | 18315 (100) | Proximal femur (femoral neck, total hip, trochanter) and lumbar spine |

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| First Author's | | | | | | | |
|--|---------|------------|------------|---|------------------|-------------|---------------------------------------|
| Last Name, Year | Name of | | N for | N (%) with Osteoporosis | | N (Percent) | |
| Risk of Bias | Tool | N Eligible | Analysis | Report for Each Site | Age | Female | Location of BMD |
| Lynn, 2008 ⁹⁷ | OST | US: 4658 | US: 4658 | US | | 0 (0) | Femoral neck, lumbar |
| Low | | | Hong Kong: | femoral neck: 5%, | | - (-) | spine, or total hip |
| | | 1914 | 1914 | lumbar spine: 3% | | | ' ' |
| | | | | Total spine: 10% | | | |
| | | | | Hong Kong | | | |
| | | | | femoral neck: 5%, | | | |
| | | | | lumbar spine: 2% | | | |
| | | | | Total spine: 5% | | | |
| Machado, 2010 ⁹⁸ | OST | 202 | 202 | 35 (16.8%) based on low est T | 63.8(8.2) | 0 (0) | Femoral neck, total hip, |
| Low | | | | score at any site | 75.7% were less | | and lumbar spine, but the |
| | | | | 30 (14.9%) based on LS | than 70 years | | low est value at any site |
| | | | | 10 (5%) based on FN | | | was used to determine |
| | 007 | 00.4 | | 2 (1%) based on total hip | - 1 0 (= 1) | 00= (400) | osteoporosis. |
| Martinez-Aguila, 2007 ⁹⁹ | OST | 694 | 665 | 117 (17.6%) based on low est | 54.2 (5.4) | 665 (100) | Femoral neck or lumbar |
| Unclear | | | | BMD at spine or femoral neck 16.7% based on LS | | | spine |
| Unclear | | | | 3.8% based on femoral neck | | | |
| McLeod, 2015 ¹⁰¹ | OST | 174 | 174 | 18 (10.3%) | 59 (6.7) | 174 (100) | Femoral neck, lumbar |
| Low | 001 | ' ' - | | 10 (10.5%) | 33 (0.1) | 174 (100) | spine |
| Morin, 2009 ¹⁰² | OST | 8254 | 8254 | 1,226 (14.9%) at any site | 52.7 (4.9) | 8254 (100) | Femoral neck, total hip, |
| Unclear | | 020 . | 5_5 . | .,=== (:, ,, a. a, | 02 (0) | 0201 (100) | and proximal femur, lumbar |
| | | | | | | | spine |
| Pang, 2014 ¹⁰⁶ | OST | 626 | 626 | Lumbar Spine: 32 (5.2) | 78.2 (SD 5.8) | 282 (45.1) | Lumbar spine, femoral |
| Low | | | | Femoral Neck:47 (8.7) | | | neck, and total hip |
| | | | | Total hip: 34 (5.4) | | | |
| | | | | Low est any site: 77 (12.3) | | | |
| Richards, 2014 ¹⁰⁸ | OST | 520 | 518 | 92 (17.8%) | 66 (NR) | 0 (0) | Femoral neck and total hip |
| Unclear | | | | 70 | | | |
| Richy, 2004 ⁸⁰ | OST | 4035 | 4035 | 18.5% based on femoral neck ⁷⁸ | 61.5 (8.8) | 4035 (100) | Femoral neck, total hip, |
| Unclear | | | | 9.5% based on total hip ⁷⁸ | | | lumbar spine ⁷⁸ |
| | | | | 24.3% based on spine ⁷⁸ | | | |
| D. d. 000E109 | OCT | 2010 | 2000 | 32% based on any site ⁸⁰ | TO F (40 4 FO C) | 2000 (400) | Consequence of the latest thin |
| Rud, 2005 ¹⁰⁹ Low | OST | 2016 | 2009 | 92 (4.6%) based on low est T score in the femoral neck, total | 50.5 (48.4-52.6) | 2009 (100) | Femoral neck, total hip, lumbar spine |
| LOW | | | | hip, and lumbar spine | | | |
| Sinnott, 2006 ¹¹¹ | OST | 128 | 128 | 7% (any site) | 63.8 (14.8) | 0 (0) | Lumbar spine (L1-L4) and |
| Low | | 120 | 120 | 7 70 (arry Site) | 00.0 (14.0) | 0 (0) | the non-dominant hip |
| LOW | | | | | | | (femoral neck, trochanter, |
| | | | | | | | total hip) |
| Zimering, 2007 ¹¹² | OST | 197 | 197 | 11% based on femoral neck | 68.2 (10.2) | 0 (0) | Femoral neck |
| Unclear | | | | | | | |
| | I. | | | | | | |

| First Author's Last Name, Year Risk of Bias | Name of Tool | N Eligible | N for Analysis | N (%) with Osteoporosis Report for Each Site | Age | N (Percent) Female | Location of BMD |
|---|--|-------------------------|----------------------------|--|--|-----------------------|---|
| Chan, 2006 ⁸⁶ unclear | OSTA | 135 | 135 | Femoral Neck: 33 (24) Spine: 37 (27) | 68.4 (SD 5.5) | 135 (100) | Primary was femoral neck; spine was also analysed |
| Kung, 2003 ⁹⁵ Low | OSTA | 722 | 722 | femoral neck: 21.5%, lumbar spine: 30.6% either region: 37.7% | 62 (8) | 722 (100) | Femoral neck, lumbar spine, or either |
| Kung, 2005 ⁹⁶ Low | OSTA | 356 | 356 | femoral neck: 11.2%, lumbar spine: 10.1% either region: 15.8% | 64 (range 50-90) | 0 (0) | Femoral neck, lumbar spine, or either |
| Machado, 2010 ⁹⁸ Low | OSTA | 202 | 202 | 34 (16.8%) based on low est T score at any site 30 (14.9%) based on LS 10 (5%) based on FN 2 (1%) based on total hip | 63.8(8.2) 75.7% were less than 70 years | 0 (0) | Femoral neck, total hip, and lumbar spine, but the low est value at any site w as used to determine osteoporosis. |
| Nguyen, 2004 ¹⁰³ Low | OSTA | 2095 (entire cohort) | 410 (validation cohort) | At any site: 41.5% (95% Cl, 36.7 to 46.3) FN 30.0% (95% Cl, 25.8 to 34.6) LS 26.1% (22.1% to 30.6%) | 70.5 (7.5) | 410 (100) | Lumbar spine and femoral neck |
| Oh, 2013 ¹⁰⁴ Low | OSTA | 1046 | 1046 | Based on T score at LS: 252 (24.1) Based on T score at FN: 155 (14.8) Based on low est T score at any site: 310 (29.6) | 62.3 (SD 8.2) | 1046 (100) | Total femur, femoral neck, and L1-L4 spine |
| Oh, 2016 ¹⁰⁵ Low | OSTA | 1353 | 1110 | Based on -2.5 at Femoral neck: 35 (3.2%) Based on -2.5 at Lspine: 73 (6.6%) Based on low est at any site: 91 (8.2%) | 63.5 (8.3) | 0 (0) | Total femur, femoral neck, L1-L4 spine |
| Park, 2003 ¹⁰⁷ Unclear | OSTA | 1101 | 1101 | 119 (11%) | 59.1 (7.7) | 1101 (100) | Femoral neck |
| Zimering, 2007 ¹¹² Unclear | Reduced MSCORE (age and w eight- variable specific scores) | 197 | 197 | 11% based on femoral neck | 68.2 (10.2) | 0 (0) | Femoral neck |

| First Author's Last Name, Year Risk of Bias | Name of Tool | N Eligible | N for Analysis | N (%) with Osteoporosis Report for Each Site | Age | N (Percent) Female | Location of BMD |
|---|-----------------|---|-------------------|--|--|-----------------------|---|
| Ben Sedrine, 2001 ⁷⁸ Low | SCORE | 4035 | 4035 | 18.5% based on femoral neck ⁷⁸ 9.5% based on total hip ⁷⁸ 24.3% based on spine ⁷⁸ 32% based on any site ⁸⁰ | 61.5 (8.8) | 4035 (100) | Femoral neck, total hip, lumbar spine ⁷⁸ |
| Brenneman, 2003 ⁸¹ Low | SCORE | 428 | 416 | 126 (30.3%) based on low est T score of hip or lumbar spine | 69.3 (5.5) | 416 (100) | Hip, lumbar spine |
| Cadarette, 2001 ⁸² Low | SCORE | 2434 | 2365 | 239 (10%) based on femoral neck | 66.4 (SD 8.8) | 2365 (100) | Femoral neck |
| Cass, 2006 ⁸⁴ Low | SCORE | 399 eligible, 226 enrolled (the remainder declined enrollment) | 203 | Hip Only: 1.0% Spine Only: 7.9% Both: 2.0% | 60.2 (SD 9.6) | 226 (100) | Total hip and total lumbar spine; low est T Score from either was used. |
| Chan, 2006 ⁸⁶ unclear | SCORE | 135 | 135 | Femoral Neck: 33 (24) Spine: 37 (27) | 68.4 (SD 5.5) | 135 (100) | Primary was femoral neck; spine was also analysed |
| Cook et al, 2005 ⁸⁷ Unclear | SCORE | 208 | 208 | 45 (21.6) | 59.7 (29-87) | 208 (100) | Lumbar spine, proximal femur |
| Crandall, 2014 ⁵⁷ Low | SCORE | 2857 | 2857 | NR (5) | 57.7 (based on entire sample of 5167) | 2857 (100) | Femoral neck, total hip and lumbar spine (outcomes reported based on FN BMD) |
| Gourlay, 2005 ⁷⁹ unclear | SCORE | 4035 | 4035 | 9.5% based on femoral neck ⁷⁹ | 61.5 (8.8) | 4035 (100) | Femoral neck, total hip, lumbar spine ⁷⁸ |
| Gourlay, 2008 ⁹² Unclear | SCORE | 7779 | 7235 | 20.5% (based on FN site) | 2714 (34.9%) >=75y 5065 (65.1%) age 67-74 | 7235 (100) | Lumbar spine and femoral neck |
| Harrison et al, 2006 ⁹³ Low | SCORE | 207 | 207 | 70 (33.8) at any site | 61 (4) | 207 (100) | Hip (femoral neck and total hip) and lumbar spine (L1- L4) |
| Jimenez-Nunez, 2013 ⁹⁴ Low | SCORE | 505 | 505 | 20% any site | 61 (7) | 505 (100) | Total femur, femoral neck, and lumbar spine |
| Mauck, 2005 ¹⁰⁰ Low | SCORE | NR | 202 | Overall: 69 (34%) (Based on FN T score, would have been 7% if based on LS T Score) age 45-64: 11 (5%) age 65+: 58 (29%) | Mean 69.2 (SD 11.9) N (%) age 45-64: 79 (39%) >=65: 123 (61%) | 202 (100) | Lumbar spine and femoral neck |

| First Author's Last Name, Year Risk of Bias | Name of Tool | N Eligible | N for Analysis | N (%) with Osteoporosis Report for Each Site | Age | N (Percent) Female | Location of BMD |
|---|-----------------|-------------------------|----------------------------|--|---|-----------------------|--|
| Richy, 2004 ⁸⁰ Unclear | SCORE | 4035 | 4035 | 18.5% based on femoral neck ⁷⁸ 9.5% based on total hip ⁷⁸ 24.3% based on spine ⁷⁸ 32% based on any site ⁸⁰ | 61.5 (8.8) | 4035 (100) | Femoral neck, total hip, lumbar spine ⁷⁸ |
| Rud, 2005 ¹⁰⁹ Low | SCORE | 2016 | 2009 | 92 (4.6%) based on low est T score in the femoral neck, total hip, and lumbar spine | 50.5 (48.4-52.6) | 2009 (100) | Femoral neck, total hip, lumbar spine |
| Brenneman, 2003 ⁸¹ Low | SOF | 428 | 416 | 126 (30.3%) based on low est T score of hip or lumbar spine | 69.3 (5.5) | 416 (100) | Hip, lumbar spine |
| Cook et al, 2005 ⁸⁷ unclear | SOFSURF | 208 | 208 | 45 (21.6) | 59.7 (29-87) | 208 (100) | Lumbar spine, proximal femur |
| Geusens, 2002 ⁹⁰ Unclear | SOFSURF | NR | 1102 | US Clinic sample (Based on FN site): 14% | US clinic sample: 61.3 (SD 9.6) NR for other samples | 1102 (100) | Lumbar spine and femoral neck |
| Nguyen, 2004 ¹⁰³ Low | SOFSURF | 2095 (entire cohort) | 410 (validation cohort) | At any site: 41.5% (95% Cl, 36.7 to 46.3) FN 30.0% (95% Cl, 25.8 to 34.6) LS 26.1% (22.1% to 30.6%) | 70.5 (7.5) | 410 (100) | Lumbar spine and femoral neck |

Abbreviations: BMD=body mass index; FN=femoral neck; L1-L4=lumbar 1 to lumbar 4; LS=lumbar spine; N=number; NR=not reported; SD=standard deviation; US=United States.

| First Author's Last Name, Year Risk of Bias | Name of Tool | T-Score References Ranges | if Reported | Other Comments on BMD Test | Did Analysis Include Additional Adjustments? | If Yes, List Adjustment Variables |
|---|-----------------------------|--|--|--|---|---|
| Cadarette, 2001 ⁸² Low | ABONE | Canadian young adult normal values at the femoral neck. (Authors note that the Canadian young adult normal reference at the femoral neck (mean [SD], 0.857 [0.125] g/cm3) is similar to that reported by NHANES III for non-Hispanic white Americans (mean [SD], 0.858 [0.120] g/cm3). | Hologic QDR 2000 Hologic QDR 1000 Lunar DPX | BMD at femoral neck used to determine T score | No | NA |
| Chan, 2006 ⁸⁶ unclear | ABONE | NR | DXA (Hologic QDR 4500A), NR | BMD at femoral neck used to determine T score | Unclear | NA |
| D'Amelio, 2005 ⁸⁸ Low | AMMEB | NR | Hologic QDR 4500 | Low est BMD at femoral neck, or lumbar spine used to determine T score. | No | NA |
| D'Amelio, 2013 ⁸⁹ Low | AMMEB | NR | DXA (Hologic QDR 4500), NR | Low est BMD at total hip, femoral neck, or lumbar spine used to determine T score. | Unclear | NA |
| Nguyen, 2004 ¹⁰³ Low | DOESCore | Reference ranges for calculation of T scores not described. Under "Measurements": used BMD values of young Australian women at either the femoral neck or lumbar spine as reference to determine T score | LUNAR DPX-L densitometer | Low est BMD at femoral neck, or lumbar spine used to determine T score. | No | NA |
| Jimenez-Nunez, 2013 ⁹⁴ Low | FRAX: Hip | Manufacturer's reference for the Spanish population | GE Lunar Prodigy Advance DEXA densitometer (softw are ENCORE 2006) | femoral neck or lumbar spine | No | NA |
| Pang, 2014 ¹⁰⁶ Low | FRAX: Hip without BMD (>3%) | Manufacturer's sex specific normative databse and an ethnic database. | Lunar Prodigy limited fan-beam machine, NR | NR | Unclear | NA |
| Jimenez-Nunez, 2013 ⁹⁴ Low | FRAX: MOF | Manufacturer's reference for the Spanish population | GE Lunar Prodigy Advance DEXA densitometer (softw are ENCORE 2006) | Low est score at femoral neck or lumbar spine | No | NA |

| First Author's Last Name, Year Risk of Bias | Name of Tool | T-Score References Ranges | if Reported | Other Comments on BMD Test | Did Analysis Include Additional Adjustments? | If Yes, List Adjustment Variables |
|---|--|--|--|---|---|---|
| Pang, 2014 ¹⁰⁶ Low | FRAX: MOF FRAX without BMD (>6.5%) | Manufacturer's sex specific normative databse and an ethnic database. | Lunar Prodigy limited fan-beam machine, NR | NR | Unclear | NA |
| Leslie, 2013 ¹¹³ Low | FRAX: MOF w ithout BMD | Femoral T-scores calculated based on NHANES III white female reference; lumbar spine used T-scores used manufacturer's USA white female reference values | NR | Low est score at lumbar spine and hip | No | NA |
| Bansal, 2015 ⁵⁶ Fair | FRAX: MOF w ithout BMD (>=9.3%) | NR | NR | NR | No | NA |
| Cass, 2016 ¹¹⁴ Low | FRAX: MOF w ithout BMD (>=9.3%) | NHANES III non-Hispanic White w omen age 20-29 years old | NR | NR | No | NA |
| Crandall, 2014 ⁵⁷ Low | FRAX: MOF w ithout BMD (>=9.3%) | NHANES III normative reference database (presumably young non- hispanic white females 20-29, though this is not specifically reported) | DXA (Hologic QDR 4500A), NR | Femoral neck | Unclear | NA |
| Gnudi, 2005 ⁹¹ Low | Gnudi et al clinical prediction tool | "Reference values were those reported by Norland for the European female population." Age not given | Norland XR 36 | NR | No | NA |
| Cass, 2013 ⁸⁵ Low | MORES | NHANES III non-Hispanic White women age 20-29 years old. | furnished by GE Health Care) | score of -2.5 at the femoral neck OR total hip | Unclear | NA |
| Shepherd, 2007 ¹¹⁰ ; Cass, 2016 ¹¹⁴ Low | MORES | T scores derived from race/ethnicity and sex-specific bone mineral density for Hispanic, non-Hispanic w hite, and non-Hispanic black men ages 20-29. | Hologic QDR | NR | No | NA |
| Shepherd, 2010 ¹¹⁵ Low | MORES | White men age 20-29; w hole body DXA Hologic QDR-4500A | NR | NR | No | no |
| Lynn, 2008 ⁹⁷ Low | MOST | US: NHANES Hong Kong: local Chinese reference ranges | Hologic QDR 4500W bone densitometers | Results presented for femoral neck, lumbar spine, total hip, or any site | No | NA |
| Zimering, 2007 ¹¹² Unclear | MSCORE | T score <= -2.5 compared to NHANES III young male, ethnicity/race- specific reference data | Hologic QDR 4500 SL | NR | No | NA |

| First Author's | | | Machine and | Oth a r Camana anta | Did Analysis Include | If Yes, List |
|--------------------------------------|--------------|--|---|---|-------------------------|-------------------------|
| Last Name, Year Risk of Bias | Name of Tool | T-Score References Ranges | if Reported | Other Comments on BMD Test | Additional Adjustments? | Adjustment Variables |
| Cadarette, 2001 ⁸² Low | NOF | Canadian young adult normal values at the femoral neck. (Authors note that the Canadian young adult normal reference at the femoral neck (mean [SD], 0.857 [0.125] g/cm3) is similar to that reported by NHANES III for non-Hispanic white Americans (mean [SD], 0.858 [0.120] g/cm3). | Hologic QDR 4500 Hologic QDR 2000 Hologic QDR 1000 Lunar DPX | neck used to determine T score | No | NA |
| D'Amelio, 2005 ⁸⁸ Low | NOF | NR | Hologic QDR 4500 | NR | No | NA |
| D'Amelio, 2013 ⁸⁹ Low | NOF | NR | DXA (Hologic QDR 4500), NR | Low est BMD at total hip, femoral neck, or lumbar spine used to determine T score. | Unclear | NA |
| Mauck, 2005 ¹⁰⁰ Low | NOF | T scores based on references ranges for young healthy women age 20-29 years in the local community area | QDR2000 instrument; Hologic, Waltham, Mass | NR | Yes | Age |
| Cadarette, 2001 ⁸² Low | ORAI | Canadian young adult normal values at the femoral neck. (Authors note that the Canadian young adult normal reference at the femoral neck (mean [SD], 0.857 [0.125] g/cm3) is similar to that reported by NHANES III for non-Hispanic white Americans (mean [SD], 0.858 [0.120] g/cm3). | Hologic QDR 2000 Hologic QDR 1000 Lunar DPX | BMD at femoral neck used to determine T score | No | NA |
| Cadarette, 2004 ⁸³ Low | ORAI | NR | Hologic Lunar Norland Unknow n | Low est BMD at femoral neck, or lumbar spine used to determine T score. | No | NA |
| Cass, 2006 ⁸⁴ Low | ORAI | NHANES III non-Hispanic White women age 20-29 years old. | DXA (Hologic QDR 4500A), NR | score of -2.5 at the femoral neck OR total hip | Unclear | NA |
| Chan, 2006 ⁸⁶ unclear | ORAI | NR | DXA (Hologic QDR 4500A), NR | BMD at femoral neck used to determine T score | Unclear | NA |

| First Author's Last Name, Year Risk of Bias | Name of Tool | T-Score References Ranges | Machine and Software Version if Reported | Other Comments on BMD Test | Did Analysis Include Additional Adjustments? | If Yes, List Adjustment Variables |
|---|--------------|--|---|--|---|---|
| Cook et al, 2005 ⁸⁷ unclear | ORAI | T-scores were computed using the databases supplied with the systems | | Low est value of lumbar spine or total hip used to classify as osteoporosis | No | NA |
| D'Amelio, 2005 ⁸⁸ Low | ORAI | NR | Hologic QDR 4500 | Low est BMD at femoral neck, or lumbar spine used to determine T score. | No | NA |
| Low | ORAI | NR | DXA (Hologic QDR 4500), NR | Low est BMD at total hip, femoral neck, or lumbar spine used to determine T score. | | NA |
| Geusens, 2002 ⁹⁰ Unclear | ORAI | FN: non-hispanic female w hite w omen age 20-29 (NHANES) LS: unclear | The brand of DXA manufacturer varied among centers, and included Norland, Hologic, and Lunar machines | NR | No | NA |
| Gourlay, 2005 ⁷⁹ unclear | ORAI | T score reference range was NHANES III non-Hispanic white women age 20- 29 years at the femoral neck | Hologic QDR 1000, 2000 and 4500 densitometers | BMD at femoral neck used to determine T score | No | NA |
| Gourlay, 2008 ⁹² Unclear | ORAI | FN: non-hispanic female whitewomen age 20-29 (NHANES) LS: manufacturers norms forwomen age 30 years | Hologic | NR | No | NA |
| Harrison et al, 2006 ⁹³ Low | ORAI | Hologic reference data for the T and z scores calculated using Hologic reference dataa for the lumbar spine and NHANES reference data for the proximal femur | GE Lunar Prodigy (GE Lunar Corporation, Madison, WI, USA) or the Hologic Discovery (Hologic Inc., Bedford, Massachusetts, USA). | Value of -2.5 or below at the total hip, femoral neck or lumbar spine | No | NA |

| First Author's Last Name, Year Risk of Bias | Name of Tool | T-Score References Ranges | Machine and Software Version if Reported | Other Comments on BMD Test | Did Analysis Include Additional Adjustments? | If Yes, List Adjustment Variables |
|---|--------------|---|--|---|---|---|
| Jimenez-Nunez, 2013 ⁹⁴ Low | ORAI | Manufacturer's reference for the Spanish population | GE Lunar Prodigy Advance DEXA densitometer (softw are ENCORE 2006) | Low est score at femoral neck or lumbar spine | No | NA |
| Martinez-Aguila, 2007 ⁹⁹ Unclear | ORAI | T -Scores from reference range from a study conducted in a Spanish population of healthy subjects of same sex with peak bone mass | Hologic QDR | Low est site at femoral neck or lumbar spine | No | NA |
| Mauck, 2005 ¹⁰⁰ Low | ORAI | T scores based on references ranges for young healthy women age 20-29 years in the local community area | QDR2000 instrument; Hologic, Waltham, Mass | BMD at femoral neck used to determine T score | Yes | Age |
| Nguyen, 2004 ¹⁰³ Low | ORAI | Reference ranges for calculation of T scores not described. Under "Measurements": used BMD values of young Australian women at either the femoral neck or lumbar spine as reference to determine T score | LUNAR DPX-L densitometer | Low est BMD at femoral neck, or lumbar spine used to determine T score. | No | NA |
| Richy, 2004 ⁸⁰ Unclear | ORAI | Reference values specifically established for the population of Liege. | Hologic QDR2000 | Low est BMD at total hip, femoral neck, or lumbar spine used to determine T score. Individual T score by site also reported | No | NA |
| Rud, 2005 ¹⁰⁹ Low | ORAI | T scores for the femoral neck and total hip calculated using NHANES III reference values Hologic references values were used for the lumbar spine. Authors do not specify if age matched reference group was used or young white women. | Hologic QDR 1000/W and QDR 2000 | NR | No | NA |
| Cook et al, 2005 ⁸⁷ unclear | OSIRIS | T-scores were computed using the databases supplied with the systems | Hologic QDR-4500C | Low est value of lumbar spine or total hip used to classify as osteoporosis | No | NA |

| First Author's Last Name, Year Risk of Bias | Name of Tool | T-Score References Ranges | if Reported | Other Comments on BMD Test | Did Analysis Include Additional Adjustments? | If Yes, List Adjustment Variables |
|---|--------------|--|---|---|---|---|
| Harrison et al, 2006 ⁹³ Low | OSIRIS | Hologic reference data for the T and z scores calculated using Hologic reference dataa for the lumbar spine and NHANES reference data for the proximal femur | GE Lunar Prodigy (GE Lunar Corporation, Madison, WI, USA) or the Hologic Discovery (Hologic Inc., Bedford, Massachusetts, USA). | Value of -2.5 or below at the total hip, femoral neck or lumbar spine | No | NA |
| Jimenez-Nunez, 2013 ⁹⁴ Low | OSIRIS | Manufacturer's reference for the Spanish population | GE Lunar Prodigy Advance DEXA densitometer (softw are ENCORE 2006) | Low est score at femoral neck or lumbar spine | No | NA |
| Martinez-Aguila, 2007 ⁹⁹ Unclear | OSIRIS | T Scores from reference range from a study conducted in a Spanish population of healthy subjects of same sex with peak bone mass | Hologic QDR | Low est site at femoral neck or lumbar spine | No | NA |
| Richy, 2004 ⁸⁰ Unclear | OSIRIS | Reference values specifically established for the population of Liege. | Hologic QDR2000 | Low est BMD at total hip, femoral neck, or lumbar spine used to determine T score. Individual T score by site also reported | No | NA |
| Adler, 2003 ⁷⁷ Low | OST | NHANES reference database for hip Hologic reference source for spine Age, gender, race of reference group not reported | Hologic QDR 4500 | NR | No | NA |
| Cadarette, 2004 ⁸³ Low | OST | NR . | Hologic Lunar Norland Unknow n | Low est BMD at femoral neck, or lumbar spine used to determine T score. | No | NA |
| Cook et al, 2005 ⁸⁷ unclear | OST | T-scores were computed using the databases supplied with the systems | Hologic QDR-4500C | Low est value of lumbar spine or total hip used to classify as osteoporosis | No | NA |

| First Author's Last Name, Year Risk of Bias | Name of Tool | T-Score References Ranges | Machine and Software Version if Reported | Other Comments on BMD Test | Did Analysis Include Additional Adjustments? | If Yes, List Adjustment Variables |
|---|--------------|--|---|--|---|---|
| Crandall, 2014 ⁵⁷ Low | OST | NHANES III normative reference database (presumably young non-hispanic white females 20-29, though this is not specifically reported) | 4500À), NŘ | Femoral neck | Unclear | NA |
| D'Amelio, 2005 ⁸⁸ Low | OST | NR | Hologic QDR 4500 | femoral neck, or lumbar spine used to determine T score. | No | NA |
| D'Amelio, 2013 ⁸⁹ Low | OST | NR | DXA (Hologic QDR 4500), NR | Low est BMD at total hip, femoral neck, or lumbar spine used to determine T score. | | NA |
| Geusens, 2002 ⁹⁰ Unclear | OST | FN: non-hispanic female w hite w omen age 20-29 (NHANES) LS: unclear | The brand of DXA manufacturer varied among centers, and included Norland, Hologic, and Lunar machines | NR | No | NA |
| Gourlay, 2005 ⁷⁹ unclear | OST | T score reference range was NHANES III non-Hispanic white women age 20- 29 years at the femoral neck | Hologic QDR 1000, 2000 and 4500 densitometers | BMD at femoral neck used to determine T score | No | NA |
| Gourlay, 2008 ⁹² Unclear | OST | FN: non-hispanic female whitewomen age 20-29 (NHANES) LS: manufacturers norms for women age 30 years | Hologic | NR | No | NA |
| Harrison et al, 2006 ⁹³ Low | OST | Hologic reference data for the T and z scores calculated using Hologic reference dataa for the lumbar spine and NHANES reference data for the proximal femur | GE Lunar Prodigy (GE Lunar Corporation, Madison, WI, USA) or the Hologic Discovery (Hologic Inc., Bedford, Massachusetts, USA). | Value of -2.5 or below at the total hip, femoral neck or lumbar spine | No | NA |

| First Author's Last Name, Year Risk of Bias | Name of Tool | T-Score References Ranges | Machine and Software Version if Reported | Other Comments on BMD Test | Did Analysis Include Additional Adjustments? | If Yes, List Adjustment Variables |
|---|--------------|---|---|---|---|---|
| Jimenez-Nunez, 2013 ⁹⁴ Low | OST | Manufacturer's reference for the Spanish population | GE Lunar Prodigy Advance DEXA densitometer (software ENCORE 2006) | Low est score at femoral neck or lumbar spine | No | NA |
| Leslie, 2013 ¹¹³ Low | OST | Femoral T-scores calculated based on NHANES III white female reference; lumbar spine used T-scores used manufacturer's USA white female reference values | NR | Low est score at lumbar spine and hip | No | NA |
| Lynn, 2008 ⁹⁷ Low | OST | US: NHANES Hong Kong: local Chinese reference ranges | Hologic QDR 4500W bone densitometers | Results presented for femoral neck, lumbar spine, total hip, or any site | No | NA |
| Machado, 2010 ⁹⁸ Low | OST | NHANES III young normal references values (sex unspecified) for FN; manufacturer's database for male caucasian references values for LS (age unspecified) | Hologic QDR 4500/c bone densitometer | NR | No | NA |
| Martinez-Aguila, 2007 ⁹⁹ Unclear | OST | T Scores from reference range from a study conducted in a Spanish population of healthy subjects of same sex with peak bone mass | Hologic QDR | Low est site at femoral neck or lumbar spine | No | NA |
| McLeod, 2015 ¹⁰¹ Low | OST | NHANES III | GE Lunar Prodigy densitometer | Results presented for femoral neck and lumbar spine | No | NA |
| Morin, 2009 ¹⁰² Unclear | OST | Reports T Scores for LS used manufacturers US white female reference ranges, based on revised NHANES III, but these are only applicable to FN, and the study states this reference range was used for LS. | Lunar Prodigy; GE Lunar, Madison, WI, USA). | NR | No | NA |
| Pang, 2014 ¹⁰⁶ Low | OST | Manufacturer's sex specific normative databse and an ethnic database. | Lunar Prodigy limited fan-beam machine, NR | NR | Unclear | NA |

| First Author's Last Name, Year Risk of Bias | Name of Tool | T-Score References Ranges | if Reported | Other Comments on BMD Test | Did Analysis Include Additional Adjustments? | If Yes, List Adjustment Variables |
|---|--------------|---|---|---|---|---|
| Richards, 2014 ¹⁰⁸ Unclear | OST | NHANES III | Hologic (Hologic Inc., Bedford, MA) or the Lunar (GE Healthcare, Madison, WI) scanner, specific to each participating center. To adjust for systematic differences in BMD by DXA, values were standardized to the Hologic BMD using published | | No | NA |
| Richy, 2004 ⁸⁰ Unclear | OST | Reference values specifically established for the population of Liege. | Hologic QDR2000 | Low est BMD at total hip, femoral neck, or lumbar spine used to determine T score. Individual T score by site also reported | | NA |
| Rud, 2005 ¹⁰⁹ Low | OST | T scores for the femoral neck and total hip calculated using NHANES III reference values Hologic references values were used for the lumbar spine. Authors do not specify if age matched reference group was used or young white women. | Hologic QDR 1000/W and QDR 2000 | NR | No | NA |
| Sinnott, 2006 ¹¹¹ Low | OST | T-scores were calculated using the manufacturer's reference values, namely a young Caucasian male database for the hip and a Caucasian female database for the spine | GE lunar machine (General Electric, Madison, Wis.) | for total hip, femoral neck or trochanter | No | NA |
| Zimering, 2007 ¹¹² Unclear | OST | T score <= -2.5 compared to NHANES III young male, ethnicity/race- specific reference data | Hologic QDR 4500 SL | NR | No | NA |

| First Author's Last Name, Year Risk of Bias | Name of Tool | T-Score References Ranges | Machine and Software Version if Reported | Other Comments on BMD Test | Did Analysis Include Additional Adjustments? | If Yes, List Adjustment Variables |
|---|--------------|--|--|--|---|---|
| Chan, 2006 ⁸⁶ unclear | OSTA | NR | DXA (Hologic QDR 4500A), NR | BMD at femoral neck used to determine T score | Unclear | NA |
| Kung, 2003 ⁹⁵ Low | OSTA | Peak young Chinese mean values used for calculating T- scores: L1–L4 BMD 1.02±0.11 g/cm2, femoral neck 0.77±0.09 g/cm2, total hip BMD 0.86±0.10 g/cm2, | Sahara ultrasound bone densitometer (Hologic) | Results presented for femoral neck, or femoral neck or lumbar spine | No | NA . |
| Kung, 2005 ⁹⁶ Low | OSTA | NR | QDR 2000 Plus, Hologic | Results presented for femoral neck, lumbar spine, or femoral neck or lumbar spine | No | NA |
| Machado, 2010 ⁹⁸ Low | OSTA | NHANES III young normal references values (sex unspecified) for FN; manufacturer's database for male caucasian references values for LS (age unspecified) | Hologic QDR 4500/c bone densitometer | NR | No | NA |
| Nguyen, 2004 ¹⁰³ Low | OSTA | Reference ranges for calculation of T scores not described. Under "Measurements": used BMD values of young Australian women at either the femoral neck or lumbar spine as reference to determine T score | LUNAR DPX-L densitometer | Low est BMD at femoral neck, or lumbar spine used to determine T score. | No | NA |
| Oh, 2013 ¹⁰⁴ Low | OSTA | Sex-specific normal values for young Japanese women. | QDR Discovery fan beam densitometer (Hologic), Hologic Discovery software (version 13.1) | NR | Unclear | NA |
| Oh, 2016 ¹⁰⁵ Low | OSTA | Gender specific norms for young Japanese men. | Hologic | Defined Osteo as BMd of -2.5 or -2.0 (did both) at the femoral neck or lumbar spine. | No | n/a |
| Park, 2003 ¹⁰⁷ Unclear | OSTA | Reference range for young Korean women | GE Lunar Model DPQ-IQ, | NR | No | NA |

| First Author's Last Name, Year Risk of Bias | Name of Tool | T-Score References Ranges | if Reported | Other Comments on BMD Test | Did Analysis Include Additional Adjustments? | If Yes, List Adjustment Variables |
|---|--|--|---|--|---|---|
| Zimering, 2007 ¹¹² Unclear | Reduced MSCORE (age and w eight- variable specific scores) | T score <= -2.5 compared to NHANES III young male, ethnicity/race- specific reference data | Hologic QDR 4500 SL | NR | No | NA |
| Ben Sedrine, 2001 ⁷⁸ Low | SCORE | Hologic QDR reference values specifically established for the population of Liege, Belgium (local reference values) | Hologic | NR | No | NA |
| Brenneman, 2003 ⁸¹ Low | SCORE | NHANES III do not specify age or gender of reference group | Hologic QDR 2000 | NR | No | NA |
| Cadarette, 2001 ⁸² Low | SCORE | Canadian young adult normal values at the femoral neck. (Authors note that the Canadian young adult normal reference at the femoral neck (mean [SD], 0.857 [0.125] g/cm3) is similar to that reported by NHANES III for non-Hispanic white Americans (mean [SD], 0.858 [0.120] g/cm3). | Hologic QDR 2000 Hologic QDR 1000 Lunar DPX | BMD at femoral neck used to determine T score | No | NA |
| Cass, 2006 ⁸⁴ Low | SCORE | NHANES III non-Hispanic White women age 20-29 years old. | DXA (Hologic QDR 4500A), NR | "positive" test is a T score of -2.5 at the femoral neck OR total hip | Unclear | NA |
| Chan, 2006 ⁸⁶ unclear | SCORE | NR | DXA (Hologic QDR 4500A), NR | | Unclear | NA |
| Cook et al, 2005 ⁸⁷ Unclear | SCORE | T-scores were computed using the databases supplied with the systems | Hologic QDR-4500C | Low est value of lumbar spine or total hip used to classify as osteoporosis | No | NA |
| Crandall, 2014 ⁵⁷ Low | SCORE | NHANES III normative reference database (presumably young non- hispanic white females 20-29, though this is not specifically reported) | DXA (Hologic QDR 4500A), NR | Femoral neck | Unclear | NA |
| Gourlay, 2005 ⁷⁹ unclear | SCORE | T score reference range was NHANES III non-Hispanic white women age 20- 29 years at the femoral neck | Hologic QDR 1000, 2000 and 4500 densitometers | BMD at femoral neck used to determine T score | No | NA |

| First Author's Last Name, Year Risk of Bias | Name of Tool | | Machine and Software Version if Reported | on BMD Test | Did Analysis Include Additional Adjustments? | If Yes, List Adjustment Variables |
|---|--------------|---|--|---|---|---|
| Gourlay, 2008 ⁹² Unclear | SCORE | FN: non-hispanic female w hite w omen age 20-29 (NHANES) LS: manufacturers norms for w omen age 30 years | Hologic | NR | No | NA |
| Harrison et al, 2006 ⁹³ Low | | Hologic reference data for the T and z scores calculated using Hologic reference dataa for the lumbar spine and NHANES reference data for the proximal femur | or the Hologic Discovery (Hologic Inc., Bedford, Massachusetts, USA). | Value of -2.5 or below at the total hip, femoral neck or lumbar spine | No | NA |
| Jimenez-Nunez, 2013 ⁹⁴ Low | SCORE | Manufacturer's reference for the Spanish population | GE Lunar Prodigy Advance DEXA densitometer (softw are ENCORE 2006) | Low est score at femoral neck or lumbar spine | No | NA |
| Mauck, 2005 ¹⁰⁰ Low | SCORE | T scores based on references ranges for young healthy women age 20-29 years in the local community area | QDR2000 | BMD at femoral neck used to determine T score | Yes | Age |
| Richy, 2004 ⁸⁰ Unclear | SCORE | Reference values specifically established for the population of Liege. | Hologic QDR2000 | Low est BMD at total hip, femoral neck, or lumbar spine used to determine T score. Individual T score by site also reported | | NA |
| Rud, 2005 ¹⁰⁹ Low | SCORE | T scores for the femoral neck and total hip calculated using NHANES III reference values Hologic references values were used for the lumbar spine. Authors do not specify if age matched reference group was used or young white women. | 1000/W and QDR 2000 | NR | No | NA |
| Brenneman, 2003 ⁸¹ Low | SOF | NHANES III do not specify age or gender of reference group | Hologic QDR 2000 | NR | No | NA |

| First Author's Last Name, Year | | T.O | Machine and Software Version | | | If Yes, List Adjustment |
|--|--------------|--|--|--|--------------|----------------------------|
| Risk of Bias | Name of Tool | T-Score References Ranges | if Reported | on BMD Test | Adjustments? | Variables |
| Cook et al, 2005 ⁸⁷ unclear | SOFSURF | T-scores were computed using the databases supplied with the systems | Hologic QDR-4500C | Low est value of lumbar spine or total hip used to classify as osteoporosis | No | NA |
| Geusens, 2002 ⁹⁰ Unclear | SOFSURF | FN: non-hispanic female whitewomen age 20-29 (NHANES) LS: unclear | The brand of DXA manufacturer varied among centers, and included Norland, Hologic, and Lunar machines | NR | No | NA |
| Nguyen, 2004 ¹⁰³ Low | SOFSURF | Reference ranges for calculation of T scores not described. Under "Measurements": used BMD values of young Australian women at either the femoral neck or lumbar spine as reference to determine T score | LUNAR DPX-L densitometer | Low est BMD at femoral neck, or lumbar spine used to determine T score. | No | NA |

Abbreviations: BMD=body mass index; cm=centimeter; DEXA or DXA=dual energy X-ray absorptiometry; FN=femoral neck; G=gram; LS=lumbar spine; NA=not applicable; NHANES=National Health And Nutrition Examination Survey; NR=not reported; SD=standard deviation; Wl=Wisconsin.

| First Author's Last Name, Year Risk of Bias | Tool | Period of Time between Risk Prediction Measurement and BMD Measurement (Specify Unit of Time) | AUC (95% CI) | Sensitivity | Specificity (95% CI) |
|--|--|--|--|--|--|
| Cadarette, 2001 ⁸² Low | | NR Likely < 2 years | AUROC with respect to DXA outcome of T score=< -2.5 at femoral neck ABONE: 0.72 (0.02) | 88.0) | ABONE >=2: 47.7 (45.6-49.8) |
| Chan, 2006 ⁸⁶ unclear | ABONE | Not specifically indicated but appears to have been done shortly after enrollment since subjects were enrolled prospectively. | ABONE>=3: 0.70 (0.63-0.78) | ABONE >=3: 81.8% (NR) | ABONE >=3: 55.9% (NR) |
| D'Amelio, 2005 ⁸⁸ Low | AMMEB | NR | AMMEB>=10: 0.71 (NR) | NR | NR |
| D'Amelio, 2013 ⁸⁹ Low | AMMEB | Not specifically indicated but appears to have been done shortly after enrollment since subjects were enrolled prospectively. | AMMEB>=10: 0.63 (NR) | NR | NR |
| Nguyen, 2004 ¹⁰³ Low | DOESCore | Concurrent | DOEScore for T score<-2.5: 0.75 (SE 0.03) | DOEScore >10:82% (NR) | DOEScore >10: 52% (NR) |
| Jimenez-Nunez, 2013 ⁹⁴ Low | FRAX: Hip | None | FRAX Hip: 0.82 (NR) | Threshold NR for sensitivity | Threshold NR for specificity |
| Pang, 2014 ¹⁰⁶ Low | FRAX: Hip w ithout BMD (>3%) | Not specifically indicated but appears to have been done shortly after enrollment since subjects were enrolled prospectively. | Based on low est BMD at any site (FN, Total Hip, LS) FRAX: 0.70 (0.64-0.75) | Based on low est BMD at any site, FRAX Score >3% 92.2 | Based on low est BMD at any site, FRAX Score >3% 37.1 |
| Jimenez-Nunez, 2013 ⁹⁴ Low | FRAX: MOF | None | FRAX MOF: 0.82 (NR) | Threshold NR for sensitivity | Threshold NR for specificity |
| Pang, 2014 ¹⁰⁶ Low | FRAX: MOF FRAX without BMD (>6.5%) | Not specifically indicated but appears to have been done shortly after enrollment since subjects were enrolled prospectively. | Based on low est BMD at any site FRAX: 0.68 (0.63-0.74) | Based on low est BMD at any site, FRAX Score >6.5% 89.6 | Based on low est BMD at any site, FRAX Score >6.5% 35.0 |
| Leslie, 2013 ¹¹³ Low | FRAX: MOF w ithout BMD | NR The state of th | FRAX AUROC for T score<=-2.5: 0.67 (0.66-0.68) | NR | NR |
| Bansal, 2015 ⁵⁶ Fair | FRAX: MOF w ithout BMD (>=9.3%) | NR | FRAX MOF risk >=9.3%: 0.58 (NR) | FRAX MOF risk ≥9.3%: 37 FRAX MOF risk ≥5.5%: 80.4 | FRAX MOF risk ≥9.3%: 74 FRAX MOF risk ≥5.5%: 26.8 |

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| First Author's Last Name, Year Risk of Bias | Tool | Period of Time between Risk Prediction Measurement and BMD Measurement (Specify Unit of Time) | AUC (95% CI) | | Specificity (95% CI) |
|--|--|---|---|---|---|
| Cass, 2016 ¹¹⁴ Low | FRAX: MOF without BMD (>=9.3%) | NR | 0.79 (0.74-0.84) | FRAX MOF risk >=9.3%: 0.39 (0.27-0.51) | FRAX MOF risk >=9.3%: 0.89 (0.87- 0.91) |
| Crandall, 2014 ⁵⁷ Low | FRAX: MOF w ithout BMD (>=9.3%) | Not specifically indicated but appears to have been done shortly after enrollment since subjects were enrolled prospectively. | ` | FRAX MOF risk >=9.3%: 33.3 (26.3-40.4) | FRAX MOF risk >=9.3%: 86.4 (85.1- 87.7) |
| Gnudi, 2005 ⁹¹ Low | Gnudi et al clinical prediction tool | NR | Gnudi et al clinical prediction tool: 0.744 (SE 0.023) | Cutoffs based on predicted probablity to have low BMD (PPL-BMD) (1) PPL-BMD = 0.090 (2) PPL-BMD = 0.132 (3) PPL-BMD = 0.156 Gnudi et al clinical prediction tool: (1) 97.2% (2) 95.5% (3) 91.6% | Cutoffs based on predicted probablity to have low BMD (PPL-BMD) (1) PPL-BMD = 0.090 (2) PPL-BMD = 0.132 (3) PPL-BMD = 0.156 Gnudi et al clinical prediction tool: (1) 16.9% (2) 27.7% (3) 31.0% |
| Cass, 2013 ⁸⁵ Low | MORES | Concurrent | | MORES>=6: 0.80 (0.52-0.96) | MORES>=6: 0.70 (0.64-0.74) |
| Shepherd, 2007 ¹¹⁰ ; Cass, 2016 ¹¹⁴ Low | MORES | NR | 0.842: 0.842 (0.811-0.873) (reported as 0.87 in Cass, 2016 ¹¹⁴) | MORES >= 6: 0.95 (0.81- 0.99) | MORES >= 6: 0.61 (0.57-0.64) |
| Shepherd, 2010 ¹¹⁵ Low | MORES | NR | MORES>=6 at lumbar spine: 0.66 (NR) | MORES >=6 at any site: 0.66 (95% Cl, 0.58 to 0.72) MORES>=6 at lumbar spine: 0.58 (95% Cl, 0.46 to 0.69) | MORES >=6 at any site: 0.68 (95% Cl, 0.65 to 0.70) MORES>=6 at lumbar spine: 0.65 (95% Cl, 0.63 to 0.68) |

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| First Author's Last Name, Year Risk of Bias | Tool | Period of Time between Risk Prediction Measurement and BMD Measurement (Specify Unit of Time) | AUC (95% CI) | Sensitivity | Specificity (95% CI) |
|--|--------|---|---|---|--|
| Lynn, 2008 ⁹⁷ Low | MOST | NR | MOST US Lumbar spine (SE): 0.782 (0.019) Total hip: 0.889 (0.016) Femoral neck: 0.808 (0.014) Any site: 0.799 (0.012) Hong Kong Lumbar spine (SE): 0.814 (0.016) Total hip: 0.892 (0.016) Femoral neck: 0.876 (0.018) Any site: 0.831 (0.014) | NR | NR |
| Zimering, 2007 ¹¹² Unclear | MSCORE | NR | MSCORE: 0.84 (0.74-0.95) | MSCORE >9: 88 | MSCORE>9: 57 |
| Cadarette, 2001 ⁸² Low | NOF | NR Likely < 2 years | AUROC with respect to DXA outcome of T score=<-2.5 at femoral neck NOF: 0.70 (0.02) | NOF Cutoff Score >=1 risk factor: 96.2 (93.8- 98.6) | NOF Cutoff Score >=1 risk factor: 17.8 (16.2-19.4) |
| D'Amelio, 2005 ⁸⁸ Low | NOF | NR | NOF>=1 : 0.60 (NR) | NR | NR |
| D'Amelio, 2013 ⁸⁹ Low | NOF | Not specifically indicated but appears to have been done shortly after enrollment since subjects were enrolled prospectively. | NOF>=1: 0.60 (NR) | NR | NR |
| Low | NOF | Concurrent | Age >=65: 0.60 (0.51-0.70) | NOF>=1 risk factor Overall: 100% (95% Cl, 95% to 100%) Age 45-64: 100% (95% Cl, 72 to 100%) Age 65+: 100% (95% Cl, 94% to 100%) | NOF>=1 risk factor NOF Overall: 10% (95% Cl, 5% to 16%) Age 45-64: 19% (95% Cl, 11% to 31%) Age 65+: 0% (95% Cl, 0% to 6%) |
| Cadarette, 2001 ⁸² Low | ORAI | NR Likely < 2 years | AUROC with respect to DXA outcome of T score=<-2.5 at femoral neck ORAI: 0.79 (0.01) | ORAI>=9: 97.5 (95.5- 99.5) | ORAI>=9: 27.8 (25.9- 29.7) |
| Cadarette, 2004 ⁸³ Low | ORAI | Unknow n | AUROC with respect to DXA outcome of T score=<-2.5 by lowest value at femoral neck or lumbar spine ORAI: 0.802 (SE 0.02) | ORA⊳8: 92.5 (85.6-96.7) | ORA >8: 38.7 (34.5-42.9) |

| First Author's Last Name, | | Period of Time between Risk Prediction Measurement | | | |
|--|------|---|---|--|--|
| Year | | and BMD Measurement | | | |
| Risk of Bias | Tool | (Specify Unit of Time) | AUC (95% CI) | Sensitivity | Specificity (95% CI) |
| Cass, 2006 ⁸⁴ Low | ORAI | Not specifically indicated but appears to have been done shortly after enrollment since subjects were enrolled prospectively. | ORA b=9: 0.74 (0.63-0.84) | ORAI>=9: 0.68 (0.49- 0.88) | ORA >=9: 0.66 (0.59- 0.73) |
| Chan, 2006 ⁸⁶ unclear | ORAI | Not specifically indicated but appears to have been done shortly after enrollment since subjects were enrolled prospectively. | AUC for ORAI value >=9: NR ORAI value >=20: 0.76 (0.68-0.84) | ORAI value >=9: 100% (NR) | ORAI value >=9: 9.8% (NR) |
| Cook et al, 200587 unclear | ORAI | None | ORAI: 0.664 (95% Cl, 0.739 to 0.595) | ORAI<14: 0.43 | ORAI<14: 0.86 |
| Low | ORAI | NR | ORA ⊳8: 0.32 (NR) | NR | NR |
| D'Amelio, 2013 ⁸⁹ Low | ORAI | Not specifically indicated but appears to have been done shortly after enrollment since subjects were enrolled prospectively. | ORAI >8: 0.68 (NR) | NR | NR |
| Geusens, 2002 ⁹⁰ Unclear | ORAI | NR | NR | ORAI >8: 90%(95% CI, 85% to 95%) | ORAI >8: 52% (95% Cl, 49% to 55%) |
| Gourlay, 2005 ⁷⁹ unclear | ORAI | NR | Reported by age groups: Age 45-64 ORAI 0.75 (95% Cl, 0.71 to 0.79) Age 65+ ORAI 0.75 (95% Cl, 0.71 to 0.78) | Reported by age groups: Age 45-64 ORAI (Higher Risk >=8) Age 65+ ORAI (Higher Risk >=13) 89.2 (95% Cl, 84.6 to 92.8) | Reported by age groups: Age 45-65 ORAI (Higher Risk >=8) 46.2 (95% Cl, 44.2 to 48.2) Age 65+ ORAI (Higher Risk >=13) 44.7 (95% Cl, 42.0 to 47.5) |
| Gourlay, 2008 ⁹² Unclear | ORAI | NR | ORAI >=9 for low est site (FN or LS): 0.70 (95% CI, 0.69 to 0.71) | NR for T score<=-2.5 | NR for T score<=-2.5 |
| Harrison et al, 2006 ⁹³ Low | ORAI | NR | ORAI: 0.67 (NR) | NR | NR |

| First Author's | | Period of Time between Risk | | | |
|---|--------|--|---|--|--|
| Last Name, | | Prediction Measurement | | | |
| Year | _ | and BMD Measurement | | | |
| Risk of Bias | Tool | (Specify Unit of Time) | AUC (95% CI) | Sensitivity | Specificity (95% CI) |
| Jimenez-Nunez, 2013 ⁹⁴ | ORAI | None | ORAI: 0.684 (NR) | ORAI>=9: 78 | ORAI>=9: 52 |
| Low | | | | | |
| Martinez-Aguila, 2007 ⁹⁹ Unclear | ORAI | NR, but study was done restrospectively so assumption is clinical risks were collected at the time of the BMD measurement. | ORA ⊳=9 for T-score < -2.5: 0.62 (95% CI 0.56 to 0.67) | ORAI>=9: 64.1 (95% CI 54.7 to 72.7) | ORAI>=9: 58.9 (95% CI 54.7 to 63.1) |
| Mauck, 2005 ¹⁰⁰ Low | ORAI | Concurrent | Unadjusted analyses for ORAI Overall: 0.84 (0.78-0.89) Age 45-64: 0.82 (0.71-0.94) Age >=65: 0.79 (0.71-0.87) | 94% to 100%) | ORAI >=9 Overall: 36% (95% Cl, 28% to 44%) Age 45-64: 69% (95% Cl, 57% to 80%) Age 65+: 0% (95 % Cl, 0% to 6%) |
| Nguyen, 2004 ¹⁰³ Low | ORAI | Concurrent | NR | ORAI >15: 61% (NR) | ORAI >15: 68% (NR) |
| Richy, 2004 ⁸⁰ Unclear | ORAI | NR | ORAI Total hip: 74.1 (NR) Femoral neck: 70.6 (NR) Lumbar spine: 64.4 (NR) Any site: 67 (NR) | ORAI>=8 Total hip: 90 Femoral neck: 82 Lumbar spine: 76 Any site: 76 | ORAI<8 Total hip: 43 Femoral neck: 45 Lumbar spine: 45 Any site: 48 |
| Rud, 2005 ¹⁰⁹ Low | ORAI | NR | AUROC for ORAI with respect to DXA outcome of T score=<-2.5 for any of three sites: femoral neck, total hip, lumbar spine: 0.64 (0.58–0.70) | FN=< -2.5 2) cutoff based on ROC analysis to yield Sn close to 90% and DXA outcome low est T score of FN, TH, LS=< -2.5 ORAI 1) cutoff>8: 50 (44–56) (<-2.0) 2) cutoff>2: 81 (76–8 | ORAI 1) cutoff>8: 75 (73– 77)(<-2.0) 2) cutoff>2: 39 (37– 41)(<-2.0) 3) cutoff>2: 37 (35– 39)(<-2.5) |
| Cook et al, 200587 unclear | | None | OSIRIS: 0.747 (95% Cl, 0.805 to 0.702) | OSIRIS<0: 70 | OSIRIS<0: 73 |
| Harrison et al, 2006 ⁹³ Low | OSIRIS | NR | OSIRIS: 0.70 (NR) | NR | NR |

| First Author's Last Name, Year Risk of Bias | Tool | Period of Time between Risk Prediction Measurement and BMD Measurement | | Sancitivity | Specificity (05% CI) |
|--|--------|---|--|--|---|
| Jimenez-Nunez, | OSIRIS | (Specify Unit of Time) None | AUC (95% CI) OSIRIS: 0.711 (NR) | Sensitivity OSIRIS<=-3: 81 | Specificity (95% CI) OSIRIS <=-3: 54 |
| 2013 ⁹⁴ Low | OSIRIS | None | OSIRIS. U.711 (INK) | O3IRI3<=-3. 01 | O3IRI3<=-3. 34 |
| Martinez-Aguila, 2007 ⁹⁹ Unclear | OSIRIS | NR, but study was done restrospectively so assumption is clinical risks were collected at the time of the BMD measurement. | OSIRIS<=1 for T-score < -2.5: 0.63 (95% Cl, 0.57 to 0.69) | OSIRIS<=1: 58.1 (95% Cl, 48.6 to 67.2) | OSIRIS<=1: 67.9 (95% Cl, 63.8 to 71.8) |
| Richy, 2004 ⁸⁰ | OSIRIS | NR | OSIRIS | OSIRIS<1 | OSIRIS>=1 |
| Unclear | | | | Total hip: 84 Femoral neck: 75 Lumbar spine: 63 Any site: 64 | Total hip: 63 Femoral neck: 66 Lumbar spine: 65 Any site: 69 |
| Adler, 2003 ⁷⁷ Low | OST | 1 month | AUROC with respect to DXA outcome of T score=<-2.5 for any of three sites femoral neck, total hip, lumbar spine OST<2 Lumbar spine 0.845 (0.731-0.960) Femoral Neck 0.814 (0.717-0.910) Total Hip 0.866 (0.768-0.963) Any site | Cutoff used by study authors (OST<3) 93% Cutoff used for older men (ref 10), (OST<2) 82% Cutoff used for white women (ref 6), (OST<1) 75% All compared to DXA outcome of any T score (LS, FN, TH) < -2.5 | Cutoff used by study authors (OST<3) 66% Cutoff used for older men (ref 10), (OST<2) 74% Cutoff used for w hite w omen (ref 6), (OST<1) 80% All compared to DXA outcome of any T score (LS, FN, TH) =< -2.5 |
| Cadarette, 2004 ⁸³ Low | OST | Unknow n | AUROC with respect to DXA outcome of T score=<-2.5 by low est value at femoral neck or lumbar spine OST: 0.733 (SE 0.02) | OST<2: 95.3 (89.3-98.5) | OST<2: 39.6 (35.4-43.9) |
| Cook et al, 2005 ⁸⁷ | OST | None | OST: 0.716 (95% Cl, 0.775 to 0.669) | OST<=-1: 52 | OST<=-1: 82 |
| unclear Crandall, 2014 ⁵⁷ Low | OST | Not specifically indicated but appears to have been done shortly after enrollment since subjects were enrolled prospectively. | OST<2: 0.75 (0.72-0.78) | OST<2: 79.3 (73.2-85.4) | OST<2: 70.1 (68.4-71.8) |
| D'Amelio, 2005 ⁸⁸ Low | OST | NR | OST<2: 0.33 (CI NR) | NR | NR |

| First Author's Last Name, Year Risk of Bias | Tool | Period of Time between Risk Prediction Measurement and BMD Measurement (Specify Unit of Time) | AUC (95% CI) | Sensitivity | Specificity (95% CI) |
|--|------|---|--|--|---|
| D'Amelio, 2013 ⁸⁹ Low | OST | Not specifically indicated but appears to have been done shortly after enrollment since subjects were enrolled prospectively. | OST<2: 0.32 (NR) | NR | NR |
| Geusens, 2002 ⁹⁰ Unclear | OST | NR | NR | OST <2: 88% (95% Cl, 83% to 93%) | OST <2: 52% (95% Cl, 49% to 55%) |
| Gourlay, 2005 ⁷⁹ Unclear/ | OST | NR | Reported by age groups: Age 45-64 OST 0.77 (95% Cl, 0.73 to 0.81) Age 65+ OST 0.76 (0.73 to 0.79) | Reported by age groups: Age 45-64 OST (Higher Risk <=1) 89.2 (95%Cl, 82.8 to 93.8) 88.5 (95% Cl, 82.0 to 93.3) Age 65+ OST (Higher Risk <=-1) 84.6 (95%Cl, 79.5 to 89.0) | 45.0 (95%Cl, 43.0 to 47.0) Age 65+ OST (Higher Risk <=-1) 47.5 (95%Cl, 44.7 to 50.3) |
| Gourlay, 2008 ⁹² Unclear | OST | NR | OST <=-1 0.76 (95% Cl, 0.74 to 0.77) for FN site 0.72 (95 %Cl, 0.71 to 0.73) for low est site (FN or LS) | OST <=-1: 85% (95% Cl, 83% to 87%) | OST <=-1: 48% (inferred from 1- Specificity) |
| Harrison et al, 2006 ⁹³ Low | OST | NR | OST: 0.69 (NR) | NR | NR |
| Jimenez-Nunez, 2013 ⁹⁴ Low | OST | None | OST: 0.71 (NR) | OST<=-1: 83 | OST<=-1: 52 |
| Leslie, 2013 ¹¹³ Low | OST | NR | OST AUROC for T score<=-2.5: 0.72 (0.71-0.73) | NR | NR |
| Lynn, 2008 ⁹⁷ Low | OST | NR | OST US Lumbar spine (SE): 0.662 (0.022) Total hip: 0.823 (0.020) Femoral neck: 0.740 (0.016) Any site: 0.714 (0.014) Hong Kong Lumbar spine (SE): 0.717 (0.018) Total hip: 0.855 (0.018) Femoral neck: 0.849 (0.019) Any site: 0.759 (0.016) | OST <2 87.6% | OST <2 36.1% |

| First Author's Last Name, Year | | Period of Time between Risk Prediction Measurement and BMD Measurement | | | |
|---|------|---|--|---|--|
| Risk of Bias | Tool | (Specify Unit of Time) | AUC (95% CI) | Sensitivity | Specificity (95% CI) |
| Low | OST | NR | OST <2: 0.63 (95% Cl, 0.52 to 0.73) | OST <2: 61.8% (NR) | OST < 2: 63.7% (NR) |
| Martinez-Aguila, 2007 ⁹⁹ Unclear | OST | NR, but study was done restrospectively so assumption is clinical risks were collected at the time of the BMD measurement. | OST <=1 for T-score < -2.5: 0.64 (95% CI 0.59 to 0.69) | OST <2: 69.2 (95% Cl 60.0 to 77.4) | OST <2: 58.8 (95% CI 54.5 to 62.9) |
| McLeod, 2015 ¹⁰¹ Low | OST | 3 w eeks | OST Femoral neck: 0.807 (95% Cl, 0.692 to 0.985) Lumbar spine: 0.706 (95% Cl, 0.559 to 0.852) | OST cutoff of <2, for diagnosing using femoral neck sites: 87.5 OST cutoff of <2, for diagnosing using lumbar spine sites: 78.6 | OST cutoff of <2, for diagnosing using femoral neck sites: 62.7 OST cutoff of <2, for diagnosing using lumbar spine sites: 63.7 |
| Morin, 2009 ¹⁰² Unclear | OST | NR | OST Using low est T score from femoral neck 0.77 (95% Cl, 0.75 to 0.79) Using T score from any site: 0.71 (95% Cl, 0.69 to 0.72) | OST<=1: Using low est T score from any site: 46.8% (95% Cl, 45.7 to 47.9) Using FN T Score: 60.2% (95% Cl, 59.2% to 61.3%) | OST<=1: Using low est T score from any site: 81.1% (95% CI, 80.3% to 82.0%) Using FN T score: 78.8 (95% CI, 77.9% to 79.6%) |
| Pang, 2014 ¹⁰⁶ Low | OST | Not specifically indicated but appears to have been done shortly after enrollment since subjects were enrolled prospectively. | Based on low est BMD at any site OST threshold of 0 (not clear if this means <=0 or <0) 0.76 (0.71-0.82) | Based on low est BMD at any site (OST Threshold = 0: not clear if this means <=0 or <0) 90.9 | Based on low est BMD at any site (OST Threshold = 0: not clear if this means <=0 or <0) 39.9 |
| Unclear | OST | NR | OST: 0.67 (NR) | OST≤-6: 82.6% OST <=0: 40.2% | OST>-6: 33.6% OST <=0: 85.4% |
| Richy, 2004 ⁸⁰ Unclear | OST | NR | OST <2 Total hip: 81.3 (NR) Femoral neck: 76.8 (NR) Lumbar spine: 68.6 (NR) Any site: 72.6 (NR) | OST<2 Total hip: 97 Femoral neck: 92 Lumbar spine: 85 Any site: 86 | OST<2 Total hip: 34 Femoral neck: 37 Lumbar spine: 37 Any site: 40 |

| First Author's Last Name, Year | | Period of Time between Risk Prediction Measurement and BMD Measurement | | | |
|--------------------------------------|------|--|--|--|---|
| Risk of Bias | Tool | (Specify Unit of Time) | AUC (95% CI) | Sensitivity | Specificity (95% CI) |
| Rud, 2005 ¹⁰⁹ Low | OST | NR | AUROC for OST with respect to DXA outcome of T score=<-2.5 for any of three sites: femoral neck, total hip, lumbar spine: 0.68 (0.63–0.74) | 1) a priori cut off based on developers cutoffs and DXA outcome of T score FN=< -2.5 2) cutoff based on ROC analysis to yield Sn close to 90% and DXA outcome low est T score of FN, TH, LS=< -2.5 OST 1) cutoff <2: 92 (64–100) (<-2.5) | OST 1) cutoff <2: 71 (69– 73)(<-2.5) 2) cutoff <5: 24 (22– 26)(<-2.0) 3) cutoff <5: 23 (21– |
| Sinnott, 2006 ¹¹¹ Low | OST | NR | OST: 0.89 (0.75–1.03) | 2) cutoff<5: 92 (89–9 OST<4: 89 OST<2: 89% | OST<4: 54 OST<2: 71% |
| | OST | NR | OST: 0.81 (0.70-0.92) | OST<2 (cutoff established in elderly male population): 75 OST <3 (cutoff established in male veteran population): 75 | |
| Chan, 2006 ⁸⁶ unclear | OSTA | Not specifically indicated but appears to have been done shortly after enrollment since subjects were enrolled prospectively. | OSTA<=-2: 0.82 (0.75-0.90) | OSTA<= -1: 97% | OSTA<= -1: 43.1% |
| Kung, 2003 ⁹⁵ Low | OSTA | NR The state of th | | spine: 79% | OSTA<=-1 Femoral neck: 54% Femoral neck or lumbar spine: 60% |
| Kung, 2005 ⁹⁶ Low | OSTA | NR | femoral neck or lumbar spine: 0.78 (95% CI 0.73–0.82) | spine: 71% | OSTA<=-1 Femoral neck: 67% Lumbar spine: 65% Femoral neck or lumbar spine: 68% |
| Machado, 2010 ⁹⁸ Low | OSTA | NR | OSTA <2: 0.62 (95% Cl, 0.51 to 0.72) | OSTA <2: 55.9% (NR) | OSTA <2: 67.9% (NR) |
| Nguyen, 2004 ¹⁰³ Low | OSTA | Concurrent | NR | OSTA <-1: 41% (NR) FN | OSTA <-1: 24% (NR) FN |

| First Author's Last Name, Year | Total | Period of Time between Risk Prediction Measurement and BMD Measurement | | On a side side s | 0 |
|--------------------------------------|-------------------------|--|--|-------------------------------------|---|
| Risk of Bias | Tool | (Specify Unit of Time) | AUC (95% CI) | Sensitivity | Specificity (95% CI) |
| Oh, 2013 ¹⁰⁴ | OSTA | Not specifically indicated but | | | OSTA=<-1 for T |
| Low | | appears to have been done shortly after enrollment since | | 2.5 at femoral neck or lumbar spine | score<=-2.5 at femoral neck or lumbar spine |
| | | subjects were enrolled | | 76.1 (71.0-80.8) | 67.1 (63.6-70.5) |
| | | prospectively. | | OSTA= <0 for T score<=- | 07.1 (00.0 70.0) |
| | | prospectively: | | 2.5 at femoral neck or | |
| | | | | lumbar spine | |
| | | | | 94.2 (91.0-96.5) | |
| Oh, 2016 ¹⁰⁵ | OSTA | NR | OSTA<=1: 0.627 (SE 0.016) | OSTA<=1: 92.3 (95% Cl, | OSTA<=1: 33.2 (95% |
| Low | | | OSTA<= 0: 0.665 (SE 0.021) | 84.8 to 96.9) | Cl, 30.3 to 36.2) |
| | | | | OSTA<=0: 84.6 (95% Cl, | OSTA<=0: 48.4 (95% |
| | | | | 75.5 to 91.3) | Cl, 45.3 to 51.5) |
| Park, 2003 ¹⁰⁷ | OSTA | NR | OSTA: 0.873 (NR) | OSTA≤-1: 87% | OSTA>=<-1: 67% |
| Unclear | | | | | |
| Zimering, 2007 ¹¹² | Reduced | NR | Reduced MSCORE: 0.81 (0.69-0.92) | Reduced MSCORE>9: 85 | |
| Unclear | MSCORE (age | | | | 58 |
| | and weight- variable | | | | |
| | specific | | | | |
| | scores) | | | | |
| Ben Sedrine, | SCORE | NR | SCORE AUC (SE) with respect to DXA | SCORE >=6, T<-2.5 | SCORE>=6, T<-2.5 |
| 2001 ⁷⁸ | | | Tscore < -2.5 at each of the following | Total hip 98.2 | Total hip 19.7 |
| Low | | | sites: | Femoral neck 96.9 | Femoral neck 21.4 |
| | | | | Lumbar spine 93.5 | Lumbar spine 21.7 |
| | | | | Any site 93.9 | Any site 23.7 |
| | | | | Hip (total or neck) or | Hip (total or neck) or |
| | | | | spine 98.1 | spine 20.1 |
| | | | | All sites 98.0 | All sites 19.0 |
| | | | All sites 0.78 (0.015) | study cutoff >=8, T<-2.5 | study cutoff >=8, T<- 2.5 |
| | | | | Total hip 93.7 Femoral neck 88.4 | Total hip 37.3 |
| | | | | Lumbar spine 81.0 | Femoral neck 39.5 |
| | | | | Any site 82.4 | Lumbar spine 39.3 |
| | | | | Hip (total or neck) or | Any site 42.4 |
| | | | | spine | Hip (total or neck) or |
| | | | | - r | spine |
| Brenneman, | SCORE | Concurrent | AUROC with respect to DXA outcome of | SCORE>=7: 93.7 (88.3, | SCORE>=7: 23.8 (9.6, |
| 200381 | | | T score=<-2.5 for total hip or lumbar | 99.1) | 38.0) |
| Low | 1 | | spine | | |
| | | | SCORE: 0.73 (SE 0.03) | | |

| First Author's Last Name, Year Risk of Bias | Tool | Period of Time between Risk Prediction Measurement and BMD Measurement (Specify Unit of Time) | AUC (95% CI) | Sensitivity | Specificity (95% CI) |
|--|-------|---|---|--|--|
| Cadarette, 200182 Low | | NR Likely < 2 years | AUROC with respect to DXA outcome of T score=<-2.5 at femoral neck SCORE: 0.80 (0.01) | SCORE>=6: 99.6 (98.8- 100) | SCORE>=6: 17.9 (16.2-19.5) |
| Cass, 2006 ⁸⁴ Low | SCORE | Not specifically indicated but appears to have been done shortly after enrollment since subjects were enrolled prospectively. | SCORE>=6: 0.67 (0.54-0.79) | SCORE>=6: 0.54 (0.34- 0.75) | SCORE>=6: 0.72 (0.65-0.78) |
| Chan, 2006 ⁸⁶ unclear | SCORE | Not specifically indicated but appears to have been done shortly after enrollment since subjects were enrolled prospectively. | SCORE: 0.80 (0.72-0.87) | SCORE>=6: 100% | SCORE>=6: 30.4% |
| Cook et al, 2005 ⁸⁷ Unclear | SCORE | None | SCORE: 0.720, (95% Cl, 0.674 to 0.779) | | SCORE<12: 0.83 |
| Crandall, 2014 ⁵⁷ Low | SCORE | Not specifically indicated but appears to have been done shortly after enrollment since subjects were enrolled prospectively. | SCORE >7: 0.72 (0.69-0.76) | SCORE >7: 74.1 (67.6-80.7) | SCORE >7: 70.8 (69.1-72.5) |
| Gourlay, 2005 ⁷⁹ unclear | SCORE | NR | SCORE 0.76 (95% CI, 0.72 to 0.80) Age 65+ SCORE 0.75 (95% CI 0.71 to 0.78) | Reported by age groups: Age 45-65 SCORE (Higher Risk >=7) 88.5 (95% Cl, 82.0 to 93.3) Age 65+ SCORE (Higher Risk >=11) 88.8 (95% Cl, 84.1 to 92.5) | SCORE (Higher Risk >=7) 39.8 (95% Cl, 37.8 to 41.7) Age 65+ SCORE (Higher Risk >=11) 42.3 (95% Cl, 39.6 to 45.1) |
| Gourlay, 2008 ⁹² Unclear | SCORE | NR | SCORE >=6 0.71 (95% Cl, 0.70 to 0.72) for low est site (FN or LS) | NR for T score<=-2.5 | NR for T score<=-2.5 |
| Harrison et al, 2006 ⁹³ Low | SCORE | NR | SCORE: 0.67 (NR) | NR | NR |
| Jimenez-Nunez, 2013 ⁹⁴ Low | SCORE | None | SCORE: 0.672 (NR) | SCORE>=6: 68 | SCORE>=6: 60 |

| First Author's Last Name, Year Risk of Bias | Tool | Period of Time between Risk Prediction Measurement and BMD Measurement (Specify Unit of Time) | AUC (95% CI) | Sensitivity | Specificity (95%CI) |
|--|--------------------|--|--|---|---|
| Mauck, 2005 ¹⁰⁰ Low | SCORE | Concurrent | Age 45-64: 0.85 (0.72-0.99) Age >=65: 0.80 (0.72-0.88) | SCORE>=6 Overall: 100% (95% Cl, 95% to 100%) Age 45-64 : 100% (95% Cl, 72% to 100%) Age 65+: 100% (95% Cl, 94% to 100%) | SCORE>=6 Overall: 25% (95% Cl, 18% to 33%) Age 45-64 :41% (95% Cl, 29% to 54%) Age 65+: 8% (95% Cl, 3% to 17%) |
| Richy, 2004 ⁸⁰ Unclear | SCORE | NR | Any site: 70.8 (NR) | SCORE >=7 Total hip: 94 Femoral neck: 88 Lumbar spine: 81 Any site: 86 | SCORE<7 Total hip: 37 Femoral neck: 40 Lumbar spine: 39 Any site: 40 |
| Rud, 2005 ¹⁰⁹ Low | SCORE | NR | three sites: femoral neck, total hip, lumbar spine: 0.68 (0.63–0.73) | developers cutoffs and DXA outcome of T score FN=< -2.5 2) cutoff based on ROC analysis to yield Sn close to 90% and DXA outcome low est T score of FN, TH, LS=< -2.5 SCORE 1) n/a (w rong DXA threshold) 2) cutoff>3: 90 (86–93) | on developers cutoffs and DXA outcome of T score FN=< -2.5 2) cutoff based on ROC analysis to yield Sn close to 90% and DXA outcome low est T score of FN, TH, LS=< -2.5 SCORE 1) n/a (w rong DXA threshold) 2) cutoff>3: 28 (25-29)(|
| Brenneman, 2003 ⁸¹ Low | SOF | Concurrent | AUROC with respect to DXA outcome of T score=<-2.5 for total hip or lumbar spine SOF: 0.54 (SE 0.03) | SOF>= 5: 32.6 (26.6, 38.6) | SOF>= 5: 76.0 (63.5, 88.6) |
| Cook et al, 2005 ⁸⁷ unclear Geusens, 2002 ⁹⁰ | SOFSURF SOFSURF | None NR | SOFSURF: 0.717 (95% Cl, 0.777 to 0.670) NR | SOFSURF<1 0.72 SOFSURF >=-1: 92% | SOFSURF<1 0.67 SOFSURF >=-1: 37% |
| Unclear Nguyen, 2004 ¹⁰³ Low | SOFSURF | Concurrent | | (95% Cl, 88% to 96%) SOFSURF >1.7 : 78% (NR) | (95% CI, 34% to 40%) SOFSURF >10 : 36% (NR) |

Abbreviations: AA=African American; ABONE=assessing age, body size, and estrogen use; AMMEB=Age, Years after Menopause, Age at Menarche, Body Mass Index; BMD=bone mineral density; CaMOS=Canadian Multicentre Osteoporosis Study; COPD=chronic obstructive pulmonary disease; DOEScore=Dubbo Osteoporosis Epidemiology Score; DXA=dual energy x-ray absorptiometry; FRAX=Fracture Risk Assessment tool; GP=general practitioner; h/o=history of;

HRT=hormone replacement therapy; kg=kilogram; KNHANES=Korean National Health and Nutrition Examination Survey; MORE=Multiple Outcomes of Raloxifene Trial; MOST=Male Osteoporosis Screening Tool; MSCORE=male, simple calculated osteoporosis risk estimation; NA=not applicable; NR=not reported; NOF=National Osteoporosis Foundation; OPRA=Osteoporosis Population-based Risk Assessment; ORAl=Osteoporosis Risk Assessment Instrument; OSIRIS=Osteoporosis Index of Risk; OST=osteoporosis self-assessment tool; QUI=ultrasound index; QUS=quantitative ultrasound; RA=rheumatoid arthritis; SCORE=Simple Calculated Osteoporosis Risk Estimation Tool; SD=standard deviation; SOF=Study of Osteoporotic Fractures; SOFSURF=Study of Osteoporotic Fractures Simple Useful Risk Factors; TH=total hip; US=United States; USPSTF=United States Preventative Services Task Force; WHI=Women's Health Initiative.

| First Author's Last Name, Year Risk of Bias | Name of Tool | NPV | PPV | Other Outcomes | Comments (Subgroup Analysis, Other Notes) |
|---|---|--|--|--|---|
| Cadarette, 2001 ⁸² Low | ABONE | NR | NR | NR | Cutoffs as designated by original developers |
| Chan, 2006 ⁸⁶ unclear | ABONE | NR | NR | NR | Data also presented for lumbar spine |
| D'Amelio, 2005 ⁸⁸ Low | AMMEB | NR | NR | NR | None |
| D'Amelio, 2013 ⁸⁹ Low | AMMEB | NR | NR | NR | None |
| Nguyen, 2004 ¹⁰³ Low | DOESCore | NR | DOEScore >10: 55% (NR) | LR+ are also reported. | None |
| Jimenez-Nunez, 2013 ⁹⁴ Low | FRAX: Hip | NR | NR | NR | Does not specify thresholds for specificity and sensitivity |
| Pang, 2014 ¹⁰⁶ Low | FRAX: Hip without BMD (>3%) | Based on low est BMD at any site, FRAX Score >3% 97.1 | Based on low est BMD at any site, FRAX Score >3% 17.1 | Also reports based on BMD at each individual site, and low est of the two hip sites. | None |
| Jimenez-Nunez, 2013 ⁹⁴ Low | FRAX: MOF | NR | NR | NR | Does not specify thresholds for specificity and sensitivity |
| Pang, 2014 ¹⁰⁶ Low | FRAX: MOF FRAX w ithout BMD (>6.5%) | Based on low est BMD at any site, FRAX Score >6.5% 96.2 | Based on low est BMD at any site, FRAX Score >6.5% 16.8 | Also reports based on BMD at each individual site, and low est of the two hip sites. | None |
| Leslie, 2013 ¹¹³ Low | FRAX: MOF without BMD | NR | NR | NR | None |
| Bansal, 2015 ⁵⁶ Fair | FRAX: MOF without BMD (>=9.3%) | NR | NR | NR | None |
| Cass, 2016 ¹¹⁴ Low | FRAX: MOF without BMD (>=9.3%) | | FRAX MOF risk >=9.3%: 0.14 (0.09- 0.20) | NR | None |
| Crandall, 2014 ⁵⁷ Low | FRAX: MOF without BMD (>=9.3%) | NR | FRAX MOF risk >=9.3%: 13.7 (10.4- 17.0) | NR | None |

| First Author's Last Name, Year Risk of Bias | Name of Tool | NPV | PPV | Other Outcomes | • |
|--|--------------------------------------|---|---|--|---|
| Gnudi, 2005 ⁹¹ Low | Gnudi et al clinical prediction tool | Cutoffs based on predicted probablity to have low BMD (PPL-BMD) (1) PPL-BMD = 0.090 (2) PPL-BMD = 0.132 (3) PPL-BMD = 0.156 Gnudi et al clinical prediction tool: (1) 90.9% (2) 91.2% (3) 86.1% | Cutoffs based on predicted probablity to have low BMD (PPL-BMD) (1) PPL-BMD = 0.090 (2) PPL-BMD = 0.132 (3) PPL-BMD = 0.156 Gnudi et al clinical prediction tool: (1) 40.9% (2) 43.9% (3) 44.1% | NR | None |
| Cass, 2013 ⁸⁵ Low | MORES | MORES>=6: 0.99 (0.96-1.00) | MORES>=6: 0.11 (0.06-0.18) | NR | Data reported on includes information for validation study. Article also reports information for development study. |
| Shepherd, 2007 ¹¹⁰ ; Cass, 2016 ¹¹⁴ Low | MORES | MORES>=6: 0.10 (0.08-0.13) ¹¹⁴ | MORES>=6: 1.00 (0.99-1.00) ¹¹⁴ | Simulation study yielded number needed to screen to prevent 1 additional hip fracture in 10,000 men 50 years of older Universal DXA: 595; universal MORES for referral to DXA: 279 | Abstracted data for validation cohort only. |
| Shepherd, 2010 ¹¹⁵ Low | MORES | NR | NR | NR | Outcomes by race/ethnicity also provided |
| Lynn, 2008 ⁹⁷ Low | MOST | NR | NR | NR | None |
| Zimering, 2007 ¹¹² Unclear | MSCORE | MSCORE>9: 98 | MSCORE>9: 16 | NR | The study also reports data for a African American validation cohort, but combined data from 95 new subjects and 39 subjects from development cohort, so it was not pure external validation cohort |
| Cadarette, 200182 Low | NOF | NR | NR | NR | Cutoffs as designated by original developers |

| First Author's Last Name, Year Risk of Bias | Name of Tool | NPV | PPV | Other Outcomes | Comments (Subgroup Analysis, Other Notes) |
|---|--------------|------------------------------|--|-----------------------------------|---|
| D'Amelio, 2005 ⁸⁸ Low | NOF | NR | NR | NR | None |
| D'Amelio, 2013 ⁸⁹ Low | NOF | NR | NR | NR | None |
| Mauck, 2005 ¹⁰⁰ Low | NOF | | NOF>=1 risk factor Overall: 37% (95% Cl, 30% to 44%) Age 45-64: 17% (95% Cl, 9% to 28%) Age 65+: 48% (95% Cl, 38% to 57%) | +LR and -LR are also presented | Age-adjusted analysis: AUC NOF 0.65 (0.58-0.71) Sn NOF: 100% (95% Cl, 55% to 100%) Sp NOF: 10% (4% to 29%) NPV NOF: 100% (95% Cl, 30% to 100%) PPV NOF: 27% (95% Cl, 17% to 41%) |
| Cadarette, 2001 ⁸² Low | ORAI | NR | NR | NR | Cutoffs as designated by original developers |
| Cadarette, 2004 ⁸³ Low | ORAI | NR | NR | NR | Study also looked at weight criterion and OST-chart tool that was developed just for this study (not validated) |
| Cass, 2006 ⁸⁴ Low | ORAI | ORAI>=9: 0.94 (0.90-0.98) | ORAI >=9: 0.20 (0.11-0.29) | NR | Includes subgroup analysis for non-hispanic White, Hispanic, and African American groups |
| Chan, 2006 ⁸⁶ unclear | ORAI | NR | NR | NR | Data also presented for lumbar spine |
| Cook et al, 2005 ⁸⁷ unclear | ORAI | ORAI<14: 0.84 | ORAI<14 0.48 | NR | None |
| D'Amelio, 2005 ⁸⁸ Low | ORAI | NR | NR | NR | None |
| D'Amelio, 2013 ⁸⁹ Low | ORAI | NR | NR | NR | None |
| Geusens, 2002 ⁹⁰ Unclear | ORAI | NR | NR | NR | The study reported on 4 cohorts in all apart from the US-based clinic sample (1 population-based cohort and 1 clinic-based sample in Netherlands, and 1 clinic-based sample enrolled in a clinical trial of alendronate (FIT) in the US). The study did not rep |

| First Author's Last Name, Year Risk of Bias | Name of Tool | NPV | PPV | Other Outcomes | , |
|---|--------------|--|--|---|---|
| Gourlay, 2005 ⁷⁹ unclear | ORAI | NR | NR | LR ratios are also reported, but I didn't pull them because there are like 18 of them; if we decide to synthesize this outcome, we can go back and pull them. | Other results reported in Ben Sedrine et al, 2001 ⁷⁸ and Richy et al, 2004 ⁸⁰ Data in this study reports findings by age group. |
| Gourlay, 2008 ⁹² Unclear | ORAI | NR | NR | NR | None |
| Harrison et al, 2006 ⁹³ Low | ORAI | NR | NR | NR | None |
| Jimenez-Nunez, 2013 ⁹⁴ Low | ORAI | NR | NR | NR | None |
| Martinez-Aguila, 2007 ⁹⁹ Unclear | ORAI | ORA >=9: 25.0 (95% Cl 20.2 to 30.3) | ORAI>=9: 88.5 (95% CI 84.8 to 91.6) | NR | None |
| Mauck, 2005 ¹⁰⁰ Low | ORAI | ORAI >=9 Overall: 44% (95% Cl, 36% to 53%) Age 45-64: 32% (95% Cl, 17% to 51%) Age 65+: 48% (95 % Cl, 38% to 57%) | ORAI >=9 Overall: 98% (95% Cl, 89% to 100%) Age 45-64: 98% (95% Cl, 89% to 100%) Age 65+: NA | +LR and -LR are also presented | Age-adjusted analysis: AUC ORAI 0.79 (0.74-0.83) Sn ORAI: 98% (95% CI, 51% to 100%) Sp ORAI: 40% (30% CI to 56%) NPV ORAI: 77% (95% CI, 46% to 100%) PPV ORAI: 29% (95% CI, 18% to 59%) |
| Nguyen, 2004 ¹⁰³ Low | ORAI | NR | ORAI >15: 57% (NR) | LR+ are also reported. | None |
| Richy, 2004 ⁸⁰ Unclear | ORAI | ORAI<8 Total hip: 98 Femoral neck: 92 Lumbar spine: 85 Any site: 80 | ORAI>=8 Total hip: 14 Femoral neck: 26 Lumbar spine: 31 Any site: 41 | NR | Other results reported in Ben Sedrine et al, 2001 ⁷⁸ and Gourlay et al, 2005 ⁷⁸ |

| First Author's Last Name, Year Risk of Bias | Name of Tool | NPV | PPV | Other Outcomes | , |
|---|--------------|--|--|---|---|
| Rud, 2005 ¹⁰⁹ Low | ORAI | 93)(<-2.0) | ORAI 1) cutoff>8: 23 (19– 26)(<-2.0) 2) cutoff>2: 93 (91– 95)(<-2.0) 3) cutoff>2: 98 (96– 99)(<-2.5) | When the authors evaluated the performance of these clinical prediction tools as the developers described with cutoffs and using FN DXA of -2.5 as reference, did not perform well in this population of women that was generally younger (by >10 years) and us | |
| Cook et al, 2005 ⁸⁷ unclear | OSIRIS | OSIRIS<0: 89 | OSIRIS<0: 42 | NR | None |
| Harrison et al, 2006 ⁹³ Low | OSIRIS | NR | NR | NR | None |
| Jimenez-Nunez, 2013 ⁹⁴ Low | OSIRIS | NR | NR | NR | None |
| Martinez-Aguila, 2007 ⁹⁹ Unclear | OSIRIS | OSIRIS<=1: 88.4 (95% CI, 84.9 to 91.3) | OSIRIS<=1: 27.9 (95% CI 22.3 to 33.9) | NR | None |
| Richy, 2004 ⁸⁰ Unclear | OSIRIS | OSIRIS>=1 Total hip: 97 Femoral neck: 92 Lumbar spine: 84 Any site: 80 | OSIRIS<1 Total hip: 19 Femoral neck: 34 Lumbar spine: 37 Any site: 50 | NR | Other results reported in Ben Sedrine et al, 2001 ⁷⁸ and Gourlay et al, 2005 ⁷⁸ |

| First Author's Last Name, Year Risk of Bias | Name of Tool | NPV | PPV | Other Outcomes | Comments (Subgroup Analysis, Other Notes) |
|---|--------------|---|--|---|---|
| Adler, 2003 ⁷⁷ Low | OST | authors (OST<3) 98% Cutoff used for older men (ref 10), (OST<2) 97% Cutoff used for | Cutoff used by study authors (OST<3) 33% Cutoff used for older men (ref 10), (OST<2) 38% Cutoff used for white women (ref 6), (OST<1) 41% All compared to DXA outcome of any T score (LS, FN, TH)=< -2.5 | | Subgroup analyses for race, age deciles, cortocosteroid treatment. AUCs (no Cl): White: 0.848 Black: 0.800 50-59: 0.938 60-69: 0.894 70-79: 0.696 >=80: 0.993 Current CS treatment: 0.786 No current CS: 0.803 |
| Cadarette, 2004 ⁸³ Low | OST | NR | NR | NR | Study also looked at weight criterion and OST-chart tool that was developed just for this study (not validated) |
| Cook et al, 200587 unclear | OST | OST<=-1: 56 | OST<=-1: 44 | NR | None |
| Crandall, 2014 ⁵⁷ Low | OST | NR | OST<2: 14.7 (12.4- 16.9) | NR | None |
| D'Amelio, 2005 ⁸⁸ Low | OST | NR | NR | NR | None |
| D'Amelio, 2013 ⁸⁹ Low | OST | NR | NR | NR | None |
| Geusens, 2002 ⁹⁰ Unclear | OST | NR | NR | NR | The study reported on 4 cohorts in all apart from the US-based clinic sample (1 population-based cohort and 1 clinic-based sample in Netherlands, and 1 clinic-based sample enrolled in a clinical trial of alendronate (FIT) in the US). The study did not rep |
| Gourlay, 2005 ⁷⁹ unclear | OST | NR | NR | LR ratios are also reported, but I didn't pull them because there are like 18 of them; if we decide to synthesize this outcome, we can go back and pull them. | Other results reported in Ben Sedrine et al, 2001 ⁷⁸ and Richy et al, 2004 ⁸⁰ Data in this study reports findings by age group. |

| First Author's Last Name, Year Risk of Bias | Name of Tool | NPV | PPV | Other Outcomes | Comments (Subgroup Analysis, Other Notes) |
|---|--------------|--|---|--|---|
| Gourlay, 2008 ⁹² Unclear | OST | NR | NR | LR- 0.31 LR+ 1.64 | None |
| Harrison et al, 2006 ⁹³ Low | OST | NR | NR | NR | None |
| Jimenez-Nunez, 2013 ⁹⁴ Low | OST | NR | NR | NR | None |
| Leslie, 2013 ¹¹³ Low | OST | NR | NR | NR | None |
| Lynn, 2008 ⁹⁷ Low | OST | OST <2 97.4% | OST <2 9.7% | NR | None |
| Machado, 2010 ⁹⁸ Low | OST | OST <2: 89.2% | OST <2: 25.6% (NR) | NR | Calculation for OST: 0.2x(body weight in kilograms-age in years), truncate to yield an integer |
| Martinez-Aguila, 2007 ⁹⁹ Unclear | OST | OST <2: 89.9 (95% Cl 86.3 to 92.9) | OST <2: 26.4 (95% Cl 21.5 to 31.7) | NR | None |
| McLeod, 2015 ¹⁰¹ Low | OST | NR | NR | NR | Score of <2 considered to optimal to achieve close to 90% sensitivity |
| Morin, 2009 ¹⁰² Unclear | OST | NR | NR | NR | None |
| Pang, 2014 ¹⁰⁶ Low | OST | Based on low est BMD at any site(OST Threshold = 0: not clear if this means <=0 or <0) 96.9 | BMD at any site (OST Threshold = 0: not clear if this means <=0 or <0) 17.5 | Also reports based on BMD at each individual site, and low est of the two hip sites. | None |
| Richards, 2014 ¹⁰⁸ Unclear | OST | NR | NR | NR | This study also reported sensivity and specificity of FRAX without BMD to predict osteoporosis, but did not report the threshold value, so it is not clear how to interpret it. Also reports results by race and age. Findings suggest that "an OST index of ≤5 |
| Richy, 2004 ⁸⁰ Unclear | OST | OST<2 Total hip: 99 Femoral neck: 95 Lumbar spine: 89 Any site: 86 | OST<2 Total hip: 13 Femoral neck: 25 Lumbar spine: 31 Any site: 41 | NR | Other results reported in Ben Sedrine et al, 2001 ⁷⁸ and Gourlay et al, 2005 ⁷⁸ |

| First Author's Last | | | | | |
|------------------------------------|--------------|---------------------|----------------------|--|---|
| Name, Year | | | | | Comments (Subgroup Analysis, |
| Risk of Bias | Name of Tool | NPV | PPV | Other Outcomes | Other Notes) |
| Rud, 2005 ¹⁰⁹ | OST | OST | OST | When the authors | None |
| Low | | 1) cutoff <2: 100 | 1) cutoff <2: 2 (1- | evaluated the | |
| | | (99–100) (<-2.5) | 3)(<-2.5) | performance of | |
| | | | 2) cutoff<5: 15 (14- | these clinical | |
| | | 97)(<-2.0) | 17)(<-2.0) | prediction tools as | |
| | | | 3) cutoff<5: 6.0 (4- | the developers | |
| | | 100)(<-2.5) | 7)(<-2.5) | described with | |
| | | | | cutoffs and using FN | |
| | | | | DXA of -2.5 as | |
| | | | | reference, did not | |
| | | | | perform well in this | |
| | | | | population of women that was generally | |
| | | | | younger (by >10 | |
| | | | | years) and us | |
| Sinnott, 2006 ¹¹¹ | OST | OST<4: 98 | OST<4: 13 | NR | Score of 4 considered optimal for African- |
| Low | 001 | OST<2: 99 | OST<2: 19 | INIX | American men |
| Zimering, 2007 ¹¹² | OST | OST<2 (cutoff | OST<2 (cutoff | NR | The study also reports data for a African |
| Unclear | | established in | established in | | American validation cohort, but combined data |
| | | elderly male | elderly male | | from 95 new subjects and 39 subjects from |
| | | population): 96 | population): 22 | | development cohort, so it was not pure external |
| | | OST<3 (cutoff | OST<3 (cutoff | | validation cohort |
| | | established in male | established in male | | |
| | | veteran | veteran | | |
| | | popualation): 95 | popualation): 17 | | |
| Chan, 2006 ⁸⁶ | OSTA | NR | NR | NR | Data also presented for lumbar spine |
| unclear | | | | | |
| Kung, 2003 ⁹⁵ | OSTA | NR | NR | NR | None |
| Low | | | | | |
| Kung, 2005 ⁹⁶ | OSTA | NR | NR | NR | None |
| Low Machado, 2010 ⁹⁸ | OSTA | OSTA < 2: 88.4% | OSTA < 2: 26.0% | NR | Calculation for OSTA: 0.2×body w eight in |
| Low | U31A | (NR) | (NR) | INC | kilograms (truncate to yield an |
| Low | | (I WI Y) | (TWIN) | | integer)-0.2×age in years (truncate to yield an |
| | | | | | integer) 0.2 hage in years (truncate to yield an integer) |
| Nguyen, 2004 ¹⁰³ | OSTA | NR | OSTA <-1: 28% | LR+ are also | None |
| Low | | | (NR) FN | reported. | |

| First Author's Last Name, Year Risk of Bias | Name of Tool | NPV | PPV | Other Outcomes | , |
|---|--|---|---|---|---|
| Oh, 2013 ¹⁰⁴ Low | OSTA | OSTA=<-1 for T score<=-2.5 at femoral neck or lumbar spine 87.0 (83.9-89.6) OSTA =<0 for T score<=-2.5 at femoral neck or lumbar spine 92.3 (88.1-95.4) | OSTA=<-1 for T score<=-2.5 at femoral neck or lumbar spine 49.4 (44.8-54.0) OSTA =<0 for T score<=-2.5 at femoral neck or lumbar spine 35.9 (32.6-39.3) | OST=<-1 or T score<=-2.5 at femoral neck or lumbar spine Positive Likelihood Ratio 2.32 (2.05, 2.61) Negative Likelihood Ratio 0.36 (0.29, 0.44) OSTA=<0 for T score<=-2.5 at femoral neck or lumbar spine Positive Likelihood Ratio 1.33 (1.26, 1.40) Negative | None |
| Oh, 2016 ¹⁰⁵ Low | OSTA | OSTA<=1: 98.0 (95.9 to 99.2) OSTA<=0: 97.2 (95.4 to 98.5) | OSTA<=1: 11.0 (8.9 to 13.4) OSTA<= 0: 12.8 (10.2 to 15.7) | NR | None |
| Park, 2003 ¹⁰⁷ Unclear | OSTA | OSTA≤-1: 98% | OSTA>-1=<: 24% | NR | None |
| Zimering, 2007 ¹¹² Unclear | Reduced MSCORE (age and weight- variable specific scores) | Reduced MSCORE>9: 97 | Reduced MSCORE>9: 18 | NR | The study also reports data for a African American validation cohort, but combined data from 95 new subjects and 39 subjects from development cohort, so it was not pure external validation cohort |

| First Author's Last | | | | | |
|------------------------------------|--------------|-------------------|------------------------|-----------------------|---|
| Name, Year | | | | | Comments (Subgroup Analysis, |
| Risk of Bias | Name of Tool | NPV | PPV | Other Outcomes | |
| Ben Sedrine, 2001 ⁷⁸ | SCORE | | SCORE>=6, T<-2.5 | NR | Other results reported in Gourlay et al, 2005 ⁷⁹ |
| Low | | Total hip 99.0 | Total hip 11.3 | | and Richy et al, 2004 ⁸⁰ |
| | | | Femoral neck 21.9 | | SCORE>6, T<-2.5 |
| | | Lumbar spine 91.2 | Lumbar spine 27.7 | | Sn- Women >=65 |
| | | | Any site 37.0 | | Total hip 100 |
| | | | Hip (total or neck) or | | Femoral neck 99.8 |
| | | | spine 14.0 | | Lumbar spine 98.7 |
| | | | All sites 7.3 | | Any site 98.9 |
| | | | study cutoff >=8, | | Hip (total or neck) or spine 100.0 |
| | | T<-2.5 | T<-2.5 | | All sites 100.0 |
| | | Total hip 98.3 | Total hip 13.5 | | Sp- Women >=65 |
| | | | Femoral neck 25.0 | | Total |
| | | | Lumbar spine 30.0 | | |
| | | | Any site 40.6 | | |
| | | | Hip (total or neck) or | | |
| 04 | | | spine 1 | | |
| Brenneman, 2003 ⁸¹ | SCORE | NR | NR | NR | SCORE cutoff recalibrated from >=6 to >=7 to |
| Low | | | | = | account for the age group of this sample |
| Cadarette, 200182 | SCORE | NR | NR | NR | Cutoffs as designated by original developers |
| Low | | | | | |
| Cass, 2006 ⁸⁴ | SCORE | SCORE>=6: 0.93 | SCORE>=6: 0.19 | NR | Includes subgroup analysis for non-hispanic |
| Low | | (0.89-0.97) | (0.09-0.29) | | White, Hispanic, and African American groups |
| Chan, 2006 ⁸⁶ | SCORE | NR | NR | NR | Data also presented for lumbar spine |
| unclear | 22225 | 00005 40 005 | 20005 40 0 40 | | N |
| Cook et al, 200587 | SCORE | SCORE<12: 0.85 | SCORE<12: 0.46 | NR | None |
| Unclear | 00000 | N ID | 00005 - 444 | ND | |
| Crandall, 2014 ⁵⁷ | SCORE | NR | SCORE >7: 14.1 | NR | None |
| Low | | | (11.9-16.4) | | |
| Gourlay, 2005 ⁷⁹ | SCORE | NR | NR | LR ratios are also | Other results reported in Ben Sedrine et al, |
| unclear | | | | | 2001 ⁷⁸ and Richy et al, 2004 ⁸⁰ |
| | | | | pull them because | Data reports previous findings from other |
| | | | | there are like 18 of | studies by age group. |
| | | | | them; if we decide to | |
| | | | | synthesize this | |
| | | | | outcome, we can go | |
| Courley 2000 ⁹² | CCODE | ND | IND | back and pull them. | None |
| Gourlay, 2008 ⁹² | SCORE | NR | NR | NR | None |
| Unclear | CCODE | I ND | ND | ND | Niena |
| Harrison et al, 2006 ⁹³ | SCORE | NR | NR | NR | None |
| Low | | | | | |

| First Author's Last Name, Year Risk of Bias | Name of Tool | NPV | PPV | Other Outcomes | Comments (Subgroup Analysis, Other Notes) |
|---|--------------|--|---|---|---|
| Jimenez-Nunez, 2013 ⁹⁴ Low | SCORE | NR | NR | NR | None |
| Mauck, 2005 ¹⁰⁰ Low | SCORE | SCORE>=6 Overall: 100% (95% Cl, 89% to 100%) Age 45-64 :100% (95% Cl, 88% to 100%) Age 65+: 100% (95% Cl, 48% to 100%) | SCORE>=6 Overall: 41% (95% Cl, 34% to 39%) Age 45-64 :22% (95% Cl, 11% to 35%) Age 65+: 50% (95% Cl, 40% to 59%) | +LR and -LR are also presented | Age-adjusted analysis: AUC SCORE 0.85 (0.80-0.89) Sn SCORE: 100% (95% Cl, 55% to 100%) Sp SCORE: 29% (95% Cl, 18% to 48%) NPV SCORE: 100% ((5% Cl, 51% to 100%) PPV SCORE: 27% (95% Cl, 17% to 48%) |
| Richy, 2004 ⁸⁰ Unclear | SCORE | SCORE<7 Total hip: 98 Femoral neck: 94 Lumbar spine: 87 Any site: 86 | SCORE >=7 Total hip: 14 Femoral neck: 25 Lumbar spine: 30 Any site: 41 | NR | Other results reported in Ben Sedrine et al, 2001 ⁷⁸ and Gourlay et al, 2005 ⁷⁸ |
| Rud, 2005 ¹⁰⁹ Low | SCORE | ROC analysis to yield Sn close to 90% and DXA outcome low est T score of FN, TH, LS=< -2.5 SCORE 1) n/a (w rong DXA threshold) | and DXA outcome of T score FN=< - 2.5 2) cutoff based on ROC analysis to yield Sn close to 90% and DXA outcome low est T score of FN, TH, LS=< -2.5 SCORE | When the authors evaluated the performance of these clinical prediction tools as the developers described with cutoffs and using FN DXA of -2.5 as reference, did not perform well in this population of women that was generally younger (by >10 years) and us | None |
| Brenneman, 2003 ⁸¹ Low | SOF | NR | NR | NR | None |
| Cook et al, 2005 ⁸⁷ unclear | SOFSURF | SOFSURF<1 0.89 | SOFSURF<1 0.42 | NR | None |

Appendix F Table 5. Characteristics and Results of Studies of Risk Prediction Instruments for Identifying Osteoporosis: Part 5

| First Author's Last Name, Year Risk of Bias | Name of Tool | NPV | PPV | Other Outcomes | Comments (Subgroup Analysis, Other Notes) |
|---|--------------|-----|--------------------------|------------------------|---|
| Geusens, 2002 ⁹⁰ Unclear | SOFSURF | NR | NR | | The study reported on 4 cohorts in all apart from the US-based clinic sample (1 population-based cohort and 1 clinic-based sample in Netherlands, and 1 clinic-based sample enrolled in a clinical trial of alendronate (FIT) in the US). The study did not rep |
| Nguyen, 2004 ¹⁰³ Low | SOFSURF | | SOFSURF >10: 47% (NR) | LR+ are also reported. | None |

Abbreviations: AUC=area under the curve; BMD=bone mineral density; Cl=confidence interval; DOEScore=Dubbo Osteoporosis Epidemiology Score; DXA=dual energy x-ray absorptiometry; FN=femoral neck; FRAX=Fracture Risk Assessment tool; LR=likelihood ratio; LS=lumbar spine; MOF=major osteoporotic fracture defined as fractures of the proximal femur, distal radius, proximal humerus, and clinical; NA=not applicable; NOF=National Osteoporosis Foundation; NPV=negative predictive value; NR=not reported; ORAl=Osteoporosis Risk Assessment Instrument; OSIRIS=Osteoporosis Index of Risk; OST=osteoporosis self-assessment tool; OSTA=Osteoporosis Self-assessment Tool for Asians; PPL=predicted probability of low; PPV=positive predictive value; ROC=receiver operating characteristics; SCORE=Simple Calculated Osteoporosis Risk Estimation Tool; Sn=sensitivity; SOFSURF=Study of Osteoporotic Fractures Simple Useful Risk Factors; Sp=specificity; TH=total hip.

| | Participant Characteristics Sex | BMD Status of | | | | | |
|-----------------------------------|---|--------------------------------------|--|--|--|--|--|
| Study, Year Risk of | Age Mean (Range) Country | Sample; Baseline Fracture | Inclusion and | Index Bone | | Location and Threshold of | AUC (95% CI, |
| Bias | Sample Size | Rate | Exclusion Criteria | Measurement Test | | Index Test | or SE) |
| Boonen et al, 2005 ¹¹⁶ | Women Baseline mean age: 61 (50-75) | T<-2.5; | had been consecutively referred | | Areal bone density was measured using the DXA QDR 4500a fan beam | QUS -calcaneous against hip or spine T score <-2.5 | , |
| Low | Belgium N=221 | w ith baseline | for Metabolic Bone Diseases for bone densitometry. Excluded if receiving therapy for osteoporosis, including | RA performed with a self-contained single energy X-ray system | system; national reference data were used to derive T-scores at the lumbar spine (vertebrae L2–L4) and | | 0.84 (SE: 0.03) 0.80 (SE: 0.03) |
| | | | transmission) | QUS - calcaneal ultrasound attenuation was measured using the Sahara equipment (Hologic) | the total hip region | the non-dominant hand against hip or spine T score <-2.5 | |
| Kung et al, 2003 ⁹⁵ | Women Baseline mean age: 62 (43-81) | | Included if community-based study of southern Chinese w omen Community-based study | QUS, using Sahara ultrasound bone densitometer (Hologic, | DXA (QDR 2000 plus, Hologic) on the lumbar spine (L1–L4) and left | QUI based on femoral neck BMD t- score ≤ -2.5 | 0.78 (0.74- 0.81) |
| Low | Hong Kong N=767 | history of fragility fractures | of southern Chinese men in Hong Kong ≤6 months postmenopausal. Excluded from analysis if they had a history or evidence of metabolic bone disease (other than postmenopausal bone loss, hyper- or hypo-parathyroidism, Paget's disease, osteomalacia, renal osteodystrophy, or osteogenesis imperfecta), menopause before the age of 40 years, presence of cancer(s) with known metastasis to bone, evidence of significant renal impairment, at least one ovary removed, both hips previously fractured or replaced, and prior use of any bisphosphonates, fluoride, or calcitonin; abnormal biochemistry | (broadband ultrasound attenuation, BUA) and the SOS of the right heel, and the QUI (an algorithm that combines the information from measurements of BUA and SOS) | femur (femoral neck, trochanter, Ward's triangle and total hip) | | |

| | Participant | | | | | | |
|--------------------|-----------------|-------------|---|-------------------------|--------------------------|---------------------|-------------|
| | Characteristics | | | | | | |
| | Sex | Status of | | | | | |
| Study, | Age Mean | Sample; | | | | | |
| Year | (Range) | Baseline | | | | Location and | AUC |
| Risk of | Country | Fracture | Inclusion and | Index Bone | | Threshold of | (95% CI, |
| Bias | Sample Size | Rate | Exclusion Criteria | Measurement Test | Gold Standard Test | Index Test | or SE) |
| Kung et al, | Men | FN BMD | Included if community-based | Quantitative bone | DXA (QDR 2000 plus, | QUI based on | 0.79 (0.75- |
| 2005 ⁹⁶ | Baseline mean | | study of southern Chinese men | ultrasound (QUS), | Hologic) on the lumbar | femoral neck BMD t- | 0.83) |
| | age: 62 (43-81) | | in Hong Kong age ≥50 from | | spine (L1-L4) and left | score ≤ -2.5 | |
| Low | Hong Kong | 15.6% had a | 1999–2003. Excluded from | ultrasound bone | femur (femoral | | |
| | N=356 | history of | analysis if they had a history or | | neck, trochanter, Ward's | | |
| | | fragility | evidence of metabolic bone | | triangle and total hip) | | |
| | | fractures | disease (hyper- or hypo- | Mass.) to measure the | | | |
| | | | parathyroidism, Paget's | attenuation | | | |
| | | | disease, osteomalacia, renal | slope (broadband | | | |
| | | | osteodystrophy, or | ultrasound attenuation, | | | |
| | | | osteogenesis imperfecta), | BUA) and the SOS of | | | |
| | | | history of cancer in the | the right heel, and the | | | |
| | | | preceding 5 years, evidence of | QUI (an algorithm that | | | |
| | | | significant renal impairment, | combines the | | | |
| | | | both hips previously fractured or | | | | |
| | | | | measurements of BUA | | | |
| | | | bisphosphonates, fluoride, or | and SOS) | | | |
| | | | calcitonin; abnormal biochemistry, including renal | | | | |
| | | | and liver function test, serum | | | | |
| | | | calcium, phosphate, total | | | | |
| | | | alkaline phosphatase, and TSH. | | | | |

| Study, Year Risk of Bias | Participant Characteristics Sex Age Mean (Range) Country Sample Size | BMD Status of Sample; Baseline Fracture Rate | Inclusion and Exclusion Criteria | Index Bone Measurement Test | Gold Standard Test | Location and Threshold of Index Test | AUC (95% CI, or SE) |
|--|--|---|--|---|---|--|--|
| Jimenez- Nunez et al, 2013 ⁹⁴ | Women Mean age: 61 (SD: 8) Spain N=505 | T-score: – 1.01 (SD: 1.05); no | Included Caucasian woman, at least 50, menopausal for at least 12 months, from tertiary care referred for routine bone density screening by DXA (recruited consecutively) at the Rheumatology Department of Carlos Haya University Hospital. Excluded if nursing home residents or homebound or had any of the following: previous diagnosis of osteoporosis or a history of >12 months with any potential antiosteoporotic drug (bisphosphonate, parathormone, estrogen, strontium ranelate, calcitonin, selective estrogen receptor modulator), serious acute or chronic disease, steroid treatment in the last 6 months, or bilateral hip replacements. | PIXI on nondominant heel, using GE Lunar PIXI densitometer (softw are 50699) | GE Lunar Prodigy Advance DXA densitometer (software ENCORE 2006, PA + 300274; General Electric, Chalfont St. Giles, UK); T scores and Z scores calculated using the manufacturer's reference for the Spanish population | PIXI vs. T-score ≤ - 2.5 | 0.803 (variance NR) |
| McLeod et al, 2015 ¹⁰¹ Low | Women Mean age: 59.0 (50-80) Canada N=174 | osteoporosis or osteopenia; | Included if referred by health care provider for DXA screening to the Regina General Hospital, Saskatchew an, Canada, July 2010- September 2011 | Left calcaneal QUS | BMD using DXA (GE Lunar Prodigy densitometer (Madison, WI) | QUS SI based on femoral neck DXA T-score ≤ -2.5 QUS T-score based on femoral neck DXA T-score ≤ -2.5 QUS SI based on lumbar spine DXA T-score ≤ -2.5 | 0.892 (0.042; 0.809- 0.975) 0.898 (0.041; 0.817- 0.978) 0.696 (0.076; 0.517- 0.846) |

| Study, Year Risk of Bias | Participant Characteristics Sex Age Mean (Range) Country Sample Size | BMD Status of Sample; Baseline Fracture Rate | Inclusion and Exclusion Criteria | Index Bone Measurement Test | Gold Standard Test | Location and Threshold of Index Test | AUC (95% CI, or SE) |
|-----------------------------------|--|---|--|--|--|---|----------------------------|
| McLeod et al, 2015 ¹⁰¹ | | | | | | | 0.698 (0.077; |
| (continued) | | | | | | T-score ≤ -2.5 | 0.548- 0.848) |
| Cook et al, 2005 ⁸⁷ | Women Baseline mean age: 59.7 (29-87) | | Included if postmenopausal w omen recruited through DXA clinics at Great Western | | BMD as measured by DXA at the lumbar spine or total hip; no | Sunlight distal radius based on DXA T- score ≤ -2.5 | 0.676 (0.731- 0.628) |
| unclear | United Kingdom N=208 | Osteopenic: | Hospital, Swindon, UK. All were referred due to presence of 1+ clinical risk | radium proximal phalanx of the middle finger, and the mid- | population-specific reference used, T scores computed with | phalanx based on | 0.678 (0.737- 0.629) |
| | | | factor for osteoporosis. No exclusion criteria | shaft tibia (all nondominant) QUS using CUBA | databases supplied with systems. | tibia based on DXA T- | 0.582 (0.645- 0.521) |
| | | (n=64); fractures NR | | Clinical ultrasound measured by BUA and | | Sunlight combined based on DXA T- | 0.698 (0.751- |
| | | | | VOS at the calcaneus | | score ≤ -2.5 | 0.654) |
| | | | | (all nondominant) | | BUA calcaneus | 0.766 |
| | | | | | | based on DXA T- score ≤ -2.5 | (0.805- 0.743) |
| | | | | | | | 0.743) |
| | | | | | | based on DXA T- | (0.781- 0.676) |

| Study, Year Risk of Bias | Participant Characteristics Sex Age Mean (Range) Country Sample Size | BMD Status of Sample; Baseline Fracture Rate | Inclusion and Exclusion Criteria | Index Bone Measurement Test | Gold Standard Test | Location and Threshold of Index Test | AUC (95% CI, or SE) |
|--|---|--|--|---|--|--|--|
| Harrison et | Women | Mean MBD: | Included if White women ages | Peripheral DXA | Central DXA of the hip | Achilles based on T | 0.77 |
| al, 2006 ⁹³ | Mean age: 61 | hip FN | 55–70 referred for BMD, reasons for referral included | scanner, PIXI | FN and TH and LS | score ≤ -2.5 of total | (variance |
| Low | (SD 4) United Kingdom | TH | suggested osteopenia on | Peripheral QUS scanner: McCue | (L1_L4 on the GE Lunar Prodigy (GE Lunar | hip, femoral neck or lumbar spine | NR) |
| | N=207 | patients: 0.463 (SD - 0.46) Osteoporotic patients: 0.369 (SD - 1.64) | radiograph, low trauma fracture, estrogen deficiency, secondary causes of osteoporosis, glucocorticoid excess or therapy, monitoring of therapy, or other reason (family history); exclusion NR | CubaClinical (McCue plc, Winchester, Hampshire, UK) Peripheral QUS Scanner: GE Lunar Achilles (GE Lunar Corporation, Madison, WI) | Corporation, Madison, WI) or the Hologic Discovery (Hologic Inc., Bedford, MA); T and Z scores from the 2 DXA scanners merged, then w as transformed into Hologic BMD values before calculation of T and Z scores using Hologic reference data for the lumbar spine and NHANES reference data for the proximal femur | CubaClinical based on T score ≤ -2.5 of total hip, femoral neck or lumbar spine PIXI based on T score ≤ -2.5 of total hip, femoral neck or lumbar spine | 0.75 (variance NR) 0.67 (variance NR) |
| Lynn et al, 2008 ⁹⁷ Low | Men Mean age NR United States and Hong Kong N=6572 (4,658 U.S. Caucasian men and 1914 Hong Kong | NR | The osteoporotic fractures in men study (MrOS): included if community-dw elling older men (age >65 years) in the U.S. Similar for Hong Kong. Excluded if bilateral hip replacements or unable to walk without assistance | Sahara clinical bone sonometer (Hologic Inc.) of the right calcaneus | BMD was measured for the lumbar spine (L1–L4 in anteroposterior projection) and proximal femur using fan beam DXA with Hologic QDR 4500W bone densitometers (Hologic | QUI, based on T score ≤ -2.5 at any site (lumbar spine, femoral neck, total hip) for Causasian men QUI, based on T score ≤-2.5 at any | 0.738 (SE 0.014) 0.731 (SE 0.018) |
| | Chinese men) | | | | Inc.). T score defined by using ethnic-specific male normative | site (lumbar spine, femoral neck, total hip) for Chinese men QUI, based on T score ≤-2.0 at any site (lumbar spine, femoral neck, total hip) for Causasian men | 0.696 (SE 0.010) |

| Study, Year Risk of Bias | Participant Characteristics Sex Age Mean (Range) Country Sample Size | BMD Status of Sample; Baseline Fracture Rate | Inclusion and Exclusion Criteria | Index Bone Measurement Test | Gold Standard Test | Location and Threshold of Index Test | AUC (95% CI, or SE) |
|------------------------------------|--|--|---|---|---|--|--|
| Management | 104 | 00.00/ h = 1 | | | DMD | QUI, based on T score ≤-2.0 at any site (lumbar spine, femoral neck, total hip) for Chinese men | 0.720 (SE 0.013) |
| Minnock et al, 2008 ¹¹⁷ | Baseline mean age: 59.7 (29-87) | BMD T score of <- | Included if postmenopausal Caucasian women recruited through DXA clinics at Great | Omnisense ultrasound, measured at the distal | BMD as measured by DXA at the lumbar spine; BMD values determined | | ĺ |
| Unclear | United Kingdom N=235 | site; 32.3% had a history of nontraumatic fracture | Excluded if disease known to cause secondary osteoporosis | phalanx of the middle finger, and the mid-shaft tibia using SOS QUS using CUBA Clinical ultrasound measured by BUA and VOS at the | for the lumbar spine, femoral neck, and total hip and the corresponding T-score calculated based on the NHANES database | Sunlight proximal phalanx SOS based on DXA T-score ≤-2.5 Sunlight mid-shaft tibia SOS based on DXA T-score ≤-2.5 BUA calcaneus based on DXA T-score ≤-2.5 VOS calcaneus based on DXA T-score ≤-2.5 | 0.59 (0.47- 0.71) 0.79 (0.72- 0.85) 0.75 (0.67- 0.83) |
| Richy et al, 2004 ¹¹⁸ | Women Mean age: 63.4 (SD: 6.6) | | Included if healthy postmenopausal women age 45 and older. Excluded if history of | IGEA, Italy), reporting | Femoral neck DXA (Hologic QDR 4500, Hologic Inc., USA) | QUS based on DXA T score ≤ -2.5 | 0.69 (variance NR) |
| Low | Belgium N=202 | prior | osteoporosis, Paget disease, RA, use of bone active drugs other than HRT | nondominant hand, and UBPI using graphic traces of the receiving probe; manufacturer's reference values used to calculate T scores. | | DXA T score ≤ -2.5 | 0.64 (variance NR) 0.71 (variance NR) |
| | | | | | | QUS UBPI based on DXA T score -1 to - 2.49 | 0.68 (variance NR) |

| Study, Year Risk of Bias | Participant Characteristics Sex Age Mean (Range) Country Sample Size | Status of Sample; Baseline Fracture Rate | Inclusion and Exclusion Criteria | Index Bone Measurement Test | Gold Standard Test | | AUC (95% CI, or SE) |
|-----------------------------------|--|--|-------------------------------------|---|-------------------------|-----------------------|---------------------------|
| Sinnott et | Men | FN BMD | Included if African American | Ultrasound | GE lunar machine | Heel T-Score against | |
| al, 2006 ¹¹¹ | Mean age: 63.8 | (0) | men 35 and older, recruited | measurement of the | (General Electric, | DXA cutoff T-score of | (0.87–0.99 |
| | (SD: 14.8) | ` ,, | from general medicine clinics at | , | Madison, WS) at the | <-2.5 | |
| Low | Chicago, United | 40% had | the Jesse Brown VA Medical | nondominant heel, was | lumbar spine (L1-L4) | | |
| | States | prior | Center. Excluded if history or | obtained using an | and the non-dominant | | |
| | N=128 | traumatic | evidence of metabolic bone | | hip (femoral neck, | | |
| | | fractures | disease, atraumatic fractures, | , | trochanter, total hip); | | |
| | | | history of any medical | • | DXA hip scores used in | | |
| | | | conditions predisposing to low | BUA and a clinical | majority of analysis | | |
| | | | , , | index named the SI | | | |
| | | | preceding 10 years or use of | w hich is a linear | | | |
| | | | medications that cause or treat | combination of SOS | | | |
| | | | low bone mass (except Calcium | and BUA | | | |
| | | | and vitamin D) | | | | |

Abbreviations: AUC=area under the curve; BMD=bone mineral density; BUA=broadband attenuation; Cl=confidence interval; DXA=dual energy x-ray absorptiometry; DXR=digital x-ray radiogrammetry; FN=femoral neck; GE=General Electric; HRT=hormone replacement therapy; LS=lumbar spine; MrOS=evaluation of osteoporosis screening tools for the osteoporotic fractures in men; N=number; NHANES=National Health and Nutrition Examination; NR=not reported; QUI=ultrasound index; QUS=quantitative ultrasound; RA=radiographic absorptiometry; SD=standard deviation; SE=standard error; SERMS=Selective estrogen receptor modulators; SI=stiffness index; SOS=speed of sound; TH=total hip; UBPI=ultrasonometric bone profile; UK=United Kingdom; USA=United States of America; VA=Veterans' Administration; VOS=velocity of sound.

| Study, Year | Participant Characteristics Gender Age Mean (Range) | Additional | Baseline BMD | Incident Fracture | | Bone | AUC | Characteristics |
|-----------------------------------|---|--|---|----------------------------------|--|------------------------------------|---------------------------------|-----------------|
| Cohort | Country | Inclusion and | Fracture | Length of | | Measurement | (95% CI, | Controlled for |
| Risk of Bias | Number | Exclusion Criteria | Rate | Followup | | Test | or SE) | in the Model |
| 2012 ^{176a} Hong Kong | Women Baseline Mean: 62.1 (SD 8.5) (40+) | Postmenopausal community sample. Excluded if already prescribed treatment | Lumbar BMD Mean: 0.807 (0.148) Fracture rate: | Mean: 4.5 (2.8) years | Major osteoporotic fracture (w rist, clinical spine, hip or humerus) Hip fracture | DXA femoral neck DXA femoral | 0.711 (0.66- 0.763) 0.855 | None |
| Study | Hong Kong (N=2,266) | for osteoporosis | 12.8% | | Tip Hacture | neck | (0.791- 0.919) | |
| 2011 ^{171a} | Women Baseline mean | major medical | | years (0.2 | Hip fractures | neck | 0.64 (0.57- 0.72) | None |
| | age: 74.2 (>55) New Zealand (N=1422) | lumbar spine BMD for their age (Z-score>—2), not taking treatment for osteoporosis, excluded those with no BMD measurement at baseline | Fracture rate: 4% | to 11.4) | All fractures | DXA femoral neck | 0.59 (0.56- 0.62) | |
| et al, 2014 ^{174a} | Baseline age: 40- 90 | | Phalangeal BMD: Women: 0.32 (0.04) | Mean: 4.3 years (0.3- 4.9) | Women Major osteoporotic | DXA BMD phalanges | 0.713 (0.686- 0.739) | None |
| | Denmark (N=12,758) | | Men: 0.36 (0.04) Previous fracture: Women: 5.9% | | Hip | DXA BMD phalanges | 0.834 (0.777- 0.890) | |
| | | | Men: 2.5%) | | Men Major osteoporotic | DXA BMD phalanges | 0.638 (0.576- 0.701) | |
| | | | | | Hip | DXA BMD phalanges | 0.640 (0.511- 0.770) | |

| Study, Year Cohort Risk of Bias | | Additional Inclusion and Exclusion Criteria | Baseline BMD Fracture Rate | Incident Fracture Length of Followup | Incident Fracture | Bone Measurement Test | or SE) | Characteristics Controlled for in the Model |
|---|--|---|---|---|--|--|--|---|
| al, 2016 ¹³³ Study of Osteoporotic | Women Baseline mean age: 71 (65-80+) United States (N = 5278 | | Femoral neck BMD: 0.647 (0.111); lumbar spine BMD: 0.854 (0.169); DXR- BMD: 0.485 (0.059) Previous fracture since age 50: 34% | 10 years | Major osteoporotic Hip | Metacarpal DXA BMD Femoral neck | 0.68 (0.66- 0.70) 0.65 (0.63- 0.67) 0.75 (0.72- 0.77) 0.69 (0.66- 0.72) | Age |
| Mantiba Bone | Women and Men Baseline mean age: Women: 65.7; Men 68.2 (50+) Canada Total: N = 39,603 (Women N=36,730; Men N=2,873) | Medical coverage from Manitoba Health and a valid femoral BMD measurement | Minimum t- score ≤ -2.5 Women: 30.9% Men: 19.3% Fracture rate: 14.9% | 10 years | Hip Osteoporotic: Hip, clinical vertebral, forearm, or humerus | DXA BMD femoral neck | 0.801 (0.783- 0.819) 0.679 (0.668- 0.690) | None |
| Primary Health | Women Age: (69-81) Sw eden N = 388) | Living in the area of Bagarmossen, Sw eden; born betw een 1920-1930, able to come to the health center | NR | Mean: 9.9 | Hip | DXL BMD Heel DXA Femoral neck | 0.66 | None |

| | Participant Characteristics Gender Age Mean | | Baseline | Incident | | | | |
|---|--|---|---|-----------------------|---|--|--|--|
| Study, Year Cohort | (Range) Country | Additional Inclusion and | BMD Fracture | Fracture Length of | Type of | Bone Measurement | AUC (95% CI, | Characteristics Controlled for |
| Risk of Bias | Number | Exclusion Criteria | Rate | Followup | | Test | or SE) | in the Model |
| Stew art et al, 2006 ¹⁶² Aberdeen Prospective Osteoporosis Screening Study | Women Total baseline mean age:48.6 (44-56) QUS subgroup | Post-menopause, may have received any tx for osteoporosis, fracture self-report must be confirmed by x-ray or clinician | Spine BMD Total: Mean: 1.052 (0.161) QUS subgroup: Mean: 1.066 (0.127) Fracture rate: 10.8% of 1239 w ho provided self-report | Up to10 years | Osteoporotic only: Hip, vertebral, w rist, and humeral | DXA lumbar spine total sample DXA femoral neck total sample DXA lumbar spine QUS subgroup DXA femoral neck QUS subgroup | 0.66 (0.64- 0.68) 0.64 (0.63- 0.66) 0.66 (0.62- 0.69) 0.70 (0.66- 0.73) | Age, height, w eight, menopausal status, neck BMD (QUS only) |
| 2014 ^{170a} Kuopio Osteoporosis | Women Baseline mean age: 59.1 (47-56) Finland (N = 2,755) | Post-menopause, clinical risk factors, excluded women with hip fractures before 1994 | T-score mean: -1. Fracture rate: 20% | | Hip | DXA femoral neck | 0.75) 73.9 (64.4- 83.4) | None |
| 2011 ^{177a} Japanese Population- based Osteoporosis (JPOS) Cohort Study | Women Baseline mean age: 56.7 (9.6) (40-74) Japan (N = 815) | Exclude if no femoral neck BMD, taking osteoporosis drugs or hormore replacement therapy | BMD: .706 (0.111) Fracture rate: 8% | 10 years | Major osteoporotic fracture (clinical fracture of the hip, vertebra, distal forearm, or proximal humerus Hip fracture | DXA femoral neck DXA femoral neck | 0.64 (0.57- 0.72) 0.82 (0.67- 0.98) | None |
| Tanaka et al, 2011 ^{169a} | Women | Postmenopausal outpatients at a medical | Lumbar BMD | 10 years; Median | Long bone and vertebral fracture | DXA lumbar spine | 0.598(0.551- 0.646) | None |

| Study, Year Cohort Risk of Bias | Participant Characteristics Gender Age Mean (Range) Country Number | Additional Inclusion and Exclusion Criteria | Baseline BMD Fracture Rate | Incident Fracture Length of Followup | Incident Fracture | Bone Measurement Test | AUC (95% CI, or SE) | Characteristics Controlled for in the Model |
|---|--|--|---|---|--|---|--|---|
| Cohort Study | Baseline Mean: 63.3 (SD 10.8) Japan (N=765) | institute receiving treatment for osteopororis and secondary osteoporosis | (0.191) Fracture rate: 11.6% | follow-up 5.1 years | | DXA lumbar spine | 0.613(0.560- 0.666) | |
| 2010 ^{154a} Miyama and | Women Baseline mean: 59.5 (11.3) Japan (n=400) | Community cohorts | T score: -1.61 (1.84) Fracture rate: 25% | 10 years | • | DXA femoral neck | 0.651 (0.575- 0.728) | None |
| et al ^{175a} Central Initiative System - transport information reporting system (CETIR cohort) | Women Baseline mean age:56.8 (40-90) Spain (N=1231) | Had received a bone density scan, in the age group of interest | -1.4 (1.1) Fracture rate: 15% | Mean: 10.95 years | only: forearm, clinical spine, hip, or proximal humerus | Normal BMD DXA femoral neck Osteopenia DXA femoral neck Osteoposis DXA femoral neck | 0.54 (0.45- 0.62) 0.57 (0.52- 0.63) 0.63 (0.54- 0.72) | BMD status |
| Os (MENOS) Study | | treatment for osteoporosis for >3 | Vertebral BMD Prevalent fracture group: 0.96 (0.126) Nonfracture group: 1.03 (0.148) Fracture rate: 6.6% of 2196 | years | only: spine, vertebral, hip, distal forearm, and humeral | Hip BMD | 0.66 (0.60- 0.73) | None |
| et al, 2010 ^{172a} Os des Femmes de Lyon (OFELY) cohort | Women Baseline Mean Age: 58.8 (SD 10.3) France (N=867; of these, post- menopausal [N=680]) | Post and premenopausal, age 40 years and over | Femoral Neck BMD: Mean: 0.717 (0.12) Fracture rate: 10.3% | 10 years | Low trauma nonvertebral and clinical vertebral fracture | DXA femoral neck | 0.74 (0.71- 0.77) | None |

| Study, Year Cohort | Participant Characteristics Gender Age Mean (Range) Country | Additional Inclusion and | Baseline BMD Fracture | Incident Fracture Length of | | Bone Measurement | AUC (95% CI, | Characteristics Controlled for |
|---|---|--|---|---|--|---|--|------------------------------------|
| Risk of Bias | Number | Exclusion Criteria | Rate | | Incident Fracture | Test | or SE) | in the Model |
| 2014 ¹⁶⁴ Japanese Population- Based Osteoporosis (JPOS) Baseline Study | | amenorrhea, oligomenorrhea, bilateral oophorectomy, parathyroid gland | Spine BMD: Mean: 0.802 (0.142) History of fragility fracture: 16.5% | Median: 10 years Mean: 8.3 years | any of its anterior, central, and posterior heights by ≥ 20% in follow -up image vs baseline height; and | DXA TBS thoracolumbar vertebra DXA aBMD & TBS thoracolumbar | 0.673 (0.614- 0.732) 0.682 (0.621- 0.743) 0.700 (0.614- 0.732) | NA |
| Low | | disease, hyperthyroidism, rheumatoid arthritis, gastrectomy resulting from gastric cancer, myasthenia gravis, or ossification of the posterior longitudinal ligament | | | 2 or 3 fracture criteria in Genant's method on follow -up image. | vertebra DXA aBMD & TBS thoracolumbar vertebra | 0.718 (0.662- 0.773) 0.729 (0.675- 0.773) | Age, prevalent vertebral deformity |
| Leslie et al, 2013 ¹⁶⁶ The Manitoba | Women Baseline mean age: 65.4 years (≥50 years) Canada (N=29,407) | Medical coverage | Lumbar spine TBS: Mean: 1.241 (0.12) Prior major fracture: 13.6% | 4.7 years (SD 2.2) | | hip DXA BMD femoral neck DXA BMD spine TBS spine DXA BMD total hip+TBS spine | 0.71 (0.68- 0.73) 0.71 (0.68- 0.73) 0.69 (0.67- 0.72) 0.66 (0.64- 0.69) 0.73 (0.71- 0.75) 0.73 (0.71- 0.75) | None |

| | Participant Characteristics Gender | | | | | | | |
|---------------------------|--|---------------------------|----------|-----------|--------------------------|--------------------------|----------------------|-----------------|
| | Age Mean | | Baseline | Incident | | | | |
| Study, Year | (Range) | Additional | BMD | Fracture | | Bone | AUC | Characteristics |
| Cohort | Country | Inclusion and | Fracture | Length of | | Measurement | | Controlled for |
| Risk of Bias | Number | Exclusion Criteria | Rate | Followup | | Test | or SE) | in the Model |
| Hans, 2011 ¹⁶⁵ | | | | | Hip fracture | | 0.81 (0.79- | |
| Leslie et al, | | | | | | hip | 0.83) | |
| 2013 ¹⁶⁶ | | | | | | DXA BMD | 0.80 (0.77- | |
| (continued | | | | | | femoral neck | 0.82) | |
| | | | | | | DXA BMD spine | | |
| | | | | | | TDC amina | 0.69) | |
| | | | | | | TBS spine | 0.68 (0.65- 0.71) | |
| | | | | | | DXA BMD total | 0.71) | |
| | | | | | | | 0.84) | |
| | | | | | | DXA BMD | 0.81 (0.79- | |
| | | | | | | femoral | 0.83) | |
| | | | | | | neck+TBS spine | / | |
| | | | | | | DXA BMD | 0.69 (0.66- | |
| | | | | | | spine+TBS | 0.72) | |
| | | | | | Any major osteoporotic | DXA BMD total | 0.68 (0.66- | |
| | | | | | fractures (hip, clinical | | 0.69) | |
| | | | | | spine, forearm, | DXA BMD | 0.68 (0.66- | |
| | | | | | humerus) | femoral neck | 0.69) | |
| | | | | | | DXA BMD spine | | |
| | | | | | | | 0.66) | |
| | | | | | | TBS spine | 0.63 (0.61- | |
| | | | | | | DVA DMD (-(-I | 0.64) | |
| | | | | | | | 0.69 (0.68- | |
| | | | | | | hip+TBS spine DXA BMD | 0.71) | |
| | | | | | | femoral neck+ | 0.69 (0.68- 0.71) | |
| | | | | | | TBS spine | 0.7 1) | |
| | | | | | | DXA BMD | 0.66 (0.65- | |
| | | | | | | spine+TBS | 0.68) | |
| | | | | | | DXA BMD spine | 0.64 (0.63– | |
| | | | | | | | 0.65) | |

| Study, Year Cohort Risk of Bias | Participant Characteristics Gender Age Mean (Range) Country Number | Additional Inclusion and Exclusion Criteria | Rate | Incident Fracture Length of Followup | Incident Fracture | Bone Measurement Test | AUC (95% CI, or SE) | Characteristics Controlled for in the Model |
|---------------------------------------|--|---|------------------------|---|--------------------------|-----------------------------|---------------------------|---|
| · · · · · · · · · · · · · · · · · · · | Men | Community dw elling, | • | Mean 6.5 | Major fragility fracture | QUS SOS heel | 0.64 (0.57- | Age and fracture |
| | Baseline mean | | | years | including hip, wrist, | OLIC DUA haal | 0.71) | history |
| | age: 72.4 years Hong Kong | assistance, no bilateral hip replacement | (0.18) Fracture | | forearm, or shoulder | QUS BUA heel | 0.65 (0.58- 0.72) | |
| , | (n=1921) | | history: | | | QUS QUI heel | 0.66 | |
| Low | | | 13.9% | | | | (0.59, 0.73) | |
| | | | | | | DXA BMD spine | • | |
| | | | | | | | 0.77) | |
| | | | | | | | 0.72 0.65- | |
| | | | | | | | 0.78) 0.72 (0.66- | |
| | | | | | | Femoral neck | 0.72 (0.00- | |
| Bauer, 2007 ¹⁶³ | Men | Community dw elling, | BMDfn | Mean 4.2 | Non-spine | QUS BUA heel | 0.68 (95% | None |
| | Baseline mean | able to walk without | Any non-spine | years (SD | • | | CI, NR) | |
| | age | , | fracture: | 1.0) | Non-spine | DXA BMD | 0.68 (95% | |
| , , | Any non-spine | , | Mean: 0.72 | | | femoral neck | CI, NR) | |
| | | to provide self-reported | | | Non-spine | QUS BUA heel | 0.69 (95% | |
| | No non-spine fracture: 73.5 | , | No non-spine fracture: | | | + BMD femoral | CI, NR) | |
| | | | Mean: 0.79 | | Hip | neck QUS BUA heel | 0.84 (95% | |
| | No hip fracture: | | (0.13) | | ПР | QUS BOA fieei | 0.64 (95% Cl, NR) | |
| | | condition that could | Prior non- | | Hip | DXA BMD | 0.85 (95% | |
| | United States | result in imminent | spine fracture: | | | femoral neck | CI, NR) | |
| | (N=5,606) | | 4.3% | | Hip | QUS BUA heel | 0.85 (95% | |
| | | understand and sign consent. | Hip fracture: 0.9% | | | + BMD femoral | CI, NR) | |
| | | CONSCIII. | 0.3 /0 | | | neck | | |

| | Participant Characteristics Gender | | | | | | | |
|-----------------------------|--|------------------------|--------------------------|-----------|--------------------------|---|--------------------|-----------------|
| | Age Mean | | Baseline | Incident | | | | |
| Study, Year | (Range) | Additional | BMD | Fracture | | Bone | AUC | Characteristics |
| Cohort | Country | Inclusion and | Fracture | Length of | Type of | Measurement | (95% CI, | Controlled for |
| Risk of Bias | Number | Exclusion Criteria | Rate | Followup | Incident Fracture | Test | or SE) | in the Model |
| | Men and Women | Exclude: malignant | FNBMD | | Women | DXA BMD | 0.71 (95% | Age, falls, and |
| 2012 ¹⁶⁸ | Follow up age | disease, Paget disease | | | Any fracture, excluding | femoral neck | Cl, 0.66 to | prior fracture |
| Dubbo | range (62-89 | of bone | group: 0.92 | | from major trauma | | 0.76) | |
| | years old) | | (0.14) | 15 | | QUS BUA heel | 0.73 (95% | |
| | Australia | | Any fracture at | | | + DXA BMD | Cl, 0.68 to | |
| Study (DOES) Unclear for | Men (N=445) | | baseline: 0.86 (0.17) | | I | femoral neck | 0.78) | |
| AUC, High For | | | Baseline | | Hip Fracture | DXA BMD | 0.77 (95% | |
| NRI | | | fracture: | | | femoral neck | Cl, 0.69 to 0.86) | |
| TALC | | | 25.8% | | | | 0.81 (95% | |
| | | | 20.070 | | | + DXA BMD | Cl, 0.73 to | |
| | | | | | | femoral neck | 0.88) | |
| | | | | | Vertebral fracture | DXA BMD | 0.70 (95% | |
| | | | | | V OI LODI GII TT GOLGI O | femoral neck | Cl, 0.62 to | |
| | | | | | | | 0.77) | |
| | | | | | | QUS BUA heel | 0.72 (95% | |
| | | | | | | + DXA BMD | Cl, 0.65 to | |
| | | | | | | femoral neck | 0.79) | |
| | | | | | Men | DXA BMD | 0.71 (95% | |
| | | | | | Any fracture, excluding | | Cl, 0.64 to | |
| | | | | | from major trauma | | 0.78) | |
| | | | | | | QUS BUA heel | 0.71 (95% | |
| | | | | | | + DXA BMD | Cl, 0.64 to | |
| | | | | | = | femoral neck | 0.77) | |
| | | | | | Hip Fracture | DXA BMD | 0.77 (95% | |
| | | | | | | femoral neck | Cl, 0.67 to | |
| | | | | | | OLIO DUIA I | 0.87) | |
| | | | | | | | 0.78 (95% | |
| | | | | | | + DXA BMD | Cl, 0.67 to | |
| | | | | | Vertebral fracture | femoral neck DXA BMD | 0.88) 0.75 (95% | |
| | | | | | v criebiai maciule | femoral neck | Cl, 0.66 to | |
| | | | | | | I GII DI AI I I I I I I I I I I I I I I I I | 0.83) | |
| | | | | | | QUS BUA heel | 0.03) | |
| | | | | | | + DXA BMD | Cl, 0.66 to | |
| | | | | | | femoral neck | 0.84) | |

| Study, Year Cohort Risk of Bias | Participant Characteristics Gender Age Mean (Range) Country Number | Additional Inclusion and Exclusion Criteria | Baseline BMD Fracture Rate | Incident Fracture Length of Followup | | Bone Measurement Test | or SE) | Characteristics Controlled for in the Model |
|--|---|--|---|---|--|---|--|---|
| Fraser et al, 2010 ^{147a} | Men and women Baseline mean age: Women: 65.8 (8.8) Men: 65.3 (9.1) Canada N=6,697 | Lived near one of nice Canadian cities, spoke English, French, or chinese | Femoral neck T-score: Women: -1.5 (1.1) Men: -0.5 (1.2) Fracture rate: 9.4% | | (hip, clinical spine, humerus, forearm/w rist) Hip fracture | DXA femoral neck | 0.66 (0.64- 0.69) 0.76 (0.72- 0.79) | None |
| Nguyen et al, 2004 ¹⁴⁴ Dubbo Osteoporosis Epidemiology Study (DOES) unclear | Women Mean age: 63.2 (49-88) Australia N=549 | None | NR | | | lumbar spine DXA BMD femoral neck QUS SOS distal radius QUS SOS tibia | 0.77 0.76 0.71 0.66 0.67 | None |

^a Included in Marques et al (2015) meta-analysis report, risk of bias assessment results not reported.

Abbreviations: AUC=area under receiver operating characteristic curve; BMD=bone mineral density; BUA=broadband ultrasound attenuation; Cl=confidence interval; DXA=dual energy x-ray absorptiometry; DXL=dual x-ray and laser; DXR=digital x-ray radiogrammetry; NRl=net reclassification improvement; QUl=quantitative ultrasound index (combines BUA and SOS); QUS=quantitative ultrasound measured at the calcaneus in all studies; RR=risk ratio; Sl=stillness index; SOS=speed of sound; SXA=single x-ray absorptiometry; TBS=trabecular bone score; UBPl=ultrasound bone profile index.

| Study, Year | Participant Characteristics, | Baseline BMD and Fracture | Risk Prediction Instruments Evaluated (Prediction | Fracture Definition Used, Number of Fracture | Length of Cohort | |
|---|--|--|--|--|-------------------|--|
| Risk of Bias | Sample Size | Rate | Interval) | Events | Followup | Summary of Results |
| Leslie et al, 2012 ¹²³ Unclear | 50 and older from | BMD NR History of fracture NR | FRAX (10 year prediction), with and without BMD | | Mean 5.4 years | AUC (95% CI) for Fracture Prediction Women (MOF) Femoral neck BMD alone: 0.682 (0.670-0.693) Without BMD: 0.666 (0.655-0.678) With BMD: 0.698 (0.687-0.708) Men (MOF) Femoral neck BMD alone: 0.645 (0.601-0.689) Without BMD: 0.609 (0.564-0.654) With BMD: 0.661 (0.619-0.703) Women (Hip) Femoral neck BMD alone: 0.802 (0.783-0.820) Without BMD: 0.789 (0.772-0.807) With BMD: 0.822 (0.805-0.838) Men (Hip) Femoral neck BMD alone: 0.798 (0.726-0.870) Without BMD: 0.733 (0.659-0.807) With BMD: 0.789 (0.722-0.855) |
| lki et al, 2015 ¹³² Unclear | | BMD: 0.741 g/cm ² (0.114) History of fracture: 22 | FRAX, version 3.8 for Japan and TBS | MOF (femoral next, spine, distal forearm, proximal humerus) from low-energy trauma | 4.5 years | AUC FRAX 10 years (w/BMD) Men MOF: 0.681 (0.586 to 0.776) TBS Men MOF after 4.5 years: 0.669 (0.548 to 0.79) |
| Van Geel, 2014 ¹²⁴ Unclear | Post-menopausal w omen ages 50-80 years from 12 practices in southeastern Netherlands N=506 Mean age: 68 | Mean(SD) femoral neck BMD T-score Fracture group: -1.7(1.0) Non-fracture group: -1.2(1.0) History of fracture NR | FRAX (10 year prediction), Garvan FRC (5,10 years) | All (included: clinical spine, humerus, forearm, hip, "other"), MOF (all above except other), Hip fractures Self-report with medical record confirmation. Number of fractures: All: 48 MOF: 33 | 5 years | AUC for Fracture Prediction FRAX OF fracture risk w ithout BMD: 0.653 FRAX OF fracture risk w ith BMD: 0.693 FRAX hip fracture risk w ith BMD: 0.698 Garvan OF fracture risk w ithout BMD: 0.646 Garvan OF fracture risk w ith BMD: 0.689 Garvan hip fracture risk w ith BMD: 0.695 |

| | Participant | Baseline BMD and | Risk Prediction Instruments Evaluated | Fracture Definition Used, Number | I ength of | |
|-------------------------------|--|-------------------------|---|--|------------|--|
| Study, Year | Characteristics, | Fracture | (Prediction | of Fracture | Cohort | |
| Risk of Bias | Sample Size | Rate | Interval) | Events | Followup | Summary of Results |
| Rubin, 2013 ¹²⁸ | Women ages 40 to 90 | BMD NR | FRAX 3.0 w ithout | | 3 years | AUC (95% CI) for Fracture Prediction |
| l la ala an | living in southern | | BMD(10 year | MOF, Any OF | | MOF: |
| Unclear | Ŭ | History of OF: 337 (9%) | prediction), OST, ORAI, OSIRIS, | from registry. | | FRAX (no BMD): 0.722 (0.686, 0.758) Age alone: 0.720 (0.685, 0.755) |
| | osteoporosis. | 337 (9%) | SCORE, Age alone | Number of | | OSIRIS: 0.713 (0.677, 0.749) |
| | | Secondary | SCONE, Age alone | fractures: | | OST: 0.712 (0.675, 0.750) |
| | Mean age: 64 (SD 13) | | | OF: 225 | | ORAI 0.704 (0.663, 0.745) |
| | | 655 (18%) | w ith follow up BMD | MOF: 156 | | SCORE 0.703 (0.664, 0.742) |
| | | (10,1) | testing for fx risk >= | | | Any OF: |
| | | | 9.3%)- 10 yr | | | FRAX (no BMD): 0.701 (0.668, 0.735) |
| | | | horizon | | | Age alone: 0.694 (0.660, 0.727) |
| | | | | | | OSIRIS: 0.690 (0.658, 0.723) |
| | | | | | | OST: 0.691 (0.657, 0.725) |
| | | | | | | ORAI: 0.682 (0.646, 0.717) |
| | | | | | | SCORE: 0.681 (0.646, 0.716) |
| Azagra, 2011 ¹⁸¹ & | • | BMD NR | FRAX version 3.2 | | 10 years | AUC (95% CI) for Fracture Prediction |
| 2012 ¹²⁵ | participations ages 40 | | (10 year prediction) | fractures of hip or | | w ithout BMD, Hip: 0.88 (0.82 to 0.95) |
| | | History of | calibrated for Spain | MOF, major | | w ithout BMD, MOF: 0.69 (0.62 to 0.76) |
| Unclear | | fracture: X | | trauma | | with FN BMD, Hip: 0.85 (0.74 to 0.96) |
| | comprised of women | (22.8%) | | associated | | with FN BMD, MOF: 0.72 (0.65 to 0.79) |
| | in Spain referred by general practitioners | Use of | | fractures w ere excluded | | w ith LS BMD, Hip: 0.77 (0.66 to 0.88) w ith LS BMD, MOF: 0.71 (0.64 to 0.78) |
| | | medication for | | excluded | | BMD FN only, Hip: 0.78 (0.63 to 0.93) |
| | - | osteoporosis: | | Self-report | | BMD FN only, MOF: 0.66 (0.58 to 0.74) |
| | | X (27.9%) | | confirmed by | | BMD LS only, Hip: 0.63 (Cl, 0.49 to 0.77) (p=0.067) |
| | oor oor mig. | 7. (21.070) | | medical records. | | BMD LS only, MOF: 0.64 (Cl, 0.57 to 0.71) |
| | N=770 | | | | | without BMD, vertebral: 0.75 (Cl, 0.64 to 0.86) |
| | | | | Number of | | with FN BMD, vertebral: 0.82 (Cl, 0.73 to 0.91) |
| | Mean age: 56.8 | | | fractures: 65 | | with LS BMD, vertebral: 0.71 (Cl, 0.58 to 0.84) |
| | (SD8.0) | | | | | Age alone, hip: 0.89 (no Cl, provided, but |
| | , | | | | | comparison with FRAX tool reported as p=0.976) |
| | | | | | | Age alone, MOF: 0.67 (no Cl, provided, but |
| | | | | | | comparison with FRAX tool reported as p=0.565 |

| Study, Year Risk of Bias | Participant Characteristics, Sample Size | Baseline BMD and Fracture Rate | Risk Prediction Instruments Evaluated (Prediction Interval) | Fracture Definition Used, Number of Fracture Events | Length of Cohort Followup | Summary of Results |
|--|--|---|---|--|---------------------------------|--|
| Leslie, 2012 ¹²⁷ Unclear | Women and men age 50 years and older from Manitoba, Canada N=20,477 Mean age: 65(SD 9) 94.1% women | | FRAX (10 year prediction) | | Mean 8 years | AUC (95% CI) for Fracture Prediction With FN BMD: 0.695 (0.683–0.708) Without BMD: 0.668 (0.655–0.681) With LS BMD: 0.685 (0.673–0.698) With minimum BMD: 0.694 (0.681–0.706) With weighted mean BMD: 0.697 (0.685–0.710) With BMD offset: 0.698 (0.685–0.710) Percent appropriate reclassification: With FN BMD: reference Without BMD: 44.5% With LS BMD: 41.1% With minimum BMD: 10.5% With weighted mean BMD: 50.6% With BMD offset: 52.4% |
| Ahmed, 2014 ¹²⁹ Unclear AUCs, High for NRIs | Men and women age 60 years and older from the Norw egian Tromso Cohort N = 2992 55% women | Femoral Neck BMD T-Score Mean: -1.46 (SD 1.19) (Non fracture group) -1.89 (SD 1.10) (Fracture group) History of fracture NR | Garvan Fracture Risk Calculator (FRC) with and without BMD (5 and 10 year prediction) | All fractures except finger, toe, or skull, or vertebral recorded in the fracture registry. Hip fractures w ere verified through hospital discharge records. | Median 6.9 years | AUC for Fracture Prediction 5 yr risk w ith BMD, nonvertebral fracture (w omen): 0.61 5 yr risk w ithout BMD, nonvertebral fracture (w omen): 0.57 5 yr risk w ith BMD, hip fracture (w omen): 0.78 5 yr risk w ith BMD, hip fracture (w omen): 0.70 5 yr risk w ith BMD, nonvertebral fracture (men): 0.67 5 yr risk w ithout BMD, nonvertebral fracture (men): 0.65 5 yr risk w ith BMD, hip fracture (men): 0.79 5 yr risk w ithout BMD, hip fracture (men): 0.69 10 yr risk w ithout BMD, nonvertebral fracture (w omen): 0.62 10 yr risk w ithout BMD, nonvertebral fracture (w omen): 0.58 10 yr risk w ith BMD, hip fracture (w omen): 0.73 10 yr risk w ithout BMD, nonvertebral fracture: (men) 0.61 10 yr risk w ithout BMD, nonvertebral fracture: (men) 0.57 10 yr risk w ith BMD, hip fracture (men): 0.74 10 yr risk w ith BMD, hip fracture (men): 0.74 10 yr risk w ithout, hip fracture (men): 0.65 |

| Study, Year Risk of Bias | Participant Characteristics, Sample Size | Baseline BMD and Fracture Rate | Risk Prediction Instruments Evaluated (Prediction Interval) | Fracture Definition Used, Number of Fracture Events | Cohort Followup | Summary of Results |
|-------------------------------------|--|--|---|---|--|--|
| Hippisley-Cox, | | BMD NR, | QFracture (10 yr | | Up to 15 | AUC (95% CI) for Fracture Prediction |
| 2012 ¹³⁰ | 100 years from a database of 13 million | History of | prediction) | hip, vertebral, proximal | years | Women OF: 0.790 (0.787 to 0.793) |
| Unclear | patients in 620 practices nationally representative practices in the United Kingdom using the Egton Medical Information System. N=1,583,373 Mean age: 50 | Tracture. 1.6% | | humerus, or distal radius fracture during follow-up Number of OF: 28,685 Number of hip fractures: 9,610 Fractures were recorded either on the general practice record or the linked death | | Women Hip Fracture: 0.893 (0.890 to 0.896) Men OF: 0.711 (0.703 to 0.719) Men Hip Fracture: 0.875 (0.868 to 0.883) |
| | 50.8% w omen | | | record. | | |
| Leslie, 2010 ¹³¹ Unclear | ` , | 14.3% of w omen have a BMD T score of <=-2.5 based on the female reference; 18.9% of men have a IBMD T-score based on the male reference | CAROC, 10-year prediction | associated with major trauma | Women, mean 5.4 years, men, mean 4.4 years | Risk categorization, N fracture/N in category Women With BMD FN Low (<10% 10yr risk): 341/12,878 Moderate (10-20% 10 yr risk): 748/13,813 High (>20% 10 yr risk): 1291/10,039 p<0.001 With minimum site BMD Low (<10% 10 yr risk): 231/9866 Moderate (10-20% 10 yr risk): 599/12,960 High (>20% 10 yr risk): 1550/13,904 p<0.001 Men With BMD FN Low (<10% 10 yr risk): 42/1255 Moderate (10-20% 10 yr risk): 71/1187 High (>20% 10 yr risk): 50/431 p<0.001 With minimum site BMD Low (<10% 10 yr risk): 33/1120 Moderate (10-20% 10 yr risk): 70/1199 High (>20% 10 yr risk): 60/554 p<0.001 |

| Study, Year Risk of Bias | Participant Characteristics, Sample Size | Baseline BMD and Fracture Rate | Risk Prediction Instruments Evaluated (Prediction Interval) | Fracture Definition Used, Number of Fracture Events | Length of Cohort Followup | |
|------------------------------|--|---|---|---|---------------------------------|---|
| Morin, 2009 ¹⁰² | | BMD T-Score | Weight, BMI, OST | Incident fractures | | AUC (95% CI) for Fracture Prediction |
| | years who had | at any site <=- | (no prediction time | not associated | years | |
| Unclear | baseline BMD testing | 2.5: 14.9%; | interval specified) | w ith trauma | | Weight: 0.55 (95% Cl, 0.51-0.59) |
| | in Manitoba, Canada | history of | | ascertained by | | BMI: 0.55 (95% Cl, 0.51-0.59) |
| | | fracture: 7.1% | | administrative | | OST: 0.56 (95% Cl, 0.52-0.60) |
| | N=8,254 | | | diagnosis codes | | |
| | | | | from longitudinal | | |
| | Mean age: 52.7 | | | health record and | | |
| | | | | Number of | | |
| | | | | fractures: 225 | | |
| Crandall, 2014 ⁵⁸ | Women ages 50 to 64 | | USPSTF Strategy | MOF (clinical | 10 years | AUC (95% CI), Sensitivity (95% CI), Specificity (95% |
| | , , , | history of | (FRAX 3.0 w ithout | vertebral, hip, | | CI) for Fracture Prediction |
| Unclear | | fracture NR | BMD with follow up | low er arm/w rist, | | |
| | Health Initiative | | BMD testing for fx | and upper arm | | FRAX without BMD (risk >=9.3%): 0.56 (0.55 to |
| | Clinical Trials and | | risk >= 9.3%); | fractures) | | 0.57), 25.8 (24.6 to 27.0), 83.3 (83.0 to 83.6) |
| | Observational | | | Hip fractures | | |
| | Studies. | | SCORE | w ere centrally | | SCORE: (>7): 0.53 (0.53 to 0.54), 38.6 (37.3 to |
| | Mean Age 57.9(SD | | | adjudicated, other | | 39.9), 65.8 (65.4 to 66.2) |
| | 4.1) | | 007 | fractures w ere | | |
| | N=62,492 | | OST | self-report. | | OST (< 2): 0.52 (0.52 to 0.53), 39.8 (38.5 to 41.1), 60.7 (60.3 to 61.1) |

Abbreviations: AUC=area under the curve; BMD=bone mineral density; Cl=confidence interval; FN=femoral neck; FRAX=fracture risk assessment tool; FRISK=absolute measure of fracture risk; LS=lumbar spine; MOF=major osteoporotic fracture; NR=not reported; OF=osteoporotic fracture; OST=osteoporosis self-assessment tool; SCORE=simple calculated osteoporosis risk estimate; SD=standard deviation; USPSTF=United States Preventive Services Task Force.

| Study Reference | Participant Characteristics | Intervention; Duration | Incident Vertebral Fracture Risk in Treatment Group; Risk in Control Group (RR [95% CI]) | Incident Nonvertebral Fracture Risk in Treatment Group; Risk in Control Group (RR [95% CI]) | in Treatment Group; Risk in Control Group (RR [95% CI]) | (RR [95% CI]) | Quality Rating |
|----------------------------|---|--|---|---|--|---|-------------------|
| al, 1995 ¹⁹⁹ | Women >5 years postmenopausal; mean age 64 years; mean T-score -2.2; 21% with prior vertebral fracture | mg/day; 3 years | 4/384; 5/253; 0.53 (0.14-1.94) | NR | NR | NR | Fair |
| al, 1998 ²⁰⁰ | Women least 2 years postmenopausal age 55–80 years; mean age: 67.7 years mean T-score: -2.2 previous fractures: excluded | mg/dayfor 2 | 43/2214; 78/2218; RR 0.56 (Cl, 0.39– 0.80; p=0.002) | 261/2214; 294/2218; RR 0.88 (Cl, 0.74 to 1.04; p=0.13) | RR 0.79 (0.43- | Wrist fractures 83/2214; 70/2218 RR 1.19 (0.87-1.62) | Good |
| 1999 ²⁰¹ | Women ≥3 years postmenopausal; mean age 63.0 years; mean T-score -2.0; unknown prior fracture | Alendronate 10 mg/day; 1 year | Not assessed | 19/950; 37/958 0.52 (0.30-0.89) | 2/950; 3/958 0.67 (0.11-4.01) | Wrist fracture: 6/950; 15/958 RR 0.47 (0.19-1.15) | Fair |
| | Postmenopausal women 60-90 years with osteoporosis defined by lumbar spine or total hip BMD T score < -2.5 or both <-2.0; mean age 69 history of fracture 48.5% | Alendronate 70 mg w eekly; 12 months | NR | NR | | Clinically diagnosed vertebral or nonvertebral 6/172; 2/89 RR 1.55 (0.31 – 7.53) | Fair |
| 1995 ²⁰³ | Women at least 5 years postmenopausal; age 43-75 with mean age 63 years; mean hip T-score -1.1; no prior fractures | mg/day; 2 years | 0/30; 0/31 RR not estimable | Unclear | NR | NR | Fair |
| et al, 2003 ²⁰⁴ | Postmenopausal women age <80 years with 85% of enrollees <65 years; mean T-score -2.3; no prior fractures | | 0/95; 0/47 RR not estimable | 0/95; 0/47 RR not estimable | NR | NR | Fair |
| 2005 ²⁰⁵ | Women least 2 years postmenopausal age 55–80 years; mean age: 67.7 years femoral neck T-score: -1.6 to -2.5 | | 48/1775; 81/1757 RR 0.59 (0.41-0.83) | NR | NR | Clinical vertebral fracture 12/1878; 29/1859 RR 0.41 (0.21-0.80) | Good |

Abbreviations: BMD=bone mineral density; Cl=confidence interval; mg=milligram; NR=not reported; RR=risk ratio.

Appendix F Table 10. Fracture Outcomes of Placebo-Controlled Primary Prevention Trials of Zoledronic Acid

| Study Reference | Participant Characteristics | Intervention; Duration | Incident Vertebral Fracture Risk in Treatment Group; Risk in Control Group (RR [95% CI]) | Control Group (RR [95% CI]) | Risk in Treatment Group; Risk in Control Group (RR [95% CI]) | Other Incident Fractures Risk in Treatment Group; Risk in Control Group (RR [95% CI]) | Quality Rating |
|---------------------|---|---|---|---|---|---|-------------------|
| 2002 ²¹⁷ | Women ≥5 years postmenopausal; mean age 64.2 years; mean T- score -1.2; no prior vertebral fracture | Zoledronic acid 4 mg over 1 year in 1 to 4 infusions; 12 months | 0/174; 0/56 RR not estimable | 4/174; 1/59 1.36 (0.15-11.89) | NR | NR | Fair |
| 2012 ²¹⁸ | femoral neck T score -2.23 | 5mg of Zoledronic acid at baseline and 12 months; 24 months | 9/588; 28/611 RR 0.33 (0.16 – 0.70) | 5/588; 8/611; RR 0.65 (0.21 to 1.97) | | Clinical fractures (vertebral and nonvertebral) 6/588; 11/611; RR 0.57 (0.21- 1.52) | Good |

Abbreviations: Cl=confidence interval; RR=relative risk.

| Study Reference | Participant Characteristics | Intervention; Duration | in Treatment Group; Risk in Control Group (RR [95% CI]) | Incident Fracture Nonvertebral Risk in Treatment Group; Risk in Control Group (RR [95% CI]) | Treatment Group; Risk in Control Group (RR [95% CI]) | Other Incident Fractures Risk in Treatment Group; Risk in Control Group (RR [95% CI]) | Quality Rating |
|---|--|--|--|--|---|--|-------------------|
| 2001 ²²³ | neck T-score -3.7 | mg/day; 2 years treatment (mean follow -up 2.3 years) | NR | | 137/6197; 95/3134 [0.73 (0.56 to 0.94)] Subgroup aged 70-79 without prevalent vertebral fracture ^b 14/1773; 12/875 [0.58 (0.27 to 1.24)] | NR | Fair |
| al, 1998 ²²⁴ | postmenopausal; mean age 51.5 years; mean T-score -1.1; no prior osteoporotic fracture | mg/day; 2 years treatment (follow -up 3 years) | 69.43)] ^a | [0.14 (0.01-2.60)] ^a | 0/37; 0/36 RR not estimable ^a | NR | Fair |
| Valimaki et al, 2007 ²²⁵ | Women ≥5 years postmenopausal; osteoporosis risk factors or low hip BMD; mean age 65.9 years; mean femoral neck T-score -1.2; unknow n prior fracture | | 0/114; 0/56 RR not estimable ^a | 0.49 (0.07-3.40) ^a | NR | NR | Fair |
| °Fogelman et al, 2000 ²²⁶ | Postmenopausal w omen less than age 80 years, w ith mean lumbar T-score of -2.0 or less; mean age 65 years; 31 % w ith vertebral fractures | Risedronate 5 mg/day; 2 years | 8/112; 17/125 [0.53 (0.24 to 1.17)] ^a | 7/112; 13/125 [0.68 (0.30 to 1.58)] ^a | NR | NR | Fair |

^a Fractures were not primary or secondary efficacy measures in these studies, and studies were not powered based on fracture outcomes.

Abbreviations: BMD=bone mineral density; Cl=confidence interval; mg=milligram; NR=not reported; RR=risk ratio.

^b Results from a post-hoc analysis of women aged 70 to 79 without prevalent vertebral fracture at baseline. The RR in women aged 70-79 with prevalent vertebral fracture at baseline was 0.4 (95% Cl, 0.2 to 0.8).

^c Excluded from previous review because >=20% of study had prior or prevalent fracture; how ever, this study was considered in the prior review's sensitivity analysis.

| | | | Incident Fracture | Incident Fracture | | |
|------------------------------------|-------------------------|-------------------------|-------------------|-------------------|-------------------|----------------|
| | | | Vertebral | Nonvertebral | Hip | |
| | | | Risk in Treatment | Risk in Treatment | Risk in Treatment | |
| | | | Group; Risk in | Group; Risk in | Group; Risk in | |
| | Participant | Intervention; | Control Group | Control Group | Control Group | |
| Study References | Characteristics | Duration | (RR [95% CI]) | (RR [95% CI]) | (RR [95% CI]) | Quality Rating |
| Herd et al, 1997 ²²⁸ | Women 1-10 years | Cyclical etidronate 400 | 0/75; 0/77 | NR | NR | Fair |
| | postmenopausal; | mg/day; 2 years | RR not calculable | | | |
| | mean age 54.8 years; | | | | | |
| | mean T-score -1.3; no | | | | | |
| | prior fracture | | | | | |
| Meunier et al, 1997 ²²⁹ | Women 6-60 months | Cyclical etidronate 400 | 1/27; 0/27 | 2/27; 3/27 | NR | Fair |
| | postmenopausal; | mg/day; 2 years | 3.00 (0.13-70.53) | 0.67 (0.12-3.68) | | |
| | mean age 52.7 years; | | | | | |
| | mean T-score -1.1; | | | | | |
| | unknow n prior fracture | | | | | |

Abbreviations: BMD=bone mineral density; Cl=confidence interval; mg=milligram; NR=not reported; RR=risk ratio.

Appendix F Table 13. Fracture Outcomes of Placebo-Controlled Primary Prevention Trials of Raloxifene

| Study Reference | Participant Characteristics | Intervention; Duration | Incident Fracture Vertebral Risk in Treatment Group; Risk in Control Group (RR [95% CI]) | Incident Fracture Nonvertebral Risk in Treatment Group; Risk in Control Group (RR [95% CI]) | Hip Risk in Treatment Group; Risk in Control Group (RR [95% CI]) | Other Risk in Treatment Group; Risk in Control Group (RR [95% CI]) | Quality Rating |
|---------------------------------|------------------------------------|---------------------------|--|---|---|---|----------------|
| | Women, ≥ 2 years | Raloxifene 60 or | 3 years | 3 years | 3 years | 3 years | Good |
| | postmenopausal; | 120 mg/day; 3 and 4 years | | 437/4536 (both | 40/4536 (both | Wrist fracture | |
| | mean age 66.9 years (range: 31- | 4 years | 231/2292 (placebo) [0.7 (0.5-0.8)] | doses combined ^b); 240/2292 (placebo) | doses combined ^b); | 151/4536 (both doses combined ^b); | |
| 1999 ²³¹ , Delmas et | | | [0.7 (0.5-0.0)] | [0.9 (0.8-1.9)] | | 86/2292 (placebo) | |
| | neck or lumbar | | | [0.0 (0.00/] | [(6.66)] | [0.9 (0.6-1.1)] | |
| | spine T-score - | | 4 years | 4 years | 4 years | Ankle fracture | |
| | 2.57; 37% with | | 169/2259 (60 mg); | 548/4536 (both | 56/4536 (both | 34/4536 (both | |
| | prior vertebral | | 287/2292 | doses combined ^b); | doses combined ^b); | doses combined ^b); | |
| | fractures; total 4 | | (placebo) ^a | 296/2292 (placebo) | | 28/2292 (placebo) | |
| | year sample | | [0.64 (0.53-0.76)] | [0.93 (0.81-1.06)] | [0.97 (0.62-1.52)] | [0.6 (0.4-1.0)] | |
| | includes 1751 women whoused | | Subgroup with no | | | 4 years Wrist fracture | |
| | 1+ other bone- | | use of other bone- | | | 180/4536 (both | |
| | active agents in | | active agents in | | | doses combined ^b); | |
| | year 4 | | vear 4 | | | 109/2292 | |
| | , | | 145/2016 (60 mg); | | | [0.83 (0.66-1.05)] | |
| | Radiologically- | | 315/1977 (placebo) | | | Ankle fracture | |
| | confirmed fracture | | [0.63 (0.52-0.77)] | | | 54/4536 (both | |
| | incidence | | | | | doses combined ^b); | |
| | | | | | | 29/2292 | |
| | | | | | | [0.94 (0.60-1.47)] | |

Abbreviations: Cl=confidence interval; HR=hazard ratio; mg=milligram; RR=risk ratio.

^a Figures interpolated by Nelson et al (2010) from in-text graph.³
^b Data available only for combined group of participants receiving dosages of 60 mg/day or 120 mg/day. Recommended dosage is 60 mg/day.

Appendix F Table 14. Fracture Outcomes of Placebo-Controlled Primary Prevention Trials of Denosumab

| Study Reference | Participant Characteristics | Intervention; Duration | Incident Vertebral Fracture Risk in Treatment Group; Risk in Control Group (RR [95% CI]) | Treatment Group; Risk in Control Group (RR [95% CI]) | in Treatment Group; Risk in Control Group (RR [95% CI]) | Other Incident Fractures Risk in Treatment Group; Risk in Control Group (RR [95% CI]) | Quality Rating |
|---|--|---|--|---|--|---|-------------------|
| Lew iecki et al, 2007 ^{236a} | Postmenopausal women with lumbar spine BMD T-scores of -1.8 to -4.0 or femoral neck/total hip T-scores of -1.8 to -3.5. Lumbar spine T score of less than -2.5: n=120 (29.1%). Total hip T score of less than -2.5: n=27 (6.6%) | Denosumab for 24 months; dosed at 6, 14, or 30 mg subcutaneously every 3 months, or 14, 60, 100, or 210 mg subcutaneously every 6 months, alternating with placebo | NR | NR | | Osteoporotic fractures 12/314; 0/46 (3.73 [0.22 to 61.96]) Clinical fractures 21/314; 1/46 (1.58 [0.68 to 3.63]) | Fair |
| Bone et al, 2008 ^{237a} | Postmenopausal women with a lumbar spine BMD T score between -1.0 and -2.5 | | Morphometric 0/164; 1/165 | NR | NR | Clinical fractures 2/164; 7/165 (0.29 [0.06 to 1.36]) | Fair |
| Cummings et al, 2009, ²³⁸ Simon et al, 2012 ³⁴⁶ | of 60 and 90 years who had a bone mineral density T score of less than -2.5 but not less than -4.0 at the lumbar spine or total hip | months for 36 months subcutaneously | 86/3702; 264/3691 (0.32 [0.26 to 0.41]) ^b | 293/3906 (0.80 [0.67 to 0.95])° | (0.60 [0.37 to 0.97])° | New clinical vertebral fracture 29/3902; 92/3906 (0.31 [0.20 to 0.47]) ^c Multiple (≥2) new vertebral fractures 23/3702; 59/3691 (0.39 [0.24 to 0.63]) ^b Wrist fractures 90/3902; 106/3906 (0.84 [0.64 to 1.11]) | Fair |
| Nakamura, 2012 ²³⁹ | had osteoporosis, and a BMD T-score of -2.5 to - 4.0 at the lumbar 1 to | Denosumab 14 mg subcutaneously every 6 months for 12 months; or 60 mg subcutaneously every 6 months for 12 months; or 100 mg subcutaneously every 6 months for 12 months; or placebo every 6 months for 12 months | 0/212 | NA | NA | NA | Fair |

^a Fractures were not primary or secondary efficacy measures 86/in this studies, and studies were not powered based on fracture outcomes.

^b Risk ratio, adjusted for age-stratification variable.

^c Hazard ratio, adjusted for age-stratification variable. **Abbreviations:** BMD=bone mineral density; Cl=confidence interval; mg=milligram; NR=not reported; RR=risk ratio.

Appendix F Table 15. Fracture Outcomes of Placebo-Controlled Primary Prevention Trials of Parathyroid Hormone in Women and Men

| Study Reference | Participant Characteristics | Intervention; Duration | Incident Vertebral Fracture Risk in Treatment Group; Risk in Control Group (RR [95% CI]) | Control Group (RR [95% CI]) | Group; Risk in Control Group (RR [95% CI]) | Other Incident Fractures Risk in Treatment Group; Risk in Control Group (RR [95% CI]) | Quality Rating |
|----------------------------|--|--|---|---|--|---|-------------------|
| et. al, 2007 ³⁶ | Postmenopausal women with mean age of 64.4 years; T-score ≤ -3.0; no prevalent vertebral fractures or T-score -2.5 with 1 to 4 vertebral fractures; mean T-score -2.2; 19% with prior vertebral fracture | Parathyroid hormone 100 µg daily injection; 18 months | No baseline fracture: 7/1050/ 21/1011 RR: 0.32 (0.14- 0.75) With baseline fracture: 10/236, 21/235; RR 0.47 (0.22- 0.98) | 72/1286; 72/1246 RR: 0.97 (0.71-1.33) | NR | NR | Fair |
| | Men with mean age 59 years; mean T-score -2.7; unknow n prior fracture | Teriparatide 20 or 40 µg daily injection; mean duration of 11 months | NR | 2/151 (20 ug); 1/139 (40 ug); 3/147 (placebo) RR: 0.65 (0.11-3.83) RR: 0.35 (0.04-3.35) | NR | NR | Fair |

Abbreviations: Cl=confidence interval; NR=not reported; RR=risk ratio; ug=microgram.

| Study Reference Cummings et al, 1998 ²⁰⁰ | | Intervention; Duration Alendronate 5 mg/day for 2 years, then 10 mg/day for 1 year | Discontinuations Due to AE Risk in Treatment Group; Risk in Control Group (RR [95% CI]) 221/2214; 227/2218 RR 1.00 (0.84-1.20) | Serious AEs Risk in Treatment Group; Risk in Control Group (RR [95% CI]) NR | RR 1.90 (0.86-1.14) Esophagitis: 19/2214; 10/2218; RR 1.90 (0.89-2.08 Esophageal ulcer: 4/2214; 4/2218; RR 1.00 (0.25-4.00) Other esophageal: 44/2214; 41/2218 RR 1.08 (0.71-1.63) Acid regurgitation/reflux: 204/2214; 194/2218 | Other Adverse Events All-cause mortality: 37/2214; 40/2218 RR 0.93 (0.59 – 1.44) | Quality Rating Good |
|--|---|---|--|---|--|--|---------------------------|
| Liberman et al, 1995 ¹⁹⁹ | Women >5 years postmenopausal; mean age 64 years; mean T-score -2.2; 21% with prior vertebral fracture | Alendronate 10 mg/day; 3 years | 35/597; 24/397 RR 0.97 (0.59 – 1.60) | NR | RR 1.05 (0.87 – 1.27) Abdominal pain: 13/196; 19/397 RR 1.32 (0.66 – 2.62) Dyspepsia: 7/196; 14/397 RR 1.01 (0.42 – 2.37) | NR | Fair |
| Pols et al, 1999 ²⁰¹ | Women ≥3 years postmenopausal; mean age 63.0 years; mean T-score -2.0; unknown prior fracture | Alendronate 10 mg/day; 1 year | 61/950; 54/958 RR 1.14 (0.80-1.62) | NR | NR | NR | Fair |
| Hosking et al, 2003 ²⁰² | Postmenopausal w omen 60-90 years w ith osteoporosis defined by lumbar spine or total hip BMD T score < -2.5 or both <-2.0; mean age 69 history of fracture 48.5% | | 31/219; 12/108 RR 1.27 (0.68-2.38) | 17/219; 12/108 RR 0.70 (0.35-1.41) | Any Upper gastrointenstinal AE 62/219; 29/108 RR 1.05 (0.72-1.54) Any Esophogeal AE 5/219; 0/108 Peptic ulcers, perforations, or bleeds 0/219; 0/108 | Any AE 169/219; 76/108 RR 1.10 (0.95-1.26) | Fair |

| Study Reference | Participant Characteristics | Intervention; Duration | Discontinuations Due to AE Risk in Treatment Group; Risk in Control Group (RR [95% CI]) | Serious AEs Risk in Treatment Group; Risk in Control Group (RR [95% CI]) | Gastrointestinal Adverse Events ^a Risk in Treatment Group; Risk in Control Group (RR [95% CI]) | Other Adverse Events | Quality Rating |
|---------------------------------------|---|--|---|---|---|---|-------------------|
| Johnell et al, 2002 ²⁴⁶ | Women, age <75 yr; >2 yr since their last menstrual period, with femoral neck BMD < -2.0; mean age 63.6; mean femoral neck BMD 0.62 | Alendronate 10 mg daily; 12 months | 8/83; 4/82 RR 1.98 (0.62 – 6.30) | NR - | Abdominal Pain 9/83; 5/82 RR 1.78 (0.62 – 5.08) | Chest Pain substernal 6/83; 2/82 RR 2.96 (0.62 – 14.26) | Good |
| Sorensen et al, 2008 ²⁴⁷ | Cases of women with atrial fibrillation and flutter compared with five controls match on age, sex, and county from Danish registry ^a Osteoporosis rates: 1209 (8.9%) of case participants 5,328 (7.8%) of control participants | bisphosphonate | NR | NR | NR | 435/13,586 cases (3.2%) and 1,958/68,054 population controls (2.9%) RR for new users: 0.75 (95% Cl, 0.49 to 1.16) | Good |
| Cummings et al, 2008 ²⁴⁸ | Women least 2 years postmenopausal age 55–80 years; mean age: 69 years | | NR | NR | NR | Serious Atrial fibrillation ^b 47/3236; 31/3226 RR 1.51 (0.96-2.37) Any atrial fibrillation 81/3236; 71/3226 RR 1.14 (0.83 – 1.56) | Good |

| Study Reference | Participant Characteristics | Intervention; Duration | (RR [95% CI]) | Serious AEs Risk in Treatment Group; Risk in Control Group (RR [95% CI]) | Gastrointestinal Adverse Events ^a Risk in Treatment Group; Risk in Control Group (RR [95% CI]) | Adverse Events | Quality Rating |
|---|--|--|---|---|--|---|-------------------|
| Ascott-Evans et al, 2003 ²⁰⁴ | w omen age <80 years w ith 85% of enrollees <65 years; mean T-score -2.3; no prior fractures | mg/day; 1 year | 10/95; 10/49 RR 0.49 (0.22 – 1.11) | NR | Upper GI Events 15/95; 6/49 RR 1.24 (0.51-2.98) | Any clinical adverse event 60/95; 30/49 RR 0.99 (0.76 – 1.29) | Fair |
| Chesnut et al, 1995 ²⁰³ | Women at least 5 years postmenopausal; age 43-75 with mean age 63 years; mean hip T-score -1.1; no prior fractures | | Withdraw als: 18/188 (10%) overall (not stratified by treatment group) | NR | NR | NR | Fair |
| Greenspan et al, 2003 ²⁴⁹ | Women 65-90 years; mean age 71.5; baseline femoral neck T score -1.7; baseline fracture rate not reported | Alendronate 10 mg daily or placebo; 3 years | NR | NR | Esophagitis 26/93; 21/93 RR 1.24 (0.75 – 2.04) | Myocardial infarction 2/93; 1/93 RR 2 (0.18 – 21.68) | Good |
| Adachi et al, 2001 ²⁵⁰ | Postmenopausal women, at least 6 | Alendronate 10 mg daily or placebo; 12 w eeks | NR | Serious adverse event: 1.4%(4/291) vs 0.7%(1/147) RR 2.02 (0.23 – 17.91) | Serious upper GI event: 59/291; 19/147 RR 1.57 (0.97 – 2.53) Upper GI event: 66/291; 30/147 RR 1.11 (0.76-1.63) Dyspepsia: 23/291; 0/147 Esophageal spasm: 1/291; 0/147 Non-serious upper GI bleed: 1/291; 0/147 | Any adverse event: 166/291; 76/147 RR 1.10 (0.92 – 1.33) Death: 0/291; 0/147 | Fair |

| Study | Participant | Intervention; | | Group; Risk in Control Group | Gastrointestinal Adverse Events ^a Risk in Treatment Group; Risk in Control Group | Adverse | Quality |
|--------------------------------------|--|--|---|---------------------------------------|---|---|---------|
| Reference | Characteristics | Duration 70 | (RR [95% CI]) | (RR [95% CI]) | (RR [95% CI]) | Events | Rating |
| Greenspan et al, 2003 ²⁵⁴ | Postmenopausal women or men with osteoporosis determined by BMD or clinical diagnosis; mean age 67; 92% female; baseline antiresorptives 77%; baseline bisphosphonate use 44-50% | | 10/224; 11/226 RR 0.92 (0.40 – 2.12) | 28/224; 34/226 RR 0.83 (0.52-1.32) | Total upper GI events: 25/224; 30/226 RR 0.84 (0.51 – 1.38) Abdominal Pain 7/224; 8/226 RR 0.88 (0.33 – 2.39) Dyspepsia 4/224; 6/226 RR 0.67 (0.19 – 2.35) GERD 3/224; 1/226 RR 3.03 (0.32 – 28.88) Duodenal ulcer 1/224; 0/226 Gastritis 1/224; 0/226 | Any adverse event: 104/224; 97/226 RR 1.08 (0.88 – 1.33) | Fair |
| Bauer et al, 2000 ²⁵¹ | Women least 2 years postmenopausal age 55–80 years; mean age 69; baseline fracture 40% Baseline mean (SD) BMD in Alendronate group: Lumbar spine: 0.83 (0.13) Femoral neck: 0.58 (0.06) Placebo group: Lumbar spine: 0.83 (0.14) Femoral neck: 0.58 (0.06) | Alendronate 5 mg qd for 2 years, then 10 mg qd for 1 year; 4.5 years | NR | NR | Any upper GI AE 1536/3226; 1490/3223 R 1.03 (0.98 – 1.08) Any gastric or duodenal AE 130/3226; 129/3223 RR 1.01 (0.79 – 1.28) Gastritis 82/3226; 75/3223 RR 1.05 (0.90 – 1.22) Any gastric or duodenal PUB (perforations, ulcers, bleeding) 53/3226; 61/3223 RR 0.87 (0.60 – 1.25) Any esophageal AE 322/3226; 202/3223 RR 1.59 (1.34 – 1.89) Acid regurgitation/ reflux 279/3226; 269/3223 RR 1.04 (0.88 – 1.22) | NR | Good |

| Study Reference | Participant Characteristics | Intervention; Duration | (RR [95% CI]) | Serious AEs Risk in Treatment Group; Risk in Control Group (RR [95% CI]) | Gastrointestinal Adverse Events ^a Risk in Treatment Group; Risk in Control Group (RR [95% CI]) | Adverse Events | Quality Rating |
|--------------------------------------|--|---------------------------------------|---|---|--|---|-------------------|
| Cryer et al, 2005 ²⁵² | | mg w eekly or placebo; 6 months | 10/224; 18/230 RR 0.57 (0.27 – 1.21) | 9/224; 8/230 RR 1.16 (0.45 – 2.94) | Any upper GI event 79/224; 86/230 RR 0.94 (0.74 – 1.20) Dyspepsia 11/224; 9/230 RR 1.26 (0.53 – 2.97) Abdominal Pain 6/224; 3/230 RR 2.05 (0.52 – 8.11) GERD 3/224; 3/230 RR 1.03 (0.21 – 5.03) | Any AE 141/224; 120/230 RR 1.21 (1.03 – 1.42) | Good |
| Tucci, et al, 1996 ²⁵³ | Women 42 to 82 years postmenopausal for at least 5 years and have osteoporosis as defined by low lumbar spine BMD <2.5 SD below mean BMD or young white female; mean age 64; baseline fracture rate not reported | mg or placebo; 3 years | 5/94; 13/192 RR 0.79 (0.29 – 2.14) | 20/94; 35/192 RR 1.17 (0.71 – 1.91) | Any Upper GI AE 49/94; 79/192 RR 1.27 (0.98 – 1.64) | Any AE 89/94; 181/192 RR 1.00 (0.95-1.07) | Fair |

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| Study Reference | Participant Characteristics | Intervention; Duration | (RR [95% CI]) | Group; Risk in Control Group (RR [95% CI]) | Gastrointestinal Adverse Events ^a Risk in Treatment Group; Risk in Control Group (RR [95% CI]) | Adverse Events | Quality Rating |
|----------------------------------|--|---------------------------|---------------|--|--|---|-------------------|
| Eisman et al,2004 ²⁵⁵ | Postmenopausal women and men with osteoporosis (as determined by investigators); mean age 63.6 years; female 93-96%; baseline fracture rate not reported | placebo; 12 w eeks | NR | | Any upper GI event 22/225; 21/224 RR 1.04 (0.59 – 1.84) Abdominal Pain 2/225; 2/224 RR 1.00 (0.14 – 7.01) Dyspepsia 2/225; 1/224 RR 1.99 (0.18 – 21.80) Gastritis 0/225; 2/224 Esophogeal ulcer 0/225; 1/224 GERD 0/225; 1/224 | Any AE 91/225; 86/224 RR 1.05 (0.84 – 1.33) | Good |

^a Case control study, comparing cases with atrial fibrillation and flutter with controls without.

Abbreviations: AE=adverse event; Cl=confidence interval; CV=cardiovascular; Gl=gastrointestinal; mg=milligram; NR=not reported; RR=risk ratio.

^b Because these data were presented in a letter to the editor, we extracted information on denominators from related citations.^{200, 206}

| Study Reference | Participant Characteristics | Intervention; Duration | Discontinuations Due to AE Risk in Treatment Group; Risk in Control Group (RR [95% CI]) | Serious AEs Risk in Treatment Group; Risk in Control Group (RR [95% CI]) | Gastrointestinal Adverse Events ^a Risk in Treatment Group; Risk in Control Group (RR [95% CI]) | Other Adverse Events | Quality Rating |
|------------------------------------|--|--|---|--|--|---|-------------------|
| Reid et al, 2002 ²¹⁷ | postmenopausal; mean age 64.2 years; mean T-score -1.2; no prior vertebral fracture | to 4 infusions vs. placebo; 1 year | 13/292; 1/59 RR 2.62 (0.35-19.70) | 26/292; 3/59 RR 2.67 (0.36 – 20.03) | NR - | Any Adverse Event 262/292; 45/59 RR 1.18 (1.02 – 1.36) Myalgia: 41/292; 1/59 RR 8.28 (1.16-59.04) Arthralgia: 46/292; 9/59 RR 1.03 (0.54-1.99) | Fair |
| Boonen, 2012 ²¹⁸ | mean femoral neck T score -2.23 to -2.24; mean total hip T score -1.70 to -1.72. 31.3% vertebral fracture at baseline. | infusion of 5mg of Zoledronic acid at baseline and 12 months; 24 months | NR | 149/588; 154/611 RR 1.01 (0.83 – 1.22) | NR | Any Adverse Event 534/588; 466/611 RR 1.19 (1.13- 1.25) Death 15/588; 18/611 RR 0.87 (0.44 – 1.70) Atrial fibrillation 7/588; 5/611 RR 1.45 (0.46-4.56) Myocardial infarction 9/588; 2/611 RR 4.68 (1.015-21.55) Osteonecrosis of the jaw 0/588; 0/611 Arthralgia 123/588; 68/611 RR 1.88 (1.43 – 2.47) Myalgia 129/588; 25/611 RR 5.20 (3.44-7.86) | Good |
| Grey et al, 2010 ²⁷⁴ | w omen w ith osteopenia, BMD -1 | Zolendronate 5 mg intravenous vs. Placebo at baseline; 3 years | NR | NR | NR | Atrial fibrillation: 0/25; 0/25 Osteonecrosis of the jaw: 0/25; 0/25 Other fracture: 4/25; 2/25 RR 2.0 (0.40 – 9.95) Symptomatic hypocalcemia 0/25; 0/25 | Fair |

Appendix F Table 17. Harm Outcomes of Placebo-Controlled Primary Prevention Trials of Zoledronic Acid

| Study Reference | Participant Characteristics | Intervention; Duration | Group; Risk in Control Group (RR [95% CI]) | Serious AEs Risk in Treatment Group; Risk in Control Group (RR [95% CI]) | Group; Risk in Control Group (RR [95% CI]) | Other Adverse Events | Quality Rating |
|------------------------------------|---|---------------------------|--|--|--|---|-------------------|
| McClung et al, 2009 ²⁷⁵ | as BMD T-score less than -1.0 and more than -2.5 at the lumbar spine and BMD T-score greater than -2.5 at the femoral neck; mean age 59.6 to 60.5; mean baseline femoral neck T score -1.47 to -1.40. | | | 23/202 RR (G1/G3) 0.75 (0.42 – 1.37) RR (G2/G3) 1.01 (0.58 – 1.78) | NR | Any Adverse Event 186/198; 173/181; 186/202 RR (G1/G3) 1.02 (0.96 – 1.07) RR (G2/G3) 1.038 (0.99 – 1.09) Myalgia 38/198; 41/181; 14/202 RR (G1/G3) 2.77 (1.55 – 4.95) RR (G2/G3) 3.27 (1.84 – 5.79) Arthralgia 54/198; 34/181; 39/202 RR (G1/G3) 1.41 (0.98-2.03) RR (G2/G3) 0.97 (0.64 – 1.47) Osteonecrosis of the jaw 0/198; 0/181; 0/202 Atrial Fibrillation 0/198; 0/181; 0/202 | Fair |

Abbreviations: BMD=bone mineral density; Cl=confidence interval; G=group; mg=milligram; NR=not reported; RR=risk ratio; vs=versus.

| | | | Discontinuations | | Gastrointestinal | | |
|------------------------------------|--------------------------------------|--------------------|-----------------------|-----------------------|----------------------------------|--------------------------------|---------|
| | | | due to AE | Serious AEs | Adverse Events ^a | Other | |
| | | | Risk in Treatment | Risk in Treatment | | Risk in Treatment | |
| | | | Group; Risk in | Group; Risk in | Group; Risk in | Group; Risk in | |
| Study | Participant | Intervention; | | Control Group | Control Group | Control Group | Quality |
| Reference | Characteristics | Duration | (RR [95% CI]) | (RR [95% CI]) | (RR [95% CI]) | (RR [95% CI]) | Rating |
| McClung et | Women 70 years and older; | | 550/3104; 564/3134 | 943/3104; 973/3134 | Upper Gl event: | NR | Fair |
| al, 2001 ²²³ | results only reported here for | | [0.98 (0.89 to 1.10)] | [0.98 (0.91 to 1.05)] | 657/3104; 684/3134 | INIX | raii |
| ai, 2001— | subgroup ages 70-79 with no | | [0.98 (0.89 to 1.10)] | [0.98 (0.91 to 1.05)] | [0.91 (0.88 to 1.07)] | | |
| | prevalent vertebral fracture at | | | | [0.91 (0.00 to 1.07)] | | |
| | baseline, mean femoral neck | | | | | | |
| | T-score -3.7 | up 2.3 years) | | | | | |
| Mortensen et | Women 6-60 months | Risedronate 5 | 3/37; 2/36 | NR | Duananaia | NR | Fair |
| al,1998 ²²⁴ | postmenopausal; mean age | mg/day; 2 | [1.46 (0.26 to 8.23)] | INR | Dyspepsia 6/37; 10/36 | INIX | raii |
| ai, 1330 | 51.5 years; mean T-score - | years | [1.40 (0.20 to 0.23)] | | [0.59 (0.24 to 1.44)] | | |
| | 1.1; no prior osteoporotic | treatment | | | Abdominal Pain | | |
| | fracture | (follow -up 3 | | | 3/37; 4/36 | | |
| | | years) | | | [0.73 (0.18 to 3.04)] | | |
| Valimaki et | Women ≥5 years | Risedronate 5 | 10/115; 9/55 | 12/114; 3/56 | Upper GI event: | NR | Fair |
| al, 2007 ²²⁵ | postmenopausal; | mg/day; 2 | [0.53 (0.23 to 1.23)] | [1.97 (0.58 to 6.68)] | 21/115; 14/55 | | |
| , | osteoporosis risk factors or | years | | ľ ', | [0.72 (0.40 to 1.30)] | | |
| | low hip BMD; mean age 65.9 | | | | ,,, | | |
| | years; mean femoral neck T- | | | | | | |
| | score -1.2; unknow n prior | | | | | | |
| | fracture | | | | | | |
| Fogelman et | Postmenopausal women less | | 19/175; 14/173 | 26/173; 27/180 | Upper GI event: | NR | Fair |
| al, 2000 ^{b226} | than age 80 years, with mean | | [1.34 (0.70 to 2.59)] | [1.00 (0.61 to 1.65)] | 40/174; 47/180 | | |
| | lumbar T-score of -2.0 or | years | | | [0.88 (0.61 to 1.27)] | | |
| | less; mean age 65 years; 31 | | | | | | |
| Chinali at al | % with vertebral fractures | Dia advanata E | ND | 0/50, 0/54 | Ol alia tumbana a a | Canalia a aliatumbana a a a | Fa:- |
| Shiraki et al, 2003 ²⁸³ | Mostly women ages 40 to 75 | | NR | 0/53; 0/51 | GI disturbance: | Cardiac disturbances: | Fair |
| 2003255 | years with senile and postmenopausal | mg/d; 36 w eeks | | RR not calcuable | 13/53; 7/51 [RR 1.79 (0.78 to | 2/53; 0/51 RR not estimable | |
| | osteoporosis; mean age 60.3 | w eeks | | | [RK 1.79 (0.76 to 4.11)] | Disturbances of skin | |
| | years; mean number of | | | | [4.11)] | and subcutaneous | |
| | prevalent vertebral fractures | | | | | tissues: 0/53; 2/51 | |
| | 0.3 (SD 0.8), mean lumbar T- | | | | | RR not estimable | |
| | score -2.9 | | | | | Disturbances of | |
| | | | | | | musculoskeletal. | |
| | | | | | | bone and connective | |
| | | | | | | tissues 1/53; 0/51 | |
| | | | | | | RR not estimable | |

| Study Reference | Participant Characteristics | Intervention; Duration | Discontinuations due to AE Risk in Treatment Group; Risk in Control Group (RR [95% CI]) | Serious AEs Risk in Treatment Group; Risk in Control Group (RR [95% CI]) | Gastrointestinal Adverse Events ^a Risk in Treatment Group; Risk in Control Group (RR [95% CI]) | Risk in Treatment Group; Risk in Control Group | Quality Rating |
|----------------------|--------------------------------|---------------------------|--|--|--|--|-------------------|
| Hosking et al, | Postmenopausal women; | Risedronate 5 | 31/222; 12/108 | 15/222; 12/108 | Upper GI event: | NR | Fair |
| 2003 ^{202c} | mean age 69 years, 48% with | mg/day; 3 | [1.26 (0.67 to 2.35)] | [0.61 (95% Cl, 0.30 to | 1/222; 29/108 | | |
| | history of fracture | months | | 1.25)] | [1.02 (0.70 to 1.49)] | | |

^a Defined differently in each study, but estimates generally represent a variety of gastrointestinal adverse events including moderate to severe abdominal pain, dyspepsia, esophagitis, gastritis, stomach ulcer, gastrointestinal disorder, esophageal ulcer, duodenal ulcer, unless specifically indicated.

Abbreviations: Cl=confidence interval; Gl=gastrointestinal; mg=milligram; NR=not reported; RR=risk ratio.

b Excluded from previous review because >=20% of study had prior or prevalent fracture; was considered in the prior review's sensitivity analysis.

^c Not identified for consideration in previous review.

| Study Reference | Participant Characteristics | Intervention; Duration | Discontinuations due to AE Risk in Treatment Group; Risk in Control Group (RR [95% CI]) | Serious AEs Risk in Treatment Group; Risk in Control Group (RR [95% CI]) | Gastrointestinal Adverse Eventsa Risk in Treatment Group; Risk in Control Group (RR [95% CI]) | Other Adverse Events | Quality Rating |
|---------------------------------------|--|---|---|--|---|---|-------------------|
| Herd et al, 1997 ²²⁸ | Women 1-10 years postmenopausal; mean age 54.8 years; mean T-score -1.3; no prior fracture | Cyclical etidronate 400 mg/day; 2 years | 5/75; 0/77 [11.23 (0.64 to 200.68)] | 8/75; 7/77 [1.17 (0.44 to 3.07)] | | Infection 18/74; 22/76 [0.84 (0.49 to 1.43)] | Fair |
| Meunier et al, 1997 ²²⁹ | | Cyclical etidronate 400 mg/day; 2 years | 0/27; 2/27 [0.20 (0.01 to 3.98)] | NR | Severe GI 0/27; 0/27 RR not calculable Mild abdominal pain 4/27; 1/27 (all had history of GI problems) [4.00 (0.48 to 33.51)] | NR | Fair |

Abbreviations: A E=adverse event; Cl=confidence interval; Gl=gastrointestinal; mg=milligram; NR=not reported; RR=risk ratio.

| | | | Discontinuations | | | | |
|-------------------------|------------------------|------------------|---------------------------------------|-----------------------|--|---------|---------|
| | | | due to AE | Serious AEs | Gastrointestinal Adverse | | |
| | | | Risk in Treatment | Risk in Treatment | | | |
| | | | Group; Risk in | Group; Risk in | Risk in Treatment Group; | Other | |
| Study | Participant | Intervention; | | Control Group | Risk in Control Group | Adverse | Quality |
| Reference | Characteristics | Duration | (RR [95% CI]) | (RR [95% CI]) | (RR [95% CI]) | Events | Rating |
| Chapurlat et | Women at least 1 year | 150 mg | Due to AEs (including | 15/71; 13/76 | ,, | NR | Fair |
| al, 2013 ²⁸⁴ | postmenopausal; mean | ibandronate | fractures) | [1.23 (0.63 to 2.41)] | INK | INE | rall |
| ai, 2013 | age 63 years; mean T- | monthly; 2 | 4/71; 6/76 | [1.23 (0.03 to 2.41)] | | | |
| | score -1.4; unknow n | years | [0.71 (0.21 to 2.42)] | | | | |
| | prior osteoporotic | youro | [0.7 1 (0.21 to 2.12)] | | | | |
| | fractures | | | | | | |
| McClung et al, | Women at least 1 year | 0.5, 1.0, 2.5 mg | Any w ithdraw als | Any Serious AEs | | NR | Fair |
| 2004 ²⁸⁵ | postmenopausal; mean | ibandronate | because of AEs: 5/161; | 6/161; 13/165; 5/163; | 16/161; 14/165; 15/163; 14/159 | | |
| | age 58 years; mean T- | daily; 2 years | 5/165; 7/163; 9/159 | 8/159 | [1.13 (0.57 to 2.23) | | |
| | score 1.0; no prior | | [0.55 (0.19 to 1.60)] | [0.74 (0.26 to 2.09)] | [0.96 (0.47 to 1.96)] | | |
| | osteoporotic fractures | | [0.54 (0.18 to 1.56)] | [| [1.05 (0.52 to 2.09)] | | |
| | | | [0.76 (0.29 to 1.99)] | [1.57 (0.67 to 3.68)] | Gastroenteritis 9/161; 4/165; | | |
| | | | Percentage of all | [0 64 (0 00 to 4 00)] | 5/163; 6/159 | | |
| | | | subjects w ho w ithdrew from study | [0.61 (0.20 to 1.82)] | [1.48 (0.54 to 4.07)] [0.64 (0.18 to 2.23] | | |
| | | | medication because of | Any drug related | [0.81 (0.25 to 2.61)] | | |
| | | | an AE was numerically | serious AEs | Nausea | | |
| | | | higher in the placebo | 0/161; 0/165; 0/163; | 6/161; 1/165; 4/163; 3/159 | | |
| | | | group (9%, 5%, 5%, and | 0/159 | [1.98 (0.50 to 7.76)] | | |
| | | | 7% in the placebo, 0.5-, | RR not calculable | [0.32 (0.03 to 3.06)] | | |
| | | | 1-, and 2.5-mg groups, | | [1.30 (0.30 to 5.72)] | | |
| | | | respectively), although | | GI Pain | | |
| | | | the differences between | | 2/161; 0/165; 4/163; 4/159 | | |
| | | | placebo and ibandronate | | [0.49 (0.09 to 2.66)] | | |
| | | | groups did not reach significance. | | [0.11 (0.01 to 1.98)] [0.98 (0.25 to 3.83)] | | |
| | | | significance. | | GI disorder | | |
| | | | | | 1/161; 2/165; 0/163; 3/159 | | |
| | | | | | [0.33 (0.03 to 3.13)] | | |
| | | | | | [0.64 (0.11 to 3.79)] | | |
| | | | | | [0.14 (0.01 to 2.68)] | | |
| | | | | | Eructation | | |
| | | | | | 1/161; 1/165; 1/163; 1/159 | | |
| | | | | | [0.99 (0.06 to 15.65)] | | |
| | | | | | [0.96 (0.06 to 15.28)] | | |
| | | | | | [0.98 (0.06 to 15.47)] | | |

| Study Reference | Participant Characteristics | Intervention; Duration | Discontinuations due to AE Risk in Treatment Group; Risk in Control Group (RR [95% CI]) | Serious AEs Risk in Treatment Group; Risk in Control Group (RR [95% CI]) | Gastrointestinal Adverse Events ^a Risk in Treatment Group; Risk in Control Group (RR [95% CI]) | Other Adverse Events | Quality Rating |
|--|--------------------------------|---------------------------|--|--|--|----------------------------|-------------------|
| McClung et al, 2004 ²⁸⁵ (continued) | | | | | Gastritis 0/161; 1/165; 2/163; 1/159 [0.33 (0.01 to 8.02)] [0.96 (0.06 to 15.28)] [1.95 (0.18 to 21.30)] Dysphagia 2/161; 1/165; 1/163; 0/159 [4.94 (0.24 to 102.06)] [2.89 (0.12 to 70.46)] [2.91 (0.12 to 71.32)] Vomiting 2/161; 0/165; 1/163; 0/159 [4.94 (0.24 to 102.06)] 1mg vs. Placebo: RR not calculable [2.92 (0.12 to 71.32)] Esophagitis 1/161; 0/165; 1/163; 1/159 [0.99 (0.06 to 15.65)] [0.32 (0.01 to 7.83)] [0.98 (0.06 to 15.46)] GI carcinoma 0/161; 0/165; 1/163; 0/159 .5mg vs. Placebo: RR not calculable 1mg vs. Placebo: RR not calculable 10.98 (0.02 to 49.17)] GI hemorrhage 0/161; 0/165; 0/163; 1/159 [0.33 (0.01 to 8.02)] [0.32 (0.01 to 7.83)] | | |
| | | | | | [0.33 (0.01 to 7.92)] Hemorrhage gastritis 1/161; 0/165; 0/163; 0/159 [2.96 (0.12 to 72.20)] | | |

| Study Reference | Participant Characteristics | Intervention; Duration | Discontinuations due to AE Risk in Treatment Group; Risk in Control Group (RR [95% CI]) | Serious AEs Risk in Treatment Group; Risk in Control Group (RR [95% CI]) | Gastrointestinal Adverse Events ^a Risk in Treatment Group; Risk in Control Group (RR [95% CI]) | Other Adverse Events | Quality Rating |
|---------------------------------------|---|------------------------------|--|--|---|----------------------------|-------------------|
| McClung et al, 2004 ²⁸⁵ | | | | | 1mg vs. Placebo: RR not calculable | | |
| (continued) | | | | | 2.5mg vs. Placebo: RR not | | |
| , | | | | | calculable | | |
| | | | | | 0.96 (0.02 to 48.29)] | | |
| | | | | | [0.98 (0.02 to 48.87)] | | |
| Ravn et al, | Women at least 10 | 0.25, | 1/30; 4/30; 2/30; 0/30; | 1/30; 1/30; 0/30; 2/30; | | Infection | Fair |
| 1996 ²⁸⁶ | years postmenopausal; | 0.5, 1.0, 2.5, or | | 1/30; 3/30 | | 1/26; 0/22; | |
| | mean age 65 years; | 5.0 mg | [0.50 (0.05 to 5.22)] | [0.33 (0.04 to 3.03)] | | 0/26; 0/24; | |
| | mean T-score -0.852; no prior osteoporotic | ibandronate daily; 1 year | [2.00 (0.40 to 10.11)] | [0.33 (0.04 to 3.03)] | , ,,, | 0/18; 0/25 [2.8889 | |
| | fractures | ually, i year | [2.00 (0.40 to 10.11)] | [0.33 (0.04 to 3.03)] | | (0.12 to | |
| | Tractares | | [1.00 (0.15 to 6.64)] | [0.14 (0.01 to 2.65)] | - (/1 | 67.76)] | |
| | | | [(6 10 10 1.0 1.)] | [0 (0.0. 10 2.00)] | | [1.13 (0.02 | |
| | | | [0.20 (0.01 to 4.00)] | [0.67 (0.12 to 3.71)] | - \ | to 54.72)] | |
| | | | | | 6/30; 5/30; 2/30; 2/30; 9/30; | [0.96 (0.02 | |
| | | | [3.00 (0.66 to 13.69)] | [0.33 (0.04 to 3.03)] | | to 46.76)] | |
| | | | | | | [1.04 (0.02 | |
| | | | | | | to 50.43)] | |
| | | | | | | [1.37 (0.03 | |
| | | | | | [1.00 (0.15 to 6.64)] | to 65.94)] | |
| | | | | | | Death 0/26; 0/22; | |
| | | | | | | 0/26; 0/22; 0/26; 1/24; | |
| | | | | | | 0/20; 1/24; 0/18; 1/25 | |
| | | | | | | [0.32 (0.01 | |
| | | | | | | to 7.53)] | |

| Study Reference | Characteristics | Intervention; Duration | (RR [95% CI]) | Serious AEs Risk in Treatment Group; Risk in Control Group (RR [95% CI]) | Gastrointestinal Adverse Events ^a Risk in Treatment Group; Risk in Control Group (RR [95% CI]) | Other Adverse Events | Quality Rating |
|---------------------------------------|---|---|--|--|---|---|-------------------|
| Reginster, et al, 2005 ²⁸⁷ | score -1.14; unknow n prior fracture | 100, or 150 mg ibandronate monthly; 3 months | Any AE leading to withdraw al: 0/18; 0/18; 0/36; 1/36; 2/36 [0.39 (0.02 to 7.71)] [0.39 (0.02 to 7.71)] [0.50 (0.05 to 5.27)] Any drug-related AE leading to withdraw al: 0/18; 0/18; 0/36; 1/36; 2/36 [0.39 (0.02 to 7.71) [0.39 (0.02 to 7.71) [0.20 (0.01 to 4.03)] [0.50 (0.05 to 5.27)] | 0/18; 0/18; 0/36; 0/36; 0/36 RR not calculable | 9/36; 6/36 [0.15 (0.01 to 2.52)] [1.33 (0.43 to 4.13)] [1.50 (0.60 to 3.78)] Upper GI AEs anytime during treatment: 3/18; 11/18; 15/36; 15/36; 12/36 [0.50 (0.16 to 1.55)] [1.83 (1.02 to 3.31)] [1.25 (0.68 to 2.28)] | Deaths 0/18; 0/18; 0/36; 0/36; 0/36 [1.95 (0.04 to 94.37)] [1.9474 (0.04 to 94.37)] [1.00 (0.02 to 49.08)] [1.00 (0.02 to 49.08)] | Fair |
| Riis et al, 2001 ²⁸⁸ | average spinal T-score w as below -3.2; unknow n prior fracture | therapy with 2.5 mg of ibandronate daily or intermittent cyclical therapy with 20 mg of ibandronate every other day for the first 24 days out of every 3 months, follow ed by a 9-w eek period without active drug; 2 years | NR | NR | Continuous treatment, intermittent treatment, and placebo During the first 12 months, the ibandronate treated groups show ed a numerically higher incidence of diarrhea compared with the placebo groups. Incidence of diarrhea was low er during the second year | Deaths 1/81; 0/78; 1/81 [1.00 (0.06 to 15.72)] [0.35 (0.01 to 8.37)] | Fair |
| Tanko et al 2003 ²⁸⁹ | | 5, 10, or 20 mg ibandronate w eekly; 2 years | Withdraw als due to AEs related to treatment: 8 | 12% experienced a serious AE, but none w ere assessed as related to study drug (6 w ithdrew as a result of serious AE) | Gastrointestinal AEs 6%; 5%; 3%; 3% | NR | Fair |

| Study Reference | Participant Characteristics | Intervention; Duration | Discontinuations due to AE Risk in Treatment Group; Risk in Control Group (RR [95% CI]) | Serious AEs Risk in Treatment Group; Risk in Control Group (RR [95% CI]) | Gastrointestinal Adverse Events ^a Risk in Treatment Group; Risk in Control Group (RR [95% CI]) | Other Adverse Events | Quality Rating |
|--------------------|---|---------------------------|--|--|---|----------------------------|-------------------|
| | Women at least 5 years postmenopausal; mean age 64 years; mean T-score 0.71 lumbar spine; no prior osteoporotic fractures | 0.5, 1.0, or 2.0 | | Serious AEs | 6/24; 6/27; 7/26; 3/23; 4/26 No differences between the groups emerged [1.63 (0.52 to 5.07] [1.44 (0.46 to 4.54] [1.75 (0.58 to 5.27] [0.85 (0.21 to 3.40)] | NR | Fair |

Abbreviations: AE=adverse event; Cl=confidence interval; Gl=gastrointestinal; mg=milligram; NR=not reported; RR=risk ratio.

| Study Reference | Characteristics | Intervention; Duration | (RR [95% CI]) | Risk in Treatment Group; Risk in Control Group (RR [95% CI]) | Other Adverse Events ^a Risk in Treatment Group; Risk in Control Group (RR [95% CI]) | Quality Rating |
|---|--|-------------------------------|---|--|--|-------------------|
| Johnell et al, 2002 ²⁴⁶ | Postmenopausal w omen; mean age 63.6 years (≤75); T- score ≤ -2.0 | | [1.75 (0.53-5.75)] | None reported | Hot flashes 4/82; 4/82 [1.00 (0.26-3.86)] Sw eating 1/82; 2/82 [0.50 (0.05-5.41)] Abdominal pain 6/82; 5/82 [1.2 (0.38-3.78)] | Good |
| Multiple Outcomes of Raloxifene (MORE) trial; Ettinger et al, 1999 ²³¹ , Delmas et al, 2002 ²³² , Barrett-Connor et al, 2002 ³¹¹ , Barrett-Connor et al, 2004 ³¹⁰ , Keech et al, 2005 ³¹² ; Cauley et al, 2001 ³¹³ ; Sontag, Wan & Krege, 2010 ²⁴² | Women, ≥ 2 years postmenopausal; mean age 66.9 years (range: 31-80); mean femoral neck or lumbar spine T-score -2.57; 37% with prior vertebral fractures; total 4 year sample includes 1751 w omen w ho used 1+ other bone-active agents in year 4 | or 120 mg/day; 3 & 4 years | 3 years 527/5129 (both doses combined ^a); 227/2576 (placebo) [1.17 (1.01-1.35)] 4 years 327/2557 (60 mg); 285/2576 (placebo) [1.16 (1.00-1.34)] | 3 years Venous thromboembolic events 25/2557 (60 mg); 8/2576 (placebo) [3.15 (1.42-6.97)] 4 years Venous thromboembolic events All participants 33/2557 (60 mg); 17/2576 (placebo) [1.78 (0.99-3.19)] Participants w ithout baseline vertebral fracture 17/1574 (60 mg); 13/1629 (placebo) [1.35 (0.66-2.78)] Deep vein thrombosis All participants 20/2557 (60 mg); 8/2576 (placebo) [2.52 (1.11-5.71)] Participants w ithout baseline vertebral fracture 12/1574 (60 mg); 6/1629 (placebo) [21.07 (0.78-5.50)] | 3 years Flu syndrome 346/2557 (60 mg); 293/2576 (placebo) [1.19 (1.03-1.38)] Hot flashes 249/2557 (60 mg); 165/2576 (placebo) [1.52 (1.26-1.84)] Leg cramps 178/2557 (60 mg); 96/2576 (placebo) [1.87 (1.47-2.38)] Peripheral edema 134/2557 (60 mg); 114/2576 (placebo) [1.18 (0.93-1.51)] Endometrial cavity fluid 60/2557 (60 mg); 43/2576 (placebo) [1.41 (0.95-2.07)] | Good |

| | | | Discontinuations | | | |
|------------------------------------|-----------------|---------------|-------------------|---------------------------|-----------------------------------|---------|
| | | | due to AE | | | |
| | | | Risk in Treatment | | Other Adverse Events ^a | |
| | | | | | Risk in Treatment Group; Risk | |
| | Participant | Intervention; | | Risk in Control Group | in Control Group | Quality |
| Study Reference | Characteristics | Duration | (RR [95% CI]) | (RR [95% CI]) | (RR [95% CI]) | Rating |
| Multiple Outcomes | | | | Coronary heart disease | 4 years | |
| of Raloxifene | | | | | Flu syndrome | |
| (MORE) trial; | | | | combined ^a); | 415/2557 (60 mg); 360/2576 | |
| Ettinger et al, | | | | 28/2576 (placebo) | (placebo) | |
| 1999 ²³¹ , Delmas et | | | | [HR 0.88 (0.56-1.40)] | [1.16 (1.02-1.32)] | |
| al, 2002 ²³² , Barrett- | | | | Stroke | Hot flashes | |
| Connor et al, | | | | 22/2557 (60 mg); | All participants | |
| 2002 ³¹¹ , Barrett- | | | | 32/2576 (placebo) | 272/2557 (60 mg); 183/2576 | |
| Connor et al, | | | | [0.69 (0.40-1.18)] | (placebo) | |
| 2004 ³¹⁰ , Keech et al, | | | | | [1.50 (1.25-1.79)] | |
| 2005 ³¹² ; Cauley et | | | | All participants | Participants without baseline | |
| al, 2001 ³¹³ ; Sontag, | | | | 11/2557 (60 mg); | vertebral fracture | |
| Wan & Krege, | | | | 4/2576 (placebo) | 158/1574 (60 mg); | |
| 2010 ²⁴² | | | | [2.77 (0.88-8.69)] | 103/1629 (placebo) | |
| (continued) | | | | | [1.59 (1.25-2.01)] | |
| | | | | vertebral fracture | Leg cramps | |
| | | | | 6/1574 (60 mg); | 234/2557 (60 mg); 154/2576 | |
| | | | | 3/1629 (placebo) | (placebo) | |
| | | | | [2.07 (0.52-8.26)] | [1.53 (1.26-1.86)] | |
| | | | | Retinal vein thrombosis | Peripheral edema | |
| | | | | 2/2557 (60 mg); | All participants | |
| | | | | 5/2576 (placebo) | 182/2557 (60 mg); 158/2576 | |
| | | | | [0.40 (0.08-2.08)] | (placebo) | |
| | | | | Any coronary event | [1.16 (0.94-1.43)] | |
| | | | | 45/2557 (60 mg); 55/2576 | Participants without baseline | |
| | | | | [0.82 (0.56-1.22)] | vertebral fracture | |
| | | | | Any cerebrovascular event | 104/1574 (60 mg); | |
| | | | | , 5, | 80/1629 (placebo) | |
| | | | | | [1.34 (1.01-1.79)] | |
| | | | | [0.91 (0.58-1.41)] | Endometrial cavity fluid | |
| | | | | Any cardiovascular event | 99/2557 (60 mg); | |
| | | | | 82/2557 (60 mg); | 76/2576 (placebo) | |
| | | | | | [1.31 (0.98-1.76)] | |
| | | | | [0.86 (0.63-1.18)] | | |

| Study Reference | Participant Characteristics | Intervention; Duration | | Risk in Treatment Group; Risk in Control Group (RR [95% CI]) | Other Adverse Events ^a Risk in Treatment Group; Risk in Control Group (RR [95% CI]) | Quality Rating |
|---|--|---------------------------|----------------------------------|---|---|-------------------|
| Multiple Outcomes of Raloxifene (MORE) trial; Ettinger et al, 1999 ²³¹ , Delmas et al, 2002 ²³² , Barrett-Connor et al, 2002 ³¹¹ , Barrett-Connor et al, 2004 ³¹⁰ , Keech et al, 2005 ³¹² ; Cauley et al, 2001 ³¹³ ; Sontag, Wan & Krege, 2010 ²⁴² (continued) | | | | Any cardiovascular event (among women at increased risk) 28/359 (60 mg); 41/317 (placebo) [0.60 (0.38-0.95)] Endometrial cancer 5/2557 (60 mg); 5/2576 (placebo) [1.01 (0.29-3.48)] | Diabetes 38/2557 (60 mg); 17/2576 (placebo) [2.25 (1.27-3.98)] | |
| McClung et al, 2006 ³⁰⁶ | Postmenopausal w omen; mean age raloxifene group 57.5 years, mean age placebo group 57.5 years (range 47-72); T-score mean -1.0 (range:-2.5 to 2) | years | [0.98 (0.51-1.86)] | | Hot flashes 39/163; 17/83 [1.30 (0.68-2.47) Leg cramps 28/163; 11/83 [1.17 (0.70-1.93)] Vaginal bleeding 3/163; 3/83 [0.51 (0.10-2.47)] | Fair |
| Meunier et al, 1999 ³⁰⁷ | Postmenopausal w omen, mean age 60.2 years (50-75); lumbar T-score mean -2.8 (36% ≤ -2.5); 36% prior nonvertebral fracture | | 3/45; 4/40 [0.67 (0.16-2.80)] | Deep venous thromboses 0/45; 0/40 RR not calculable | Hot flashes 4/45; 4/40 [0.89 (0.24-3.32)] Change in endometrial thickness (in millimeters) Mean: 0.49 ± 1.45 ; Mean: 0.44 ± 1.47 (p = NS) | Good |

| Study Reference | Participant Characteristics | Intervention; Duration | | Serious AEs Risk in Treatment Group; Risk in Control Group (RR [95% CI]) | Other Adverse Events ^a Risk in Treatment Group; Risk in Control Group (RR [95% CI]) | Quality Rating |
|-----------------------------------|--|---------------------------------|--------------------------------------|--|---|-------------------|
| Miller et al, 2008 ³⁰⁸ | Postmenopausal w omen, mean age: 57.6 (≥45); lumbar T- score mean raloxifene group - 1.12, placebo group - 1.24 (range:-1.0 to - 2.5) | Raloxifene 60 mg/day; 2 | 43/311; 48/310 [0.89 (0.61-1.31)] | Any serious AEs 29/311; 28/310 [1.03 (0.63-1.69)] Myocardial infarction 0/311; 1/310 [0.33 (0.01-8.12)] Deep venous thromboses 0/311; 1/310 [0.33 (0.01-8.12)] Retinal vein thrombosis 1/311; 0/310 [2.99 (0.12-73.13)] | Hot flashes 58/311; 44/310 [1.31 (0.92-1.88)] Leg cramps 37/311; 36/310 [1.02 (0.67-1.58)] | Fair |
| Morii et al, 2003 ³⁰⁹ | Postmenopausal w omen; mean age raloxifene group 65.2 years, mean age placebo group 64.3 years (≤80 years old); lumbar T-score ≤ 2.5; 26% prior vertebral fracture | Raloxifene 60 mg/day; 1 year | [2.36 (0.63-8.85)] | Any serious adverse event 5/92; 7/97 [0.75 (0.25-2.29)] Venous thromboembolic events 0/92; 0/97 RR not calculable Colitis ischaemic 1/92; 1/97 [1.05 (0.07-16.61)] Gastrointestinal disorder NOS 0/92; 0/97 RR not calculable Oesophageal carcinoma NOS 0/92; 1/97 [0.35 (0.01-8.51)] Dissecting aortic aneurysm 1/92; 0/97 [3.16 (0.13-76.63)] Hypertension NOS 0/92; 1/97 [0.35 (0.01-8.51)] | No events of interest reported | Fair |

^a Data available only for combined group of participants receiving dosages of 60 mg/day or 120 mg/day. Recommended dosage is 60 mg/day. ^b Absolute values calculated by authors from data on percentage per group.

Abbreviations: AE=adverse events; mg=milligram; NR=not reported; NS=not significant; osteo=osteoporosis; RR=relative risk; SD=standard deviation.

| Study Reference | Participant Characteristics | Intervention; Duration | Discontinuations due to AE Risk in Treatment Group; Risk in Control Group (RR [95% CI]) | Group; Risk in Control Group (RR [95% CI]) | Group; Risk in Control Group (RR [95% CI]) | Other Adverse Events | Quality Rating |
|--|--|---|--|--|--|--|-------------------|
| Lew iecki et al, 2007 ^{236a} | of -1.8 to -4.0 or femoral neck/total hip T- | 14, 60, 100, or 210 mg subcutaneously every 6 months, alternating with placebo | 11/314; 1/46 (1.61 [0.21 to 12.19]) | 42/314; 4/46 (1.54 [0.58 to 4.09]) | 1/314; 0/46 | Death 1/314; 0/46, Cardiac disorder 6/314; 2/46 (0.45 [0.02 to 10.83]) Serious infections 6/314; 0/46 | Fair |
| Bone et al, 2008 ^{237a} | Postmenopausal w omen w ith a lumbar spine BMD T score betw een -1.0 and - 2.5 | Denosumab 60 mg every 6 months for 24 months subcutaneously (last dose at 18 months) | 1/164; 2/165 (0.50 [0.05 to 5.49]) | 18/164; 9/165 (2.01 [0.93 to 4.35]) | 2/164; 0/165 | Deaths 0/164; 0/165 RR not calculable Rash 14/164; 5/165 (2.82 [1.04 to 7.64]) Serious infections 8/164; 1/165 | Fair |
| Cummings et al, 2009 ²³⁸ ; Watts et al, 2012 ³¹⁴ | Women between the ages of 60 and 90 years with a bone mineral density T score of less than -2.5 at the lumbar spine or total hip | every 6 months for 36 months subcutaneously | 93/3886; 81/3876 (1.15 [0.85 to 1.54]) | 1004/3886; 972/3876 (1.03 [0.95 to 1.11]) | | Deaths 70/3886; 90/3876 (0.78 [0.57 to 1.06]) Osteonecrosis of the jaw 0/3886; 0/3876 RR not calculable Cardiovascular events 186/3886; 178/3876 (1.04 [0.85 to 1.27]) Eczema 118/3886; 65/3876 (1.81 [1.34 to 2.44]) Serious infections 159/3886; 133/3876 (1.19 [0.95 to 1.49]) Serious skin infections (cellulitis and erysipelas) 15/3886; 1/3876 (14.96 [1.98 to 113.21]) | Fair |

| Study Reference | Participant Characteristics | Intervention; Duration | Group; Risk in Control Group (RR [95% CI]) | Serious AEs Risk in Treatment Group; Risk in Control Group (RR [95% CI]) | Group; Risk in Control Group (RR [95% CI]) | Other Adverse Events | Quality Rating |
|--------------------------------------|------------------------------------|--------------------------------|--|--|--|-------------------------|-------------------|
| Nakamura et al., 2012 ²³⁹ | Ambulatory Japenese postmenopausal | Denosumab 14 mg subcutaneously | NR | Denosumab 14 mg subcutaneously every | | NR | Fair |
| | w omen 80 years or | every 6 months for | | 6 months for 12 | | | |
| | younger, who had | 12 months; or | | months: 6/53 | | | |
| | | denosumab 60 mg | | denosumab 60 mg | | | |
| | | subcutaneously | | subcutaneously every | | | |
| | | every 6 months for | | 6 months for 12 | | | |
| | 1 to lumbar 4 spine or | - | | months: 4/54 | | | |
| | | denosumab 100 | | denosumab 100 mg | | | |
| | the femoral neck or | mg subcutaneously | | subcutaneously every | | | |
| | total hip | every 6 months for | | 6 months for 12 | | | |
| | | 12 months; or | | months: 2/50 | | | |
| | | placebo every 6 | | placebo every 6 | | | |
| | | months for 12 | | months for 12 | | | |
| | | months | | months: 4/55 | | | |

Abbreviations: Cl=confidence interval; mg=milligram; NR=not reported; RR=risk ratio.

| Study | Participant Characteristics | Intervention; Duration | Discontinuation | Serious Adverse Events | Other Adverse Events | Quality Rating |
|--------------------------------------|--|---|--|--------------------------------|--|-------------------|
| Greenspan et. al, 2007 ³⁶ | Postmenopausal women with mean age of 64.4 years; T-score ≤ -3.0; no prevalent vertebral fractures or T-score -2.5 with 1 to 4 vertebral fractures; mean T-score -2.2; 19% with prior vertebral fracture | Parathyroid hormone 100 µg daily injection; 18 months | 389/1286 (100 ug); 306/1246 (placebo) RR 1.22 (1.08-1.40) | , | 291/1286; 114/1246 RR: 2.47 (2.02-3.03) | Fair |
| Orw oll et. al, 2003 ²⁴⁰ | Men with mean age 59 years; mean T-score -2.7; unknown prior fracture | Teriparatide 20 µg or 40 µg daily injection; mean treatment duration: 11 months | 14/151 (20 ug) 18/139 (40 ug) 7/147 (placebo) RR: 1.94 (0.81-4.69) RR: 2.72 (1.17-6.3) | 3/151 (20 ug) 0/139 (40 ug) | Nausea 0/151 5/139 0/147 | Fair |

Abbreviations: RR=risk ratio; ug=micrograms.

Appendix G Table 1. Completed Trials

| Principal | | | Approximate | | | |
|--|---|--|-------------|---|---|-----------------------------|
| Investigators | Location | Population | Size | Investigations | Outcomes | Status as of 2017 |
| Hyoung-Moo Park | Seoul, Republic of Korea | Women, Postmenopausal | 150 | Risedronate Cominbe, Risedronate., Placebo, Placebo | Proportion of patients with 25(OH)D level < 20 ng/mL at 16 weeks. [Time Frame: 16 weeks form first drug administration.] [Designated as safety issue: No] | Completed, Not Published |
| ⊟i Lilly | United States, Argentina, Australia, Austria, Belgium, Canada, Czech Republic, Denmark, Finland, France, Germany, Hungary, Israel, Italy, Mexico, Netherlands, New Zealand, Norw ay, Poland, Singapore, Slovakia, Slovenia, Spain, Sweden, United Kingdom | Women, < 80 years old, Postmenopausal w ith Osteoporosis | | Raloxifene HCL 60 mg, Raloxifene 120mg, Placebo | To establish the effect of long- term treatment with raloxifene, compared with placebo, on the rate of new vertebral fractures in osteoporotic postmenopausal women with and without prevalent vertebral fractures by spinal x-ray | Completed, Not Published |
| Eli Lilly and Company | United States | Female,45 Years to 85 Years (Adult, Senior) With Osteoporosis | | Teriparatide and Roloxifene, Roloxifene, Placebo | The study will evaluate any side effects that may be associated with the two drugs and may help to determine whether teriparatide and raloxifene together can help patients with osteoporosis more than teriparatide alone | Completed, Not Published |
| Clifford Rosen, MD St. Joseph Hospital Health Center | United States | Female 45 – 70 years, with osteoporosis | 50 | Teriparatide, Placebo | Bone mineral density will be measured at 6 and 12 months | Completed, Not Published |

Appendix G Table 2. Ongoing Trials

| Principal | | | Approx- | | | |
|------------------|----------|-----------------|------------|-----------------------|-----------------------------------|-------------------|
| Investigators | Location | Population | imate Size | Investigations | Outcomes | Status as of 2017 |
| Sudhaker D Rao, | United | Women, 50 years | 1000 | (Risedronate) | Determine the prevalence of PBD | Recruiting |
| MD, Henry Ford | States | and older | | Pathogenesis of | and/or Atypical Femoral | |
| Health System | | | | Atypical Femur | Fractures (AFF) in patients | |
| | | | | Fractures on Long | | |
| | | | | Term Bisphosphonate | | |
| • | 11.5 | 14/ 05 1/ | 4000 | Therapy | | 5 " |
| Susan L. | United | Women, 65 Years | 1000 | (Zoledronic Acid) | Total non-traumatic incident | Recruiting |
| Greenspan, | States | and older | | Zoledronic Acid for | clinical fractures (vertebral and | |
| University of | | | | Osteoporotic Fracture | nonvertebral) | |
| Pittsburgh | 11.6 | | | Prevention (ZEST II) | | |
| Elizabeth Shane, | United | Premenopausal | 40 | (Teriparatide) Forteo | Change in lumbar spine bone | Recruiting |
| Columbia | States | Women | | Trial on Idiopathic | mineral density (LS-BMD) | |
| University | | | | Osteoporosis in | [Time Frame: Baseline and 12 | |
| | | | | Premenopausal | months] | |
| | | | | Women | [Designated as safety issue: Yes] | |
| Susan L. | United | Men and Women | 212 | Preventing | Increased bone density of the | Recruiting |
| Greenspan, | States | 65 years and | | Osteoporosis Using | total hip/spine | |
| University of | | older | | Denosumab (PROUD) | | |
| Pittsburgh | | | | | | |

Appendix H Figure 1. Osteoporosis Risk Assessment Instrument (ORAI) in Women

| Studies | Estir | mate (95 | % C.I.) | Ev/Trt | | | | | | |
|----------------------------------|-------|----------|---------|-------------|------------|-----|------------|-----|--------------|-----|
| Cadarette 2004 | 0.801 | (0.770, | 0.832) | 516/644 | | | | | | _∎ |
| Cass 2006 | 0.739 | (0.678, | 0.799) | 150/203 | | | | | | |
| Cook 2005 | 0.663 | (0.599, | 0.728) | 138/208 | | | | | - | |
| D'Amelio 2005 | 0.320 | (0.280, | 0.360) | 168/525 | | - | | | | |
| Gourlay 2008 | 0.700 | (0.690, | 0.710) | 5445/7779 | | | | | - | |
| Harrison 2006 | 0.671 | (0.608, | 0.735) | 139/207 | | | | | | |
| Jimenez-Nunez 2013 | 0.683 | (0.643, | 0.724) | 345/505 | | | | _ | - | |
| Martinez-Aguila 2007 | 0.620 | (0.583, | 0.656) | 412/665 | | | | | | |
| Richy 2004 | 0.670 | (0.655, | 0.684) | 2703/4035 | | | | | | |
| Rud 2005 | 0.640 | (0.619, | 0.661) | 1286/2009 | | | | - | | |
| Overall (I^2=97.84 % , P< 0.001) | 0.651 | (0.596, | 0.705) | 11302/16780 | | | | - | | |
| | | | | | | I | T | T | | |
| | | | | | 0.3 | 0.4 | 0.5 Dro | 0.6 | 0.7 | 8.0 |
| | | | | | Proportion | | | | | |

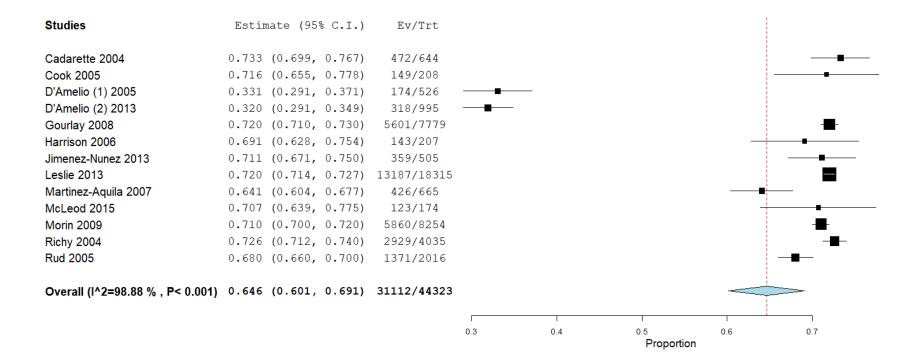
Appendix H Figure 2. Osteoporosis Index of Risk (OSIRIS) in Women

| Studies | Estimate (95% C.] | .) Ev/Trt | | | | | |
|--|--|--|-----|----------|-------------------|------|-----|
| Richy 2004 Cook 2005 Harrison 2006 Martinez-Aguila 2007 Jimenez-Nunez 2013 | 0.640 (0.625, 0.65 0.745 (0.686, 0.80 0.700 (0.638, 0.76 0.630 (0.594, 0.66 0.711 (0.671, 0.75 | 4) 155/208 3) 145/207 6) 437/694 | | - | — | | |
| Overall (I^2=83.6 % , P< 0.001) | 0.680 (0.639, 0.72 | 1) 3678/5649 | 0.6 | 0.65 | 0.7 Proportion | 0.75 | 0.8 |

Appendix H Figure 3. Osteoporosis Self-Assessment Tool in Asians (OSTA) in Women

| Studies | Estimate (95 | % C.I.) | Ev/Trt | | | | | | | |
|---|--|---------|-----------|-----|------|-----|--------------------|-----|-------------|-----|
| a. Chan 2006b. Nguyen 2004c. Oh 2013d. Park 2003 | 0.822 (0.758, 0.751 (0.709, 0.617 (0.587, 0.870 (0.850, | 0.793) | 645/1046 | | | _ | • | | - | _ |
| Overall (I^2=98.5 % , P< 0.001) | 0.765 (0.628, | 0.901) | 2022/2692 | | | | | | | |
| | | | | 0.6 | 0.65 | 0.7 | 0.75 Proportion | 0.8 | 0.85 | 0.9 |

Appendix H Figure 4. Osteoporosis Self-Assessment Tool (OST) in Women



Appendix H Figure 5. Simple Calculated Osteoporosis Risk Estimation (SCORE) in Women

| Studies | Estimate (95% C.I. |) Ev/Trt | | | |
|---------------------------------|---------------------|---------------|------|------------|----------|
| Ben Sedrine 2001 | 0.700 (0.686, 0.714 |) 2825/4035 | | | |
| Brenneman 2003 | 0.731 (0.688, 0.773 |) 304/416 | | - | - |
| Cass 2006 | 0.670 (0.605, 0.735 |) 136/203 ——— | | | _ |
| Cook 2005 | 0.721 (0.660, 0.782 |) 150/208 | | | |
| Gourlay 2008 | 0.710 (0.700, 0.720 |) 5523/7779 | | — | |
| Harrison 2006 | 0.671 (0.608, 0.735 |) 139/207 —— | | | _ |
| Jimenez-Nunez 2013 | 0.671 (0.630, 0.712 |) 339/505 | | | |
| Rud 2005 | 0.680 (0.660, 0.700 |) 1366/2009 | | | |
| Overall (I^2=46.45 % , P=0.070) | 0.698 (0.685, 0.711 |) 10782/15362 | | | |
| | | | | | |
| | | | 0.65 | 0.7 | 0.75 |
| | | | | Proportion | |

Appendix H Figure 6. OST in Men

| Studies | Estimate (95% C.I.) | Ev/Trt | |
|---|--|--|---|
| Adler 2003 Lynn (Hongkong) 2008 Lynn (US) 2008 Machado 2010 Richards 2014 | 0.834 (0.780, 0.888) 0.759 (0.740, 0.778) 0.714 (0.701, 0.727) 0.629 (0.562, 0.695) 0.670 (0.629, 0.710) | 1453/1914 3326/4658 127/202 — 347/518 | - |
| Sinnott 2006 Zimering 2007 | 0.891 (0.837, 0.945) 0.812 (0.758, 0.867) | | |
| Overall (I^2=93.2 % , P< 0.001) | | | |
| | | | 0.6 0.65 0.7 0.75 0.8 0.85 0.9 Proportion |

Appendix H Figure 7. Male Osteoporosis Risk Estimation Score (MORES) in Men

| Studies | Estimate (95% C.I. | Ev/Trt | | | |
|---|---|-----------|-------------|-------------|--|
| Shepherd (a) 2007 Shepherd (b) 2010 Cass 2013 | 0.842 (0.823, 0.860 0.730 (0.714, 0.746 0.821 (0.780, 0.861 | 2178/2984 | | ———— | |
| Overall (I^2=97.64 % , P< 0.001) | 0.797 (0.714, 0.879 | 3723/4828 | | | |
| | | | 0.75 Pro | 0.8 0.85 | |

Appendix H Figure 8. Quantitative Ultrasound for Screening Osteoporosis for Women

| Studies | Estimate (9 | 5% C.I.) | Ev/Trt | | | | | | |
|----------------------------------|---------------|----------|-----------|------|--------|---------------|---------------|----------|-----|
| Richy 2004 | 0.688 (0.622) | , 0.750) | 139/202 | | - | | | | |
| Boonen 2005 | 0.719 (0.658 | 0.777) | 159/221 | | | | | | |
| Kung 2003 | 0.780 (0.749) | 0.809) | 563/722 | | | | | | |
| Harrison 2006 | 0.749 (0.687 | 0.806) | 155/207 | | | | | | |
| Minnock (estimated) 2008 | 0.791 (0.737) | 0.841) | 186/235 | | | | | | |
| Cook (estimated) 2005 | 0.726 (0.663 | 0.785) | 151/208 | | | | _ | | |
| McLeod (estimated) 2015 | 0.897 (0.846 | 0.938) | 156/174 | | | | | | _ |
| Overall (I^2=82.25 % , P< 0.001) | 0.768 (0.719 | , 0.813) | 1509/1969 | | -= | | | | |
| | | | | | T | | T | T | |
| | | | | 0.65 | 0.7 | 0.75 | 0.8 | 0.85 | 0.9 |
| | | | | | Freema | an-Tukey Doub | ie Arcsine Pi | oportion | |

Appendix H Figure 9. Quantitative Ultrasound for Screening Osteoporosis for Men

| | | | | | 0.7 | 0.75 | 0.8 | 0.85 | 0.9 | 0.95 | |
|----------------------------------|-------|----------|---------|-----------|-----|------|-----|------|-----|------|---|
| | | | | | | ı | | | | | |
| Overall (I^2=98.17 % , P< 0.001) | 0.804 | (0.665, | 0.943) | 3642/5142 | | | | | | | |
| , | | | | | _ | | | | | | |
| Lynn 2008 | 0.696 | (0.683, | 0.709) | 3242/4658 | - | | | | | | |
| Sinnott 2006 | 0.930 | (0.885, | 0.974) | 119/128 | | | | | | | - |
| Kung 2005 | 0.789 | (0.747, | 0.832) | 281/356 | | - | - | _ | | | |
| Studies | Estir | mate (95 | % C.I.) | Ev/Trt | | | | | | | |

Appendix H Figure 10. FRAX Without Bone Mineral Density Testing for Predicting Major Osteoporotic Fractures in Men

| Studies | Estimate (95% | c.I.) | Ev/Trt | | | | | |
|---|---|--------|------------|-----|------|--------------------|------|------|
| Leslie 2012 Ettinger 2013 Friis-Holmberg 2014 | 0.610 (0.592, 0.630 (0.618, 0.627 (0.614, | 0.642) | 3711/5891 | | - | | | |
| Overall (I^2=40.49 % , P=0.186) | 0.624 (0.613, | 0.635) | 8728/13970 | | - | | | |
| | | | | 0.6 | 0.61 | 0.62 Proportion | 0.63 | 0.64 |

Appendix H Figure 11. FRAX Without Bone Mineral Density Testing for Predicting Hip Fractures in Men

| Studies | Estimat | te (95% | c.I.) | Ev/Trt | | | | | | |
|---|----------------------------------|---------|--------|-------------------------------------|------|-----|---|-------------------|------------|------|
| Leslie 2012 Ettinger 2013 Friis-Holmberg 2014 | 0.730 (0 0.690 (0 0.756 (0 | 0.678, | 0.702) | 2097/2873 4065/5891 3936/5206 | | • | - | | - | |
| Overall (I^2=96.73 % , P< 0.001) | 0.725 (| 0.684, | 0.767) | 10098/13970 | | | | | | |
| | | | | | 0.68 | 0.7 | | 0.72 Proportio | 0.74 On | 0.76 |

Appendix H Figure 12. FRAX With Bone Mineral Density Testing for Predicting Major Osteoporotic Fractures in Men

| Studies | Estimate (95% C.I. | Ev/Trt | | | | | | |
|---|--|------------------------|------|------|-------------------|-----------|------|-----|
| Leslie 2012 Ettinger 2013 Friis-Holmberg 2014 Iki 2015 | 0.660 (0.643, 0.677 0.670 (0.658, 0.682 0.670 (0.657, 0.683 0.681 (0.660, 0.702 | 3947/5891 3488/5206 | | - | | | | |
| Overall (I^2=0 % , P=0.505) | 0.670 (0.662, 0.677 |) 10606/15842 | 0.65 | | 0.67 | 0.69 | 1 | 0.7 |
| | | | 0.65 | 0.66 | 0.67 Proportio | 0.68 n | 0.69 | 0.7 |

Appendix H Figure 13. FRAX With Bone Mineral Density for Predicting Hip Fractures in Men

| Studies | Estimate (95 | 5% C.I.) | Ev/Trt | | | | | |
|---|---|----------|---------------------------------------|------|------|--------------------|------|-----|
| Leslie 2012 Ettinger 2013 Friis-Holmberg 2014 | 0.790 (0.775, 0.770 (0.759, 0.720 (0.708, | 0.781) | 2270/2873 4536/5891 3748/5206 - | _ | _ | - | | • |
| Overall (I^2=96.67 % , P< 0.001) | 0.760 (0.720, | 0.799) | 10554/13970 | | | | | |
| | | | | 0.72 | 0.74 | 0.76 Proportion | 0.78 | 0.8 |

Appendix H Figure 14. FRAX Without Bone Mineral Density Testing for Predicting Major Osteoporotic Fractures in Women

| Studies | Estimate (95% C.I. |) Ev/Trt | |
|----------------------------------|---------------------|----------------|-------------------|
| Donaldson 2009 | 0.680 (0.663, 0.696 | 2069/3043 | |
| Ensrud 2009 | 0.640 (0.628, 0.652 | 4001/6252 | |
| Sornay-Rendu 2010 | 0.750 (0.721, 0.779 | 650/867 | |
| Tremollieres 2010 | 0.630 (0.612, 0.648 |) 1670/2651 | |
| Bolland 2011 | 0.620 (0.595, 0.645 | 882/1422 | |
| Henry 2011 | 0.660 (0.622, 0.698 | 396/600 | |
| Sambrook 2011 | 0.620 (0.613, 0.627 |) 12143/19586 | -■- |
| Tamaki 2011 | 0.670 (0.638, 0.702 | 546/815 | |
| Azagra 2012 | 0.690 (0.657, 0.722 | 531/770 | - |
| Cheung 2012 | 0.706 (0.687, 0.725 |) 1600/2266 | |
| Gonzalez-Macias 2012 | 0.615 (0.601, 0.629 |) 2739/4453 | — |
| Leslie 2012 | 0.670 (0.665, 0.675 |) 24609/36730 | - |
| Rubin 2013 | 0.722 (0.707, 0.737 |) 2609/3614 | —■ |
| Crandall 2014 | 0.560 (0.556, 0.564 | 34996/62492 | |
| Friis-Holmberg 2014 | 0.679 (0.668, 0.690 |) 5128/7552 | ■ |
| Van Geel 2014 | 0.652 (0.611, 0.694 | 330/506 | |
| Kalveston 2016 | 0.640 (0.627, 0.653 | 3378/5278 | ─ ■ |
| Overall (I^2=99.16 % , P< 0.001) | 0.659 (0.630, 0.687 |) 98277/158897 | |
| | | | |
| | | | 0.6 0.65 0.7 0.75 |
| | | | Proportion |

Appendix H Figure 15. FRAX Without Bone Mineral Density Testing for Predicting Hip Fractures in Women

| Studies | Estimate (95 | % C.I.) | Ev/Trt | | | | | | |
|----------------------------------|---------------|---------|---------------|------|-----|---------------------------|-------------|------|-----|
| Ensrud 2009 | 0.710 (0.699, | 0.721) | 4439/6252 | | | | | | |
| Bolland 2011 | 0.690 (0.666, | 0.714) | 981/1422 | | | | | | |
| Pressman 2011 | 0.830 (0.828, | 0.832) | 78426/94489 | | | | | | |
| Sambrook 2011 | 0.650 (0.643, | 0.657) | 12731/19586 | - | | | | | |
| Tamaki 2011 | 0.860 (0.836, | 0.884) | 701/815 | | | | | | _ |
| Azagra 2012 | 0.881 (0.858, | 0.903) | 678/770 | | | | | | |
| Cheung 2012 | 0.899 (0.887, | 0.911) | 2037/2266 | | | | | | - |
| Gonzalez-Macias 2012 | 0.640 (0.626, | 0.654) | 2850/4453 | | | | | | |
| Leslie 2012 | 0.790 (0.786, | 0.794) | 29017/36730 | | | | • | | |
| Friis-Holmberg 2014 | 0.860 (0.852, | 0.868) | 6495/7552 | | | | | - | |
| Sund 2014 | 0.650 (0.641, | 0.659) | 7268/11182 | | | | | | |
| Kalveston 2016 | 0.700 (0.688, | 0.712) | 3695/5278 | | - | | | | |
| Overall (I^2=99.79 % , P< 0.001) | 0.763 (0.717, | 0.810) | 149318/190795 | | - | | | | |
| | | | | | Т | | T | ı | |
| | | | | 0.65 | 0.7 | ^{0.75} Propor | 0.8 tion | 0.85 | 0.9 |

Appendix H Figure 16. FRAX With Bone Mineral Density Testing for Predicting Major Osteoporotic Fractures in Women

| Studies | Estimate (95% C | C.I.) | Ev/Trt | | | | | |
|----------------------------------|------------------|---------|------------|-----|------|-------------------|------|-----|
| Donaldson 2009 | 0.710 (0.694, 0. | .726) | 2161/3043 | | | - | | |
| Ensrud 2009 | 0.680 (0.668, 0. | .692) | 4251/6252 | | _ | ■ | | |
| Sornay-Rendu 2010 | 0.780 (0.752, 0. | .807) | 676/867 | | | | | • |
| Bolland 2011 | 0.640 (0.615, 0. | .665) | 910/1422 | | - | | | |
| Henry 2011 | 0.670 (0.632, 0. | .708) | 402/600 | | | | | |
| Tamaki 2011 | 0.690 (0.658, 0. | .721) | 562/815 | | | | | |
| Azagra 2012 | 0.719 (0.688, 0. | .751) | 554/770 | | | - | | |
| Cheung 2012 | 0.730 (0.712, 0. | .748) | 1654/2266 | | | | | |
| Leslie 2012 | 0.700 (0.695, 0. | .705) 2 | 5711/36730 | | | - | | |
| Tebe-Cordomi 2013 | 0.610 (0.583, 0. | .637) | 751/1231 - | | | | | |
| Friis-Holmberg 2014 | 0.720 (0.710, 0. | .730) | 5437/7552 | | | | | |
| Van Geel 2014 | 0.694 (0.654, 0. | .734) | 351/506 | | | • | - | |
| Overall (I^2=92.07 % , P< 0.001) | 0.696 (0.680, 0. | .713) 4 | 3420/62054 | | | | | |
| | | | | | 1 | | T | |
| | | | | 0.6 | 0.65 | 0.7 Proportion | 0.75 | 0.8 |

Appendix H Figure 17. FRAX With Bone Mineral Density Testing for Predicting Hip Fractures in Women

| Studies | Estimat | te (95% | c.I.) | Ev/Trt | | | | | | |
|----------------------------------|----------|---------|--------|---------------|-----|---|-----------|------|---------|---|
| Ensrud 2009 | 0.750 (0 | 0.739, | 0.761) | 4689/6252 | | - | | | | |
| Pressman 2011 | 0.840 (0 | 0.838, | 0.842) | 79371/94489 | | | | | | |
| Bolland 2011 | 0.700 (0 | 0.676, | 0.724) | 995/1422 | | | | | | |
| Tamaki 2011 | 0.690 (0 | 0.658, | 0.721) | 562/815 | | | | | | |
| Cheung 2012 | 0.880 (0 | 0.867, | 0.893) | 1994/2266 | | | | | _ | - |
| Azagra 2012 | 0.851 (0 | 0.825, | 0.876) | 655/770 | | | | | | _ |
| Leslie 2012 | 0.820 (0 | 0.816, | 0.824) | 30119/36730 | | | | ▗▄ | | |
| Van Geel 2014 | 0.698 (0 | 0.658, | 0.738) | 353/506 | | | | | | |
| Friis-Holmberg 2014 | 0.860 (0 | 0.852, | 0.868) | 6495/7552 | | | | | - | |
| Sund 2014 | 0.760 (0 | 0.752, | 0.768) | 8498/11182 | | | - | | | |
| Overall (I^2=99.06 % , P< 0.001) | 0.788 (| 0.764, | 0.813) | 133731/161984 | | | | | | |
| | | | | | Г | | 1 | 1 | | |
| | | | | | 0.7 | | 0.75 | 0.8 | 0.85 | |
| | | | | | | | Proportio | n | | |

Appendix H Figure 18. FRAX Without Bone Mineral Density Testing for Predicting Major Osteoporotic Fractures in Both Sexes

| Studies | Estimate (95% C.I.) | Ev/Trt | | | | | | |
|---|--|-------------|------|------------|--------------|-----------------|------|-------|
| Leslie 2010 Fraser 2011 Leslie 2012 | 0.663 (0.658, 0.668) 0.660 (0.649, 0.671) 0.670 (0.664, 0.676) | 4420/6697 | | | - | | | |
| Overall (I^2=47.11 % , P=0.151) | 0.665 (0.660, 0.670) | 44397/66777 | | | | | | |
| | | | 0.65 | l 0.655 | 0.66 Prop | 0.665 ortion | 0.67 | 0.675 |

Appendix H Figure 19. FRAX With Bone Mineral Density Testing for Predicting Major Osteoporotic Fractures in Both Sexes

| Studies | Estimate (95% C.I.) | Ev/Trt | | | | | | |
|---|--|-------------|------|-------|--------------|-----------------|-------------|-------|
| Leslie 2010 Fraser 2011 Leslie 2012 | 0.690 (0.685, 0.695) 0.690 (0.679, 0.701) 0.700 (0.694, 0.706) | 4621/6697 | | | - | | | |
| Overall (I^2=70.28 % , P=0.035) | 0.694 (0.686, 0.701) | 46281/66777 | | | | | <u>—</u> —— | |
| | | | 0.68 | 0.685 | 0.69 Prop | 0.695 ortion | 0.7 | 0.705 |

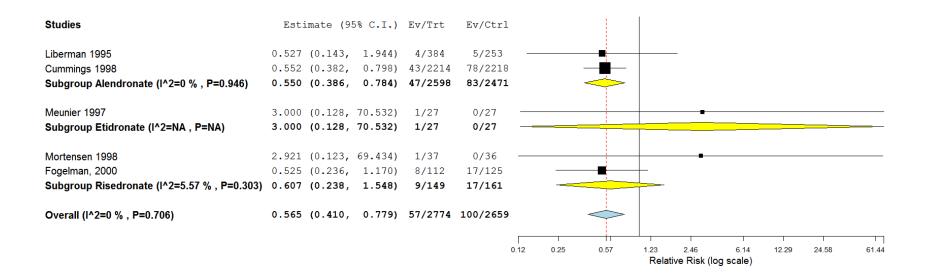
Appendix H Figure 20. Garvan Fracture Risk Calculator With Bone Mineral Density Testing for Predicting Major Osteoporotic Fractures in Women

| Studies | Estimate (95% C.I.) | Ev/Trt | | | | | | |
|--|--|-----------|------|------|-----------|-------------------|----------|------|
| Langsetmo 2011 Henry 2011 Bolland 2011 | 0.690 (0.676, 0.704) 0.700 (0.663, 0.737) 0.640 (0.615, 0.665) | 420/600 | | - | | | <u> </u> | |
| Overall (I^2=84.61 % , P=0.002) | 0.676 (0.640, 0.711) | 4195/6174 | | | | | | _ |
| | | | 0.62 | 0.64 | 0.66 P | 0.68 roportion | 0.7 | 0.72 |

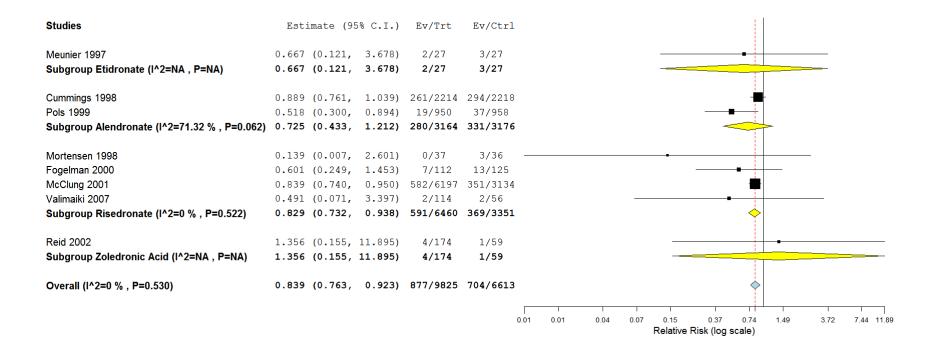
Appendix H Figure 21. Garvan Fracture Risk Calculator With Bone Mineral Density Testing for Predicting Hip Fractures in Women

| Studies | Estir | mate (95 | % C.I.) | Ev/Trt | | | | | |
|---|----------------|--|------------------|-----------------------|------|----------|------------|------------------|-----|
| Ahmed 2014 Bolland 2011 Langsetmo 2011 Van_Geel 2014 | 0.670 0.800 | (0.706, (0.646, (0.788, (0.656, | 0.695) 0.812) | 953/1422 3322/4152 | | - | | | |
| Overall (I^2=97.26 % , P< 0.001) | 0.725 | (0.657, | 0.792) | 5626/7449 | | | | | |
| | | | | | 0.65 | | 0.7 Pro | 0.75 Oportion | 0.8 |

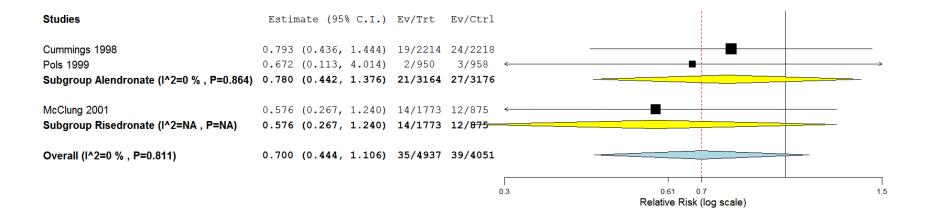
Appendix H Figure 22. Vertebral Fracture Outcomes for Bisphosphonates



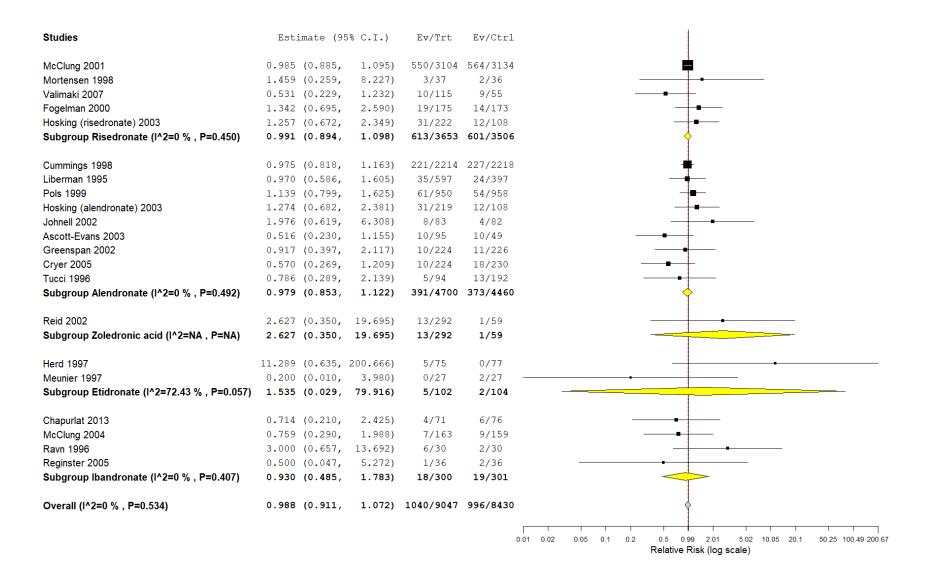
Appendix H Figure 23. Nonvertebral Fracture Outcomes for Bisphosphonates



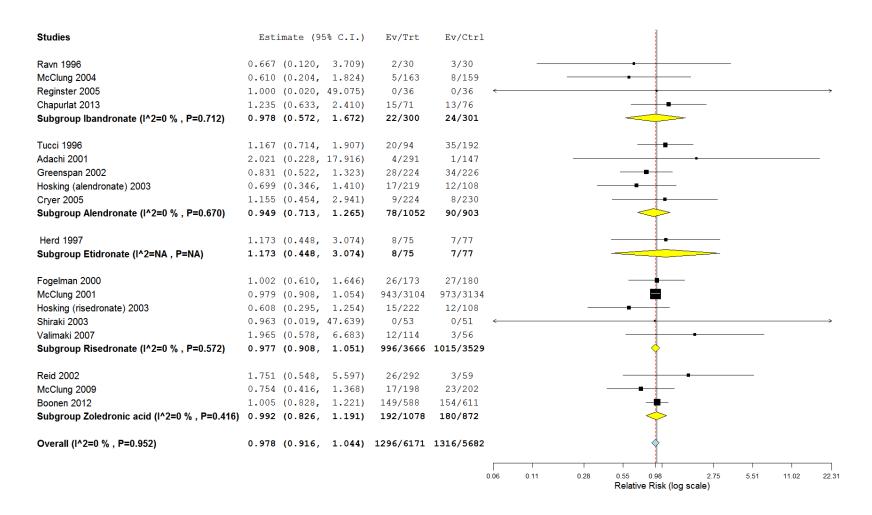
Appendix H Figure 24. Hip Fracture Outcomes for Bisphosphonates



Appendix H Figure 25. Discontinuation Due to Adverse Events for Bisphosphonates vs. Placebo



Appendix H Figure 26. Serious Adverse Events for Bisphosphonates vs. Placebo



Note: Greenspan et al. present data on drug-related adverse events (serious adverse events were not drug related)

Appendix H Figure 27. Upper Gastrointestinal Events for Bisphosphonates vs. Placebo

| Studies | Estimate (95% C.I. |) Ev/Trt | Ev/Ctrl | |
|--|---------------------|-------------|------------|--|
| Tucci 1996 | 1.267 (0.980, 1.638 |) 49/94 | 79/192 | <u> </u> |
| Cummings 1998 | 1.007 (0.946, 1.071 |) 1052/2214 | 1047/2218 | - ₩- |
| Bauer 2000 | 1.030 (0.978, 1.085 |) 1536/3226 | 1490/3223 | # |
| Adachi 2001 | 1.111 (0.757, 1.630 |) 66/291 | 30/147 | |
| Greenspan 2002 | 0.841 (0.511, 1.383 |) 25/224 | 30/226 | |
| Hosking (alendronate) 2003 | 1.054 (0.724, 1.535 |) 62/219 | 29/108 | |
| Ascott-Evans 2003 | 1.289 (0.534, 3.114 |) 15/95 | 6/49 | |
| Eisman 2004 | 1.043 (0.591, 1.842 |) 22/225 | 21/224 | |
| Cryer 2005 | 0.943 (0.739, 1.204 | 79/224 | 86/230 | |
| Subgroup Alendronate (I^2=0 % , P=0.812) | 1.024 (0.985, 1.064 |) 2906/6812 | 2818/6617 | <u></u> |
| Fogelman 2000 | 0.880 (0.610, 1.270 |) 40/174 | 47/180 | |
| McClung 2001 | 0.970 (0.882, 1.066 |) 657/3104 | 684/3134 | — |
| Hosking (risedronate) 2003 | 1.023 (0.701, 1.493 |) 61/222 | 29/108 | |
| Valimaki 2007 | 0.717 (0.396, 1.301 |) 21/115 | 14/55 | <u> </u> |
| Subgroup Risedronate (I^2=0 % , P=0.732) | 0.961 (0.880, 1.049 | 779/3615 | 774/3477 | |
| Reginster 2005 | 1.500 (0.595, 3.779 |) 9/36 | 6/36 | |
| Subgroup Ibandronate (I^2=NA , P=NA) | 1.500 (0.595, 3.779 |) 9/36 | 6/36 | |
| Overall (I^2=0 % , P=0.835) | 1.014 (0.979, 1.050 | 3694/10463 | 3598/10130 | |
| | | | | 0.4 0.79 1.01 1.98 3. Relative Risk (log scale) |

Appendix H Figure 28. Discontinuations Due to Adverse Events for Raloxifene vs. Placebo

| Studies | Estimate (95% C.I.) | Ev/Trt | Ev/Ctrl | rl |
|-----------------------------|----------------------|----------|----------|---|
| MORE 1999 | 1.156 (0.996, 1.342) | 327/2557 | 285/2576 | 76 |
| Meunier 1999 | 0.667 (0.159, 2.800) | 3/45 | 4/40 | |
| Johnell 2002 | 1.750 (0.533, 5.751) | 7/82 | 4/82 | |
| Morii 2003 | 2.460 (0.656, 9.229) | 7/92 | 3/97 | - |
| McClung 2006 | 0.976 (0.512, 1.862) | 23/163 | 12/83 | |
| Miller 2008 | 0.893 (0.610, 1.306) | 43/311 | 48/310 | 0 |
| Overall (I^2=0 % , P=0.533) | 1.121 (0.981, 1.281) | 410/3250 | 356/3188 | 88 |
| | | | | |
| | | | | 0.16 0.32 0.79 1.12 1.59 3.17 7.94 Relative Risk (log scale) |

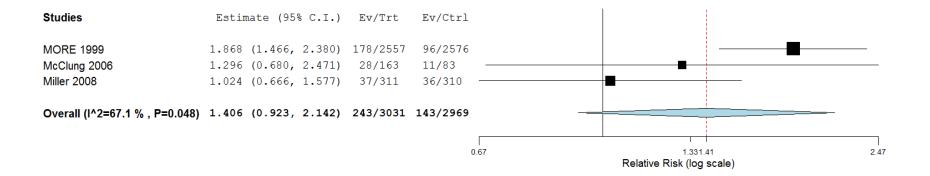
Appendix H Figure 29. Deep Vein Thrombosis for Raloxifene vs. Placebo

| Studies | Estimate | (95% C.I.) | Ev/Trt | Ev/Ctrl | | | | | | | | | |
|--|---|------------|---------|---------------------------|------|------|------|-----------------------|-------------------|--------------------------|---------------|-------|-------------|
| Meunier 1999 MORE 1999 Miller 2008 | 0.891 (0.01 2.519 (1.11 0.332 (0.01 | 1, 5.707) | 20/2557 | 0/40 8/2576 1/310 — | | | | _ | • | | | | |
| Overall (I^2=0 % , P=0.438) | 2.144 (0.98 | 6, 4.662) | 20/2913 | 9/2926 | | | | | | | > - | | |
| | | | | 0.01 | 0.03 | 0.07 | 0.14 | 0.27 Relati | 0.68 ve Risk (| 1.36 2.14 (log scale) | 6.79 | 13.59 | 27.18 43.91 |

Appendix H Figure 30. Hot Flashes for Raloxifene vs. Placebo

| | | | Ev/Trt | Ev/Ctrl | | | | | | | |
|-------------------------|----------------------------------|--|--|--|---|--|---|---|---|---|---|
| 0.889 1.000 1.168 | (0.238, (0.259, (0.705, | 3.324) 3.864) 1.935) | 4/45 4/82 39/163 | 165/2576 4/40 4/82 17/83 44/310 | ← | | - | - | | | |
| 1.423 | (1.217, | 1.664) | 354/3158 | | 0.3 | | 0.61 | Dolotico I | 1.42 | 3.04 | 3.86 |
| • | 0.889 1.000 1.168 1.314 | 0.889 (0.238, 1.000 (0.259, 1.168 (0.705, 1.314 (0.918, | 0.889 (0.238, 3.324) 1.000 (0.259, 3.864) 1.168 (0.705, 1.935) 1.314 (0.918, 1.881) | 0.889 (0.238, 3.324) 4/45 1.000 (0.259, 3.864) 4/82 1.168 (0.705, 1.935) 39/163 1.314 (0.918, 1.881) 58/311 | 0.889 (0.238, 3.324) 4/45 4/40 1.000 (0.259, 3.864) 4/82 4/82 1.168 (0.705, 1.935) 39/163 17/83 1.314 (0.918, 1.881) 58/311 44/310 1.423 (1.217, 1.664) 354/3158 234/3091 | 0.889 (0.238, 3.324) 4/45 4/40 ← 1.000 (0.259, 3.864) 4/82 4/82 ← 1.168 (0.705, 1.935) 39/163 17/83 1.314 (0.918, 1.881) 58/311 44/310 | 0.889 (0.238, 3.324) 4/45 4/40 1.000 (0.259, 3.864) 4/82 4/82 1.168 (0.705, 1.935) 39/163 17/83 1.314 (0.918, 1.881) 58/311 44/310 1.423 (1.217, 1.664) 354/3158 234/3091 | 0.889 (0.238, 3.324) 4/45 4/40 1.000 (0.259, 3.864) 4/82 4/82 1.168 (0.705, 1.935) 39/163 17/83 1.314 (0.918, 1.881) 58/311 44/310 1.423 (1.217, 1.664) 354/3158 234/3091 | 0.889 (0.238, 3.324) 4/45 4/40 ← 1.000 (0.259, 3.864) 4/82 4/82 ← 1.168 (0.705, 1.935) 39/163 17/83 1.314 (0.918, 1.881) 58/311 44/310 — 1.423 (1.217, 1.664) 354/3158 234/3091 | 0.889 (0.238, 3.324) 4/45 4/40 1.000 (0.259, 3.864) 4/82 4/82 1.168 (0.705, 1.935) 39/163 17/83 1.314 (0.918, 1.881) 58/311 44/310 1.423 (1.217, 1.664) 354/3158 234/3091 | 0.889 (0.238, 3.324) 4/45 4/40 1.000 (0.259, 3.864) 4/82 4/82 1.168 (0.705, 1.935) 39/163 17/83 1.314 (0.918, 1.881) 58/311 44/310 1.423 (1.217, 1.664) 354/3158 234/3091 |

Appendix H Figure 31. Leg Cramps for Raloxifene vs. Placebo



Appendix H Figure 32. Discontinuations Due to Adverse Events for Denosumab vs. Placebo

| Studies | Est | imate (9 | 5% C.I.) | Ev/Trt | Ev/Ctrl | | | | | | | | |
|---|-------|----------|-----------------------------|----------|--------------------------|------|-----|------|---------------------------|-------------------------|----------|-----|----------|
| Lewiecki 2007 Bone 2008 Cummings 2009 | 0.503 | (0.046, | 12.192) 5.494) 1.537) | 1/164 | 1/46 2/165 81/3876 | ←— | | | • | - | ! | | |
| Overall (I^2=0 % , P=0.755) | 1.139 | (0.853, | 1.522) | 105/4364 | 84/4087 | | 0.1 | 0.05 | 0.40 | | 2.45 | 4.0 | 0.812.10 |
| | | | | | | 0.05 | 0.1 | 0.25 | 0.49 Relative F | 0.98 Risk (log scale | 2.45 | 4.9 | 9.812.19 |

Appendix H Figure 33. Serious Adverse Events for Denosumab vs. Placebo

| Studies | Estimate (95% | C.I.) | Ev/Trt | Ev/Ctrl | | | | | | |
|---------------------------------|---------------|--------|-----------|----------|------|-----------------------|-------------------------|---------------|---------------|------|
| Lewiecki 2007 | 1.538 (0.579, | | 42/314 | 4/46 | | | - | . | | _ |
| Bone 2008 | 2.012 (0.931, | 4.348) | 18/164 | 9/165 | | _ | - | | | |
| Cummings 2009 | 1.030 (0.955, | 1.112) | 1004/3886 | 972/3876 | ; | - | - | | | |
| Nakamura 2011 | 1.025 (0.345, | 3.045) | 12/158 | 4/54 | | | - | | | |
| Overall (I^2=14.13 % , P=0.322) | 1.121 (0.876, | 1.435) | 1076/4522 | 989/4141 | | | | | | |
| | | | | | | 1 | - | | $\overline{}$ | |
| | | | | | 0.35 | ^{0.69} Relat | 1.12 ve Risk (log so | 1.73 :ale) | 3.45 | 4.35 |

Appendix H Figure 34. Serious Infections for Denosumab vs. Placebo

| Studies | Estimate (95% C.I. | Ev/Trt Ev/Ctrl | 1 |
|---|---|----------------|---|
| Lewiecki 2007 Bone 2008 Cummings 2009 | 1.940 (0.111, 33.872 8.049 (1.018, 63.632 1.192 (0.951, 1.495 | 8/164 1/165 | <u> </u> |
| Overall (I^2=40.09 % , P=0.188) | 1.894 (0.607, 5.910) | | 7 0.11 0.22 0.56 1.11 1.89 5.55 11.11 22.22 55.54 Relative Risk (log scale) |